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HEALTHY

THE MAGAZINE *Lifestyles*

The Carmel Pine Cone

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State law changes 'at risk' to 'at promise'

By KELLY NIX

MONTEREY COUNTY has its share of students who are "at risk" — a term used to describe children who are likely to fail at school or run afoul of the law. But dare

Even a lizard can get a massage at the SPCA



PHOTO/COURTESY SPCA FOR MONTEREY COUNTY

Volunteer Susan Breiden, using a technique called reiki, helps a cat at the SPCA adjust to its surroundings by transferring "energy" to it. The cat may seem skeptical, but such "alternative therapies" are popular with humans.

And it's not as crazy as it seems

By CHRIS COUNTS

THE WORDS "spa treatment" and "massage" have in recent years been applied to an array of alternative healing practices like reiki, aromatherapy and cranial sacral therapy that have gained popularity in recent decades, as any spa's list of offerings can confirm. Despite skepticism, some have even been accepted by medical professionals.

Now those same practices are making their way into some of the most unlikely of places, including the SPCA for Monterey County, where a bearded lizard can get a relaxing and rejuvenating session with a volunteer therapist.

At the SPCA, practitioners like Susan Breiden and Lynda Richardson work as volunteers using their skills to improve the lives of dogs, cats, horses and other animals in the SPCA's care.

As anyone who has been around such a shelter can attest, life

See **MASSAGE** page 16A

Four masked men rob pharmacy

Police asking for surveillance footage

By MARY SCHLEY

MEN WEARING masks and hoods stormed Central Avenue Pharmacy in Pacific Grove at 5 p.m. last Tuesday, making off with a small amount of cash but no drugs, PGPD spokesman Rory Lakind said this week, and police are asking the public for help catching them. Investigators hope anyone who might have seen or heard anything will contact them. They are also hoping nearby homes and businesses might have captured images of the robbers with security cameras.

Lakind said the four men walked into the pharmacy and started yelling at everyone, and one of them jumped over the counter. "They demanded money and drugs," he said. "They got some

See **MASKED** page 17A

use those two words in 2020 and you'll be on the other side of a new state law.

Jan. 1 saw the rollout of Assembly Bill 413, legislation that requires the phrase "at risk" to be replaced in California's education laws with "at promise."

For example, the law forced state educators to remove the old term from Education Code section 42920 and replace it with the new one: "Pupils in foster care represent one of the most vulnerable and academically at-promise pupil groups enrolled in California schools."

'Same meaning'

Confused? According to Los Angeles state Assemblyman Reginald Byron Jones-Sawyer, Sr., who authored the legislation, "at promise" is supposed to mean the same thing as "at risk" but without the "negative terminology and stigma."

"Children can hear the term 'at-risk' used in reference to them and can misinterpret and internalize its meaning," Jones-Sawyer explained in a Jan. 10 article on his website. "This can have a weighting effect rather than uplifting the potential they each have in working toward a brighter future through persistence in the classroom."

The Democrat from Southern California has also said that using "at promise" focuses on a "child's immense potential to succeed in all aspects of life," while the former "comes from a mindset

See **PROMISE** page 19A

CHP says it caught the projectile guy

By MARY SCHLEY

A GMC pickup truck gave investigators their first real lead in trying to find the person responsible for shattering the windows of at least 69 vehicles traveling on highways 101 and 156 during the past 11 months with "projectiles," the California Highway Patrol announced at a press conference Thursday afternoon. Charles Lafferty, 52, was arrested Wednesday on nearly two dozen felony counts for using a slingshot and glass marbles to shatter the windows of passing vehicles. He was also found in possession of a silencer, which is a felony, too, though investigators said there was no evidence he shot at any of the cars.



Charles Lafferty

After spates of attacks that escalated in number over the past few months, including one against a school bus

See **ARREST** page 17A

PENSION COSTS: JUST HOW BIG A PROBLEM?

By MARY SCHLEY

TAXPAYERS ARE on the hook for annual pension costs that will rise from \$2 million this year to \$3 million in five years, a consultant told the city council at its Jan. 7 meeting before outlining possible ways to manage the skyrocketing expenses.

But Nobel Prize-winning economist Bill Sharpe, who lives in Carmel, says the actual number is much higher if more realistic projections for future returns on CalPERS' investments are used.

The consultant's estimates of current and future pension costs include annual contributions to employees' retirement funds and payments required to cover a shortfall in the California Public Employees Retirement System.

Because pensions are based on a percentage of what an employee's salary was, not on how the market does, taxpayers have to make up any shortfall. The worse CalPERS does, the more cities and counties in California have to pay.

Ideally, the state would have all of the assets it needs to cover monthly retirement checks. In reality, its retirement fund is only about 68 percent funded, and the city's share of the burden has doubled, from \$11.4 million seven years ago, to \$22.9 million now. The state expects the city to pay down those costs over the next 30 years. Carmel's overall pension costs have tripled since 2015.

Mike Meyer of NHA Advisors, a financial firm the city has worked with for several years, explained the government ended up in this untenable situation because CalPERS returns were robust, at more than 10 percent, during the 1990s, providing more than enough money to cover retirement costs. But in the years that followed, the markets declined considerably, putting investment returns far below what the state predicted

they would be.

"Back in the '90s when a lot of these benefit packages were negotiated, they were fairly aggressive investment assumptions, and the stock market was earning double-digit returns," he said. "Over the last 20 years, there has been sluggish investment growth under 6 percent."

See **COSTS** page 13A

First mention —

A model citizen from an early age

By ELAINE HESSER

WHEN PINE Cone readers first met Sue McCloud, it was June 2, 1944, and the youngster was making an appearance in a fashion show to raise money for the local Service Wives' Club. Breathlessly reported over three pages (beginning on page 1), The Pine Cone's story said "Susan McCloud wore a yellow dress from I. Moffett's."

Although the former mayor and CIA operative's modeling career hasn't received much attention since, it was predictable that her initial moment in the public eye was at a community fundraiser. Her mother, Gladys, and her father, Walter — a naval



Sue McCloud in 2002

See **McCLOUD** page 13A

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Sandy Claws

By Lisa Crawford Watson

Happy girl

EVERY MORNING, when her person comes down the hall, Cali hops off the pillow where she was curled up for the night and greets her as if it's been years. It has. Even though the yellow Labrador retriever is 14, she has been jumping up and down – unable to contain her morning excitement – for years.

Cali was a long time in coming home. Her person, who grew up with pets, was marrying a man who had three very young children. She believed a puppy would be the perfect complement to the family, a pet who could grow up with the kids. Her husband believed they had their hands full and said, "Talk to me in five years."

"Five years to the day, I told my husband we were going to look for a dog," Cali's person said.

"He was a sport about it and went with me to Cacio Farms in Hollister. We came home with 8-week-



old Cali, our California girl."

True to her name, Cali's favorite place has always been the beach, where she's spent many hours racing in and out of the waves or splashing her way down the shoreline.

"It's been about a year since I took Cali to the beach," her person said. "Now that she's older, I don't want to have to save her. She also used to run with me, and if I got in 5 miles, she got in 7, racing ahead and then running back to me. But she's slowing down."

Yet in some ways, Cali still has the energy and exuberance she had as a puppy. She still loves to run out the back door of her Salinas home, spring off the single back step, and fly into the grass, plopping herself down and rolling around.

"I let her out just so I can see that joy," her person said.

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Embezzlement case to go to trial

By MARY SCHLEY

A MONTEREY County Superior Court Judge on Friday ruled there's enough evidence to try former city finance employee Deanna Allen on charges that she embezzled money from taxpayers and falsified records. Allen was fired in April 2018 and pleaded not guilty to the three felonies last October.

While she was in charge of the city's payroll and had other fiduciary responsibilities, Allen stole money in 2015 and 2016 by manipulating the city's computer system to provide medical benefits for herself and her family without paying for them, according to the California Attorney General's Office, which is prosecuting the case, and she stole, removed, destroyed, altered or falsified public records.

Maxine Gullo, now assistant city administrator, was hired in mid-2016 to oversee human resources and uncovered the irregularities, according to the state,

discovering that "although Allen opted out of the medical benefits program, multiple additional computer steps had been taken to add Allen's family members to the medical benefits program." When confronted, Allen said she'd done it by mistake, but the city hired an outside auditor to investigate. He completed his review on Dec. 31, 2017, and Allen, who had been on paid leave since that fall, was fired in April 2018.

Gullo testifies

More than a year after then-city attorney Glen Mozingo turned the files over to the authorities for possible prosecution, the state filed charges against Allen in late August 2019, and she entered her not-guilty pleas at a hearing a little more than a month later.

In Judge Timothy Roberts' courtroom Jan. 17, Allen appeared with her defense attorney, Xavier Nady, while deputy attor-

See TRIAL page 31A

LIQUOR STORE OWNERS SUE TEENAGER INVOLVED IN FATAL DUI CRASH

By MARY SCHLEY

THE MONTEREY liquor store that allegedly sold the alcohol that teenager Margot McNally drank before she hit a car head-on on Carmel Valley Road in July 2019 has filed a lawsuit against McNally, claiming she is the one who's responsible for the crash.

Sarah Coleman, the Carmel Valley woman driving the car McNally hit, sued McNally and then added the store last year, claiming both were responsible for her injuries. The crash also killed McNally's friend, Annabelle Vandenbroucke, who was riding in the passenger seat.

Late last July, Cork N Bottle owners

Hanaa K Hanna and Ehab Thabet Tekhael Daoud filed a complaint against McNally, and now everyone is waiting for the opportunity to depose the former Carmel High School student. McNally, now 19, was sentenced last May to four years in prison and is serving her time at the California Institution for Women in Corona. According to the California Department of Corrections, she will be eligible for parole in July.

Deny responsibility

In documents filed in Monterey County Superior Court, the owners of the liquor store on Abrego Street in Monterey de-

See DUI page 18A



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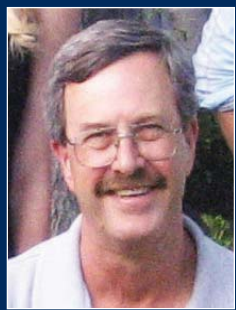
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Press releases about newsworthy events should go to the following Pine Cone reporters:

Mary Schley: Carmel-by-the-Sea, food & wine, police, fire, criminal courts and schools.....mary@carmelpinecone.com

Chris Counts: Carmel Valley, Big Sur, Arts & Entertainment and scholastic sports.....chris@carmelpinecone.com

Kelly Nix: Pacific Grove, Pebble Beach, Monterey, Seaside, state government, civil courts and water.....kelly@carmelpinecone.com

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Police, Fire & Sheriff's Log

That plant wasn't bothering anyone

HERE'S A look at some of the significant calls logged by the Carmel-by-the-Sea Police Department and the Monterey County Sheriff's Office last week. This week's log was compiled by Mary Schley.

WEDNESDAY, JANUARY 8

Carmel-by-the-Sea: Cell phone found in the middle of the roadway at Juniper and Fourth. Phone was placed into safekeeping pending contact with owner.

Carmel-by-the-Sea: Knife found on the floor of council chambers. Property booked for safekeeping.

Carmel-by-the-Sea: Wallet left behind at a restaurant at the Crossroads. The owner was contacted and the wallet was released.

Carmel-by-the-Sea: A 38-year-old male was arrested by Carmel police at the Monterey police station for felony grand theft and misdemeanor violation of probation and was taken to Monterey County Jail.

Pacific Grove: Vehicle-vs.-bicyclist hit-and-run on Forest Avenue.

Pacific Grove: Dispatched after report of a battery on Lighthouse Avenue at 0802 hours. No prosecution desired. One involved party, a 71-year-old male, was issued a citation for outstanding warrant.

Pacific Grove: Report of a subject not paying a bill at a local inn. Unfounded.

Pacific Grove: Vehicle towed from Sunset Drive after an abandoned vehicle complaint.

Pacific Grove: Report of threats involving a 16-year-old juvenile. Unfounded.

Carmel Valley: Theft from a vehicle on Hacienda Place.

Big Sur: A vehicle burglary was reported on Highway 1.

Carmel Valley: Female on Schulte reported the front passenger window of her vehicle was broken.

Pebble Beach: Vandalism was reported on 17 Mile Drive.

Carmel Valley: Several vehicles on Hacienda Place were broken into overnight.

Carmel Valley: Person reported a vehicle was broken into overnight at a Carmel Valley campground on Schulte Road.

Carmel area: Battery on a person inside a business on Carmel Center Place.

Carmel area: Civil issue regarding a tree being cut down on Yankee Point Drive.

THURSDAY, JANUARY 9

Carmel-by-the-Sea: Parolee stopped at Sixth and Torres for at 0432 hours for traffic violations. Occupant had two stiletto knives on his person. Field cited.

Carmel-by-the-Sea: Female reported she purchased beauty products from a business on Ocean east of Monte Verde for \$400 on Nov. 29, 2019. She returned the products later that day. She said she and the business owner came to an agreement where she could keep the products and was refunded \$200. She checked her bank statement and noticed she had been charged twice on the day of the purchase. She had yet to contact her bank regarding the issue. Civil only at his time.

Pacific Grove: Report of a stolen bicycle on 18th Street.

Pacific Grove: A 74-year-old female was cited on Lighthouse Avenue for driving with an expired license.

Pacific Grove: Theft of mail and forgery of a check reported on Evans Avenue.

Pacific Grove: A vehicle was repossessed on Central Avenue.

Pacific Grove: Report of vandalism to a vehicle on Forest Avenue.

Pacific Grove: A grinder was found on Lighthouse Avenue. No owner information is known.

Pacific Grove: Dispatched after report of attempted fraud on David Avenue.

Pacific Grove: Found dog on 16th Street. Returned to owner.

Carmel area: Victim on Valley Way reported theft from a vehicle.

Pebble Beach: Victim on Forest Lake Road reported unknown persons committed check fraud against their business.

FRIDAY, JANUARY 10

Carmel-by-the-Sea: Unattended bracelet on sidewalk near Porta Bello restaurant on Ocean between Lincoln and Monte Verde.

See **POLICE LOG** page 15RE in the Real Estate Section



The gavel falls

Verdicts, pleas and sentencings announced by Monterey County District Attorney Jeannine Pacioni

Nov. 25 — Castroville resident David Gonzalez Lara, 50, was sentenced by Judge Pamela L. Butler to nine years in prison for committing domestic violence causing great bodily injury. On May 13, 2019, Lara and his girlfriend checked into a Salinas motel. They began to argue over his use of alcohol. Lara then began an assault that lasted for several days.

Lara began by shoving apples down Jane Doe's throat, causing lacerations to the inside of her mouth. He then poured alcohol on her face, causing her to panic and choke, and causing the cuts in her mouth to burn. He dragged her by the hair to the bathroom, where he punched her repeatedly in the bathtub. He turned the water on and held her head under it. He beat her with a wet towel. At one point he wrapped the wet towel around her neck and strangled her until she lost consciousness. He refused to let her leave the hotel room for five days. He took her cell phone and ripped the hotel phone from the wall so she couldn't call for help.

When she finally escaped, Lara tracked her down and threatened to kill her if she didn't get into the car. Doe, afraid for her life, got into his car. She eventually ran from the car and went to the closest emergency room. Nurses there called 911.

Dec. 9 — Angel Isaac Ramirez, 25, was convicted by a jury for the 2015 murder of Dexter Barnett. The jury found the murder was in the first degree, the defendant per-

sonally used a firearm and that the murder was committed for the benefit of the Norteño criminal street gang.

On the night of Jan. 10, 2015, Ramirez had been attempting to purchase beer at the Chin Brothers Market on North Main Street in the City of Salinas. The victim was also in the Chin Brothers Market and verbally challenged Ramirez to fight resulting in a public display of disrespect. Ramirez left the store and returned with other gang members who confronted the victim outside of the market. The victim was ultimately able to leave because he had his 11-year-old son with him.

Less than two hours later, Ramirez who is an active participant in the Norteño criminal street gang, walked past the victim near a barbershop in the Chinatown area of Salinas. Ramirez hid at the corner of the business in the cover of darkness at East Lake Street.

Less than a minute later, Barnett walked to the corner where Ramirez was lying in wait and was shot multiple times by a .45 caliber semi-automatic Glock pistol. Barnett died at the corner of East Lake Street and North Main Street. While in custody, Ramirez confessed the murder to other ranking Norteño gang members.

Judge Pamela L. Butler will sentence the defendant on February 5. His exposure is 50 years to life in the California Department of Corrections and Rehabilitation. The case was investigated by Detective Gabriel Gonzalez of the Salinas Police Department.

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Repeat offender released after arrest for sex assault

By MARY SCHLEY

A CONVICTED sex offender who lives in Monterey was arrested Jan. 3 for allegedly groping a teenager at the Carmel Rancho Shopping Center.

Randy Porter, 65, pleaded not guilty and was released without having to post bail after being arraigned Jan. 7.

The Monterey County District Attorney's Office charged Porter with sexual battery for touching the 18-year-old female and battery for using force or violence to do so.

No details on the assault were available, as the Monterey County Sheriff's Office, which made the arrest, wouldn't return calls from The Pine Cone.

But the conditions of Porter's release require him to stay away from the teen and her home, workplace and vehicles, as well as from the Lucky store at Carmel Rancho. Porter said on court paperwork that he lives in Monterey but provided no address, and he is being represented by a deputy public defender.

The teen he allegedly assaulted has also not been identified.

Past cases

According to court records, in January 2005, Porter was arrested for multiple offenses and pleaded guilty to felony indecent exposure the following June, while three misdemeanor counts of soliciting lewd acts and one count of misdemeanor sexual battery were dismissed. He was sentenced to 90 days in jail, placed on probation and required to register as a sex offender, among other terms.

Porter violated probation and was arrested in 2008 for failing to register as a sex offender and illegally living in an unoccupied building. Those charges were eventually dropped, and his probation was modified and extended on Oct. 8, 2008, to end in 2011.

Among other restrictions, he was ordered to stay away from the now closed Pro Beauty Salon at the Crossroads shopping center. While the case was being decided, he served 128 days in jail and was given credit for 64 days for good behavior, satisfying a sentence of 192 days.

On Jan. 9, a Monterey County Superior Court Judge

agreed to release Porter on his own recognizance — meaning he did not have to post bail — and he is set to return to court March 13.

Council workshop on medians, bike path

By MARY SCHLEY

THE CITY COUNCIL will hold a three-hour "open house" on a neighborhood proposal to build medians and a bike path on San Carlos Street between 10th and 13th avenues. The workshop will be held in a conference room at Sunset Center Monday, Jan. 27, starting at 4 p.m.

Longtime resident Barbara Livingston and a group of her neighbors calling themselves the Friends of Lower San Carlos have been pushing for the median project for months, arguing that the street is so wide it encourages drivers to speed.

Last year, they donated \$17,000 toward the design and construction of the medians.

Around that same time, last September, the city council voted to pay Neill Engineers \$126,800 for "surveying, preliminary engineering, geometric evaluation, design plans, technical specifications, and cost estimates, bid phase and construction phase support" for work that includes repaving San Carlos from Eighth to 11th, building up to three median islands, and creating a bike lane from Eighth to 13th.

The total budget for work on San Carlos Street this fiscal year is \$1,057,270, the bulk of which is for repaving — \$918,270, including \$361,222 in county and state tax dollars. Of the \$105,000 earmarked for the bike lane, \$83,763 was unfunded as of last September. It's unknown how much installing the medians might cost.

Monday's council open house will be held to "gather feedback on the design of the San Carlos Median Islands and Bike Route Project." It will take place in the Babcock Room in Sunset Center at San Carlos and Ninth.

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P.G. district to ask voters for \$\$\$ to upgrade aging school facilities

By KELLY NIX

PACIFIC GROVE Unified School District will be asking voters in March to OK a maintenance bond to raise \$30 million it says is needed for repair and upkeep of its facilities.

On March 3, residents will decide on Measure D, the “student safety and school repair” bond. If approved by at least 55 percent of the electorate, it would pay for replacement of plumbing and electrical systems, fire alarms and emergency communication systems upgrades, replacement and repair of school roofs, and other work.

The bond would levy less than 3 cents per \$100 of assessed property values through 2039, and generate an average of \$2.1 million dollars per year. There would be annual audits and independent oversight of the bond and no estimated increase in tax rates, according to PGUSD.

“It is a tax extension, and not an increase, so taxpayers should see only an extension of their current taxes,” PGUSD superintendent Ralph Porras told The Pine Cone Monday. “If this passes, we will be able to apply for matching state funds, which could increase the amount of funds available.”

‘Increase student safety’

Porras added that the money can only be used by the school district for improving and maintaining its facilities.

The tax dollars would also be used to upgrade old playgrounds and fields “to increase student safety;” meet handicap accessibility requirements in restrooms, classrooms and playgrounds; and renovate and modernize aging rooms and district facilities.

Voters in Pacific Grove have been receptive to school

bond measures. On Nov. 4, 2014, residents passed Measure A, an \$18 million bond that for 18 years will pay for technological improvements in the school district, like more computers, educational software and classroom and campus security systems, including video cameras. The

measure passed with 59.79 percent of the vote. A 55 percent supermajority was also required for that measure.

Pacific Grove Unified operates two elementary schools, one middle and one high school and an adult school on Lighthouse Avenue.

Nonprofit offering \$50K for grassroots groups

THE COMMUNITY Foundation for Monterey County announced this week that it’s awarding \$50,000 to volunteer groups through the 2020 Neighborhood Grants Program.

The organization is encouraging community groups in Monterey County to apply for the funds. Grants range from \$500 to \$4,000, and applicants don’t have to be registered as nonprofit 501(c)3 tax exempt organizations. Applications are available online at www.cfmco.org/NGP.

The application deadline is Friday, Feb. 14, before 5 p.m. Groups interested in applying are encouraged to attend an information session on Wed., Jan. 29, from 5 to 6 p.m. at Community Foundation for Monterey County’s office at 945 Main Street, Suite 207 in Salinas.

“The goal of the Neighborhood Grants Program is to empower residents to lead change in their neighborhoods,” Erika Matadamas, program officer for the CFMC, said in a press release. “The Neighborhood Grants Program supports grassroots groups who are working to improve their communities for themselves and their neighbors.”

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Long-planned compound on Casanova Street gets commission's OK

By MARY SCHLEY

AN EFFORT that's been in the works for four years reached a crucial milestone Tuesday when the planning commission approved big changes to a large compound on Casanova Street that had been used by the same family since the 1920s but sold two years ago for \$3.5 million.

Known as "Pine Trees," the 15,500-square-foot property on the west side of Casanova between Ocean and Fourth avenues contains four buildings that were constructed in the early 1900s and used as rentals and as a vacation destination for a family.

That family, represented by the James and Margaret Short Trust, sold the property in June 2018 to Stuart McLeod, a restaurant owner and classic car collector from Kirkland, Wash. He plans to retain, update and expand the units, acting planning director Marnie Waffle said. A 535-square-foot building called The Studio would be

preserved and converted into a granny unit, while an 893-square-foot structure called The Bomb Shelter — a carport at ground level with a bedroom and bathroom underneath — will have a two-story addition constructed on its north and west sides.

A proposed lot merger will allow more floor area and other bonuses on that part of the property.

Eight trees to go

The plans also call for rebuilding the 1,333-square-foot Cabin and expanding it with a two-story addition, and putting a 225-square-foot detached garage in the front setback to the south.

Another building named The Hut will be turned into a granny unit and reduced from 457 square feet to 329 square feet, with a new 1,313-square-foot house and a detached garage built on the eastern half of the lot.

They'll have varying siding, building



This rendering by architect Thomas Hood shows some of the new housing slated for a large property on Casanova Street that was approved by the planning commission this week.

materials and colors, and metal roofs, which will also vary in color.

The large lot contains 42 trees, half of which former city forester Mike Branson rated as "significant," with another three labeled "moderately significant," Waffle said. The forest and beach commission in November 2018 approved the removal of eight trees, including two larger ones, and McLeod will have to replace them on a 2-to-1 ratio.

Architect Thomas Hood noted four new trees will be planted on the land, and the owner will pay a cash equivalent of \$250 per tree into the city's "Urban Forest Restoration Fund" for the remaining dozen.

Hood recalled first being asked to look at the property with the idea of new construction there four years ago, and said the current effort has taken 18 months.

He complimented Waffle for helping him figure out how to organize a submittal for seven buildings with one application.

"It was a team of about 30 people to get this far, so this is a big moment for us," he explained.

He reiterated his overall project goals of maintaining the land's wooded character, retaining the existing cottages, not changing the feel of the neighborhood, and creating new buildings that respect neighbors' privacy, sunlight and views of the neighbors.

None of the neighbors commented on the proposal, and the planning commis-

sioners, who reviewed the preliminary plans last October, focused more on the colors of the stone to be used on two of the houses, the colors of the paint and the colors of the roofs, as well as the type of fencing, than on anything else.

Plenty of compliments

"This is really nicely done — you've integrated these designs into the forest setting beautifully," commissioner Julie Wendt said. But the city's design guidelines "pretty boldly suggest diversity, especially when you're looking at side-by-side houses," she continued. "The color palette is different, but is it different enough?"

Commissioner Christopher Bolton encouraged Hood "to make a bit more differentiation" between two of the homes, and Hood said that while both call for the same type of stone, the color range varies greatly enough to give each a distinctive look. The stone will also be set in different patterns.

"I think it's admirable what you've done here," commissioner Gail Lehman told Hood. "We did have a little community input on the similarity of the three standing-seam metal roofs. I think the color differentiation will hopefully satisfy people in the community who feel they are too similar." She pointed out the numerous large trees on the lot will distract people from any similarities, too.

The commission approved the project on a unanimous vote.

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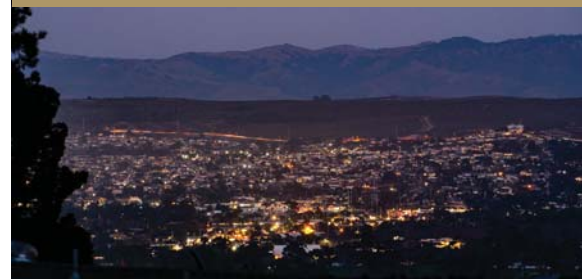
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Commission likes proposed redo of complex near post office

■ But parking fee has to be lowered first

By MARY SCHLEY

THE OWNER of a well worn building that was most recently occupied by an Italian restaurant can “reconstruct” it to have a restaurant on the ground floor and two apartments upstairs, the planning commission decided Tuesday afternoon. Both apartments would be long-term rentals.

Carmel Valley resident Stuart Clark, who purchased the property on Fifth Avenue across from the post office in August 2018 for \$1.28 million, according to Monterey County records, hired architect Peter Silva of Wald, Ruhnke & Dost to design the remodel, which will expand the building by nearly 1,200 square feet, to 3,520 square feet, though it will fit in the existing footprint. The ground-floor restaurant will also have outdoor seating, a trellis, planters and a gas fire pit, and the second-floor apartments will each contain two bedrooms, a bathroom, a kitchen, dining and living rooms, and a laundry area.

Because it’s going to fit in the footprint of the existing building, is in a commercial zone and involves a small lot — 3,600 square feet, while standard residential lots are 4,000 square feet — acting planning director Marnie Waffle recommended the planning commission approve a higher density than the number of units typically allowed per acre and waive the requirement that the complex be built to the front property line. The existing building is 23 feet back from the sidewalk to accommodate parking.

The building will have painted fiber cement shingle siding, asphalt shingles on the roof, and painted wood balconies, window and door trim, rafter tails and fencing,

according to the plans.

Commissioner Julie Wendt said the new complex would be “a very nice improvement” over what’s there now, and she noted it would be below the maximums for height and floor area.

“It will be a thoughtful reconstruction,” she said, adding that she appreciates the apartments will be used by long-term tenants and not as vacation rentals.

Commissioner Christopher Bolton said he had “no objections,” and commissioner Gail Lehman commented, “I’m certainly in favor of it.”

“I think it’s a really nice design,” she said.

The three unanimously approved the project. Commissioners Stephanie Locke and Michael LePage were absent.

Parking fees

But before it can be built, the city council has to decide to reduce the unusually high fee the city charges developers when they can’t provide onsite parking for their new buildings. The “parking in-lieu” fees for the project would total nearly a half-million dollars, based on a shortage of three spaces at the city’s rates of \$138,000 to \$162,000 per spot, making the whole endeavor financially infeasible.

Attorney Tony Lombardo, who represents the Clarks and is also building a house a block away, said that as a neighbor, he appreciates the upgrade, but that it won’t happen without a cut in the fees, which he called “exorbitant” and “irrational.”

“It’s the highest I’ve seen in the State of California,” he said. “This building is not going to be feasibly built with that fee in place.”

He encouraged the planning department to tackle the issue sooner rather than later,

See **COMPLEX** page 31A

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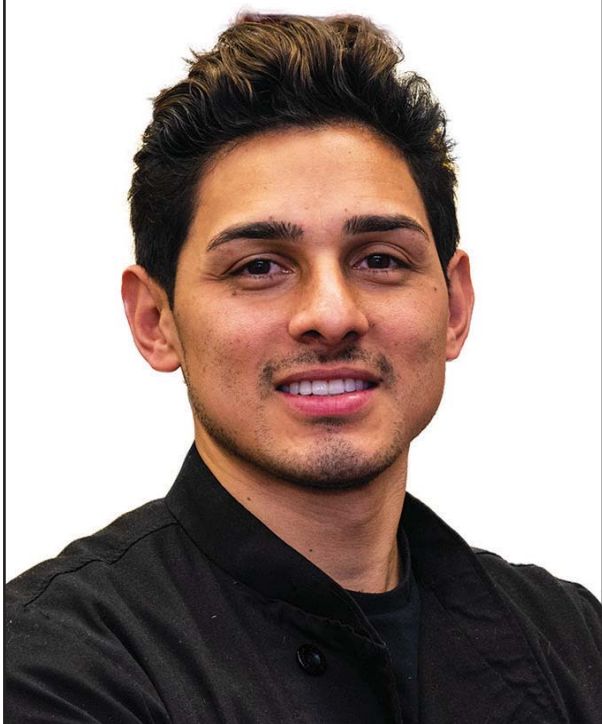
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More money needed to build \$2.4M coastal trail

By KELLY NIX

A PLAN to improve and upgrade a less-than-1-mile section of Pacific Grove's coastal trail is "shovel ready" but the city needs to come with an extra \$400,000 for the project, the public works superintendent told city council members last week.

The city has proposed building a 5-foot-wide, .8-mile-long path seaward of Ocean View Boulevard called the Point Pinos Trail Project. It will connect from the existing curb-side trail near Acropolis Street west to the Great Tide-pool.

"This is a very complex project with detailed trail surveying and staking, parking lot construction and alignment, along with geological and habitat restoration," public works superintendent Daniel Gho said in a Jan. 15 report to the council. "The city has been discussing the management of the project with the Trail People, the firm that engineered and designed the project, and their team."

Ten continuous miles

Parking areas will be clearly delineated, with one-way loops, signs, timber or rock borders, and timber wheel stops, according to the plan. There will be designated concrete-surfaced ADA parking, a tour/school bus drop-off

area, and some designated spaces for RV parking. When finished, the project will complete the final mile of the coastal trail in the city and result in more than 10 miles of continuous trail from Pacific Grove to Marina.

While engineers estimate the construction is expect-

See **TRAIL** page 19A



PHOTO/KELLY NIX

This scenic area off Ocean View Boulevard in Pacific Grove will soon be a part of a continuous .8-mile walking trail that is expected to cost \$2.4 million.

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Foundation talk on loneliness

THE NONPROFIT Carmel Foundation will host a talk by clinical social worker Manfred Melcher and therapist Patricia McDermott about "Loneliness: Creating Connection and Positive Relationships" Wednesday, Feb. 5, from 2:30 to 4 p.m. The pair will hold a "lively and informative seminar focusing on loneliness and what you can do to counteract it."

"We will explore factors, along with several 'types' of loneliness with the intention of helping you improve the quality of your life and sense of connectedness," said Leticia Garcia at the foundation. "Come spend an afternoon with us. Let's be together."

The talk is free and open to everyone, though space is limited to 100 people. The Carmel Foundation is on Lincoln at the corner of Eighth. For more information, visit carmelfoundation.org.

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COSTS

From page 1A

Meyer said CalPERS' rate of return has averaged 8.1 percent over the last 30 years, with a high of 21.7 percent in 2011 and a low of -24 percent in 2009.

Residents and business owners are pretty much stuck with the public pension plan, no matter how unsustainable it is, Meyer noted. The cost to the city to terminate CalPERS would be between \$75 million and \$100 million, he estimated, and out of nearly 200 public agencies NHA has worked with, none has gone that route.

Instead, he said, most cities and counties try to attack the problem with a combination of strategies.

For starters, he recommended the city refinance the bonds it issued in 2010 to finance the remodel of Sunset Center. The interest rate on those bonds is 3.9 percent, but the current interest rate in the bond market is 2.2 percent, which means a refinance could save the city an estimated \$80,000 annually.

CalPERS offers a 3.5 percent discount to cities that pay their big annual bill at the beginning of the fiscal year, rather than at the end. Carmel already does that, a practice that Meyer said saved \$46,000 this year.

Another strategy, he said, is for the city to use some of its reserves to set up a trust dedicated to pension costs and other post-employment benefits. A trust would allow more aggressive investment strategies, if that's what the city council wanted, and officials would have more flexibility in deciding how and when to spend the money, such as letting it sit and grow or using the funds to pay off a bit more than the minimum necessary each year.

"The biggest pro is investment flexibility," Meyer said. "The city has options how and when to use that money. You may not want to touch that money and it grows over time, you could also use it as a buffer, or if there's a recession, you could pull money out of it to pay the minimum." If the fund started with \$2 million and grew at a rate of 5.5 percent, Meyer speculated, based on the current numbers, the city could pay off its share of CalPERS' shortfall nine years early.

Alternatively, surplus funds could be given directly to the state with direction to apply them to the city's retirement debt. He estimated a \$2 million payment now toward a portion of the debt could yield savings of \$166,000 in 2020-2021 that would grow by about 2.75 percent a year to reach \$252,000 by 2036, a net

savings of just over \$1.5 million.

Finally, he said, the city could issue more pension obligation bonds like it did in 2012 to pay off a chunk of CalPERS liabilities in exchange for carrying debt with a lower interest rate than the 7 percent CalPERS charges. One of the risks, however, is that the amount of savings ultimately depends on CalPERS' future returns.

In a letter to the council, Sharpe, who served on a city committee under a former mayor to help develop strategies for dealing with retirement debt, said decision makers and taxpayers should keep in mind the \$75 million-plus cost were they to pay off the city's share now, which is based on a 2.5 percent rate of return.

"I think this is a much more sensible measure of the city's unfunded liabilities than the estimate of roughly \$23 million based on discounting future cash flows using higher interest rates," he wrote. "I believe it is important for the taxpayers to have a realistic view of the magnitude of the pension funding problem. Then they can make informed decisions about appropriate actions."

Councilman Jeff Baron shared Sharpe's take.

"I agree with him that the biggest risk the city faces is a downturn in the investment market," and the resulting increase in debt to the state retirement system, he said. "The city's biggest risk is CalPERS has another 15 percent down year, and our liability goes from \$23 million to \$33 million. That's the risk, and I don't really know how to address that."

CalPERS called 'experts'

Baron also didn't like the idea of a trust because he doesn't want to pay management fees and believes the city shouldn't be in the investment business.

"CalPERS are experts at investing money — they are the best experts we have," Baron said. "I don't view my role or the council's role as deciding whether we should be more aggressive or less aggressive."

He said the city "shouldn't be trusted to invest money aggressively," because that would be bad financial planning.

Meyer pointed out that even a moderate or conservative strategy would have a better rate of return than a savings account's 1 percent to 2 percent, which is what the city's cash reserves earn now.

Mayor Dave Potter wrapped up the discussion by stating the one obvious strategy to avoid is "the ostrich approach to financial planning around the CalPERS issue," though the council made no decisions on which routes to follow.

McCLOUD

From page 1A

officer — appeared often in The Pine Cone's pages, not only for Gladys' clothing shop, but in news of both parents' service to the city and nation.

Susan and her sister, Sarah, were often in The Pine Cone during their school days. In January 1945, the paper noted Sue was elected program chairman of the J.O.Y. Club (Jesus, Others and Yourself) at the Church of the Wayfarer. In April, her own first piece of reporting — a paragraph on the crested auklet, a bird found in the Aleutian Islands — was part of The Pine Cone's Sunset School Notes.

At the time, McCloud's father was serving in Alaska, and a week later, the fifth-grader was reported to have "gone on a great adventure" to Fairbanks to visit him.

Many talents

McCloud's talent as a clarinet player also received coverage, as in December 1945, when she was part of a trio that played "Oh Little Town of Bethlehem" during the Sunset School Christmas program.

She spoke in February of the following year on KDON with nine other Sunset students, as part of a weekly educational forum. She also wrote brief pieces published in The Pine Cone, one urging readers to donate to a clothing drive for Save the Children and another describing her father's experiences visiting a farm near Rio de Janeiro. She noted that he "had to get back to Rio to the ship, for they were going to shove off for Cuba."

Her leadership and interest in world affairs continued to grow, as did her ability with the clarinet. And though she landed a spot in a regional honor band in Santa Cruz in 1950, her musical career hit a minor speed bump when Pine Cone reporter Eben Whittlesey gave faint praise to a performance in June 1949.

McCloud was part of a woodwind trio from Carmel High School, and Whittlesey wrote, "Their playing of a Bach gavotte and sinfonia showed painstaking preparation and fairly smooth execution, if somewhat lacking in color and spontaneity."

Be that as it may, McCloud went on to study political science at Stanford University, where she was elected to the Women's Council in 1955. The Pine Cone also took note of her election to the university's Cap and Gown honor society, as well as her graduation in June 1956. She furthered her studies at the University of Geneva in Switzerland that fall and the following spring.

After a couple of other brief mentions, McCloud all but disappeared from the paper until September 1985, under the headline "Sue McCloud is Back," which briefly noted her return from work in embassies in Stockholm, Sweden, and Bern, Switzerland. Of course, there was no mention of the fact she was working for the CIA.

By 1996, she'd become a planning commissioner and, in 2000, announced her first run for mayor. And as it was for her modeling debut, The Pine Cone was there.



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"Police Log" Carmel-by-the-Sea, July 2

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 resident
 reports
 neighbors
 were having a
 loud party at
 0301 hours.

While walking up to the
 house the faint sound of a
 radio could be heard.

A couple
 was
 quietly
 sitting on a
 couch
 inside.

They
 denied
 having a
 party.

Domeniconi



Andrew Peter Esposito
February 5, 1928 - January 19, 2020

Andrew Peter Esposito passed away Sunday, January, 19, 2020. He leaves behind his daughter Carol Fletcher (Bob Glaze). There will be a Funeral Service on Tuesday, January 28, 2020 at 11:00 a.m at the Santa Rosalia Chapel and burial following at the San Carlos Cemetery.

Condolences may be written to the family at www.bermudezfamilyfunerals.com



www.carmelpinecone.com

Stevenson students give back with time and effort

PINE CONE STAFF REPORT

ABOUT 800 students and faculty members from Stevenson School handed out meals, picked up trash and performed other work this week as part of an annual event to give back to the community while also showing children the benefits of volunteering.

On Tuesday and Wednesday, the students and faculty from pre-kindergarten to 12th grade were at Dorothy's Kitchen in Salinas, Meals on Wheels, the Veterans Transition Center in Marina, Gateway Center, the Monterey Museum of Art and other locations.

"Stevenson School's annual Service Day began five years ago at the lower and middle divisions, as a way to honor Martin Luther King Jr. and his message of service and hope," according to a press release from the school

Year-round service

The event blossomed into a larger commitment to "active citizenship and volunteerism," and is now a part of Stevenson's year-round service-learning program. This year, though, marks the first time the upper school has participated in the event.

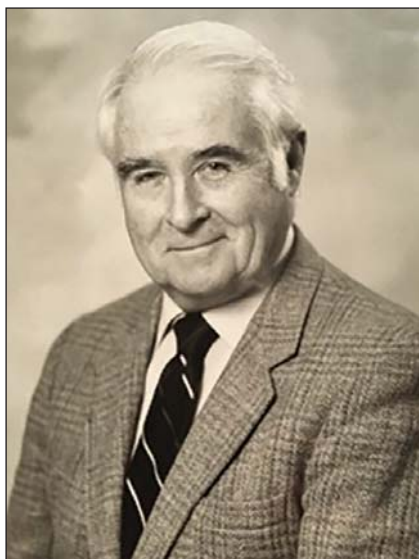
Students also cleaned up the campuses, did gardening and performed various other services projects, including knitting hats for Community Hospital of the Monterey Peninsula, and made cards for veterans. The school partnered with about 20 organizations for the event.

Stevenson School, founded in 1952, has 700 students and 30 buildings on 50 acres of land and two campuses. The high school is located in Pebble Beach, while the lower and middle schools, from Pre-K-8, are in Carmel.



PHOTO/STEVENSON SCHOOL

Firefighter Trevor Rackley high fives young students from Stevenson School during a volunteer event this week.



Bruce John Oliver
August 30th, 1924 ~ January 13, 2020

Bruce Oliver passed away at the age of 95 in his Pebble Beach home. He grew up in Oak Park, Illinois, the oldest son of Chauncey Bristol Oliver and Edith Patton Oliver. The family enjoyed wonderful times at their "Oliver Rancho" near Las Vegas, Nevada.

Betty Campbell Oliver (August 3rd, 1927-February 20th, 2015) was the love of Bruce's life. Bruce and Betty moved to the Carmel Highlands from Hinsdale, Illinois, in the early seventies. They settled in Pebble Beach in their later years.

Bruce graduated from the U.S. Naval Academy at Annapolis in 1947 and served in the Pacific Fleet on the destroyer, the U.S.S. Brinkley Bass. Bruce returned to Chicago after service and joined Everpure, Inc., the water purification company founded by his father. He and his brother, Robert, worked to grow the business. Everpure was a leader in manufacturing commercial filtration products for food service, vending, marine and aviation markets. Upon the sale of Everpure to Culligan International, Bruce became head of Culligan Europe, and was based in Brussels, Belgium, for three years.

The Oliver children are Cathy Aiken (Teddy), Wayne Oliver, Allison Turnbull (Richard), and Neil Oliver. Bruce had ten grandchildren and five great-grandchildren. His brother, Robert Patton Oliver '50 Annapolis, passed away in 2019. He served in the submarine service during the Korean War.

Bruce attended several gatherings of the surviving U.S.S. Brinkley Bass shipmates. He was a member of the Old Capital Club (Monterey) and the Monterey Peninsula Country Club (MPCC). He always looked forward to returning to Annapolis for Navy reunions and football games.

A private family gathering is planned.



Nancy G. Vera

January 10, 1948 ❖ December 24, 2019

Nancy Graham Vera passed away on the afternoon of Christmas Eve, from complications of a traumatic brain injury, sustained during a fall in her home.

She fought through numerous injuries and cancer to stay by John's side, her husband of 35 years. After he passed on in September, it didn't take Nancy long to catch up with him.

Nancy was born in Champaign, IL, the eldest of two children, and attended De Pauw University and the University of Illinois.

She had a very successful career in advertising sales at broadcast stations in Chico/Redding, Sacramento, San Francisco, and Monterey/Salinas. It was at KXTV in Sacramento when Nancy met John Vera. She remembered when she first set eyes on him, she thought "That's the best-looking man I've ever seen!"

Thirteen years later, John and Nancy were married in Hawaii, and embarked on a round-the-world adventure. Nancy had always been an avid traveler, and felt especially connected to the people of Japan, Thailand, Nepal and the Holy Land.

Locally, Nancy was a Sales Executive with KSBW and KION, as well as AT&T Cable and Comcast. She wrapped up her career at the Monterey Herald as an Account Executive.

Nancy was an active member of St. Dunstan's Episcopal Church in Carmel Valley, where she served on the Vestry and directed the Annual Stewardship Event.

She was also a member of The P.E.O. Sisterhood, an international women's organization focused on providing educational opportunities for female students worldwide.

The Celebration of Nancy's life will be Saturday, February 1st at 2 p.m. at St. Dunstan's Episcopal Church, 28005 Robinson Canyon Road, Carmel.

Nancy asked that memorial donations be made to St. Dunstan's Church or The Sisterhood of P.E.O. for their International Peace Scholarship Fund.

Garden of colorful delights, look back at the great, and fresh take on sunsets

By CHRIS COUNTS

CALLING ATTENTION to a local fine art photographer whose close-ups of agave plants reveal a hidden world of colors, patterns and shapes, the Monterey Museum of Art hosts a reception Saturday, Jan. 25, from 3 to 5 p.m., for **Mahir Agha**.

Agha's fascination with agave plants began one afternoon while he was working in his Carmel Valley yard, and something about a wilting agave plant caught his eye.



A sample of Mahir Agha's colorful close-up photographs of agave plants, which are on display at the Monterey Museum of Art through Sunday.

"I glanced over at the post-bloom and dying giant blue agave, noticing its shapes and colors," Agha explained. "From there, my interest slowly took hold."

A Carmel Valley resident, Agha unveiled a display of new agave close-ups in late December. The show closes

Art Roundup

By CHRIS COUNTS

the next day.

The museum is located at 559 Pacific St. Visit monte-reyart.org.

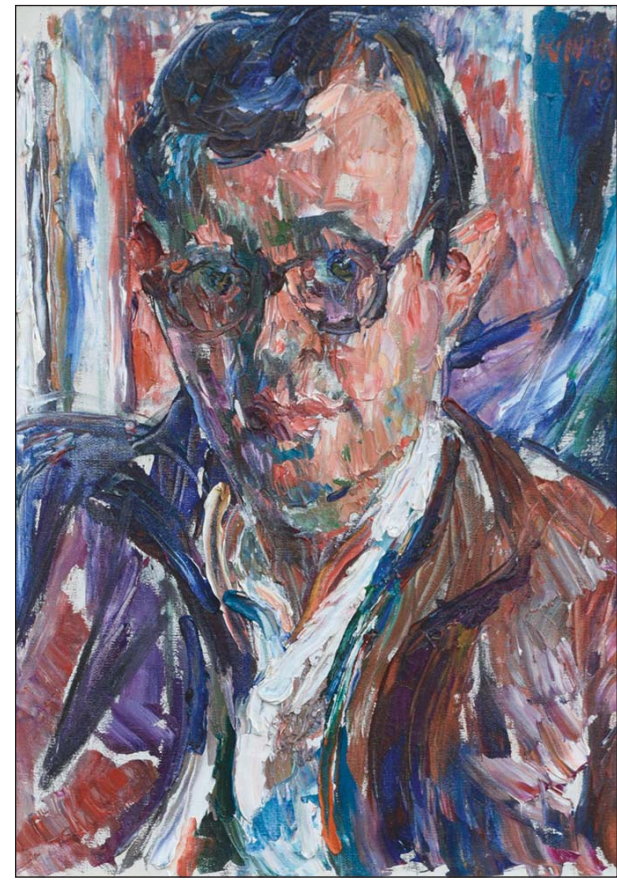
And at the Museum's La Mirada site this week is a talk, "Memories of Great Artists," by painter **Dick Crispo** Saturday at 10 a.m. Crispo will share stories about some of the region's most gifted artists.

"He was working as an apprentice in a framing shop when he was 17, when he met acclaimed local painter Richard Lofton," the museum's **Allyson Hitte** told The Pine Cone. "The shop was also a hub for artists we now recognize as Monterey's cultural icons, and he watched Lofton paint portraits of the artists around him, including Armin Hansen, Gus Arriola, Jeannette Maxfield Lewis and many others. He observed how Lofton was able to 'capture the essence' of the artists in his portrait paintings."

The talk is \$5 for museum members and \$10 for others. The museum is located at 720 Via Mirada.

Besides his talk Saturday, Crispo has a show, "Colors of Darkness in a New Light," on display at the Carmel Art Association through Feb. 4.

See **ART** page 18A



This 1962 portrait of Monterey painter Kenneth Lucas by Richard Lofton exemplifies Lofton's style and will be among the works discussed at the Monterey Museum of Art this week.

JACK BASKIN

9/20/1919 • 1/12/2020

Jack Baskin, noted engineer, builder, and philanthropist, died at his home in Carmel on Jan. 12, 2020, at the age of 100. Jack will be remembered for his gregarious nature and wry sense of humor. He always had a quip for every occasion, never taking life too seriously. But he did make some serious contributions to the world. Jack left a legacy in Santa Cruz and Monterey Counties that will endure for years to come. He and his family have been advocates and supporters of higher education for many decades, especially for women and underrepresented students. The impact of the Baskin family's generosity is profound and inspirational in its breadth and reach across academic disciplines. Jack saw the power of education to advance the cause of social and economic mobility for students from all walks of life.



within budget.

Jack was also an accomplished sailor and made a six-month voyage to Tahiti in 1965 with a crew of four on his 43-foot Kettenburg sloop.

In 1965, Jack and Virginia divorced. In 1967, he married Elena Baran of Palo Alto. They moved to Santa Cruz in 1970. Most importantly, Jack was a generous family man. He took care of everyone in his family. He took the grandchildren on river rafting and horseback riding trips, trips to Hawaii, Camp Baskin weeks at his house in Santa Cruz. He paid for his mother-in-law's brother and sister and their spouses to travel from Germany to Santa Cruz almost every year for many years. Jack gave a laundromat concession at one of his housing developments to a long-time employee who had retired and hit hard times. Jack was named "Man of the Year" by the SC County Chamber in 1986.

In 1997, after the death of his wife Elena, he met and married Peggy Downes of Carmel. In 2008, he and Peggy established the Peggy and Jack Baskin Foundation to provide financial support for gender equality and increased access to education for marginalized communities in Santa Cruz and Monterey counties. As Jack moved toward retirement, he enthusiastically supported Peggy's teaching and writing.

Jack is preceded in death by his older sister Dorothy, his niece Rosanne, his first wife Virginia, second wife Elena, and his parents Anna and Isador. He is survived by his loving wife Peggy Downes Baskin, daughters Marianne Mejia (Freddie), Elaine Baskin (Ken Krechmer), stepson Nicholas Baran (Esther), stepson Scott Dewar (Kathy), stepdaughter Cammy Torgenrud (Tim), grandchildren David, Gordon, Diana, Elun, Nicole, Paul, Whitney, and Zack, and 13 great-grandchildren. We thank Heartland Hospice and his warm and devoted caregivers for making the end of his life so rich.

A memorial celebration for Jack Baskin will be held at Cabrillo College, Samper Recital Hall, at 3 pm on February 22, 2020.

The service will be followed by a reception at the Sesnon House.

In lieu of flowers, please make a donation to a cause that matters to you.

Jack was an instrumental figure in the Monterey Bay Area for over 50 years. Jack, along with his wife, Peggy, focused his energies on improving people's lives on both sides of Monterey Bay. They gave generously to many organizations and educational institutions, most notably York School, Monterey Peninsula College, Cabrillo College, and UC Santa Cruz. Jack is largely responsible for the Jack Baskin School of Engineering and the Elena Baskin Visual Arts Center at U.C. Santa Cruz.

Jack was a true self-made man. His parents were Jewish immigrants; Jack was one of two children, growing up in Monsey, in upstate New York. His father owned a watch repair business. As a teenager, Jack worked summers at the Singers Hotel in Spring Valley, NY.

In 1936, at his father's insistence, Jack enrolled at the University of Colorado at Boulder, in engineering. After two years, he transferred to NYU, and completed his degree in 1940 in aeronautical engineering.

During WWII, Jack worked in the military aircraft industry. He married Virginia Goldman in 1943.

Jack moved to Los Angeles in 1945, because he saw a huge opportunity in the housing market of the postwar boom. He started building homes there. Jack was very successful, and gradually migrated into building larger housing developments, often in cooperation with labor unions and nonprofit organizations. Jack was known for building quality housing, on schedule, and

MASSAGE

From page 1A

can be very stressful for the creatures that live there. Many are traumatized and have been abused, physically or psychologically. To calm the animals — and ultimately make it easier for them to find homes — Breiden uses reiki, which was developed in Japan nearly a century ago. In contrast to traditional massage, in reiki, a practitioner uses a light touch and transfers “energy” to the patient. The technique is known as “energy work,” and there are many varieties.

Shelters evolve

It’s no surprise that a healing technique that can’t be explained by modern science has drawn skepticism. Professional medical organizations have long questioned the benefits of reiki, while top officials in the Catholic Church have warned that the practice could lead to demonic possession.

But along with other once-assailed alternative healing practices, reiki continues to gain in popularity — and more importantly is now being used in medical facilities. Breiden said it can be found in more than 800 hospitals across the country.

But she has also worked with a wide variety of animals, including horses, cats,

dogs, rabbits, guinea pigs, three baby boas and the aforementioned bearded lizard. She said they often exhibit calmer demeanors and more trust in people after a session.

“It is so gratifying to see these animals come around,” she told The Pine Cone.

Richardson, meanwhile, focuses her work on horses. She employs laser light therapy and an assortment of other techniques to promote well being in horses, including some with injuries.

One horse Richardson worked with had an entire leg in a cast and was “very agitated and very anxious.” But soon, the horse relaxed and calmed down, which made its recovery easier, she said.

“It’s wonderful to see them heal so fast,” Richardson said. “I love the work — it’s very rewarding.”

Scott Delucchi, president and CEO for the SPCA, said conditions at animal shelters have improved dramatically in recent decades, and the presence of volunteers who use alternative practices is an example of that trend.

“Fifty, 60 or 70 years ago, a shelter was built out of cinder blocks and chain-link fence,” Delucchi explained. “They were sad places, like jails for animals. They were emotionally overwhelming for visitors, and they were very stressful places for animals.”

Delucchi said the SPCA and many oth-

ers shelters are “doing everything possible to make those stays less stressful.”

“The physical spaces have evolved a lot,” he explained. “They’re larger, they’re better ventilated and they’re painted with brighter colors.”

The SPCA has adopted something else found in just about every spa. “Nobody would have thought 50 years ago that we’d have calming music in shelters,” he observed.

Innovative ideas

Before coming to Monterey County, Delucchi worked at a shelter in San Mateo for 17 years, and it was there that he became exposed to innovative ideas about improving conditions at shelters, such as calming music and aromatherapy.

Entangled seagull captured, freed

By KELLY NIX

A SEAGULL with fish hooks embedded in its face and wing was released last weekend after being rescued and rehabilitated by the SPCA for Monterey County.

Nature photographer Alyce Bender was in Elkhorn Slough when her lens caught a bird in distress. She immediately called the SPCA, and wildlife rescuer Kristen Reyes rushed to the scene.

With net in hand, Reyes captured the western gull in less than an hour.

Besides the fishing hooks, a combination of fishing line, kelp and debris was wrapped around the gull, trapping him. He

Delucchi conceded that it’s not easy to quantify the success of such innovations, but he’s confident they are making a difference for the animals who stay at the facility on Highway 68. He’s received a lot of positive feedback, and he suggested it would be “close-minded” not to consider exploring such options. He also noted that some of the nonprofit’s ideas “have come from volunteers.”

“It’s hard to measure the benefits of these things,” he added. “We have these wonderful volunteers who are experts, and they are willing to do this on their own time, and they see the benefits. Our staff feel like it’s having a positive effect. And for those who are skeptics, I think everyone would agree they can’t cause any harm and can only help.”

couldn’t fly and would not have survived long without help, the SPCA said. The seabird was taken to the SPCA Wildlife Rescue & Rehabilitation Center off Highway 68.

“We gave him an antibiotic and pain medications,” SPCA spokeswoman Beth Brookhouser told The Pine Cone. “We needed to force feed him at the beginning, but then he began eating on his own.”

The bird was kept in one of the center’s large aviaries to allow him to acclimate and regain muscle condition so he could fly.

“He was released on Jan. 19 and flew off beautifully over Moss Landing Beach,” Brookhouser said.



Margaret Flynt Sherar

1928 ♦ 2019

Margaret Flynt Sherar of Carmel Valley, CA, passed away in her home on December 15, 2019. She was born February 18, 1928 to Hassie May and Clarence Dewey Flynt in Tupelo, Mississippi. Margaret grew up in the South as a true southern Belle, and was a founding member of the “GRITS” club which stood for Girls Raised in The South.

She had always been known as Margaret until she met her husband to be, naval aviator Robert Cody Sherar, in Pensacola, FL. He dubbed her “Maggie” and Maggie she was for the rest of her life. They married October 25, 1951 and spent the next 67 years together known as Maggie & Cody. The first 28 years of that time were spent traveling to wherever the US Navy sent them. During that time Maggie loved her role as wife/mother/housewife and whatever else was necessary to keep the family functioning while occupying 18 different residences during that 28 years.

Cody retired from the Navy in 1976, at which time Maggie found their retirement home in Carmel Valley. It was a perfect fit, as this is where they spent the next 43 years and never again had to manage a family move. Maggie named her home “Casa Bonita” and spent her time enjoying her family and traveling to beautiful places with Cody by her side and their old navy friends Bob and Percy Brewer. Casa Bonita was that perfect base to enjoy the three loves of her life—family, home, and the Monterey Peninsula.

After putting down roots in Carmel Valley, she co-founded Harbor Realty where she enjoyed the challenge of matching families with homes. Maggie, with her smile and southern charm always knew how to make everyone feel special. However, during this time she developed a medical condition that “grounded” her. She had to stop working but it didn’t stop her from traveling and volunteering at the Yellow Brick Road.

Maggie is survived by her husband Cody Sherar, son Eric Sherar (Carol), daughter Mandy Sherar (Joe); granddaughter Heather Doyal (Lee), grandson Flynt Doyal (Lauren), and grandson Christopher Schmitt; great-grandson Sage Doyal, and great-granddaughter Stella Doyal. Jocko, her four-legged companion, was her constant shadow.

She was preceded in death by her daughter Jetta Schmitt, son-in-law Bear Schmitt, and grandson Cody Schmitt.

The family wishes to thank Heartland Hospice Care, the Reach Out Home Care and Herminia Sanchez (Maggie’s most outstanding care giver) for all the professional care and support they provided during Maggie’s illness.

Maggie had stipulated no services, flowers or donations. Anyone wishing to give, keep the Montage Health Foundation in mind.

Beverly Jean (Tewalt) Corbett

April 17, 1933 – Jan 4, 2020

With fond memories and heavy hearts we announce the passing away of Beverly Corbett of Carmel, California.

Bev was born in Humboldt County, the second child of William and Evelyn Tewalt. She attended Eureka High School, enjoying being a majorette with the school band and working as an usherette at the Eureka Theater.

Bev lived a life full of cheerful optimism. Told by a cynical math teacher she should “stick to twirling her baton,” Bev determined then and there to develop herself to her fullest potential, and she did. Throughout her life she read voraciously, traveled extensively, wrote many poems, created beautiful visual art and loved her family and friends uncompromisingly.

She skillfully created a comfortable, welcoming home for five lively children and their pets and friends. Always dressed stylishly, she was the gracious hostess of countless gatherings. Her cookies were legendary.

After graduation from Humboldt State University, Bev moved to San Jose in 1986, completing her Master’s Degree in Instructional Technology. She enthusiastically embraced innovation.

Bev was passionate about visual art, gardening, natural history and children’s literature, demonstrated by her large book collection and personal art studio. She wrote and illustrated many charming, witty stories. She also spent decades studying and mastering the arts of ikebana, printmaking, watercolor and oil painting.

Beverly was a generous, talented, warm and wise woman. Her involvement as a museum and art gallery docent, elementary school literacy volunteer and newsletter writer, as well as her various club executive positions, touched many lives. She made and kept numerous close friends of all ages and will be greatly missed.

She is survived by sons Ron (Nicky), Chad (Inge), Vic (Marge), and Bill, stepdaughter K.C (Scott), niece Donna, great-nephew Brett, grandchildren Aaron (Cori), Scotia, Dashiell (Laura), Caitlin (Matty), Tristan (Erik), Bodhi and Finley and six great-grandchildren.

Special thanks goes to Bev’s kind caregivers, doctors and the local VNA & Hospice.

A celebration of Beverly’s life will be held on Saturday, February 22 at 1:30 pm in the Casa Fiesta Room at 1000 Hacienda Carmel, CA

Bev was a great believer in supporting arts and literacy. In lieu of flowers, she would have liked her friends and family to visit and contribute to an art gallery, museum or bookstore of their choice in her honor.



ARREST

From page 1A

carrying Carmel High School football players to a game in San Jose last November, the final incident occurred Jan. 5, LD Maples, chief of the CHP Coastal Division, said during the press conference in Salinas Jan. 23. While investigating, officers were able to connect a GMC Sonoma pickup truck with the most recent attack.

“Through a multifaceted investigative process, we were quickly able to link the GMC to several incidents,” he said, and through surveillance, officers were later able to identify the driver.

“Yesterday, California Highway Patrol and the Monterey County Sheriff’s Office executed search warrants at numerous residences in Monterey County” and outside the county, as well as on the truck itself, he said.

Those searches led to Lafferty’s arrest and booking at Monterey County Jail, where he remained in custody Thursday. Maples didn’t say where the suspect was when he was arrested, and at this point, investigators believe he is the only person

responsible for the crimes.

Lafferty was apparently surprised to have been discovered, according to CHP Capt. Kyle Foster, who has been working alongside several other CHP officers and a sheriff’s deputy on a task force created to hunt down the person responsible. Foster said they found Lafferty “had the means and methods to carry out these attacks,” but they don’t yet know the motive.

“Only he can specifically tell us why he was targeting them,” he said, and at this point, it appears Lafferty chose the cars that were hit — and the four adults and one child who suffered minor injuries as a result — at random.

Thanks from politicians

Maples wouldn’t comment further on the ongoing investigation or say whether officers used license-plate-reading technology to identify Lafferty as the suspect.

Also at the press conference Thursday were U.S. Rep Jimmy Panetta, Monterey County Supervisor John Phillips, and several field representatives working for state politicians. Panetta and Phillips, both of whom worked as prosecutors, thanked the CHP and sheriff’s office for their efforts and noted the difficulty of gathering

evidence and making a case in a rash of crimes that spans such a long amount of time and a wide geographical area.

Maples said Lafferty is being held in Monterey County Jail on 21 felony charges

MASKED

From page 1A

money and ran out very quickly.”

Central Avenue Pharmacy clerks have been robbed at gunpoint before, including by a man in 2009 who told them he wanted all their Oxycontin because he was “desperate.” Lakind said the four who went there Jan. 14 did not display any weapons, but their actions were threatening and frightening.

He also said cameras in the store captured footage of the criminals. Police are searching for video that might show where the men went after they left the pharmacy, which is located at Central Avenue and 15th Street, and how they got away.

“They ran on foot from the scene, so

for assault with a deadly weapon, throwing objects at moving vehicles with the intent of causing great bodily injury, and possession of a silencer. His bail was set at \$250,000.

we’re looking for any kind of help from the community,” Lakind said. Officers have gone door to door to ask if anyone heard or saw anything, but so far, they haven’t come up with enough to identify any suspects.

In general, PGPD would like to know the locations of private security cameras in the city. Seaside P.D. recently started a program encouraging people to confidentially enter the locations of their exterior cameras so police can know where they are and can request footage that might help solve a crime in the area. Lakind said PGPD keeps a similar list but that it’s relatively small.

Anyone who wants to add location information can do so via the website at cityofpacificgrove.org/public-safety/police. And anyone with footage or information that might help police solve last week’s robbery is urged to call (831) 648-3143 or the tip line at (831) 648-3159.



KAETE SALOMON

Kaete Salomon, beloved wife, mother, grandmother, great-grandmother, and our family matriarch, passed away at the age of 93 on January 19, 2020. Our mother was born in Furth, Germany in 1926 and fled the Nazis as a child, moving with her family first to France and then to Palestine. There, our mother became a registered nurse, returning to war-torn Europe in 1947 to work with Jewish refugees. In Austria, our mother met the love of her life, our father, Alexander Salomon, and they were married in a displaced persons camp, surrounded by family and friends.

After marrying in 1948, our parents returned to Israel at my mother’s insistence to serve during the Israeli War of Independence; our mother worked as a nurse in Rambam Hospital in Haifa. In 1951, our parents came to the United States, ultimately deciding to live here permanently and raise three children in the Chicago suburbs, where Mom supported our father’s medical practice. Our parents moved to Carmel, CA in 1979 and our mother loved every day of her life on our beautiful coast.

Our father passed away in 1989 after 41 truly wonderful years of marriage. After this devastating loss, in 1995, Mom was so fortunate to get a second chance at love when she met and married Richard Klein.

Our mother was a wonderful parent, unconditional love tempered with clear-eyed honesty in equal measure, a combination that ensured that each of her three children had the inner strength, self-confidence, and humility to succeed in life. Our mother was an avid reader, a strong supporter of Israel and the Jewish people, a dedicated bridge player, a lifelong traveler to countries near and far, a hiking enthusiast, a wonderful cook, a no-nonsense individual, and our rock.

Mom is survived by her husband, Richard Klein, her son and daughter, Michael and Charlotte Salomon, her daughters-in-law and son-in-law, Lauren Salomon, Joelle Salomon, and Scott Fetherston, eight grandchildren, and five great-grandchildren, all of whom were her pride and joy. Mom’s beloved oldest son, Daniel Salomon, passed away in 2016, an incalculable loss. Mom, you will be in our hearts forever and deeply missed each and every day.

There will not be a public memorial service. Contributions in memory of Kaete Salomon may be made to Hiddush.org, a non-profit organization that promotes religious freedom and equality in Israel.



Clesteva Roberts O'Bryant Newell

Clesteva Newell of Carmel, CA, died peacefully in her sleep Thursday, January 9, 2020. She was 100 years old. Clesteva, daughter of Austin and Dicie Roberts and sister to Arthur, was born on January 27, 1919, and raised in Missouri. She attended Southwestern State University there, then University of Chicago and she later received her B.S. in Psychiatric Technology from NYU.

During WWII, she and her husband, Howard O'Bryant, lived and worked in the Yukon Territory under the U.S. Department of Engineers, helping to construct the Alcan Highway. Returning to Missouri in 1944, the first two of their five children were born. Later they moved to Southern California where their next three children were born. While raising her family there, Clesteva also worked for ten years at a local State Hospital as a Psychiatric Technician and counselor.

In 1971, Teva remarried and moved to Big Sur and Carmel. Her husband, Ralph Newell, was owner and founder of Rancho Santa Margarita. She loved taking part in activities in both places, and became the pianist at the Big Sur Grange, also enjoying group square dance with Ralph in Carmel. Together, they developed many long lasting friendships. While in Carmel, she proudly served on the Monterey County Board of Mental Health Advisory Committee as well as two years on the Board of Governors for the Community Church of the Monterey Peninsula.

Clesteva maintained an extremely sharp intellect her entire life and never stopped learning. She was an avid reader of non-fiction and had many fields of interest including DNA research, genealogy, medicine, and history and was able to converse with anyone on just about any subject with wit and charm. She travelled extensively to Europe, Asia, and as far north as Lapland, studying culture and history from educational classes abroad.

But through it all, her main interest by far was her family. Over the many years we have been fortunate to share her love, she has been an example and an inspiration for all of us.

Her five children: Michael O'Bryant (Bonnie), Kate O'Bryant, Kevin O'Bryant (Karen), Briar O'Bryant, Nancy Laiolo (Bruce); seven grandchildren: Peter, Tracy, Vanessa, Erin, Sean, Lauren, George; four great-grandchildren: Brynn, Emily, Elliot, Will; her three step-sons: Peter (Marla), Roger, Bruce (Harriet) Newell and their extended family as well.

She kept a place for each and every one of us in her heart.

A family service will be held.

DUI

From page 3A

nied culpability in the crash, arguing that Coleman — who has undergone extended hospitalization for multiple surgeries on her legs — contributed to the circumstances that

led to her injuries. They said she “so carelessly, recklessly and negligently conducted and maintained herself so as to cause and contribute in some degree to the alleged incident,” and that she “placed herself in a position of danger” by driving on Carmel Valley Road west of the Village on that particular Thursday night in July.

The fatal wreck was not due to any act of theirs, they argued, and therefore, Coleman shouldn’t be able to get

any money from them in compensation for her injuries and other expenses.

In turn, Daoud and Hanna sued McNally to recover any costs associated with their having to defend themselves against Coleman’s complaint and stated they should be compensated if they are found by the court to be liable in any way.

“If the plaintiff sustained injuries, it was the direct result of the negligence” of McNally, they said in their complaint. And in the event they are found to be responsible for the wreck, “such liability arises only by reason of the active and primary negligence” of the girl who was driving drunk, while their fault, “if any, is secondary and passive only.”

The liquor store owners are asking the court to order McNally to cover the costs of the suit, including attorneys’ fees, and if they are found liable, that she pay them “in proportion to the amount of negligence” attributable to her.

They demanded a jury trial in the case, which is next set for a meeting between the lawyers and the judge in a Monterey courtroom Feb. 4.

Bradford L. Peery

May 4, 1938 - January 3, 2020

Bradford L. Peery, known as “Brad” to all who knew him and also lovingly referred to as “Ba” by his grandchildren, died peacefully in his home in Carmel, CA on January 3, 2020, at the age of 81, with his loved ones at his bedside and a gentle wisdom in his eyes.



Brad was born in Hollywood, CA on May 4, 1938, the son of the Roger Peery and Brenda Hegness Peery. Brad grew up in San Marino, CA and graduated from San Marino High School in 1956. In the words of an old friend from his childhood, “Brad excelled in sports and always had an even temperament and kindness in his soul which he carried forward [through life].” He had the distinction each year of being Science Club President and MVP in football, basketball, and tennis.

Brad attended Stanford University on a football scholarship, earned his Bachelor and Master’s degrees in Electrical Engineering, and his Master of Business Administration. He had the distinction of graduating Stanford University with dual degrees, an MBA, and a Masters of Electrical Engineering; his career would include decades applying this synthesis of business fundamentals and the advanced technologies underpinning them. He was also generous in sharing his keen business insights as a mentor with peers, colleagues and his own family. He worked toward a doctorate in Finance and

Economics at New York University and University of California, Los Angeles.

A financial analyst in technology, media, and telecommunications for over forty years, Brad was the founder and CEO of a broker/dealer and investment advisory firm with many of Wall Street’s largest firms and leading companies as clients. With a passion for politics, he was also a candidate for U.S. Senate in the 1982 Connecticut Primary. In 2018, Brad created a blog called “ArmchairPolitician.US” publishing a book with the same name, and a second book entitled “China vs. U.S.: A Police State vs. A Democracy.” In retirement, Brad shared his concern for future society by analyzing and writing on global geopolitical issues. He was also an avid golfer.

Brad is survived by his wife, Karen Landry Peery, his son Brian Peery and wife, Sue of Novato, CA, and their children Kobe and Kira; his son Rylan Peery and wife, Jessica of Ithaca, NY, and their children Eli, Naia, Senya, Aaliyah, and Isaiah; his step-daughter Courtney Crane and her husband, Kevin of Round Rock, TX, and their children, Jadin, Haley, Austin, Nate, and Arya; his step-son Jesse Landry and his wife, Bryony of Carmel Valley, CA, and their son, Devon; several nieces and nephews, and his sisters, Lynn Lawrence and Candy Lyman, and her husband, Martin of Park City, UT. He was predeceased by his sister, Ardis Peery-Fromme, of Escondido, CA.

A gathering to celebrate Brad’s life will be forthcoming. Contributions may be made in Brad’s honor to Hospice of the Central Coast, 2 Upper Ragsdale Drive, Monterey, CA 93940.

ART

From page 15A

‘Ocean Series’ continues

While Agha’s images reveal hidden beauty, another photographer, **Winston Swift Boyer**, offers refreshing and inventive takes on one of the most seductive muses in art — the sun sinking into the sea at sunset.

A collection of new and old work by Boyer opens Saturday at Gallery Sur, which will be the site of a reception from 1 to 4 p.m. The photographer will be on hand to share “stories from behind the camera.”

“Winston is unveiling two new photographs in his ongoing ‘Ocean Series,’” gallery director **Rohana LoSchiavo** explained. “These new images continue in the artistic tradition he has established of creating evocative new perspectives on familiar scenes in nature. Often appearing abstract, the ‘Ocean Series’ expands our usual perception of the intersection of sky and ocean.”

The gallery is located on Sixth between Dolores and Lincoln. Call (831) 626-2615.

Pebble Beach reads The Pine Cone

To place an obituary for your loved one, contact anne@carmelpinecone.com

PUBLIC NOTICES

NOTICE IS HEREBY GIVEN that on **Tuesday, February 4, 2020 on or after the hour of 4:30 p.m.**, the City Council of the City of Carmel-by-the-Sea will hold a **Public Hearing** in the Council Chambers located on the east side of Monte Verde Street between Ocean and Seventh Avenues, Carmel-by-the-Sea, California for the following purpose:

Proposed Action: : Introduce an Ordinance (first reading) amending Carmel Municipal Code (CMC) Title 15 (Buildings and Construction) by adopting the 2019 editions of the California Building (CBC), Residential (CRC), Energy (CEnC), Fire (CFC), Mechanical (CMC), Plumbing (CPC), Electrical (CEC), Green Building Standards (CGBSC), Historic Building (HBC), and Existing Building Codes (EBC) with local amendments.

Environmental Status: This Ordinance is found to be exempt from environmental review, per the provisions of Section 15061(b)(3) of the California Environmental Quality Act (“CEQA”) because the activity is covered by the general rule that CEQA applies only to projects which have the potential for causing a significant effect on the environment.

Coastal Permit Status: No Local Coastal Program amendment necessary.

All interested persons are invited to appear at the time and place specified above to give oral or written testimony concerning this matter. Written comments may be submitted to the City Clerk at City Hall located on the east side of Monte Verde Street between Ocean and Seventh Avenues, Carmel-by-the-Sea, California, 93921 or P.O. Box CC, Carmel-by-the-Sea, California, 93921 or by email cityclerk@ci.carmel.ca.us prior to the meeting.

The staff report and relevant documents will be available at least 72 hours in advance of the meeting at the City Clerk’s Office, and on the City’s website at <http://www.ci.carmel.ca.us>. The Council meeting will be televised live on the City’s website and archived there after the meeting. For more information regarding City Council meetings, please contact the City Clerk’s office at (831) 620-2016.

Britt Avrit, MMC, City Clerk

Please direct questions about this item to:
Dick Bower, Building Official
Community Planning and Building Department
dbower@ci.carmel.ca.us or 831-620-2022

Publish Date: 1/24/20 – The Pine Cone

Publication date: Jan. 24, 2020 (PC126)

City of Carmel-By-the-Sea

NOTICE OF UNSCHEDULED VACANCY

The City of Carmel-by-the-Sea is soliciting applications to fill one (1) unscheduled vacancy on the following Board:

HARRISON MEMORIAL LIBRARY BOARD OF TRUSTEES:

The Harrison Memorial Library Board of Trustees consists of five members. At least three Board members must reside in the City, and no more than two members may reside in the City’s adopted Sphere of Influence. All members of the Harrison Memorial Library Board of Trustees must have a current Harrison Memorial Library patron card. Applicants should be interested and knowledgeable about library services. The Board meets monthly on the fourth Wednesday of each month at 9:00 a.m. in the City Hall Council Chamber.

Due to the current make-up of this Board, the applicant must reside in the City.

Applications can be found on the City’s website at <https://ci.carmel.ca.us/boards-and-commissions> or may be picked up at City Hall located on the east side of Monte Verde between Ocean and Seventh Avenues. City Hall is open from 8:00 am to 5:00 pm, Monday through Friday.

Applications will be accepted at City Hall until 5:00 p.m. on Friday, February 7, 2020. Applicants will be interviewed by the Mayor and Mayor Pro Tem, who will make recommendations to the City Council. Interviews are tentatively scheduled for the afternoon of February 18, 2020. The City Council is expected to ratify appointments on Tuesday, March 3, 2020.

Publication date: Jan. 24, 2020 (PC127)

NOTICE IS HEREBY GIVEN that on **Tuesday, February 4, 2020 on or after the hour of 4:30 p.m.**, the City Council of the City of Carmel-by-the-Sea will hold a **Public Hearing** in the Council Chambers located on the east side of Monte Verde Street between Ocean and Seventh Avenues, Carmel-by-the-Sea, California for the following purpose:

Proposed Action: Consideration of an Appeal (APP 19-486 (CPines 7, LLC) application of the Historic Resources Board’s decision to add a property to the Carmel Inventory of Historic Resources located at the southeast corner of 7th Avenue and Dolores Street in the Service Commercial (SC) Zoning District.

Parcel Description: 010-145-020 (Block 91, Lots 2, 4, 6, & 8)

Environmental Status: Pursuant to Section 15061 (Review for Exemption) of the California Environmental Quality Act (CEQA) the decision on whether to list a property as a historic resource is covered by the common sense exemption that CEQA applies only to projects which have the potential for causing a significant effect on the environment.

Coastal Permit Status: No Local Coastal Program amendment necessary.

All interested persons are invited to appear at the time and place specified above to give oral or written testimony concerning this matter. Written comments may be submitted to the City Clerk at City Hall located on the east side of Monte Verde Street between Ocean and Seventh Avenues, Carmel-by-the-Sea, California, 93921 or P.O. Box CC, Carmel-by-the-Sea, California, 93921 or by email cityclerk@ci.carmel.ca.us prior to the meeting.

The staff report and relevant documents will be available at least 72 hours in advance of the meeting at the City Clerk’s Office, and on the City’s website at <http://www.ci.carmel.ca.us>. The Council meeting will be televised live on the City’s website and archived there after the meeting. For more information regarding City Council meetings, please contact the City Clerk’s office at (831) 620-2016.

Britt Avrit, MMC, City Clerk

Please direct questions about this item to:
Marnie R. Waffle, AICP, Acting Community Planning & Building Director
Community Planning and Building Department

Publish Date: 1/24/20 – The Pine Cone

Publication date: Jan. 24, 2020 (PC129)



WILLIAM THOMAS WILSON II

Tom

December 30, 1955 - January 15, 2020

William Thomas Wilson passed away after suffering complications from dementia. He was born in Philadelphia, PA, to Walter and Norma Palmer Wilson. He is survived by his wife Wilma of Scottsdale, AZ; brother Dick (Betsy) of Traverse City, MI; son Bill (Beth) of Los Gatos, CA; daughter Suzanne Lautze (John) of Lake Oswego, OR; son Walt of Portland, OR; step-daughter Kelly Adams of San Francisco, CA, and nine grandchildren. He was preceded in death by his sister Nancy Craig and grandson Mitchell Wilson.

Tom graduated from Kenyon College, Ohio. After serving in the U.S. Air Force, he spent his entire business career in insurance and financial planning with Phoenix Companies. He swam competitively in college and continued to swim all his life. He crewed on numerous sailboat races to Mexico and was able to fulfill his dream of sailing to and through the Panama Canal.

After retirement in 2000 and moving to Carmel, CA, his interests were travel, swimming, fishing and golf. He enjoyed anything involving being outdoors. His unlimited energy hardly allowed him a minute’s rest as he was always on the move. This probably was the result of a childhood incident where he was confined to bed for a lengthy time recovering from his sister’s dare to jump off their roof.

We will always miss you, Tom, and are forever grateful for your love and for the wonderful life you made possible for your loved ones.

There will be a private service.

TRAIL

From page 10A

ed to cost \$2 million, the city also needs \$400,000 more to allow for contingency and project management and archeological monitoring, Gho said. The \$2.4 million trail will largely be paid for with \$1.8 million in tax dollars from the Coastal Conservancy. The city contributed \$250,000 from its general fund via the Capital improvement program.

"It is anticipated that the Coastal Conservancy funding agreement with the city will come before the city council at a near future meeting to allocate the \$1.8 million," Gho told council members in his report.

Sea level rise?

Pacific Grove applied for a \$382,000 grant from a wildlife organization but was told Jan. 6 that it was turned down. The city also asked for the same amount from the California Natural Resource Agency's trails and greenway grant.

"If the city is successful with this grant opportunity and invited to submit a complete application, it is anticipated that notifications will be announced in the summer of 2020," Gho told council members.

The trail project was designed to adapt to future sea level rise by locating the path and parking outside of the projected 30-year erosion zone, according to the Coastal Conservancy.

"First, the city will remove approximately one-half mile of informal trail that exists within the 30-year setback area," the agency said in a December 2019 report. "Additionally, approximately 110 parking locations will be removed and/or redesigned. In the remaining area, approximately 2.5 acres of coastal dune habitat will be restored."

The California Coastal Commission in April 2018 issued a permit to the city for the trail.

The city in early 2018 completed a wooden boardwalk at the Great Tidepool that made it accessible for disabled people.

Winter crowds are on their way again!

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'PROMISE'

From page 1A

of deficit and focuses on what children lack."

Jones-Sawyer also said "implicit bias enforced by the term 'at-risk' can influence the way these students are treated and diminish the resources available to them."

The assembly passed the bill in August 2019 before it was signed by Gov. Gavin Newsom in October and made into law. The new term replaces the old one in 14 sections of the California Education Code and will also be used in the California Penal Code.

The new law has received little press coverage, but Carmel Unified School District Superintendent Barb Dill-Varga and Pacific Grove Unified School District Superintendent Ralph Porras both told The Pine Cone they were aware of it.

"We talked a bit about ways we might get the new language in use, but we actually don't use the term 'at risk' much either," Porras told The Pine Cone.

The idea of changing the phrase has been around for

more than a decade, and an Oceanside-based nonprofit called the Reaching At-Promise Students Association pushed for the legislation.

The phrase "at risk" was also introduced to soften the blow of formerly common phrases such as "juvenile delinquent" and "dropout."

According to Wikipedia, it originated with a 1983 paper, "A Nation at Risk," published by the National Commission on Excellence in Education.

Meanwhile, another phrase with a similar purpose has been adopted by the San Francisco Board of Supervisors, which is now using "justice-involved person" in place of "convicted felon."

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This Week

Live Music,
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Trio brings 'serious swing' to East Village, Whale Watchers play Whalefest

THE LATEST installment in a series of Sunday afternoon jazz shows at East Village Coffee Lounge in Monterey showcases **The Leon Joyce Organ Trio** Sunday, Jan. 26.

Saxophonist **Stu Reynolds**, who helps to organize the shows at the downtown coffeeshop, described the trio's sound as "serious swing."

Joyce, meanwhile, offered a glimpse of the tasty musical treats that await those who come to East Village Sunday, where he'll be joined by organist **Brian Ho** and bassist **Ken Okada**. "We will provide you with a musical meal prepared specially for your soul, from traditional, to contemporary and Latin jazz," said the bandleader, who plays

drums. Joyce described Ho and Akada as "master chefs."

A drummer known for his subtle style of playing, Joyce has shared the stage or recording studio with many lumi-

Monica, who passed away in 2014.

The music starts at 5 p.m. The coffeeshop is located at 498 Washington St. Call (831) 373-5601.

On a High Note

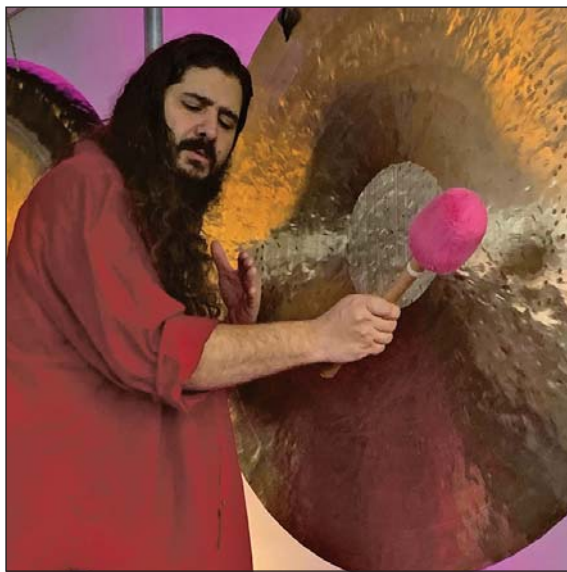
By CHRIS COUNTS

naries, including Smokey Robinson, Ramsey Lewis, Patti LaBelle, Mary Wilson and others. He also recorded and toured extensively with late blues and gospel singer Sista

■ A whale of a party

Celebrating its 10th year, Whalefest Monterey returns Saturday and Sunday, offering an assortment of family-friendly exhibits, talks, walks and activities centered around the largest of all mammals — and providing a stage for a generous array of musical acts. Presented by

See MUSIC page 24A



Singer-songwriter Amy Warren (left) takes the stage Saturday at Coopers Pub and Restaurant in Monterey. Mike Tamburo (center) will play an assortment of gongs and bells Sunday at Monterey Yoga. A jazz drummer with an impressive resume, Leon Joyce (right) brings his organ trio to East Village Coffee House in Monterey Sunday.

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XYZ Comedy featuring Emmy Blotnick
Saturday, February 8 at 8PM
Emmy has appeared on CBS' *The Late Show with Stephen Colbert*, *CONAN*, and in her own half hour special on Comedy Central. Previously, she was head writer for Comedy Central's *The President Show*.



SUNSET PRESENTS
Take 6 - Georgia On My Mind: Celebrating The Music of Ray Charles
Sunday, February 9 at 7PM
A stirring tribute featuring 10-time Grammy Award Winners and Gospel Music Hall of Famers Take 6, Clint Holmes, vocalist Nnenna Freelon, saxophonist Kirk Whalum Gospel Choir, and more!

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FOOD & WINE

Le Soufflé to replace Friar Tuck's, Get Hooked week offers local seafood

THREE CARMEL-BY-THE-SEA residents can pursue their dream of owning a restaurant serving soufflés, the planning commission decided Tuesday afternoon. Lisa and Tyler Foreman and chef Ivan Samchenko are partners in Le Soufflé, the new spot set to open on the corner of Fifth and Dolores in the former longtime location of Friar Tuck's, which closed earlier this month.

Their restaurant will have two dozen seats and will focus on sweet and savory soufflés. Lisa Foreman, who has worked in the hospitality industry since she was 16 will run the front of the house, while Samchenko, who was born in Ukraine, immigrated with his family to New York City in 1992 and studied culinary arts to become a chef after a brief career in computer science, will be in charge of the kitchen. Tyler Foreman, an entrepreneur in the tech industry, will deal with everything related to computers.

"Our menu will be finely crafted to embody a sophisticated French menu consisting of a variety of first-course

options, main course soufflés and dessert soufflés," they wrote in the business proposal they provided to the city.

What's on the menu

The restaurant will offer hors d'oeuvres like pate, gravlax, petite rack of lamb, seasonal vegan soup, chicken salad, frisée salad, and "an exquisite bouillabaisse" for \$12 to \$23, and more than a half-dozen savory soufflés that would serve as main-course options: fruits de mer with lobster sauce, potato-leek-Gruyere with boeuf Bourguignon sauce, mushroom and spinach, poached salmon with mushroom Riesling sauce, roasted cauliflower with d'Affinois triple-crème, classic Gruyere, and sausage, peppers and corn, with prices ranging from \$26 to \$43.

The five dessert soufflés would include Roquefort served with a glass of sweet Sauternes, chocolate with house-made vanilla ice cream, burnt caramel with Grand Marnier sauce, chilled lemon, and seasonal fruit, for \$14.

"Our wine list is also being thoughtfully created to focus on approximately 20 French wines all available by the glass and bottle," they continued. Local wines, as well as a couple of beers, cider, sodas and sparkling water, all from France, will be offered, too.

Their vision includes service on par with that found in fine-dining establishments, but without the formality.

"We believe the most successful small restaurants op-

Soup to Nuts

By MARY SCHLEY

erate with the owners being the face of the brand," the trio said in their proposal. "Our guests will know us and feel our passion for Le Soufflé every time they dine with us." And since the owners live here, they "already have a strong connection to this community."

The Foremans and Samchenko said they also believe their restaurant will appeal to residents and visitors alike, due to its charm and the fact soufflés are unusual to find on restaurant menus, and their wine list will be accessible.

They proposed hours of 5 to 10 p.m. Wednesday through Sunday, but since the location isn't far from homes, the planning department modified the hours to 5 to 9 p.m.

The Foremans, who moved here three years ago, said they "had a serious goal to end up in Carmel and make Lisa's dream of opening Le Soufflé a reality."

Get hooked this week

While Carmel-by-the-Sea Culinary Week began Jan. 19 and is running through Jan. 26, (more information can be found at carmelculinaryweek.com or in the Jan. 3 issue of The Pine Cone), several Monterey Peninsula restaurants are also celebrating California Restaurant Month with their 2nd annual Get Hooked restaurant week, which ends

Continues next page



Big Sur Bakery chef Eric Piacentini (left, photo by Jim Pinckney) won the people's choice award with his savory mushroom custard, mushroom-crab broth and local wild mushrooms at the Fungus Face-Off Saturday, while Coast Big Sur chef Nick Balla (above at left) got the judges' Best of Show for his curried squash soup.

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DISCUSSION TOPIC
**BEGIN WITH THE END IN MIND:
UNDERSTANDING ESTATE PLANNING**

KYLE A. KRASA, ESQ.

ABOUT THE SPEAKER
Estate planning attorney Kyle A. Krasa, Esq. is a native of the Monterey Peninsula. Mr. Krasa is certified by the State Bar of California as a Legal Specialist in Estate Planning, Trust, and Probate Law. He has his own practice in Pacific Grove: KRASA LAW, Inc.

Thursday, March 19th
12:30PM - 2:30PM

Reservations Required.
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FOOD & WINE

From previous page

Jan. 27. Fishermen and chefs are joining forces to focus on local seafood and turn more people on to the culinary delights of the Monterey Bay catch.

“To increase awareness about local seafood, Get Hooked restaurant week looks to leverage the region’s culinary prowess by bringing restaurants and fishermen together,” organizers said, with more than a dozen establishments around the Peninsula offering special dishes highlighting fish and shellfish from the area.

Participating restaurants include Grasing’s, Seventh & Dolores, Monterey Bay Aquarium, The C Restaurant + Bar, Fish Hopper, Montrio Bistro, Old Fisherman’s Grotto, Paluca Trattoria, Osteria Al Mare, Schooners Coastal Kitchen & Bar, Scales, Poppy Hall and Wild Fish.

Details can be found at gethookedmontereybay.com. In collaboration, Monterey Bay Food Tours will debut a seafood-focused tour Jan. 25 at 11 a.m. For information and to reserve, go to montereybayfoodtours.com.

Foragers winners

The Big Sur Health Center’s Foragers Fest and its headliner, the Fungus Face-Off, raised funds for the nonprofit center and crowned another set of winners in the culinary competition at the River Inn Saturday.

A panel of judges led by Wendy Brodie chose their favorite dishes, while guests voted for the People’s Choice

award. A group of wine experts and sommeliers from Knights of the Vine selected the best wines of the day, too.

“Best Use of Foraged Ingredients” went to chef Jonny Black of Sierra Mar at the Post Ranch Inn for the candy cap and porcini mushroom biscotti dipped in tea made from shitake mushrooms, toasted rice, ginger and yuzu, and the rye cracker adorned with a mushroom butterscotch, local cheese from Stepladder Creamery, and wild mushrooms.

Chef Eduardo Coronel from the Rio Grill won “Most Imaginative Dish” for his wild mushroom taco with quinoa, smoked avocado foam, lime and cilantro in a truffle-corn tortilla.

And the Judges’ Choice Best of Show went to chef Nick Balla at the new Coast Big Sur. He offered curried squash soup with wild herb za’atar and matsutake mushroom oil.

The People’s Choice was Big Sur Bakery chef Eric Piacentini’s savory mushroom custard with mushroom-crab broth, local chanterelles and black trumpet mushrooms poured over it just before serving.

The Knights chose Le Souvenir 2017 chardonnay by Paul Lato Wines for the best white, and I Brand & Family’s 2016 grenache for the best red.

Cellar sale at Morgan

The folks at Morgan Winery had so much fun during the Cellar Sale at their Salinas production facility last year that they decided to move it to the tasting room in the Crossroads this year.

On Jan. 25, shoppers should “expect a wide array of small lot, vintage wines at amazing values — \$20 to \$30 per bottle, with a 10 percent discount on case sales.” Morgan wine club members get first crack at the bounty from 11 a.m. to noon, and then the sale is open to the public until 6 p.m., “or while supplies last!” A handful of the vintage wines will be offered in the day’s tasting menu, too.

Continues next page



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	TOWER OF POWER MARCH 6 • 8:00 PM
	TAJ MAHAL QUARTET MARCH 26 • 8:00 PM

THE DOO WOP PROJECT, PRESENTED BY SBL ENTERTAINMENT
• FEBRUARY 23 • 7:00 PM

BLACK VIOLIN, PRESENTED BY SBL ENTERTAINMENT • MARCH 8 • 8:00 PM

MICHAEL W. SMITH: 35 YEARS OF FRIENDS • MARCH 22 • 8:00 PM

KATHLEEN MADIGAN: 8 O'CLOCK HAPPY HOUR APRIL 16 • 8:00 PM

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FOOD & WINE

From previous page

The sale is one day only in the Taste Morgan room at 204 Crossroads Blvd. For more information, call (831) 626-3700.

■ Mission San Antonio's Annual Cutting of the Roses

Mission San Antonio de Padua, established in 1771, will host its Annual Cutting of the Roses and Brunch Jan. 26, allowing visitors the chance to take rose cuttings from the historic grounds for their own personal gardens, in exchange for a donation to the mission. Brunch of enchiladas, eggs, rice, beans, coffee and juice will be served from 10 a.m. to noon for \$10 per person, and assorted desserts, homemade pies, wine and champagne mimosas will be available for an additional cost.

Members of the Monterey Bay Rose Society will also be there to demonstrate correct pruning techniques and offer other pointers for caring for roses.

The annual event is a major fundraiser for the mission, which is undergoing an earthquake retrofit estimated to cost \$15

million. It's located in Fort Hunter Liggett off Jolon Road at 1 Mission Road. For more information, visit missionsanantonio.net or call (831) 385-4478 ext.17.

■ Sunday Supper at Coast

Coast Big Sur, the restaurant at the Coast Gallery now run by chef Nick Balla, is starting a monthly Sunday Suppers series Jan. 26 with "a shared Central European family feast" from 5 to 7:30 p.m. Dinner will be "an assortment of homemade dips, spread, breads and salads featuring ingredients from local friends in Big Sur," and costs \$15 for adults and \$7 for children 12 and under. Drinks will be available.

To get tickets, visit Coast at 49901 Highway 1, order over the phone at (831) 667-2301, or email info@coastbigsur.com.

■ Booker comes to Grasing's

The small-lot wines created by Eric and Lisa Jensen after years working for some of the most highly regarded producers in Paso Robles will be complemented by chef/owner Kurt Grasing's cuisine during a dinner at his restaurant Jan. 28 at 6 p.m.

The eclectic and interesting lineup produced by Booker will be introduced and discussed by the winery's consumer relations director, Glenn Mitton.

The menu is set to feature rabbit tostada with 2018 rosé, watermelon gazpacho with 2017 white Rhône blend, squid ink linguine with 2017 "Ripper" grenache, roasted filet mignon with 2016 "Vertigo" GSM red Rhône blend, lamb with 2017 "Fracture" syrah, and rosewater Turkish Delight with 2017 tempranillo. Dinner costs \$145

per person, including tax and tip, and registration can be completed at <https://form.jotform.com/200067724319149>.

For more information, call wine director Chris Edmonds at (831) 624-6562 or email chris@grasings.com. Grasing's is located at Sixth and Mission. Next month, the wines of Williams Selyem will be featured during a dinner Feb. 25.

■ Spanish vino at Stave

Stave Wine Cellar at the Inn at Spanish Bay is continuing its classes for wine enthusiasts this year, with a tasting of "Spanish vino" planned for Wednesday, Jan. 29, at 6 p.m. "Spanish wines from tempranillo and garnacha have seen a huge popularity surge in recent history," sommelier Jeff Birkemeier said. "Join us to discover more

of the wondrous wines of Spain!"

The tasting costs \$25 plus tax. Visit pebblebeach.com/dining/stave-wine-cellar for more information.

■ Other Brother at Poppy

Poppy Hall at 589 Lighthouse Ave. in Pacific Grove is hosting the new Seaside brewery, Other Brother Beer, for its inaugural Tap Takeover Jan. 26, starting with a meet and greet at 5:30 p.m., and then a four-course family-style dinner at 6. Each course will be paired with a different Other Brother beer, and Ron Mendoza's Ad Astra, the bakery located in Other Brother's space on Broadway, will provide the bread.

The cost is \$60 per person, plus tax and tip, and reservations can be made at poppyhallpg.com.



The historic Mission San Antonio will welcome visitors to take clippings of roses from its gardens and savor a brunch of enchiladas and other delights during a fundraiser Sunday.

Horszowski Trio

Use promo code **PINECONES5** for \$5 off single tickets

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ChamberMusicMontereyBay.org

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MUSIC

From page 20A

the Fisherman's Wharf Association, the event is free. The performers span the spectrum from reggae and rock (like **Jonah & The Whale Watchers** and **Klevr**), to blues and jazz (like guitarist **Stu Heydon** and **The Kuumbwa Jazz Honor Band**). The lineup also includes student ensembles from Monterey High and Stevenson schools. The festival is spread out across several downtown sites, including Custom House

Plaza, Old Fisherman's Wharf, Monterey State Historic Park and the Monterey Conference Center.

■ Bang a gong

Offering something just a little bit different, **Mike Tamburo** will play a variety of instruments made of metal — including gongs, bells and a hammered dulcimer — when he performs Sunday at Monterey Yoga.

As a solo artist or a member of the duo, Crown of Eternity, Tamburo has played on dozens of albums over the past two decades, "performing and recording ecstatic

and transcendental music as well as folk, ambient and sometimes unclassifiable sounds." He describes the music as "uplifting" "sonically multi-dimensional" and "life-affirming."

The concert begins at 5 p.m. Tickets start at \$25. Monterey Yoga is located at 2 Portola Plaza.

■ Boz is back

Tickets go on sale Friday at 9:30 a.m. for two shows at Sunset Center by singer-songwriter **Boz Scaggs** May 19-20. He's remembered for his Grammy Award-winning 1976 album, "Silk Degrees," and its hit singles, "Lowdown" and "Lido Shuffle."

Tickets are \$97 to \$137. The box office is located at San Carlos and Ninth. Call (831) 620-2048.

■ Live music Jan. 24-30

Barmel — **The Aaron Hipschman Trio** (jazz, Friday at 7 p.m.); and **The Levi Jack Band** (rock, Saturday at 7 p.m.). In Carmel Square at San Carlos and Seventh.

Carmel Craft Brewing Company — **Klevr** (rock, Friday at 6 p.m.). In The Barnyard shopping center, (831) 776-3379. **Coopers Pub & Restaurant** in Monterey — **The Chuck & Kyle Show** (Americana, Friday at 9 p.m.); and singer-songwriter **Amy Warren** (Saturday at 9 p.m.). 653 Cannery Row, (831) 373-1353.

Crossroads BBQ — singer and pianist **Tom Lawson** (blues, Friday at 6 p.m.). In The Crossroads shopping center.

Embassy Suites in Seaside — singer **Lee Durley**, flutist **Kenny Stahl**, pianist **Ben Spencer**, bassist **Peter Lips** and drummer **Jim Vanderzwaan** will perform at the free monthly jazz jam (Sunday at 1 p.m., in the dining room). 1441 Canyon del Rey Blvd., (831) 393-1115.

Folktale Winery in Carmel Valley —

singer-songwriter **Mike Annuzzi** (Friday at 5 p.m.); singer-songwriter **John Paul Hodge** (Saturday at 5 p.m.); and guitarist **John Sherry** (rock and blues, Sunday at noon). 8940 Carmel Valley Road.

The Inn at Spanish Bay in Pebble Beach — **The Jazz Trio** (jazz, in the lobby, Friday and Saturday at 7 p.m.); and **The Dottie Dodgion Trio** (jazz, Thursday at 7 p.m.); also, a bagpiper plays every evening at sunset. 2700 17 Mile Drive.

Mission Ranch — singer and pianist **Maddaline Edstrom** (jazz and pop, Friday, Saturday and Sunday at 5 p.m.); singer and pianist **David Kempton** (jazz, Monday through Thursday at 5 p.m.); and pianist **Gennady Loktionov** (jazz, Sunday at 10 a.m., Monday through Thursday at 8 p.m.). 26270 Dolores St., (831) 625-9040.

Pierce Ranch Vineyards in Monterey — **The Carolyn Sills Combo** ("Spaghetti Western swing," Saturday at 8 p.m.). 899 Wave St., (831) 372-8900.

Sunset Lounge at Hyatt Carmel Highlands — singer **Neal Banks** (pop and rock, Friday at 7 p.m.); and singer and pianist **Dino Vera** (jazz, blues and r&b, Saturday at 7 p.m. and Thursday at 6 p.m.). 120 Highlands Drive, (831) 620-1234.

Terry's Lounge at Cypress Inn — singer and pianist **Dino Vera** (jazz, blues and r&b, Friday at 7 p.m.); pianist **Gennady Loktionov** and singer **Debbie Davis** (cabaret, Saturday at 7 p.m.); **Andrea's Fault** (jazz and blues, Sunday at 11 a.m.); guitarist **Richard Devinck** (classical, Sunday at 6 p.m.); and singer **Lee Durley** and pianist **Joe Indence** (jazz, Thursday at 6 p.m.). Lincoln and Seventh, (831) 624-3871.

The Trailside Cafe in Carmel Valley — singer-songwriter **Kiki Wow** (Friday at 6 p.m.). 3 Del Fino Place, (831) 298-7453.

Wild Fish restaurant in Pacific Grove — guitarist **Darrin Michell** and multi-instrumentalist **Craig Jardstrom** (jazz, Friday at 6:30 p.m.). 545 Lighthouse Ave., (831) 373-8523.

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Jan. 29 - Aspire Health Plan Presents: Blue Zones Purpose Workshop. Join us for a life-changing workshop, 11 a.m. to 1 p.m. at Salinas City Center, 1 Main St., Salinas. People with purpose are happier, more successful, and they live longer. This interactive workshop is a fun, enlightening way to find your purpose. Free. Please register so we can know how many people to expect. RSVP to (877) 663-7651, or www.aspirehealthplan.org/connections2020

Feb. 3 - "Simply phenomenal" are the words most used by music critics when describing the voice of internationally acclaimed opera diva Leberta Loral. Accompanied by pianist Pauline Troia, Ms. Loral will perform at the Carmel Woman's Club at 2 p.m. Monday. In a nod to St. Valentine, the two artists' repertoire will fill the air with favorite songs of love and romance. In keeping with the spirit of the day, Cupid himself will have a special gift for all. A coffee/tea reception follows the program. Members, free; guests \$10. (831) 624-2866 or 915-8184

Feb. 6 - Oncologist Dr. John Hausdorff will be discussing "What If the Cancer Comes Back?" on Thursday, February 6th, 2020, 5:00pm, Peninsula Room, Shoreline Church, 2500 Garden Road, in Monterey. For information contact the Prostate Cancer Self-Help Group of the Central Coast at (831) 915-6466.

Jan. 24 - Ocean's Edge opening reception: Stanford University educator and California painter Michael Azgour will premier eight new paintings (see image above), 6 to 8 p.m. at Gallery MAR Carmel, Dolores between Ocean and 7th. Painting demonstration and discussion Friday, Jan. 24. Both events free & open to the public. GalleryMARCarmel.com / (831) 624-2000

Jan. 25 - Fisherman's Wharf Association's 10th Annual Whalefest Monterey on Saturday and Sunday, Jan. 25-26, 10 a.m. to 5 p.m. This free, fun and educational event for all ages includes a 2-day Symposium, activities, live music and interactive displays by national marine organizations that help protect the Monterey Bay National Marine Sanctuary. www.montereywharf.com

Jan. 27 - Dream It - Do It! Spring Travel Planning: Travel talk to inspire you to dream, research, and begin plans for the year. Free program hosted by the Monterey Hostel Society. Locals and visitors of all ages welcome. Program 7 p.m. at Monterey HI Hostel, 778 Hawthorne at Irving, New Monterey. For program call (831) 649 0375.

Jan. 30 - "Carmel-by-the-Sea - 25 Years On," panel discussion, 5 p.m. in Carpenter Hall at Sunset Center. Audience members are invited to bring written questions for the panelists, or mail them to: CRA, Box 13, Carmel, CA 93921. The program, sponsored by the Carmel Residents Association, is free and open to the public. Wine will be served.

Jan. 31 - Aspire Health Plan Presents:

To advertise, email anne@carmelpinecone.com \$0.50 per word (\$25 min. charge) • Add a photo for your event for only \$25

PUBLIC NOTICES

NOTICE IS HEREBY GIVEN that on Tuesday, February 4, 2020 on or after the hour of 4:30 p.m., the City Council of the City of Carmel-by-the-Sea will hold a Public Hearing in the Council Chambers located on the east side of Monte Verde Street between Ocean and Seventh Avenues, Carmel-by-the-Sea, California for the following purpose:

Proposed Action: Consideration of an Appeal (APP 19-251) of the denial of a Transient Rental Business License Application for an existing condominium and a Use Permit Amendment (UP 19-411) to allow for the operation of a Transient (Short Term) Rental located on Dolores, 3 SE of 7th in the Service Commercial (SC) Zoning District.

Parcel Description: 010-411-003

Environmental Status: Pursuant to Section 15270 (Projects Which Are Disapproved) of the California Environmental Quality Act (CEQA), CEQA does not apply to projects which a public agency rejects or disapproves.

All interested persons are invited to appear at the time and place specified above to give oral or written testimony concerning this matter. Written comments may be submitted to the City Clerk at City Hall located on the east side of Monte Verde Street between Ocean and Seventh Avenues, Carmel-by-the-Sea, California, 93921 or P.O. Box CC, Carmel-by-the-Sea, California, 93921 or by email cityclerk@ci.carmel.ca.us prior to the meeting.

The staff report and relevant documents will be available at least 72 hours in advance of the meeting at the City Clerk's Office, and on the City's website at <http://www.ci.carmel.ca.us>. The Council meeting will be televised live on the City's website and archived there after the meeting. For more information regarding City Council meetings, please contact the City Clerk's office at (831) 620-2016.

Britt Avrit, MMC, City Clerk

Please direct questions about this item to:
Evan Kort, Assistant Planner
Community Planning and Building Department
ekort@carmel.ca.us, or 831-620-2023

Publish Date: 1/24/20 - The Pine Cone

PUBLIC NOTICES

T.S. No.: 201-018749 Title Order No. 05940066 APN: 173-074-046-000 NOTICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED 注: 本文件包含一个信息摘要 참고사항: 본 첨부 문서에 정보 요약서가 있습니다. NOTE: SE ADJUNTA UN RESUMEN DE LA INFORMACION DE ESTE DOCUMENTO DE LA MAYORING BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP LUU Y: KEM THEO DAY LA BAN TRINH BAY TOM LUOC VE THONG TIN TRONG TAI LIU NAY (PURSUANT TO CIVIL CODE § 2923.3(a)) THE SUMMARY OF INFORMATION REFERRED TO ABOVE IS NOT ATTACHED TO THE RECORDED OR PUBLISHED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTEE IN DEFAULT OF YOU. UNDER A DEED OF TRUST DATED 11/6/2015, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale of the Trustor's interest will be made to the highest bidder for lawful money of the United States, payable at the time of sale in cash, cashier's check drawn on a state or national bank, cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: DONNA AMADEO, A MARRIED WOMAN AS HER SOLE AND SEPARATE PROPERTY Duly Appointed Trustee: PLM LOAN MANAGEMENT SERVICES, INC. Recorded 2/12/2016, as Instrument No. 2016007458, of Official Records in the office of the Recorder of Monterey County, California, Date of Sale: 2/18/2020 at 10:00 AM Place of Sale: At the main entrance to the County Administration Building, 168 W. Alisal Street, Salinas, CA 93901 Amount of unpaid balance and other charges: \$458,311.30 (estimated as of the first publication date) PROPERTY MAY NOT HAVE A COMMON ADDRESS; FOR DIRECTIONS TO THE PROPERTY, PLEASE SUBMIT A WRITTEN REQUEST WITHIN TEN DAYS OF THE INITIAL PUBLICATION TO: JOSEPH G. LAPHAM AND MAE L. LAPHAM C/O PLM LOAN MANAGEMENT SERVICES INC., 46 N. 2ND ST., CAMPBELL, CA 95008 All that certain real property situated in the County of Monterey, State of California, described as follows: PARCEL I: Lot 120, of Tract No. 1307, Rancho Monterey recorded November 4, 1998 as per map filed for record in Volume 20, at Page 7 of Cities and Towns, Records of said Monterey County. Said map was amended by that certain Certificate of Correction recorded April 21, 2000 in Series 2000025164, Official Records. EXCEPTING THEREFROM, easements and rights as reserved to PRM Holdings, LLC, a Delaware Limited Liability Company, New Cities Land Company, Inc., a California Corporation, Bates Properties, Inc., a California Corporation, and deRegi Development, Inc., a California Corporation, as Tenants in Common pursuant to the terms and conditions set forth in that certain Mirador Co-Tenancy Agreement, dated as of July 15, 1999 (the "Mirador Co-Tenancy") as Declarant and Owner in the Declaration and in the Easement Declaration, recorded August 9, 1999 as Document No. 9960149 and re-recorded October 1, 1999 as Document No. 9973045 and recorded August 9, 1999 as Document No. 9960148 and re-recorded October 1, 1999 as Document No. 9973044, as modified by Supplementary Agreement recorded February 6, 1999 as Instrument No. 9989647 including, without limitation the reservation of oil, gas and mineral rights, easements for community antenna television system, construction, display, maintenance, sale and exhibit purposes, drainage, and ingress and egress. As provided in the Declaration, the reservation for oil, gas and mineral rights did not reserve to the benefit of the Mirador Co-Tenancy any right to enter upon the surface of the property conveyed hereby in the exercise of such rights. PARCEL II: Easements appurtenant to Parcel I above pursuant to Section 9.3 entitled "Easements For Owners", and 9.5 "Support, Settlement, and Encroachment," of the Declaration of Covenants, Conditions, and Restrictions recorded August 9, 1999 as Instrument No. 9960149 and recorded October 1, 1999 as Series No. 9973045 of the Official Records of said County. ("The Declaration"). PARCEL III: Easements as described in the Declaration of Establishment of Easements recorded on August 9, 1999 as Instrument No. 9960148 and re-recorded October 1, 1999 as Series No. 9973044 of the Official Records of said County (the "Easement Declaration"), for drainage through and across Drainage Improvements within the Drainage Easement Areas within those portions of Parcels G, I, J, K, L, M, N, O, and P of said Tract No. 1307 described in the Supplementary Declaration that are contiguous to the real property conveyed hereby, as such easements are more particularly described in the Easement Declaration, as modified by said Supplementary Agreement. A.P.N.: 173-074-046-000 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. The property heretofore described is being sold "as is". If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. The following statements: NOTICE TO POTENTIAL BIDDERS and NOTICE TO PROPERTY OWNER are statutory notices for all one to four single family residences and a courtesy notice for all other types of properties. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consist either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Web site <http://www.nationwideposting.com/>, using the file number assigned to this case 201-018749. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 1/20/2020 PM LOAN MANAGEMENT SERVICES, INC. as Trustee Phone: 408-370-4030 46 N. Second Street Campbell, California 95008 Elizabeth Godbey, Vice President PLM LOAN MANAGEMENT SERVICES, INC. IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NPPP0366602 TO: CARMEL PINE CONE 01/24/2020, 01/31/2020, 02/07/2020

Publication dates: Jan. 24, 31, Feb. 7, 2020. (PC124)

PUBLIC NOTICES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20192641
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **BLUE FOX CELLARS IN THE VALLEY, 415 Casa Verde Way #8, Monterey, California 93940.**
County of Principal Place of Business: Monterey.
Name of Corporation of as shown in the Articles of Inc./Org./Reg.: DRJCHAR DONNAY, INC., 415 Casa Verde Way #8, Monterey, California 93940.
State of Inc./Org./Reg.: CA
This business is conducted by a corporation.
The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 2020.
S/ Jay Keller, President
Dec. 20, 2019

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars. **I am also aware that all information on this statement becomes public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**
This statement was filed with the County Clerk of Monterey County on Dec. 20, 2019.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
Publication dates: Jan. 3, 10, 17, 24, 2020. (PC101)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20192643
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **ALCHEMIST HAIR STUDIO, 421 Alvarado Street, Monterey, California 93940.**
County of Principal Place of Business: Monterey.
Registered Owner(s):
NICOLE SEIDEL, 275 Monroe Street, Monterey, California 93940
JENNIFER RAWLS-GLOVER, 773 Alice Street, Monterey, California 93940.
This business is conducted by a general partnership.
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.
S/ Jennifer Rawls-Glover
BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) **I am also aware that all information on this statement becomes public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**
This statement was filed with the County Clerk of Monterey County on Dec. 20, 2019.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
Publication dates: Jan. 3, 10, 17, 24, 2020. (PC102)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20192643
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **ALCHEMIST HAIR STUDIO, 421 Alvarado Street, Monterey, California 93940.**
County of Principal Place of Business: Monterey.
Registered Owner(s):
NICOLE SEIDEL, 275 Monroe Street, Monterey, California 93940
JENNIFER RAWLS-GLOVER, 773 Alice Street, Monterey, California 93940.
This business is conducted by a general partnership.
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.
S/ Jennifer Rawls-Glover
BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) **I am also aware that all information on this statement becomes public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**
This statement was filed with the County Clerk of Monterey County on Dec. 20, 2019.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
Publication dates: Jan. 3, 10, 17, 24, 2020. (PC102)

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
Publication dates: Jan. 3, 10, 17, 24, 2020. (PC102)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20192632
The following person(s) is(are) doing business as: **Belle Camicie, 56B 5th St Lot 1 #G, Carmel, CA 93921,** County of Monterey
Registered Owner(s):
Adam Knott, 56B 5th St Lot 1 #G, Carmel, CA 93921
This business is conducted by an Individual
Registrant commenced to transact business under the fictitious business name listed above on N/A.
S/ Adam Knott
This statement was filed with the County Clerk of Monterey County on December 18, 2019
1/3, 1/10, 1/17, 1/24/20
CNS-3323950#
CARMEL PINE CONE
Publication dates: Jan. 3, 10, 17, 24, 2020. (PC103)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20192677
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **CARMEL CAPITAL GROUP, 2 NE of Santa Rita on 2nd Ave., Carmel, CA 93921.**
Mailing address: P.O. Box 953, Carmel, CA 93921.
Publication dates: Jan. 3, 10, 17, 24, 2020. (PC103)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20192677
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **CARMEL CAPITAL GROUP, 2 NE of Santa Rita on 2nd Ave., Carmel, CA 93921.**
Mailing address: P.O. Box 953, Carmel, CA 93921.
Publication dates: Jan. 3, 10, 17, 24, 2020. (PC103)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20192677
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **CARMEL CAPITAL GROUP, 2 NE of Santa Rita on 2nd Ave., Carmel, CA 93921.**
Mailing address: P.O. Box 953, Carmel, CA 93921.
Publication dates: Jan. 3, 10, 17, 24, 2020. (PC103)

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Publication dates: Jan. 3, 10, 17, 24, 2020. (PC103)

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Mailing address: P.O. Box 953, Carmel, CA 93921.
Publication dates: Jan. 3, 10, 17, 24, 2020. (PC103)

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Mailing address: P.O. Box 953, Carmel, CA 93921.
Publication dates: Jan. 3, 10, 17, 24, 2020. (PC103)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20192677
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **CARMEL CAPITAL GROUP, 2 NE of Santa Rita on 2nd Ave., Carmel, CA 93921.**
Mailing address: P.O. Box 953, Carmel, CA 93921.
Publication dates: Jan. 3, 10, 17, 24, 2020. (PC103)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20192677
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **CARMEL CAPITAL GROUP, 2 NE of Santa Rita on 2nd Ave., Carmel, CA 93921.**
Mailing address: P.O. Box 953, Carmel, CA 93921.
Publication dates: Jan. 3, 10, 17, 24, 2020. (PC103)

FICTITIOUS BUSINESS NAME STATEMENT

County of Principal Place of Business: MONTEREY.
Registered Owner(s):
JOE VILLARREAL, 2 NE of Santa Rita on 2nd Ave., Carmel, CA 93923.
This business is conducted by an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 31, 2019.
S/ Joe Villarreal
Dec. 31, 2019

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) **I am also aware that all information on this statement becomes a public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**
This statement was filed with the County Clerk of Monterey County on Dec. 31, 2019.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
Publication dates: Jan. 10, 17, 24, 31, 2020. (PC106)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20192627
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **CARMEL MEDICAL SUPPLIES, 243 Crossroads Blvd, Unit A240, Carmel, CA 93923.**
Mailing address: 326 Ardennes Cir., Seaside, CA 93955.
County of Principal Place of Business: Monterey.
Registered Owner(s):
JOANATHAN LEE, 326 Ardennes Cir., Seaside, CA 93955.
This business is conducted by an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 31, 2019.
S/ Jonathan Lee
Dec. 17, 2019

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) **I am also aware that all information on this statement becomes a public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**
This statement was filed with the County Clerk of Monterey County on Dec. 17, 2019.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
Publication dates: Jan. 10, 17, 24, 31, 2020. (PC108)

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
Publication dates: Jan. 10, 17, 24, 31, 2020. (PC108)

SUMMONS - FAMILY LAW

CASE NUMBER: 19FL001252
NOTICE TO RESPONDENT:
LUIS A. R. RODRIGUEZ
You are being sued.
PETITIONER'S NAME IS:
MARTHA A. I. BARBA

You have **30 CALENDAR DAYS** after this *Summons and Petition* are served on you to file a *Response* (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you.

If you do not file your *Response* on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs.

For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org), or by contacting your local county bar association.

NOTICE - THE RESTRAINING ORDERS ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

FEE WAIVER: If you cannot pay the

County of Principal Place of Business: MONTEREY.
Registered Owner(s):
RONALD D. LANCE
11 W. Laurel Dr., # 215
Salinas, CA 93906
(831) 443-6509
Lic: LDA #5 of Monterey County
MARTHA A. I. BARBA
10600 Eagle Drive, Salinas, CA 93905
5950045
This summons was filed with the County Clerk of Monterey County on Dec. 4, 2019.
Publication Dates: Jan. 10, 17, 24, 31, 2020. (PC109)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20200031
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **ACME PLUMBING, 40 Clark Street #F, Salinas, CA 93901.**
Mailing address: P.O. Box 6204, Salinas, CA 93912.
County of Principal Place of Business: Monterey.
Name of Corporation of as shown in the Articles of Inc./Org./Reg.: E & D INDUSTRIAL TRADES, INC., 40 Clark Street #F, Salinas, CA 93901.
State of Inc./Org./Reg.: CA
This business is conducted by a corporation.
The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 2020.
S/ Deborah Anne Mendoza, Vice President
Jan. 6, 2020

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) **I am also aware that all information on this statement becomes public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**
This statement was filed with the County Clerk of Monterey County on Jan. 6, 2020.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
Publication dates: Jan. 10, 17, 24, 31, 2020. (PC111)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20200031
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **ACME PLUMBING, 40 Clark Street #F, Salinas, CA 93901.**
Mailing address: P.O. Box 6204, Salinas, CA 93912.
County of Principal Place of Business: Monterey.
Name of Corporation of as shown in the Articles of Inc./Org./Reg.: E & D INDUSTRIAL TRADES, INC., 40 Clark Street #F, Salinas, CA 93901.
State of Inc./Org./Reg.: CA
This business is conducted by a corporation.
The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 2020.
S/ Deborah Anne Mendoza, Vice President
Jan. 6, 2020

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) **I am also aware that all information on this statement becomes public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**
This statement was filed with the County Clerk of Monterey County on Jan. 6, 2020.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
Publication dates: Jan. 10, 17, 24, 31, 2020. (PC111)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20200017
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **CENTRAL COAST STUDIO, 302 Santa Lucia, Carmel, CA 93923.**
County of Principal Place of Business: MONTEREY.
Registered Owner(s):
AUSTIN MICHAEL ROBERTSON, 3024 Santa Lucia, Carmel, CA 93923.
This business is conducted by an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.
S/ Austin Michael Robertson
Jan. 13, 2020

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) **I am also aware that all information on this statement becomes a public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**
This statement was filed with the County Clerk of Monterey County on Jan. 13, 2020.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
Publication dates: Jan. 17, 24, 31, Feb. 7, 2020. (PC115)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20200107
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **CENTRAL COAST STUDIO, 302 Santa Lucia, Carmel, CA 93923.**
County of Principal Place of Business: MONTEREY.
Registered Owner(s):
AUSTIN MICHAEL ROBERTSON, 3024 Santa Lucia, Carmel, CA 93923.
This business is conducted by an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.
S/ Austin Michael Robertson
Jan. 13, 2020

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) **I am also aware that all information on this statement becomes a public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**
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Publication dates: Jan. 17, 24, 31, Feb. 7, 2020. (PC116)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20192675
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **LIFE'S LITTLE SCRIBBLES, 23725 Determine Ln., Monterey, CA 93940.**
County of Principal Place of Business: MONTEREY.
Registered Owner(s):
ELISA MARIE OLIVERA, 23725 Determine Ln., Monterey, CA 93940.
This business is conducted by an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 31, 2019.
S/Elisa Marie Olivera

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) **I am also aware that all information on this statement becomes a public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**
This statement was filed with the County Clerk of Monterey County on Dec. 31, 2019.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
Publication dates: Jan. 17, 24, 31, Feb. 7, 2020. (PC116)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20200057
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **ERVPRO OF MARINA/ NORTH SALINAS, 8 Harris Court, Suite E5, Monterey, CA 93940.**
County of Principal Place of Business: Monterey.
Name of Corporation of as shown in the Articles of Inc./Org./Reg.: MONTEREY PENINSULA RESTORATION LLC, 8 Harris Court, Suite E5, Monterey, CA 93940.
State of Inc./Org./Reg.: CA
This business is conducted by a limited liability company.
The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 27, 2019.
S/ Steven F. Carrillo, President
Jan. 8, 2020

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) **I am also aware that all information on this statement becomes public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**
This statement was filed with the County Clerk of Monterey County on Jan. 8, 2020.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20200134
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **DOUBLE TAKE, 472 Lighthouse Ave., Pacific Grove, CA 93950.**
County of Principal Place of Business: MONTEREY.
Registered Owner(s):
DAVID MICHAEL ANTHONY, 472 Lighthouse Ave., Pacific Grove, CA 93950.
JANNELL RAE ANTHONY, 472 Lighthouse Ave., Pacific Grove, CA 93950.
This business is conducted by a married couple.
The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 12, 2020.
S/ David Michael Anthony
Jan. 15, 2020

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) **I am also aware that all information on this statement becomes a public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**
This statement was filed with the County Clerk of Monterey County on Dec. 31, 2019.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
Publication dates: Jan. 17, 24, 31, Feb. 7, 2020. (PC114)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20200116
Filing type: ORIGINAL FILING
The following person(s) is(are) doing business as: **SALINAS VALLEY SPEECH THERAPY, 22304 Davenrich Street, Salinas, CA 93908.**
County of Principal Place of Business: MONTEREY.
Registered Owner(s):
KRISTY ELIZABETH FLYNN, 22304 Davenrich Street, Salinas, CA 93908.
This business is conducted by an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 2020.
S/ Kristy Elizabeth Flynn
Jan. 14, 2020

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) **I am also aware that all information on this statement becomes a public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**
This statement was filed with the County Clerk of Monterey County on Jan. 14, 2020.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
Publication dates: Jan. 17, 24, 31, Feb. 7, 2020. (PC115)

Dear post-millennial whippersnappers: Grandpa was pretty cool

INDULGE US for a few minutes while we beat a deadline with a few years to spare. We're writing a letter today to the unborn grandchildren of J.T. Byrne, who is still only a junior at Carmel High at this writing ... but he's somebody they really should know more about when they are old enough to read this.

You grandpa was something special, kids. He might not tell you everything ... he's no braggart. Plus, if he shares the full story, you'll probably roll your eyes in disbelief.

A few nights ago, he scored 47 points in a high school basketball game against Monterey, and also grabbed 15 rebounds to lead his team to an 85-64 victory. He made 19 of the 29 shots he attempted, plus nine of his 12 free throws.

In Monterey County, that was the eighth-highest point total of all time, according to a California database that dates back to 1906.

Best of the best

The top 3-point totals in county history belong to Mark Haddan (currently the head basketball coach at Everett Alvarez High in Salinas), who was a 6-foot senior guard at Alisal High when he scored 53 against Watsonville on Dec. 17, 1971, 55 against Seaside on Jan. 18 of the same season, then 65 — again against Watsonville — 11 days later.

Haddan's three eruptions bested the previous country records, which were set the previous season by Seaside's James Simmons, who scored 51 against North Salinas, and

Monterey's Nate Carroll, who put up 52 against Alisal.

The only others who scored more than Grandpa J.T. were Pacific Grove's Matt Da Silva (50 vs. Gonzales in 1993) and Donnell Harris of North Salinas (48 vs. Seaside in 1994).

We can't tell you how many minutes any of those players were on the court for their big nights, but your gramps came out of his Jan. 14, 2020, game at Monterey with 3 minutes, 38 seconds left on the clock — time for him to score another 6 points (and maybe more) at the rate he was going. Just sayin'.

Which leads us to something else you should understand about your grandpa: He was just doing his thing that night — trying to help his team win for the 14th time in 16 outings this season. He wasn't hungry for a headline or any other personal glory. He's not the type.

"He wasn't disappointed to come out of the game — he doesn't think about that stuff," said his coach, Kurt Grahl. "He and I are very similar in the sense that we just want to get a win. We're not out there to pursue any kind of personal stuff."

Equally satisfied with watching the final three-and-one-half minutes from Carmel's bench was Kai Lee, the Padres' stellar shooting guard, who exited with 12 points, 13 rebounds, and nine assists — one assist short of basketball's coveted "triple-double" — despite sitting out the entire second quarter with foul trouble.

So, how special is a 40-point game at the high school

level? Well, it happens, but not often. Monterey coach Greg Daniels said afterward that he hadn't seen another one in 20 years of coaching. So, there's that.

From Carmel to Harvard

But the previous single-game scoring record at Carmel High — 40 points — was set by John Stivers on Jan. 29, 2016, against King City, when he made 15 field goals, hit all 10 of his free throws, and grabbed 21 rebounds. Stivers went on to play football at Harvard University, where he just finished his senior year as a tight end for the Crimson.

Just for fun, we'll also tell you that Haddon, the county record holder, played 74 games for Fresno State (1974-

Peninsula Sports

By DENNIS TAYLOR

78), where he averaged 6.4 points per game (8.1, with 3.3 assists, in 26 games as a senior). Nate Carroll (52 points) averaged 10.3 points for St. Mary's. Donnell Harris (48 points), who was 6-foot-11, started 11 of 33 games, averaging 5.9 points and 5.8 rebounds, as a junior on Arizona's 1997 NCAA title team, then played pro basketball in France.

And here are just a few of the California players who scored 47 points in a game during their high school years.

■ Earl Battey did it for Jordan High in Los Angeles in 1953 — his senior season. Two years later, he was the starting catcher for the Chicago White Sox, the beginning of a 12-year major league career during which he won three Gold Glove Awards and played in four all-star games for the White Sox, Senators and Twins.

■ Bill Kilmer scored 47 for Citrus High in 1957, then played quarterback for UCLA, the 49ers (six seasons), the Saints, and the Redskins.

■ Gary Radunich did it in 1968 for Branham High, where he was a high school All-American. He played collegiately at BYU and UNLV, then shortened his last name to "Radnich" and became a big-time sports-talk host for 24 years at KNBR Radio in San Francisco.

■ Harold Miner scored 47 for Inglewood High in 1988, went on to star at USC, then played 200 games in the NBA for Miami and Cleveland. Miner, who was nick-

See **SPORTS** next page



Padres hoopster (and football and baseball player) J.T. Byrnes' 47-point stunner against Monterey last week was just one of a growing number of athletic achievements — and he's still got a year to play.

PHOTO/KERRY BELSER

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SPORTS

From previous page

named "Baby Jordan," also won the league's Slam Dunk Contest twice.

■ Cody Kessler scored 47 in 2010 state tournament game for Centennial High. He went on to play quarterback at USC, and just finished his fifth season in the NFL with the New England Patriots. He also has played for Cleveland, Jacksonville and Philadelphia.

FYI, all-time single-game scoring record for a California High school player is 102 points, set Feb. 11, 2003, at Armenian Mesrobian School in Pico Rivera by Tigran Grigorian. He was never offered a recruiting visit by a college scout, and never played again after graduating, other than intramural and recreation league basketball.

The crystal ball

All of which makes us wonder what might lie ahead at this point — the year 2020 — for your grandpa, J.T. Byrne. He's a 6-foot-6 stallion of a kid who may or may not be done growing. If he sprouts another 2 or 3 inches before he graduates next year, he's got a great shot of playing college basketball, maybe even at the Division I level. If he doesn't grow, his odds are a bit longer. Most college players who play forward are much taller.

But his 47-point burst is likely to attract the attention of recruiters, said Grahl, who, before coming to Carmel, coached a player named Zach Nelson, who scored 56 points one night for Yuba City High.

"When Zach did that, the Division 2 schools that were recruiting him were suddenly out of the picture, because four or five D1 schools moved in," Grahl remembered. "Utah Valley, a D1 university, sent a coach all the way to Yuba City to watch him, and they gave him a full-ride scholarship."

But playing college basketball is only one possibility for your gramps. The plot thickens as we consider that J.T. Byrne also was an All-Gabilan Division tight end this year in football (he also was a stud linebacker and filled in at quarterback) — and an All-Mission Division as an infielder in baseball, which, we're told, might be his preferred sport.

So, there you go, whippersnappers. Grandpa J.T. was the real deal at Carmel High, way back in aught-20. Quit hiding his teeth, stop whining that his TV is too loud, and start paying attention to his stories. Your gramps had game.

Looking ahead (Jan. 24-30)

Boys basketball — Monday: Carmel at Alvarez (7 p.m.); Stevenson at Monte Vista Christian (7 p.m.). Thursday: Pacific Grove at Carmel (7 p.m.); Stevenson at Seaside (7 p.m.).

Girls basketball — Friday: King City at Carmel (7 p.m.); Stevenson at Soledad (7 p.m.); Santa Catalina at Rancho San Juan (5:30 p.m.). Monday: St. Francis Catholic at Carmel (7 p.m.); Pacific Grove at Stevenson (7 p.m.). Wednesday: Monterey at Santa Catalina (6 p.m.). Thursday: Carmel at Pacific Grove (7 p.m.); Stevenson at King City (7 p.m.).

Boys soccer — Friday: Palma at Carmel (3:30 p.m.); Seaside at Stevenson (4 p.m.). Tuesday: Carmel at Gonzales (5:45 p.m.). Wednesday: Stevenson vs. Pacific Collegiate at Santa Cruz High School (4 p.m.). Thursday: Carmel at Greenfield (5:45 p.m.).

Girls soccer — Friday: Pacific Grove at Santa Catalina (3 p.m.); Carmel at Soledad (5:45 p.m.). Monday: Pacific Grove at Stevenson (3:30 p.m.). Tuesday: Seaside at Carmel (3:30 p.m.). Wednesday: Stevenson at Rancho San Juan (3:30 p.m.). Thursday: Greenfield at Carmel (3:30 p.m.).

Wrestling — Saturday: Carmel at Overfelt tournament (9 a.m.).

Dennis Taylor is a freelance writer in Monterey County. Contact him at scribelaureate@gmail.com.

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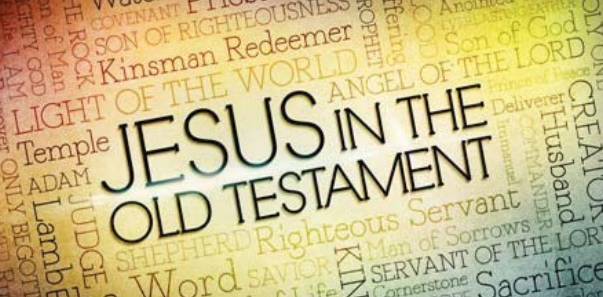
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Editorial

The wisdom of two Georges

WHEN YOU first hear that “at promise” is the new catchphrase you’re supposed to use instead of “at risk,” which itself replaced “juvenile delinquent,” it’s hard not to laugh, because the very words sound so ridiculous. Same thing with “justice-involved person” as the new way to describe a convicted felon.

However, the use of catchphrases to disguise uncomfortable truths isn’t really funny. Sure, it’s harmless that we all say “bathroom” when referring to the place where the toilet is, there’s probably no harm in calling the dump the landfill (or even the “environmental park”), and everybody knows what’s really meant when someone says, “previously owned vehicle.”

But as George Orwell explained in his 1946 essay, “Politics and the English Language,” euphemisms can also be the enemy of truth because politicians frequently use them to lie (“collateral damage” instead of “the innocent people we killed just because they happened to be there” or “enhanced interrogation” in place of “torture”), and because entire populations can be pressured into using them to demonstrate their submission to contemporary political orthodoxy, i.e., “undocumented immigrant” instead of “illegal alien.”

Sometimes, the “better” words aren’t even any such thing and are only considered correct because they’re approved by a politically powerful group. An example of that would be the switch from “Third World” to “developing world” and then to “emerging economy nation” — none of those phrases is inherently more or less pejorative than the others, but it’s obvious which one is supposed to be considered correct, and if you want to get along, you know you’d better use it.

Orwell, however, said it was dangerous to encourage people to turn off their brains when they talk.

“Political speech is largely the defense of the indefensible,” Orwell explained, “and a speaker who uses it has gone some distance toward turning himself into a machine.”

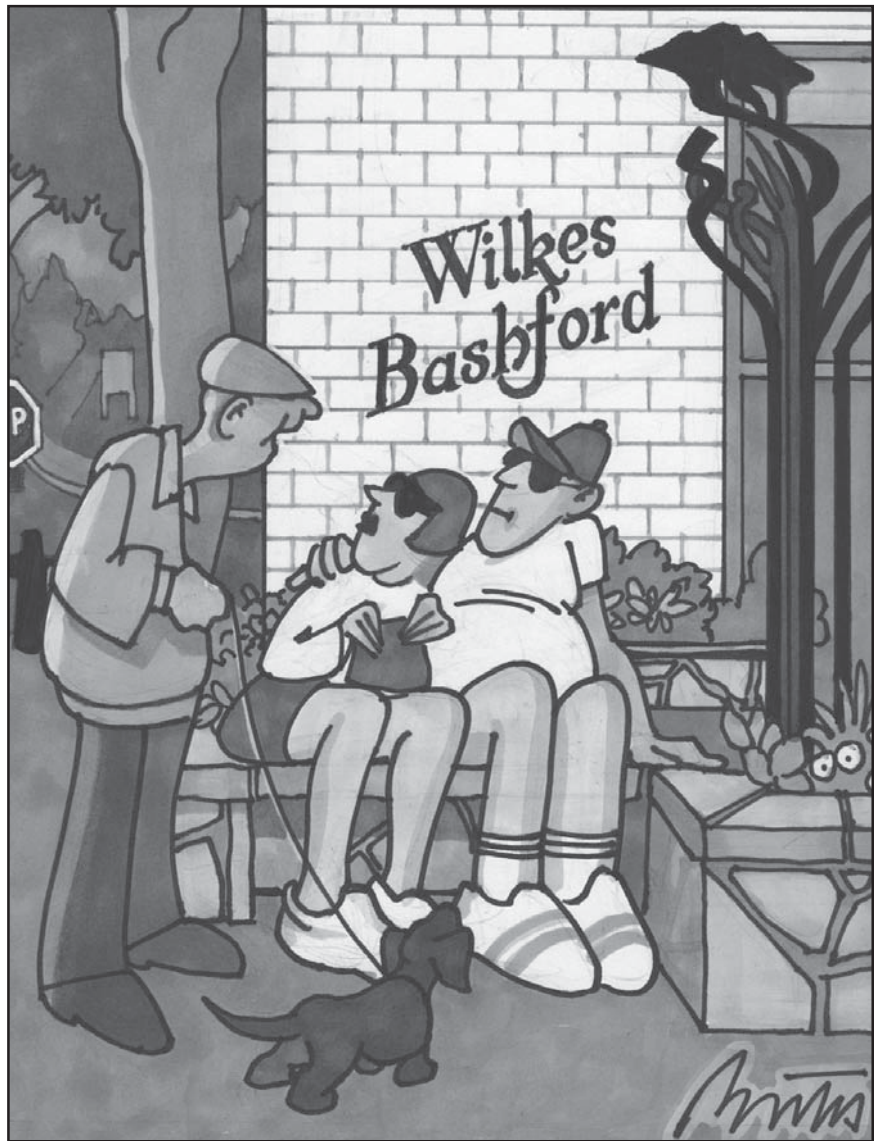
Forty years after Orwell’s essay was published, comedian George Carlin examined the same issue and concluded that Americans love euphemisms “because they have a hard time dealing with the truth” — which he said explained why what was honestly described as “shell shock” in World War I had become officially known as “battle fatigue” in World War II, and then “post-traumatic stress syndrome” during Vietnam — a turn of phrase which made it possible to debate the war without thinking too much about shards of hot metal ripping into thousands of young soldiers’ bodies.

Likewise, Carlin said, while “poor people” used to live in “slums,” nowadays the “economically disadvantaged occupy substandard housing in the inner cities.” Sounds much nicer, no?

To avoid falling into the trap of using politically charged jargon, Orwell recommended never using any “metaphor, simile or other figure of speech” which commonly appeared in print. He also said good writing required that you should “never use a long word where a short one will do” and that “if it’s possible to cut a word out, always cut it out.”

Sometimes you don’t want people to know what you really mean, in which case you can always follow the lead of pretty much anybody in Washington. But if you want to be clear and concise, your role models should be the two Georges.

BEST of BATES



“I wouldn’t say Carmel is small, but for a thousand votes you could be mayor.”

Letters to the Editor

The Pine Cone encourages submission of letters which address issues of public importance. Letters cannot exceed 350 words, and must include the author’s name and home town. We reserve the right to determine which letters are suitable for publication and to edit for length and clarity.

The Pine Cone only accepts letters to the editor by email. Please submit your letters to mail@carmelpinecone.com

Opportunity taken away Dear Editor,

I had not intended to comment on California’s anti-freelance bill, AB5, because to highlight my own situation would be self-serving. But in light of letters that have followed your recent editorial on the subject, here goes anyway.

Because the law restricts freelance writers to 35 submissions a year to any one entity, among other work restrictions, it ends my long career as a freelance writer for election campaigns. It began early in 1984 with President Ronald Reagan, moved on to George H.W. Bush, included California governors George Deukmejian and Pete Wilson, and has continued with many others at various levels of politics over the years until now.

When working on a campaign, I submit material virtually every day, so my government-mandated quota would be reached in a little over a month and a submission No. 36 would make me a criminal. Before

knowing about AB5, I had signed on to a Connecticut congressional campaign for this November’s election but that’s gone along with any possibility of others.

AB5 also ends my career writing on a regular basis for politicians who achieve office because this would also require more than 35 submissions. And no campaign or elected politician will make me or any other freelancer a fulltime employee with all that entails.

I also have written for two comic strips (“Shoe” for 19 years and “Baby Blues” for seven years) submitting material to each once a week. Since 52 submissions a year is now illegal, at some point during the year, I’ll start submitting twice as much material every second week so as not to break the law. Thankfully, this writing is only inconvenienced, not ended, but how ridiculous to have to go through such contortions to write jokes for comic strips so as not to violate state law!

As one of only about seven Republicans on the Monterey Peninsula, I don’t expect any sympathy. But I think it’s a shame that a freelance career, mine or anyone else’s, can be so damaged by such a stupid, cruel, misguided law. Governor Newsom and California Democrats have maliciously targeted certain Californians for financial destruction, which begs the question, why? To what end? Perhaps I speak for others when I say I hope someone benefits from this, but I don’t see how.

For me, here’s the irony: In 1980 I fled Canadian Prime Minister Pierre Trudeau’s “socialist paradise” to seek greater opportunity in California. Now, years later, California has taken opportunity away.

Doug Gamble, Carmel

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A valley girl comes home to real estate, vineyards and fine wine

GROWING UP in the 1960s rural paradise known as Carmel Valley, where they rode bikes with abandon, played along the banks of the Carmel River, and hung out at restaurant/grocery/gas station/gift shop/bar Rosie's Cracker Barrel, most of the kids probably never thought their adult lives could be quite as wonderful.

Born to renowned artists Eugene Ames Baker and Ann Rugh, Kathy Baker grew up in a household so engaged in the Carmel

making wine.

"Our first commercial release was in 2006, under the Rombi Estate brand, which won two silvers in the Los Angeles International Wine and Spirits Competition," Baker said.

After years of hosting independent wine tastings in local shops and restaurants, in 2012, Baker and her husband decided to open their own tasting room in Mid-Valley, offering samples of their cabernet sauvignon, merlot, petite syrah and, later this year, a petit verdot. Baker also manages the Rombi Wine Club, which has members all across the country.

Meanwhile, the couple built a larger home near the vineyard and decided to offer their cottage as a vacation rental.

"It was my intention to share our property and give couples an opportunity to enjoy the countryside on a working vineyard," she said.

Two years ago, Baker got her real estate license and went to work with Rombi at Carmel Valley Realty.

"Home is an important concept to me. I love working in real estate, finding someone their forever home," she said. "I also love working in the tasting room, doing the wine marketing, and renting out our cottage. It's like coming full circle, back to the magic of Carmel Valley."



The magic of Carmel Valley brought former radio exec Kathy Baker home again.

Great Lives

By LISA CRAWFORD WATSON

el Valley art community that it didn't seem to matter that her family of four was living in a one-bedroom house on Hitchcock Road. She was outside most of the time, anyway.

Baker graduated from Carmel High as a junior, went off to Cal Poly San Luis Obispo, and then embarked on a career in radio, selling ads and as an on-air personality.

Baker couldn't have imagined she would one day own a vineyard, a tasting room, a vacation cottage and a real estate company, all in Carmel Valley, especially after investing nearly 30 years elsewhere in broadcast radio.

"I worked for a number of stations and, at the age of 24, I became sales manager for Buckley Radio," Baker said.

Prize-winning wine

Six years later, she was promoted to general manager and, two years after that, she became the executive vice president of the company, overseeing 11 radio stations in California. She also served as president of the California State Broadcasters Association for radio and television.

"I felt fortunate to work for such a dynamic person as Rick Buckley, and I was fascinated by the field — the commercial aspect of radio and the community involvement," Baker said.

With the turn of a new century approaching, Baker's life took a few turns as well, bringing her back to Carmel Valley. In 1998, her partner of now 31 years, real estate broker Sal Rombi, and she got serious about their fascination with winemaking and planted an 8-acre vineyard of merlot and cabernet sauvignon grapes in the valley. The couple moved into an 800-square-foot cottage near their vines. Three years later, they began

LOCAL ARTIST FOLLOWS A LONG PATH TO THE WORLD OF MOVING PICTURES

THE SECOND career of John Burton was sparked two-and-a-half years ago, after he finished a trek along the Mormon Pioneer National Historic Trail, 1,300 miles of Americana that stretches from Nauvoo, Ill., to Salt Lake City.

Burton, who has a studio/gallery at the Barnyard shopping center, spent five years traveling and camping alongside two other nationally known artists, Bryan Mark Taylor and Josh Clare, creating 52 paintings

— for a feature film that is expected to be finished in about two years.

"The production designer is sometimes called 'the eyes of the director,'" he said. "If we use 'Star Wars' as an example, the production designer is the person who helps George Lucas bring his vision to life — what the planets look like, what the TIE Fighter looks like, how Luke Skywalker is dressed ... he's the person who works with the director with world-building, creating the whole look of the movie."

And this movie? Non-disclosure agreements prevent Burton from spilling any details, other than to say that he is overseeing

a crack team of digital artists handpicked by the director from Disney, Pixar and Lucasfilm to create an all-new world for the silver screen.

"Like a lot of kids, I loved drawing submarines and spaceships as I was growing up, but over time, I evolved into painting refined landscapes," he said. "But inside me, I've always been that kid who likes to draw submarines and spaceships. This opportunity brings me back to all of that."

It was a bold career move for Burton, who has enjoyed national success as a fine-art painter, showcasing his work at exhibitions and galleries in New York, Arizona, South Carolina, Hawaii, Colorado and California. His paintings have won multiple awards and honors (including Best of Show, Grand Prize, and Gold Medal, People's Choice, and Artist Choice). He's been a keynote speaker at art events, taught workshops, and been featured in several prestigious art publications, including Art of the West, Outdoor Painter, Southwest Art, American Art Collector, and International Artist, among others.

"I was completely happy as an oil painter ... thrilled ... I thought I would never change," he said. "I told myself, 'I'll never retire ... I'm going to enjoy being an oil painter for the rest of my life.'"

Evolving

But the new adventure and new challenge were an opportunity he couldn't resist. As a result, his fine-art production has mostly been relegated to a back burner.

"The amount of oil painting in my life is very minimal right now because of the excitement and commitment I feel to do digital painting for the entertainment business," Burton said. "The fun of creating and exploring worlds that don't really exist takes over every day."

Burton sees himself evolving daily as a digital artist, but the learning curve has been steep. The speed of the digital world was eye-opening, he said, for someone who has spent his life creating art one brushstroke at a time.

"When I first got into it, I'd work

Carmel's Artists

By DENNIS TAYLOR

for a 2016-2017 exhibition, "Saints at Devil's Gate: Landscapes Along the Mormon Trail," that attracted 250,000 visitors to Salt Lake City's Church History Museum.

Submarines & spaceships

For the three artists — all with Mormon ancestry — the project was a once-in-a-lifetime opportunity. For Burton, it inadvertently opened the door to a very different world.

Shortly after the exhibit, Burton and Taylor spoke with a friend, Dylan Cole, a film-industry production designer and concept artist best known for the 2009 "Avatar" movie and four sequels yet to come.

"We discussed how the artists from the film industry and fine art world don't have a lot of crossover with idea sharing," Burton said. "So we decided to organize an art summit, where the incredible artists from 'Avatar' and a few, select fine artists would come together to learn from each other."

That gathering changed Burton's course in the art world. Burton is the production designer — the person in charge of all vi-



PHOTO/AGS PHOTO ART

John Burton has replaced his paintbrushes with pixels as he pursues digital art — at least for now.

See **BURTON** page 31A



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CARMEL REALTY COMPANY

ESTABLISHED 1913



Former reporter, police officer and politician takes to the theater

OVER THE last month, we have introduced you to the first four decades of the diverse life of Perry Newberry prior to his arrival in Carmel in 1910. He came here intent on being a fulltime writer, building on his early success selling stories to newspapers and magazines.

Given the writer's adage — "write what you know" — his life experiences with hunting, fishing, mining, building, police, art, newspapers and political organizing provided great material from which he could draw.

That — and the pioneering spirit he shared with his wife, Bertha — made them ideal candidates for succeed-

ing in the still rustic, but artistically active village of Carmel.

In May 1910, just as the Newberrys arrived, Willard Huntington Wright described the village in a feature story for the Los Angeles Times: "Of late, Carmel has become the magnetizing center for writers and artists. In addition, there are at least 20 college professors. There is but one street that looks worthy of the name. The other byways are rustic and unpaved. Carmel has the general appearance of being a primeval, uninhabited spot, and little does one suspect what mighty and cultured things are going on there."

Wright described the artistic population as having two factions — the respectable and the eminently respectable.

The respectable faction, whose "favorite beverages are mint punch, Scotch highballs and riesling," was headed by George Sterling, and its members' "favorite pastimes, when not involved in artistic pursuits, are singing and imbibing the aforementioned beverages."

Serra pageant

This group included Jack London, James Hopper, Xavier Martinez and Herbert Heron. The eminently respectable were headed by "two charming sisters, Alice MacGowan and Grace MacGowan-Cooke," and included Mary Austin and photographer Arnold Genthe. For them "bedtime at 10 o'clock and nothing more inhibitional than milk."

The Newberrys already knew many of the "respectable group" and soon met others. Heron de-

scribed the time he met Newberry on the front porch of the Sterling home in May 1910.

"A few weeks before, the Forest Theater Society had been organized, and we needed money to get the first play underway," Heron wrote. "For some reason, I jumped to the conclusion that Newberry was a very wealthy man. A little eccentric perhaps, judging by his indifference to sartorial elegance, but millionaires were sometimes that way." After Newberry left, Heron suggested to Sterling that they

History Beat

By NEAL HOTELLING

should seek his financial support for the theater. Sterling laughed before letting Heron know that wealth was not among Newberry's qualities.

Bertha appeared with Herbert Heron in the theater's first production that summer — "David." Garnet Holme, then the drama coach at UC Berkeley, was called on to direct the production, and the next season, he worked with the theater to bring Shakespeare to Carmel, with a production of "Twelfth Night." In addition, resident writer John Fleming Wilson, who became a friend of Newberry's, proposed a Serra pageant that Wilson would write.

Holme agreed to direct that also. When Wilson left town before finalizing the pageant's script, Holme called on Newberry to pull it together.

By the time Newberry completed re-working the action and writing the dialogue, he was not only cast as a captain in the pageant, he was also cast as Sir Toby Belch in "Twelfth Night." That, as he put it, "began my fall" — perhaps meaning a fall down the rabbit hole, as in "Alice in Wonderland," which he adapted for the Carmel stage in 1912.

See HISTORY next page



PHOTO/HEANRY MEADE WILLIAMS LOCAL HISTORY ROOM, HARRISON MEMORIAL LIBRARY

Perry and Bertha Newberry rehearse a scene for the Forest Theater's 1912 performance of "The Toad," which she wrote and in which he portrayed the title character, the humpback jester of the King of Acortis.

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HISTORY

From previous page

Newberry's work with the theater took him in a new direction. For the 1912 season Newberry not only adapted "Alice," in which he played the Mock Turtle, he helped Bertha complete a play called "The Toad," which was set in ancient Egypt and in which Newberry played the lead, and he reworked the Serra material for improved staging. The productions were all well received by the public, but an undercurrent was simmering. Sterling and Heron stayed away from the performance of "The Toad," because they felt Newberry had manipulated the selection committee to choose it instead of Heron's "Montezuma."

Newberry's activity with the theater also opened connections with the eminently respectable MacGowan sisters. They were the Newberrys' nearest neighbors, living a little south of them near Cooke's Cove, which was named for Grace MacGowan Cooke. The sisters were born in Ohio but raised in genteel Tennessee; they were ladies and already successful writers when they became part of Upton Sinclair's experimental Helicon Hall commune in New Jersey in 1906. When the Hall burned down in March 1907, both sisters were hospitalized. After they recovered, the sisters followed Sinclair to Carmel in late 1908, along with Grace's two daughters, Helen and Katherine, who were then 13 and 8.

Many roles

A talkative young Katherine called on Newberry as he was still building his house and removed any doubt he might have had about the sisters' initial impression.

"Aunt Alice thinks it looks like a cowboy mess-shack but Mamma says it is more like a Georgia cracker's shanty in the mountains," she said. "Anyhow it will pull down the value of our property a lot."

The daughters brought the sisters into the life of the theater. Helen played Saul's daughter in "David" and Viola in "Twelfth Night." In the 1911 Serra Pageant, Katherine played a native child and Alice played a native woman. In 1912, Helen played the seeress in "The Toad," Katherine had the lead in "Alice" and Grace MacGowan Cooke worked with Newberry on rewriting the Serra pageant. She was credited with writing the first act about the natives before the arrival of the Spaniards.

Having a life that revolved around the theater helped establish Newberry as a key member of the village. However, it distracted him from writing stories. Instead he

began to consider how he might make a living with the theater. For the 1913 season Newberry again prevented the selection of "Montezuma," leading Sterling and Heron to break away and start a new theater company. More on this angst-filled saga next week.

Neal Hotelling has been researching and writing about Monterey County history for more than three decades. His

COMPLEX

From page 9A

since the fees are due when the building permit is issued.

"My discussions with the former planning director were that it would be handled sometime this winter," he added. Commissioners also discussed the issue when they first considered Clark's project last November.

Waffle said lowering the rate requires research and that she expects it will be included in a widespread evaluation of city charges underway now. "Hopefully in next few months, the city council is going to adopt the entire fee schedule, but also adjust this in-lieu fee," she said. Planning commissioners also said they feel the fees should be lower.

"I'm certainly in favor of getting the in-lieu fees down to a manageable level," Lehman said.

TRIAL

From page 3A

ney general Zachary Malinski and investigator Debra Gard were there to present the case against her.

According to a summary of events filed with the court after the hearing, Gullo testified on behalf of the prosecution and provided documents that included monthly billing rosters for the city's retirement plan and employee history summary reports Allen ran in November 2016 and August 2017. Gard also spoke.

In Allen's defense, Nady presented some employment and pay records, and questioned Gullo.

At the end of the hearing, Roberts ruled the state's case against Allen could proceed because the evidence is strong enough to give him cause to believe she committed the crimes. He set another hearing for Feb. 26, and Allen remains out on her own recognizance, meaning she has not had to post any bail.

BURTON

From page 29A

all day, put the kids to bed, then work all night — I'd have two different sessions of work to get myself up to speed," he said. "Author John A. Shedd said, 'A ship in the harbor is safe, but that is not what ships are built for,' and that quote has always had great meaning for me. It has always been important to me to push my artistic vision."

'Potential to be amazing'

Filming will take Burton all over the world in the next two years. He recently returned from his first-ever visit to South Africa, where he scouted a mountainous location in the company of baboons and ostriches.

"You really have no idea about the final product, but I'm feeling like this film has every potential to be amazing," he said. "Everything about this transition has been extremely difficult for me, but also extremely rewarding. I couldn't be more excited."

Burton's paintings can be seen at his studio/gallery in Suite 221, above Patrick James Fine Clothing, in the Barnyard Shopping Village.

Dennis Taylor is a freelance writer in Monterey County. Contact him at scribelaureate@gmail.com.

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— Photo by Paul Miller

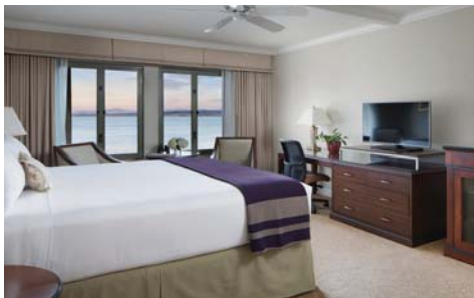
Correction

In the September/October 2019 issue of *Healthy Lifestyles*, the name of the speech therapist who leads "the LOUD crowd" in Monterey should have been listed as Jennifer D'Attilio.






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Editor's Note



greetings!

WELCOME TO 2020! This year marks the fifth anniversary of Healthy Lifestyles magazine. When the magazine was launched in 2015, I wrote about how small changes to your health can add up.

I want to encourage you that those incremental changes, consistently applied, eventually yield good results. Hearing doctor after doctor say, “just a 10 percent loss significantly lowers the risk of several diseases,” got my attention, and two years ago I decided to make some changes.

Full disclosure: I set out to lose 10 pounds, and was so afraid of failing that when I joined a weight loss group, I never even asked what my long-term goal should be. Sixty pounds later, I’m a much happier, healthier person. That’s not because I have exceptional willpower. Quite the contrary, but — little by little — I did it. And you can make the changes you want, too.

In this issue, you’ll learn how to dance away your troubles while improving your health in the ballroom or Zumba studio, and gain insight into what happens mentally and emotionally after you peel off some pounds. The ProFile spotlights local allergist Steven Prager, who offers suggestions for reducing seasonal misery. In the Lighter Side, we’ll rejoice in the glory of Groundhog Day, while Sorting It Out uncovers the secrets of maintaining your New Year’s momentum well into the future.

Chef Soerke Peters gets us off to a tasty 2020 with a hearty chickpea and game hen stew. Enjoy, and as always, feel free to email me with questions or suggestions.

Cheers,

Elaine Hesser
Editor



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A FEW STEPS TO BETTER HEALTH

By DENNIS TAYLOR

THE CALENDAR says Joni Madolora has aged 15 months since she took her first ballroom dancing lesson, but people who know her, and even her nutritionist, think she seems much younger.

Madolora's doctor advised her to take an early retirement from a career in education that had spanned more than three decades. At 61, she was a high-risk candidate for a heart attack or stroke, cautioned the physician, and her bone density had decreased to a dangerous level.

"My doctor also told me that I needed to find some kind of physical activity that I was going to stick to," said Madolora, a 32-year educator



**Ed Rinehart and
Joni Madolora**

and former principal of Fairview Middle School in Gonzales. "I've always enjoyed dancing — just the regular kind — so in September of 2018, I walked into Pacific Grove

Dance by myself, as a single, to try social dancing for exercise."

That's where she met co-owners Leonid Sidorenko and Olga Agafonova, and fellow instructors Sergei Panchenko and Nataliya Zakrevskaia — all former world-class ballroom dancers from Russia — along with a friendly, vibrant community of recreational ballroom dancers ranging in age from 33 to 82.

The following month, Madolora sat down with a nutritionist who did a full-body analysis based on her weight, muscle mass, and other factors.

"I was 61, but she determined that day that I had a 65-year-old body," she said. "After a year of ballroom dancing I did the same test again, and my body analysis indicates that I'm 42."

Madolora also is 40 pounds lighter, no longer is at risk for a heart attack or stroke, and her bone density levels have returned to normal. "My doctors feel like I've defeated my own genetics," she said.

Her story isn't unusual. Sidorenko said his regular students typically lose 20-30 pounds, one of multiple health benefits. Also typical are marked improvements

in strength (legs, core, and upper body), coordination, stamina, flexibility and range of motion, mental acuity, mood and confidence. It's great for balance: Women eventually learn to perform advanced steps wearing 2-3 inch heels.

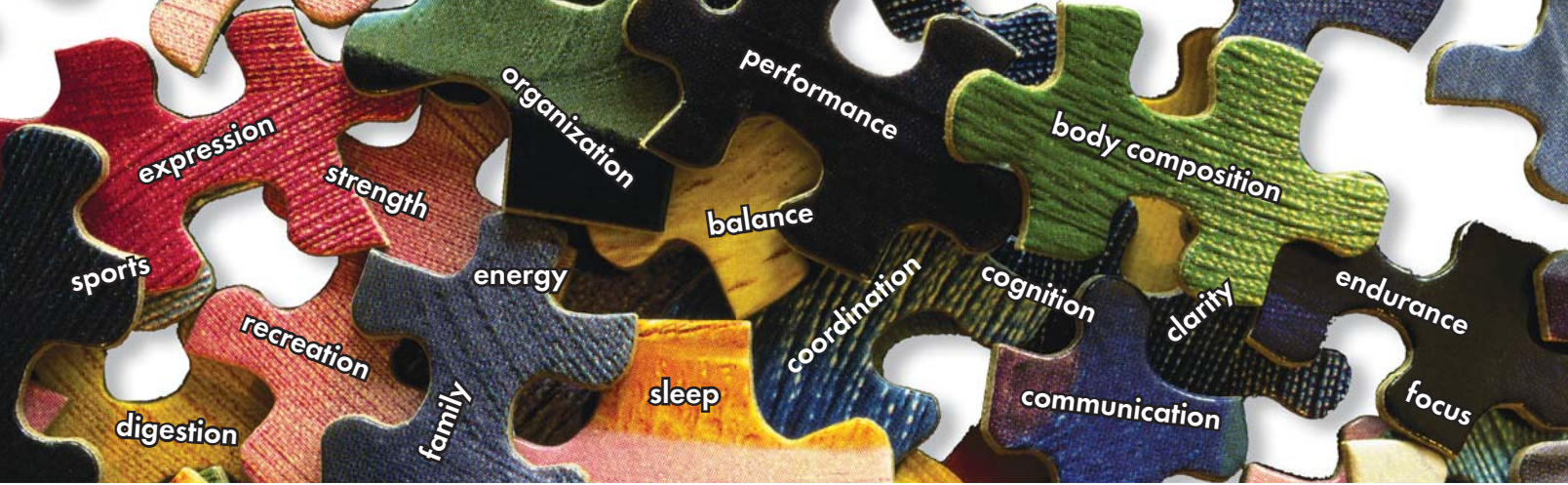
It's a fitness activity that never gets boring, Sidorenko said.

"It's fun and it's great exercise. In the gym, they're spinning those wheels, or running on a treadmill, or lifting weights, getting bored, hoping the end comes soon," he said. "Instead, here they're dancing and learning. Time goes by and people don't realize how many calories they've burned and how much they've exerted themselves."

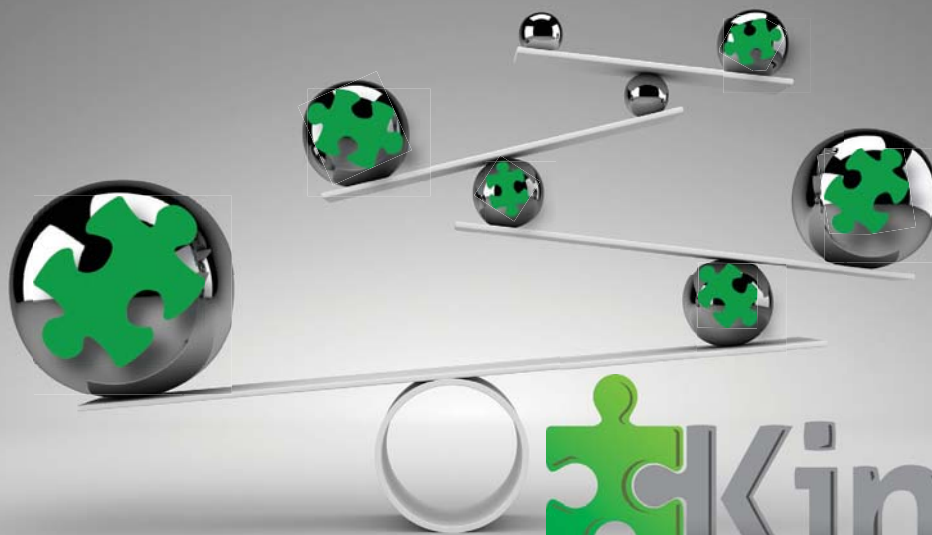
Among the regulars at Pacific Grove Dance are dancers afflicted with dementia, Alzheimer's disease, Parkinson's disease and other challenges.

"Two students who have been with us for 10 years, a husband and wife, have Parkinson's," Sidorenko said. "Certain dances have proven to be really effective. The music slows them down and they're able to move like normal people while they're dancing — you'd never

BALLROOM *cont. on page 16*



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YOU'VE LOST THE WEIGHT ... BUT HAS YOUR BRAIN CAUGHT UP?

By ELAINE HESSER

HAVE YOU ever wondered why so many people put themselves through the difficult process of losing weight, only to regain it all — and frequently more?

Often, the “why” of weight gain and loss resides in a person’s mind.

Eating to deal with feelings is often the villain in scientific studies on obesity — specifically, “mindless, emotional eating.” If you’ve always been a healthy weight, you might find it hard to fathom, but someone in a funk who chows down mindlessly can finish off a

family-size bag of cookies or chips without even realizing it. That has to change to keep pounds off.

Legitimate paths to weight loss involve regularly taking in fewer calories than are used in a day so that the body burns fat. That means a dieter has to learn to deal with physical hunger for awhile, but as anyone who’s done it can tell you, a growling stomach is the easy part.

Food is so central to everything from office parties to watching a ball game, that not partaking can make a person feel left out. There can also be a cycle of negative emotions followed by eating to numb the feeling, leading to more bad feelings and more eating. It feels like the worst treadmill ever.

Many people, like Elizabeth Rodriguez, try different approaches until they find one that sticks. The licensed marriage and family therapist works for Monterey County Children’s Behavioral Health, but despite her training in psychology, reaching her own healthy size hasn’t been easy.

“I have always fought with my weight. I’ve done all of it — the liq-

uid diet, Weight Watchers ...” she said. Her battle reached a low point by 2017, when she was carrying 282 pounds on her 5-foot-8-inch frame and began to have liver problems as a result.

She decided to have bariatric surgery, a serious undertaking with specific criteria for eligibility, including mandatory pre- and post-surgical counseling. Without getting into the details — that’s a whole other column — Rodriguez wanted others to know that it isn’t “the easy way out” or “cheating.”

And regardless of how anyone loses weight, the mental and emotional challenges are similar.

“Initially, I was getting on the scale and I was so excited at the loss. I got very caught up in the number, though,” said Rodriguez. Her support group through Montage — and many groups like Weight Watchers — try to help dieters by making sure the number on the scale isn’t the only measure of success.

Things like lower cholesterol, the



WEIGHT *cont. on page 12*

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ability to get on the floor and play with the kids or being able to climb a flight of stairs without getting winded are all great payoffs for sticking to a plan. Those become key when someone hits a plateau or reaches their goal, and the numbers on the scale stop falling.

"When I reached a stall, I thought, 'How do I get off of this?'" Rodriguez said, remembering her exasperation with a plateau. "Finally, I had to ask myself, 'Am I doing this for a number, or am I doing this for my health?'" she said. Ultimately, she lost about 80 pounds. While she was thrilled about that, she was surprised by some other results.

"There was all this craziness and fear of gaining it all back," she said. There were foods she was afraid of. "When I've eaten that before, here's what happened," she would say to herself. Eighteen months after her surgery, she went into a Mexican bakery, filled with sweet pastries called pan dulce. "I love pan dulce. I remember smelling so many scents that I was over-



Maggie Evans

whelmed. I was like a junkie — I got the shakes and had to leave."

And, ironically, that fear is just what drives some people back to the cookie jar, the bag of chips or whatever their comfort food is.

Now, Rodriguez said, she's learned to be calmer. "I don't deprive myself of anything. I will have



'There was all this craziness and fear of gaining it all back.'
Elizabeth Rodriguez

a bite or two, and then stop."

Maggie Evans, a registered dietitian and certified diabetes educator with CHOMP, said that Rodriguez's experience wasn't unique. "People say, 'I can't have any of that or I'll gain back all my weight.' They have all-or-nothing thinking," she said, meaning that once someone has a bite of "forbidden" food or overdoes it at a meal, they give up for the whole day or week, thinking they've failed.

"Instead, I tell them this is like a football game with four quarters. If the other team scores on you in the second quarter, you don't just quit," said Evans.

Rodriguez said she still has what she calls "fat brain." "I still see myself as the 'big girl.' I went to see a wrestling meet, and I looked at the bleachers and thought, 'I need a big space, can I squeeze in between those people?'" In fact, there was plenty of room.

Evans said, "People have phantom weight," like an amputee who "feels" a missing limb. "They unconsciously buy too-big clothes they still think are their size. I have patients who bring a seat belt

extender with them to the airport when they no longer need it."

The way other people react varies, too. "Some people notice changes in relationships," Evans said. "The dynamics with a partner or friends might change." Rodriguez experienced that. "Some people had a hard time with me losing the weight. I hate to say it, but there are always some people who liked having you around because you made them look better."

More positively, she said, "Even with my own family, now I'm in all the pictures — so many more pictures," than when she used to duck out of the photo opps.

People who have had big losses often find themselves more visible to those around them. In this culture, it's a strange paradox that the heavier you are, the less people seem to notice you. It's a safe bet that every heavy person you've met has more than one tale of being ignored in a store or a restaurant, while the "normal" people were attended to. While that's frustrating, it can be strangely comforting, too.



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The Lighter Side

The most wonderful time of the year – a postcard from my home

By **ELAINE HESSER**

FOR DECADES, native Pennsylvanians — including expats like me — have tolerated scores of Christmas movies, films about Easter and the musical “1776” to commemorate Independence Day. Halloween flicks abound, as do movies that start or end at New Year’s. Don’t even get us started on Mardi Gras, which we get out of the way before lunch with a celebratory donut. (No, really. They’re called fastnachts.)

But until 1993, the iconoclastic feast of my people — Groundhog Day — went undocumented by movie bigwigs (we’ll come back to that). For those readers who have somehow missed out on this underrated holiday, it occurs each year on Feb. 2, when legend says that a groundhog will emerge from its burrow, and if it sees its shadow, it will go right back to bed, as another six weeks of winter are coming. If it doesn’t see its shadow, spring is on the way.

Anyone with half a lick of sense would realize that all has much more to do with which way the sun and the groundhog are facing at the big moment, and whether the weather cooperates. But, like faux chimneys at Christmas and the detail that rabbits do not now (nor did they ever) lay eggs, we don’t let facts get in the way of a good party.

And it is a huge party, as portrayed in the long-awaited 1993 cinematic triumph, “Groundhog Day,” which starred a golfer named Bill something-or-other and the pleasingly plump Punxsutawney Phil, the furry February hero who’s wrested from his slumber by townsmen wearing top hats, to whom he whispers his prognostications.

We pause now to consider the humble groundhog, also known (according to Wikipedia) as a chuck, woodchuck, ground-

pig, whistlepig, whistler, thickwood badger, Canada marmot, monax moonack, weenusk, red monk and, “among French Canadians of Eastern Canada, siffleux.”

They’re related to squirrels, and weigh anywhere from 4 to 13 pounds, give or take. They can swim, and as one of their aliases implies, whistle. An adult groundhog can eat more than a pound of vegetation each day, says the Indiana Department of Natural Resources, which has looked into the matter. Take that to your next cocktail party.

What you probably don’t know, is that there is an entire fraternity built around Groundhog Day, or Grundsow Dawg, as the Pennsylvania Germans call it. (Dawg has nothing to do with your cool rapper neighbor. Pennsylvania Dutch is the Teutonic answer to Spanglish, and in it, dawg comes from the German word, tag, meaning day.)

The holiday had long existed, but it gained new significance in the 1930s,

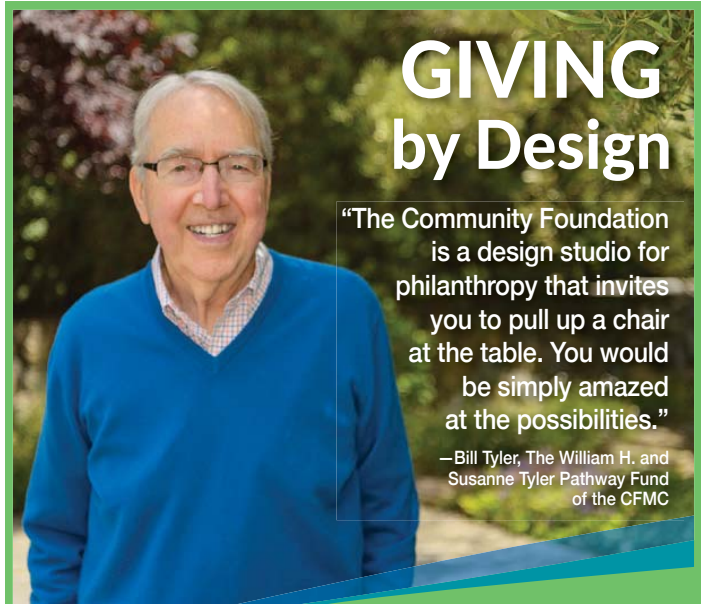
LIGHTER SIDE
cont. on page 30





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BALLROOM *cont. from page 8*

know they had Parkinson's. As soon as they finish, they go back into tremor."

Indeed, ballroom dancing exercises the brain at least as much as the body, said Angie Russo, 52, who taught fifth grade at El Gabilan School in Salinas before becoming an art and technology specialist for North Monterey County Unified School District.

"I'd say that the mental emotional benefits are even greater than the physical side," said Russo, who also teaches yoga. "It takes so much focus and concentration to learn new steps, and be technical and precise. Any thoughts that are weighing on you when you come into the studio go right out the door. It takes so much of your mental capacity to stay focused on what you're being asked to do."

But don't be misled: Though Sidorenko and his fellow instructors (all of whom have different teaching styles) are demanding, they tailor every lesson to the individual student, allowing each dancer to progress at an enjoyable rate. Bronze-level students (beginners) evolve into silver, who progress to gold. Steps and movements become more complex as the ability level grows.

Dancers are invited to participate in two annual showcases at the studio — dress-up occasions — and encouraged (but never pressured) to compete against people of similar ability in any of a half-dozen contests each year in locations like Las Vegas, Los Angeles and San Francisco.

Every Friday night at the studio, 7:45 to 9:30, is a festive "social," where students dance for fun and fellowship as much as for exercise and practice.

"There's a real community feeling to all of it — it seems like we're

laughing 100 percent of the time," Russo said. "We'll spend extended time together when we're getting ready for a performance, or a competition, and you tend to form some really nice friendships."

Meanwhile, the level of instruction is top-drawer. Leo and Olga, both 33, began dancing in Russia as 6-year-olds, competed as a young age, and came together as dance partners when they were 18.

As a team, they competed around the world, often reaching the semifinals or finals at regional and national competitions.

Both earned college degrees — Leo in engineering, Olga in business management — but chose instead to make a career of teaching dance.

In 2007, they immigrated to Michigan, sponsored by the franchise dance studio where they taught.

They came to Monterey in 2009 and taught dance there until 2012, when they found the 2,100-square-foot studio space, complete with two dance floors, at 17th and Lighthouse, and opened Pacific Grove Dance.

Sergei and Nataliya are more recent additions to the instruction team.

"Leo and Olga needed more teachers, but it took them a couple of years to find the right people to bring Sergei and Nataliya here from Russia," Russo said. "They were very careful because they didn't want to lower the standard of instruction at their studio. These are the kind of instructors you'd find in a major city."

In December, Panchenko was ranked among the "Top Rising Star Teachers" by the World Pro/Am Dancesport Series, based on 90 events held in North America.

Lessons are typically taught in



Olga Agrafonova and Leo Sidorenko provide world-class instruction.

BALLROOM *cont. on page 26*



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Pro FILES

Steven Prager

By LISA CRAWFORD WATSON

DR. STEVEN Prager doesn't have allergies. Yet, he's fascinated by the field and for more than 20 years has devoted his medical practice to mitigating allergies and asthma among Monterey County patients.

Prager, who grew up in Southern California with a deep interest in science, graduated from UC Santa Barbara with a degree in biology. After volunteering in an emergency room in Santa Barbara, he imagined he'd become an ER doctor. During medical school at USC, however, he found he enjoyed pediatrics and internal medicine more.

"Although I started my practice in pediatrics, I quickly realized I really liked taking care of my allergy and asthma patients," he said. "These are among the few chronic diseases we can actually cure or have the chance to. I like being a detective to figure out what patients are allergic to and, though medicine and immunotherapy, make their lives better."



Steven Prager

While continuing to practice pediatrics in the San Gabriel Valley, Prager commuted to National Jewish Health in Denver for additional training at the internationally renowned academic medical center focused on research and treatment in respiratory, cardiac and immune disorders.

In 1996, Prager moved to Salinas and went into practice with the late Mark Velcoff, the physician who established Salinas Allergy Clinic in 1976 with the late

Dr. Susan Stumbaugh. The practice was later renamed Central Coast Allergy & Asthma, and has an office on Munras in Monterey, as well.

When diagnosing and treating patients, Prager and his partner, Dr. Daniel More, address them with a three-step approach, which begins with evaluating the symptoms to confirm they are allergy related, and then determining what the allergens are.

The second step is to prescribe medication, Prager said, because that's easy to do, relatively inexpensive, and immediate. Finally, they introduce immunotherapy to slowly desensitize the patient to the offending substance until they are no longer allergic to it. It works with many environmental allergens like dust mites and pollen, and can also be used to desensitize people from peanut allergies.

Prager said that initially, precisely measured and almost negligible amounts of the allergen are given to the person, either under the tongue or via injection. "Over a few months, we slowly build up to the amount the body can tolerate, as we naturally desensitize the patient. That's what allergy shots are. We give them once or twice a week for a couple of months to build up to a good dose, and then once a month thereafter. Drops are administered daily."

This practice usually takes three to five years, and about half the patients find complete relief, while some others experience significant reductions in their symptoms. Although desensitization — particularly for nut allergies — has been in the news recently, Prager said it was an old idea.

"It's been around for more than 100 years, since at least 1911," he said. But now, he explained, the minuscule dosages come premeasured, making gradual exposure more consistent and safer.

Late winter and early spring are challenging times,

when an abundance of local trees — including pine, oak, alder, cedar, juniper, cypress and sycamore — release their pollen, dusting the region with a kind of kryptonite for allergy sufferers.

“In this area, we’re blessed with wonderful weather — except for the week of the pro-am golf tournament — throughout the winter months,” Prager said. “Yet, when other parts of the country are freezing under a blanket of frost, we’re under a blanket of pollen.”

Central Coast Allergy & Asthma helpfully posts weekly pollen counts on its website, centralcoastallergy.com, and Prager recommends getting away when the numbers are high. If you can’t afford a ski trip or a week in Hawaii, just getting to the shoreline may do the trick.

“Being at the beach, in the fresh, salty air of the ocean breeze is easier on allergy sufferers than a hike through the trees of the forest,” he said.

Additional suggestions include keeping pollen out of the house. After hiking or gardening, shower and put on clean clothes. And don’t dry bedsheets outdoors during pollen season.

In the spring and summer, when other kids head off to camp, those with asthma have often been left behind. Prager didn’t like that notion, and became the medical director for the Mark R. Velcoff Asthma Day Camp, a program for Monterey County kids with severe asthma. About 30-40 campers, ages 6-12, participate annually.

He’s also a past president of the American Lung Association of the Central Coast and participates in other professional organizations.

Prager noted that since he started practicing 20 years ago, inhaled asthma medications have greatly improved, as have biologic injectables for asthma, eczema and hives that don’t respond to traditional treatments.

“Biologic” means a medical product made from a live organism or one of its components, like a vaccine — only in this case, they’re used to treat diseases instead of preventing them. Of course, the old-fashioned approaches work just fine for many people.

“Allergy sufferers can clear nasal passages with antihistamines and nasal sprays or a neti pot, which is used to drain a saltwater solution from one nostril through the other. And there are many effective over-the-counter medications,” Prager said.

“It comes down to quality of life and the degree

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WORKOUT CORNER

Get on your feet – give Zumba a try

By ELAINE HESSER

ZUMBA HAS been around for more than 20 years, and you've probably heard of it, at least in passing. The Latin-dance-based exercise class is available in 180 countries, with 15 million participants, according to its parent organization.

It's just as pervasive here, with dozens of classes offered each week at spots including Carmel Valley Athletic Club, Monterey Sports Center and Montage Wellness Center in Marina, as well as Carmel Barre. Pacific Grove Adult School also has classes, as does Oldemeyer Center in Seaside.

Fees and openings vary for each, but they can all be located by entering your zip code at zumba.com (no other personal information is required). The classes come in nearly a dozen formats, from a regular aerobic dance session to things like Zumbini, for toddlers and their parents, and Zumba Gold, marketed "for active older adults." A version done in the pool is called, of course, Aqua Zumba.

I visited one class at Montage and one at the Sports Center to get a feel for the workout. Here's what I learned:

Q: What should I wear?

Put on comfortable clothing that lets you move (and that you don't mind sweating in). Layers are helpful, as some workout rooms



are kept cool on purpose and you might not warm up until you've warmed up.

A good pair of shoes suited to aerobic dance classes is important. According to Kimberly Werr at The Treadmill in the Crossroads, you'll want "dance shoes specifically designed for the twisting and turning" that's part of Zumba. She said that court shoes — designed for tennis or basketball, for example — are "too stiff," while running shoes, which are designed for straight-line, forward movement, don't provide enough support.

Q: What other gear will I need?

None, although a towel and a water bottle are nice to have.

Q: What should I expect?

First, you'll meet a friendly and energetic instructor licensed by the Zumba organization. That means he or she has attended training and will conduct the class according to Zumba-approved guidelines — although the moves and music are largely left up to the individual teacher.

Instructors use hand-and-arm signals to indicate what's coming up next. The gestures are very straightforward and are designed to transcend language barriers, but they're also nice for those with hearing issues.

The music is loud and peppy.

ZUMBA cont. on page 22

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ZUMBA *cont. from page 20*

Some of it will be familiar, but a lot comes from other cultures. While Latin moves predominate, don't be surprised to feel a little Bollywood (Indian) vibe, or to bring back a few steps you might recall from your Jazzercise days (grapevine, anyone?).

In the two classes I took — one on a Saturday and one on a Tuesday — participants were almost all women, and of all ages.

Q: What's good about it?

It's a solid workout for the heart, and although the few scientific studies that have been done were small (fewer than 50 participants), they consistently showed modest improvements in participants' heart

health and overall physical conditioning.

The class is a lot of fun, once you get the hang of it. Both instructors (Kim Fujii at the Sports Center and Nancy Kay Johnson at Montage) were reassuring, and when they say your classmates aren't watching you, they're telling the truth — everyone's too busy watching the instructor or themselves, in the mirrors.

The songs are short, and the workout goes by quickly. In the classes I attended, all of the stretching was done from a standing position, so there was no need to get down on the floor and get back up again.

As far as the steps themselves, if you flip through the dictionary to the expression, "two left feet," I'm pretty sure there's a picture of

me there, so no, I'm not "Dancing with the Stars" material. But there was a nice feeling of achievement from learning the moves for each song. Other exercisers who said they'd only been to one or two classes seemed to have most of the routines comfortably under their belts.

And nobody was watching me except me.

Fujii's instruction was animated and entertaining; I found myself laughing along with her. Johnson's approach was a little more low-key, and she made a point of circling the room between songs to greet and encourage each participant.

Finally, the expo-

sure to musical styles I was unfamiliar with was stimulating and helped broaden my cultural horizons a bit.

Q: What might give me pause?

The volume of the music — while still in the tolerable range — may be a turn-off for some, as well as the watch-and-copy instructional approach. I longed for a slower walk-through of the moves before we did them at full speed, but it wasn't too hard to figure things out, even at tempo.

And although the two classes didn't have any music in common, I still noticed a significant improvement in my ability to keep up on my second attempt.

There were several twisting and hopping/jumping movements that left my knees and hips a bit testy the next day. Lauri Ataide, group exercise coordinator for the Monterey Sports Center, told me that the Zumba Gold and Gold-Toning (for strength) classes consisted of "Zumba moves done at a slower pace and lower intensity. Class can be done seated or standing," she added.

Like other forms of water exercise, Aqua Zumba (offered at the Sports Center, Montage Wellness in Marina, and at In-Shape on the north end of Fremont Street in Monterey) lowers the impact and thus, the danger of injury.

Q: What's the bottom line?

Zumba is a high-energy, aerobic activity that offers alternatives for people at various levels of fitness and experience. It's a chance to dance like nobody's watching, while burning off extra calories and strengthening the heart. It requires mental, as well as physical, engagement in a safe and supportive environment. 🐾



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SORTING IT OUT:

Keep Your New Year's Resolution

By SALLY BAHO

ENOUGH TIME has passed now to know if your New Year's Resolution stuck, right? They say that it takes 21 days to kick or start a habit, so three weeks into the New Year, are you version 2.0 of yourself? Did you finally quit eating sugar? Do you go to the gym before work every day? You've stopped swearing? Probably not, but there's a reason — and a little more science than you might think.



Carrie Forrest

First off, the notion that "it takes 21 days to break a habit" is no longer accepted as true. According to Carrie Forrest, a psychologist in Carmel, it actually takes more like 10 weeks to break or form a habit. So, maybe we can check in in March and in the meantime, you can

use these tips to help you stick to your healthy New Year's resolutions.

Let's explore the psychology of habits and habit-changing since that's what we're trying to do when we make New Year's resolutions. Habits are any learned, regular repeated behaviors that no longer require much thought. They are associated with contextual queues — think putting your seatbelt on as soon as you get in your car.

If you want to break a habit, like throwing yourself on the couch and stalking social media on your smartphone or tablet when you get home from work every evening, Forrest suggested you ask yourself why you do it to begin with. She said it's important to understand what

purpose a habit serves. Maybe you go on social media because you are lonely or want to feel connected. Or maybe it gives you a sense of relief after a stressful day at work.

Identifying the reason for engaging in the habit will allow you to change it more effectively. "You can't just stop something; you need to start something else. You need to transfer the external queue to something else," said Forrest. If the cause for your post-work social media binge is that you want to feel connected to other people, then maybe a replacement habit could be doing something with your family after work — perhaps cooking dinner — or calling someone when you get home and having a personal conversation.

What about the willpower to make the change? Richard Vieille, a psychologist in Carmel, talks about willpower as being "a finite muscle," in that you only have so much to use and it must be fueled. If it takes

SORTING *cont. on page 26*





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Sidorenko typically spends 10 hours a day at the studio and is dancing with students almost the whole time.

"It's always easier to practice with a pro who can lead you, push you through, teach you a step," he said.

The process of learning new steps can be a Fountain of Youth, keeping the mind sharp, Sidorenko said.

"Brain activity decreases if we keep doing the same things over and over, so it's highly recommended that we do something different for our brain," he said. "In dancing, we're always changing routines, putting in something new, which means you have to think about it, memorize the steps, practice them on your own, or with a partner, or with the instructor."

Growth is a never-ending process, said Russo, because there's always more to learn. It's also a lifelong fitness plan, she said.

"This is something I can do forever," she said. "You're likely to get too old for certain sports, but you'll never age out of ballroom dancing," she said. "This is something I plan to be doing when I'm 90." ❧

all your energy to do a job you hate, you are less likely to be able to change a habit that you don't really want to change because your willpower is being depleted elsewhere.

As for "feeding," research has shown that willpower is associated with the ability to make good decisions and in order to do so, you need healthy glucose levels. To do that, it is important to eat regular, protein-rich meals. This allows your brain to not be stressed when making decisions and you will be more likely to make the correct choice.



Richard Vieille

Vieille also said that, "Exercise is the miracle willpower cure. Research has shown that exercising three times a week has a positive effect on one's willpower." Vieille also suggested meditating. "Meditation helps with focus and presence and your ability to behave the way you want," he said.

Here are a few more tips for keeping resolutions:

1. Be honest with yourself and do some soul-searching. Ask why you want to change a behavior and why you engage in it. What new healthy or more desirable habit can you engage in that achieves the same objective?
2. Are you the motivation behind this? It can't be your doctor, your spouse or your boss. Your change has to be your choice.
3. Be your own coach and cheerleader. Research has shown that visualizing yourself engaging in the positive behavior will increase motivation to change, so try to get a clear mental image of what you want.
4. Have a realistic plan and set simple, achievable goals. Rather than vowing to only eat grapefruit for all of 2020, find a professional and nutritionally sound diet program to achieve your weight-loss goals.
5. It is important to have positive support. If you can't get it from family or friends, seek it out elsewhere. Your friends don't have to give up bad habits with you, but think about whether you want to spend time with those who seem to sabotage your efforts.
6. Be patient. If you mess up, don't give up. Rather than eating the whole box of cookies because you ate one, accept that you ate the cookie and jump back on the new-behavior bandwagon. Now. ❧

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INGREDIENTS

Serves 4-6:

2 Cornish game hens (*reserve giblets, if any, for another use*)

6 ounces by weight, or about 1 cup dried chickpeas, presoaked overnight in plenty of water

1 yam, cut into 1-inch cubes

2 fennel bulbs, cut into 1/8-inch cubes

1 large onion, cut into 1-inch cubes

1 stalk celery, chopped

1 small piece of fresh turmeric root, grated, or 1 tablespoon dry turmeric

2 cups white wine

2 sprigs fresh thyme

1 bunch kale, stems removed, leaves cut into large pieces

1 pomegranate or 1/4 cup seeds, for garnish

Salt & pepper to taste

Olive oil

Preheat oven to 350 degrees. Drain the chickpeas and set aside.

Wash and quarter the hens, and season with salt and pepper. Brown the hens skin side down in olive oil in a deep pan or Dutch oven over medium heat, then remove from the pan and set aside.

Without cleaning the pan, add the yam and fennel and sauté until golden brown. Add onions, celery, chickpeas, turmeric and pieces of hen, and stir to combine. Add the wine, gently scraping any brown bits off the bottom of the pan. Bring to a slow simmer, add thyme and check seasoning. Make sure all ingredients are covered by liquid, adding water if necessary. Cover the pan and place in the oven for 1 hour. Add the kale and let sit for 10 minutes, to wilt the leaves slightly. Find and remove the thyme stems. Finish the dish with a tablespoon of fresh pomegranate seeds and serve.

ABOUT THE *Chef*

CHEF SOERKE Peters got his first chef's coat at age 5. OK, it was a costume his mother made for him, but he said he never wanted to do anything but cook. Whether it was picking up eels after the tide went out on the coast of his native Germany or buying milk from a dairy farmer, Peters learned early on that fresh equals good. After studying and working in Europe, he came to the United States and worked on the East Coast, where he ended up as corporate chef for 16 restaurants in a company called Toscorp. He spent some time cooking in Southern California, then moved here in 2012 and has since left his buy-fresh, buy-local mark on several local restaurants — most recently Mezzaluna Pasteria in Pacific Grove. ☞



Soerke Peters

WEIGHT cont. from page 12

"Weight was my coat of armor. It was what was protecting me and it made me feel really strong," said Rodriguez, who continues to attend Montage's support group. "It was kind of like my best friend," she remembered.

Evans and others at Montage encourage patients to "know their emotional triggers and have coping mechanisms that don't rely on food." And, Evans said, "When you lose large amounts of weight, there's always a lot of mental unpacking that goes on," as you come to understand how it got there in the first place.

That means if you've started a new, healthier way of eating, it's important to know that getting to a number on a scale is like a semicolon. It signals a transition, not the end of the story.

If you're a friend of someone who's undergone a dramatic transformation, Evans recommended saying things like, "You look happier," or "You look healthier," rather than focusing solely on the weight. Evans also said you don't need to ask well-meaning questions like, "Should you have that?" — the person is "already very conscious of what they're putting on their plate." Amen to that. ☞

of misery the allergy sufferer can tolerate," he said. "Once we've determined the allergen and how to stay away from it or medicate the symptoms, the last step is to desensitize the patient, eliminating the allergy." That's when his patients can breathe a sigh of relief. ☞

LIGHTER SIDE cont. from page 14

when Pennsylvania Germans worried that their language and culture might die out in the face of lingering anti-German sentiment from World War I. Therefore, according to the Lynn-Heidelberg Historical Society's carefully kept records:

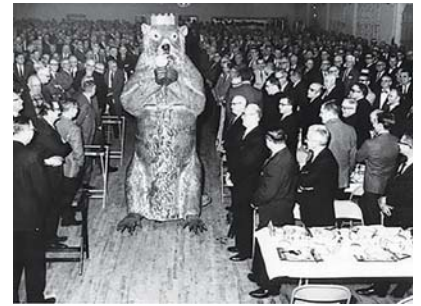
"On March 13, 1933 ... with a great sense of perseverance, foresightedness and ethnic pride ... several prominent Pennsylvania German gentlemen from the farm, business and professional communities gathered at the home of William 'Pumpnickel Bill' Troxell in Allentown."

Pumpnickel Bill was a journalist who wrote about the Pennsylvania Dutch with gentle humor, and he, along with his fellows, decided that a lodge dedicated to the beloved *grundsow* would be an excellent way to perpetuate their native language and culture.

If the men pictured something with the mystery, dignity and rich tradition of, say, the Masons, they would have been sorely disappointed. But something tells me they didn't, and they weren't.

Photos of the costumed King Groundhog, well over 6 feet tall and munching on a head of cabbage as he paraded among assembled lodge members, exist to this day, as do most of the lodges.

Lest you think that all they do is meet once a year, eat copious amounts of carbs and sausage whilst swilling beer, allow me to set the record straight. They meet once a year, eat copious amounts of carbs and sausage *whilst swilling beer and speaking Pennsylvania Dutch* the whole time. The line between an animal-based holiday and an act of cultural preservation is a fine one, my friends, and not to be trifled with. ☞



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CARMEL & CARMEL-BY-THE-SEA

LUXURY PROPERTIES

OPEN SAT 12-3PM
SE Corner San Antonio & 2nd



Exceptionally private picturesque Carmel bungalow located steps to Carmel Beach
3 beds, 2 baths ■ \$3,495,000 ■ www.SESanAntonio2nd.com



3 beds, 4.5 baths ■ \$2,525,000 ■ www.2MtDevonRoad.com



2 beds, 2 baths ■ \$2,250,000 ■ www.CreeksideInBigSur.com



3 beds, 3 baths ■ \$1,499,000 ■ www.24755LowerTrail.com



2 beds, 2.5 baths ■ \$1,398,000 ■ www.RetreatOnLobos.com



3 beds, 3 baths ■ \$1,395,000 ■ www.Junipero4SWofAlta.com



3 beds, 3 baths ■ \$1,330,000 ■ www.183SonomaLane.com

HOME SALES

From page 2RE

Highway 68 (con't.)

Monterey-Salinas Highway — \$730,000

Monterey Motorsport Park LLC to Janet Allinger
APN: 259-022-007

10161 Sunstar Road — \$900,000

Michael and Morgan Parola to Ronald and Sue Poppino
APN: 173-083-006

17 Antelope Lane — \$921,000

William Paulson to Ariel Hurtado
APN: 101-281-020

Monterey

402 Watson Street, unit 8 — \$510,000



7 Cramden Drive, Monterey — \$1,500,000

Gerald Hopkins to Noel McKernan
APN: 001-394-008

1 Surf Way unit 221 — \$625,000

James Ferguson to Kirk Osumi
APN: 011-442-031

699 Archer Street — \$665,000

Williams Keats to Tamara Martin
APN: 001-111-010

40 Via Descanso — \$760,000

Marian Young to David Klein
APN: 001-631-013

151 Via Mar Vista — \$1,500,000

Rita Towles to Maria Eisenhart
APN: 001-921-004

7 Cramden Drive — \$1,500,000

John Moore to James Boutcher
APN: 001-282-033

See ESCROW page 8RE

San Carlos Street 4 NE Of 1st Avenue

READY SOON | 3br /2.5ba | Ocean Views | \$2,595,000



San Carlos Street 3 NE Of 1st Avenue

READY SOON | 3br/3ba | Ocean Views | \$2,495,000



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230 REALTORS — SERVING THE ENTIRE MONTEREY BAY, SILICON VALLEY & BEYOND

OPEN SATURDAY 1-3



268 MONTEREY DUNES WAY, MOSS LANDING
3 Beds | 3 Baths | 2,722 Sq. Ft. | \$1,750,000

OPEN SUNDAY 1-3



82 ALTA MESA, MONTEREY
4 Beds | 2.5 Baths | 2,585 Sq. Ft. | \$1,695,000

OPEN SAT 12-3 & SUN 12-4



198 SHOREVIEW DR, APTOS
4 Beds | 3/2 Baths | 4,536 Sq. Ft. | \$3,998,000

OPEN SUNDAY 1-3



14 CIELO VISTA TERRACE, MONTEREY
3 Beds | 2 Baths | 1,879 sq. ft. | \$998,000

OPEN SATURDAY 1-3



106 7TH ST, PACIFIC GROVE
4 Beds | 2 Baths | 2,356 Sq. Ft. | \$2,149,000

BEAUTIFUL TURNKEY HOME



PREMIER COMMUNITY OF EAST GARRISON
4 Beds | 3 Baths | 1,870 Sq. Ft. | \$699,950

Doug McKenzie's Properties

OPEN SUN 1-3PM



Carmel ■ 2 beds, 2 baths ■ www.161-162DelMesa.com ■ \$845,000

161-162 Del Mesa Carmel

Available for the first time in 30 years, this exceptionally spacious Del Mesa home offers more than 2,400sf of single level living space.

SPCA
PICK OF THE WEEK
(831) 373-2631



Who's handsome, and they sure do know it? Little 3-year-old Leo! This handsome pomeranian mix is looking for a home that will love his energetic and playful personality. Are you on your way to say hello?



DOUG MCKENZIE

Doug@DougMcKenzieProperties.com
831.601.5991 | DRE#01912189

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DAVIDLYNQ.COM





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PEBBLE BEACH LUXURY PROPERTIES



6 beds, 6+ baths ■ \$26,500,000 ■ www.3188SeventeenMileDrive.com



8 beds, 9+ baths ■ \$24,950,000 ■ www.TimelessPebbleBeach.com



6 beds, 5.5 baths ■ \$14,500,000 ■ www.3164Palmero.com



5 beds, 5+ baths ■ \$8,995,000 ■ www.1515Riata.com



4 beds, 4+ baths ■ \$8,750,000 ■ www.LodgedAway.com



4 beds, 5 baths ■ \$2,895,000 ■ www.1604Viscaino.com



3 beds, 2 baths ■ \$1,699,000 ■ www.1061TheOldDrive.com



OPEN SAT 1-4PM
4103 Crest Rd

5 beds, 3 baths ■ \$1,177,000 ■ www.4103Crest.com

THE SANTA LUCIA PRESERVE LUXURY PROPERTIES



10.9 Acres ■ \$1,995,000 ■ www.ThePreserveCollection.com



42.2 Acres ■ \$1,295,000 ■ www.ThePreserveCollection.com



Weight, weight — don't tell me I have to live my life without bread

PHONE CONVERSATIONS using FaceTime are a lovely way to speak with friends and relatives whom you don't see very often. While I was having such a conversation with my youngest daughter, who lives in Southern California, I complimented her on how well she looked. She said she had lost 20 pounds in one month by following a new eating program based on the book, "The Fast Metabolism Diet: Eat More Food & Lose More Weight." It claims that you can lose 20 pounds in 28 days by following the regimen. She thought

it would help me. She said she had to keep moving her iPad back so my image would fit in the screen.

"I'll send you the book," she said, ignoring the fact that I had just cut her out of my will.

Nevertheless, I checked out the program prescribed by the author, nutritionist Haylie Pomroy, but it turned out to be too complicated for me to follow. Oversimplified, it requires eating different foods at different times of the day for a week, and then reversing the times and foods the next week.

It wasn't something I thought I could do. I believe that if you eat something fattening and no one sees you, it has no calories. I've tried all kinds of diets without success. Once I went gluten free for two weeks and lost 14 friends.

There was a section in the book called "The Don'ts." These were things you absolutely couldn't have if the diet was going to work. I thought if I just gave up the things on the list I could lose weight without resorting to my usual dieting strategy — *just keep cheating.*

Among the "don'ts" is soy. Easy for me. To me, soy in Spanish is the present form of the verb *ser* in the first person singular. So, no problema, amigo.

Another is corn. Again, wouldn't miss it. When farmers want to increase the grade of beef, they feed cattle plenty of corn just before slaughtering them. Ergo, corn equals quick fat.

No alcohol. I'll miss my wine with dinner but I'm not exactly a "Lost Weekend" kind of drinker.

Cut out the caffeine. I drink only decaf, but the book says even decaf coffee has 17 to 30 percent caffeine. And no mochos! A financial gain. That's 4 bucks a pop going

Scenic Views

By JERRY GERVAISE

to me instead of Starbucks. No dairy. A little tougher. I'm a cheese-a-holic. What am I going to put on my pasta? Wait, wheat's out, too. That means no Parmesan on the pasta I can't eat. And no bread. I come from centuries of Italians who believe a meal isn't complete without it. Toast and coffee has been my breakfast for almost fourscore and something

See GERVAISE page 15RE



A LIFE THAT INSPIRES YOU

OVER THE RAINBOW ON THE MEADOW | OPEN SUN 1-3



CARMEL VALLEY | 26 CAMINO DE TRAVESIA | OFFERED AT \$839,000

This charming turn key property is nestled on a 10,918 square foot lot among beautiful foliage with lovely meadow vistas. This quintessential valley home is light, bright and filled with charm. It features three bedrooms, two full bathrooms, an open living room with beamed ceiling, Carmel stone fireplace, hardwood floors, and open kitchen with custom cement counter tops. The property is fully fenced with a sun filled patio. Conveniently located on the meadow in Robles del Rio.



TEAM STEINY

Doug 831.236.7363
doug@dougsteiny.com
Lisa 831.277.2070
lisa@dougsteiny.com
dougsteiny.com

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Open Sun. 2-4PM

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5 bed, 4.5 bath ■ 4,437 sq. ft. ■ .678 acre lot ■ \$2,675,000 ■ www.316PasaderaCourt.com
Co-Listed with Geoff Arnold, Monterey Coast Realty

Rebecca Wolf Arnold
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www.SellingCoastalCalifornia.com DRE#01706104

THE PENINSULA GROUP REAL ESTATE

OPEN HOUSE SATURDAY 1-3
25635 TIERRA GRANDE, MID-VALLEY CARMEL



Beautifully updated 3 bed/2 bath with additional office and bath with separate entrance. Open concept with 2 fireplaces and a remodeled, fully outfitted kitchen. The best of indoor outdoor living with over 1700 sq ft of decking to enjoy the expansive forever views. Your opportunity to call Bella Vista home! \$1,499,000 • Hosted by Angolee Bode

OPEN HOUSE SUNDAY 1-3
147 CALLE DE LA VENTANA, CARMEL VALLEY



Charming Carmel Valley 3 bedroom 2 bathroom cottage in Robles Del Rio. This iconic wood and stone house has a newer separate one bedroom guesthouse and is ideally located near the meadow. Minutes to Carmel Valley village and in the Carmel unified School District, much of the main house is in original condition with wonderful large windows and stone fireplace. \$799,000 • Hosted by Perky Hall

CARMEL POINT LAND WITH WATER!
TWO BLOCKS TO THE BEACH!



Call Cheryl for more information
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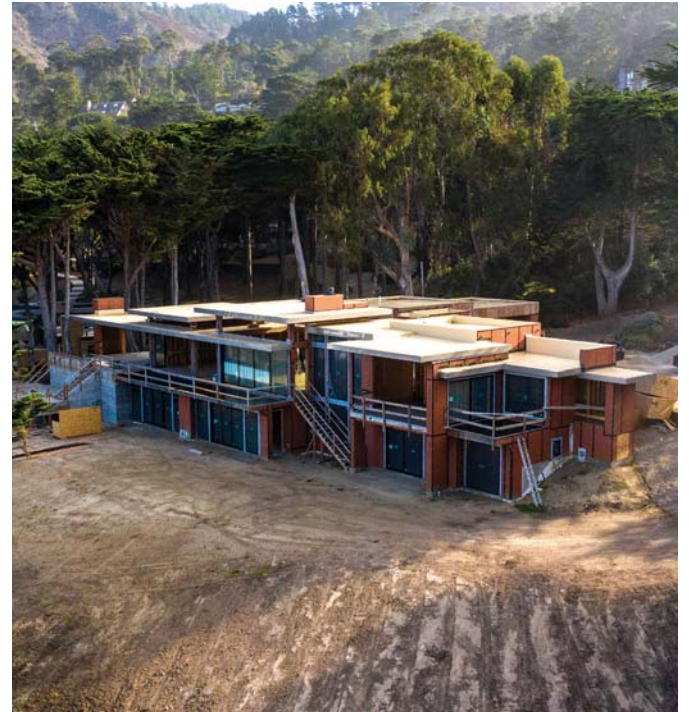
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PEBBLE BEACH
& CARMEL

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CARMEL HIGHLANDS



Contemporary Oceanfront Estate

Extraordinary opportunity on perhaps the best oceanfront property in the Highlands. Currently under construction and due to be completed in Spring 2020, this stunning contemporary home designed by Braden Sterling sits on a 4.5 acre site, on two legal parcels, offering spectacular views and a fully renovated caretaker's unit.

165SPINDRIFT.COM | \$17,250,000

NEW LISTING | PEBBLE BEACH



Panoramic Views from Every Room

1504BONIFACIO.COM

\$12,950,000

PEBBLE BEACH



Stone Hollow Estate

1456RIATA.COM

\$6,250,000

NEW LISTING | TEHAMA



Minimalist Retreat

8275CARINA.COM

\$4,995,000

SANTA LUCIA PRESERVE



Retreat Close to Amenities

GARZASTRAIL.COM

\$4,495,000

NEW LISTING | PEBBLE BEACH



Ocean View Hidden Retreat

3382LAURELESLANE.COM

\$4,150,000

SANTA LUCIA PRESERVE



Legacy Ranch Opportunity

10RANCHOSANCARLOS.COM

\$3,895,000

SANTA LUCIA PRESERVE



Timeless Single Level Hacienda

59RANCHOSANCARLOS.COM

\$3,695,000

CARMEL-BY-THE-SEA



Vintage Carmel Charm

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\$2,175,000

NEW PRICE | CARMEL-BY-THE-SEA



Storybook Cottage

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ESCROW

From page 4RE

Pacific Grove

1210 Miles Avenue — \$525,000

Jeffrey Stonehill to Linda Wheeler
APN: 007-574-016

1238 Funston Avenue — \$663,000

Michael Jilich to Anthony and Trisha Pacheco
APN: 007-563-036

442 Gibson Avenue — \$740,000

Victor Ceja and Jody Stanley to Christopher Garsha and Megan McKenna
APN: 006-531-013

1060 Jewell Avenue — \$1,100,000

Michelle Ikuta to David and Jannell Anthony
APN: 006-121-030

1223 Surf Avenue — \$1,320,000

Donald Pepperdene to James Musbach
APN: 006-013-005

132 Forest Avenue — \$1,720,000

Joe and Melanie Byerly to Bruce and Connie Heath
APN: 006-156-015

Pebble Beach

Viscaino Road — \$1,075,000

Pebble Beach Co. to Nadereh Taheri
APN: 008-031-028

Salinas

Roy Diaz Street — \$3,350,500

Linda Grube, Stanley Haley, George Helmers and Phyllis Johnson Family LP to Loves Hospitality of CA LLA
APN: 177-131-011

Seaside

1781 Fernando Street — \$520,000

David Tadman to Ted Hwang
APN: 012-109-033

5 Wheeler Court — \$590,000

Ray Corpus to Louie Schallanberger
APN: 012-452-023

2050 Mendocino Street — \$622,500

Attila Csikesz to Alison Gomon
APN: 011-052-004

Number of sales: 26

Total value: \$34,564,000

The Pine Cone prints all Monterey Peninsula real estate sales shown on recorded deeds, and we do not omit sales for any reason. For more on our home sales reporting policy, please go to <http://www.pineconearchive.com/home-salespolicy.html>

Limited Condominiums Available COMPASS

The only units available for sale in these complexes



250 Forest Ridge, #68 | Monterey

2 Bed | 2 Bath | 1,193 Sq Ft | \$559,000
Open Saturday 1/25 12-2 PM



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831.200.3178 | DRE 01731448
bambacepeterson.com
@bambacepeterson

46 Shepherds Knolls | Pebble Beach

- 2 Bed | 2 Bath | 1,537 Sq Ft | \$649,000
- Open Saturday 1/25 11 AM - 1 PM



Upper Pebble Beach / Skyline Ridge

Condominium Sales 2006-2019



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QUINTESSENTIAL PG COTTAGE
412 Park St, Pacific Grove
Open Sunday 11:00 - 1:00
Bay peeks • 2 Bed, 2 Bath • loft for office or overflow guests charming backyard • close to town **\$829,000**



SUNNY MID-VALLEY OASIS
25435 Telarana Way, Carmel Valley
Call for a showing
Forest views • Carmel schools • 3 bed 2.5 baths • many upgrades • 1,802sf • private cul-de-sac • 42,000+ lot **\$827,000**



2 Residential LOTS IN PACIFIC GROVE!
1334 Shafter Ave \$448,000 4,496sf
1336 Shafter Ave \$448,000 4,750sf
BUY BOTH LOTS for \$799,000
Call for a showing
Water One is under construction CalAm slant well approved w/ County of Monterey • Purchase 1 or 2 lots now and wait for water meter availability.



LOOK AT THE SQUARE FOOTAGE!
3006 Ransford Cir, Pacific Grove
Call for a showing
Approx 2400+ • 3 bedroom, 3 FULL baths • oversized 2 car garage • fabulous location • gated complex **\$990,000**

SOLD by THE JONES GROUP in 2019

Thanks for ANOTHER Great Year!



SOLD
739 Mermaid Av, Pacific Grove **\$1,095,000**



SOLD IN 1 WEEK
310 4th St, Pacific Grove **SOLD in 1 Week \$845,000**



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SOLD IN 1 WEEK
629 Pine Ave, Pacific Grove **SOLD in 1 week \$842,340**



SOLD IN 1 WEEK
743-749 Mermaid Av, Pacific Grove **SOLD in 1 Week \$1,089,000**

Monte Verde 5SW of 10th	Carmel	\$2,975,000
136 7th St	Pacific Grove	\$1,235,000
631 Grace St	Monterey	\$1,073,520
1130 Ripple Ave	Pacific Grove	\$1,045,000
56 17 Mile Dr	Pacific Grove	\$965,000
429 Casanova Ave	Monterey	\$849,500
629 Pine Ave	Pacific Grove	\$842,340
132 6th St	Pacific Grove	\$765,000
149 Seeno St	Monterey	\$698,000
213 Wood St	Pacific Grove	\$655,000
237 Congress Ave	Pacific Grove	\$594,750
309 Cedar St	Pacific Grove	\$455,000

23820 Fairfield Place	Carmel	\$1,350,000
739 Mermaid Ave	Pacific Grove	\$1,095,000
743-745 Mermaid Ave	Pacific Grove	\$1,089,000
1303 Buena Vista	Pacific Grove	\$1,035,000
27932 Berwick Dr	Carmel Valley	\$907,500
227 Oak Place	Pacific Grove	\$900,000
310 4th St	Pacific Grove	\$845,000
908 Sunset Drive	Pacific Grove	\$785,000
3167 Ninole Dr	Marina	\$656,000
42 Nacional St	Salinas	\$539,950
1668 Soto St	Seaside	\$522,500
1876 Baker St	Seaside	\$455,000

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246 Highway 1, Carmel | \$2,978,000
Monterey Peninsula Home Team | 831-313-2289



571 Aguajito Road, Carmel | \$2,399,000
Bill Blume | 732-489-1088



285 Laureles Grade Road, Carmel Valley | \$1,329,000
The Jacobs Team | 831-236-7976



4093 El Bosque Drive, Pebble Beach | \$1,375,000
Patrick O'Donnell | 831-236-5931



24015 Ranchito Del Rio Court, Salinas | \$1,847,000
The Jacobs Team | 831-236-7976



237 9th Street, Marina | \$698,880
The Ruiz Group | 831-595-9242



887 Sinex Avenue, Pacific Grove | \$1,199,000
Christian Haun | 831-402-9451



0 SE Corner of Third & Sante Fe, Carmel | \$899,000
Christian Haun | 831-402-9451



831.622.6200
KWCoastalEstates.com

Carmel By-The-Sea | Carmel Valley | Pacific Grove | Salinas

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CARMEL | OPEN SAT 2-4



24284 SAN JUAN RD

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Katherine Hudson 831.293.4878

CARMEL | OPEN SAT 1-3



26106 LADERA DRIVE

26106LADERA.COM

\$3,498,000

Gladney Randazzo 831.238.3444

CARMEL



DEL MAR 5 SE OF OCEAN

ONTHEBEACHINCARMEL.COM

\$9,500,000

Jeannie Fromm 831.277.3371

BIG SUR



39140 HIGHWAY 1

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\$16,000,000

Noel Beutel and Steve Beutel 831.915.0632

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CARMEL



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Pat Ward 831.236.2268

MONTEREY PENINSULA BROKERAGES | SOTHEBYSHOMES.COM/MONTEREY

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For those on a journey

MONTEREY | OPEN SAT 12-2



Monterey Bay Sunsets | 125 Surf Way Unit #439
 Bill Bluhm 831.277.2782

SOTHEBYSHOMES.COM/1210817 | \$895,000

CARMEL | OPEN SAT 1-3



26106 Ladera Drive
 26106LADERA.COM7 | \$3,498,000
 Gladney Randazzo 831.238.3444

PACIFIC GROVE



Updated 4 Bedroom
 SOTHEBYSHOMES.COM/0475935 | \$1,150,000
 Paul Riddolls 831.293.4496

CARMEL VALLEY | OPEN SAT 1-3, SUN 1:30-4



Carmel Valley Get-Away
 12RANCHOELROBLED0.COM | \$1,050,000
 Terry McGowan 831.236.7251

PACIFIC GROVE | OPEN SAT 1-3, SUN 1-4



Great Opportunity!
 854SUNSETDRIVE.COM | \$989,999
 Arleen Hardenstein 831.915.8989

CARMEL



Ocean Views Get-Away
 SOTHEBYSHOMES.COM/0475681 | \$879,000
 Kyle Morrison 831.236.8909

MONTEREY | OPEN SAT 1-4



Mid Century Modern
 2300PRESCOTTAVEMONTEREY.COM | \$865,000
 Joe Smith 831.238.1984

CARMEL VALLEY | OPEN SUN 1-3



Views on the Meadow
 26CAMINODETRAVESIA.COM | \$839,000
 Doug & Lisa Steiny 831.236.7363

PACIFIC GROVE | OPEN SUN 12-2



Cottage Close to Town
 SOTHEBYSHOMES.COM/1210802 | \$775,000
 Bill Bluhm 831.277.2782

PACIFIC GROVE



Parcel with Water
 SOTHEBYSHOMES.COM/0475714 | \$529,000
 Paul Riddolls 831.293.4496

MONTEREY PENINSULA BROKERAGES | SOTHEBYSHOMES.COM/MONTEREY

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CARMEL

\$1,195,000	3bd 1.5ba	Sa 11-4
Santa Fe 3 NW of 2nd Ave Carmel Coldwell Banker Del Monte Realty 626-2222		
\$1,199,000	3bd 2ba	Su 1-3
4135 Canada Court Carmel Sotheby's Int'l RE 277-5928		
\$1,255,000	4bd 3ba	Sa 12-2:30 Su 1-3
26075 Dougherty Place Carmel Carmel Realty Company 594-8467 / 920-7023		
\$1,287,500	2bd 1ba	Su 2-4 Rain Cancels
24793 Santa Rita Street Carmel Compass 297-1288		
\$1,449,000	4bd 3ba	Sa 2-4
3602 Eastfield Rd Carmel Compass 238-1380		
\$1,539,000	3bd 3ba	Sa 1-3 Su 12-2:30
3820 Whitman Circle Carmel Carmel Realty Company 920-7023 / 594-8467		
\$1,549,000	3bd 3ba	Sa 1-3
25610 Via Crotalo Carmel Lowell Hopkins Properties 624-5712		
\$1,588,000	3bd 3ba	Sa 10-12 Su 1-3
NE Carpenter 2 NE of 3rd Carmel Coldwell Banker Del Monte Realty 626-2222		
\$1,750,000	3bd 3.5ba	Su 2-4
9371 Holt Road Carmel Sotheby's Int'l RE 320-1109		
\$1,795,000	3bd 3ba	Sa 2-4
24284 San Juan Road Carmel Sotheby's Int'l RE 293-4878		
\$1,895,000	3bd 3ba	Sa 1-4 Su 1-3
26255 Atherton Drive Carmel Monterey Coast Realty 224-3694 / 595-0676		
\$1,999,900	4bd 4ba + guest	Sa Su 11-2
24896 Lincoln Carmel Mid Coast Investments 521-0995		
\$2,389,000	4bd 4.5ba	Sa 1-3
26080 Mesa Dr Carmel Compass 241-4215		
\$2,395,000	4bd 2ba	Sa 11-1 Su 1-4
26222 Dolores St Carmel Coldwell Banker Del Monte Realty 626-2222		
\$2,895,000	2bd 2.5ba	Sa 12-2 Su 1-4
San Antonio 2 NE 4th Avenue Carmel Carmel Realty Company 620-2699 / 574-9393		
\$3,395,000	4bd 3ba	Su 2-5
26070 Ridgewood Road Carmel Carmel Realty Company 601-3207		
\$3,495,000	3bd 2ba	Sa 12-3
SE Corner San Antonio & 2nd Carmel Carmel Realty Company 915-8153		
\$3,495,000	4bd 4.5ba	Su 12-2
77 Yankee Point Drive Carmel Carmel Realty Company 574-5491		
\$3,498,000	4bd 4ba	Sa 1-3
26106 Ladera Drive Carmel Sotheby's Int'l RE 214-2250		
\$3,595,000	3bd 3.5ba	Sa 1-3
26339 Camino Real Carmel Carmel Realty Company 574-0260		
\$3,600,000	3bd 3.5ba	Sa Su 1-3
24755 Outlook Drive Carmel Sotheby's Int'l RE 238-8311 / 601-2200		
\$3,695,000	5bd 4ba	Sa 11-1
Scenic Rd. and Ocean Ave. SW Corner Carmel Coldwell Banker Del Monte Realty 626-2222		
\$3,850,000	3bd 2ba	Sa 1-3
2579 14th Avenue Carmel Carmel Realty Company 241-1434		



\$4,200,000	3bd 3.5ba	Sa 1-4 Su 10-1
Carmelo 4 SW of Ocean Carmel Carmel Realty Company 241-2600		
\$6,100,000	6bd 6.5ba	Sa Su 1-3
101 Lower Walden Road Carmel Carmel Realty Company 915-9726 / 777-5893		
\$9,225,000	3bd 3.5ba	Sa Su 1-3
29798 Hwy 1 Carmel Carmel Realty Company 915-9726 / 777-5893		
\$9,700,000	3bd 3.5ba	Sa 2-4
243 Highway 1 Carmel Carmel Realty Company 521-0009		

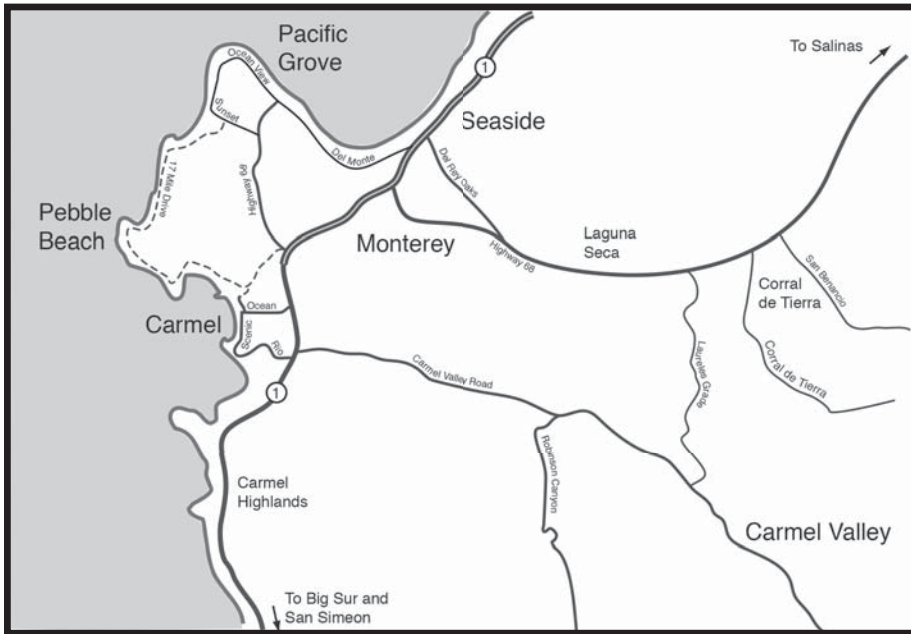
CARMEL HIGHLANDS

\$1,395,000	3bd 2ba	Su 2-4
96 Oak Way Carmel Highlands Sotheby's Int'l RE 236-2268		
\$2,695,000	3bd 4ba	Sa 12-3 Su 1-3
112 Pine Way Carmel Highlands Coldwell Banker Del Monte Realty 214-1990		
\$3,599,000	4bd 3.5ba	Su 12-2:30
139 San Remo Carmel Highlands Sotheby's Int'l RE 238-6152		

CARMEL VALLEY

\$799,000	3bd 2ba, guest+ba	Su 1-3
147 Calle De La Ventana Carmel Valley The Peninsula Group 595-5045		
\$819,000	3bd 2ba	Sa Su 2-4
206 Del Mesa Carmel Valley Carmel Realty Company 238-1186		

This Weekend's **OPEN HOUSES** January 24-26



\$839,000	3bd 2ba	Su 1-3
26 Camino de Travesia Carmel Valley Sotheby's Int'l RE 277-2070		
\$885,000	3bd 2ba	Su 1-4
14 Paso Hondo Carmel Valley Coldwell Banker Del Monte Realty 626-2222		
\$1,050,000	3bd 3ba	Sa 1-3 Su 1:30-4
12 Rancho El Robledo Carmel Valley Sotheby's Int'l RE 236-7251		
\$1,135,000	3bd 1.5ba	Sa 2-4
13 Paso Cresta Carmel Valley Coldwell Banker Del Monte Realty 626-2222		
\$1,139,000	4bd 3ba	Sa Su 1:30-3:30
1 Rancho Rd Carmel Valley Coldwell Banker Del Monte Realty 626-2222		
\$1,295,000	3bd 2ba	Sa 2-4
15349 Via La Gitana Carmel Valley Sotheby's Int'l RE 917-2111		
\$1,339,000	3bd 3ba	Sa 1-3
542 Country Club Drive Carmel Valley Carmel Realty Company 402-4108		
\$1,375,000	3bd 2.5ba	Su 12-3
238 El Caminito Road Carmel Valley Sotheby's Int'l RE 650-773-4423		
\$1,499,000	3+bd 2+ba	Sa 1-3
25635 Tierra Grande Carmel Valley The Peninsula Group 595-5045		
\$1,675,000	2bd 1.5ba	Sa 11-1
48 Miramonte Rd Carmel Valley Coldwell Banker Del Monte Realty 626-2222		
\$1,765,000	4bd 3ba	Sa Su 2-4
27 La Rancheria Carmel Valley Carmel Realty Company 238-0653		
\$2,095,000	3bd 3ba	Sa 11-4 Su 1-3
7061 Valley Green Circle Carmel Valley Sotheby's Int'l RE 204-2204 / 238-8311		
\$2,400,000	4bd 5.5ba	Sa 1-3
14 Miramonte Road Carmel Valley Monterey Coast Realty 809-6208		



\$2,995,000	4bd 3.5ba	Sa 1:30-3:30
15 Encina Drive Carmel Valley Carmel Realty Company 595-4999		

DEL REY OAKS

\$825,000	4bd 2ba	Su 1-3:30
977 Angelus Way Del Rey Oaks Sotheby's Int'l RE 521-3158 / 905-2842		

KING CITY

\$449,500	4bd 3ba	Sa Su 1-4
46274 Meadowbrook Drive King City KW Coastal Estates 402-9451		

LA SELVA BEACH

\$2,195,000	3bd 2ba	Sa 12-2
605 Sand Dollar Drive La Selva Beach David Lyng RE 624-1135		

MARINA

\$698,880	2bd 3ba	Sa Su 1-3
237 9th St Marina KW Coastal Estates 277-8712		

\$699,000	4bd 2ba	Sa Su 1-4
411 Exeter Place Marina Monterey Coast Realty 402-5528 / 224-3694		

MONTEREY

\$369,000	1bd 1ba	Sa 11-1
4306 Golden Oaks Lane Monterey KW Coastal Estates 747-4923		
\$559,000	2bd 2ba	Sa 12-2
250 Forest Ridge, Unit #68 Monterey Compass 320-7961		
\$689,000	2bd 1ba	Su 1-3
1561 Withers Avenue Monterey Sotheby's Int'l RE 601-5355		
\$699,000	2bd 2ba	Su 1-3
238 Littlesex Avenue Monterey Sotheby's Int'l RE 917-8208		
\$865,000	2bd 2ba	Sa 1-4
2300 Prescott Avenue Monterey Sotheby's Int'l RE 238-1984		
\$875,000	3bd 2ba	Sa 12-2 Su 11-2
125 Surf Way #433 Monterey KW Coastal Estates 809-3815 / 595-9290		
\$895,000	2bd 2ba	Sa 12-2
125 Surf Way Unit #439 Monterey Sotheby's Int'l RE 277-2782		
\$930,000	3bd 2ba	Sa 1-4 Su 11-2
5 Pinehill Way Monterey Sotheby's Int'l RE 324-8224 / 238-8116		
\$949,000	2bd 2ba	Sa 1-3 Su 11-3
1 Surf Way #116 Monterey KW Coastal Estates 915-5585 / 732-489-1088		
\$998,000	3bd 2ba	Su 1-3
14 Cielo Vista Terrace Monterey David Lyng RE 915-9710		
\$1,149,000	4bd 3ba	Sa 1-3
92 El Camino Monterey Carmel Realty Company 915-3518		
\$1,188,000	3bd 3.5ba	Sa 12-2 Su 1-3
2110 Messina Pl Monterey Coldwell Banker Del Monte Realty 628-2206		
\$1,500,000	4bd 3ba	Sa 1-4 Su 2-4
25420 Boots Rd Monterey Coldwell Banker Del Monte Realty 626-2222		
\$1,695,000	4bd 2.5ba	Su 1-3
82 Alta Mesa Circle Monterey David Lyng RE 620-2271		
\$1,695,000	3bd 4ba	Sa 11-2 Su 12-3
411 Mirador Court Monterey KW Coastal Estates 313-2289		
\$1,695,000	3bd 2ba	Sa 1-4 Su 1-3
1134 Alta Mesa Road Monterey Sotheby's Int'l RE 293-4190 / 521-3158		
\$1,875,000	5bd 4ba	Sa 11-2
11502 Saddle Road Monterey KW Coastal Estates 313-2289		
\$2,495,000	5bd 5ba	Su 10:30-1:30
25780 Paseo Estribo Monterey Coldwell Banker Del Monte Realty 206-0129		
\$2,895,000	4bd 5.5ba	Su 1-3
612 Belavida Rd Monterey Coldwell Banker Del Monte Realty 626-2222		

MTRY/SALINAS HWY 68

\$979,888	4bd 3ba	Sa 12-3
15470 Weather Rock Way Mtry/Slns Hwy 68 Sotheby's Int'l RE 229-0092		
\$995,000	3bd 2ba	Sa Su 1-4
225 San Benancio Road Mtry/Slns Hwy 68 Sotheby's Int'l RE 840-5582		
\$1,650,000	4bd 4.5ba	Sa 1-3:30 Su 1-3
22 Mesa Del Sol Mtry/Slns Hwy 68 Sotheby's Int'l RE 402-4394		
\$2,675,000	5bd 4.5ba	Su 2-4
316 Pasadera Court Mtry/Slns Hwy 68 Carmel Realty Company 241-2600		



\$2,675,000	5bd 4.5ba	Su 2-4
316 Pasadera Court Mtry/Slns Hwy 68 Carmel Realty Company 241-2600		

MOSS LANDING

\$950,000	3bd 2.5ba	Sa 11-1
7891 Moss Landing Road Moss Landing Monterey Coast Realty 521-7099		
\$1,750,000	3bd 3ba	Sa 1-3
268 Monterey Dunes Way Moss Landing David Lyng RE 624-1135		

PACIFIC GROVE

\$519,000	2bd 1ba	Sa Su 1-3
125 7th Street #2 Pacific Grove Sotheby's Int'l RE 277-6020		
\$775,000	2bd 1.5ba	Su 12-2
520 18th Street Pacific Grove Sotheby's Int'l RE 869-6117		
\$788,000	2bd 1.5ba	Sa 11-3
690 Laurel Ave Pacific Grove Coldwell Banker Del Monte Realty 601-5800		
\$829,000	2+bd 2ba	Su 11-1
412 Park Street Pacific Grove The Jones Group 917-4534		
\$899,000	2bd 2ba	Sa Su 2-4
212 Carmel Ave Pacific Grove Coldwell Banker Del Monte Realty 596-3825		
\$975,000	3bd 2ba	Sa 11-1 Su 1-3
1224 Miles Ave. Pacific Grove KW Coastal Estates 250-3057		
\$989,999	3bd 2ba	Sa 1-3 Su 1-4
854 Sunset Drive Pacific Grove Sotheby's Int'l RE 915-8989 / 324-8224		
\$1,039,000	3bd 3ba	Sa Su 11-1
504 19th St Pacific Grove Coldwell Banker Del Monte Realty 596-6118		
\$1,098,000	3bd 2ba	Fr 3-5 Sa 12-3
1017 Forest Ave Pacific Grove KW Coastal Estates 313-2289		
\$1,199,000	3bd 2ba	Fr 2-4 Sa Su 12-3
887 Sinex Ave Pacific Grove KW Coastal Estates 484-4270 / 214-284-4347		
\$1,745,000	4bd 5.5ba	Su 12-2
626 Hillcrest Ave Pacific Grove Compass 238-1380		
\$1,995,000	2bd 2.5ba	Fr 3-6 Sa Su 1-4
542 Lighthouse Ave #305 Pacific Grove KW Coastal Estates 277-8712		
\$2,049,000	2bd 2.5ba	Fr 3-6 Sa Su 1-4
542 Lighthouse Ave #406 Pacific Grove KW Coastal Estates 277-8712		
\$2,095,000	2bd 2.5ba	Fr 3-6 Sa Su 1-4
542 Lighthouse Ave #405 Pacific Grove KW Coastal Estates 277-8712		
\$2,095,000	3bd 2ba	Su 2-4
218 Bentley St Pacific Grove KW Coastal Estates 313-2289		
\$2,149,000	4bd 2ba	Sa 1-3
106 7th Street Pacific Grove David Lyng RE 915-9710		
\$2,195,000	2bd 2.5ba	Fr 3-6 Sa Su 1-4
542 Lighthouse Ave #401 Pacific Grove KW Coastal Estates 277-8712		
\$2,349,000	2bd 1ba	Fr 3-6 Sa Su 1-4
542 Lighthouse Ave #407 Pacific Grove KW Coastal Estates 277-8712		

PEBBLE BEACH

\$649,000	2bd 2ba	Sa 11-1
46 Shepherds Knolls Pebble Beach Compass 238-1380		



\$1,177,000	5bd 3ba	Sa 1-4
4103 Crest Road Pebble Beach Carmel Realty Company 320-6801		
\$1,195,000	3bd 2ba	Sa 12:30-2:30 Su 1-4
3033 Strawberry Hill Road Pebble Beach Sotheby's Int'l RE 392-5800 / 293-4190		
\$1,595,000	3bd 2ba	Su 2-4
1081 Indian Village Rd Pebble Beach Coldwell Banker Del Monte Realty 594-7283		

See OPEN HOUSES page 14RE

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Sat 1-3



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Carmel Valley
\$2,400,000
14Miramonte.com



3 Beds
3 Baths
27471 Vista Del Toro Pl
Corral de Tierra
\$1,290,000
VistaDelToro.com



3 Beds
2 Baths
33 Via Contenta
Carmel Valley
\$849,000
CarmelValleyVillageHome.com

EAST GARRISON



4 Beds
2.5 Baths
15611 Watkins Gate Rd
\$889,000
15611WatkinsGateRoad.com



3 Beds
2.5 Baths
14622 Lee Ave
\$837,000
14622LeeAvenue.com



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MCI MID COAST INVESTMENTS

OPEN HOUSES
From page 12RE

PEBBLE BEACH

\$2,888,000 3bd 4.5ba 2832 Sloat Road Sotheby's Int'l RE	Sa 1:30-4 Pebble Beach 236-4318
\$3,995,000 4bd 4.5ba 3892 Ronda Rd Coldwell Banker Del Monte Realty	Su 1-3 Pebble Beach 214-1990
\$5,295,000 5bd 5.5ba 1437 Viscaino Rd Coldwell Banker Del Monte Realty	Sa 1-3 Su 12-3 Pebble Beach 214-1990
\$5,595,000 4bd 4+ba 1230 Silver Court Carmel Realty Company	Fr 1-4 Sa 11-5 Su 12-3 Pebble Beach 915-8153 / 884-3868
\$5,950,000 7bd 4ba 1499 Alva Ln Coldwell Banker Del Monte Realty	Sa 2-4 Pebble Beach 277-7200
\$5,995,000 4bd 4.5ba 1425 Viscaino Rd Coldwell Banker Del Monte Realty	Sa 12-2 Su 1:30-3:30 Pebble Beach 214-1990

\$6,495,000 4bd 4.5ba
24 Poppy Ln
Coldwell Banker Del Monte Realty

Sa 1:30-3:30 Su 2-5
Pebble Beach
214-1990

SALINAS

\$945,000 5bd 4ba
27603 Prestancia Circle
KW Coastal Estates

Sa 12-3 Su 2-4
Salinas
224-0020 / 214-2651

\$1,298,000 5bd 3ba
25946 Deer Run Ln
Coldwell Banker Del Monte Realty

Sa 1-3
Salinas
626-2222

\$1,847,000 5bd 4ba
24015 Ranchito Del Rio Court
KW Coastal Estates

Sa 11-2
Salinas
732-489-1088

SEASIDE

\$550,000 2bd 1ba
1950 Noche Buena Street
Sotheby's Int'l RE

Sa 1-4
Seaside
595-0797


\$710,000 3bd 2ba
1421 Wanda Avenue
Sotheby's Int'l RE

Sa Su 1-3
Seaside
444-1718 / 915-8989

\$715,000 3bd 2ba
1013 Kimball Ave
KW Coastal Estates

Fr 2-5 Sa Su 1-3
Seaside
419-0111

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6+ month stays available
"Spanish Bay Sanctuary" (3737)

Carmel by the Sea
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"On Soundings" (3764)

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GERVASE

From page 6RE

years. A sandwich isn't a sandwich without thick crusty bread. Not eating bread would be akin to denying the existence of God. Bread is mentioned in the Bible 389 times, give or take a slice or two. "Give us this day our

daily bread" raises loaves of memories of my mother in the kitchen baking. Imagine walking in the door on a snowy winter day and having the sweet, yeasty scent of fresh bread fill your frosty nostrils.

Almost before we could lay our snow-caked woolen mittens on the radiator to dry, mom would slice the end off a hot loaf. With probing fingers we would pull out the hot white insides, roll chunks into balls, dip them in melted butter and swallow them almost without chewing. Soon

there was nothing left but a warm tunnel of crust.

Those of us who brown-bagged it to school would dig into our lunch sacks and come up with wax-paper-wrapped salami or mortadella sandwiches made with thick slices of Italian bread. We would mock the non-Italian kids with their dainty un-wonderful Wonder Bread sandwiches.

Breaking bread is part of my genetic makeup. Italians enjoy breaking bread with companions — and why not, since the word companion derives from the Latin *com* (with) and *panis* (bread.) We believed that any time someone makes a salami sandwich on doughy, blah white bread an Italian dies.

Rhymes with 'dung'

The book suggested sprouted grain bread. Say what? I had to look up sprouts. Two of the most popular kinds are alfalfa and mung bean sprouts. Mung? There's a reason it rhymes with "dung." I found sprouted grain bread at Safeway. It was frozen. It should be embalmed.

But hey, no pain, no gain — or, in my case, wheat plus sauce equals no weight loss. My daughter was my inspiration. I had to try my modified plan of just eliminating the don'ts on the list. I tried it for seven full days and lost 10 pounds. Will I keep it going? Why not! After all, look what I have to lose.

Hey, I saw a recipe for mung bean pizza. Mung bean pizza? Ugh. There goes a whole Italian village.

Contact Jerry at jerrygervase@yahoo.com.

POLICE LOG

From page 4A

FRIDAY, JANUARY 10

Pacific Grove: Conducted a vehicle stop on Forest Avenue for vehicle code violations at 0111 hours. Determined the driver had multiple warrants and was in possession of crystal methamphetamine and drug paraphernalia. He was booked into Monterey County Jail for misdemeanor possession of a controlled substance, possession of unlawful paraphernalia, misdemeanor possession of unlawful paraphernalia, and providing false identification to police officers.

Carmel-by-the-Sea: A dog was reported loose in the area of San Carlos and Sixth shortly after the dog was found and returned to the owner by an officer.

Carmel-by-the-Sea: Ongoing neighbor dispute at Lincoln and Ninth. Resident sent a letter and photographs showing that a neighbor killed a plant in his yard.

Pacific Grove: Vehicle-vs.-bicycle collision on Sunset.

Coming Soon to Carmel-by-the-Sea.

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OPEN THIS WEEKEND

JOIN JESSICA
SAT 1-3PM

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CARMEL-BY-THE-SEA



Centrally located on a corner, double lot in the heart of Carmel-by-the-Sea this elegant 2,700 sq.ft. home is ideal for entertaining.
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SUN 2-4PM
3124 HACIENDA DRIVE,
PEBBLE BEACH

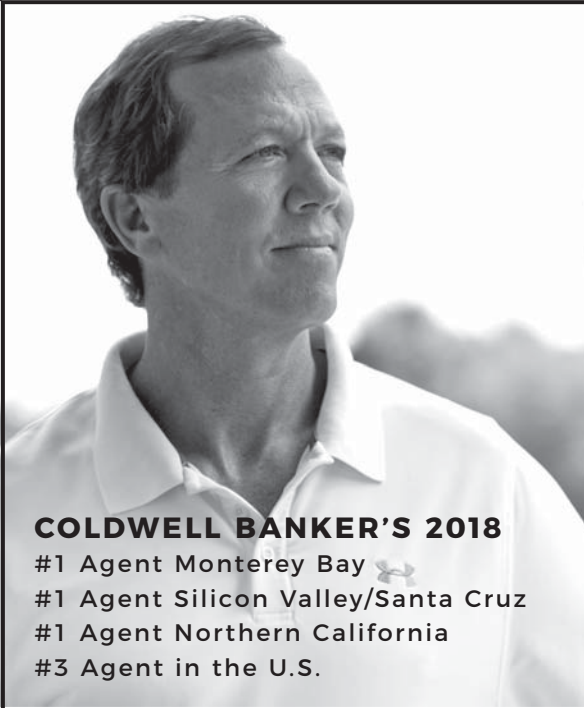


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- #1 Agent Silicon Valley/Santa Cruz
- #1 Agent Northern California
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72 FERN CANYON RD, CARMEL | \$13,950,000

This magical estate-like compound is set on a private 14-acre knoll enjoying views of Point Lobos and the ocean beyond | 72FernCanyonRoad.com



1675 CRESPI LN, PEBBLE BEACH | \$10,950,000

Prepare yourself for breathtaking ocean views throughout this classic Pebble Beach estate | PebbleBeachOceanViews.com



1425 VISCAINO RD, PEBBLE BEACH | \$5,995,000

This beautiful new modernized Monterey colonial-style residence has been masterfully designed | 1425Viscaino.com



1437 VISCAINO RD, PEBBLE BEACH | \$5,295,000

This new Mediterranean-style home on 1 acre is sited on the 13th fairway of Poppy Hills Golf Course | 1437ViscainoRoad.com



MISSION 3NE OF 10TH, CARMEL | \$999,000

Grasp this rare opportunity to build your ideal home just blocks to all the attractions of Carmel by the Sea! | CarmelLot.com



1564 DEER PATH, PEBBLE BEACH | \$3,275,000

Stunning turnkey property situated on over an acre of private forested land with ocean views | DeerPathPebbleBeach.com



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