

9 LOCALS LOVED VISITORS TRUSTED ΒY AND ΒY SINC

P.G., Monterey slow to react to sidewalk vending

By KELLY NIX

WHILE CARMEL moved quickly to regulate street vendors that a new state law requires to be allowed, the cities of Pacific Grove and Monterey are taking a more casual, wait-



From this tiny vehicle, Roger Vandevert runs Moto Espresso, which offers coffee for sale. The new sidewalk vendor law allows him to operate in many more locations than he was allowed to before

Ban sought on fairy lights in favor of up-lighting

By MARY SCHLEY

TWINKLE LIGHTS don't belong in the Ocean Avenue medians, planning commissioners decided last week, when they unanimously voted to recommend the city council get rid of the string lights that have long been used to illuminate trees in the center planters and install fixtures that will shine up into the taller cypresses and pines from below.

The little white fairy lights, which previously were only switched on during the holiday season, began staying lit yearround in 2012, causing consternation for some. The question of how to illuminate the medians was extensively debated in 2014 but then sidelined for a while before being brought back up for discussion in 2017.

The planning commission finally made a choice Jan. 16. Their opinions were in line with the majority of the 192 people who voted in a nearly two-month-long city survey asking which of three options they preferred — the existing white string lights, "champagne" string lights with three shades of white, or up-lighting. Sixty percent of the people who responded favored up-lighting, according to senior planner Marnie Waffle.

Among the residents who commented at the meeting, Barbara Livingston said she hoped the new up-lighting would be "soft, and not garish in any way."

and-see approach.

The law, which went into effect Jan. 1, permits vendors to set up shop on sidewalks and in public parks. Carmel passed an ordinance Jan. 8 to regulate vendors, and has issued 10 permits for city streets and three for Devendorf Park.

Pacific Grove community and economic development director Mark Brodeur said that, while he's reached out to Carmel's planning staff about the new law - which allows someone with a hot dog stand to set up on Lighthouse Avenue in front of Red House Cafe, for example — it's not a hot-button issue vet.

"In general, nobody seems concerned," Brodeur said.

Many small towns ban sidewalk vending, based on concerns of overcrowding, competition with brick-and-mortar stores, and quality of life. But the state law, SB 946, prohibits municipalities from banning sidewalk vendors and only allows cities to impose restrictions related to "health, safety and welfare.'

Passed by the state Legislature and signed by former Gov. Jerry Brown, SB 946 claims that sidewalk vending provides entrepreneurship and economic opportunities to "low-income and immigrant communities," increases access to "culturally significant food and merchandise," and contributes "to a safe

been a tradition in town that the stores were providing the

lighting," Brown said, calling the string lights in use for the

By CHRIS COUNTS

ago during an outing with friends was found at Garrapata

State Beach in Big Sur Jan. 21, the Monterey County Coroner

days after Braxton Stuntz, a 2018 Stevenson School graduate,

fell while exploring a blowhole. At the time, heavy surf made

THE BODY of the young man swept out to sea two weeks

The discovery, which was made around noon, came nine

Monterey County Sheriff's deputy Jesse Villasenor report-

But Paula Hazdovac, who has a shop on Ocean Avenue

past several years "a disaster."

reported.

BODY IDENTIFIED

AS STEVENSON GRAD

See VENDING page 13A

See LIGHTS page 16A

${ m M}_{ m ONTE}$ VERDE Street residents don't think much of the First Church of Christ Scientist's proposal to change the zoning on seven lots they own in order to relocate their church and construct a dozen apartments and condos, and two duplexes, according to testimony heard by the planning commission last week.

The members of the commission universally disliked the idea, too, when they discussed it at their Jan. 16 meeting, but they narrowly voted to put off making a decision, instead

By MARY SCHLEY

Christian Science

like lead balloon

plans go over

giving the church and architect Eric Miller time to come up with another idea that might be more palatable.

The church's seven lots, now zoned for single-family use, contain its sanctuary, reading room and parking lots. The church wants to rezone all of the lots to a category that allows multi-family residential and commercial uses so they can build a new, smaller First Church of Christ Scientist sanc-

Residents. commission don't want big changes at downtown site

tuary and two residential buildings, with an upstairs unit and a downstairs unit in each, on the four lots on the Lincoln Street side. The three lots on Monte Verde would be rezoned for a 12unit apartment and condo complex with underground parking.

Miller said the project would enhance the sleepier part of town north of Ocean Avenue and said it would be similar to the Trevvett Court complex he designed for The Carmel Foundation on Dolores Street, though it would be larger.

"It's an interesting mix of housing and could potentially reactivate this part of town," he said.

The church has already purchased the water needed for the development from Clint Eastwood's Malpaso Water, according to Michael Waxer, who managed the water sales. The group acquired 1.27 acre-feet, at a cost of \$240,000 per acrefoot, for a total of \$304,800.

Revitalization not needed?

But many who live nearby were not interested in bringing so much change to their street, which they said is already crammed with parked cars that reduce it to a single lane.

Pat Cogan, who lives on Monte Verde south of Fifth, said residents in the area believe their street should remain zoned

See ZONING page 14A

See **RECOVERED** page 16A

And Mike Brown argued for no lights at all. "There has

Adolescent elephant seals put on manly show at Hopkins beach

rescue efforts too dangerous.



By KELLY NIX

THEY'RE LARGE, lumbering and intimidating, and they're acting like they own the place. And they kind of do. On Jan. 19, two large male elephant seals, which appear to weigh between 2,000 and 2,500 pounds, hauled themselves onto the beach at the Hopkins Marine Station beach in Pacific Grove. They've amused onlookers, sparring with each other and sprawling on the beach doing a whole lot of nothing.

Not to be confused with much the smaller and quieter harbor seals who call the Hopkins beach home, elephant seals are seldom spotted in Pacific Grove.

"To underscore the rarity, it's been three years since we've seen an adult elephant seal at Hopkins," Pacific Grove resident Thom Akeman told The Pine Cone. "The first one ever reported here was in 2010, and the two last weekend make numbers 8 and 9."

See SEALS page 15A



PHOTOS/KIM AKEMAN

When these pinniped slackers aren't lounging around on a Pacific Grove beach, they're looking for food, sparring or intimidating the much smaller harbor seals.

Have the complete Carmel Pine Cone delivered every Thursday evening to your iPad, laptop, PC or phone. Free subscriptions available at www.carmelpinecone.com

Auction This Weekend

fine jewelry, antiques, and artwork



Preview Saturday 1/26 12-3pm AUCTION SUNDAY 1/27 11AM 1500 GREEN HILLS RD, STE 100, SCOTTS VALLEY, CA 95066

CONSIGNMENTS ACCEPTED IN CARMEL THURSDAYS 10AM - 12PM

Ask about our full service real estate and personal property package: you can get the benefits of both services.

831.334.4393 | 831.335.9000 www.slawinski.com

e-mail images of your items to appraisals@slawinski.com for an evaluation





The Carmel Pine Cone January 25, 2019



Best buddies

2A

 ${f Y}_{
m ORKSHIRE\ TERRIERS\ Zoey\ and\ Lucy\ are\ like}$ fourth-grade girls with very different personalities, yet the chemistry works, so they became best friends.

Zoey lives in New Monterey, and Lucy lives in Pacific Grove, but the two crossed paths while out on a walk with their people, and the pair "instantly began playing and rough-housing, having a grand time," said Zoey's person. "And they have ever since."

Zoey, a parti Yorkie, which has different colors than a regular Yorkie, is playful but patient and loving, and not at all aggressive, her person said. "She's kind of a pack dog. When we're out with my walking group, she'll lie down and wait until everybody catches up. She herds the group, and if someone gets behind, she won't go."

Lucy is the opposite, eager to run ahead, lead the way, unconcerned about the others as she takes off to see what's ahead.

"Lucy's a little obsessive over anything that resembles a toy," Zoey's person said. "She'll grab a stick and walk five miles with it in her mouth. It may be a huge stick, twice her size, and she'll carry it the whole way."

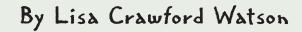
That the Yorkies met is a movie in the making. Zoey's person had lost another Yorkie while out on



San Carlos & 7th St. Carmel by the Sea Tel (831) 625-9995

RHEIM DERMATOLOGY COSMETIC LASER CENTER

A New Year, A New You!





a walk, when a large dog attacked the little animal, as she stood there, helpless. Devastated, she was determined never to have another dog, but a girlfriend convinced her to get Zoey, a special-needs dog with epilepsy.

"It took me a long time to warm up to her and to realize she was rescuing me," her person said.

These days, Zoey's person collects Lucy and takes the little best friends on long coastal walks three or four times a week.

"Lucy has a healthy fear of the waves, but she loves to run in the sand and chase sticks. Zoey is oblivious to the ocean," her person said. "She likes to walk among the tidepools, lie down and get wet. They're quite a pair."



Winter Clearance Sale



leather & more



LAWRENCE **MEN'S CLOTHIER OF CAR**

New Spring Arrivals

GIFT WRAP • SHIPPING • PERSONAL SHOPPING CARMEL PLAZA, OCEAN AVE 831-625-8106

Resolve to refresh and pamper yourself after this busy holiday season by taking advantage of our aesthetic specials.

Combine two treatments Botox (a minimum of 20 units) at \$11 per unit plus an additional \$100 OFF each 1ml size syringe of filler. Offer available on same day appointments only. Not valid on current appointments, expires January 31, 2019.

Cosmetic Laser Center Consultations available by appointment; your consult fee will be applied to any Laser treatment purchase if done on the same day. All treatments are scheduled with our RN. Please make your appointment by calling our offices today.

Gift Certificates available

General Dermatology: 831.373.4404 Cosmetic Laser Center: 831.373.0441 757 Pacific Street, Suite A-1, Monterey

> Advanced Dermatology Medical Clinic www.rheimdermatology.com

Ralph Lauren | Hancock & Moore Marge Carson | Century | And More



299 Lighthouse, Monterey • 831 649 3083 • poppletonshome.com

The Carmel Pine Cone

3A

Storm losses include 20 trees, but messes are mostly gone

By MARY SCHLEY

A WEEK after fierce winds and rain swept through the Monterey Peninsula, downing trees and power lines, causing widespread outages, and closing dozens of streets, residents have power, the streets are open, and the messes are being cleaned up.

"We got hit harder than everybody else," city administrator Chip Rerig said this week.

Firefighters responded to 32 calls in the city between last Wednesday afternoon and early the next morning, when the winds died down, with a total of 92 in Pacific Grove, Monterey and the other areas Monterey Fire Department covers. Most of them were storm related.

"Carmel P.D. logged 162 separate storm-related incidents and has been recognized for all its quick, courteous service," Rerig said.

Public works director Bob Harary said his workers handled between 50 to 55 calls regarding fallen trees and broken limbs, closures, flooding and debris. Fortunately, only a few caused damage to houses and cars.

The city lost 20 trees in the storm, "plus

uncounted limbs," he said this week.

Helping with the cleanup were the five tree companies that have on-call contracts to help in the city, as well as PG&E crews and their tree company, Davey.

"We had to fight to get the number of PG&E crews that we had," Rerig said. The utility company sent 15 two-person teams to address problems Peninsula-wide, and Carmel managed to get three or four of them.

By late last Thursday morning, most residents in town had gotten their power back, after crews repaired a blown transformer on the major trunk lines on Carpenter Street that feed the city. Others had to wait several days more, but as of Jan. 24, PG&E showed no electrical outages in Carmel.

'As best we could'

All the roads had been reopened by Tuesday, Rerig said.

"I am so proud of all our crews," he said. "The firefighters and the police did an amazing job and communicated well with people. Public works crews hit it like a bomb.'

See DAMAGE page 19A



Last week's blustery storm took out 20 trees in the 1-squaremile city, including this younger specimen on Ocean Avenue, according to public works director Bob Harary.

PHOTO/JAMES SCHULTZE



Hans Wegner's CH71 Lounge Chair and CH72 Sofa are a testament to the legendary Danish designer's unique understanding of woodworking and upholstery. A seamless unity of form and function, and a refined aesthetic that is as striking today as it was over half a century ago.

New Carmel-by-the-Sea Furniture Arrivals -

Borge Mogensen's Hunting Table was made for the 1950 Copenhagen Cabinetmakers' Guild "Hunting Cabin" themed exhibition. The table's robustness and wood-focused design is an award-winner and has been reintroduced for 2019.



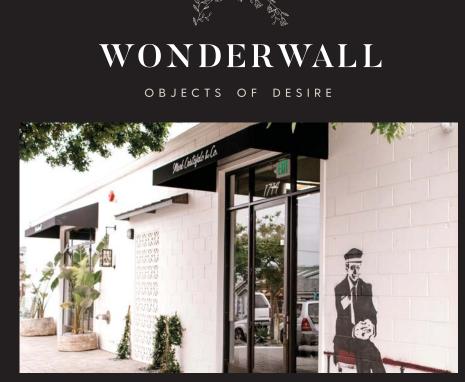
BM1160 Mixed Wood Hunting Table - Walnut Top / Oak base Design 1950 by Børge Mogensen Width: 32" Length: 83" Height: 28"

Recently Completed Residential Furniture / Rug / Lighting Installations

Carmel-by-the-Sea • Carmel Point • Carmel Valley • Pebble Beach • Monterey • Big Sur • Monterra • The Preserve • Tehama Palo Alto • Menlo Park • Portola Valley • Hillsborough • San Francisco • Healdsburg • Seattle • Montecito • Malibu • Santa Monica

반 FJØRN Scandinavian

Ocean Avenue & Lincoln Street at the Pine Inn Hotel, Carmel-by-the-Sea 831-620-0123 · carmel@fjorn.com · fjorn.com





FREE **Kiosk Swipe Daily** Earn Entries January 1-February 23

> Cash Drawings **TONIGHT!** 8pm & 10pm

\$50.000 Winner



We're serving brunch with a side of spectacular views every Sunday.

Featuring specialty seafood, breakfast, charcuterie and carving stations, complemented by hand-crafted Peach Bellinis, fresh Orange Mimosas. savory Bloody Marys and more.

Brunch at it's finest

ART POPUP AT WONDERWALL

New work on view at Wonderwall by local artist Rebecca Koury. Inspired by the natural world, Koury's work evokes an intimate serenity as if depicting a familiar place we've all been touched by.

Opening Reception · Saturday, January 26 2pm- 6pm

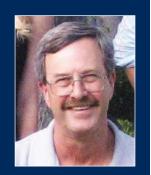
RSVP: FLOURISH@WONDERWALL.LIFE

831.241.4214

1714 CONTRA COSTA STREET | SAND CITY WWW.WONDERWALL.LIFE | FLOURISH@WONDERWALL.LIFE



promotions and/or events without prior notice. Restrictions and exclusions may apply, please visit website for further details



A trusted name on the Monterey Peninsula for nearly 50 years!

Terry McGowan 831.236.7251

TerryMcGowan.com terry.mcgowan@sothebyshomes.com GRI, CRS, ABR, SRS, e-Pro, SRES DRE: 01126129

Sotheby's INTERNATIONAL REALTY

Helping you reach your real estate goals since 1991!



FRENCH TABLECLOTHS

Biot Handblown Glasses - Ceramics - Dishtowels - Runners Olivewood Cutting Boards - Alziari Olive Oil & Soap

SHOWROOM WILL RE-OPEN FEBRUARY 22

605a California Ave, SAND CITY

Hwy 1 to exit 403 (Hwy 218-Seaside) follow to Del Monte Blvd. Turn left. Continue to Contra Costa St. Turn left. Follow until it dead-ends at California Ave. Turn right. 605 is just past City Hall. 831-392-7787



Landscape Materials Delivery Available

Will Clark 831/385-3204

Get your complete Pine Cone every Thursday night by email free subscriptions at www.carmelpinecone.com





Drunk woman didn't mean to take iPhone

HERE'S A look at some of the significant calls logged by the Carmel-by-the-Sea Police Department and the Monterey County Sheriff's Office last week. This week's log was compiled by Mary Schley.

4A

SATURDAY, JANUARY 5

Carmel-by-the-Sea: Unknown subjects stole a statue from outside of a business on Dolores Street overnight.

Carmel-by-the-Sea: Officer responded to a resident's house on Santa Fe for a found dog. The dog owner was located via ID on the dog's collar. Dog was returned to the owner with a warning.

Pacific Grove: A 30-year-old female subject was contacted during a welfare check on Funston at 1915 hours was found to have an outstanding felony warrant for burglary, with bail of \$75,000. Taken for a jail check prior to transport to Monterey County Jail.

Carmel Valley: Male on Dorris Drive reported unknown subject(s) kicked in the front office door and stole his safe.

Carmel area: An elderly male on Via Mar Monte passed away.

Carmel area: Two juveniles contacted selling candy on private property in front of the Crossroads Safeway. It was determined the juveniles, along with others elsewhere in the county, were trafficked to Monterey from the Sacramento area to sell candy. Of the five juveniles located - one 14-year-old, three 15-year-olds and one 16-year-old - two were reported missing by their parents in 2018. The 37-year-old female who was transporting them was arrested. They were placed in the custody of Child Protective Services.

SUNDAY, JANUARY 6

Carmel-by-the-Sea: Courtesy report for a lost cell phone on Highway 1.

Carmel-by-the-Sea: A city-owned tree limb



The gavel falls

Verdicts, pleas and sentencings announced by Monterey County District Attorney Jeannine Pacioni

Dec. 7 — Jairo Lopez, 23, was sentenced to eight years in the California Department of Corrections and Rehabilitation for one count of forcible lewd act upon a child under the age of 14. The sexual conduct was perpetrated in 2013, when the 11-year-old victim attended the daycare center that the defendant's mother ran out of their home. The investigation also uncovered a second victim who was sexually abused by Lopez sometime in 2008. During that time, Lopez was under the age of 18.

Judge Carrie Panetta also ordered Lopez to register as a sex offender for the rest of his life, pay restitution and issued a restraining order prohibiting contact with the victim for the next ten years.

After a two-day jury trial, Diego Dec. 13

fell onto a moving vehicle on San Antonio Avenue, causing damage to the vehicle. The vehicle was driven away from the scene, and no injuries were reported.

Carmel-by-the-Sea: Vehicle towed from Torres Street for expired registration more than six months.

Carmel-by-the-Sea: Report of a possible domestic dispute at Monte Verde and Ocean. Both parties were contacted, and it was determined to be a verbal argument only.

Pacific Grove: Informational report taken on Arkwright Court regarding a protected party showing up at a restrained party's residence.

Pacific Grove: Subject on Pacific Avenue reported that someone repeatedly attempted to steal an electric bicycle.

Pacific Grove: Vehicle towed from Forest Hill after an abandoned vehicle complaint.

Pacific Grove: Tree on Lincoln Avenue blown down by the wind struck a vehicle and a structure.

Pacific Grove: Dispatched to a local business on Lighthouse Avenue. Male was admonished for trespassing.

Carmel area: Deputies responded to a report of a male refusing to leave a business on Rio Road. Subject was advised not to return.

Carmel area: Citizen reported burglary of a vehicle parked at the Garrapata State Park area on Highway 1. Entry was made via window smash, and a purse with ID and credit cards was stolen.

MONDAY, JANUARY 7

Carmel-by-the-Sea: Vehicle was towed at 0313 hours from San Carlos Street for having expired registration over six months.

Carmel-by-the-Sea: Subject lost an Apple Watch while walking on the pathway near Carmel Beach.

> See POLICE LOG page 12RE in the Real Estate Section

rest of the passengers. Avalos also boarded the MST bus in Salinas and sat nearby Doe. During the bus ride, Avalos attempted to converse with Doe while in transit from Salinas to Greenfield, but Doe kept to herself and eventually rested her head against her seat and dozed off.

When the bus reached the Greenfield area, Avalos got up from his seat, noticed that Doe was now asleep, and then lunged toward her and wrapped his arms around her. At trial, Doe testified that she was frightened and in shock, and that it felt as if Avalos was trying to "force her down." Video surveillance from the MST bus which showed the attack was played at trial. When Doe awoke to Avalos' advances, she shoved him off of her and reported the attack to the bus driver, who called the police.

January 25, 2019

UP TO 70% OFF, 3 WEEKS ONLY JANUARY 5TH THROUGH JANUARY 26TH

Ladyfinger's Jewelry

an award winning gallery of fine designer jewelry • since 1977 on Dolores near Ocean • Carmel-by-the-Sea, CA • 831.624.2327



www.ladyfingersjewelry.com

Avalos, 34, was found guilty of battery, possession of a controlled substance, and possession of controlled substance paraphernalia.

On August 8, 2018, Jane Doe, age 17 at the time, boarded a Monterey-Salinas Transit bus in Salinas after school, on her way home to Greenfield. She sat in a seat near the rear potion of the bus, which was relatively secluded from the

Greenfield Police arrived on scene and located Avalos who was passed out on a bench at the rear of the bus. Avalos was arrested, and officers located methamphetamine and a methamphetamine smoking pipe on his person.

Monterey County Superior Court Judge Rafael Vazquez sentenced Avalos to 100 days in county jail and 3 years of court probation.



Veteran politician vying for State Senate seat held by Monning

By KELLY NIX

JOHN LAIRD — who was in the State Assembly from 2002 to 2008 and spent the last eight years as a cabinet secretary in Gov. Jerry Brown's administration - announced his candidacy for State Senate last week.

A seasoned politician who lives in Santa Cruz, Laird said he feels the last eight years he spent working in Sacramento positioned him well to be senator for the 17th district, a seat held by Bill Monning, who will be termed out in 2020.

"I feel like I'm at the top of my game," Laird, 68, told The Pine Cone. "And there are many challenges on the Central Coast that I understand well and want to help with.'

The district includes of all of Santa Cruz and San Luis Obispo Counties, coastal Monterey County and southern Santa Clara County.

As the state's natural resources secretary, Laird ran a state agency with 25 departments, including the California Department of Forestry and Fire Protection, with 19,000 employees and an almost \$10 billion budget. One of the many pressing

Dallas planning to run again in 2020

By MARY SCHLEY

THOUGH HE doesn't want to talk about the possibility of running for mayor again next year, Steve Dallas is taking steps to do just that, according to paperwork he filed with the city and state last week to transfer nearly \$12,000 in campaign funds into a new account for the 2020 race.

Dallas, a lifelong Carmel resident who served on the planning commission before being elected to the city council in 2014 and successfully campaigning for mayor in 2016, lost to Dave Potter last November in a landslide of 1,207 votes to 571, despite having the support of many prominent and vocal locals. A series of controversies, including investigations of sexual harassment and inappropriate behavior, his strong support for city attorney Glen Mozingo, and vocal criticism from some members of the business community, contributed to his poor showing on Election Day.

See DALLAS page 19A

issues his agency grappled with was climate change.

"Climate change is a big issue, and California needs to deliver on its goals," he said. "And its goals aren't even timed to the urgency that the latest science spells out about the changing climate."

It can do that by continuing to lower emissions, he said.

Laird, who was responsible for state forestry policy as secretary of the state's Natural Resources Agency, said "leadership" is needed to take steps to be ready for the state's "new normal" of wildfires.

"In this central district, whether it was the fire that burned near Hearst Castle or the Soberanes Fire, or fires in the Santa Cruz mountains, this district is incredibly vulnerable to fire," he said.

Laird, who worked on a 2006 affordable housing bond, said

the Legislature must do more to partner with nonprofits, the government and the private sector to provide more housing.

"How do you provide additional units, how do you make them affordable, and how do you make sure there's enough water for them?" he said.

While he was mayor and city councilman in Santa Cruz in the 1980s, Laird and his colleagues presided over hundreds of affordable housing units that were possible, in large part, because of federal government subsidies. Though the aid disappeared over the last 25 years, he said the state should explore the possibility again.

"I think in addition to everything the state does, we have to advocate for the federal government to get back into a partner-

See LAIRD page 9A



Defining the Art of Relaxation.

Andy Nygard | 831-915-2863 BRE#01832764 hauteshelter.com nce Pershall BRE#00621588

EBBY BE ESIDENT CL DUCER ' S

Coming Soon 130 ASILOMAR BLVD PACIFIC GROVE

Eric Miller designed 3,000 sq ft custom craftsman home \$2,995,000



7 BED | 7.5 BATH | 7,300 SF | \$18,995,000





3359 17 Mile Dr, Pebble Beach 920 Fountain Ave, Pacific Grove 4 BED | 2 BATH | 2,175 SF | \$1,849,000

2972 Crescent Rd, Debble Beach 2 BED | 2.5 BATH | 1,874 SF | \$1,479,000









1118 Ripple Ave, Dacific Grove 2 BED + OFFICE | 2 BATH | 1,400 SF | \$1,295,000 770 Dry Creek Rd, Monterey 3 BED 2 BATH 2,112 SF \$879,000



405 19th St, Dacific Grove 2 BED | 2 BATH | 1,418 SF | \$749,000



DEBBY BECK BROKER ASSOCIATE CRS[®], GRI[®] - DRE 01747647 831.915.9710 211 Grand Ave, Pacific Grove debbybeckrealtor@gmail.com



KIM SMITH **REALTOR®** DRE 02066615 831.917.1433 realtorkimsmith.com kim@realtorkimsmith.com



NICOLLETTE EASON TROTTIER **REALTOR®** DRE 02074629 831.595.0009 nicollette@nicolletterealtor.com







DEBBYBECKREALTOR.COM

Downtown Pacific Grove Museum of Natural History





FEBRUARY 6-10

WEDNESDAY 8:00 am - 4:00 pm

THURSDAY - SATURDAY 6:30 am - 6:00 pm

> **SUNDAY** 6:30 am - 5:00 pm

6A The Carmel Pine Cone January 25, 2019

Red-tagged horse facility meets resistance

By CHRIS COUNTS

AFTER GETTING red-tagged for starting construction on an equestrian center last year without obtaining permission from the county, Carmel Valley Ranch is trying to clear the code violation so they can proceed, but the effort ran into a snag this week when the Carmel Valley Land Use Advisory Committee declined to make a recommendation on the design of the equestrian center. Instead, the watchdog group voted unanimously to send the proposal back to the county's planning staff because they say the entire process Carmel Valley Ranch is following is flawed.

After the meeting, Carmel Valley Association board member Eric Sand told The Pine Cone Carmel Valley Ranch should be required to obtain building and use permits to construct the horse facility.

If approved and completed, the center would include 20 horse pens, each 12 feet wide and 30 feet deep, a 480-square-foot shade structure, and a 648-square-foot hay barn.

LUAC takes aim

At the LUAC's Jan. 21 meeting at St. Philip's Lutheran Church, chair Janet Brennan took issue with the contention that such a facility is permitted by the general plan for Carmel Valley Ranch, which was approved by the board of supervisors in 1976 and amended two decades later.

"My concern is whether or not this project is consistent with the plan," Brennan said. "There's no mention of an equestrian center in the original plan."

County planner Anna Quenga responded that the general plan includes horseback riding "as an allowed use" and cited references to trails, which didn't convince Brennan.

After a lengthy discussion, LUAC member Judy MacClelland said the committee should put the whole thing off.

"Rather than recommending approval or denial, let's choose to not make a recommendation because we have questions about the process being followed," she said. The rest of the committee agreed — leaving the project in limbo.

Pris Walton, the president of the Carmel Valley Association, echoed the committee's view.

"We are not objecting to the equestrian center, only the process," Walton said.

Trails established decades ago

Representing Carmel Valley Ranch, attorney Tony Lombardo countered by saying horseback riding has long been established there, and the trails were created "decades ago." He contends the site's zoning, which is low density residential, allows horses — and 15 to 20 would occupy the facility.

The attorney called the development of the equestrian fa-

See HORSE page 9A

Supervisor, experts to talk about wildfires

By CHRIS COUNTS

RESPONDING TO concerns from residents who worry about wildfires, Monterey County 5th District Supervisor Mary Adams has organized a public meeting on the topic Jan. 31, 6 p.m., at Palo Corona Regional Park.

"After the Camp Fire, my office received many phone calls with questions about emergency preparedness and evacuations," Adams said.

The Camp Fire killed 86 people and destroyed more than 18,000 buildings in November. It also had residents in fireprone places like Carmel Valley and Big Sur wondering how safe their communities are.

Those who live in Carmel Valley's Robles del Rio neighborhood, where long, twisting roads are shaded by dense, fireprone vegetation, are particularly concerned about the threat they face.

"We and our fellow neighbors in the Robles del Rio subdivision are most eager to discuss a few predicaments we find ourselves in with only one fire exit road for a population between 600 and 900 people," resident Stacey Wood wrote in a letter to Adams that was signed by more than 100 of her neighbors.

Firefighting experts, including representatives from the Monterey County Sheriff's Office, Cal Fire and other agencies, will be on hand to answer questions.

Pris Walton, president of the Carmel Valley Association, urged residents to attend. "This will be a very comprehensive meeting that will likely touch on various areas including evacuation, fuel mitigation, water supply and planning, as well as what's in the works in our valley as a whole regarding fire safety," Walton said.

The meeting will take place in the Palo Corona park headquarters at 4860 Carmel Valley Road.



As your eye doctors, we couldn't wish for better

\$20 per person/ day

\$60 for a 5-day pass

Information at: Pacific Grove Chamber of Commerce 584 Central Avenue, Pacific Grove, CA 93950

831-373-3304

www.pacificgrove.org

resolutions than a year of healthy vision.

EYE M.D. MONTEREY is a full service eye and vision care center where Doctors **Philip J. Penrose M.D.** and **Jennifer K. Sablad, O.D.**, along with their professional and compassionate staff provide the finest services on the Central Coast. We offer complete eye exams, contact lenses, glasses, glaucoma testing, and pre- and post-operative care. Our master optician will educate you and give you informed opinion on which glasses will best fit you and your lifestyle. WE CARRY a large selection of designer eyewear and sunglasses including Salvatore Ferragamo, Coach, Kate Spade, Tiffany, Ray Ban, Oakley, Maui Jim, Wiley X, Porsche Design, Nine West, Dior, Fysh, Hugo Boss, X Games, Disney, Flexon, and more. WE ARE dedicated to providing high-quality vision services in a comfortable environment. Come see for yourself.

Committed to the Health of Your Eyes

EYE M.D. MONTEREY at Ryan Ranch 21 Upper Ragsdale Dr. / Suite 201 Monterey, CA 93940 831.324.4730



EYE M.D. MONTEREY on Cass 880 Cass St. / Suite 105 Monterey, CA 93940 831.373.0183

eyemdmonterey.com

EYE EXAMS | LASER CATARACT SURGERY | LASIK | GLAUCOMA | DIABETES | COUTURE VISION OPTICAL

By MARY SCHLEY

DEALS CLOSED on the final few purchases of water from Clint Eastwood's Malpaso Water Company last month, according to manager Michael Waxer, exhausting the supply of 80 acre-feet the former Carmel mayor was selling for \$240,000 per acre-foot.

"All the water is spoken for," Waxer said this week. "The last escrows closed before the end of the year."

The water comes from the former Odello artichoke fields south of town, where Eastwood canceled development permits for 82 home sites.

After donating the property to the Big Sur Land Trust for open space and flood control, and agreeing to let some of the water that had been used there go back to the river, Eastwood's group spent a decade undertaking environmental review and working with state and local agencies to set up the water company, which started selling it in one-tenth-acre-foot increments in February 2016 to property owners in the City of Carmel and in the Carmel River watershed. A typical home in the Monterey Peninsula needs about a quarter of an acre-foot.

People who had been unable to build on their land because they lacked water — which hadn't been available for 20 years, due to a moratorium — purchased from Malpaso so they could construct new homes, several of which are nearly finished. Many others bought smaller amounts in order to remodel and add onto their residences.

Water, anyone

On the commercial side, restaurateurs bought water so they could have more seats in their establishments — or to legitimize seats they were already using — and other businesses purchased it in order to expand.

"Each assignment is designated either 'residential,' 'mixed,' or 'non-residential,' based on the request by the purchaser," Waxer explained. "We don't evaluate what they want the water for, although we help them to take a look to make sure that what they are requesting makes some sense."

He also said it was incumbent upon the buyers to run their projects past their city and county planners — to make sure they were legal and viable — before purchasing the water.

Nonetheless, some purchasers may have ended up with water they didn't need, whether because they didn't fully understand the requirements in the first place, or because their plans changed or projects fell through. While the water does not expire anytime soon — it runs with the land and must be

used by 2075 — anyone who might have buyer's remorse or needs to give it up should reach out to Waxer directly. They cannot turn around and sell it to someone else, only back to Malpaso Water Co.

"If there are folks who acquired Malpaso water and sub-

sequently find they can't use it or don't want to use it, for whatever reasons, they should contact me," he said. "Malpaso Water is the only entity that can reacquire it. So, if there are a few folks who find themselves in a bind, then that is something I could discuss with them."



 JOSH JONES
 DENNIS CHAMBERS

 BRE# 01352818
 BRE# 00475577

 831-647-2106
 408-605-6760



7A

CONSTRUCTION SHIFTS INTO HIGH GEAR AT MONTEREY MOTORSPORT PARK



MONTEREYMOTORSPORTPARK.COM

McCALL

SWENSON

"Pinnacle Bank helps our

family business, keep growing."

As pioneers in agricultural trellis systems and hoop houses since 1975, we believe that 'Everything grows better with structure.' That applies to our business banking too. We've had a banking relationship with Steve Wotherspoon for many years and appreciate his professionalism and the exceptional service we get at Pinnacle Bank.

- Tom Ceccarelli and Juan Batista, Quiedan Company

Serving Santa Clara, San Benito and Monterey Counties.

EXAMPLE SBA Preferred Provider

PINN CLE BANK

(888) 485-7050 • www.pinnacle.bank

8A

ि में हिनते ठंह बंग हत्वं...

After 46 years on Dolores Street in Carmel, Peterson Conway will depart for parts unknown.



I wish to take this time to sincerely thank the entire community, my clients and my dear friends and great memories and wonderful friendships.

We have precious little time to find homes for all of these treasures. Priceless items from all over the world will never be this affordable again.

UPTO 70%0FF RARE ONE-OF-A- KIND ITEMS



(831) 624-3643 Dolores between Ocean & 7th Carmel-by-the-Sea

PARK LANE FIXING CONSTRUCTION VIOLATIONS, MONTEREY SAYS

By KELLY NIX

A SENIOR care facility in Monterey that was fined for construction violations and ordered to stop work on a renovation project is cooperating with the city and has permits to resume the work, Monterey's building official told The Pine Cone this week.

The City of Monterey cited The Park Lane last November for numerous building code violations related to the renovation of its memory care unit and other construction.

Building official John Kuehl told The Pine Cone that he met with officials from Park Lane and its parent company, Pacifica Senior Living, and is satisfied they're doing their best to fix the violations.

"I am pleased with the cooperation and feel they are in line to gain full compliance as fast as they can get contractors to do the work," Kuehl said.

During an October 2018 inspection of Park Lane's remodeling work, Kuehl found that work crews converting one-bedroom apartments into two-bedroom units did not obtain proper permits, used incorrect building and electrical wiring materials, installed faulty plumbing, and failed to install smoke

MPD Coffee with a Cop

IN THE ongoing effort to build relationships within the community, officers will hold a session of Coffee with a Cop Monday, Jan. 28. This time, Monterey P.D. officers will hold court at East Village Coffee Lounge, 498 Washington St. at Pearl, from 8 to 10 a.m. They'll buy the coffee, share stories and answer questions during the get-together, which is part of a growing trend that began in Hawthorne, near Los Angeles, in 2011, when police there were looking for ways to better interact with the people they served, and to

and carbon monoxide alarms.

Kuehl issued a \$1,000 citation to Park Lane and said the company would have to pay double the permit fees for the project.

In December, though, it was found to have violated more rules on another remodeling project.

Kuehl learned Park Lane did not obtain permits and inspections for work on its seventh-floor Penthouse Vista Lounge. The city ordered work to stop, and the floor was sealed off and he ordered Park Lane to pay \$2,000, double the amount of the first fine. Loose asbestos, which had not been removed and disposed of properly, was found in an attic.

The senior care company is now working on plans to correct the violations.

They now have a permit to complete the improvements on the fourth floor and the two rooms on the third floor," he said.

Monterey Bay Air Resources District air quality inspector Shawn Boyle told The Pine Cone that the company has also been cooperative with his agency.

"The facility has hired a certified asbestos abatement contractor," Boyle said.

Kuehl said Park Lane will begin asbestos abatement within the next week or two.

build trust between them.

Their efforts led to the founding of the Coffee with a Cop nonprofit organization, as well as events now being held in all 50 states and in Canada, Europe, Australia, Africa and Latin America.

'The key to Coffee with a Cop's growing success is that it opens the door for interactions outside of the crisis situations that typically bring law enforcement officers and community members together," according to the group.

Start the New Year in a New Mercedes-Benz from Mercedes-Benz of Monterey.







5 at this Payment

\$3,797 due at signing. Plus government fees and taxes. \$0 security deposit.

Available only to qualified customers through Mercedes-Benz Financial Services through January 31, 2019. Advertised lease rate based on a gross capitalized cost of \$34,896. Includes destination charge. Excludes title, taxes, registration, license fees, insurance, dealer prep and additional options. Total monthly payments equal \$12,564. Cash due at signing includes \$2,653 capitalized cost reduction, \$795 acquisition fee, and first month's lease payment of \$349. No security deposit required. Total payments equal \$16,012. On above average credit approval. \$0.25 per excess mile over 30,000 total miles.



Mercedes-Benz of Monterey

498 Fremont Street | Monterey, CA 93940 | 888-814-0560

MontereyMercedes.com

The Carmel Pine Cone

9A

Big Sur Marathon seeks volunteers

PINE CONE STAFF REPORT

ORGANIZERS OF the Big Sur International Marathon, held the last weekend in April each year, are looking for nonprofit groups to provide volunteers in exchange for grants.

More than 150 helpers are needed in addition to the 2,000 already signed up to lend a hand over the course of the weekend, which includes not just the 26.2-mile race on the coast on Sunday, but the Relay, 21-Miler, 11-Miler, 12K and 5K also held that day, and the Health & Fitness Expo at the Monterey Conference Center Friday and Saturday.

All of the events are sold out except the 5K, which had 23 slots as of Dec. 20, 2018, the last time the tally was updated.

Nonprofit groups of any size that are interested in helping out are invited to a volunteer recruitment open house and breakfast Saturday, Jan. 26, from 9 to 11:30 a.m. at the Carmel Mission Inn. There, prospective volunteers can learn about the many different jobs available and how their groups can work with marathon organizers for the benefit of both.

During the event, the 66 organizations

that were scheduled to volunteer at last year's Monterey Bay Half Marathon, which was canceled at the last minute due to concerns about poor air quality resulting from the Camp Fire and other wildfires, will receive donation checks.

The inn is located at 3665 Rio Road next to the Chevron station and near Highway 1. For more about the marathon, visit www. bsim.org.

HORSE From page 6A

cility "accessory to the approved use of horses" and said the only permit the equestrian center should need is "design approval."

The vote by the LUAC is only advisory, and next the proposed equestrian center will be reviewed by the county's zoning administrator, but Sand said the CVA wants to see it go before the county's planning commission instead.

He also insisted it needs "building and use permits because it's a commercial use."

LAIRD From page 5A

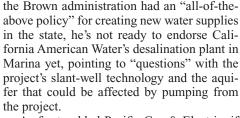
ship to help states and local cities to provide affordable housing," Laird explained.

Laird was elected to the state Assembly for the 27th District in 2002 and reelected in 2004 and 2006. While serving the maximum three terms, he authored 82 bills that were signed into law.

Also on Laird's list of state and local issues are making sure education is properly funded, providing health care for everyone, protecting the ocean and the environment, and "embracing and protecting" diversity in California.

He supports California's sanctuary state law, which places strict limits on how local law enforcement agencies can cooperate with federal immigration authorities.

While Laird said that



As for troubled Pacific Gas & Electric, if a state investigation concludes that PG&E was responsible for igniting last year's deadly Camp Fire in Butte County, as is alleged,

Laird said the utility company should "be responsible" for compensating victims of the fire "up until they don't have resources."

However, Laird did not comment on the state's new sidewalk vendor rules, which prohibit municipalities from banning vendors from setting up shop on streets and in public parks, saying he's not yet up to speed on the law.

Laird said he's lining up political support in the district and plans on releasing a list of endorsements in the coming months.



John Laird

Your goal is to stay at home. We can help. Aging in comfort in the place you know best — your home — is our goal for you.

24-Hour Care and Companionship



VALENTINE'S DAY



THURSDAY, FEBRUARY 14, 2019 · 5:00PM - CLOSE

Four-Course Prix Fixe

ST. VALENTINE'S APPETIZER

PRAWNS OF THE "HEART" cocktail sauce, fresh parsley

HUGS AND KISSES MY VALENTINE

CREAM OF SPRING ASPARAGUS SOUP salsify, toasted brioche croutons

CUPID'S CHOICE OF ENTRÉE

BROILED PEPPERED USDA PRIME FILET MIGNON portabellini mushroom cap on Vermont cheddar gratin potato bordelaise syrup, sautéed Salinas Valley spinach

MAINE LOBSTER TAIL ON BEET RISOTTO & SEARED KING SALMON FILLET ON BUTTERED LEEKS romesco sauce, roasted cauliflower

SEALED WITH A KISS DESSERT

LEMON CURD "HEART" TART raspberry mousse, minted raspberry sauce OR

CUPID'S LUSCIOUS CHOCOLATE GANACHE CAKE apricot glaze filling, Oregon cherry compote, chantilly cream

- Bathing/Dressing/Grooming Assistance • Incontinence Care
- Light Housekeeping/Meal Preparation
- Transportation/Shopping Services
- Medication Reminders

Alzheimer's Care

GENERATIONS by the Bay adult day care

Generations by the Bay Adult Day Care is a state licensed facility that provides: • Professional, compassionate care

- Engaging and stimulating activities
- Lunch and snacks included
- Easy parking, drop off/pick up
- Safe, secure environment
- Convenient location
 CA License #275202613

- Pet Care Assistance
- Geriatric Care Management
- Community Resources Assistance
 And so much more...

CA License #275202613

Casa Carmel

Located near the mouth of peaceful Carmel Valley, **Casa Carmel** is an assisted living villa with six warmly decorated rooms. There is plenty of space to move around, lush gardens with mountain views, senior community amenities, and convenient shopping. CA License #275202563

Call us at 831|649-3363 www.centralcoastseniorservices.com

~ \$79 PER PERSON ~

WE WILL ALSO BE SERVING A LIMITED A LA CARTE MENU Reservations are recommended Enjoy Dave Conley in The Lounge from 7:30 pm

Voted "BEST RESTAURANT IN MONTEREY" by Monterey County Herald Readers



THE SARDINE FACTORY | 701 WAVE STREET, MONTEREY FREE PARKING | sardinefactory.com | 831.373.3775



Consignment by the Sea

FURNISHINGS & ACCESSORIES WITH DISTINCTION WANTED

Photos or inquiries to: consignbythesea@gmail.com

831-574-8153 www.consignmentbythesea.com

230 & 232 Crossroads Boulevard • Carmel



ATLANTA 02.03.19

Carmel High School Padre Parents THANKS OUR COMMUNITY!

The 6th Annual Super Bowl Raffle was an overwhelming success, raising

\$33,000!

Proceeds will benefit scholarships for the Class of 2019, student organizations, athletic teams, and music education throughout Carmel Unified School District. CHS Padre Parents thanks the community for their support and would like to express deep appreciation to the following donors for their generous support:

Faye & Alex Spanos

Greg Vita Winery Consulting

Ande Parker Todd Tice & Carol Denton

Carmel Bay Company

The Cambra Family

Dea & Ron Berberian

Holman Ranch Bruce Haase Photography Forrest & Patricia Hunt Chamber Music Monterey Bay Helen & Michael Spanos Quail Lodge & Golf Pebble Beach Company Matt LaMarque Connie Ockert Casey Aguilar Cerry Rasmussen

Whalefest back for ninth year

THIS WEEKEND, Jan. 26-27, Monterey's Fisherman's Wharf will once again be the site of the annual Whalefest. The free festival will feature 44 exhibits related not just to whales, but all sorts of marine life. Representatives from the Coast Guard, Monterey Abalone Company, CSUMB, California State Parks, the National Oceanic and Atmospheric Administration and many more will be there to demonstrate what they do and answer questions.

Historian Tim Thomas will give free 90-minute tours of the wharf and surrounding areas, telling the tales of the salmon and sardine industries. Tours are scheduled at 11 a.m. and 2 p.m. each day. Other activities include scrimshaw carving using soap, cooking demonstrations, and Save the Whales returns with Dee, the 43-foot inflatable whale model people designed so that people can go inside and see its internal organs.

The accompanying symposium will include talks on the "Great Pacific Garbage Patch," "Creating a Sustainable Fishing Future for Monterey Bay" and "Who Glows There? A Natural History of Natural Light in Monterey Bay."

Of course, the restaurants on the wharf will be open, as will whale-watching, fishing and glass-bottom boat tours. And the U.S. Coast Guard Auxiliary will be accepting canned food donations for furloughed Coast Guard members at its Whalefest Monterey booth.

Bye-bye holiday lights

THE CHRISTMAS lights that made downtown Carmel look lovely a month ago are now overdue to be removed, according to the city's policy on holiday lighting. The deadline to remove string lights and other lit decorations was Jan. 9, and city officials warned that this week, the code enforcement officer would be making the rounds to provide "friendly reminders to those who still have holiday/string lights on their buildings and trees."



Aqua Wellness Day Spa

Lindsay Wetterau

Sunset Center

Heidi McKay

Kristi Reimers

Lula's Chocolates

Monterey Signs

Pier 39

Joe Valencia

Big Sur Vineyards Wrath Wines

Sylvestri Vineyards

Jeffrey's Grill & Catering

Peppers Restaurant

Il Fornaio

Monterey Symphony

Fine Arts Museum S.F.

Rio Grill

The Cheese Shop

Adventures By the Sea

Café Rustica

S.F. Museum of Modern Art

A Taste of Monterey

Gilda 2 years old

Gilda is a gorgeous kitty looking for a home where she can sleep and purr all day!

Hello, handsome! Gino is the ideal companion to have in your life. He certainly is the cat's meow! Gino 9 years old

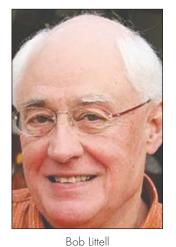
Call us at (831) 373-2631 for more information about adopting Gilda & Gino Sponsored by Friends of All Cats

www.SPCAmc.org

Noted architect Bob Littell dies at 80

By MARY SCHLEY

AN ARCHITECT known for his uncanny ability to design buildings that sat perfectly on the land, and for his calm and thoughtful nature, Bob Littell died at Community Hos-



pital last Thursday night, 10

days after his 80th birthday. "Sometimes, we have folks in town whose ego precedes them into a room," said city administrator Chip Rerig. But what made Littell stand out was his "genteel, humble, good-listening nature."

Born and raised in Newport Beach, Littell studied architecture at Cal Poly San Luis Obispo from 1958 to 1960 and worked in Southern California before opening his practice in Carmel in 1980, going on to design hundreds of new homes and remodels,

as well as commercial projects, in Carmel, Carmel Valley, Carmel Highlands, Pacific Grove, Big Sur and Monterey.

"Living and practicing architecture in Carmel-by-the-Sea

allows me to experience the same spectacular beauty and wonder of the area that my clients do," Littell said in his bio on his firm's website. "I feel fortunate in being able to express my vision of contemporary architecture in the exquisite settings of Carmel and other communities in the Monterey Bay area.'

'He had very authentic design," Rerig said. "He had a passion for the true art of design — he didn't seem to crank out a quick project for a quick buck."

'Wonderful to work with'

Rerig said one of the best examples of Littell's work is the home of city councilwoman Jan Reimers and her husband, Niels, on the northwest corner of Camino Real and Ninth. He remembered meeting the Reimers couple and Littell on the property, "and going through this process, really trying to understand the site, rather than coming up with a generic design and flopping it down on it."

The Craftsman-style home Littell designed for them looks and feels like it's been on the property far longer than its 15 years.

"He was wonderful to work with, he was extremely talented, and I appreciated that he was the kind of architect who really evaluated the site that he was working with," Jan Reimers said Wednesday.

"He was just a very fine person, and would take our suggestions and would guide us, as well — it was a wonderful opportunity to work with a confident and capable person."





Putting Your Wealth to Work for You...

Our clients are always our sole focus. As President of Ford Financial Group, I have provided independent investment and financial guidance to individuals and businesses for 30 years. As a resident of Carmel, I am excited to be able to offer these services to the Carmel area.

Carole R. Ford, MS, CFP® President CA Insurance Lic #0727203

TF: 855.449.8669

126 Clock Tower Place, Suite 208 Carmel, CA 93923 P: 831-574-8350

www.FordFG.com

5260 N. Palm, Suite 221 Fresno, CA 93704 P: 559.449.8690

info@fordfg.com

Investment advice is offered through Ford Financial Group, a Registered Investment Advisor and separate entity from LPL Financial. The Financial Advisors of Ford Financial Group are also Registered Representatives with and securities are offered through LPL Financial, Member FINRA/SIPC

Reimers said she and her husband hired Littell at the suggestion of the late architect Olof Dahlstrand, who had designed their Stonehouse Terrace complex on San Carlos Street but was retired and not taking on any projects at the time they wanted to build their home.

Littell's was one of the names he mentioned. Reimers said she doesn't remember the others.

She immediately liked Littell and the creativity of his designs, and their use of natural light.

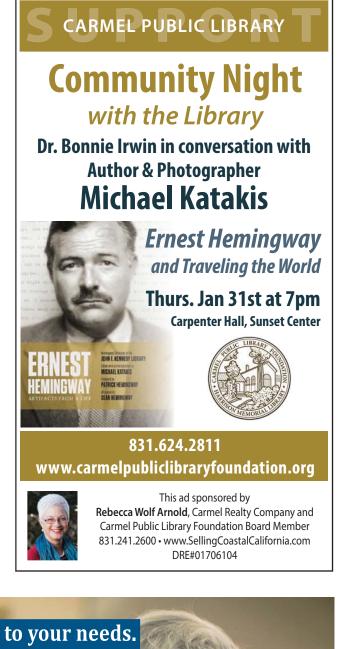
"The only guideline we gave him was that it should have architectural integrity," she said. "He was the one who decided the lot could handle an arts-and-crafts home."

Reimers said she was "stunned and sad" to learn of his passing. Littell suffered a heart attack while driving in the area of Ocean and San Antonio after walking his dog on Scenic the morning of Jan. 14. He died at the hospital Jan. 17.

"He was a really fine person — I can't say how sad I am," she said.

See LITTELL page 19A

11A



The Carmel Pine Cone

Email is the most efficient way to place the following listings and ads.

Service Directory: email your ad copy and artwork to service@carmelpinecone.com

Legals: Irma Garcia (831) 274-8645 legals@carmelpinecone.com

Physical rehabilitation adapted to your needs.

At Carmel Hills, our goal is to provide residents with the best in physical rehabilitation. Licensed Physical Therapists in accordance with physician's orders - create a strengthening and exercise program personalized for each resident. This program may include gait training, range-of-motion

Obituaries: Anne Papineau (831) 274-8654 anne@carmelpinecone.com

Calendar: calendar@carmelpinecone.com

DEADLINE FOR SUBMISSION IS TUESDAY AT 4:00 FOR FRIDAY'S EDITION



exercises, and stair climbs.

Our Professional In-House Services include: **Professional Nursing Services Physical Therapy Occupational Therapy Speech Therapy** plus Outpatient Therapy

Stop in anytime for a tour, and ask for us by name when professional skilled nursing is required.

Compassion, Respect, Accountability, Quality and Professional Service





MORE LETTERS From page 31A

this wild and unpredictable ocean? She must have known about the Stevenson grad who lost his life. You have to won-

der sometimes

Toby Rowland-Jones, Carmel

Mortgage assistance would be better Dear Editor,

So 24 Pebble Beach Company employees might get to save a little on their rent payments and commute times, and the



Live Public Auction Preview: Friday, January 25th, 4-7PM & Saturday, January 26th, 9-10AM Live Auction: Saturday, January 26th, 10AM Silent Auction: 9AM-12PM

Array of Bronze Sculptures, Oil Painting by David Chen, Hand Carved Asian Style End Tables, Iron Canopy Bed, Two Piece Sectional Sofa with Slip Covers, Vintage Oil Lamps, Iron Base Floor Lamp, Vintage and Antique Toys, Costume and Fine Jewelry Fine Art, Antiques, Collectibles and So Much More!

Quality consignments always welcome

480 Lighthouse Ave., Pacific Grove

Online Catalog & Info:

(831) 575-2101 Donas (831) www.hambrooks-auction.com



Reductions up to X1)% Sweaters starting at \$99 **FINAL WEEK**

Pebble Beach Company gets to collect the rent and bathe in the hyperbole of being a "shining example," "stepping up to the plate," and "filling a huge need," but I'm not impressed.

Twenty-four employees are only 1.5 percent of the 1,600 who work for the Pebble Beach Company, so the Morse Place townhomes project is a spit in the ocean. I don't know what return-on-investment the PBC will get for the money spent, to say nothing of the giant buildout the coastal commission will now allow, but I imagine most of the other 1,576 employees would rather have seen the \$9 million split into \$5,625 per worker, even if only onetime, instead of only benefiting a lucky two dozen workers and their families.

Why keep low-income employees trapped in a rental hole? What the Pebble Beach Company and other big local firms need to do is provide mortgage assistance to as many employees as possible so they can buy a home, even if it means a long commute. Now that would be impressive.

Joe Snyder, Monterey

Oppose demolition Dear Editor,

After reading in The Pine Cone of approval by the Land Use Advisory Committee of demolition of the home at 26226 Isabella on Carmel Point (county, not city property), the Carmel Residents Association Board of Directors decided it was necessary to speak up. The disputed fact that the property is not "historic" is, in our opinion, not a reason to demolish it. This property has been admired for many years, representative of the unique Carmel charmers that more and more are being replaced by undistinguished large houses or modern cubes crammed onto small lots. We are not averse to adding on to a small cottage of note if the lot allows, as long as the character of the existing structure is maintained.

Carmel is a special place, as we all are aware, and "progress" has been fought for over 100 years. That is why we're special. The very appeal of Carmel is being eroded slowly but surely. There is plenty of "diversity" in the warm, charming homes and business properties that make Carmel a draw for tourists from around the world. Let's not make Carmel like every-city, USA. We applaud Jack Meheen for taking a stand to preserve Carmel's unique character. Perhaps the coastal commission should weigh in on this project.

Barbara Livingston, Dick Stiles, Jon Wolfe, Mary Condry, Karyl Hall, CRA board of directors

Expensive and inadequate Dear Editor,

As a long-time Carmel resident, I watched the battle for years to build permanent restrooms at Scenic and Santa Lucia. Ironically, the residents fought it and would rather have left the porta-potties in place. In the end there were so many compromises made that in spite of spending nearly \$1 million, the result was two restrooms. The city quickly realized the folly of one men's and one women's and quickly converted them to gender neutral. The restrooms accomplished what the neighbors wanted. The design fits in well. However, that's all that was accomplished. On Father's Day, I had about 20 minutes to appreciate the aesthetics as I waited behind a long line. On a busy day, one of the two restrooms was out of order. The other had no toilet paper and the sink was backed up. I walk that beach path every day. Given the choice of a beautiful bathroom, poorly maintained with a long line or a porta potty available immediately, I'd settle for the latter. Maybe those residents were right all along and could have saved the city a lot of money. I can only imagine what tourists who travel to see one of those most beautiful beaches in the world think about how difficult we have made it for them to find a bathroom.

> Don Perry, Carmel

Macho, Macho Cat!

This four-year-old longhaired tuxedo may have a tough-guy name, but he's just a big, fluffy marsh-





The Crossroads Carmel (Next To The Rio Grill) 129 Crossroads Blvd., Carmel, CA 93923 831-624-9400

ALL SALES FINAL

mallow of a cat! Macho loves people of all ages and needs an indoor-only home with no other cats or dogs. He tested positive for FIV, but he is a healthy and happy boy at this time. He is blind in one eye due to an old injury.

> Sponsor an ad! Call AFRP at 831-333-0722 for more information!

AFRP Adoption Center 160 Fountain Ave, Pacific Grove Pet Supplies Plus in Pacific Grove Petco at Del Monte Center Pet Food Express in Carmel

FRIENDS **RESCUE PROJECT**

www.AnimalFriendsRescue.org 831-333-0722

Support Pine Cone advertisers — shop locally

VENDING

From page 1A

and dynamic public space."

In fact, the law says, the safety and welfare of the public is "promoted" by prohibiting "criminal penalties for violations of sidewalk vending ordinances and regulations."

Testing the waters

Roger Vandevert, 66, of Pacific Grove, operates Moto Espresso, a mobile coffee cart, and said the law prompted him Tuesday to set up shop next to the rec trail near Lovers Point - a stone's throw from rent-paying restaurants and businesses which also sell coffee.

"I wanted to stick my toe in the water just to sample it," said Vandevert, who has sold lattes, cappuccinos, espresso shots and oth-

er coffee drinks part-time from his custom vehicle for 14 years. "I was surprised by the amount of business I got."

Vandevert, who is retired from Monterey-Salinas Transit, said that while most of his mobile coffee business involves catering at weddings, schools, corporate events and groups, he likes the option of setting up on a sidewalk that the new law allows.

'I've never been at odds with the city and have always operated in a low-key fashion," he said. "When I have gone out into public" to sell coffee, "it's because my retirement pension needed a boost."

Vandevert said he doesn't plan to sell coffee on Lighthouse Avenue in Pacific Grove, though.

Pacific Grove Chamber of Commerce President Moe Ammar told The Pine Cone Wednesday that several business owners are concerned about the law, "especially food service establishments and gift stores," and how it could impact them.

"Ideally, the chamber would like to limit vending to local businesses that have a storefront," he said.

Pacific Grove Mayor Bill Peake told The Pine Cone that sidewalk vending is not high on the list of topics for the new council to tackle.

"Of course, that may change," Peake said. "But I have not heard of or seen any vendor activity in P.G., so if there are concerns about the potential impact, those concerns have not yet surfaced."

No urgency

Tom McMahon, chair of the Pacific Grove downtown business improvement district and owner of Monterey Bay Laundry, was unaware of the law.

"When I heard about this, I was like,

'What?' with a couple of exclamation points on top of that," McMahon said. "I haven't heard it mentioned at all."

McMahon said he plans on discussing the topic with Ammar.

Peake said the council might "consider new regulations that address health, safety and business concerns" if a sidewalk vendor sets up shop in the city.

Similarly, Monterey city manager Hans Uslar that there's no sense of urgency with the law, and that the city's focus is revising its wireless ordinance.

"We will look into regulating this law sometime in the next three to four months," Uslar said.

In Carmel, the city capped the number of vendor permits, which cost \$425 for six months, at 13. All the permits have been snatched up, most of them by existing Carmel business owners.



WHEN YOU NEED MORE SPECIALIZED CARE THAN OTHER AGENCIES CAN PROVIDE... VISIONARY IN-HOME CARE 1 to 24 hours of care Our Caregivers are trained in diseases such as: Cancer • Dementia • Diabetes Parkinsons • ALS • Stroke • Heart Disease

(831) 644-9246

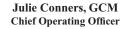
visionary-hcs.com

. 270708716

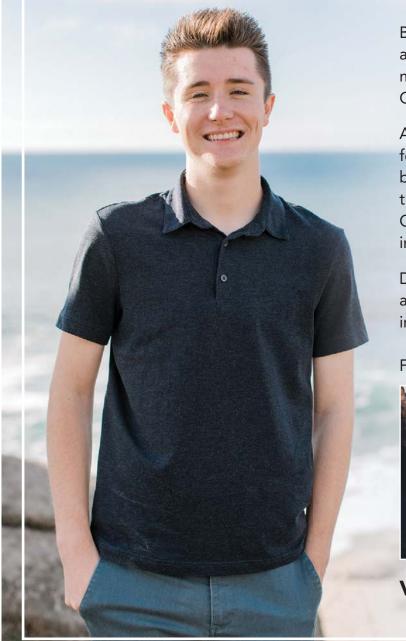
\$****}**\$******\$***

Meg Parker Conners, RN **Chief Executive Officer**





GoFundMe Campaign to Honor Braxton



Braxton Stuntz, a member of our community, was a very special young man who selflessly touched many people. He died in a tragic accident along the Central Coast January 12, 2019 at 18 years of age.

A GoFundMe campaign has launched to create a foundation in his name. The money collected will be used to support causes dear to Braxton such as the Children's Surgical Centre (Csc.org) which trains Cambodian surgeons and delivers free care to the impoverished people of Phnom Penh.



Donations will also be used to support tutoring children in math, science and photography, which he loved, as well as other educational scholarships in Monterey County.

Funds raised will additionally go towards improving cell phone service, as well as safety and infrastructure along the coastal area where he died.

> These efforts will be supported largely by volunteers to ensure the funds go directly to the intended causes. Please consider a small donation in memory of Braxton Cooper Stuntz to support these worthy efforts.

Visit GoFundMe.com under Braxton-Stuntz-Foundation

Photography by Braxton Stuntz



Sunset School

Carmel High Class of '57





Let us help you pay tribute to your loved one with an affordable obituary in The Carmel Pine Cone. You'll be surprised at how low our rates are.

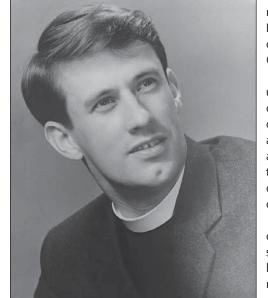
For more information please contact: Anne Papineau (831) 274-8654 anne@carmelpinecone.com

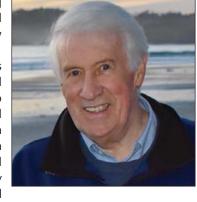
The Reverend Dr. William (Bill) Blyth Rolland

July 27, 1941 & January 12, 2019

The Reverend Dr. William (Bill) Blyth Rolland, 77, of Monterey, California, died unexpectedly in the early hours of January 12, 2019, from a failing heart. Bill was born July 27, 1941, in Dunfermline, Scotland, and often jested that history and Dunfermline had produced two great men — and Andrew Carnegie was the other one.

Early in his life, Bill felt God's call to service and entered British Isles Nazarene College in Manchester, England. He graduated in 1965 and assumed his first pastorate in Falkirk, Scotland. Two years later, Bill left Scotland to pursue graduate studies in divinity in the U.S. where he married Lois Abel and had three children; Heather, Elisa and William II. Bill returned to England in 1971 to accept a position as lecturer and dean of students at his alma mater. In his role as dean and teacher, he was an inspiration to hundreds of students, all the while serving as part-time pastor for a local church. When an opportunity for further graduate study in the U.S. developed in 1978, Bill returned and





earned his doctorate. For the next 13 years, Bill served as associate minister for the Westminster Presbyterian Church in Minneapolis, Minnesota. In 1990, he moved with his family to the east bay area of San Francisco where he served as senior pastor at Lafayette-Orinda Presbyterian Church.

In 2008, Bill married Annah Mesko with whom he remained until his death. The last 20 years of Bill's life were spent in what he often jokingly referred to as the closest one could get to heaven on earth — Pebble Beach, California. He served as senior minister at Church in the Forest and chaplain, counselor, coach and teacher at Stevenson School. In 2017, Bill retired from the ministry and teaching, but continued to follow his inner calling; counseling and comforting those in need at the Carmel Valley Manor. He served others until God asked him to serve no more. Over his long career as pastor and teacher, Bill made a difference in the lives of thousands of parishioners, faculty and students. He was a loving, supportive father and an inspiration to his three children. The twinkle in his blue eyes and his witty and mischievous humor will be greatly missed.

ZONING From page 1A

for single-family homes.

"We already have a terrific traffic issue on Monte Verde," Cogan said. "Any of the proposed changes in use will put significant traffic pressure on the street."

Cogan suggested putting the complex on Lincoln Street, which is wider and closer to commercial buildings, and leaving the church on Monte Verde.

The owner of a historic home across the street from church said she would rather see more single-family homes on her street, not fewer.

"This project benefits everyone connected with it," resident Barbara Livingston commented. "But it does not benefit the city."

Craig and Shari Lasher, who own the Happy Landing Inn on Monte Verde and are in the process of turning it into their home, couldn't attend but submitted a letter expressing their concerns. For one, they asked that the height of any new buildings be "kept at a level which preserves the historical Carmel charm."

Paula Hazdovac, whose family owns the four lots on the north end of the block, asked what would happen if the city changed the zoning and then the church decided to sell the land rather than develop it.

"There are too many unknowns," she said.

And former Mayor Sue McCloud said the alterations proposed by the church would "dramatically change the feel of Monte Verde."

Miller, who represented church officials at the hearing, said he appreciated the feedback and asked the commission to delay deciding whether to proceed.

"We're willing to be open and flexible about what ends up on those parcels," he said. "We've been thinking about this for a long time."

Miller said he would like to work with residents more to come up with a proposal they'll support.

Nothing good to say

Planning commissioners lacked enthusiasm for the rezoning, which would also require changing some general plan policies and approval by the California Coastal Commission.

"The only thing would be if we were looking at affordable housing on this site - and we're not looking at that," commissioner Stephanie Locke said, adding that the proposal failed to address the traffic worries aired by the residents. She also reminded commissioners that if the impetus for the proposal is relocating the church, they can do so without changing the zoning.

Commissioner Julie Wendt worried that getting rid of the single-family zoning there would lead to other applications for "similar plans to erode the residential district."

"It's risky to change the general plan based on a project that you really don't know if it's going to be built," she said.

"I don't see any new reasons to change the zoning," said commissioner Chris Bolton, who lives on Monte Verde Street. "I see lots of reasons not to."

Commissioner Gail Lehman suspected the condos would be purchased by people who wouldn't live in town full-time, and she suggested the Christian Scientists could build a new church and develop the other lots with single-family homes, and still come out ahead, without changing the zoning.

In order to even consider rezoning, chair Michael LePage said, the complex would have to consist of workforce housing or low-income housing.

"I know that would be a big burden for the property owner, but that's what we need," he said. "I understand continuing it, but I haven't heard anyone who's going to change their mind."

Nonetheless, Lehman made a motion to continue the hearing.

"I think the applicant knows we have not been presented with something that's favorable to us," she said, and Wendt seconded it.

Bolton was adamant that he wanted the matter closed. "I do not want to leave this question open for another month," he said. "I want to make a recommendation to the city council tonight?

But LePage voted in favor of the continuance, too, giving

Bill is survived by his wife, Annah; his children, Heather

Wiyninger (Harley) of Austin, Texas, Elisa Carson (Chris) of Minneapolis, Minnesota and Dr. William Rolland II (Melissa) of Sacramento, California, and his step-children, Kyle Mesko (Arden) and Micah Smith (John). He is further survived by two grandsons, Brett Wiyninger and Casey Carson.

Memorial contributions may be made in Bill's honor to Hospice Giving Foundation (80 Garden Court, Ste. 201, Monterey, CA, 93940 or https://hospicegiving.org/donate/) where he previously served as a Board Member. A celebration of Life will be held tomorrow, Saturday, January 26, at 1:00 p.m. at the Keck Auditorium, adjacent to the Church in the Forest, on the Stevenson School Campus in Pebble Beach, CA. Please visit www.thepaulmortuary. com to sign Bill's guest book and leave messages for his family.

Miller the opportunity to come back with an amended proposal.

Duo toasts poet on his birthday

THE MEMORY of the Scottish poet Robert Burns is alive and well in 21st century Carmel - thanks to the efforts of actor Taelen Thomas and fiddler Laura Burian.

Thomas and Burian pay tribute to Burns on the 260th anniversary of his birth Friday, Jan. 25, at The Lab.

Burns, who died in 1796, left behind a treasure trove of poems and songs, including Auld Land Syne. Today, he is widely considered Scotland's greatest poet.

A familiar face on local stages, Thomas has portrayed many historical and literary figures. Burian is a member of the local acoustic ensemble, Heartstrings.

Showtime is 7:30 p.m. Tickets are \$15. The Lab is located in The Barnyard shopping center.

The Carmel Pine Cone

SEALS From page 1A

One of them spent much of last Saturday on a small beach at the bottom of Fifth Street, which Akeman said as far as he knows is the "first time an elephant seal of any age" has been spotted there.

The younger elephant seal has been coming and going, while the older fellow "mostly sleeps soundly" at the top of the beach, said Akeman, who works with Bay Net, a volunteer group that educates the public about seals and other local wildlife.

Frustrated seals

Sexual frustration, it turns out, is the reason the male elephant seals are here, the Marine Mammal Center said.

"The two male seals are likely 'bachelor bulls' who lost out on mating at the Año Nuevo rookery," Marine Mammal Center spokesman Giancarlo Rulli told The Pine Cone Wednesday.

Every year, as many as 10,000 elephant seals return to breed and give birth at the Año Nuevo breeding area about 20 miles north of Santa Cruz. The other large elephant seal rookery is Piedras Blancas in San Simeon, 90 miles south of Monterey.

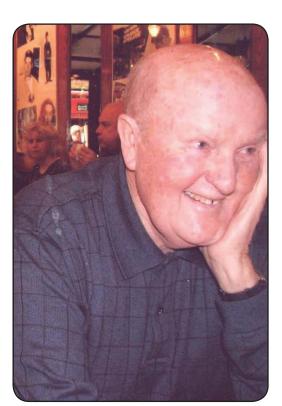
However, considering the migratory behavior of juvenile male elephant seals, and the fact there aren't any breeding females in the area, the center said there's little chance that the animals would establish a rookery in Pacific Grove.

"Historically, these male seals have always left the area after a few weeks to resume normal foraging behavior," Rulli said.

While they're here, though, they could make life rough for their harbor seal cousins. The last time a male elephant seal was seen in Pacific Grove, it killed three young harbor seals. (Fully grown harbor seals weigh between 180 and 285 pounds.)

"The big bully would chase them, catch them, then crush them under his weight," Akeman explained.

In 2010, an adult elephant seal that chased many harbor



David Eifion Griffiths 1928-2019 Pacific Grove On January 17th, David passed away due to Parkinson's. He was born in South Wales, Great Britain.

Dave was a resident of the Monterey

seals off the beach at Hopkins fatally bit one of them.

However, Cara Field, staff veterinarian at the Marine Mammal Center, said it's not uncommon for elephant seals and harbor seals to "cohabitate" on beaches in Central and Northern California.

"These male elephant seals are exhibiting natural behavior and do not pose a long-term threat to the existing harbor seal rookery population," Field said.

But if they did decide to start living somewhere on the Monterey Peninsula, their presence would mean that the beaches where they live would have to be fenced off from humans.

Meanwhile, the elephant seals in Pacific Grove are drawing numerous onlookers.

"We had four volunteers watching them last Saturday and, collectively, we talked to more than 1,000 people that day about the big visitors and the resident harbor seals," Akeman said.

Observing the animals from afar is the name of the game, and whether viewing elephant or harbor seals from land or a kayak, the Marine Mammal Center cautions people to keep their distance.



PHOTO/KIM AKEMAN

Clearly outnumbered by harbor seals, this giant elephant seal was one of two that stormed Hopkins Marine Station beach last weekend. The two were not spotted Thursday and may have moved on to greener pastures.

Kathy Stadtlander

October 3, 1947 ~ January 19, 2019

Kathy Stadtlander died peacefully on January 19, 2019, at the age of 71 after a brief illness.

Kathy is survived by her daughter, Katherine Stadtlander, and her siblings, Brian Swette (Kelly), Rob Swette (Teri) and Mary Walker (Chuck). She is also survived by a countless number of nieces, nephews and friends. She was preceded in death by her parents, Glen and Muriel Swette, her sister, Sharon Walko (Bruce) and her brother, Glen Swette.

Kathy was born on October 3, 1947 in New Jersey to Glen and Muriel. She graduated from Kent State in 1968 with a teaching degree. After moving to California, she earned her Master's Degree from Pepperdine University. Kathy was a fabulous teacher in the Long Beach School District and earned recognition for her care and patience with her students. Her classrooms often received awards for being outstanding in the District.

In 1984, Kathy welcomed her daughter, Katherine, into the world and being a

mother became her greatest joy. Her daughter, family and many friends remember her as a proud and devoted Mom. Kathy retired in Carmel to be closer to her brother, Brian (Kelly), and his family. She was active in her many nieces' and nephews' lives – tutoring, cheering at sporting events and being a supportive and loving presence. Even after retirement, Kathy continued her dedication to young students as a substitute teacher and volunteer tutor in the Monterey Peninsula Unified School District.

Kathy will be remembered for her unending love for her daughter, great sense of humor, natural beauty and warmth, passion for learning and politics, compassion for those struggling and love for her family.

Private family services will be held. Please visit <u>www.thepaulmortuary.com</u> to sign Kathy's guest book and leave messages for her family.

Leslie Armstrong O'Sullivan December 26, 1953- January 17, 2019

Pacific Grove

Leslie Armstrong O'Sullivan passed away peacefully on Thursday, January 17th, in her Pacific Grove residence. Leslie was unbelievably strong and quietly battled cancer for nine and a half years with the support of her loving medical team, her great sense of humor, and her unparalleled "mind over matter" strength.

Leslie was born to Kenneth and Francis Armstrong on December 26, 1953, in Elizabeth, NJ. She met her husband, Roger O'Sullivan, in Birmingham, Ml in 1972, and they married in July of 1977. Together they drove their VW van from Birmingham to Monterey, CA, where they began their adventures together as a family. Leslie spent most of her career working for Salinas Union High School District.





Peninsula for 63 years. He is survived by his wife, Olive, of 68 years, and his beloved daughter, Lillian.

Dave was the managing superintendent of the Pacific Grove Golf Links, until his retirement from a job he truly loved.

No services will be held as per Dave's request.

The Paul Mortuary has arranged his cremation to be at The Little Chapel-by-the Sea in Pacific Grove.

Special Thanks to The Del Monte Assisted Residential for their care for Dave, above and beyond and to The Hospice of the Central Coast.

Donations can be made in Dave's memory to The Monterey Elks Lodge-Youth Fund, 150 Mar Vista Drive in Monterey. Leslie will forever be missed by her loving husband, Roger, their two daughters, Kate O'Sullivan Messerli and Carey O'Sullivan Fedele, her sister, Mary Samyn, her sons in law, Jake Messerli and Trevor Fedele, and the joys of her life, her grandchildren, Aidyn Clare (8), Milo O'Sullivan (7), James Duffy (5), and Iris Maeve (4). Leslie will also be missed by her extended family who love her very much, and her dear friends whom she considered family.

A memorial service in her honor will take place on Saturday, January 26, 2019 at Palma High School Chapel, 919 Iverson Street, Salinas, CA at 11 a.m.

> In lieu of flowers, please send donations in Leslie's memory to: Cancer Resource Center-SVMH Foundation, P O Box 4760, Salinas, CA 93912, VNA and Hospice of Monterey County, P O Box 2480, Monterey, CA 93940 and/or The Food Bank of Monterey, 353 W. Rossi Street, Salinas, CA 93907 Please visit www.thepaulmortuary.com to sign Leslie's guestbook and send messages to her family.

RECOVERED

From page 1A

ed waves as a high as 14 feet.

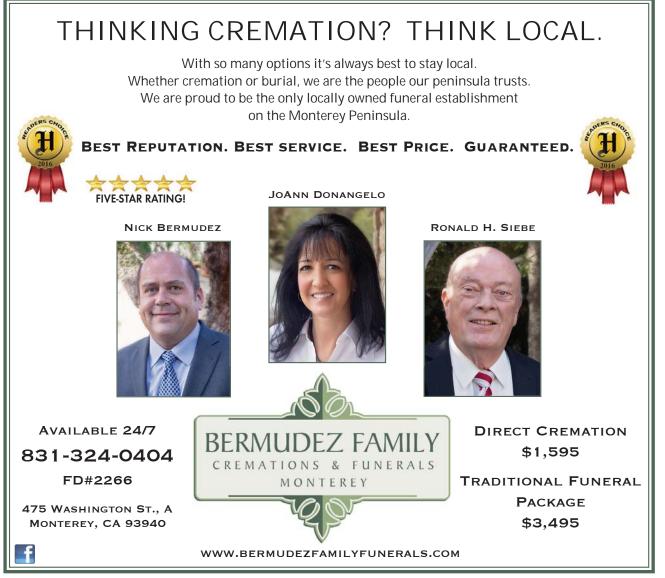
The site where the body was found was close to where Stuntz disappeared.

Stuntz, 18, and several of his friends were taking a close

look at the blowhole Jan. 12 when he slipped and fell into it. He landed safely on the beach below and even flashed a thumbs-up before he was overwhelmed by a wave.

Stevenson School hosted a memorial service Jan. 20 for Stuntz.

A member of Carmel Valley Boy Scout Troop 127, Stuntz became an Eagle Scout last summer. The son of Michael and Ruth Stuntz of Carmel, he was attending college at the University of San Diego.



A foundation has been established in Stuntz's name, and a crowdfunding campaign at GoFundMe.com has raised more than \$76,000 since it was posted a week ago.

"He was a very special young man who selflessly touched many, many people," reads a description of the fundraiser. "The money collected will be used to support causes dear to Braxton's heart such as the Children's Surgical Centre, which trains Cambodian surgeons and delivers free care to the impoverished people of Phnom Penh."

The foundation will also fund efforts to tutor children in math and science, and pay for safety and infrastructure improvements at Garrapata State Beach.

Michael Stuntz added his voice to those who commented on the crowdfunding campaign. "He will be cremated and his ashes placed in an urn from Italy, his favorite place to travel," his father posted. "Thank you all for the ongoing beautiful condolences and contributions."

LIGHTS From page 1A

with her sister and niece, said it would be a mistake to count on retailers and restaurants to illuminate the town's busiest street.

"Relying on the businesses to provide the lighting is probably not a good idea," she said. "I have people coming in and asking why we don't have more lights at night.

She also compared driving through town at night to Russian roulette, because pedestrians are so hard to see.

Among the planning commissioners, Stephanie Locke said she thought the process of narrowing the choices down to a single favorite was effective. "I appreciated having more than a month to review the options," she said. She liked the up-lighting.

Julie Wendt noted that string lights "seem to be in every small town," and while Chris Bolton said he wouldn't like to see up-lighting anywhere else in the city, he favors it for Ocean Avenue.

"I was originally feeling there should be no lights," Gail Lehman said, because the stores provide enough after dark, but "the trees look really lovely" when they are lit from below.

The chairman of the planning commission, Michael Le-Page, expressed similar opinions, and commissioners voted to approve the up-lighting in the medians and remove all the string lights, but they also want to see which trees will be targeted for the lights before they're installed.

The median lights will go to the city council for a final vote.

BOB LITTELL Jan. 7, 1939 – Jan. 17, 2019 Carmel

Carmel architect Bob Littell couldn't have designed it any better. On Monday, he rose with the sun, kissed his wife Michele, and set out with his beloved poodle-mix, Ben, for a powerwalk along Scenic Road, overlooking the arc of white sand framing Carmel Bay. After a customary glance at the setting that had inspired him for nearly 50 years, he and Ben climbed into his car. Then his heart stopped.

Sometimes that happens to a heart that big, that full, that devoted to the family and friends he knew, quite simply, as the loves of his life.

Three days later, on Thursday, Bob slipped away, after giving everyone time to share stories and say goodbye before he left to join his first love, late wife, Nancy, who laid the path in 1994.

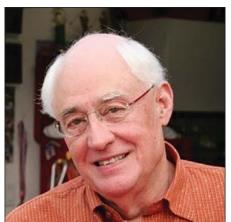
Bob was blessed to find two great loves, having met Michele through mutual friends, Bill and the late Jennifer Hill. After marrying under a lit canopy on Carmel Beach, the newlyweds enjoyed a reception at the Hills' New Masters Gallery, before embarking on 19 joyful years in Carmel Woods.

Born and raised in Newport Beach with his sister, Joanne, Bob developed an early love of the sea, spending as much time as possible swimming, boating, and working on the legendary Newport Pier on the Balboa Peninsula. A sports fan, he loved watching games, particularly if the 49ers were playing. He also enjoyed an active lifestyle, playing racquetball, and running or powerwalking along the coast.

The Newport Harbor High graduate went on to study architecture at Cal Poly San Luis Obispo, before achieving his architecture license and becoming a certified member of the American Institute of Architects.

Bob and Nancy met in high school but began dating after graduation. They were married in 1960, at Church of the Wayfarer in Carmel, and honeymooned in the city by the sea, where they would establish their home and their family. In 1962, the couple welcomed daughter Laurie and, three years later, her sister, Lendy.

When it came time for his daughters to marry, Bob welcomed their husbands like sons to the family, and hustled down to the store for some celebratory champagne. His joy was surpassed only by the arrival of three grandchildren, whose needs and interests topped his list. "Papa" warmed the bleachers for every single game the athletic trio played.



The devoted family man also was committed to his community through architecture, establishing a reputation for creative vision and quality design in developing hundreds of new homes and commercial projects, as well as remodels throughout the peninsula, including a seamless addition to the Carmel Mission. His daughters can



wander through the community he called home and find the legacy of their father in house after house that bears his vision, his design, his touch. Bob was an organized man, a thoughtful man, a planner. He was a man of foresight and follow- through, who believed in following directions, avoiding shortcuts, and always taking time to do things right. It was a commitment he made to his clients and a promise to his family.

Bob was known as a quiet man, a calm and gentle man, who could laugh out loud when it was really funny. He took care of himself but cared more about others. At the time of his passing, Bob was designing an addition for the Lake Tahoe cabin, which keeps his family close.

No one expected Bob's sudden exit. Yet perhaps, when a life has been lived so enthusiastically and well, with such devotion to all that is loving and right among family and friends, he gets to step off sooner into his bliss. Bob Littell is survived by the loves of his life: his wife, Michele Rodgers Littell, sister Joanne Jacklin of Costa Mesa, his daughters, Laurie Gaucher (Chris) and Lendy Haisley (Ross), his grandchildren Courtney Daniels (Patrick) of Maple Valley, Stephanie Haisley (Adam) of Sacramento, and Ryan Haisley, and his faithful companion, Ben.

A celebration of Bob's life is planned for 2:30pm on Saturday, Jan. 26 at Church of the Wayfarer in Carmel. In lieu of flowers, memorial contributions may be made to Bob and Michele's chosen charities: Make-A-Wish Foundation, The Salvation Army or St. Jude Children's Research Hospital.

January 25, 2019

The Carmel Pine Cone

17A

THE BES F



where friends send friends

"Never thought I would LOVE a floor store, but this business is EXCEPTIONAL! They literally bend over backwards to please you. Paul makes sure you are happy throughout the entire process. Ray in accounting makes the financing a very easy process. I will definitely return for further flooring and kitchen remodel needs." - Lisa C., yelp*

- f 🐻 See us on Facebook and Instagram *until April 30, 2019

1666 Contra Costa St., Sand City | 831-583-9124 | floorstoreusa.com

I BEAL

INTEREST[®]



Service/Landscape Lighting

License No. 218160

Remodels/Commercial/Residential

Design & Installation

Family owned and in Carmel since 1961 (831) 624-5361 Dolores & 7th, Carmel-by-the-Sea

BEST ELECTRICIAN 20182008 - 2009 - 2010 2012 - 2013 - 2014 2015 - 2016 - 2017

CENCAL DUSTLESS BLASTING MOBILE PAINT STRIPPING & SURFACE CLEANING

"The Future of Surface Preparation"

Our company offers state-of-the-art mobile paint stripping and surface cleaning services that covers a wide range of Metal, Wood, Fiberglass, and Concrete surfaces.





KNOWLEDGE • SERVICE • CONVENIENCE IS WHY YOU SHOULD CHOOSE MURPHY'S

Celebrating 115 Years! Helping to Build Carmel since 1904 Still family owned and operated.



FIREPLACE

VISA Manager

COAST

BUILDING

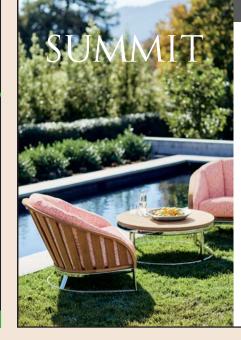
PRODUCTS

Gary Morris Hardware Manager Gary is always helpful in finding the items you need.

Is Your Fireplace Leaving You Cold?

Free Delivery Anywhere in Monterey County 831-659-2291

10 West Carmel Valley Road, Carmel Valley Village



OPEN TO THE PUBLIC

COME VISIT US AT OUR MONTEREY SHOWROOM

8am to 4pm Monday through Friday and by appointment 831.375.7811

Come by the showroom for the highest guality teak outdoor furniture, performance fabrics and limited stock of sale items.

DINING TABLES . DINING CHAIRS . BAR CHAIRS SOFAS · OCCASSIONAL TABLES · COFFEE TABLES LOUNGE CHAIRS . OTTOMANS . CONSOLES DAY BEDS . OUTDOOR FABRICS AND MUCH MORE!

5 HARRIS COURT, BLDG W MONTEREY CA 93940

SUMMIT FURNITURE | 831.375.7811 | SUMMITFURNITURE.COM MONTEREY LOS ANGELES SAN FRANCISCO LONDON MONACO



OWNED & OPERATED BY BOB & CLAIRE ARMINTROUT & FAMILY **SINCE 1969**

With over 45 years experience in garage doors and openers, we have built a strong reputation for providing the highest quality work by giving personalized service to our clientele. It is our focus on quality and affordability that propels A-1

Overhead Door Co. ahead of the competition.



Monterey Bay Area's GARAGE DOOR SPECIALIST We Provide Prompt, Reliable Sales, **Repairs & Service of Garage Doors** & Garage Door Openers

SALES • FREE ESTIMATES • REPAIRS & SERVICE



(831) 655-2176 • (800) 696-8821 WWW.AONEDOOR.COM State License # 658346

It's Time To Remodel...

A Top Build Company CA LIC. #465440

NOW is the best time to add a new, efficient fireplace insert to your home. Beautiful designs, state-of-the-art efficiency, and environmentally friendly units to fit any decor.

Area's Only In-House Service Dept. Fast, Efficient, Factory Trained Installation Your Home Heating Specialists Since 1976

FREE

In-Home Consultation

757-1089

45 Nor<u>th Main St.</u> Salinas 831-757-1089 Open Mon. - Fri. 8-5

To advertise in this section please call

THE BEST OF HOME & GARDEN

MONTEREY, PACIFIC GROVE, SEASIDE, SAND CITY Jessica Caird (831) 274-8590 jessica@carmelpinecone.com

CARMEL-BY-THE-SEA, PEBBLE BEACH, CARMEL VALLEY & MOUTH OF THE VALLEY Meena Lewellen (831) 274-8655 meena@carmelpinecone.com

> REAL ESTATE, BIG SUR Jung Yi Crabbe (831) 274-8646 jung@carmelpinecone.com

January 25, 2019

Deadline: Monday, 1:00 PM • Email your ad to: service@carmelpinecone.com NOTICE: SERVICE DIRECTORY ADS ARE ACCEPTED ONLY BY EMAIL BOOKKEEPING/ACCOUNTING GARAGE DOOR **CONSTRUCTION/REMODEL HEALTH**



Service Directory continues on next page

19A

LITTELL From page 11A

In his obituary, Littell's family described him as "an organized man, a thoughtful man, a planner."

"He was a man of foresight and follow-through, who believed in following directions, avoiding shortcuts, and always taking time to do things right," they wrote. "It was a commitment he made to his clients and a promise to his family."

Littell was predeceased by his first wife, Nancy, in 1994, and is survived by wife Michele, his sister, three daughters, several grandchildren, and his dog, Ben.

A celebration of life is planned for Jan. 26 at 2:30 p.m. at the Church of the Wayfarer on Lincoln south of Ocean in Carmel.

DAMAGE From page 3A

Residents will notice many of the streets are still covered with pine needles, acorns, leaves, bark and other debris, but they are now getting swept up, according to Rerig.

"The sweeper blew a hydraulic line Saturday morning, but it's back up and running," he said Wednesday. "We managed the storm as best we could and extend our thanks for everyone's patience."

Outside the city limits, Monterey County Public Works reported parts of Aguajito Road, Flanders Drive, Rio Vista Drive, Seventh Avenue in the county area of Carmel, and Spruce Way in the Carmel Highlands are still closed for downed trees, and Robinson Canyon Road in Carmel Valley is closed at the 5-mile marker due to part of the road falling away.



Regardless, according to his campaign finance statement listing contributions and expenditures through the end of 2018, Dallas continued to receive generous donations up until just days before the Nov. 6 election, taking in \$5,480 between Oct. 21 and Dec. 31.

Among his local contributors were developer Nader Agha, who donated \$1,990; Inns by the Sea Inc., headed by Ted Balestreri, which donated \$500; and Lillian Hazdovac, who gave \$100.

Out-of-towners who helped finance Dallas' campaign were Dallas, Texas, resident Katherine Kennedy (\$500); Southlake, Texas, resident Richard Raley of Raley Holdings LLC, who donated \$750; and Stockton community bank executive Ron Berbarian, who gave \$500. Dallas also took in \$740 in un-itemized contributions of \$99 or less. The donations brought his year-to-date total for 2018 to \$26,295.

Wrote big checks

Dallas paid a significant number of bills during the last two months of the year, shelling out \$15,077 for postage, printing, newspaper ads, online ads and other campaign expenses. Larger checks included \$6,667 to The Pine Cone, \$4,743 to Facebook, \$1,331 to Carmel Office Supply and Business Center, and \$1,075 to Steinbruner Hill CPAs.

He ended the year with a campaign fund balance of \$11,897.

According to the California Fair Political Practices Commission, candidates who fail to win election and have money left over can either move it to a new fund in anticipation of running for office again, or let the funds become "surplus" after a certain amount of time.

CALENDAR

Learn to Play Bridge! The Monterey Bridge Educational Foundation is offering eight (8) Easybridge! beginner lessons for a \$50 tax-deductible donation. Lessons will be held on Thursdays from 4:30-6:30 at the Monterey Bridge Center at old Fort Ord beginning Feb. 21. No partner needed. For more info contact Doug Halleen at 917-2502 or email to Doug@DougHalleen.com.

PacRep's Neverland Benefit Shop Resale Boutique WE'RE MOVING SALE! We are moving to 443 Lighthouse Ave. in Monterey in February. Come shop the best deals in our inventory! Everything must go! Proceeds benefit PacRep Theatre. 1219 Forest Ave., P.G. across from the Safeway parking lot. (831) 641-7199

Jan. 25 — Aspire Health Plan Presents: Identifying Goals and Building Resiliency, a free Community Connections Class, 10-11:30 a.m. at Montage Wellness Center, 2920 2nd Ave., Marina. Learn the value of goal setting and how to harness motivation. We ask you to register. RSVP to (877) 663-7651, or www.aspirehealthplan.org/ connections

Jan. 27 — Orchestra in the Schools presents our 2019 Musical Gala Fundraiser, 6:30 to 8:30 p.m. at Hidden Valley Music Seminars, 104 W. Carmel Valley Road, Carmel Valley. Tickets are \$50 for hors d'oeuvres, wine, and concert. For more information please contact Emma, (831) 508-9000 ext. 3, or go to: www.OrchestraInTheSchools.org

Jan. 28 — Travel program on the Southern Caucasus, Azerbaijan, Georgia and Armenia. Hans Lehmann presents a free talk about his trip following the steps of the Silk Road. All are welcome. Program 6:45 p.m., Monterey HI Hostel, 778 Hawthorne at Irving, New Monterey. Details: call 649 0375. Artifacts From a Life provides an illuminating story of Hemingway's life. Hosted by Carmel Public Library Foundation. Free; seating first come first serve. \$10 suggested contribution. Questions? afallon@ carmelpubliclibraryfoundation.org or (831) 624-2811

Jan. 31 — Kosher-Style Lunch and Bake Sale, 9 a.m. until sold out. Temple Beth El, 1212 Riker St. at Blanco Road, Salinas. **PICKUP LOCATIONS IN MONTEREY AND CARMEL VALLEY**. Enjoy an authentic New York Style Pastrami or Corned Beef Sandwich, Pickle, Cole Slaw and Cake. \$13. Our 63rd year. Tickets available at the door. Pick up in Monterey and Carmel with advance reservation and payment by 5 p.m. Tuesday, Jan. 29. Call 831-424-9151 for information, or www.templebethelsalinas. com.

Jan. 31 — Aspire Health Plan Presents: In-Shape Fitness Center Open House, a free Community Connections Class, 10:45-11:45 a.m. at In-Shape Monterey, 2370 N. Fremont St. Join us for a no-obligation tour of this popular fitness center, senior fitness class demonstrations, and enjoy some healthy snacks. We ask you to register so we can know how many people to expect. RSVP to (877) 663-7651, or www.aspirehealthplan.org/ connections

Feb. 4 — "A Musical Valentine." Arias, love songs and favorite melodies celebrating St. Valentine's day will fill the air at the Carmel Woman's Club at 2 p.m. Performances will feature the beloved voice of tenor Erasmo Aiello accompanied by pianist Melinda Coffee. In addition to her songs, multitalented musicologist Elise Rotchford will perform on the flute in a duet with pianist Coffee. A coffee/ Dallas filed forms with the city Jan. 14 organizing the Dallas for Mayor 2020 Committee, and naming former treasurer Merv Sutton and his mother, Mitzi Dallas, as treasurer and co-treasurer, and himself as the principal officer. The funds are being held at Comerica Bank.

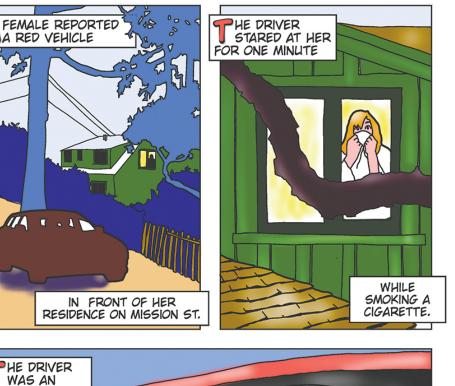
With that, he was also required to file a Candidate Intention Statement declaring his

commitment to run for mayor next year. Election Day will be Nov. 3, 2020. When asked why he decided to seek office

again and what his plans are during the intervening months to prepare for his next race, as well as whether he would be participating in any city events or meetings in the meantime, Dallas responded, "I have no comments at this time."



"POLICE LOG" CARMEL-BY-THE-SEA, SEPT. 11



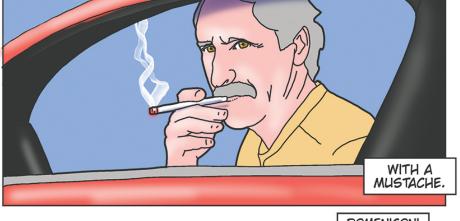
Jan. 29 — Aspire Health Plan Presents: New Year, New (clutter free) Home, a free Community Connections Class, 10-11:30 a.m. at Point Pinos Grill, 77 Asilomar Ave., Pacific Grove. Easy tips for organizing your home from a local professional organizer and retired Interior Designer. We ask you to register so we can know how many people to expect. RSVP to (877) 663-7651, or www. aspirehealthplan.org/connections

Jan. 30 – Monterey Public Library presents: Tax Reform for Individuals & Trusts with Hayashi Wayland CPAs. FREE workshop at 6:30 p.m. RSVP (831) 646-5632 or thongchu@monterey. org.

Jan. 31 — Community Night with the Library program "An Evening's Conversation: Ernest Hemingway and Traveling the World," 7 p.m. in Carpenter Hall – Sunset Center. Join Michael Katakis, photographer, author and international manager of Ernest Hemingway's literary estate in conversation with Dr. Bonnie Irwin. Mr. Katakis' most recent book, Ernest Hemingway: tea reception immediately follows the performances. Members, free; guests, \$10, includes reception. (831) 624-2866 or 915-8184. ADULT MALE

February 9 - Carmel Bach Festival Volunteer Love A-Faire, 1-3pm at the Carmel Women's Club. Join the Carmel Bach Festival for our Volunteer Job Fair as we celebrate our wonderful volunteers and announce job openings for the 2019 Festival. Enjoy bubbles, nibbles and a raffle to honor you, our volunteers. Bring a friend new to Festival volunteering and both of you will be eligible to win a special prize! Please RSVP to Olivia Colombo (831) 624-1521 or olivia@bachfestival.org

Feb. 12 — RESCHEDULED: "Carmel by the Sea — Fast Forward 25 Years." Originally scheduled for Jan. 16, program was canceled due to weather. The Carmel Residents Association has reset it for 5 p.m. at Carpenter Hall at Sunset Center. Panel discussion will provide a provocative look into Carmel's future. Panelists: Architect Brian Congleton, Planning Commissione Michael LePage, Historian Doug Schmitz, Environmentalist Michael DeLapa. Wine and social hour will follow the free program. Information: 626-1610



DOMENICONI

Be prepared for emergencies register your phone number at www.alertmontereycounty.org

Smiles & Comfort

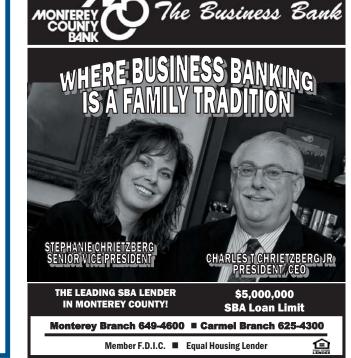
Dr. Arlen Lackey Uses Technology to Enhance Patients' Comfort

675 Pine Avenue Pacific Grove, CA 831.649.1055 office@lackeydds.com

Meet the Doctor — No Charge!

Browse over 400 RECENT 5 ***** REVIEWS Click on "Satisfied Patients" www.lackeydds.com

Let Us Help Improve Your Smile—CALL 649-1055 TODAY!



FEBRUARY 2019

*** NEW MEMBERS**

★ CARMEL HIGHLANDS PHOTOGRAPHY

A local photography studio specializing in families, children, maternity, and weddings.

★ THE QUAIL & OLIVE

A California Olive Oil Experience - offering tastings, pairings, recipes & the best of the Carmel Valley lifestyle!

★ CARMEL BOUCHEE

Classic French with a hint of California. Enjoy delicious creations by the incredibly talented Chef Jacques Zagouri paired with tremendous wines.

***** YEAST OF EDEN

A hip contemporary restaurant brewery located in downtown Carmel-by-the-Sea. A common thread among all the Yeast of Eden beers is a crisp, dry profile with fruit forward flavor and almost champagne-like finish.

* PATRICIA QUALLS CONTEMPORARY ART

Patricia Qualls Contemporary Art is a hidden gem in Carmel Valley, a beautiful 1200 sq. ft gallery with 15-foot ceilings and a half dozen skylights that bring sunshine to each highimpact painting.

★ PURE BARRE CARMEL-BY-THE-SEA

You'll get stronger with each class. And ultimately, you'll rise above who you were yesterday. Precise. Proud. Balanced.

BOARD SPOTLIGHT



Clarissa Rowe has served as Vice President of Community Relations since 2016 at Monterey County Bank; the oldest locally owned and managed Bank in Monterey County. She was transferred to the Monterey area with Great Western Bank 30 years ago. Although her banking career has taken her to numerous markets due to nine mergers, acquisitions or closures; she volved with the community including

continued to stay involved with the community, including serving numerous Chamber Board terms for Pacific Grove and Monterey and now Carmel.

Clarissa is married to retired Homicide Investigator and Police Captain, Allen, with two beautiful step daughters and are welcoming their fifth grandchild in August. Clarissa is excited to represent Monterey County Bank and bring her Board experience to the Carmel Chamber.

CARMEL CHAMBER of COMMERCE Creating the Links

MESSAGE FROM THE CHAIRMAN

SOERKE PETERS OWNER/CHEF of Etats Unis 2019 Carmel Chamber Board Chair

Dear Members,

As the new Chair of the Chamber in 2019, I want to first of all thank our Past Chair Cynthia Buhl for making this such a smooth transition. Those are big shoes for me to fill! I am looking forward to implementing our 2019 Plan of Work by improving our Financial Stability, Communication between Members and the Community, and the Sustainability & Accessibility of Carmel.

We don't want to lose track of the beautiful place in which we have the privilege of doing business. Focusing on community, as well as visitors, we hope to set a new alliance between residents and business owners. Setting the standard for clear communication to provide clarity instead of rumors is also an important pillar of our workplan this year. Last but not least, partnering with the City to brand Carmel as a Sustainable & Accessible Destination will be the main component to our work in 2019. The Chamber is asking all of our members to "Be the Change" in 2019, and we will be here to help you along the way.

I am honored to serve you and the community.



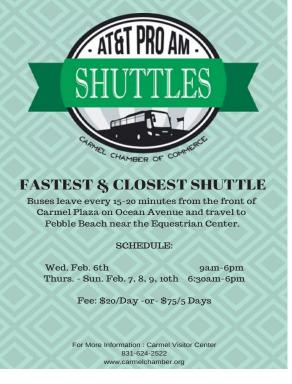
GRAND OPENING & RIBBON CUTTING @ CARMEL CRAFT

50th ANNIVERSARY RIBBON CUTTING @ THE PILGRIM'S WAY BOOKSTORE & SECRET GARDEN



Date: February 21, 2019 **Time**: 5:00 PM - 7:00 PM **Location**: Dolores Street btwn 5th & 6th

Join us to CELEBRATE the 50th Anniversay of The Pilgrim's Way Bookstore & Secret Garden, the only remaining bookstore in Carmel-by-the-Sea.



TRAVEL WITH THE CHAMBER: DISCOVER SWITZERLAND,

CHAMBER SPONSORS

Champion Sponsors

Carmel Realty Company • Hayashi Wayland • Union Bank Glastonbury Audio Visual • Nielsen Bros. Market & Deli

Executive Leadership Council

Adam Jeselnick Architect • Alain Pinel Realtors • Carmel Magazine • Carmel Pine Cone • Carmel Plaza • City of Carmel-bythe-Sea • Coldwell Banker Del Monte Realty • Crossroads Carmel • Cypress Inn • DMT Imaging • Douglas Elliman Real Estate • Gallagher + Barr, Inc • II Fornaio KION • La Playa Carmel • Lester Investment Properties • Modern Luxury • Monterey County Bank • Monterey County Weekly • Monterey Herald • Scheid Vineyards • Studio Schicketanz • Union Bank • Wells Fargo • Walking Tall Training & Consulting

CARMEL CHAMBER OF COMMERCE P0 Box 4444, Carmel-by-the-Sea, CA 93921 (831) 624-3877 BREWING COMPANY



Date: January 31, 2019 Time: 5:00 PM - 7:00 PM Location: Carmel Craft Brewing Company @ The Barnyard Shopping Village next to Allegro Pizzeria

Join us to CELEBRATE the Grand Opening of Carmel Craft Brewing Company and their newly extended space with both Carmel Chamber and Carmel Valley Chamber. The outside courtyard will be open with music by Sensory Tribe, great food from Allegro Pizzeria, specials on Carmel Craft beer, merchandise giveaways and a drawing for one lucky person to receive \$3 beers for the rest of 2019!

@carmelcalifornia



AUSTRIA & BULGARIA

TRAVEL PRESENTATION Date: February 7th, 2018 Time: 5:00 PM - 6:00 PM @ CHAMBER OFFICE Dates of Travel: October 31 - November 9, 2019







Country star shares new record at Golden State, organ trio plays East Village

WITH FOUR Grammy Awards and a famous father, singer-songwriter Rosanne Cash could be forgiven for resting on her laurels. But Cash, who plays Wednesday, Jan. 30, at Golden State Theatre in Monterey, is fixed more on the future than the past — as her latest record attests.

Titled "She Remembers Everything," the album is a personal one with songs written from a woman's perspective.

After her last record, "The River and the Threat," earned three Grammys and peaked at No. 2 on the country charts, Cash decided she was going to try something different on "She Remembers Everything." She wrote the songs "with a distinctly feminine voice."

"I went into this not caring if it would be successful," she told The Pine Cone. "I'm at a point where I don't give a damn about pleasing people — I had to write this."

Released last fall, the album has become a critical favorite.

Besides touring to promote her latest record, Cash is also busy writing the lyrics for a musical version of the 1979 film, "Norma Rae," which earned Sally Field an Academy Award



By CHRIS COUNTS

for her portrayal of a union activist. "It's an amazing story of a woman's transformation," she said.

While Cash has certainly had her fair share of success, she has no plans to stop writing or singing anytime soon. "I'm curious — I want to find out what comes next," she added.

The daughter of Johnny Cash, the singer-songwriter has

11 No. 1 country hits, including "Seven Year Ache," "I Don't Know Why You Don't Want Me," "Runaway Train" and "Blue Moon with a Heartache."

The Carmel Pine Cone

Performing with Cash will be her husband, guitarist John Leventhal, who is also a 12-time Grammy Award-winning record producer.

Showtime is 8 p.m. Tickets are \$53 to \$86. The theater is located at 417 Alvarado St., (831) 649-1070.

■ 'Jimmy Smith with a twist'

A trio playing Sunday, Jan. 27, at East Village Coffee Lounge in Monterey, Organization breathes new life into a sound that had its heyday in the mid-20th century.

See MUSIC page 25A





Jazz singer Mayumi Abe (far left) visits the Hyatt Regency Monterey Hotel Jan. 26. Fire, Ash & Grace (left) performs in Big Sur Jan. 27. Country music star Rosanne Cash (right) plays at Sunset Center lan 30



WHERE MONTEREY COMES TO PLAY





OF GAMING + 3 CARD POKER BLACKJACK



SUNSET PRESENTS COMING UP...





Date Night Done Right!

THE SECOND CITY IT'S NOT YOU, IT'S ME

Thursday, February 14 at 8PM Celebrate Valentine's Day with some side splitting relationship-themed improv comedy from Chicago's finest!

NATHAN WILLIAMS & THE ZYDECO CHA CHAS

Friday, February 22 at 8PM Get in the Mardi Gras spirit with these living legends committed to keeping their Creole heritage alive for all to enjoy!

WE SHALL OVERCOME: A CELEBRATION OF DR. MARTIN LUTHER KING, JR.

+ BACCARAT + TEXAS HOLD'EM





FULL BAR

JUST MINUTES FROM DOWNTOWN MONTEREY

THE MARINA CLUB CASINO ENSURES THE SAFETY AND SECURITY OF ALL GUESTS AND TEAM MEMBERS AT ALL TIMES, WHILE PROVIDING EXCEPTIONAL SERVICE.

1-800-GAMBLER • GEGA-003846, GEGA-GEGA-003703, GEGA-000889 GEGA-000891 GEGA-002838

204 CARMEL AVENUE + MARINA, CA 831-384-0925 + www.CASINOMONTEREY.com





Monterey Peninsula's Premier Performing Arts Facility

Brought to you by Sunset Cultural Center, Inc., a nonprofit 501(c)(3) To purchase tickets or for more information, please visit: www.sunsetcenter.org • 831.620.2048 San Carlos at Ninth Ave • Carmel-by-the-Sea

Thursday, February 28 at 8PM

This moving production ties together a living lineage of music and culture that includes traditional gospel, modern gospel, classical, jazz, Broadway and spirituals.

BECOMING KAREEM: AN EVENING WITH KAREEM ABDUL-JABBAR Saturday, March 9 at 8PM Inspiring evening of conversation with the NBA all-time leading

scorer, six-time NBA champion, accomplished author, and civil rights activist.

Face-off winners, Grasing's wine dinners, pasta lessons, Super Bowl bash

LAST WEEKEND'S Forager's Festival and Fungus Face-Off raised at least \$31,000 for the Big Sur Health Center which offers medical care for residents and visitors along a 50-mile stretch of isolated coastline - and earned accolades for some creative and inventive chefs.

The fest kicked off with a few intimate and impressive wine dinners at restaurants that donated all their proceeds to

Soup to Nuts

the health center, while the main event, the Face-Off, was held for the first time at the Big Sur River Inn and drew crowds of food-and-wine fans eager to see what the chefs had come up with using mushrooms, herbs and vegetables plucked from the wild.

A panel of judges picked the winners of Best of Show, Most Imaginative Dish and Best Use of Foraged Ingredients,

with chef Ken Woods of 1440 Multiversity — a Scotts Valley campus that offers retreats and personal-development courses taking the top award for his Kampachi Crudo, raw yellowtail with currants, a sauce made from wild leeks, candy cap mushrooms (which are very aromatic with a scent reminiscent of maple syrup) and pinot noir salt. Woods also made two other dishes for the face-off, and judges described them as "most eye-opening and really delicious," with "a lot of complexity."

&

Woods also took home the People's Choice award, netting the most votes from those who attended and marked ballots with their favorites.

Tiny Pop Tarts

Most Imaginative was Montrio Bistro chefs Tony Baker and Justin Robarge's roasted rabbit consommé, with rabbit roulade with porcini mushrooms, carrots, celery and green onion, and "caviar" of golden chanterelles and porcinis. At the face-off, Baker gave Robarge credit for coming up with the winning recipe, which the judges found to be imaginative and beautifully presented in small glasses.

A diminutive and delicious "pop tart" of puff pastry with

chanterelle mushroom duxelles cooked with sherry, butter, thyme and black pepper, duck mousse and distinctive lion's mane mushrooms won Best Use of Foraged Ingredients for Sierra Mar at the Post Ranch Inn, represented by executive sous chef Greg Karjala and pastry chef Raphael Ferrenbach.

Winning wines

Four additional chefs took honorable mentions for their dishes, and several wines won awards too, including McIntyre's 2017 chardonnay and Mesa Del Sol's 2013 sangiovese, with several more showing as runners up. Receiving an honorable mention was Comanche Cellars' unusual "Pet Gnat," a light, spritzy white wine made in the ancient pétillant naturel, method, in which the wine is bottled prior to fully completing its first fermentation, allowing carbon dioxide to be produced by the natural sugars found in the grapes, resulting in a bit of fizz in the bottle.

Sharen Carey, executive director of the nonprofit health center, said Tuesday that the Foragers Fest raised more than

Continues next page







PHOTOS/IIM PINICKNEY

[Left] Hyatt Carmel Highlands executive chef Chris Vacca shaved fresh black truffle over his delectable dish at the Fungus Face-Off in Big Sur Saturday, but as good as it was, he was bested by [above] Post Ranch Inn chefs Raphael Ferrenbach and Greg Karjala and their "Chanterelle Pop Tart," and [above right] Montrio chefs Tony Baker (in glasses) and Justin Robarge, who received an award from Wendy Brodie for their roasted rabbit consommé.

SAVOR THE LOCAL SCENE

MONDAY & TUESDAY \$8 till 8pm Happy Hour with Live Music

....

WEDNESDAY Date Night Special \$15 Brick Oven Pizza \$5 Craft Beer and Select Wines

5pm-7pm







DELICIOUS POURED DAILY



Come Enjoy Our Carmel-by-the-Sea Tasting Room San Carlos & 7th • 831.626.WINE (9463) Pouring from 12 noon Daily SCHEIDVINEYARDS.COM



831.658.3400 415 West Carmel Valley Road BernardusLodge.com

RESTAURANT & BAR

We pay for news photos!

The Carmel Pine Cone will pay up to \$50 for photos of newsworthy events around the Monterey Peninsula. Submit yours to news@carmelpinecone.com.

Payment made for photos accepted for publication.

\$31,000, so far, with cash outstanding from a few other fundraising efforts held during the weekend, and pledges from several supporters who attended the wine dinners at Il Grillo and Deetien's.

"It's difficult to guess what the bottom line will actually be," she said.

Upcoming Grasing's wine dinners

Those open to indulgent and last-minute evening plans Friday might try to get a seat at a special dinner at Grasing's, located at Mission and Sixth, featuring the wines of Morlet Family Vineyards in St. Helena. The Jan. 25 dinner starts with a reception at 6 p.m. and costs \$165 per person, including tax and tip.

Luc and Jodie Morlet — he from France, she from California - combine old-world techniques and California fruit to create small-batch wines that are "harmonious in their intensity, richness, complexity and refinement," and the wines selected for Friday's dinner include sparkling Grand Brut Reserve from Luc Morlet's home in France, Avenay-Val d'Or, followed by their own chardonnay, pinot noir, cabernet sauvignon and late-harvest white dessert wine. The couple will be there to share their story and discuss their wines, which will be paired with a menu created by chef/owner Kurt Grasing that in-

cludes small bites during the reception, followed by lobster with ginger and lemongrass, sweetbreads with wild mushrooms, American Wagyu New York Steak on cauliflower risotto with short rib ravioli, and Marcona almonds and bleu cheese.

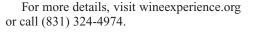
Next on the horizon at Grasing's is a dinner featuring the wines of I. Brand & Family, which has a tasting room in Carmel Valley Village, on Feb. 26, for \$150 per person, inclusive. Proprietor and winemaker Ian Brand was recently named Winemaker of the Year by the San Francisco Chronicle, and he bottles his wines under three different labels: P'tit Paisan, La Marea and I. Brand & Family.

Anyone interested in signing up for either dinner (or both) should call Chris Edmonds at (831) 624-6562 or email chris@grasings.com for instructions on how to register.

Blanc de blanc party

The Wine Experience, located at 381 Cannery Row, will host its first ever release party Jan. 25 from 6 to 8 p.m. to celebrate the arrival of its sparkling blanc de blanc, made from chardonnay grapes grown in Sonoma County. At the event, the new sparkler will be paired with locally sourced oysters, a classic combination.

The oysters will be available for \$3 each or \$15 per half-dozen, and glasses and bottles of the wine will be sold for 25 percent off all evening.



The art of stuffed pasta

&

Cantinetta Luca chef Aaron Rayor will guide a group of students in the art of making stuffed pastas like ravioli, tortellini and others during a class in the restaurant Friday, Feb. 1, from noon to 2 p.m.

Rayor will teach his guests how to make filled pastas "using time-honored traditions and techniques that can be replicated at home," and the session will include not just his entertaining instruction and direction, but drinks, recipes, and pasta to take home.

The class costs \$85 per person, including tax and tip. To sign up, call (831) 625-6500 or visit www.cantinettaluca.com. The restaurant is located on Dolores south of Ocean.

Drink wine for the dogs

Hofsas House's first Locals Favorites Wine Friday of the year will take place Jan.

25, when Blair Estate brings its small-batch wines to the hotel on San Carlos Street north of Fourth for a fundraiser benefiting Peace of Mind Dog Rescue.

Guests pay \$15 per person for a glass of wine and small bites, and all the money goes to the nonprofit that helps find homes for older dogs and those whose elderly owners can no longer care for them.

Since October 2009, Peace of Mind has rescued more than 1,600 pets.

The event runs from 5:30 to 7:30 p.m. Additional glasses of wine are available for \$5 apiece. Reservations are required by calling Carrie Theis, whose family has owned the hotel for more than 70 years, at (831) 624-2745 or emailing carrie.theis@hofsashouse.com.

Super Bowl bash at Knuckles

Knuckles Sports Bar in the Hyatt Regency Monterey, with its two dozen flat-screen TVs and two 8-foot screens, numerous beers on

Continues next page



Enjoy our contemporary menu, delicious surprises, and the best view to celebrate this special day!

Reservation recommended: info@RockyPointRestaurant.com (831) 624-2933





TAURANT

Valentine's Day Dinner

created by Executive Chef, Gus Trejo

Prix Fix Menu Thurs., February 14, 2019

Served from 5pm to 9pm

Four Course Meal - \$60 per person Selection of Esteban's Dinner Menu and Kid's Menu available. Reservations Recommended

In the Casa Munras Garden Hotel 700 Munras Avenue, Monterey | 831-324-6773 | estebanrestaurant.com



#LOVEQUAIL \$80 PER COUPLE Enjoy a romantic evening at Edgar's Restaurant on Valentine's Day, Thursday, February 14, 2019, from 5:00pm to 9:00pm.

Three-Course Dinner for Two*:

CHICKEN WINGS (SPICY OR TERIYAKI) TRI TIP ° RIBS ° CHICKEN ° SAUSAGE ° GARLIC BREAD IGE GOLD BEER, CHILLED WINES, PARITY ICE AND MORE

Since 1953

Ample Free Parking 6th & Junipero Street, Carmel next to Surf n Sand 831-624-3821 Open 365 Days - Local Home Delivery

FIRSTCOURSE Shared Roast Baby Beet Salad

SECOND COURSE

Individual Entree Choice Of: New York Steak, Herb Crusted Salmon, or Pasta Calabrese

THIRD COURSE Shared Molten Chocolate Cake

Reservations Required. Please call 831.620.8910 or visit quaillodge.com/edgars

*Plus tax and gratuity. Meal is inclusive of one glass of bubbles (per person) and one complimentary rose per couple.

8000 VALLEY GREENS DRIVE • CARMEL, CA 93923 • #DINEQUAIL

FOOD From previous page

draft, and talented executive chef Dan Elinan in the kitchen, will be a popular place on Super Bowl Sunday Feb. 3.

Considered by many to be the best sports bar on the Monterey Peninsula, Knuckles goes all out for the biggest game of the year. Elinan will devise team-themed food and beverage specials to be offered on game day, in addition to the bar's regular menu and cocktails.

If the TVs aren't big enough, die-hard fans can watch the game in The Vault, a room with huge screens and theater-style seating.

Adding to the draw will be a charity raffle benefiting the Food Bank for Monterey County, with prizes like restaurant gift certificates, booze-based gift baskets, hotel stays, team jerseys and other goodies. Raffle tickets are two for \$5 or five for \$10, and nonperishable food donations can be exchanged for one ticket per item.

The bar will open at 11:30 a.m., and The Vault will open at 2 p.m. Reservations for The Vault can be made for parties of eight or more by calling (831) 657-4730, and everyone must be there in order to be seated. Seating in the bar is first come, first served. Kickoff is set for 3:30 p.m. Knuckles is located in the hotel at 1 Old Course Road off Mark Thomas Drive in Monterey.

Happy Hour at Sovino

Sovino Wine Bar & Merchant at 241 Alvarado St. in downtown Monterey is offering Sunday Happy Hour all day through the end of February. On Sundays from 3 to 10 p.m., customers receive half off their wines by the glass and 25 percent off their beer purchases.

Owned by sommelier Claire Sutton, Sovino carries dozens of wines from throughout California, with heavy emphasis on local products, and offers many of them for tasting in flights of five for \$15, or by the glass. The fee for one flight is waived with the purchase of two bottles, and two flights are waived with the purchase of three bottles.

The wine bar also offers small plates and shareable dishes like cheese and fruit, charcuterie, chicken apple sausage sliders, avocado toast and bruschetta.

In general, Sutton seeks to keep things fun, offering board games, live music, trivia night, and other activities, and inviting people to bring their dogs, too. For more information, visit www.sovinowinebar.com.

Peet's in the Portola

The Portola Hotel in Monterey is celebrating the opening of a full-service Peet's Coffee in its lobby, offering a full range of drip coffees and espresso drinks, tea, pastries, salads, freshly made ice cream from Revival, which is located a few blocks away on Alvarado Street, and other treats daily from 5:30 a.m. to 9:30 p.m.

Customers can get to the new coffee shop by entering through the doors on the Alvarado Street Walkway or through the atrium.

Wine Country half marathon gives up the ghost

Declining participation in the half marathon held in the Salinas Valley each August has led organizers to discontinue the event, which involved wineries in the area and included great food and wine. The Big Sur International Marathon took over the half marathon in 2016 and tried to reinvigorate it, including adding a 5K last year and encouraging people participating in the Big Sur races to sign up for the Wine Country run, as well.

But their efforts failed to make the race profitable, with just 772 runners signing up last year — half the number that participated eight years ago.



Ring in the New Year with something special.

2013 Estate Reserve Pinot Noir - 93 points Wine Enthusiast
2014 Cuveé Vivienne Pinot Noir- 94 points Wine Enthusiast
2015 Estate Chardonnay - 94 Points Wine Enthusiast
2015 Estate Reserve Pinot Noir - 95 Points Wine Enthusiast

Open Daily Sun-Thurs 12pm-7pm Fri-Sat 12pm-9pm



Organizers notified race participants, volunteers, partners, vendors and suppliers of the sad news, and board members plan to donate \$10,000 from the remaining event funds to Sun Street Center, Soledad Mission and the Salinas YMCA, the three local nonprofits that have supported the race since the start.

Andronico's now open

&

The upscale Andronico's Market that's been a San Francisco Bay Area mainstay for

decades opened last week in the former Nob Hill space on Lighthouse Avenue at David on the Monterey-Pacific Grove border. Andronico's Community Markets, which at one point operated in multiple locations, but declared bankruptcy in 2011 now only has two — one in San Francisco, and the other in Monterey. It's now owned and operated by Safeway Inc., but the market maintains its signature identity as an "eclectic, upbeat neighborhood hub for feeding a healthy lifestyle," and is open from 5:30 a.m. to 10 p.m. daily.

Love letters that have deeper meaning

By ELAINE HESSER

WHEN SHARY Farr, wife of former Congressman Sam Farr, talks about writing love letters, she's passionate.

But they're not the kinds of missives you might be thinking of.

Farr is an end-of-life expert who helps people create and organize the documents that will help families determine loved ones' care, and next month she'll be offering workshops in how to let children and spouses know what you want them to do if you get hit with a serious illness.

"It's very helpful if somebody says, 'Go, have a life, don't hold back. Here are the places you can put me, and have another relation-

ship if that's what you want," Farr said.

Farr said that one of her clients wrote a letter to her children saying she wanted to stay in her home as long as it was safe, and releasing them from responsibility if she died there. She later passed away at home from a stroke, and the children were able to handle it without guilt.

Farr will lead two workshops on writing such letters Feb. 12, 10 a.m., and Feb. 13, 5:30 p.m. Both will be at the Hospice Giving Foundation Office, 80 Garden Court, Suite 201 in Monterey.

Advance registration is required, and while the workshop is complimentary, there's a suggested \$25 donation. To register, go to hospicegiving.org/events.

TITUS CONTEMPORARY GALLERY



Celebrating 9 Years! Join Us for a Reception on January 26 ~ 5-8pm



831.622.9880 | San Carlos St, Carmel-by-the-Sea marytitusart.com

FISHERMAN'S WHARF ASSOCIATION PRESENTS

Inspire Educate Explore Empower

FREE EVENT!

FISHERMAN

WHARF

THE NINTH ANNUAL

SATURDAY & SUNDAY | JANUARY 26 & 27 10AM TO 5PM | <u>OLD FISHERMAN'S WHARF</u>

Monterey Bay Whale Watching Capital of the World™

ENJOY AND EXPERIENCE A WIDE ARRAY OF OCEAN RELATED ACTIVITIES

montereywharf.com / 831-238-0777



DOLORES ST. BETWEEN OCEAN & 6TH AVE ALBATROSSRIDGE.COM | 831-293-8896

Support Pine Cone advertisers — shop locally

FUN AND EDUCATION FOR THE WHOLE FAM

See MORE MUSIC next page

p.m.); Andrea's Fault (jazz and blues, Sunday at 11 a.m.);

guitarist Richard DeVinck (classical, Sunday at 6 p.m.); and

singer **Lee Durley** and pianist **Joe Indence** (jazz and swing, Thursday at 6 p.m.). Lincoln and Seventh, (831) 624-3871.

("soul-rock," Friday at 6 p.m.); and Six String Pharmacy

The Trailside Cafe in Carmel Valley — Out of the Blue

25A



Organist **Tom Lawson**, who will be joined by guitarist **Howe Cochran** and drummer **Erik Dormody**, describes the trio's sound as "Jimmy Smith with a twist." Smith is credited with popularizing the Hammond B-3 organ and providing a key link between jazz and soul.

"My idea in putting this together was to capture the classic Jimmy Smith sound and groove, but with new tunes and a spirit of improvisation," Lawson said. "Erik and Howe join me on this venture, and we'll see where it goes."

The music starts at 7 p.m. The coffee shop is located at 498 Washington St. Call (831) 373-5601.

A whale of a party

Old Fisherman's Wharf will be the site of the 9th annual Whalefest Monterey Jan. 26-27, providing a stage for a dozen musical acts, including pianist Michael Martinez, The Monterey High School Jazz Band, The Kuumbwa Jazz Honor Band and the Monterey Bay's most enduring reggae band, Jonah & the Whale Watchers.

The two-day gathering, which celebrates the largest of all mammals, is presented by the Fisherman's Wharf Association. Besides live music, the festival includes walks, talks, displays cooking demos, abalone races and more.

The fun begins at 10 a.m. each day.

Live Music Jan. 25-31

Barmel — singer-songwriters **Matthew Michael & Christina Marie** (Friday at 7 p.m.); and **Songs Hotbox Harry Taught Us** ("Big Sur country," Saturday at 7 p.m.). In Carmel Square at San Carlos and Seventh, (831) 626-3400.

Big Sur Vineyards Tasting Room in Carmel Valley — **Grove Acre** (rock, Friday at 6 p.m.). 1 Del Fino Place, (831) 652-3020.

Cooper's Pub & Restaurant in Monterey — **Sweet Dreams** (Americana, Friday at 9 p.m.); and singer-songwriter **Scott Slaughter** (Saturday at 9 p.m.). 653 Cannery Row, (831) 373-1353.

Embassy Suites in Seaside — singers **Lee Durley** and **Janice Perl**, keyboardist **Bill Spencer**, bassist **Steve Ucello** and drummer **Jim Vanderzwaan** (jazz, Sunday at 1 p.m.). 1441 Canyon Del Rey Blvd., (831) 393-1115.

Fireplace Lounge in the Hyatt Regency Monterey Hotel

— singer Janice Perl with The David Morwood Jazz Band (Friday at 7 p.m.); singer Mayumi Abe, guitarist Sam Nilsson, bassist Zach Westfall and drummer David Morwood (jazz, Saturday at 7 p.m.); singer-songwriter Johan Sotelo (Wednesday at 6 p.m.); and singer-songwriter Mark Banks (Thursday at 6 p.m.). 1 Old Golf Course Road, (831) 372-1234.

Folktale Winery in Carmel Valley — singer-songwriters **Talmon Owens** and **James Murray** (Friday at 5 p.m.); singer-songwriter **Ace de la Vegne** (Saturday at 5 p.m.); singer-songwriter **Johan Sotelo** (Sunday at 3 p.m.); and singer-songwriter **John Vicino** (Thursday at 4:30 p.m.). 8940 Carmel Valley Road, (831) 293-7500.

Henry Miller Library in Big Sur — Fire, Grace & Ash (folk, Saturday is sold out, tickets still available for Sunday at 3 p.m.). On Highway 1 28 miles south of Carmel, (831) 667-2574.

The Inn at Spanish Bay in Pebble Beach — The Jazz Trio (jazz, in the lobby, Friday and Saturday at 7 p.m.); and The Dottie Dodgion Trio (jazz, Thursday at 7 p.m.); also, a bagpiper plays every evening at sunset. 2700 17 Mile Drive, (831) 647-7500.

Jacks Monterey — singer-songwriter and pianist David Conley (pop, Sunday at 11:30 a.m.). At Portola Hotel & Spa in Monterey, 2 Portola Plaza, (831) 649-7868.

Julia's vegetarian restaurant in Pacific Grove — singer-songwriter Buddy Comfort (Friday at 6:30 p.m.); singer-songwriter Nicolas Jorgensen (Monday at 6:30 p.m.); singer-songwriter Rachael Williams (Tuesday at 6:30 p.m.) singer-songwriter Tiffany Decker (Wednesday at 6:30 p.m.); and singer-songwriter Rick Chelew (acoustic folk, Thursday at 6:30 p.m.). 1180 Forest Ave., (831) 656-9533.

Mission Ranch — pianist Tom Gastineau (jazz, Friday, Saturday and Sunday at 5 p.m.); singer and pianist Maddaline Edstrom (jazz and pop, Friday, Saturday and Sunday at 8 p.m.); singer and pianist David Kempton (jazz, Monday through Thursday at 5 p.m.); and pianist Gennady Loktionov (jazz, Sunday at 10 a.m., Monday through Thursday at 8 p.m.). 26270 Dolores St., (831) 625-9040.

Pierce Ranch Vineyards Tasting Room in Monterey — **Underground River** (folk, Friday at 8 p.m.). 499 Wave Street, (831) 372-8900.

The Sunset Lounge at Hyatt Carmel Highlands — singer **Neal Banks** (pop and rock, Friday at 7 p.m.); and singer and pianist **Dino Vera** (jazz, blues and r&b, Saturday at 7 p.m. and Thursday at 6 p.m.). 120 Highlands Drive, (831) 620-1234.

Terry's Lounge at Cypress Inn — singer and pianist **Dino Vera** (jazz, blues and r&b, Friday at 7 p.m.); pianist **Gennady Loktionov** and singer **Debbie Davis** (cabaret, Saturday at 7









To advertise in this section please call Jessica Caird (831) 274-8590 | jessica@carmelpinecone.com

S

This statement was filed with the County Clerk of Monterey County on January 8, Clerk 2019

NOTICE OF BULK SALE (subject to Com. C. 6106.2) The following definitions and designations shall apply in this Notice without regard to subtract acader: shall apply in this number or gender: SELLER: Lanny C. Rose & Linda M. Rose Ocean Avenue S, PO Box 5935, Carmel,

BUYER: Hans Hess & April Arden Hess or Assignee

Ocean Avenue S, PO Box 5935, Carmel,

BUSINESS: COTTAGE OF SWEETS Ocean Avenue S, PO Box 5935, Carmel,

LAST DAY TO FILE CLAIMS: February 11, 2019
ESCROW HOLDER: WILLIAM DUNN ESCROW, INC., 1350 Dell Avenue, Suite 204, Campbell, CA 95008
Notice is hereby given that Seller intends to make a bulk sale of the assets of the above described Business to Buyer including all stock in trade, furniture, and equipment used in said Business, to be consummated at the office of the Escrow Holder at the time of consummation or thereafter. Creditors of the Seller may file claims with the Escrow Holder on or before the last day to file claims stated above. This sale is subject to California Commercial Code 6106.2.
Seller has used the following other business names and addresses within the Last three years so far as known to Buyer: None Hans Hess & April Arden Hess
BY: WILLIAM DUNN ESCROW, INC.

Agent for Buyer - Susan Berry, Pres. 1/25/19 CNS-3213741# CARMEL PINE CONE Publication dates: Jan. 25, 2019. (PC120)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20190099 The following person(s) is(are) doing business

This business is conducted by a limited liabil-ity company Registrant commenced to transact business under the ficitious business name listed above on 01. Oct. 2018 S/ Howard John Simon, MD, Manager This statement was filed with the County Clerk of Monterey County on January 11, 2019 1/25, 2/1, 2/8, 2/15/19



CNS-3211386# CARMEL PINE CONE Publication dates: Jan. 25, Feb. 1, 8, 15, 2019. (PC121)

If you would like to

sponsor our next ad

give us a call at 831-200-9700

2019. (PC122)

CITY OF CARMEL-BY-THE-SEA **City Clerk's Office**

NOTICE OF PUBLIC HEARING NOTICE OF HEARING

Dated: 1/22/19

Notice is hereby given that the City Council of the City of Car-mel-by-the-Sea will hold a Public Hearing at its regularly scheduled meeting date and time of Tuesday, February 5, 2019 at 4:30 p.m., or shortly thereafter, in the City Hall Council Chamber, East side of Monte Verde Street between Ocean and Seventh Avenues, Carmel-by-the-Sea, California, for a Public Hearing to consider:

Proposed Action: Extension of Urgency Ordinance 2019-006, for a period of 10 months 15 days, establishing a program to regulate and permit sidewalk vending pursuant to California Senate Bill 946.

Environmental Status: The proposed Ordinance Amendment is subject to the California Enviro nmental Quality Act (CEOA) nu ant to the CEQA Guidelines, California Code of Regulations, Title 14, Chapter 3, sections: 15060(c)(2) (the activity will not result in a direct or reasonably foreseeable indirect physical change in the environment); 15060(c)(3) (the activity is not a project as defined in Section 15378); and 15061(b)(3), because the activity is covered by the general rule that CEQA applies only to projects which have the potential for causing a similar offset or the training offset or the training and the set of the training offset or the training offset or the training offset or the training of significant effect on the environment.

FICTITIOUS BUSINESS NAME STATEMENT File No. 20190001 The following person(s) is(are) doing business as: CENTRAL COAST LANGUAGE AND LEARNING CENTER, 787 Munras Avenue, Monterey, CA 93940. County of Principal Place of Business: Monterey.

County of trimple the Monterey. Name of Corporation of as shown in the Ar-ticles of Inc./Org./Reg.: CENTRAL COAST LANGUAGE AND LEARNING CENTER, 787 Munras Avenue, Monterey, CA 93940. State of Inc./Org./Reg.: CA This business is conducted by a corporation. The registrant commenced to transact the registrant commenced to transact

The registrant commenced to transact business under the ficilitous business name or names listed above on March 15, 2006. S/Jennifer D'Attelio, CFO Dec 26 - 2018

bennotes that the technological statement of the second process of

BRYAN MATTHEW DOBYNS, 3845 Via Nona Marie, Carmel, CA 93922. This business is conducted by an individual. The registrant commenced to transact business under the fictitious business name or names listed above on Aug. 15, 2013. S/Bryan Dobyns Jan. 15, 2019 BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) (B&P Code 17913). I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the

(B&P Code 17913). I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277). This statement was filed with the County Clerk of Monterey County on Jan. 15, 2019. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registred owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: ORIGINAL FILING Publication dates: Jan. 18, 25, Feb. 1, 8, 2019. (PC117)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20190002 following person(s) is(are) doing business as: 1. RICKETTS CUSTOM WOODWORKS

2. SR CONTRUCTION 1128 Presidio Blvd., Pacific Grove, CA 93950.

. of Principal Place of Business: Registered Owner(s): STEN JAMES RICKETTS, 1128 Presidio Blvd.,

misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) (B&P Code 17913). I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277). This statement was filed with the County Clerk of Monterey County on Jan. 2, 2019. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: NEW FILING- with CHANGE(S) from the previous filing Publication dates: Jan. 25, Feb. 1, 8, 15, 2019. (PC118)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20190060 following person(s) is(are) doing The Ihe tollowing person(s) is(are) doing business as: **Talbott Vineyards, 1380 River Road, Salinas, CA 93098,** County of Monterey; Mailing Address: 600 Yosemite Blvd., Modesto, CA 95354, Registered Owner(s): E. & L. Gallo Winery, 600 Yosemite Blvd., Modesto, CA 95354; CA This business is conducted by a Corporation Registrant commenced to transact business under the ficitious business name listed above on N/A

above on N/A S/ Richard S. Grey, Vice President

AUCTION NOTICE

NOTICE IS HEREBY GIVEN THAT THE UNDERSIGNED INTENDS TO SELL THE PERSONAL PROPERTY DESCRIBED BELOW TO ENFORCE A LIEN IMPOSED ON SAID PROPERTY PURSUANT TO SECTIONS 217-21716 OF THE BUSINESS &I PROFESSIONS CODE, SECTION 2328 OF THE UCC, SECTION 535 OF THE PENAL CODE AND PROVISIONS OF

2019 Original filing 1/25, 2/1, 2/8, 2/15/19 **CNS-3212318# CARMEL PINE CONE** Publication dates: Jan. 25, Feb. 1, 8, 15, 2019. (PC119)

CA 93921 DATE OF CONSUMMATION: February 12,

2019 LAST DAY TO FILE CLAIMS: February 11,

Simon Med Imaging, 665 Munras Ave., Ste 109, Monterey, CA 93940, County of Manterov

Monterey Moniterey Mailing address: 6900 E. Camelback Rd. Ste. 700, Scottsdale, AZ 85251 Registered Owner(s): Health Diagnostics Of California, LLC, 6900 E. Camelback Rd. Ste. 700, Scottsdale, AZ 85251; CA

85251; CA This business is conducted by a limited liabil-



FICTITIOUS BUSINESS NAME STATEMENT File No. 20190165 The following person(s) is(are) doing business

Felix & Oscar

Call Golden Oldies at 831-200-9700

Cat Rescue

Golden Oldies

New Beginnings

Older Cats

as: **Robinson Fresh, 100 Wilson Road, Suite 200, Monterey, CA 93940** Registered Owner(s): C.H. Robinson Company, Inc. 14701 Charl-son Road, Suite 1200, Eden Prairie, MN 55347, Minnesota This business is conducted by a corporation Resistrant companyed to transact business

Ihis business is conducted by a corporation Registrant commenced to transact business under the fictitious business name listed above on 01/01/2019 S/ Nathan Zietlow, Treasurer This statement was filed with the County Clerk of Monterey County on January 17, 2019 1/25, 2/1, 2/8, 2/15/19

CNS-3214530#

CARMEL PINE CONE Publication dates: Jan. 25, Feb. 1, 8, 15,

FICTITIOUS BUSINESS NAME STATEMENT File No. 20190135 The following person(s) is[are] doing business as: PEERLESS DETAILING, 3845 Via Nona Marie, Carmel, CA 93922. Mailing address: P.O. Box 223077, Carmel, CA 93922. County of Principal Place of Business: Monterey. Registered Owner(s):	Artic Grove, CA 93950. This business is conducted by an individual. The registrant commenced to transact business under the ficitious business name or names listed above on Dec. 12, 2018. S/Sten Ricketts Dec. 12, 2018 BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a
LIEN SALE AUCTION ADVERTISEMENT Notice is hereby given that a public lien sale of the following described personal property will be held at 1pm on February 8th, 2019 at www.selfstorageauction. com. The property is stored at StoragePro of Carmel, 9640 Carmel Valley Road, Carmel, CA 93923. The items to be sold are generally described as follows:	
NAME OF TENANT GENER Lauren Steege 10+boxe	
This notice is given in accordance with the provisions of Section 21700, et seq., of the Business & Professions Code of the State of California.	
E F	Publication date: Jan. 25, Feb. 1, 2019 (PC124)
LEGALS DEADLINE Call Irma (831) 274-8645	/

THE CIVIL CODE. MONTEREY MILLERS SELF STORAGE THE UNDERSIGNED WILL SELL AT PUBLIC AUCTION BY COMPETITIVE BIDDING AT 12:15 P.M. ON TUESDAY FEBRUARY 5, 2019 LOCATED AT MILLERS SELF STORAGE, 302 RAMONA AVE, MONTEREY, CA. COUNTY OF MONTEREY, STATE OF CALIFORNIA, THE FOLLOWING: JOHN GRENZ .GUITAR CASE, COFFEE TABLE, BOXES MISC PLASTIC BAGS FERNANDA GARCIA.. LUGGAGE, SPEAKERS, BOXES KELLY COFER. ...MISC BOXES, MISC PLASTIC BAGS ...COLLECTIBLES, MAGAZINE/BOOK PERCY MCCRAY CYNTHIA SMITH. COLLECTIONS LAURISSA MONDRAGON. TABLES, TOTES, PICTURES MICHAEL LESAGE MISC. BOXES BIKE, FURNITURE, MISC PLASTIC MICHAEL DAVIS. BAGS TRUNK, MISC FURNITURE, CLOTHING TIFFANY SANDERS CAROL LITZ-MCCHRYSTAL. ...PLASTIC CONTAINERS, PET CAGE, MISC. BOXES MARK RUSCA . TOOLS, TOTES PURCHASES MUST BE PAID FOR AT THE TIME OF PURCHASE IN CASH ONLY, ALL PURCHASED ITEMS SOLD "AS IS, WHERE IS", AND MUST BE REMOVED AT THE TIME OF SALE. SALE IS SUBJECT TO CANCELLATION IN THE EVENT OF SETTLEMENT BETWEEN OWNER AND OBLIGATED PARTIES JOE WARD 408-891-6108 CA BOND# MS237-04-79, JEFF 209-614-7441 CA BOND# MS153-13-71

Publication date: Jan 25, Feb. 1, 2019 (PC125)

Coastal Amendment Status: Not Required.

Interested persons may appear and be heard at this meeting. Please be advised that if you challenge the nature of the above project in court, you may be limited to raising only those issues you or someone else raised at the Public Hearing described in this Notice, or in written correspondence delivered to the City Clerk at, or prior to, the Public Hearing. Questions may be addressed and additional materials reviewed at the Department of Community Planning and Building located at City Hall.

In compliance with the American with Disabilities Act, listening assistive devices are available for all meetings held in the Council Chamber. If you require accommodation, please contact the City Clerk's Office at 831-620-2016 at least one week prior to the meeting.

CITY COUNCIL

CITY OF CARMEL-BY-THE-SEA THOMAS A. GRAVES, MMC, CITY CLERK

PLEASE NOTE: When calling about this notice, please refer to: Marc Wiener, Community Planning and Building Director Publish Date: 1/25/19

Publication dates: Jan. 25, 2019 (PC123)

Padre hoopsters battle back from slump, set sights on division title

THE CARMEL Padres girls basketball team opened the season brimming with optimism about their chances of winning a championship in the Cypress Division of the new Pacific Coast Athletic League, especially after winning two of their first three.

But reality smacked the Padres like a giant flyswatter — four losses in their next five games, including consecutive obliterations at the hands of Sobrato (66-29), North Salinas

Peninsula Sports

(65-16), and Seaside (63-12).

There were reasons for the rough patch various players (including 2018 league MVP Soana Loalotu) were sidelined by illness during that stretch — but first-year coach Tameka Blue knew she had a crisis of confidence on her hands.

Turnaround

"I talked to some other basketball coaches that I respect and admire, got some advice, and went back to the drawing board," Blue said. "We went back to basics, started working more on fundamentals, and I also spoke one-on-one with every player on the team."

A message the rookie coach delivered, both privately and in group meetings, was that character matters.

By DENNIS TAYLOR

"I don't care if we're getting blown off the court in a game, but our hustle and hard work on the court should never stop," Blue told her players. "I should never have to question whether you're giving me 100 percent. I always want to see that, even when things aren't going well."

That's when a predictable thing happened: The team got healthier and the starting line-

up reconvened. The chemistry and rhythm returned and evolved. Non-starters got better because of the experience they had received while others were missing. Younger players, like freshmen Elle Bohl-

man (the starting point guard) and Summer Castagna (a reserve power forward), sophomore Olivia Randazzo (a two-year varsity player who missed a month with a concussion), and junior Brenna Ozel matured. Chloe Bernal, the third senior on the roster, gained confidence in her outside shot.

Carmel won seven of its next nine, which, as of the middle of this week, placed the Padres (3-1 in the Cypress Division, 10-8 overall) in position to make the title run they envisioned when the season began.

The turnaround might have felt like déjà vu for seven Padres who played on the 2017-18 team, which opened the year with 12 consecutive losses, then went 9-3 (including a first-round victory in the Central Coast Section Division IV playoffs) the rest of the way. A highlight came a week ago in the form

of a 52-44 victory over a talented Stevenson team that also has designs on winning the division championship. Loalotu, a towering presence at 6 feet tall, had her best game of the year with 25 points and 21 rebounds (both season highs).

That effort was timely, considering Carmel's other rebounding force under the basket, Erin Trotter, was out with an ankle injury and watched the game in street clothes.

Up for grabs

"At one crucial point in that game, I turned to my two captains, Soana and Ashley (Langley), and I challenged them," Blue confided. "I said, 'You two are the leaders. If you pick it up, I guarantee the rest of the team will follow.' And it was like unleashing the beast."

Langley, a 5-foot-6 guard, is an emotional force who isn't reluctant to get vocal, cracking the whip on teammates who aren't working hard or following the plan. Her leadership, on the court and off, has been a key to the team's recent success, the coach said. She hates to lose, and it rubs off.

After Carmel's only league setback, 39-35 to arch-rival Pacific Grove on Jan. 11, the entire team was frustrated and fuming, but Blue talked them off the ledge.

"This loss isn't going to define our season," she said. "We missed our free throws, and we blew at least 10 layups, a lot of them with nobody in front of us. That's not going to happen again."

That last statement was a call to arms, not a promise. Blue's other frequent message to her team (scrawled on the team's locker room grease board) is, "New Day, New Opportunity."

It's a warning, she said, that no opponent is to be taken lightly.

"Stay grounded, stay focused, don't underestimate anybody," Blue said.

The Cypress Division crown is very much up for grabs. This week, five of the six teams could reasonably be seen as contenders, and the season hasn't yet reached its halfway point.

■ Wrestlers ranked 11th

Carmel High's wrestling team is currently ranked No. 11 out of 85 teams in the Central Coast Section and sits in the driver's seat to capture the Mission Division championship of the Pacific Coast Athletic League after last week's 57-21 dual meet victory over Monterey

Olandis Mathes (220 pounds) and Kurt Brophy (160) are ranked third in the CCS in their weight divisions, and Michael Meheen (145), Justus Rees (152) and Satchel Sherman (285) all are ranked among the top 15.

"There's a lot of wrestling left, and we're

See SPORTS page 30A







(Far left) Elle Bohlman, a freshman, plays the crucial point guard position on the CHS girls basketball team. (Left) Soana Laulotu, a 6-foot center, was a league MVP last season and ranks among the state's best players. (Above) Carmel's first-year varsity coach, Tameka Blue, huddles with her team during a timeout.



You are invited to visit our Carmel Campus to experience Stevenson's



distinct program and environment.

PREVIEW DAYS Lower & Middle Divisions Pre-Kindergarten – Grade 8 24800 Dolores Street, Carmel

Wednesday, January 30 8:30 am - 11:00 am

Please RSVP to Sylvia Ishii at sishii@stevensonschool.org or 831-574-4607.

Admission & Financial Aid information will be available.

Editorial

You don't have to jump, too

NOT TOO long ago, when representatives of the big city media outlets claimed to be objective when they reported major political controversies, you could at least entertain the idea that they sincerely intended to be fair.

Nobody ever can be completely fair, of course, because it's impossible for anyone to detach themselves from their upbringing, education, life experiences, and the beliefs and values they generate. But with a little effort, you can come close to fairness, and at least we thought the big shots of journalism tried.

Remember when Dan Rather used a forged document to cast doubt on the service record of George W. Bush? Sure, it was obvious that Rather bought into the story of Bush's supposedly lackadaisical performance as a pilot in the Texas Air National Guard for the simple reason that Rather didn't want Bush to be re-elected president. But — and this was in 2004 — very few people were inclined to believe that Rather was intentionally deceitful. Instead, it seemed likely that he let his subconscious biases get the better of him.

Similarly, in 2003, a New York Times reporter was forced to resign after fabricating a series of stories — stories that, in retrospect, were obviously fake. The most notorious of these was a tale of interference by the U.S. Department of Justice in a local police investigation of a series of sniper incidents in Maryland. Jayson Blair made up his scoops to bolster his career, but why did his editors let him get away with them? Again, because the stories Blair came up with fit their political biases. But even the most ardent media critic didn't accuse the New York Times of intentionally giving up its oft-stated commitment to objectivity. Instead, like Rather, the newspaper was thought to have unintentionally failed to live up to it.

Just 15 years later, those days seems positively quaint. Now, it seems absurd for any major media outlet to claim to show even a scintilla of objectivity in anything they do, and last weekend's episode with the kids at the Lincoln Memorial proved it once again.

The facts are that a group of high school students were minding their own business when they were blatantly harassed by one group of demonstrators and then by a Native American activist. A brief video made it seem like the kids were the antagonists in the situation — which they weren't — and that led to immediate and widespread media condemnation and derision of the kids and their school.

And why were the school children treated that way by supposedly professional reporters and commentators?

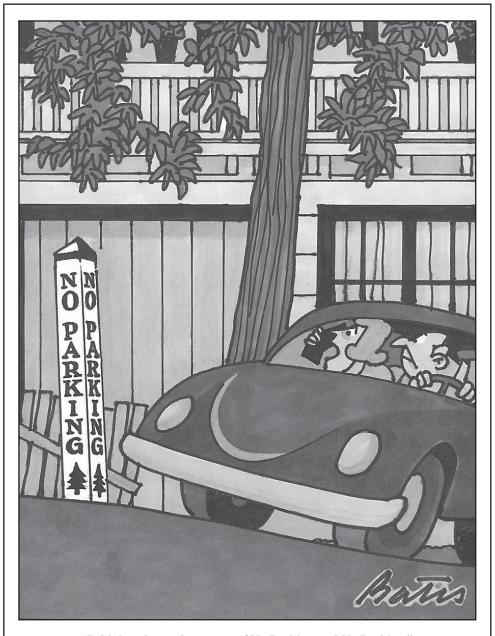
It happened because some of the kids had the temerity to wear "Make America Great Again" hats. In other words, a false set of facts was instantly believed because those "facts" made villains out of people who displayed political beliefs that are unacceptable to most people in the media. And nobody was surprised in the slightest.

Nowadays, instead of expecting this country's media professionals to try to get their facts right before rushing into print, online or on the air, we expect their reporting to be blatantly slanted. And they never disappoint.

If you have no interest in gathering actual facts before making up your own mind about a political controversy, the overwhelming media bias that exists today is probably fine with you. You may even enjoy turning on your favorite cable news outlet and having your beliefs confirmed, regardless of the truth. But if you're still interested in coming to fair conclusions based on actual facts, what do you do?

The only answer is to diversify your news sources. If you're a liberal, try adding a respected conservative news source to your daily intake. We recommend Bret Baier's show every weekday at 3 p.m. on Fox News. And if you're a conservative and gave up reading the New York Times 10 years ago, maybe it's time to go back. Most of the media have gone off the deep end, but that doesn't mean you have to.

BEST of BATES



"I think we're at the corner of No Parking and No Parking."



'Murderers and gang members' **Dear Editor**,

I thought your editorial on single-family zoning last week was misleading and extremely prejudiced against Democrats with the opening paragraph. You cherry picked some quotes and made the whole situation in Edmonton and Minneapolis sound like it was based on racism when in fact it is based on lack of affordable housing, environmental impacts, population growth and other concerns besides monetary race issues. There are good articles on what is really happening and the reasons behind it on curbed.com and on edmontonjournal.com if your readers really want the whole picture.

In your article you used typical scare tactics used by Republicans. You didn't actually say it; you never really do come right out and say what you really think in your editorials, but you left it up to the reader to imagine that we, in our pristine single-family, expensive neighborhoods, are soon going to be inundated by poor black people, who, like those coming across the border, are murderers, gang members and drug users. That's what our president has told us, after all, so it also must be true as well. Those damn Democrats! **Doane Hoag,** *Carmel*

Food court on the way? **Dear Editor,**

A couple of points regarding your editorial last week, "Vendors could be just the beginning."

I think it unlikely that California will ban single-family zoning, since this will not lead to the result our Democratic Party desires. The most probable course is that the state will take homes through eminent domain and divide each residence among people who cannot afford a home, allowing the original owner to occupy part of the property. When Newsom runs for president in 2024, his slogan will be "If you like your house, you can keep part of your house."

As for the street vending, in two or three more years it will be a non-issue. Ocean Avenue will be closed to traffic and will feature a blocks-long international food court.

Eric Glasgow, Monterey

Amused by vendors Dear Editor,

First only California would pass Senate Bill 946, and second, only Carmel would pass an ordinance that so far has favored all but those that the bill was intended to help, i.e., low-income and immigrants.

I strongly oppose the bill but can't help but be amused by the Who's Who lineup of vendors.

Looking forward to the first Caviar Cart. Blake Liedtke, Houston

See LETTERS page 31A

Publisher	Paul Miller (paul@carmelpinecone.com)
■ Production/Sales Manager Jac	ckie Edwards (jackie@carmelpinecone.com)
Office Manager	Irma Garcia (274-8645)
Reporters Mary	Schley (274-8660), Chris Counts (274-8665)
	Kelly Nix (274-8664)
Features Editor	Elaine Hesser (274-8661)
Advertising Sales	. Real Estate, Big Sur - Jung Yi (274-8646)
Carmel-by-the-Sea, Carmel Valley, Carmel & Pebble Beach	
	Meena Lewellen (274-8655)
Monterey, Pacific Grove, Seaside, Sand City Jessica Caird (274-8590)	
Real estate classifieds	Vanessa Jimenez (274-8652)
Legal Notices	Irma Garcia (274-8645)
Ad Design Sharron Smith (274-2767), Vanessa Jimenez (274-8652)	
Ad Design & Obituaries	Anne Papineau (274-8654)
Office Assistant	Hannah Miller (274-8593)
Circulation Manager	Scott MacDonald (261-6110)
For complete contact info: www.carmelpinecone.com/info.htm	



www.carmelpinecone.com

PUBLISHED EVERY FRIDAY

Vol. 105 No. 4 • January 25, 2019

©Copyright 2019 by Carmel Communications, Inc. A California Corporation 734 Lighthouse Ave., Pacific Grove, California 93950 Mail: P.O. Box G-1, Carmel CA 93921 Email: mail@carmelpinecone.com or firstname@carmelpinecone.com Telephone: (831) 274-8593 Fax: (831) 375-5018

The Carmel Pine Cone

was established in 1915 and is a legal newspaper for Carmel-by-the-Sea, Monterey County and the State of California, established by Superior Court Decree No. 35759, July 3, 1952

Making sure the narrative stays true — and civil — is his passion

HE GREW up in Chicago in the 1950s, with a wanderlust and lifelong desire to write. Michael Katakis, a published author and photographer who splits his time between Paris and a little bookshelf-lined cottage on the south end of San Carlos, satisfied both of those urges and for more than 25 years, many

Great Lives

of them with the love of his life, the highly respected anthropologist, Kris Hardin.

Although Hardin died from a brain tumor in 2012, she's still a palpable presence in Katakis' world. Most of his stories and essays involve her work, which he recorded in words and pictures. The couple donated thousands of documents to the British Library, which had shown an interest early on in their efforts.

Together, in 1999, they were honored as fellows of Great Britain's Royal Geographical Society, and in 2011, they were presented to Queen Elizabeth. That same year, Katakis' photos were shown in an exhibition at the British Library.

Remembering clearly

Katakis' books have been translated into various languages, and his writings and photography are also collected in the Victoria and Albert Museum in London, and in Stanford University's Special Collections Department. A photograph he took of Maya Lin, who designed the Vietnam Memorial in Washington, D.C., is part of the Smithsonian's National Portrait Gallery collection. In 2012, his longtime association with the British Library was rewarded when he was appointed as an ambassador for the organization.

The author was the only child of Greek immigrants. In the introduction to his book,

"Ernest Hemingway: Artifacts from a Life," he recounted that his mother died when he was a youngster, on Nov. 22, 1963 the same day President John F. Kennedy assassinated. was The story begins, "I remember the day clearly. That's why my memories are not to be trusted. Memories, like myths, lie - rounding or sharpening the edges of events so as to embellish or settle scores. It is where fact and fiction blend, evolving into a narrative we can live with."

Perhaps that is why he became a photographer and an avid keeper of journals — to make sure the narrative stayed true. In "Photographs and Words," he followed his wife as she did her work in Sierra Leone, documented the building of Lin's Vietnam Memorial, and chronicled a 12-day journey across America after 9/11 in which he listened to ordinary people's opinions about the terrorist attacks.

Many of the essays in his 2014 collection titled, "Shards of Glass: There is another America," were writ-By ELAINE HESSER ten after Hardin's death, and

they pull no punches about Katakis' opinions of the healthcare system, the shootings in Newtown, Mass., and even former Mayor Clint Eastwood. While it's sure to spark some heated discussions, it's not all darkness; there are lovely passages about some years he and Kris shared in Europe.

Straightforward

He said that she was so well loved in the small town in Sierra Leone where they worked together that when he returned some years later, a local man told him 60 people there had been named "Kris" — male and female — in her honor.

He is a soft-spoken man with many complex views, and he's not shy about sharing them, being straightforward, but civil. In "Traveller: Observations from an American in Exile," he tells of his and his wife's journeys abroad through excerpts from journal entries and letters home.

It's not unlike Julia Child's "My Life in France," as Katakis presents charming vignettes about the scenery, food and the people they met, even as he expresses his frustration with his own country's entanglements in Iraq and Afghanistan — just as Child and her husband struggled in their day with the American government's changing politics and

See KATAKIS next page

Sometimes, bigger isn't better

AT 68, SHE still looks forward to creating her art every day, but Carmel Valley artist Kathleen DeBord said she's been happily downsizing, albeit gradually, since 1995.

DeBord makes pottery - colorful, hand-painted, decorative pieces that sold so well in the early '90s that she had sales reps recruiting new customers and a staff of employees to help make deadlines and get her orders out the door of a very

large studio in Seaside.

"It was very hard work sometimes, just trying to fill all of my orders in a timely fashion," she said. "Plus, my hands are on every piece I

make, and that was true even back then, when I had help. I care about every piece."

Indeed, she cares enough about her pottery that she makes her own molds — a physical process she doesn't enjoy very much. Even smaller pieces can require 20 pounds of plaster, with at least 8 pounds of water, she said.

"Trying to handle a bucket of heavy material and pour it into a mold without dumping it all over the floor ... yeah, that can be difficult. I'm not getting younger," the diminutive artist admitted with a laugh.

Labor of love

The bags of casting clay she mixes weigh 50 pounds apiece, and one batch requires 300 pounds. Rolling out the stubborn clay using the small press in her studio is also physical.

But DeBord is an artist, and everything is a labor of love. What would she do with her time, she wondered, if she closed the tiny space she's rented for the past 24 years behind the Safeway at Mid Valley Center?

"How would I see myself in the world if I wasn't doing this? I don't have an answer to that," she said. "If I closed this studio and retired, could I find some little thing to satisfy my creative juices? I'm just not ready to make that decision right now.'

Indeed, she's been an artist all her life, drawing, painting, and making things as a child in Fresno. She said her mother had a decorative eye and maintained a pretty house. She also had a collection of interesting dishes, DeBord recalled, which might have provided the spark for what she does today.

"But I didn't set out to be a potter," she said. "When I was in junior high, I read an article in a women's magazine about [American sculptor] Ruth Asawa, whose family made

Carmel's artists

By DENNIS TAYLOR

Christmas ornaments every year using flour, salt and water. My friend and I decided to try making them, and we wound up being good at it."

As high school students, they began creating figures - people, animals, angels - and found a local shop that was willing to add them to the inventory.

"They sold everything we could make, which was exciting," DeBord said.

"Then I bought cheap bracelets from the 5-and-10 store, decorated them with enamel paints, and sold them to a clothing store," she added. "My boyfriend stopped scoffing at me when I brought home a check for \$20 - big money in those days - but eventually I got rid of him, anyway."

DeBord majored in art at Fresno State, where she studied from 1968 to 1972 under well known American feminist artist Judy Chicago (known then as Judy Gerowitz), and went on earn a master's in art education.

She came to a crossroad at age 27, when friends invited DeBord - a junior high art teacher at the time — to join them in a small, co-op gallery in Eugene, Ore.

"That's when I made a leap of faith," she said. "I had just interviewed for another teaching position, and they offered me the job. I turned it down to become a full-time artist, figuring I'd be able to support myself and my cat."

DeBord's first marriage took her to Bolivia, where she lived for a year-and-a-half in a small village at a 6,000-foot elevation while her husband studied cultural anthropology there.

A blind date

She returned to the United States to spend three years in Oregon, and then, in 1982, returned to California, settling in Capitola, where her life took another pivotal turn.

"A mutual friend talked me into a blind date, which turned out to be a big success," said DeBord, who was newly single then.

That's how she met Keith Lindberg, a Carmel Art Association painter who was as well known for his colorful personality as he was for his fabulous artwork.

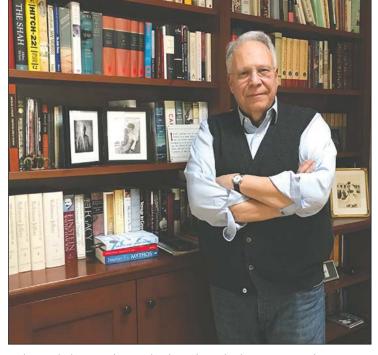
"Of course, I loved that he was a painter, but I also discovered that we had great sympathy for one another's point of view on life and how to live,"

See DeBORD next page

Realtors and Pine Cone Real Estate Columnists

Carmel Valley potter Kathleen DeBord, backed by her dec-

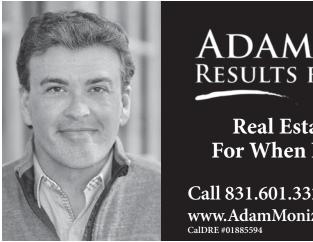
orative plates on the wall, reclines against a small kiln in her





are thoughtful, though sometimes hard to read – for all the right reasons. His most recent work is a visually sumptuous biography of Ernest Hemingway.

Don't miss "Scenic Views" by Jerry Gervase — every week in the Real Estate Section.



Adam Moniz **RESULTS FOR CARMEL**

Real Estate Solutions For When Needs Change.

Call 831.601.3320 www.AdamMoniz.com



48 YEARS OF COMBINED EXPERIENCE

Buying, Selling or Just Thinking About It? Call us for a no pressure, knowledge-filled consultation

Paul Brocchini (831) 601.1620 PaulB@CarmelRealtyCompany.comDRE #00904451

Mid Valley Center studio.





Mark Ryan (831) 238.1498 MarkRyan@CarmelRealtyCompany.com DRE #01458945

BROCCHINI-RYAN www.CarmelAbodes.com





KATAKIS From previous page

bureaucracy. Katakis is equally critical of those in power in other nations, especially those who call for wars but have no intention of fighting in them, and never have done so.

Hemingway's estate

His most recent work — the Hemingway book — grew out of a friendship he struck up with Patrick Hemingway, one of the writer's sons. Katakis was editing a book called "Sacred Trusts: Essays on Stewardship and Responsibility." He said he had read something Patrick had written about Africa, thought it was good, and asked him to contribute.

Patrick obliged, and the two ended up meeting at Patrick's

ranch in Montana, where in just a few days they became great friends. Patrick asked Katakis to manage his father's literary estate. It took some persuasion (and vodka, caviar and a meal of wild game) but Katakis - who said he felt unqualified ultimately consented.

He began going through photos, receipts, train and boat tickets, and letters, and compiled them, weaving together a visual biography of the author, from childhood pictures, to a telegram inviting Hemingway to JFK's inauguration with a thorough narrative of his life. He'll be presenting a talk on the book — or "having a discussion" with the audience, as he prefers to put it — Jan. 31 at 7 p.m. in Carpenter Hall at Sunset Center.

"I like the part where they ask questions," he explained. Know someone whose life of accomplishment or adven-

ture would make interesting reading? Please suggest them for Great Lives by emailing elaine@carmelpinecone.com.

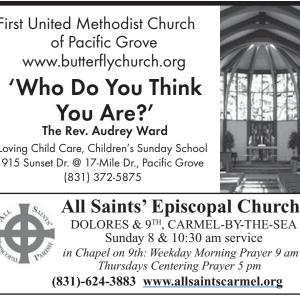


Christian Science Church Sunday Church and Sunday School 10 a.m. Wednesday Testimony Meetings 7:30 p.m Reading Room hours: 10 am to 4 pm Mon-Thu, 11 am to 3 p.m. Sat. Childcare & Parking Provided Lincoln St. btwn 5th & 6th • 624-3631



A Sermon Series on Jeremiah

www.churchintheforest.org This Sunday: Melinda Coffey Armstead, piano and organ COMPLIMENTARY gate access & valet parking



Saint John the Baptist **Greek Orthodox Church**

Services: Saturday Vespers from 5 p.m. Sunday Matins from 8:30 a.m. followed by 9:30 a.m. Divine Liturgy.

Lincoln and 9th Street, Carmel by the Sea (entrance from Lincoln). (408) 605-0621 or fatherion@gmail.com Full schedule: http://www.stjohn-monterey.org/

wing for the st IT'S ALL regarded as precious ABOUT Christianity, believed to b Christians the Son of G **CARMEL PRESBYTERIAN CHURCH** SUNDAYS @ 9:30AM TRADITIONAL & 11:00AM CONTEMPORARY CORNER OF OCEAN & JUNIPERO WWW.CARMELPRES.ORG

DeBORD

From previous page

she said. "We have a real understanding of each other's pursuit, and we also know how to give each other space."

In 1989, she moved into Lindberg's Carmel Highlands home, and they were married 14 years later.

DeBord also opened her Seaside studio in 1989, occupying an enormous basement space at Fremont Boulevard and Harcourt Avenue, where her business mostly flourished. She sold her pottery to retailers and personal collectors throughout the United States - the Smithsonian Institute gift shops and the Horchow catalog were clients - but decided six years later to reduce her workload and her overhead.

"Since then, I've been in a space that's only 20 percent as big as the one I had in Seaside, and I've never regretted the move," said DeBord, who works each day accompanied by a large, black-and-white cat named Sylvester — a stray from the Safeway parking lot that befriended her 13 years ago.

DeBord shows her work at The Quail and Olive in Carmel Valley Village, and at Clementine & Co. in the Crossroads. She also shows her latest work by appointment. Contact her at (831) 622-9290 or kdldebord@gmail.com.

SPORTS From page 27A

improving every week," Coach Russ Shugars said. "It's going to be an exciting postseason."

■ Looking ahead (Jan. 25-31)

Boys basketball — Friday: Monte Vista Christian at Carmel (7 p.m.). Tuesday: Alisal at Carmel (7 p.m.); Pajaro Valley at Stevenson (7 p.m.). Thursday: North Monterey County at Stevenson (7 p.m.).

Girls basketball — Friday: Santa Catalina at Monterey (7 p.m.). Tuesday: Carmel at Pacific Grove (7 p.m.). Gonzales at Santa Catalina (7 p.m.); Stevenson at King City (7 p.m.). Thursday: Soledad at Carmel (7 p.m.); Pajaro Valley at Santa Catalina (7 p.m.); Stevenson at St. Francis SCP (7 p.m.).

Boys soccer — Friday: Stevenson at St. Francis SCP (3:30 p.m.). Monday: Carmel at King City (5:45 p.m.). Tuesday: Stevenson vs. York at MPC (4:30 p.m.) Thursday: Stevenson at Trinity Christian (5:45 p.m.).

Girls soccer — Saturday: Anzar at Santa Catalina (12 noon). Monday: Marina at Santa Catalina (3:30 p.m.). Tuesday: Carmel at King City (5:45 p.m.); Wednesday: Ceiba College Prep at Santa Catalina (3:30 pm.); Stevenson at Carmel (3:30 p.m.). Thursday: Greenfield at Carmel (3:30 p.m.). Thursday: Stevenson at Trinity Christian (3:30 p.m.).

Wrestling — Friday: Carmel at Mid-Cal tournament, Gilroy High (9 a.m.). Saturday: Carmel at Mid-Cal tournament, Gilroy High (9 a.m.). Wednesday: Carmel at PCAL 4, North County High (5 p.m.); Stevenson and King City at Soledad (TBA).

Dennis Taylor is a freelance writer in Monterey County. Contact him at scribelaureate@gmail.com.

We pay for news photos!

The Carmel Pine Cone will pay up to \$50 for photos of newsworthy events around the Monterey Peninsula. Submit yours to news@carmelpinecone.com.

Payment made for photos accepted for publication.

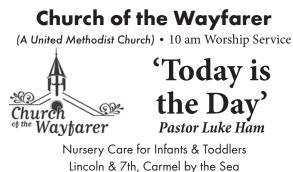


Carmel Mission Basilica

Sat. Mass: 5:30 PM fulfills Sunday obligation.

Sun. Masses: 7:30 AM, 9:15 AM, 11:00 AM; 12:45 PM & 5:30 PM

Confessions: Sat. 9:30 to 10:30 AM (Blessed Sacrament Chapel) 3080 Rio Road, Carmel



831.624.3550 • www.churchofthewayfarer.com

TO ADVERTISE CALL (831) 274-8654 OR EMAIL ANNE@CARMELPINECONE.COM

Ash Ventura is an absolute gem and will make for an amazing addition to a family, ideally one with another pup. He adores his

people and is always wagging his tail. Ash is a 1-year-old, small mixed breed at 9 pounds.

Ash came from Ventura County Animal Services to make space for dogs evacuated by the fires of Southern California.



If you'd like to meet Ash, please fill out an online adoption application.

831-718-9122

Ad Sponsored by Cottage Veterinary Care (If you'd like to sponsor ou ext ad, give us a call.)

Peace of Mind DOG RESCUE

WWW.PEACEOFMINDDOGRESCUE.ORG P.O. Box 51554, Pacific Grove, CA 93950

LETTERS From page 28A

'Coming our way' Dear Editor,

I had read about the Minneapolis news with horror, and here they are threatening a similar law in New York and California. First, the liberals ban books in universities because classics such as "Huck Finn" are emotionally disturbing to frail minds, then it was music at Christmas because decades-old songs are held to the violent standards of today, and now Stalin in a new suit/skirt plans to stop people from owning single-family homes. Gee, wasn't earning one's own money why people came to America? Ah, not for today's immigrants. They're so "special" they get everything free.

It's coming our way, friends.

Ronni Sarmanian, Pacific Grove

Detering the unwanted Dear Editor,

A friend and Pebble Beach resident recently proclaimed, "Walls are immoral and don't work." So I ask her why not tear down San Diego's border wall? Why not allow Tijuana's willing 2 million, including its Central American and Middle Eastern visitors, to freely migrate to Monterey County? After all, MS-13 gang-types only terrorize the sanctuary streets of Salinas, not the gated, walled compounds of Pebble Beach.

But unless California's ruling elites wake up, and wake up soon, and become willing partners with the federal government, their walled, gated communities won't keep the unruly out. Look at Central America's failed socialist states, their homes bordered by concrete walls imbedded with broken glass, their once middle-class neighborhoods now plagued with some of the highest kidnapping and murder rates in the world.

In every democratic society, "moral" walls, laws and guns deter the unwanted; open doors welcome the lawful. **Bob Sinotte**, *Carmel Valley*

Ocean's obvious dangers **Dear Editor**,

How chilling to read in last Friday's Pine Cone of the poor young man that was swept out to sea. The previous day had been similar to the day when this tragedy happened — high seas and numerous radio warnings about potential rogue/ sneaker waves. My girlfriend and I were driving along 17 Mile

Drive near Restless Sea in Pebble Beach in the mid-afternoon when we saw a small Stevenson School bus at one of the turnouts, and to our horror, teenaged kids climbing all over the rocks. I ran over to the bus driver and told him it was really dangerous — he replied that their teacher was there with them. I went down and calmly told her that it was incredibly dangerous for them to be there, as I had driven by earlier in

January 25, 2019 Th

The Carmel Pine Cone

the day, and indeed, some really large waves had been coming in. I told her she should get them back before some were lost. She jokingly replied that, "One or two wouldn't be so bad." I reiterated it was not a good idea, and left.

Do people who live here still not get the inherent power of

See MORE LETTERS page 12A



1.800.562.1517 | Email: wosinfo2006@gmail.com



Monday-saturday 10-7, sunday 11-6 • 422-1500 WWW.LegacyFineFurniture.com 1228 South main street; salinas, california...the gateway to Salinas—Highway 68





THE DATEJUST

The archetype of the modern watch has spanned generations since 1945 with its enduring functions and aesthetics. It doesn't just tell time. It tells history.

MILLIN

28

OYSTER PERPETUAL DATEJUST 36

FOURTANÉ

OCEAN AVENUE AT LINCOLN STREET CARMEL-BY-THE-SEA 831.624.4684

ROLEX W OYSTER PERPETUAL AND DATEJUST ARE ® TRADEMARKS.

SECTION RE February 1-7, 2019 The Carmel Pine Cone Houses this weekend! Real Estate

■ This week's cover, located on the 12th hole at Pebble Beach Golf Links, is brought to you by Canning Properties Group of Sotheby's International Realty (See Page 2 RE)

FOR THE **BEST** IN CANNING PEBBLE BEACH P ROPERTIES & CARMEL G ROUP



<u>About the Cover</u>





Last available lots on Pebble Beach Golf Links

www.3414SeventeenMile.com

The chance to build on golf's legendary links is now yours. Offering spectacular golf and ocean views and ideally located between The Lodge and Carmel-bythe-Sea, these two contiguous lots on over 2 acres present a truly unique setting and opportunity.

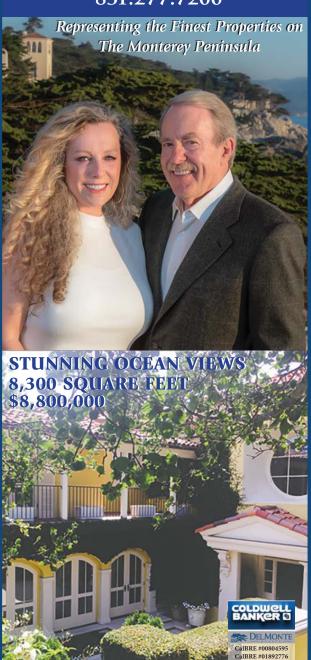
Offered at \$24,000,000

Canning Properties Group

Mike Canning | Jessica Canning | Nic Canning Ellen Krausse | Natalie Pitschke 831.241.4458 | team@canningproperties.com CanningProperties.com | DRE 70010029

FOR THE BEST IN CANNING PEBBLE BEACH PROPERTIES & CARMEL GROUP

Tom Bruce 831.277.7200



1491 Bonifacio Road, Pebble Beach

Real Estate Sales January 20 - 25

Carmel

Fourth Avenue, SE corner of Perry Newberry -\$2.000.000 I&P Brothers LLC to Jayesh Desai and Travel Inn Associates LP APN: 009-161-017

Carmel Valley

26265 Carmel Rancho Blvd. - \$342,000 Idlewild Condos LLC to Mountain Capital LLC APN: 015-012-076

Via Madalena — \$510,000

See HOME SALES page 6RE



Stunning Carmel Point Contemporary Steps to the beach, incredible ocean views from every room, first time on market. \$7,500,000



DUCHESNE 831.574.0260 DRE #01046446

Mark

Carmel Realty Company

TIM ALLEN

PROPERTIES



SAN CARLOS 4SW OF 9TH, CARMEL | \$3,495,000

Fully custom home in a convenient location across from Sunset Center with an open floor plan, fine attention to detail, and elegant finishes | SanCarlos4SWof9th.com



3150 STEVENSON DR, LOT 8 | \$1,500,000

With wooded views to the 8th tee & bordering a dedicated preservation easement enhances a sense of privacy & spaciousness | Approx .65 acre | StevensonLot8.com





TIM ALLEN CalBRE#00891159 c 831.214.1990 TIMALLENPROPERTIES.COM

"CARMEL LEGENDS"

BY AL SMITH

If you didn't know it was there, you might easily pass by the GREAT WALL OF CARMEL. It's a Carmel stone monument, 2 1/2 feet wide and slightly higher than a man's head, that completely encloses an entire block. 4th and 5th Avenues are on north and south, Guadalupe on the east, Santa Rita on the west. All along the top of the wall are jagged stones set on edge, a distressingly sadistic touch. The wall dates from 1925, when a man named Smith (from Southern California) caused it to be built by two stone masons who spent 3 years on the project. He planned a major estate on the property, but went no further than a caretaker's cottage, elaborate walks, patios, pools, and a giant BBQ pit before his interests led him to a farm in the lower Carmel Valley and his block was sold. He headed back south, and today there are many small lots and private homes inside the enclosure. A few gateways have been broken through, and here and there a growing pine tree is winning the war of the wall. Start at Guadalupe and 4th where you'll find the main gate, a forbidding iron structure with the initial "S" set in small stones beside it, then walk around this interesting block ... you'll enjoy it. You might even hear the hoof beats of the horse who haunts the great wall!

Written in 1987 & 1988, and previously published in The Pine Cone



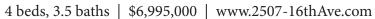


A Cornerstone in Luxury Real Estate for Over One Hundred Years

CARMEL LUXURY PROPERTIES



3 beds, 3.5 baths | \$9,700,000 | www.243Highway1.com





4 beds, 4.5 baths | \$5,490,000 | www.2990RedWolfCarmel.com



6 beds, 6.5 baths | \$3,900,000 | www.SeaMountainRanchCarmel.com



3 beds, 3.5 baths | \$2,995,000 | www.CasanovaAnd10th.com



4 beds, 3 baths | \$2,395,000 | www.26231MesaDrive.com



3 beds, 2 baths | \$2,395,000 | www.SanPedroLane.com



3 beds, 2 baths | \$2,195,000 | www.12thAveByTheSea.com

3 beds, 2 baths | \$1,395,000 | www.JuniperoCharmer.com



4 beds, 3 baths | \$1,995,000 | www.MidValleyMiniEstate.com



831.622.1000 • CarmelRealtyCompany.com



MONTEREY PENINSULA LUXURY PROPERTIES



Nestled among majestic Oak and Pine trees | 4 beds, 4+ baths | \$5,400,000 | www.CanadaVistaMonterra.com



Exciting ocean view Craftsman style beach house | 4 beds, 3.5 baths | \$3,995,000 | www.450AsilomarBlvd.com



3 beds, 4+ baths | \$2,950,000 | www.McIntoshDrive.com



4 beds, 3 baths | \$1,298,000 | www.21GreenwoodVale.com

CARMEL VALLEY LUXURY HOMESITES

OPEN SAT 1-3PM 4435 Carmel Valley Rd



4 beds, 3.5 baths | \$3,495,000 | www.15EncinaCarmelValley.com

4 beds, 3.5 baths | \$1,795,000 | www.4435CarmelValleyRoad.com



831.622.1000 • CarmelRealtyCompany.com

5RE



CARMEL REALTY COMPANY ESTABLISHED 1913

831.622.1000 • CarmelRealtyCompany.com

PEBBLE BEACH LUXURY PROPERTIES



9 beds, 8+ baths | \$37,000,000 | www.VillaEdenDelMar.com



6 beds, 5.5 baths | \$15,500,000 | www.3164Palmero.com



4 beds, 4.5 baths | \$3,980,000 | www.3028ValdezRoad.com







5 beds, 5+ baths | \$31,500,000 | www.TheEssenceOfPebbleBeach.com



5 beds, 5.5 baths | \$12,000,000 | www.PebbleBeachPerfection.com



5 beds, 5.5 baths | \$3,950,000 | www.3237-17MileDrive.com



3 beds, 4 baths | \$2,850,000 | www.1412CanteraCourt.com

3 beds, 4+ baths | \$2,650,000 | www.1178RampartRoad.com

A CORNERSTONE IN LUXURY REAL ESTATE FOR OVER ONE HUNDRED YEARS

COURTNEY ADAMSKI Rebecca Wolf Arnold CHRIS & CARRIE BAUMGART MARK BAXTER MARY BELL **SARAH BOUCHIER** PAUL BROCCHINI

KRIS BUTLER PETER BUTLER **CHRISTINE CHIN** LISA TALLEY DEAN MARK DUCHESNE **Bobbie Ehrenpreis** SUSAN FREELAND

NICK GLASER CHRISTINE HANDEL MALONE HODGES DAVE HOWARTH **COURTNEY JONES** Lynn Knoop **Greg Kraft**

STEVE LAVAUTE Kordula Lazarus MARCIE LOWE SHELLY MITCHELL LYNCH DOUG MCKENZIE LINDA MILLER SHERI MITCHELL

VICKI & BILL MITCHELL CHRIS PRYOR MARK RYAN **CONNIE SNOWDON** JIM SOMERVILLE JUDY TOLLNER **Rhonda Williams**

HOME SALES From page 2RE

Carmel Valley (con't.)

Anthony and Eva Tringali, Jos Donangelo and Janet Bruno to Laura Postel APN: 169-171-052

26 Village Drive - \$875,000 William and Marion Mazzia to Jeffrey Hanna and Kakani Young APN: 189-221-014

Highway 68

23799 Salinas-Monterey Highway unit 42 -\$605,000 Marsha Bloom to Michael and Becki Ross APN: 161-572-018



3187 Cortez Road, Pebble Beach – \$7,500,000

105 San Benancio Road — \$760,000 Salvatore Genovese and Freitas Trust to Juan Rivas and Estela Guzman APN: 416-231-017

Monterey

2210 Fremont Street - \$250,000 Patricia Work to Alison Sola and Susan Ward APN: 013-171-004

Mar Vista Drive — \$299,500 Bhavna Melwani to Kevin Gere APN: 001-883-001

18 Pinehill Way – \$320,255 Vicki Lyftogt to Vincent Machi APN: 014-091-018

Pacific Grove

1001 Sage Place - \$605,000 Estate of Mary Palmer to Edwin Budlong and Celia Barberena APN: 007-701-026

See ESCROW page 10RE



"Maison Sequoia," Carmel Newly built, imported amenities and surrounded by Redwoods

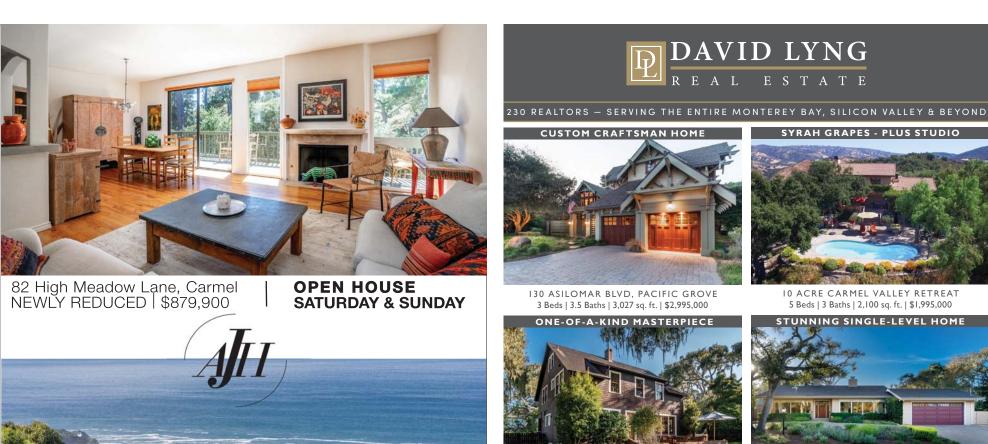
3 Bedrooms | 2 Bathrooms | 1,920 SqFt | Bonus/gym room | Upstairs Ocean Views | \$1,995,000



SAM PIFFERO 831.236.5389 Sam@SamPiffero.com | SamPiffero.com

"An Expert Who Gets Results"

Sotheby's INTERNATIONAL REALTY









0 Mt. Devon Road, Carmel | \$750,000 Architectural drawings for modern home included.



920 FOUNTAIN AVE, PACIFIC GROVE 4 Beds | 2.5 Baths | 2,175 sq. ft. | \$1,849,000



2972 CRESCENT RD, PEBBLE BEACH 2 Beds | 2.5 Baths | 1,905 sq. ft. | \$1,479,000



152 MAR VISTA DR, MONTEREY 2 Beds | 1.5 Baths | 1,095 sq. ft. | \$630,000

III8 RIPPLE AVE, PACIFIC GROVE 2 Beds | 2 Bath | 1,400 sq. ft. | \$1,295,000

ALEX HEISINGER CaDRE#01899815 831.392.6411 alex@ajhproperties.com | AJHProperties.com



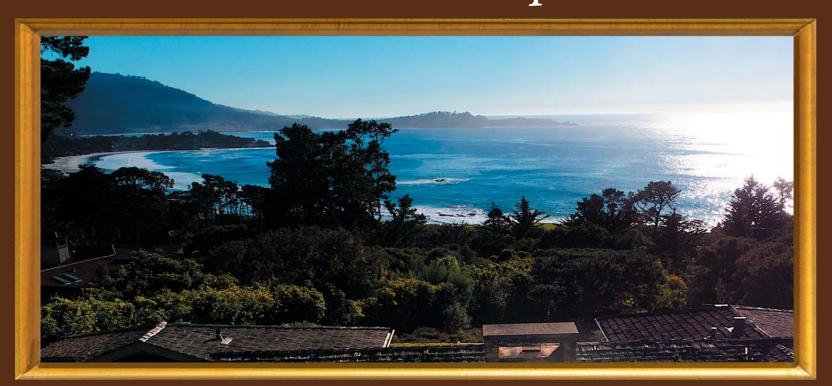


duPont REGISTRY

Morgan Court on Lincoln between Ocean & 7th Carmel-by-the-Sea

211 Grand Avenue Pacific Grove





Incredible Majestic Pebble Beach Estate 6 Beds, 6+ Baths • 2.16 Acres • Price Upon Request



Pristine Estate Overlooking Cypress Point Club 3 Beds, 4.5 Baths • \$7,800,000 • 1212Portola.com





Double Lot with MPCC & Ocean Views 4 Beds, 3 Baths • \$3,700,000 • 1031RodeoRoad.com

Superb Oceanview Home in Monterra 4 Beds, 4+ Baths • \$5,400,000 • CanadaVistaMonterra.com



Oceanfront Lot with Approved Plans 6,354 sq. ft. lot • \$5,950,000 • 26399Scenic.com



7RE



Panoramic Ocean, Golf & Beach Views 4 Beds, 4 Baths • \$5,500,000

Ideal Pebble Beach Location Close to MPCC 4 Beds, 3 Baths • Coming Soon

Recognized as one of the Top 100 Realtors in the US by The Wall Street Journal

Peter Butler *Lives, Works, and Plays in Pebble Beach* **www.PeterButlerProperties.com** Peter@PeterButlerProperties.com (831) 277.7229 DRE#01222453





Questions that need asking — because there's so much I don't know

HOW LONG have you been together? I met a couple who were high school sweethearts. They've been married for more than 50 years. I wanted to ask each of them if their partner turned out the way they expected him or her to.

It sounds like a crazy question, but when we were teenagers we truly lived in the moment. We would never grow old. We would always look the same, be the same. We were restless, incandescent, never constant and never finished. Looking back, are we who we thought we would be?

I've always wanted to ask the commissioner of baseball why umpires never sit down. In every other sport there are quarters or periods where there is a sustained break in the action so the officials can sit. There is time between innings in baseball, but there are no chairs for the umps to use. How come, Mr. Commissioner?

I want to ask the home plate umpire where he gets the little whisk broom he uses to clean home plate. Is there an official major league baseball whisk broom, or does the umpire have to go to buy one? If so, does he get reimbursed?

Also, why aren't there any woman umpires in professional baseball? Other pro sports have women officials. I'm guessing it's because the home plate umpire stands so close to the catcher. Before you knew it, the #MeToo movement would accuse one of the catchers of inappropriate sexual contact. But just order extra-large chest protectors. Problem solved. And get some chairs for the umps while you're at it.

What's an aglet?

I always wanted to know what the congressional sergeant at arms does the rest of the year after he announces the president's entrance into the House chamber before the State of the Union address. Is he a nonessential worker who didn't get

a paycheck during the government shutdown? Does he begin each New Year practicing the eight words he will say to announce the president's arrival? We almost missed his announcement this year.

Here's a question I found the answer to by doing a little internet research. You can replace aglets. Aglets are the little plastic or metal tips at the ends of shoelaces. There are kits



By JERRY GERVASE

available to replace broken aglets. But why? New shoelaces grow on trees.

Why is a gallon of milk more expensive than a gallon of gas? I have little knowledge of how milk or gas is produced. I do know you don't have to drill for cows and spend millions of dollars on dry cow holes before you strike a gusher. Basically, you just squeeze a cow and voila - you got milk! And I haven't heard of cow fracking being widespread in Wisconsin. There's no Organization of Milk Exporting Counties like there is OPEC to keep milk prices artificially high. When is the last time a milk tanker ran aground and caused a major milk spill? Even if that happened, it could be cleaned up by a couple of three-year olds with a package of Oreos.

Kids need milk, and we use it in so many different ways. I tried cutting back on some of the foods that I associate with a glass of milk. I'm eating fewer saltines, and I've made the ultimate sacrifice by cutting way back on mashed potatoes.

Just as using lower-octane saves money on gas. I tried using a more diluted kind of milk. However, when I put 1 percent milk on my cereal, the little Os look like they're floating in dirty dishwater.

Missing tees

I want to ask professional golfers why they pick up their tees after hitting a drive, but I think I know the answer. Have you watched them? You have the best golfers in the world making tons of money, whacking the ball 300-plus yards straight down the middle. No need to see where the ball has landed. They know it's where it's supposed to be. Besides, they're too busy looking for their little wooden tees to care about the ball.

Perhaps they do it out of a sense of course management, which includes policing the area around you - leaving the area better than you found it. Yet, I think it's also a throwback to when they were kids and often didn't have the money for new golf balls and good equipment — the days when they scooped used balls out of water hazards and searched for tees that were not broken clean through, tees that still had one more drive in them.

It's amazing that there is still so much I don't know. Contact Jerry at jerrygervase@yahoo.com.

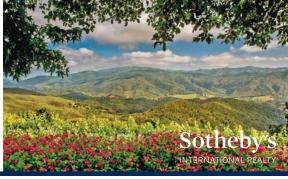
Get your complete Pine Cone every Thursday night by email -Free subscriptions at www. carmelpinecone.com



Specializing in the real estate of this truly beautiful place... Carmel & Carmel Valley

JAN WRIGHT BESSEY Top Producer Class 2016, 2017, & 2018 trulybeautifulplace.com 831.917.2892 DRE: 0115582







CLOSE TO ASILOMAR



AMAZING LOCATION 56 17 Mile Dr, Pacific Grove Open Saturday 1:30 - 3:30 *

Close to the Bay • listen to the surf roar large lot•spacious 2/1• detached garage outside entertainment space **\$1,099,000**

Call: 831-**917-4534**

'eggy Jones

Broker/REALTOR

908 Sunset Dr, Pacific Grove Open Saturday 11:00 - 1:00*

4 bd/2 ba • gorgeous hardwood floors 2 car garage • PG schools \$829,000



UUINTESSENTIAL PG 213 Wood St, Pacific Grove Open Saturday 11:00 - 1:00* So cute •just above Lighthouse •1bd/1ba So cute •just above Lighthouse 1.54. bonus bedroom/office.•off street parking fenced back vard \$665,000 227 Oak Place, Pacific Grove Call for a showing

3 blocks to Ocean & Golf club house one level • cozy updated 2/2 \$973,000



Rain May Cancel *Call for Update*



HEART OF THE BEACH TRACT 1130 Ripple Ave, Pacific Grove Open Saturday 1:30 - 3:30 *

Fabulous location• 3 bd/2 ba•1600+/-SF of living•hardwood floors \$1,085,000



Call: 831-277-82

Local, Independent and Delivering BIG Results!

KW Coastal Estates

DRIVEN BY EXCELLENCE



32 Poppy Lane, Pebble Beach | \$6,395,000 The Ruiz Group | 831.277.8712



3195 Forest Lake Road | \$4,900,000 Monterey Peninsula Home Team | 831.313.2289



1277 Padre Lane, Pebble Beach | \$3,999,000 James Yu | 408.627.9616



153 San Remo Road, Carmel | \$2,975,000 The Ruiz Group | 831.277.8712



412 Estrella D Oro, Monterey | \$2,688,000 The Jacobs Team | 831.236.7976



110 Via Del Milagro, Monterey | \$2,495,000 The Jacobs Team | 831.236.7976







56 W Garzas Road, Carmel Valley | \$1,995,000 Monterey Peninsula Home Team | 831.595.9242 **4121 Sunridge Ridge, Pebble Beach** | \$1,199,000 Ben Beesley | 831.236.6876



831.622.6200

KWCoastalEstates.com

Carmel By-The-Sea | Carmel Valley | Pacific Grove | Salinas (Coming Soon)

Agent DRE#s for featured listings: The Ruiz Group DRE# 01974535, Monterey Peninsula Home Team DRE# 01036716, James Yu DRE# 01924119, The Jacobs Team DRE# 01321694, Ben Beesley DRE# 01362347

DRE# 01526679 Each Office Independently Owned and Operated. All information in this document is from sources deemed reliable but is subject to errors, omissions, or changes without prior notice. All information should be independently confirmed, and any reliance is solely at buyer's own risk. Equal Housing Opportunity.

ESCROW From page 6RE

Pacific Grove (con't).

522 Beaumont Avenue — \$920,000 Gregor and Dianna Bo to Deborah Beck APN: 006-686-004

Pebble Beach

The Dunes Road — \$1,450,000 Pebble Beach Co. to Timothy Sands and Celine Lai APN: 008-023-031

3187 Cortez Road — \$7,500,000 Coretz Pacific LLC to Oski Holdings LLC APN: 008-341-046



26 Village Drive, Carmel Valley – \$875,000

Seaside

1224 Fremont Blvd. — \$380,000 Juan Torres to Patricia Brisenos APN: 012-362-020

23 Sandpiper Court — \$581,500 Adrienne Cleary and Juli Alexander APN: 011-063-018

766 Broadway — \$595,000

Garry and Marilyn St. Clair, Sandra Killough and Louis Maschio to Heydar Movahedi APN: 011-292-006

760 Harcourt Avenue — \$619,000

Breckenridge Property Fund 2016 LLC to Fatafehi Langilangi APN: 011-356-034

Number of sales: 17 Total value: \$18,612,255

The Pine Cone prints all Monterey Peninsula real estate sales shown on recorded deeds, and we do not omit sales for any reason. For more on our home sales reporting policy, please go to http://www.pineconearchive.com/homesalespolicy.html

Over 25 years of experience catering to the listing & buying needs of my clients



25440 Via Cicindela, Carmel | 4 Bed & 3 Bath | www.MidValleyMiniEstate.com | \$1,995,000 Estate with Views

86 High Meadow Lane, Carmel | 2 Bed & 2 Bath | www.86HighMeadowCarmel.com.com | \$875,000 One of the best located units, with forest views from the decks and aside the entry way.

Bobbie Ehrenpreis

Bobbie@CarmelRealtyCompany.com 831.915.8010 • DRE #01136716



THE PRESERVE IS YOURS THE EXPERIENCE IS ALAIN PINEL



OPEN SATURDAY 2-4 & SUNDAY 11-1

3057 Cormorant Rd, Pebble Beach



With the perfect mix of coveted location, ocean views, unique interiors, meticulously created outdoor spaces this beautiful John Matthams designed Mediterranean home is located in the sought after Country Club Neighborhood of Pebble Beach. This home offers the highest quality craftmanship and designer finishes. The spacious main home is 4400+ square feet with 3 ensuite bedrooms and 2 half baths. The seamless flow from the large open kitchen to the outside entertaining area with its stone fireplace and built-in bbq area guarantees many days and nights of memories to last a lifetime. The private master bedroom boasts its own living room, wood burning fireplace and stunning whitewater views. The detached guest cottage at 430 square feet provides a private and spacious full bedroom and bath and overlooks the manicured landscaping and expansive patio spaces. Please call your agent today to arrange a private showing.

CARMEL \$5,595,000 24POTREROTRAIL.COM 24 POTRERO TRAIL 5 BEDS 4 FULL + 3 HALF BATHS 5,268 SF 18.6 ACRE LOT SANTA LUCIA PRESERVE MASTERPIECE • FIVE MINUTES FROM THE GATE



FOR ME...IT'S ABOUT YOU!

MELANIE ROLFE ROSEN REALTOR®

831.594.8767 LIC# 01864929

MROSEN@APR.COM



Offered at \$6,125,000



Sharon Matthams

831.320.4161

sharonmatthams@gmail.com CalBRE#01883059

Your Realtor For Life



CHRIS PRYOR PROPERTIES

Mobilizing a Lifetime of Relationships



The Essence of Pebble Beach1536 Cypress Drive, Pebble Beach | 5 Beds & 5+ Baths | TheEssenceOfPebbleBeach.com | \$31,500,000



3908 Ronda Road, Pebble Beach 5 Beds & 5.5 Baths | PebbleBeachPerfection.com | \$12,000,000

3028 Valdez Road, Pebble Beach 4 Beds & 4.5 Baths | 3028ValdezRoad.com | \$3,980,000



CHRIS PRYOR From Pebble Beach to the Preserve 831.229.1124

www.chrispryorproperties.com • DRE #01750627





POLICE LOG From page 4A

THURSDAY, JANUARY 17

Carmel-by-the-Sea: A resident on Santa Fe north of Sixth brought in a carved wooden item with initials on the back.

Carmel-by-the-Sea: Unattended wallet was found in front of restaurant on Mission. The owner was contacted and the wallet was picked up

Carmel-by-the-Sea: A 23-year-old male transient was arrested at Mission and Seventh for forcibly entering a hotel room and staying for two nights without paying, a second degree burglary. He was also found in possession of

burglary tools.

Pacific Grove: Unfounded theft report of a mailbox on 17 Mile Drive. Item was located down the street and likely knocked off from the storm. Returned to owner.

Pacific Grove: Male contacted during a welfare check on Forest Avenue was found to be in violation of probation terms. Male complained of chest pain and was transported to the hospital. Charges to be filed with the district attorney. Pacific Grove: Subject on David Avenue

claimed someone fraudulently filed 2017 taxes. Pacific Grove: Report of a physical fight on Forest Hill Boulevard. A 42-year-old male was arrested for battery, probation violation, spousal

battery, and felony possession of a controlled substance in prison, with bail of \$30,000. Transported to Monterey County Jail.

Pacific Grove: Dog at large on Short Street.

FRIDAY, JANUARY 18

Carmel-by-the-Sea: A 20-year-old male on San Carlos south of Eighth at 0007 hours was cited and released for possession of marijuana and drug paraphernalia.

Carmel-by-the-Sea: Unattended jewelry inside box found on the sidewalk at Ocean and Mission. A receipt in the box was located, and a message was left that the property was at the department for safekeeping.

Carmel-by-the-Sea: Non-injury collision reported on San Antonio Avenue.

Carmel-by-the-Sea: Investigated an insufficient funds check at San Carlos and Seventh. No prosecution, as the subject paid for the services in cash after being contacted by the police.

Carmel-by-the-Sea: Subject lost a gold bracelet while visiting La Balena on Junipero

Street. The subject wanted to make a report in case the bracelet was found and turned in for safekeeping.

Pacific Grove: Dispatched to an alarm activation on 17th Street at 0426 hours. Motion in the kitchen. Kitchen door was open. Business was secured.

Pacific Grove: Citizen used a taxi service but did not have any money to pay. The subject then fled inside a residence on Ninth Street she was recently evicted from. The 49-year-old female was found inside the residence and still could not pay for the taxi cab. The female was cited and released for trespassing and theft.

Pacific Grove: Hit-and-run collision damaging city property on 16th Street. No suspect information.

See **SHERIFF** page 19RE

NEW LISTING! Monte Verde 5 SW of 10th, Carmel



With a prime Carmel location just 3 blocks to town and 5 blocks to the beach, this newly remodeled home features 3 bedrooms and 2.5 baths, capturing the essence of Carmel with custom detailing and high end finishes. ~ Live the Carmel dream, this is what life's all about!\$2,995,000

LAUREL JAQUES

831.915.1185 | laurel@jonesgrouprealestate.com DRE# 01280881 www.LaurelJagues.com



PERFECT FOR ENTERTAINING THE SANTA LUCIA PRESERVE







3 Holding Field Run, Carmel | 3 Bedrooms, 3.5 Baths Offered at \$3,650,000

Enjoy panoramic views of the Santa Lucia Mountains while overlooking an infinity pool from this soft contemporary retreat. This tastefully updated single-story home is ideal for indoor and outdoor entertaining with an open floorplan that steps out to an expansive veranda, all poolside. The location presents a magical sense of place and privacy within The Preserve, all just minutes to downtown Carmel.

For more information on this property and other active or discreetly available properties, please visit CanningProperties.com



Canning Properties Group 831.241.4458 | Team@CanningProperties.com

DRE#70010029



Sotheby's

Congratulations to Becky Jones

O U R # 1 P R O D U C E R F O R 2 0 1 8



We are proud to recognize Becky Jones as our Number One agent for 2018.

As a Monterey Peninsula resident since 1978, Becky knows and loves the area and the people that make Monterey County such a wonderful place to live.

As your Realtor, she promises to represent your best interests at all times, calling upon her business experience, educational background and strong connections in the local market. Becky will ensure your transactions are completed professionally, ethically, and error free.

Consistently ranked as a top producer in Monterey County, Becky's local expertise and extensive real estate experience will benefit you when buying or selling a property in the Carmel, Carmel Valley, Monterey, Pacific Grove, Pebble Beach, Del Rey Oaks, Seaside, Marina, Highway 68, Spreckels, Salinas and surrounding areas.

> 831.601.0237 | beckyonline.com | DRE: 01250885 becky.jones@sothebyshomes.com

A Selection of Significant Properties

13RE



Sotheby's International Realty and the Sotheby's International Realty logo are registered (or unregistered) service marks used with permission. Operated by Sotheby's International Realty, Inc. Real estate agents affi liated with Sotheby's International Realty, Inc. are independent contractor sales associates and are not employees of Sotheby's International Realty, Inc. SIR DRE License Number: 899496



T O P 21 P R O D U C I N G A S S O C I A T E S

2018 Closed Dollar Volume of Sales



Becky Jones

831.601.0237 DRE: 01250885



Mike Jashinski

831.236.8913

DRE: 01419985



Jette Ferguson

831.402.3800 DRE: 01405735



Terry Pershall

831.247.6642 DRE: 00621588



Nicole Truszkowski

831.238.7449 DRE: 01240204



Paul Riddolls

831.293.4496 DRE: 01948389



Lisa Barkalow

831.594.2155 DRE: 01491728



Monika Campbell

831.917.8208 DRE: 01370848



Arleen Hardenstein

831.915.8989 DRE: 01710953



Patty Ross

831.236.4513 DRE: 01468703



Kyle Morrison

831.236.8909 DRE: 01431994



Michele Altman

831.214.2545 DRE: 01310623



Vilia Kakis Gilles

831.760.7091 DRE: 00883948



Jan Wright Bessey

831.917.2892 DRE: 01155827



John Hankard

831.601.9071 DRE: 01733114







Steve Byrd

831.251.1985 DRE: 00520864 Maureen Mason

831.901.5575 DRE: 00977430

Lisa Brom

831.682.0126

DRE: 01893705



Sam Piffero

831.236.5389

DRE: 00690879



Debbie Heron

831.905.5158

DRE: 01309232



Laura Ciucci

831.236.8571

DRE: 01135238



HIGHEST UNITS SOLD BY AN INDIVIDUAL ASSOCIATE



Becky Jones

831.601.0237 DRE: 01250885



Jette Ferguson



Paul Riddolls

831.293.4496 DRE: 01948389



Kathy Picetti

831.277.6020 DRE: 01304078



Lisa Brom

831.402.3800

DRE: 01405735

831.682.0126 DRE: 01893705



Mike Jashinski

831.236.8913 DRE: 01419985



Arleen Hardenstein

831.915.8989 DRE: 01710953



Steve Hunt

831.601.2200 DRE: 01953808



Michael Meza

831.578.4601 DRE: 02007491



Nicole Truszkowski

831.238.7449 DRE: 01240204





831.917.2892 DRE: 01155827



831.229.0092 DRE: 00634519



Lisa Barkalow

831.594.2155 DRE: 01491728



Debbie Heron

831.905.5158 DRE: 01309232



Maureen Mason

831.901.5575 DRE: 00977430



Monika Campbell

831.917.8208 DRE: 01370848



Steve Byrd

831.251.1985 DRE: 00520864



Patrick Ryan

831.238.8116 DRE: 01957809



2018 TOP PRODUCING TEAMS

Closed Dollar Volume in Sales.



Canning Properties Group 831.238.5535



Gladney Randazzo 831.238.3444, 831.214.2250



Doug Steiny Lisa Steiny

831.236.7363 831.277.2070



Trapin Anderson Homes Team 831.601.4934. 831.601.6271, 831.238.7559

Highest Number of Closed Units.



Canning Properties Group 831.238.5535





Trapin Anderson Homes Team 831.601.4934. 831.601.6271, 831.238.7559



Doug Steiny	831.236.7363	Gladney Randazzo
Lisa Steiny	831.277.2070	831.238.3444, 831.214.2250

Sotheby's International Realty and the Sotheby's International Realty logo are registered (or unregistered) service marks used with permission. Operated by Sotheby's International Realty, Inc. Real estate agents affi liated with Sotheby's International Realty, Inc. are independent contractor sales associates and are not employees of Sotheby's International Realty, Inc. SIR DRE License Number: 899496 DRE License Numbers for All Featured Agents: Mike Canning: 01004964 | Jessica Canning: 01920034 | Nic Canning: 01920034 | Nic Canning: 0192035 | Ellen Krausse: 02046046 | Natalie Pitschke: 02041776 Mark Trapin: 01233599 | Robin Anderson: 01518311 | Sarah Myers: 02033114 | Gin Weathers: 01295292 | Charlotte Gannaway: 01838240 | Anita Cowen: 02009196 | Kate Gladney: 01895649 | Kathleen Randazzo: 01507458

17RE



THE ART OF LIVING

No. 1 Team on the Monterey Peninsula

* 2018 Sotheby's International Realty, Inc. internal rankings.

No. 2

Team in California

* 2018 Sotheby's International Realty, Inc. internal rankings.

No. 3 Team in the U.S.

* 2018 Sotheby's International Realty, Inc. internal rankings.



MIKE CANNING	JESSICA CANNING	NIC CANNING	ELLEN KRAUSSE	NATALIE PITSCHKE
DRE: 01004964	DRE: 01920034	DRE: 01959355	DRE: 02046046	DRE: 02041776
831.596.1171	831.238.5535	831.241.4458	831.204.2204	831.521.7363

We are honored to be part of the Sotheby's International team that collectively closed over 1 Billion in sales volume in 2018 on the Monterey Peninsula. We are looking forward to a strong and successful 2019.

Featured Properties



PEBBLE BEACH Casa Ladera | 1658Crespi.com

PEBBLE BEACH Sweeping Views in Pebble Beach | 1504Bonifacio.com



CanningProperties.com

Year-end report: Prices continue to rise, but gross volume plummets

W E ALL know there is no escape from business cycles, even though we occasionally are in an up or down phase so long, it begins to feel permanent. Imagine how folks felt in the 1930s when vast unemployment plagued the nation for



House Talk

By Paul Brocchini and Mark Ryan

more than a decade and New Deal remedies had only sporadic success. Stuck in the mud for more than a decade, it had to feel like a permanent state.

After our own Great Recession commenced in July 2007, we went through an extended period of falling prices, foreclosures and short sales that became so numerous they started to bury the banks.

We remember a beleaguered short-sale expert at Bank of America telling us she had a half-dozen computer screens in her office filled with voluminous requests. So overwhelmed were people like her,

it would sometimes take months to get a reply. Those depressing times continued until 2013, when a rebound began to occur. That year, the gross dollar volume of local real estate sales returned to the \$1 billion-plus level, launching a six-year up market. Six years is long enough to give a cycle a feeling of permanence. More than a year ago, we thought the end of the upward swing was imminent, but, alas, we could not have been more wrong as there was no stopping the power of the market.

Although our bull market seems to continue, the fourth quarter of 2018 may have signaled, at best, a pause and, at worst, a decline. The significant drop in dollar volume is the signal. Volume dropped 30 percent from last year, declining

Distribution of he	ome sale	s — 4th	quarter	2018			
	up to \$399	\$400- \$699	\$700- \$999	\$1M- \$1,499	\$1.5M - \$1,999	\$2M - \$2,999	\$3M and up
Carmel-by-the-Sea	0	0	2	1	3	4	3
Carmel Highlands	0	0	1	1	0	0	3
Carmel area	0	0	2	18	14	7	5
Carmel Valley	0	2	7	5	3	2	0
Monterey	0	13	23	10	1	1	1
Pacific Grove	0	3	13	7	4	1	2
Pebble Beach	0	0	0	10	5	5	1
Seaside	1	35	2	0	0	0	0
Total	1	53	50	52	30	20	15

Number of real estate sales (by quarter) 2017 2017 2017 2018 2018 2018 2018 (Q2) (Q3) (Q4) (Q1) (Q2) (Q3) (Q4) Carmel-by-the-Sea 22 25 27 35 17 19 13 Carmel Highlands 5 4 8 7 4 5 6 Carmel area 53 35 46 42 58 48 46 Carmel Valley 20 27 19 30 28 15 26 63 57 69 59 49 Monterev 64 61 37 30 Pacific Grove 50 41 33 33 43 Pebble Beach 33 35 35 32 42 31 21 Seaside 67 42 50 43 50 49 38 Totals 328 274 286 247 318 273 221

\$131,562,301 in the quarter. The big losers were Carmel-bythe-Sea, Monterey and Pebble Beach, down 50 percent, 44 percent and 56 percent, respectively.

Another cause for concern is a report we received from a colleague of ours who works in San Jose and southern Silicon Valley. She noted that activity in those areas has dropped significantly. In the many years we have done this column, we have seen Peninsula real estate normally trends about six months behind the San Francisco Bay area, in both up and down cycles.

What is impossible to measure is the effect of declining inventory on dollar volume and unit sales. On January 1, Carmel-by-the-Sea had seven fewer listings than a year ago, Monterey 24 fewer, and Pebble Beach 13 fewer. We think we can assume reduced inventory contributed to the declines, but not by much.

Average prices

Prices keep pushing upward. In the eight Peninsula markets, six were up over last year. Only the Monterey Area and Pebble Beach had declines. As we have warned before, the databases we are working with are so small that the quarterly numbers need to be looked at as thumbnail estimates, not hard figures. The fact that six markets were up assures us, however, that the overall trend is still on an upward swing.

Carmel Highlands

Carmel Highlands continues to surprise. Gross dollar volume was up 19 percent over last year and median sales prices up 203 percent. This was achieved thanks to three blockbuster sales in the quarter, two at over \$5 million and one in excess of \$6 million. But that market is very small, which means such dramatic increases are probably not as important as they seem.

10-year review with a twist

The highlight of our year-end report is the 10-year review. This year, it covers the years from 2008 to 2018 and shows terrific gains from the base year of 2008, with two exceptions: Carmel Area, with a meager gain of 3 percent, and Pebble Beach, with an even more anemic 1 percent. All of the other

See BROCCHINI page 25RE

Median sales price	es (dollars)			Montere	ey Peni ne Sale	
	2018 (full year)	2017 (Q4)	2018 (Q4)	Market		
Carmel-by-the-Sea	2,195,000	1,725,000	2,040,000			
Carmel Highlands	4,080,000	2,485,000	5,050,000	1 Date	n escrow /listed	%
Carmel Area	1,597,000	1,292,500	1,595,000			
Carmel Valley	1,000,000	907,500	1,000,000	1/1/19	l -by-the 8/37	-Sea 22%
Monterey	850,000	879,500	794,000	10/1/18	8/37 7/38	18%
Pacific Grove	925,000	901,000	992,500	7/1/18	7/37	19%
Pebble Beach	1,585,000	1,673,000	1,500,000	4/1/18	9/41	22%
Seaside	525,000	490,000	499,602	1/1/18	7/29	24%
		,	,	Carme	l Highla	ands

Average days to se	211	
	2017 (Q4)	2018 (Q4)
Carmel-by-the-Sea	92	49
Carmel Highlands	255	207
Carmel area	98	64
Carmel Valley	97	87
Monterey	73	52
Pacific Grove	51	44
Pebble Beach	88	100
Seaside	52	27

Gross dollar volume

	2017 (Q4)	2018 (Q4)
Carmel-by-the-Sea	68,527,863	34,003,000
Carmel Highlands	14,670,000	17,475,000
Carmel area	95,259,615	87,307,082
Carmel Valley	20,975,333	23,707,030
Monterey	80,360,045	45,322,000
Pacific Grove	35,066,100	35,983,350
Pebble Beach	92,683,065	40,522,900
Seaside	28,672,645	20,332,003
Totals	436,214,666	304,652,365

These charts are based in whole or in part on data supplied by the Monterey County Association of Realtors Multiple Listing Service (MLS). Neither the Association nor the MLS guarantees or is responsible for their accuracy. The data may also not reflect all real estate activity in the market. For more information, go to www.carmelabodes.com.

Marke	t Barom	eter
	in escrow	
Date	/listed	%
Carme	l-by-the-	Sea
1/1/19	8/37	22%
1/1/19 10/1/18	8/37 7/38	18%
7/1/18	7/37	19%
4/1/18	9/41	22%
1/1/18	7/29	24%
	el Highla	nds
1/1/19	2/18	11%
1/1/19 10/1/18	5/23	22%
7/1/18	1/22	5%
4/1/18		17%
	rmel area	
10/1/19	10/70 26/102	25%
		20%
7/1/18 4/1/18	27/105	25%
	rmel Val	
1/1/19	4/40	
1/1/19	4/40 12/64	10%
	12/04	19%
7/1/18 4/1/18	12/68 11/58	18%
	onterey a	
1/1/19	24/105	23%
10/1/18	24/98	24%
7/1/18	34/96	35%
	31/94	
Pa	cific Gro	ve
1/1/19		28%
10/1/18	16/50	32%
7/1/18	13/41	32%
4/1/18	17/51	33%
Pe	bble Bea	ch
1/1/19	10/82	12%
10/1/18	9/85	11%
7/1/18	19/80	24%
4/1/18	19/86	22%
1/1/18	13/72	18%
1/ 1/ 10	Seaside	
1/1/19	17/40	43%
10/1/18		39%
7/1/18	23/43	53%
4/1/18	21/36	58%

Ten-year median	sales price	es (dollars))										
	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	1-year chng 1	0-year chng
Carmel-by-the-Sea	1,695,000	1,375,000	1,100,000	1,287,500	1,200,000	1,325,000	1,652,000	1,416,000	1,595,000	1,691,750	2,195,000	29.7%	29.5%
Carmel Highlands	1,600,000	1,387,500	1,600,000	1,137,000	1,150,000	1,550,000	2,743,602	2,525,000	1,900,000	2,700,000	4,080,000	51.1%	155.0%
Carmel area	1,550,250	1,240,000	1,045,000	1,082,500	1,020,000	1,205,000	1,300,000	1,100,000	1,350,000	1,300,000	1,597,000	22.8%	3.0%
Carmel Valley	1,182,000	725,000	706,000	700,000	800,000	842,250	730,000	795,000	997,500	950,000	1,000,000	5.3%	-15.4%
Monterey area	685,000	520,000	550,000	522,079	490,000	590,224	685,000	626,750	755,000	800,000	850,000	6.3%	24.1%
Pacific Grove	672,500	603,750	630,000	537,500	558,000	682,500	739,000	780,000	832,000	915,000	925,000	1.1%	72.1%
Pebble Beach	1,570,000	1,100,000	1,100,000	1,104,000	1,130,000	1,147,500	1,440,000	1,400,000	1,550,000	1,640,000	1,585,000	-3.4%	1.0%
Seaside	326,000	270,598	279,200	299,249	296,000	327,400	358,000	399,500	445,000	495,000	525,000	6.1%	61.0%

Ten-year gross d	ollar volum	ne											
	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	1-year chng 1	0-year chng
Carmel-by-the-Sea	147,671,325	113,733,363	90,902,250	139,401,100	133,720,013	127,322,777	183,227,419	215,137,364	219,545,482	219,081,696	178,327,965	-18.6%	20.8%
Carmel Highlands	249,057,575	220,497,763	221,469,840	276,650,490	303,606,360	353,095,307	350,787,894	321,678,040	328,456,729	342,395,021	379,788,213	10.9%	52.5%
Carmel area	29,705,585	26,839,900	24,407,625	21,739,500	47,993,000	68,557,000	24,319,990	52,087,500	16,257,200	29,966,500	84,894,100	183.3%	185.8%
Carmel Valley	91,218,600	72,302,445	125,311,300	111,961,760	131,614,015	145,647,985	70,670,168	85,550,999	99,636,029	95,355,169	105,538,230	10.7%	15.7%
Monterey area	75,696,710	61,314,500	72,083,450	78,311,945	93,167,009	119,638,782	167,057,326	205,646,718	184,464,093	232,439,516	235,355,750	1.3%	210.9%
Pacific Grove	79,207,460	85,882,672	90,716,675	90,818,100	120,959,800	126,936,130	138,110,121	149,925,985	138,224,560	167,277,937	156,973,478	-6.2%	72.8%
Pebble Beach	198,687,253	109,626,027	159,179,850	151,834,099	203,278,900	201,540,943	291,206,413	246,937,861	306,453,687	270,218,623	359,796,069	33.1%	81.1%
Seaside	94,363,390	86,952,963	71,494,628	71,819,802	57,077,970	63,168,288	70,626,332	74,609,715	88,967,284	101,628,245	102,661,542	1.0%	8.8%
Total	817,936,573	663,416,270	764,663,368	803,135,696	957,697,054	1,078,584,435	1,112,778,244	1,351,574,182	1,382,005,064	1,458,362,707	1,603,335,347	9.9%	96.0%

MONDAY, JANUARY 21

Carmel-by-the-Sea: Report was taken for a lost wallet at Lincoln and Ocean.

Pacific Grove: Vehicle was towed from Moreland due to an abandoned-vehicle complaint. Pacific Grove: A woman came to the de-

See LOG next page

19RE

SHERIFF

From page 12RE

Pacific Grove: Report of identity theft and fraud on Walnut Street. No evidence provided by the victim.

Pacific Grove: Theft of alcohol from a business on Forest.

Carmel area: A 50-year-old male was admonished not to return to a business on Rio Road, or he would be arrested for trespassing.

Carmel area: A 45-year-old female who refused to leave a residence on Palo Colorado Road was taken into custody for resisting arrest. **Carmel Valley:** Adult Protective Services

referral on Carmel Valley Road.

Carmel Valley: Subject reported both rear view mirrors and taillights on her car parked on Carmel Valley Road were broken by an unknown subject.

SATURDAY, JANUARY 19

Carmel-by-the-Sea: Subsequent to a vehicle check at Scenic and 12th at 0409 hours, a 26-year-old male driver was found to be in possession of a controlled substance. He was cited and released at the scene.

Carmel-by-the-Sea: Unattended wallet was found in the roadway at Fourth and Guadalupe. Attempted to leave a message on the owner's phone, which met with negative results. Wallet was placed in safekeeping.

Carmel-by-the-Sea: Officer responded to a loose dog running in the residential area of Eighth and San Carlos. The dog was captured and transported to the department for safekeeping. Later, the dog owner contacted the department, and the dog was returned to the owner with a warning.

Carmel-by-the-Sea: Subject called to report losing his wallet while visiting a bar at San Carlos and Seventh.

Carmel-by-the-Sea: Sometime in September, a dog carrier was taken from the garage of a residence at Forest and Seventh. No suspect info.

Carmel-by-the-Sea: Victim reported a past-tense assault and battery at Sixth and Junipero.

Pacific Grove: Attempted vehicle theft on Lighthouse Avenue at 0418 hours.

Pacific Grove: Juvenile, age 17, was cited on Grove Acre at 0544 hours for public intoxication.

Pacific Grove: Possible vandalism on Lighthouse Avenue.

Pacific Grove: A couple thought they had rented a house on Monterey Avenue for the weekend and learned they were scammed.

Pacific Grove: Subject on Lighthouse Avenue was cited for not having a valid driver's license while driving.

Pacific Grove: A 50-year-old male was arrested on David Avenue at 2114 hours for misdemeanor violation of probation and public intoxication.

Carmel area: Theft on Valley Greens Drive. **Carmel Valley:** A welfare check was conducted on an elderly female on Southbank Road who continued to call 911.

Carmel Valley: Deputies placed a juvenile on a 5150 W&I hold [danger to self or others].

Carmel Valley: Subject on El Cuenco Road was recovering from an infected wound, drank to the point of intoxication, fell to the floor and could not get up. Refused medical attention, demanded to lie on the floor until she died.

SUNDAY, JANUARY 20

Carmel-by-the-Sea: Female reported losing her purse while visiting Porta Bella restaurant and the Pine Inn.

Carmel-by-the-Sea: Theft from an unlocked vehicle at Lincoln and Seventh. **Pacific Grove:** A female on 19th Street turned in a starter pistol, stating that she was no longer a runner, and it looked too similar to a real firearm and she did not want it in the residence. Turned in black starter pistol and approximately 100 .22-caliber starter caps.

Pacific Grove: Verbal dispute amongst neighbors on Sinex. No criminal behavior.

Pacific Grove: A male on Lighthouse Avenue reported his bicycle was taken while he was watching a movie.

Pacific Grove: Property on Forest Avenue was damaged as a result of high winds. Owner was notified.

Carmel area: A female was placed on a 5150 hold after threatening to kill herself with a knife.

Carmel Valley: An elderly female was having delusions and became violent. Transported to CHOMP for evaluation. **Big Sur:** Someone broke into a locked room

on Highway 1 and stole personal items from inside.

Carmel Valley: An elderly female fell in her residence on East Carmel Valley Road and deputies had to force their way into her residence to assist her.

Carmel area: Theft on Pacific Meadows Drive.

APPLYING HIGH-TECH BUSINESS EXPERIENCE TO REAL ESTATE

Junipero 5NE of 10th, Carmel-by-the-Sea • 3 Bed, 2 Bath • 1,517 sq. ft. • \$1,395,000 JuniperoCharmer.com • Co-Listed with Rebecca Wolf Arnold, Carmel Realty Company



Guadalupe 2 NE of 5th Avenue, Carmel-by-the-Sea • 2 Bed, 2 Bath • 1,008 sq. ft. • \$915,000 Guadalupe2NE5th.com



Geoff Arnold 831.297.3890 Geoff@MontereyCoastRealty.com DRE#02036451





CaIRE#01264147 | 831.594.6566 | BUFFLAGRANGE@MAC.COM



GLOBAL LUXURY.



Lifestyle. Connection. Trust Turn Key Custom Remodeled Home www.22SantaAna.com Carmel Valley Ranch Luxury www.95690ak.com

I FUST. With Concierge Service.



LuAnn Meador 831 601-6355

luann@montereycoastrealty.com DRE #01984843





22 Santa Ana Drive, Salinas • 4 Bed, 4.5 Bath • \$969,000



9569 Oak Court, Carmel • 3 Bed, 3.5 Bath • \$1,235,000

LOG From page 19RE

partment to turn in a driver's license she found somewhere in Pacific Grove. Contacted owner. Item returned.

Pacific Grove: A male and female reported that their property manager embezzled the sixmonth proceeds of their short-term rental on Ocean View Boulevard.

Pacific Grove: Graffiti found on the exterior wall of a business on Forest Avenue.

Pacific Grove: A male on Ripple reported an attempted internet scam.

Pacific Grove: A male reported a suspicious male in the area of the mailboxes of a Lighthouse Avenue apartment complex. One of the groups of mailboxes was open. Unknown if anything was taken.

Pacific Grove: Window smashed while vehicle was parked on Sunset Drive. It did not appear that anything had been taken.



Pacific Grove: Officer was dispatched after a stolen-vehicle report on David Avenue.

Pacific Grove: A 50-year-old female was arrested on Ninth Street for trespassing, misdemeanor violation of probation, and DUI, and was lodged at Monterey County Jail.

Carmel area: Lost/missing property at the Crossroads.

Big Sur: Body found in the ocean off Highway 1.

Carmel area: Documented report of a domestic incident at a Quail Meadows Place residence.

TUESDAY, JANUARY 22

Carmel-by-the-Sea: Passenger fell out of a seat and struck her head inside a municipal bus at Dolores and Santa Lucia Avenue. Patient was transported to the hospital for further medical attention.

Carmel-by-the-Sea: Burglary at Lincoln and Eighth.

Carmel-by-the-Sea: Non-injury accident involving a parked vehicle on Lincoln Street.

Carmel-by-the-Sea: Units responded to a medical emergency at Ocean and Carpenter and stood by for the patient's family member to arrive and take custody of a juvenile child while the patient was transported to CHOMP via Carmel Fire Ambulance.

Carmel-by-the-Sea: A cell phone was found in the business district at San Carlos and Fourth and turned in for safekeeping. Contact message from Find my iPhone was received, but the business to return to is now closed. Attempts to be made to get the phone back tomorrow.

Carmel-by-the-Sea: Report of lost bag with eight Brazilian passports. Vehicle was parked at the beach at Ocean and Del Mar, and owner said he may have taken the bag out of the vehicle. Doesn't believe it was stolen from the vehicle, as it was locked, and other luggage was still inside. Visited Fisherman's Wharf earlier.

Pacific Grove: Unknown subject entered a locked vehicle on Arkwright Court and attempted to steal it.

Pacific Grove: Person found a loaded syringe on Ocean View Boulevard while cleaning up trash along the beachfront. The unknown liquid was placed in a liquid controlled substance container and placed in a secure evidence locker for destruction. The syringe was disposed of in the proper receptacle.

Pacific Grove: A female reported that she was the victim of domestic violence by her ex-boyfriend.

Pacific Grove: A 30-year-old male was arrested for felony spousal battery with \$20,000 bail, misdemeanor violation of probation with \$20,000 bail, and misdemeanor spousal battery, and was taken to Monterey County Jail.



PINE CONE Préstige REAL ESTATE CLASSIFIEDS

FOR REAL ESTATE CLASSIFIED RATES EMAIL:

VANESSA@CARMELPINECONE.COM

DEADLINE: TUESDAY 4PM

VACATION RENTALS

CARMEL - beach front, 2bd/2ba, beautiful, historic, close in. See website firstcarmelbeachcottage.com TF

CARMEL - 2 blocks to beach. 2bd / 2ba. 1 month minimum. www.carmelbeachcottage.com. (650) 948-5939

PineCone Properties, Inc.

TF

Property Management is our only Business... Professional Services for Discerning Owners! 831-626-2800 www.pineconerentals.com 26615 CARMEL CENTER PLACE SUITE 101 CARMEL

We are pleased to offer a Variety of Vacation Homes Exceptional Rental Properties Long Term or Monthly Rentals Furnished or Unfurnished ASSOCIATES PROPERTY MANAGEMENT - SALES Furnished & Unfurnished Rentals

831-626-2150

w.vk-associates.com

PROPERTY MANAGEMENT



LONG TERM RENTALS

DRE#00558183

EricLMarsh@aol.com • ericmarshbroker.net



CURRENTLY SEEKING HOMES FOR OUR LONG TERM INVENTORY

Unparalleled marketing, photography and a vast agent network translates to attaining the highest market value in the shortest time.

- Professional tenant screening
 Full accounting services
- · Licensed and bonded repair and maintenance services
- Properties shown by appointment only by one of our rental specialists
- 24 hour emergency answering service
- Servicing all communities in the Peninsula including Pebble Beach, Marina, Seaside, Carmel, Carmel Valley, Monterey and Pacific Grove

Luxury Vacation Residences | Long Term Residences Estate Management | Special Events

www.CarmelRealtyCompany.com Rentals@CarmelRealtyCompany.com • 831.622.1000



We have nightly and monthly homes available for AT&T Pro Am in February and US Open in June!

Furnished, fully equipped homes. Call for details. Also shorter term Vacation Rentals available nightly, weekly and monthly. 831-264-0708 | SanctuaryVacationRentals.com An Institution in Carmel and the Surrounding Communities for Four Generations!



SAN CARLOS AGENCY INC

Family Owned & Operated

 Real Estate Sales
 Vacation Rentals
 Property & Asset Management Residental + Commercial

Providing Complete Real Estate Solutions since 1954!

(831) 624-3846 sancarlosagency.com 26358 Carmel Rancho Lane (Ste 5), Carmel



PEBBLE BEACH 1211 FOUNDERS LANE \$3,995,000 COMMANDING VIEWS ACROSS THREE FAIRWAYS + THE 18TH HOLE OF SPYGLASS OCEAN + SUNSET VIEWS 4 BEDROOMS 4 FULL + 2 HALF BATHS 4,990 SF 20,908 SF LOT 1211FOUNDERSPEBBLEBEACH.COM



PEBBLE BEACH 1515 RIATA ROAD \$9,450,000 5 BEDS 5 FULL + 2 HALF BATHS 5,804 SF 1.25 ACRES ENJOY THE PEBBLE BEACH LIFESTYLE + LOCATION AND VIEWS



PEBBLE BEACH 3347 17 MILE DRIVE \$13,998,000 7 BEDS 7.5 BATHS 6,751 SF 3.12 ACRES EXPANSIVE PATIO • EXCEPTIONAL OCEAN VIEWS



PEBBLE BEACH 1568 SONADO ROAD \$11,500,000 7 BEDS 5.5 BATHS 9,600 SF 2.03 ACRES EXPANSIVE, DYNAMIC OCEAN VIEW



PEBBLE BEACH 1277 LISBON LANE \$2,998,000 3 BEDS 3.5 BATHS 4,857 SF .9 ACRE LOT INTIMATE YET SPACIOUS | COZY YET ELEGANT





PEBBLE BEACH 2885 SLOAT ROAD \$2,595,000 3 BEDS 3 FULL + 2 HALF BATHS 4,000 SF 11,143 SF LOT LA SOLANA • A PLACE IN THE SUN



JAMAL NOORZOY REALTOR® 831.277.5544 LIC# 01119622 JNOORZOY@APR.COM

FOR SALE JAMALNOORZOYLUXURYRE.COM SOLDS JAMALNOORZOYRESIDENTIALSALES.COM NE CORNER DOLORES & 7TH CARMEL, CALIFORNIA

PEBBLE BEACH 1059 MATADOR ROAD \$3,495,000 4 BEDS 3.5 3,760 SF 11,500 SF LOT SPANISH COLONIAL HOME



LUXURY PORT/OLIO

INTERNATIONAL[®]

ALAIN PINEL CARMEL CONGRATULATES THE BEST OF THE WORLD'S BEST LOCAL REALTORS



JAMAL NOORZOY 2018 #1 TOP PRODUCER



#2 ELIZABETH DINI



#3 MARIA FINKLE#4 CARLA WHITE2018 TOP PRODUCERS CIRCLE



#5 MARTA KARPIEL



SUSAN CLARK



JOHN ROMLEY



KRISTI KNUTZEN



BILL FABER

2018 CIRCLE OF EXCELLENCE • TOP 20%



ALAIN PINEL CARMEL NAMED 2018 BEST REAL ESTATE COMPANY (LARGE) BY THE CARMEL CHAMBER OF COMMERCE

831.622.1040 APR-CARMEL.COM





NW CORNER OCEAN & DOLORES JUNIPERO BETWEEN 5TH & 6TH

THE MOMENT IS YOURS | THE EXPERIENCE IS ALAIN PINEL



PEBBLE BEACH \$3,290,000 OPEN SAT 1-4 WELCOME TO GORGEOUS MORNINGS, SPECTACULAR SUNSETS, AND VAST STARRY NIGHTS 4008 SUNRIDGE ROAD 4 BEDROOMS 3 BATHS 3,517 SF 1.07 ACRES MELANIE ROLFE ROSEN 831.594.8767 LIC# 01864929



PEBBLE BEACH \$1,358,000 4BD/3.5BA 2,955 SF 17,731 SF LOT 4196 SUNRIDGE ROSE CLARK 831.809.2799 LIC# 01271886



CARMEL \$2,189,000 3BD/3BA 2,253 SF OPEN SUN 12-2 GUADALUPE 5 SE OF 7TH LIZ DINI 831.801.4027 LIC# 01874522



CARMEL \$2,295,000 4BD/3.5BA 2,450 SF 6,000 SF LOT 2644 WALKER AVENUE BRETT WILBUR 831.915.6394 LIC# 02021155



PEBBLE BEACH \$1,470,000 5BD/3BA 3,347 SF OPEN SAT 1-4 + SUN 1-3 4103 CREST ROAD SUSAN CLARK 831.320.6801 LIC# 00929953





MONTEREY \$899,000 3BD/2.5BA 1,911 SF .51 ACRES 1237 JOSSELYN CANYON NOELLE HAYES 831.402.5528 LIC# 01914469

MONTEREY \$850,000 2BD/2BA 1,525 SF OPEN SAT 2-4:30+SUN 12-3 214 SOLEDAD PLACE JOHN ROMLEY 831.574.9393 LIC# 01966766

831.622.1040 APR-CARMEL.COM

NW CORNER OCEAN & DOLORES JUNIPERO BETWEEN 5TH & 6TH

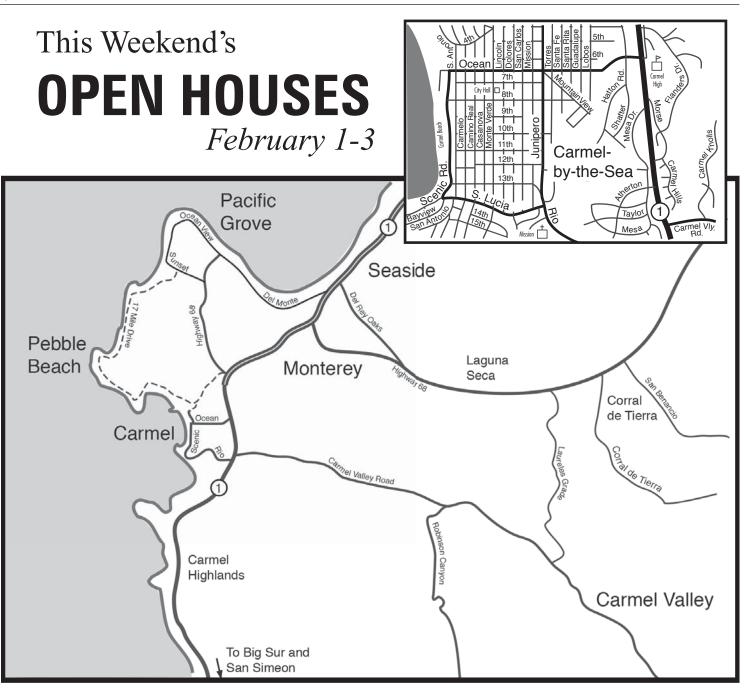




CARMEL	
5620,000 2bd 2bg	£
12 Del Mesa Carmel	Sa 1-4 Carmel
Sotheby's Int'l RE \$650,000 2bd 2ba	293-3391 Sa Su 11-1
173 Del Mesa Carmel Coldwell Banker Del Monte Realty	Carmel 915-9771
\$679,000 2bd 2ba	Sa Su 1-4
183 Del Mesa Carmel Coldwell Banker Del Monte Realty	Carmel 915-9771
\$695,000 2bd 2ba	Sa 1:30-3:30
242 Del Mesa Carmel Alain Pinel Realtors	Carmel 622-1040
\$750,000 2bd 2ba	Su 1-4
281 Del Mesa Carmel Preferred Properties	Carmel 345-1741
\$755,000 2bd 2ba 128 Del Mesa Carmel	Sa 1-4 Carmel
Coldwell Banker Del Monte Realty	626-2222
\$775,000 2bd 2ba 4000 Rio Road #23	Sa 1-3 Carmel
Monterey Coast Realty	809-6208
\$829,000 2bd 1.5ba 279 Del Mesa Carmel	Su 1-4 Carmel
Sotheby's Int'l RE \$850,000 2bd 2.5ba	293-3391 Sa 2-4 Su 12-2
3850 Rio Road 53	Carmel
Alain Pinel Realtors \$879,900 2bd 2ba	622-1040 Sa Su 1-3
82 High Meadow Ln 82 Coldwell Banker Del Monte Realty	Carmel 626-2222
\$915,000 2bd 2ba	Sa 11-2
Guadalupe 2 NE of 5th Avenue Monterey Coast Realty	Carmel 297-3890
\$995,000 1bd 1.5ba	Sa 1-4
Mission & 3rd SW Corner, Unit B-2 Sotheby's Int'l RE	Carmel 245-3066
\$1,095,000 3bd 3ba 85 High Meadow Ln	Sa 1-3 Carmel
Coldwell Banker Del Monte Realty	626-2222
\$1,165,000 2bd 2.5ba 26512 Mission Fields Rd	Sa 1-3 Carmel
Coldwell Banker Del Monte Realty	917-9857
\$1,295,000 4bd 4ba 27465 Loma Del Rey	Sa Su 12-4 Carmel
Sotheby's Int'l RE \$1,345,000 5bd 4ba	595-0797 / 884-6820 Sa 1-3
25388 Highway 1	Carmel
Coldwell Banker Del Monte Realty \$1,375,000 3bd 3ba	277-5256 Sg 12-4:30
Santa Fe 3 NE of Mountain View Coldwell Banker Del Monte Realty	Carmel 596-6118 / 206-0129
\$1,395,000 3bd 2ba	Sa 11-3 Su 11-1
Junipero 5 NE of 10th Avenue Carmel Realty Company	Carmel 241-2600
\$1,450,000 2bd 2ba	Sa 1-4
Lobos 4 NW 3rd Avenue Alain Pinel Realtors	Carmel 622-1040
\$1,499,000 2bd 2ba SE Corner of Santa Fe & 1 st	Sa 1-3 Carmel
Sotheby's Int'l RE	915-8217
\$1,795,000 3bd 2ba Second Avenue 2 NW Lobos	Sa 1:30-3:30 Carmel
Coldwell Banker Del Monte Realty	915-3540
\$1,795,000 4bd 3.5ba 3616 Eastfield Rd	Fr Sa Su 12-3 Carmel
Coldwell Banker Del Monte Realty \$1,795,000 4bd 3.5ba	619-518-2755 Sa 1-3
4435 Carmel Valley Road	Carmel
Carmel Realty Company \$1,895,000 3bd 3ba	915-8330 Sa 3:30-5:30 Su 1-3
Santa Fe 2 NE of Mountain View	Carmel
Coldwell Banker Del Monte Realty \$2,189,000 3bd 3ba	626-2222 Su 12-2
Guadalupe 5 SE of 7th Alain Pinel Realtors	Carmel 622-1040
\$2,195,000 3bd 2ba	Sa Su 12-2
Guadalupe 3 SE of 5th Sotheby's Int'l RE	Carmel 238-5459
\$2,195,000 3bd 2ba	Sa 1-3
SE Corner 12th Avenue and San Carlos Carmel Realty Company	Carmel 521-4855
\$2,279,000 3bd 3ba	Sa 2-4
Santa Fe 4 SE & 3rd St Coldwell Banker Del Monte Realty	Carmel 626-2222
\$2,298,000 3bd 2.5ba 27030 Meadow Way	Sa Su 1:30-4 Carmel
Coldwell Banker Del Monte Realty	320-6391
\$2,550,000 3bd 3.5ba 3533 Lazarro Dr	Sa 1-4 Su 2:30-4:30 Carmel
Coldwell Banker Del Monte Realty	626-2222
Monte Verde 4 SW of 9th	Sa 10-12:30, 1-4 Su 12-3 Carmel
Sotheby's Int'l RE	869-6117 / 840-5582 Sa Su 1-4
\$2,695,000 3bd 2ba NW Corner Lincoln & 9th	Carmel
Alain Pinel Realtors	622-1040 Sg 1-3
Alain Pinel Realtors \$2,975,000 4bd 4.5ba 153 San Remo Rd	Sa 1-3 Carmel
Alain Pinel Realtors \$2,975,000 4bd 4.5ba 153 San Remo Rd The Ruiz Group	Sa 1-3 Carmel 277-8712
Alain Pinel Realtors \$2,975,000 4bd 4.5ba 153 San Remo Rd The Ruiz Group \$3,495,000 3bd 2.5ba San Carlos 4 SW 9th Ave	Sa 1-3 Carmel 277-8712 Sa Su 11-1 Carmel
Alain Pinel Realtors \$2,975,000 4bd 4.5ba 1 53 San Remo Rd The Ruiz Group \$3,495,000 3bd 2.5ba	Sa 1-3 Carmel 277-8712 Sa Su 11-1

Sotheby's Int'l RE

\$3,900,000 6bd 6.5ba 5900 Via Mar Monte Carmel Realty Company





\$3,200,000 4bd 3.5ba	Sa 11-1 Su 2-4
3425 Mountain View Ave	Carme
Coldwell Banker Del Monte Realty	626-2222
\$4,299,000 7bd 6ba	Sa 1-4
5452 Quail Meadows Drive	Carme
Sotheby's Int'l RE	917-8208
\$5,800,000 5bd 3.5ba	Sa 1-4
2715 Ribera Rd	Carme
Coldwell Banker Del Monte Realty	626-2222

CARMEL VALLEY

204-2204

Carmel 915-9726

Fri 3-5 Sa Su 1-3

\$179,000 2bd 2ba	Su 12-3
37200 Nason Rd #14	Carmel Valley
Monterey Peninsula Home Team	998-0278
\$775,000 2bd 2ba	Sa 1-3
1 Southbank Road	Carmel Valley
Sotheby's Int'l RE	236-7251
\$859,000 3bd 2ba	Sa 2-4
12465 Saddle Road	Carmel Valley
Sotheby's Int'l RE	601-5355

\$1,450,000 4bd 3.5+ba	Sa 1-4
26005 Ned Ln	Carmel Valley
Coldwell Banker Del Monte Realty	206-8609
\$1,795,000 2bd 4.5ba	Sa 1-4
14 Boronda Road	Carmel Valley
Sotheby's Int'l RE	238-7559
\$2,099,000 3bd 3.5ba	Sa 11-3
56 W. Garzas Rd	Carmel Valley
Monterey Peninsula Home Team	595-9242 / 917-8977
\$2,250,000 4bd 4ba	Sa 1-3
21 La Rancheria	Carmel Valley
Sotheby's Int'l RE	236-7363
DEL REY OAKS	
\$675,000 4bd 2ba	Sa 1-3
924 Via Verde	Del Rey Oaks
Sotheby's Int'l RE	277-2782
·	
HIGHWAY 68	
\$1,468,000 6bd 3.5ba	Sa 2-4 Su 1-3
25585 Boots Rd	Highway 68
The Jacobs Team	236-7976
MARINA	
\$725,000 3bd 2.5ba	Sa 1-4
2725 Bungalow Drive	Marina
Alain Pinel Realtors	
	622-1040
	Sa 1-4
13829 Sherman Blvd	Sa 1-4 Marina
13829 Sherman Blvd Alain Pinel Realtors	Sa 1-4 Marina 622-1040
13829 Sherman Blvd Alain Pinel Realtors \$799,000 4bd 2ba	Sa 1-4 Marina 622-1040 Sa 12-2
13829 Sherman Blvd Alain Pinel Realtors \$799,000 4bd 2ba 390 Ocean View Ct	Sa 1-4 Marina 622-1040 Sa 12-2 Marina
1382'9 Sherman Blvd Alain Pinel Realtors \$799,000 4bd 2ba 390 Ocean View Ct Coldwell Banker Del Monte Realty	Sa 1-4 Marina 622-1040 Sa 12-2 Marina 626-2222
13829 Sherman Blvd Alain Pinel Realtors \$799,000 4bd 2ba 390 Ocean View Ct Coldwell Banker Del Monte Realty \$925,000 4bd 3ba	Sa 1-4 Marina 622-1040 Sa 12-2 Marina 626-2222 Sa 2-4
13829 Sherman Blvd Alain Pinel Realtors \$7799,000 4bd 2ba 390 Ocean View Ct Coldwell Banker Del Monte Realty \$925,000 4bd 3ba 2720 Bungalow Drive	Sa 1-4 Marina 622-1040 Sa 12-2 Marina 626-2222 Sa 2-4 Marina
13829 Sherman Blvd Alain Pinel Realtors \$7799,000 4bd 2ba 390 Ocean View Ct Coldwell Banker Del Monte Realty \$925,000 4bd 3ba 2720 Bungalow Drive	Sa 1-4 Marina 622-1040 Sa 12-2 Marina 626-2222 Sa 2-4
13829 Sherman Blvd Alain Pinel Realtors \$799,000 4bd 2ba 390 Ocean View Ct Coldwell Banker Del Monte Realty \$925,000 4bd 3ba 2720 Bungalow Drive Sotheby's Int'l RE	Sa 1-4 Marina 622-1040 Sa 12-2 Marina 626-2222 Sa 2-4 Marina
13829 Sherman Blvd Alain Pinel Realtors \$799,000 4bd 2ba 390 Ocean View Cf Coldwell Banker Del Monte Realty \$925,000 4bd 3ba 2720 Bungalow Drive Sotheby's Int'l RE MONTEREY	Sa 1-4 Marina 622-1040 Sa 12-2 Marina 626-2222 Sa 2-4 Marina 521-3131
13829 Sherman Blvd Alain Pinel Realtors \$799,000 4bd 2ba 390 Ocean View Ct Coldwell Banker Del Monte Realty \$925,000 4bd 3ba 2720 Bungalow Drive Sotheby's Int'l RE MONTEREY \$379,000 1bd 1ba	Sa 1-4 Marina 622-1040 Sa 12-2 Marina 626-2222 Sa 2-4 Marina 521-3131
13829 Sherman Bivd Alain Pinel Realtors \$799,000 4bd 2ba 390 Ocean View Ct Coldwell Banker Del Monte Realty \$925,000 4bd 3ba 2720 Bungalow Drive Sotheby's Int'l RE MONTEREY \$379,000 1bd 1ba 300 Glenwood Cir #146	Sa 1-4 Marina 622-1040 Sa 12-2 Marina 626-2222 Sa 2-4 Marina 521-3131
13829 Sherman Blvd Alain Pinel Realtors \$799,000 4bd 2ba 390 Ocean View Ct Coldwell Banker Del Monte Realty \$925,000 4bd 3ba 2720 Bungalow Drive Sotheby's Int'l RE MONTEREY \$379,000 1bd 1ba	Sa 1-4 Marina 622-1040 Sa 12-2 Marina 626-2222 Sa 2-4 Marina 521-3131 Fr 4-6 Sa 12-2 Monterey

\$428,000 0bd 1ba	Sa 1-3
144 Mar Vista Dr	Monterey
Coldwell Banker Del Monte Realty	238-5793
\$629,950 2bd 2.5ba	Sa 2-4
70 Forest Ridge Road, #6	Monterey
Alain Pinel Realtors	622-1040
\$698,000 2bd 1ba 140 McClellan Ave	Sa 12-2 Monterey
Coldwell Banker Del Monte Realty	233-0586
\$729,000 3bd 2ba	Sa Su 11-3
1661 David Ave	Monterey
KW Coastal Estates	747-0480
\$770,000 2bd 1ba	Fr 1-4 Sa 11-1 Su 12-3
557 Pine Street Sotheby's Int'l RE	Monterey 245-3066 / 238-8116
\$775,000 3bd 1ba	Sa 11-1
926 Margaret St	Monterey
Coldwell Banker Del Monte Realty	626-2222
\$839,000 3bd 2ba	Sa 1:30-3:30
1086 4th Street Algin Pinel Regitors	Monterey 622-1040
\$850,000 2bd 2ba 214 Soledad Place	Sa 2-4:30 Su 12-3
Alain Pinel Realtors	Monterey 622-1040
	622-104Ó
Alain Pinel Realtors \$869,000 3bd 2ba 1420 Munras Ave	622-104Ó Sa 11-3 Su 10-12, 1-4 Monterey
Alain Pinel Realtors \$869,000 3bd 2ba 1420 Munras Ave KW Coastal Estates	622-1040 Sa 11-3 Su 10-12, 1-4 Monterey 214-284-4347 / 210-3852
Alain Pinel Realtors \$869,000 3bd 2ba 1420 Murras Ave KW Coastal Estates \$950,000 3bd 2ba	622-1040 Sa 11-3 Su 10-12, 1-4 Monterey 214-284-4347 / 210-3852 Sa 11-2
Alain Pinel Realtors \$869,000 3bd 2ba 1420 Munras Ave KW Coastal Estates \$950,000 3bd 2ba 142 Spray Ave 3bd 2ba	622-1040 Sa 11-3 Su 10-12, 1-4 Monterey 214-284-4347 / 210-3852 Sa 11-2 Monterey
Alain Pinel Realtors \$869,000 3bd 2ba 1420 Munras Ave KW Coastal Estates \$950,000 3bd 2ba 142 Spray Ave Coldwell Banker Del Monte Realty	622-1040 Sa 11-3 Su 10-12, 1-4 Monterey 214-284-4347 / 210-3852 Sa 11-2 Monterey 596-6141
Alain Pinel Realtors \$869,000 3bd 2ba 1420 Munras Ave KW Coastal Estates \$950,000 3bd 2ba 142 Spray Ave Coldwell Banker Del Monte Realty \$995,000 3bd 2ba	622-1040 Sa 11-3 Su 10-12, 14 Monterey 214-284-4347 / 210-3852 Sa 11-2 Monterey 596-6141 Sa 1-4
Alain Pinel Realtors \$869,000 3bd 2ba 1420 Munras Ave KW Coastal Estates \$950,000 3bd 2ba 142 Spray Ave Coldwell Banker Del Monte Realty	622-1040 Sa 11-3 Su 10-12, 1-4 Monterey 214-284-4347 / 210-3852 Sa 11-2 Monterey 596-6141
Alain Pinel Realtors \$869,000 3bd 2ba 1420 Munras Ave KW Coadstal Estates \$950,000 3bd 2ba 142 Spray Ave Coldwell Banker Del Monte Realty \$995,000 3bd 2ba 1110 Sylvan Place	622-1040 Sa 11-3 Su 10-12, 14 Monterey 214-284-4347 / 210-3852 Sa 11-2 Monterey 596-6141 Sa 14 Monterey
Alain Pinel Realtors \$8669,000 3bd 2ba 1420 Munras Ave KW Castal Estates \$950,000 3bd 2ba 142 Spray Ave Coldwell Banker Del Monte Realty \$995,000 3bd 2ba 1110 Sylvan Place Sotheby's Int'l RE \$1,050,000 3bd 3ba 800 Jessie St	622-1040 Sa 11-3 Su 10-12, 14 Monterey 214-284-4347 / 210-3852 Sa 11-2 Monterey 596-6141 Sa 14 Monterey 236-4318 Sa 12-2 Monterey
Alain Pinel Realtors \$869,000 3bd 2ba 1420 Murras Ave KW Coastal Estates \$950,000 3bd 2ba 142 Spray Ave Coldwell Banker Del Monte Realty \$995,000 3bd 2ba 1110 Sylvan Place Sotheby's Int'l RE \$1,050,000 3bd 3ba 800 Jessie St Coldwell Banker Del Monte Realty	622-1040 Sa 11-3 Su 10-12, 14 Monterey 214-284-4347 / 210-3852 Sa 11-2 Monterey 596-6141 Sa 14 Monterey 236-4318 Sa 12-2 Monterey 236-4318 Sa 12-2 Monterey 747-1514
Alain Pinel Realtors \$869,000 3bd 2ba 1420 Munras Ave KW Coastal Estates \$950,000 3bd 2ba 142 Spray Ave Coldwell Banker Del Monte Realty \$995,000 3bd 2ba 1110 Sylvan Place Sotheby's Int'l RE \$1,050,000 3bd 3ba 800 Jessie St Coldwell Banker Del Monte Realty \$1,298,000 5bd 3ba	622-1040 Sa 11-3 Su 10-12, 1-4 Monterey 214-284-4347 / 210-3852 Sa 11-2 Monterey 596-6141 Sa 1-4 Monterey 236-4318 Sa 12-2 Monterey 747-1514 Sa 11-1 Su 11-1:30
Alain Pinel Realtors \$8669,000 3bd 2ba 1420 Munras Ave KW Casatal Estates \$950,000 3bd 2ba 142 Spray Ave Coldwell Banker Del Monte Realty \$995,000 3bd 2ba 1110 Sylvan Place Sotheby's Int'l RE \$1,050,000 3bd 3ba 800 Jessie St Coldwell Banker Del Monte Realty \$1,298,000 Sbd 3ba 6 Antler Pl	622-1040 5a 11-3 5u 10-12, 14 Monterey 214-284-4347 / 210-3852 5a 11-2 Monterey 596-6141 5a 14 Monterey 236-4318 5a 12-2 Monterey 747-1514 5a 11-11:30 Monterey
Alain Pinel Realtors \$8669,000 3bd 2ba 1420 Munras Ave KW Casatal Estates \$950,000 3bd 2ba 142 Spray Ave Coldwell Banker Del Monte Realty \$995,000 3bd 2ba 1110 Sylvan Place Sotheby's Int'l RE \$1,050,000 3bd 3ba 800 Jessie St Coldwell Banker Del Monte Realty \$1,298,000 5bd 3ba 6 Antler Pl The Jacobs Team	622-1040 Sa 11-3 Su 10-12, 14 Monterey 214-284-4347 / 210-3852 Sa 11-2 Monterey 596-6141 Sa 1-4 Monterey 236-4318 Sa 12-2 Monterey 747-1514 Sa 11-1:30 Monterey 236-7976
Alain Pinel Realtors \$869,000 3bd 2ba 1420 Munras Ave KW Coastal Estates \$950,000 3bd 2ba 142 Spray Ave Coldwell Banker Del Monte Realty \$995,000 3bd 2ba 1110 Sylvan Place Sotheby's Int'l RE \$1,050,000 3bd 3ba 800 Jessie St Coldwell Banker Del Monte Realty \$1,298,000 5bd 3ba 6 Antler Pl The Jacobs Team \$2,300,000 5bd 3.5ba	622-1040 Sa 11-3 Su 10-12, 14 Monterey 214-284-4347 / 210-3852 Sa 11-2 Monterey 596-6141 Sa 14 Monterey 236-4318 Sa 12-2 Monterey 747-1514 Sa 11-1 Su 11-1:30 Monterey 236-7976 Sa 1:30-4 Su 1-4
Alain Pinel Realtors \$8669,000 3bd 2ba 1420 Munras Ave KW Casatal Estates \$950,000 3bd 2ba 142 Spray Ave Coldwell Banker Del Monte Realty \$995,000 3bd 2ba 1110 Sylvan Place Sotheby's Int'l RE \$1,050,000 3bd 3ba 800 Jessie St Coldwell Banker Del Monte Realty \$1,298,000 5bd 3ba 6 Antler Pl The Jacobs Team	622-1040 Sa 11-3 Su 10-12, 14 Monterey 214-284-4347 / 210-3852 Sa 11-2 Monterey 596-6141 Sa 14 Monterey 236-4318 Sa 12-2 Monterey 747-1514 Sa 11-1 Su 11-1:30 Monterey 236-7976 Sa 1:30-4 Su 1-4
Alain Pinel Realtors \$8669,000 3bd 2ba 1420 Munras Ave KW Coastal Estates \$950,000 3bd 2ba 142 Spray Ave Coldwell Banker Del Monte Realty \$995,000 3bd 2ba 1110 Sylvan Place Sotheby's Int'l RE \$1,050,000 3bd 3ba 800 Jessie St Coldwell Banker Del Monte Realty \$1,298,000 5bd 3ba 6 Antler Pl The Jacobs Team \$2,300,000 5bd 3.5ba 114 Don Dahvee Lane	622-1040 Sa 11-3 Su 10-12, 1-4 Monterey 214-284-4347 / 210-3852 Sa 11-2 Monterey 596-6141 Sa 1-4 Monterey 236-4318 Sa 12-2 Monterey 747-1514 Sa 11-1 Su 11-1:30 Monterey 236-7976 Sa 1:30-4 Su 1-4 Monterey

Continues next page



WELCOME to the AT&T Pebble Beach Pro-Am!

So many BIG Reasons to work with DAVID

- Life-long Peninsula Resident
- Represents Buyers & Sellers
- Specializes in Customer Service

DAVID CRABBE dcrabbe@comcast.net 831.320.1109 DRE: 1306450

The Carmel Pine Cone

BROCCHINI From page 18RE

markets have double-digit gains, but these gains are misleading, as the real estate market was crushed in 2008. There is a validity in comparing 2018 with 2008 as it shows how

we have advanced since the bottom of the market, but we need to put that comparison into perspective.

To understand where we really are in relation to the past, we need to go back 11 years to 2007, the peak year prior to the crash. Doing that produces some numbers which paint a more accurate picture.

dian prices in Pebble Beach have declined 31 percent, and in Carmel Valley, 23 percent. In the other communities, the 11-year median numbers are better: Carmel-by-the-Sea, up 24 percent, Camel Highlands, up 84 percent, Carmel Area, up 3 percent, Monterey, up 7 percent, and Pacific Grove, up 15 percent over

can do is estimate what might happen based on the evidence at hand. With this in mind, it seems 2019 may be a transition year into a slower market, but don't bet on it just yet!

Paul Brocchini and Mark Ryan are real estate agents with Carmel Realty Company, NE Corner of Dolores & Eighth, Carmel-by-the-Sea. They can be reached at (831) 238-1498

the last 11 years. When we try to predict the future, all we For example, measuring since 2007, meor (831) 601-1620. **OPEN THIS SATURDAY 1-5 • CALL FOR PRIVATE APPOINTMENT** 7,806 SF PEBBLE BEACH \$9,795,000 4 BEDS 4 FULL + 2 HALF BATHS .88 ACRES ROB PROFETA 831.601.5212 JUDIE PROFETA 831.601.3207 BROKER ASSOCIATE LIC# 01313907 OWNER/BROKER APR CARMEL LIC# 00703550 ALAIN PINEL ROBP@APR.COM JPROFETA@APR.COM JUDIEPROFETA.COM

OPEN HOUSES

From previous page

PACIFIC GROVI	Ξ
\$625,000 2bd 2ba	Fr 2-5 Sa 1-4
608 Acorn Court Sotheby's Int'l RE	Pacific Grove 238-8688 / 869-2424
/	
\$665,000 1+bd 1ba 213 Wood St	Sa 11-1 Pacific Grove
The Jones Group	917-4534
\$829,000 4bd 2ba	Sa 11-1
908 Sunset Drive	Pacific Grove 236-4935
The Jones Group \$895.000 4bd 2.5ba	230-4933 Sa 12-4
\$895,000 4bd 2.5ba 1012 Benito Ave	Pacific Grove
Coldwell Banker Del Monte Realty	596-6118 / 917-1680
\$942,000 3bd 2ba	Sa 1-4 Su 12-2
632 Spazier Avenue	Pacific Grove
Sotheby's Int'l RE \$949,000 3bd 2ba	293-4190 / 915-2341
\$949,000 3bd 2ba 902 Hillcrest Ct	Sa 12-2 Pacific Grove
Team Beesley	236-6876
\$965,000 3bd 1.5ba	Sa 12:30-2:30
1017 Avalon Place Sotheby's Int'l RE	Pacific Grove 650-248-5030
\$1,085,000 3bd 2ba	Sa 1:30-3:30
1130 Ripple Ave	Pacific Grove
The Jones Group	915-1185
\$1,099,000 2bd 1ba	Sa 1:30-3:30
56 17 Mile Drive	Pacific Grove 917-4534
The Jones Group \$1,199,000 2bd 1.5bg	917-4334 Sa 12-4
1010 Del Monte Blvd	Pacific Grove
Coldwell Banker Del Monte Realty	884-3919
\$1,299,000 3bd 2ba	Sa Su 1-4
831 Marino Pines Road Sotheby's Int'l RE	Pacific Grove 402-3800 / 540-3997
Someby S mit KL	402-3000 / 340-399/

\$2,178,000 3bd 2ba	Sa 11-2 Su 11:30-
155 12th St	Pacific Grov
Coldwell Banker Del Monte Realty	620-2117
PASADERA	
1,438,000 3bd 3ba	Sa 1-
02 Las Brisas Dr	Pasader
be Jacobs Team	236-797

51,438,000 3bd 3ba	Sa 1-3
102 Las Brisas Dr	Pasadera
The Jacobs Team	236-7976
32,495,000 4bd 4.5ba	Sa 1-3
110 Via Del Milagro	Pasadera
The Jacobs Team	236-7976

PEDDLE DEAU	
\$1,050,000 3bd 3ba	Sa 1-4
4080 Los Altos Dr	Pebble Beach
Monterey Peninsula Home Team	917-8190
\$1,195,000 4bd 2ba	Su 1-4
3005 Sloat Road	Pebble Beach
Sotheby's Int'l RE	293-4190
\$1,199,000 3bd 2ba Sa	10:30-12:30, 1-4 Su 11-3
4121 Sunridge Rd	Pebble Beach
KW Coastal Estates	210-3852 / 594-0851
\$1,395,000 4bd 3ba	Sa 1-4
1171 Chaparral Rd	Pebble Beach
Coldwell Banker Del Monte Realty	626-2222
\$1,399,000 3bd 2ba	Fr 2-4 Sa 2-4 Su 1-3:30
2888 Oak Knoll Road	Pebble Beach
Alain Pinel Realtors	622-1040
\$1,470,000 5bd 3ba	Sa 1-4 Su 1-3
4103 Crest Road	Pebble Beach
Alain Pinel Realtors	622-1040
\$1,895,000 4bd 3ba	Sa Su 11:30-1:30
1183 Lookout Rd	Pebble Beach
Coldwell Banker Del Monte Realty	917-9857
\$1,995,000 4bd 4.5+ba	Fr 12-2 Sa 12-3
4167 Sunset Lane	Pebble Beach
Sotheby's Int'l RE	915-9927 / 887-8022
\$1,995,000 3bd 2.5ba	Sa 1-3
2897 Galleon Rd	Pebble Beach
Coldwell Banker Del Monte Realty	333-6261

\$1,995,000 3bd 3ba	Sa 1-3
2908 Oak Knoll Road	Pebble Beach
Coldwell Banker Del Monte Realty	626-2222
\$2,879,000 4bd 3.5ba	Sa Su 2-4
1060 Rodeo Road	Pebble Beach
Sotheby's Int'l RE	238-3444 / 214-2250
\$2,895,000 3bd 3ba	Sa 12-2
1642 Sonado Rd	Pebble Beach
Coldwell Banker Del Monte Realty	626-2222
\$3,290,000 4bd 3ba	Sa 1-4
4008 Sunridge Road	Pebble Beach
Alain Pinel Realtors	622-1040
\$4,395,000 4bd 4.5ba	Sa Su 2-4
3892 Ronda Rd	Pebble Beach
Coldwell Banker Del Monte Realty	626-2222



\$6,125,000 4bd 4.5+ba	Sa 2-4 Su 11-1
3057 Cormorant Rd	Pebble Beach
Coldwell Banker Del Monte Realty	626-2222
\$6,395,000 4bd 4.5+ba	Sa 1-3
32 Poppy Ln	Pebble Beach
The Ruiz Group	277-8712
\$9,995,000 5bd 5.5ba	Sa 1-4
1487 Padre Ln	Pebble Beach
Coldwell Banker Del Monte Realty	626-2222

PRUNEDALE	
\$725,000 3bd 2ba	Su 12-2
6705 Leon Drive	Prunedale
Sotheby's Int'l RE	238-8688
SALINAS	
\$470,000 4bd 2ba	Fri 4-6 Sa 9-11
1355 Bolera Avenue	Salinas
Monterey Coast Realty	594-9402
\$639,000 4bd 2ba	Sa 12-3
9901 Madras Place	Salinas
Sotheby's Int'l RE	905-2842
\$639,000 3bd 2.5ba	Sa Su 1:30-3:30
17516 Woodridge Court	Salinas
Sotheby's Int'l RE	650-773-4423
\$2,895,000 5bd 5.5ba	Sa 1-3
364 San Benancio Rd	Salinas
Coldwell Banker Del Monte Realty	626-2222
SEASIDE	
\$829,000 4bd 2.5ba	Fr Sa 2-5
4513 Sea Cliff Court	Seaside
Sotheby's Int'l RE	915-0626
SPRECKELS	
\$715,000 4bd 3bα	Sa 1-4
64 4th Street	Spreckels
Sotheby's Int'l RE	229-0092
WATSONVILLE	
\$319,000 3bd 2ba	Sa 12-2
144 Holm Rd	Watsonville
KW Coastal Estates	392-5609
Carmel reads The Pine	e Cone

Coming to The Carmel Pine Cone in 2019!





Publication date: March 15, 2019



Publication date: March 29, 2019

Call your rep today to be included in our Healthy Lifestyles and In Your Dreams special section!

Meena Lewellen • (831) 274-8655 meena@carmelpinecone.com

Jung Yi-Crabbe • (831) 274-8646 jung@carmelpinecone.com

Jessica Caird • (831) 274-8590 jessica@carmelpinecone.com

February 1, 2019

В $() \mid$

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20190014 The following person(s) is(are) doing business

As: As: WFAFN Insurance Agency, 26135 Car-mel Road Blvd, Suite E-200, Carmel, CA 93923, County of Monterey Registered Owner(s): Wells Fargo Advisors Financial Network, LLC, One North Jefferson Street, St. Louis, MO 63103: Delaware

One North Jeffers 63103; Delaware This business is conducted by a limited liabil

Inis business is conducted by a limited liabil-ity company Registrant commenced to transact business under the fictilitous business name listed above on 05/20/2009 S/ Joel Jessen, Vice President This statement was filed with the County Clerk of Monterey County on January 2, 2019 1/18, 1/25, 2/1, 2/8/19 CNS-3209697# CARMEL PINE CONE Publication dates: Jan. 18, 25, Feb. 1, 8,

Publication dates: Jan. 18, 25, Feb. 1, 8, 2019. (PC107)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20190013 The following person(s) is(are) doing business

as: as: WTA California Insurance Agency, 26135 Carmel Road Blvd., Suite E-200, Carmel, CA 93923, County of Monterey Mailing address: 401 South Tryon Street, Charlotte, NC 28202 Registered Owner(s): Wells Fargo Advisors Insurance Agency, LLC, 901 E. Byrd Street, Richmond, VA 23219; Virninia

Virginia This business is conducted by a limited liabil-

This business is conducted by a mineral radar ity company Registrant commenced to transact business under the fictitious business name listed above on 01/27/2010 S/ Joel Jessen, Vice President This statement was filed with the County Clerk of Moniterey County on January 2, 2019 1/18, 1/25, 2/1, 2/8/19 **FNLS3706/08#**

CNS-3209598# CARMEL PINE CONE Publication dates: Jan. 18, 25, Feb. 1, 8, 2019. (PC108)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20182475 The following person(s) is(are) doing business as: GATHER SOLUTIONS, 64 Geil St. Apr. 3, Salinas, CA 93901. County of Principal Place of Business: Monterey. County of Monterey.

Monterey. Registered Owner(s): REBECCA ELAINA FONTAINE, 64 Geil St. Apt. 3, Salinas, CA 93901. This business is conducted by an individual. The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 11, 2018.

The registrant commencéd to transact business under the ficitious business name or names listed above on Dec. 11, 2018. S/Rebecca E. Fontaine Dec. 17, 2018 BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) (B&P Code 17913). I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277). This statement was filed with the County Clerk of Monterey County on Dec. 17, 2018. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement mus be filde before the expiration. The filing of this statement does not of itself authorize the use in this state, or common law [See Section 1411] et seq. a ricinious business intame in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: ORIGINAL FILING Publication dates: Jan. 11, 18, 25, Feb. 1, 2019. (PC109)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20190052 The following person(s) is(are) doing business as: LOS DE SONORA MX, 1027 Amador Ave., Seaside, CA 93955. County of Principal Place of Business: Monterey. Registered Owner(s): CHRIS ECHEVERNIA VALDEZ, 1027 Amador Ave., Seaside, CA 93955. This business is conducted by an individual. The registrant commenced to transact business under the facture.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A. S/Chris Echeverria Valdez Jan. 8, 2019

Si Clinis Ecleventa Valdez Jan. 8, 2019 BY SiGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilly of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) (B&P Code 17913). I am also aware that all Information on this statement becomes

(B&P Code 17913). I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277). This statement was filed with the County Clerk of Monterey County on Jan. 8, 2019. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant, to Section 17913 other; statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictilious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictilious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: ORIGINAL FILING Publication dates: Jan. 11, 18, 25, Feb. 1, 2019. (PC110) California Public Records Act (Government Code Sections 6250-6277). This statement was filed with the County Clerk of Monterey County on Jan. 8, 2019. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fights of another under Federa(). State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: ORIGINALFILING Publication dates: Jan. 11, 18, 25, Feb. 1, 2019. (PC111)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20190068 The following person(s) is(are) doing business as: ODYSSEY TOURS, Junipero and Ocean, Carmel By The Sea, CA 93921. Mailing address: 1070 https://www.sea.com/ Mailing/address: 1070 https://www.sea.com/ Address: 1070 https://www.sea.com/ Mailing/address: 1070 https://www.sea.com/ Address: 1070 https://www.sea.com/ Address:

y3y21. Mailing address: 1270 Military Ave., Seaside, CA 93955. County of Principal Place of Business: Monterey.

Monterey, Registered Owner(s): ASHLEY MARIE HERNANDEZ, 1270 Military Ave., Seaside, CA 93955. This business is conducted by an individual. The registrant commenced to transact business under the fictificus business name or names listed above on Jan. 8, 2019. S/Ashley Marie Hernandez Jan. 8, 2019

Dusliess inder ine inclined business name of names listed above on Jan. 8, 2019. S/Ashley Marie Hernandez Jan. 8, 2019 BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) (B&P Code 17913). I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277). This statement was filed with the County Clerk of Monterey County on Jan. 8, 2019. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 1441) et seq., Business and Professions Code). Filing type: ORIGINAL FILING Public Contaries Jan. 11, 18, 25, Feb. 1, Avance Statement enters

Filing type: ORIGINAL FILING Publication dates: Jan. 11, 18, 25, Feb. 1, 2019. (PC112)

SUPERIOR COURT OF CALIFORNIA COUNTY OF MONTEREY

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No.19CV000166 TO ALL INTERESTED PERSONS: peti-er, ELSA VILLALOBOS, filed a petition tioner, ELSA VILLAIOBOS, filed a perman with this court for a decree changing names as follows: <u>A Present name</u>: ELSA VILLAIOBOS

Proposed name: ELSA R. VILLALOBOS

ELSA R. VILLALOBOS THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that in-cludes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition is slundly of be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

tiled, the court may grant the petition without a hearing. NOTICE OF HEARING: DATE: March 1, 2019 TIME: 9:00 a.m. DEPT: 14 The address of the court is 1200 Aguaji-to Road, Monterey, CA 93940. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in

newspaper of general circulation, printed in this county: The Carmel Pine Cone, Carmel.
 (s) Susan J. Matcham Judge of the Superior Court Date filed: Jan. 10, 2019
 Publication dates: Jan. 18, 25, Feb. 1, 8, 2019. (PC114)

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME File No. 20182521 The following person(s) is(are) doing business as: 877 ASSOCIATES, 877 Pacific Street Suite 300, Monterey, CA 93940. County of Principal Place of Business: Monterey. Name of Individual Registrant(s): J. BRECK TOSTEVIN, 877 Pacific Street, Ste 300, Monterey, CA 93940. DENNIS D. FOREST, 877 Pacific Street, Ste 300, Monterey, CA 93940. KATHY K. KOBATA, 877 Pacific Street, Ste 300, Monterey, CA 93940. State of Inc./Org./Reg.: CA This business is conducted by a general part-nership.

or common law (See Section 14411 et seq., Business and Professions Code). Filing type: ABANDONMENT: County of Filing: Monterey Date of Original Filing: Dec. 26, 2013 File No.: 20132408 Publication dates: Jan. 18, 25, Feb. 1, 8, 2019. (PC113)

FICTITIOUS BUSINESS NAME STATEMENT File No. 2019/0001 The following person(s) is(are) doing business as: CENTRAL COAST LANGUAGE AND LEARNING CENTER, 787 Munras Avenue, Monterey, CA 93940. County of Principal Place of Business: Monterey.

County of Principal ridce of pusitiess. Moniterey. Name of Corporation of as shown in the Ar-ticles of Inc./Org./Reg.: CENTRAL COAST LANGUAGE AND LEARNING CENTER, 787 Munras Avenue, Monterey, CA 93940. State of Inc./Org./Reg.: CA This business is conducted by a corporation. The registrant commenced to transact business under the fictilious business name or names listed above on March 15, 2006. S/Jennifer D'Attelio, CFO Dec. 26. 2018

Dusiness inter incluious business indine or names listed above on March 15, 2006. S/Jennifer D'Attelio, CFO Dec. 26, 2018 BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registront who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) (B&P Code 17913). I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government California Public Records Act (Government Code Sections 6250-6277). This statement was filed with the County (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was field in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the subdivision (b) of its statement does not fitsel authorize the use in this state of a Fictilious Business Name in violation of the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictilious Business Name in violation of the registered owner. A new Fictilious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictilious Business Name in violation of the register of another under Federal, State, or common law (See Section 1441) et seq. Business and Professions Code). Filing type: NEW FILING- with CHANGE(S) publication dates: Jan. 18, 25, Feb. 1, 8, 2019. (PC115)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20190135

File No. 2019/0133 The following person(s) is(are) doing business as: PEERLESS DETAILING, 3845 Via Nona Marie, Carmel, CA 93922. Mailing address: P.O. Box 223077, Carmel, CA 93922. County of Principal Place of Business:

County of Principal Place of Business: Monterey. Registered Owner(s): BRYAN MATTHEW DOBYNS, 3845 Via Nona Marie, Carmel, CA 93922. This business is conducted by an individual. The registrant commenced to transact business under the fictitious business name or names listed above on Aug. 15, 2013. S/Bryan Dobyns Jan. 15, 2019 PX SIGNING. L DECLARE THAT ALL

names listed above on Aug. 15, 2013. S/Bryan Dobyns Jan. 15, 2019 BY SiGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) (B&P Code 17913). I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the Code Sections 6250-6277). This statement was filed with the County Clerk of Monterey County on Jan. 15, 2019. NOTICE-In accordance with Subdivision (a) of Section 17920, a fictificus Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days of registered owner. A new Fictifious Business Name Statement must be filed before the expiration. The filing of this statement does not of istelf authorize the use in this state of a registered owner. A new Fictifious Business Name Statement must be filed before the expiration. The filing of this statement does not of istelf authorize the use in this state end of the Ignuthorize the use in this state of a registered owner. A new Fictifious Business Name Statement must be filed before the expiration. The filing of this statement does not of istelf authorize the use in this state of a registered another under Federa(, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: ORIGINAL FILING Publication dates: Jan. 18, 25, Feb. 1, 8, 2019. (PC117)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20190002 following person(s) is(are) doing The

business as: 1. RICKETTS CUSTOM WOODWORKS 2. SR CONTRUCTION 1128 Presidio Blvd., Pacific Grove, CA

93950.

93950. County of Principal Place of Business: Monitery. Registered Owner(s): STEN JAMES RICKETTS, 1128 Presidio Blvd., Pacific Grove, CA 93950. This business is conducted by an individual. The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 12, 2018. S/Sten Ricketts

S/Sten Ricketts S/Shen Kicketts Dec. 12, 2018 BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a indemagenc punished be by a fine not to

(a) of Section 17920, a Fictitious Name County of Principus Monterey, Registered Owner(s): ARMANDO DOMINGUEZ, 888-B El Camino Real North, Salinas, CA 93907. This business is conducted by an individual. The registrant commenced to transact business under the fictitious business name or names listed above on Nov. 30, 2008. S/Armando Dominguez (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictilious Business Name Statement must be filed before the expiration. The filing of this state of a fictilious Business Name in violation of the names listed above on Nov. 30, 2008. S/Armando Dominguez Jan. 16, 2019 BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilhy of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) [B&P Code 17913]. I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the Code Sections 6250-6277). This statement was filed with the County Clerk of Monterey County on Ion. 16, 2019. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days of registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a ficitious Business Name in violation of the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: ORIGINAL FILING Publication dates: Feb. 1, 8, 15, 22, 2019. (PC126) a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: NEW FILING - with CHANGE[S] from the previous filing Publication dates: Jan. 25, Feb. 1, 8, 15, 2019 (PC118)

County of Principal Place of Business:

FICTITIOUS BUSINESS NAME STATEMENT File No. 20190145 The following person(s) is (are) doing business or:

The following person(s) is (are) doing business as: POLLOCK ORORA, 532 WORK STREET, SALINAS, CA 93901 County of MONTEREY Registrant(s): Pollock Investments Incorporated, Which Will Do business in Californiaas Pollock Paper Distributors, 6600 VALLEY VIEW ST, BUENA PARK, CA 90620 This business is conducted by a Corporation Registrant commenced to transact business under the fictilious business name or names listed above on 11/28/2018. Pollock Investments Incorporated, Which Will Do business in Californiaas Pollock Paper Distributors

S/ COLLEEN CONNELLY, SECRETARY

S/ COLLEEN CONNELLY, SECRETARY, This statement was filed with the County Clerk of Monterey County on 01/16/2019. 2/1, 2/8, 2/15, 2/22/19 CNS-3211290# CARMEL PINE CONE Publication dates: Feb. 1, 8, 15, 22, 2019. (PC201)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20190176 The following person(s) is(are) doing business as: EL PASEO BULLDING, 25575

Arroyo Trail, Carmel, CA 93923. County of Principal Place of Business:

Arroyo Iran, Santa, County of Principal Place of Business: Monterey, Registered Owner(s): RODERICK LERCY DEWAR, 200 Glenwood Circle #521, Monterey, CA 93940. JEAN CLAUDE MOUTON, 25575 Arroyo Trail, Carmel, CA 93923 This business is conducted by a joint venture. The registrant commenced to transact business under the fictifious business name or names listed above on May 28, 1975 S/Roderick Leroy Dewar Jan. 18, 2019

names listed above on May 28, 1975 S/Roderick leroy Dewar Jan. 18, 2019 BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) [B&P Code 17913]. I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Cade Sections 0250-0277). This statement was filed with the County Clerk of Monterey County on Jan. 18, 2019. NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the

Distributors

statement pursuant to Section 17913 other

statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictilious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictilious Business Name in violation of the rights of another under Federal, State, or common law [See Section 1441] et seq., Business and Professions Code]. Filing type: ORIGINAL FILING Publication dates: Feb. 1, 8, 15, 22, 2019. (PC202)

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME File No. 20190088 The following person(s) is(are) doing business as: BIG SUR DENTAL, 46896 Highway 1, Big Sur, CA 93920. County of Principal Place of Business: Monterey.

Highway 1, big sur, CA 73720. County of Principal Place of Business: Monterey. Name of Individual Registrant(s): MARTA ELIZABETH MESIA, 412 Island Rd., Etna, CA 96027. This business is conducted by an individual. The registrant commenced to transact busi-ness under the fictitious business name or names listed above on

names listed above on S/ Marta F

SUPERIOR COURT OF CALIFORNIA COUNTY OF MONTEREY ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. 19CV000262 TO ALL INTERESTED PERSONS: peti-tioner, PHILLIP HOLMAN WIDMER, filed a petition with this court for a decree changing

Proposed name: WYATT HOLMAN WIDMER THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show

course, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that in-cludes the reasons for the objection at least two court days before the matter is scheduled to be beford and must appear at the beaution

to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without

filed, the court may grant the petition without a hearing. NOTICE OF HEARING: DATE: March 15, 2019 TIME: 9:00 AM DEPT: 14 The address of the court is 1200 Aguaji-to Road, Monterey, CA 93940. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Carmel Pine Cone, Carmel. (s) Susan J. Matcham Judge of the Superior Court Date filed: Jan. 17, 2019 Publication dates: Feb. 1, 8, 15, 22, 2019. (PC204)

Publication date: Jan. 25, Feb. 1, 2019 (PC124)

imes as follows: A.<u>Present name</u>: PHILLIP HOLMAN WIDMER

Publicatio (PC202)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20190060 following person(s) is(are) doing

2019. (PC118)

business as: Talbott Vineyards, 1380 River Road, Salinas, CA 93908, County of Monterey; Address: 600 Yosemite Blvd., CA 95354 Mailing Modesto

Modesto, CA 95354 Registered Owner(s): E. & L. Gallo Winery, 600 Yosemite Blvd., Modesto, CA 95354; CA This business is conducted by a Corporation Registrant commenced to transact business under the ficitious business name listed above on N/A

under the fictitious business name listed above on N/A S/ Richard S. Grey, Vice President This statement was filed with the County Clerk of Monterey County on January 8, 2019

number or gender: SELLER: Lanny C. Rose & Linda M. Rose Ocean Avenue S, PO Box 5935, Carme

BUYER: Hans Hess & April Arden Hess or Assignee Ocean Avenue S, PO Box 5935, Carmel, CA 93921

Ocean Avenue S, PO Box 5935, Carmel, CA 93921 DATE OF CONSUMMATION: February 12,

DATE OF CONSUMMATION: February 12, 2019 LAST DAY TO FILE CLAIMS: February 11, 2019 ESCROW HOLDER: WILLIAM DUNN ES-CROW, INC., 1350 Dell Avenue, Suite 204, Campbell, CA 95008 Notice is hereby given that Seller intends to make a bulk sale of the assets of the above described Business to Buyer including all stock in trade, furniture, and equipment used in said Business, to be consummated at the effice of the Escrow Holder at the time of consummation or thereafter. Creditors of the Seller may file claims with the Escrow Holder on or before the last day to file claims stated above. This sale is subject to California Com-mercial Code 6106.2. Seller has used the following other business names and addresses within the last three years so for as known to Buyer: None Hans Hess & April Arden Hess BY: WILLIAM DUNN ESCROW, INC. Agent for Buyer - Susan Berry, Pres. 1275/10

Agent for Buyer - Susan Berry, Pres. 1/25/19

1/25/19 CNS-3213741# CARMEL PINE CONE Publication dates: Jan. 25, 2019. (PC120)

FICTITIOUS BUSINESS

The following person(s) is(are) doing business

as: Simon Med Imaging, 665 Munras Ave., Ste 109, Monterey, CA 93940, County of

Moniterey Mailing address: 6900 E. Camelback Rd. Ste. 700, Scottsdale, AZ 85251 Registered Owner(s): Health Diagnostics Of California, LLC, 6900 E. Camelback Rd. Ste. 700, Scottsdale, AZ 85251; CA

This business is conducted by a limited liability company Registrant commenced to transact business under the fictitious business name listed under the fictitious business name above on 01. Oct. 2018 / Howard John Simon, MD, Manager is statement was filed with the County

of Monterey County on January 11, 2019 1/25, 2/1, 2/8, 2/15/19

CARMEL PINE CONE Publication dates: Jan. 25, Feb. 1, 8, 15, 2019. (PC121)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20190165 The following person(s) is(are) doing business

The following person(s) is(are) doing business as: Robinson Fresh, 100 Wilson Road, Suite 200, Monterey, CA 93940 Registered Owner(s): C.H. Robinson Company, Inc. 14701 Charl-son Road, Suite 1200, Eden Prairie, MN 55347, Minnesota This business is conducted by a corporation Registrant commenced to transact business under the fictitious business name listed above on 01/01/2019 S/ Nathan Zietlow, Treasurer This statement was filed with the County Clerk of Monterey County on January 17, 2019 1/25, 2/1, 2/8, 2/15/19 CNS-3214530# CARMEL PINE CONE

CNS-3211386#

Clerk

follows

BUSINESS: COTTAGE OF SWEETS

NOTICE OF BULK SALE (subject to Com. C. 6106.2) The following definitions and designations shall apply in this Notice without regard to

FICTITIOUS BUSINESS NAME STATEMENT File No. 20190051

Ihe tollowing person(s) is(are) doing business as: EL PATRON AUTO DETAILING, 1027 Amador Ave., Seaside, CA 93955. County of Principal Place of Business: Monterey.

Registered Owner(s): CHRIS ECHEVERRIA VALDEZ, 1027 Amadoi Ave., Seaside, CA 93955. Ave., Seaside, CA 93955. This business is conducted by an individual. The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 8, 2019. S/Chris Echeverria Valdez Jan. 8, 2019

S/Chris Echeverina value2 Jan. 8, 2019 BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) (B&P Code 17913). I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the

The registrant commenced to transact busi-ness under the fictitious business name or names listed above on _____. S/ Kathy Kobata, A General Partner Dec 11 - 2018

Additional and the second seco

LEGALS DEADLINE: Tuesday 4:30 pm Call Irma (831) 274-8645 irma@carmelpinecone.com misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000] (B&P Code 17913). I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277). This statement was filed with the County Clerk of Monterey County on Jan. 2, 2019. NOTICE-In accordance with Subdivision

CARMEL PINE CONE Publication dates: Jan. 2019. (PC122) Jan. 25, Feb. 1, 8, 15,

FICTITIOUS BUSINESS File No. 20190156

The following person(s) is(are) doing business as: ALL ENERGY ELECTRIC, 888-B El Camino Real North, Salinas, CA 93907.



The Home & Garden Section is Published Every Other Week

Jessica (831) 274-8590 jessica@carmelpinecone.com

Visit us at www.carmelpinecone.com

21716 OF THE BUSINESS &I PROFESSIONS CODE, SECTION 2328 OF THE UCC, SECTION 535 OF THE PENAL CODE AND PROVISIONS OF THE CIVIL CODE.

AUCTION NOTICE NOTICE IS HEREBY GIVEN THAT THE UNDERSIGNED INTENDS TO A LIEN IMPOSED ON SAID PROPERTY DESCRIBED BELOW TO ENFORCE A LIEN IMPOSED ON SAID PROPERTY PURSUANT TO SECTIONS 217-

LIEN SALE AUCTION ADVERTISEMENT

Notice is hereby given that a public lien sale of the following described personal property will be held at **1pm** on **February 8th**, **2019** at **www.selfstorageauction**.

com. The property is stored at StoragePro of Carmel, 9640 Carmel Valley Road, Carmel, CA 93923. The items to be sold are generally described as

This notice is given in accordance with the provisions of Section 21700, et seq.,

NAME OF TENANT..... GENERAL DESCRIPTION OF GOODS

Lauren Steege 10+boxes/bags/totes, toys, furniture

of the Business & Professions Code of the State of California.

MONTEREY MILLERS SELF STORAGE THE UNDERSIGNED WILL SELLAT PUBLIC AUCTION BY COMPETITIVE BIDDING AT 12:15 P.M. ON TUESDAY FEBRUARY 5, 2019 LOCATED AT MILLERS SELF STORAGE, 302 RAMONA AVE, MONTEREY, CA COUNTY OF MONTEREY, STATE OF CALIFORNIA, THE FOLLOWING: IOHN GRENZ GUITAR CASE, COFFEE TABLE, BOXES FERNANDA GARCIA..... ...MISC PLASTIC BAGS ...MISC PLASTIC BAGS ..LUGGAGE, SPEAKERS, BOXES ..MISC BOXES, MISC PLASTIC BAGS KELLY COFER PERCY MCCRAY CYNTHIA SMITH .COLLECTIBLES,MAGAZINE/BOOK COLLECTIONS LAURISSA MONDRAGON TABLES, TOTES, PICTURES MICHAEL LESAGE MISC. BOXES BIKE, FURNITURE, MISC PLASTIC MICHAEL DAVIS BAGS TRUNK MISC FURNITURE CLOTHING TIFFANY SANDERS ...PLASTIC CONTAINERS, PET CAGE, CAROL LITZ-MCCHRYSTAL ... MISC BOXES .TOOLS, TOTES MARK RUSCA

PURCHASES MUST BE PAID FOR AT THE TIME OF PURCHASE IN CASH ONLY, ALL PURCHASED ITEMS SOLD "AS IS, WHERE IS", AND MUST BE REMOVED AT THE TIME OF SALE. SALE IS SUBJECT TO CANCELLATION IN THE EVENT OF SETTLEMENT BETWEEN OWNER ND OBLIGATED PARTIES.

JOE WARD 408-891-6108 CA BOND# MS237-04-79, JEFF 209-614-7441 CA BOND# MS153-13-71

Publication date: Jan 25, Feb.	1, 2019	(PC125)
--------------------------------	---------	---------

"For me, Teháma has always brought a sense of peace."

- CLINT EASTWOOD

INTRODUCING THE FIRST SEVEN OF THE FINAL HOMESITES

THE SANCTUARY \$1,500,000 | 13.16 acres THE FOREST \$1,800,000 | 7 acres

THE RESERVE \$2,000,000 | 10.01 acres **THE HILLTOP** \$2,500,000 | 15.43 acres

THE ROCK \$3,200,000 | 5.01 acres THE PROMONTORY \$5,000,000 | 11 acres THE SUMMIT \$6,250,000 | 10.05 acres

T E H Á M A

It was 40 years ago when Clint Eastwood first set foot on this majestic acreage crowning the hills above Carmel and vowed to preserve this incomparable land for generations to come. Today, Teháma is a model community for sustainability and stewardship of the land—where swaths of rolling hills and wooded canyons meet unmatched sightlines of Point Lobos, Monterey Bay and the Santa Lucia Range.

With only 90 homesites—60 of which have already been sold—Teháma is now bringing to market its final phase of developer homesites, each meticulously etched into its 2,040 acres of untrammeled land. Discover the legacy estate opportunities that await at Teháma today.

7 Teháma, Carmel, CA 93923 | info@tehamacarmel.com | 831.200.3756 | tehamacarmel.com

Buyer should review the public report issued by the Department of Real Estate, and all offering documents before signing anything. Buyer note the following: Teháma Golf Club membership is by invitation only and is not included in the purchase of property in Teháma. A Teháma Social Fitness Membership is offered to all lot purchasers in Teháma, subject to dues, fees, and applicable rules and regulations. The Teháma Golf Course, Clubhouse, and Fitness Center are privately owned facilities, which are subject to use by others who may not be lot owners. Purchasers of a Teháma property will not acquire a proprietary interest in the Teháma Golf Course, Clubhouse, or Fitness Center, which facilities are all subject to membership dues, fees, rules and regulations. Use of the Teháma Golf Course, Clubhouse, and Social Fitness Center is at the pleasure of the owner of the facilities. All images and photographs may not be to scale and all figures and dimensions may be subject to change, and are not intended to be relied upon for, nor form part of, any contract unless specifically incorporated in writing into the contract. Compass is a real estate broker licensed by the State of California and abides by Equal Housing Opportunity laws. License Number O1991628 101866771.

COLDWELL BANKER DEL MONTE REALTY

DELMONTE Find us online at: Facebook.com/ColdwellBankerDelMonteRealty



CARMEL | 3BR, 2.5BA | \$5,795,000 Wake up to the sound of the surf 831.626.2223



3930 RONDA ROAD PEBBLE BEACH OFFERED AT \$15,950,000

Enjoy beautiful views of Carmel Beach, Point Lobos and the ocean beyond from this European-style home. Sited on 1.53 landscaped acres with manicured hedges, meandering pathways, idyllic gardens, water features, a flowing brook, and several private patios, one with outdoor kitchen, the property is a garden-lovers delight. Designed by John Newcomb and built by Doug Borregaard with artful stonework throughout, radiant heated limestone floors with inlaid cedar planks, high cedar-beam ceilings, and fireplaces from the 17th Century. 831.626.2221



PEBBLE BEACH | 3BR,3.5BA | \$3,395,000 Mediterranean home with open floor plan 831.626.2223



CARMEL | 3BR, 3BA | \$2,395,000 Cheerful and welcoming Carmel cottage 831.626.2222



CARMEL | 3BR,3BA | \$989,000 Golf Lovers End Unit! 831.626.2224



CARMEL | 3BR, 2BA | \$3,050,000 Stunning new top-quality construction. 831.626.2222



CARMEL | 3BR,3.5BA |\$2,550,000 Open-concept bright and cheerful home. 831.626.2221



CARMEL | 3BR, 2.5BA | \$2,298,000 Renovated in 2018; single level home. 831.626.2223



PEBBLE BEACH | 4BR,3BA | \$1,895,000 Show off your corner of the famous Pebble Beach. 831.626.2223





PEBBLE BEACH | Approx. 0.210 Acres | \$699,000 Ready to build your dream home in Pebble Beach? 831.626.2223



CARMEL | 3BR, 3BA | \$1,649,000 Cozy feel of Aspen and the convenience of Carmel. 831.626.2224





CARMEL VALLEY | 3BR,2BA | \$2,495,000 California Mission-style adobe home 831.626.2221

MONTEREY | 3BR, 3.5BA |\$1,399,000 turnkey Monterey home with open floor plan 831.626.2224

PACIFIC GROVE | 4BR,2.5BA | \$895,000 Tucked in and surrounded by a tree Oasis. 831.626.2224

CARMEL-BY-THE-SEA Junipero 2 SW of 5th • Ocean 3NE of Lincoln 831.626.2221 • 831.626.2225 CARMEL RANCHO 126 Clock Tower Place, Ste 100 831.626.2222 PACIFIC GROVE 618 Lighthouse Ave • 650 Lighthouse Ave 831.626.2224 • 831.626.2226 PEBBLE BEACH At The Lodge 831.626.2223

ColdwellBankerHomes.com | ColdwellBanker.com | ColdwellBankerLuxury.com | CaliforniaHome.me | Facebook.com/ColdwellBankerDelMonteRealty

©2019 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Owned by a subsidiary of NRT LLC. Coldwell Banker and the Coldwell Banker Logo are registered service marks owned by Coldwell Banker Real Estate LLC.

JANUARY/FEBRUARY 2019

68

Ideas for good health you might actually enjoy

940

The Carmel Pine Cone HEALTH | NUTRITION | WISDOM | FAMILY | LIFE

Monterey Bay Eye Center

21 Upper Ragsdale Dr, Ste. 200 Ryan Ranch Monterey



We are Monterey Bay Eye Center, The best option for your eye care needs.

Full Medical, Surgical, and Optometric Eye Care Premium Lens Implants • Routine Eye Exams • Glaucoma Evaluations Custom Contact Lens Fittings • Diabetic Eye Care

NEW PATIENTS WELCOME

ROGER C. HUSTED, MD LELAND H. ROSENBLUM, MD KASEY NAKAJIMA, O.D.

- RYAN RANCH OPTICAL - EYEWEAR FOR EVERY LIFESTYLE, AGE & BUDGET.

montereybayeyecenter.com | 831.372.1500

Go ahead. Walk the dog. Don't let joint pain stop you.

Attend our **free seminar** on hip and knee replacement to learn if it's right for you.

FRIDAY, FEBRUARY 15, 10–11:30 a.m. Community Hospital conference room A

REGISTER: chomp.org/newjoint

INFORMATION: chomp.org/bonehealth | (831) 625-4994

The Orthopedic Center at Community Hospital of the Monterey Peninsula is the local leader in joint replacement.





Table of CONTENTS

January/February 2019

STORIES:

8 Fitness and Diabetes

Take a look at some of the ways our local doctors and dietitians are trying to keep kids and families from going down the road to Type 2 diabetes.

10 Low Impact Exercise

Sure, you know people whose idea of a good workout is a run around Pebble Beach. But you don't have to be a marathoner or do jumping jacks to stay fit.

14 The Lighter Side

People born in the winter months can sometimes be a bit saturnine. We'll take a moment to explain why to those of you whose birthdays are in summer..

18 Pro Files — Stephanie Taylor

Dr. Taylor, the local women's doctor with a devoted following, nearly wasn't a medical doctor at all. But thanks to the success of the space program, here she is.

20 Workout Corner

Pilates — named for Joseph Pilates, its founder — can be a bit intimidating from the outside and demands concentration and focus. But it gets the job done through the smallest of movements.

24 Sorting it Out:

Eggs are good for you! Eggs are bad for you! Which is it? Sally Baho takes a deep dive into the research and chats with a local cardiologistt.

28 The Kitchen: Batman Tortillas

OK, you won't end up looking like Adam West or Michael Keaton, but Montage's nutritionists have come up with a recipe you can make and enjoy with the whole family.





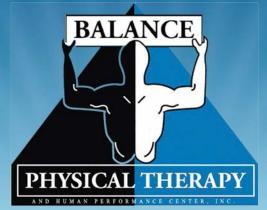






Do The Work! Feel Better.

Make an Appointment Today. Start Feeling Better Tomorrow.



Monterey County's BEST Orthopedic Manual Therapy, Therapeutic Exercise, Patient Education and Results!



Conditions We Treat/Services

- Orthopedic Injuries
- Post-surgical Rehab
- Joint Replacement/Reconstruction
 - Sports Rehab/Training
- Athletic Injuries
- Running Analysis
- Custom Foot Orthotics
- Sprains and Strains
- Motor Vehicle Accident (Whiplash)
- Arthritis Rehab
- Balance and Stability Programs (Vertigo)

- Golf Programs
- TMJ & Headache Physical Therapy
- Carpal Tunnel Syndrome
- Arthritic Pain
- Low Back Pain/Sciatica
- Neck Pain
- Shoulder & Elbow Pain
- Wrist & Hand
- Knee & Hip Injuries
- Foot & Ankle

Monterey 2260 N Fremont St 831-372-4782 Salinas 143 John St 831-422-4782



Our Expert Team Includes Board-Certified Doctors of Physical Therapy

John Farahmand, DPT, OCS Doctor of Physical Therapy Orthopedic Clinical Specialist Founder and CEO

Joseph Melo, DPT Doctor of Physical Therapy Director, Monterey

Renee Cunkle, DPT Doctor of Physical Therapy Miguel Vargas, DPT Doctor of Physical Therapy Certified Strength & Conditioning Specialist

Tyler Clements, DPT Doctor of Physical Therapy

Marc Lopez, DPT Doctor of Physical Therapy Andrew Baker, DPT, CSCS Doctor of Physical Therapy Certified Strength & Conditioning Specialist

Byanca Madrigal, DPT Doctor of Physical Therapy

Devesh Digwal, PT Physical Therapist Wendy Smith, PTA Physical Therapy Assistant

Gina Martorella, BS, AT Bachelors of Science, Athletic Trainer

Kristine Jespersen, BS, ATC Certified Athletic Trainer

Sonia Garcia, CMT Certified Massage Therapist

www.balancept.com



PUBLISHER PAUL MILLER paul@carmelpinecone.com

EDITOR ELAINE HESSER elaine@carmelpinecone.com

DESIGN VANESSA JIMENEZ vanessa@carmelpinecone.com

ANNE PAPINEAU anne@carmelpinecone.com

SHARRON SMITH sharron@carmelpinecone.com

PRODUCTION/SALES MANAGER JACKIE EDWARDS jackie@carmelpinecone.com

ADVERTISING SALES MEENA LEWELLEN • (831) 274-8655 meena@carmelpinecone.com

JESSICA CAIRD • (831) 274-8590 jessica@carmelpinecone.com

JUNG YI-CRABBE • (831) 274-8646 jung@carmelpinecone.com

DISTRIBUTION SCOTT MACDONALD scott@carmelpinecone.com

Healthy Lifestyles is published bimonthly by The Carmel Pine Cone 734 Lighthouse Ave., Pacific Grove CA 93950 © Copyright 2019 Carmel Communications, Inc. www.carmelpinecone.com

ON THE COVER Runners start off a healthy New Year at the Rio Resolution run. Photo: Michael Troutman

EDITOR'S NOTE



gratings!

I HOPE this finds you well and happy as we start 2019. You've no doubt made some resolutions to do things differently this year, perhaps in the areas of health and fitness. We're here to help. Sally Baho's going to give you the lowdown on why you don't have to beat yourself up to get some good exercise, while I explore the slightly idiosyncratic world of Pilates in the Workout Corner. Sally also visited a cardiologist to find out whether a good egg is just that — good for you — or loaded with heart-stopping cholesterol that we should avoid.

Speaking of food, Montage and CHOMP have a couple of great diabetes prevention programs aimed at kids and families, and they've shared a superhero's secret powerhouse tortilla recipe in The Kitchen. If you were born in the winter, you'll likely share the Lighter Side's view of why that can have you singing the blues. Finally, this issue's Pro File will tell you all about how Stephanie Taylor became a doctor because of a former president, and why she practices medicine at an old-school pace. Enjoy, and get out there and get healthy.

Elaine Hesser



As your eye doctors, we couldn't wish for better resolutions than a year of healthy vision.

EYE M.D. MONTEREY is a full service eye and vision care center where Doctors **Philip J. Penrose M.D.** and **Jennifer K. Sablad, O.D.**, along with their professional and compassionate staff provide the finest services on the Central Coast. We offer complete eye exams, contact lenses, glasses, glaucoma testing, and pre- and post-operative care. Our master optician will educate you and give you informed opinion on which glasses will best fit you and your lifestyle. WE CARRY a large selection of designer eyewear and sunglasses including Salvatore Ferragamo, Coach, Kate Spade, Tiffany, Ray Ban, Oakley, Maui Jim, Wiley X, Porsche Design, Nine West, Dior, Fysh, Hugo Boss, X Games, Disney, Flexon, and more. WE ARE dedicated to providing high-quality vision services in a comfortable environment. Come see for yourself.

Committed to the Health of Your Eyes

EYE M.D. MONTEREY at Ryan Ranch 21 Upper Ragsdale Dr. / Suite 201 Monterey, CA 93940 831.324.4730



EYE M.D. MONTEREY on Cass 880 Cass St. / Suite 105 Monterey, CA 93940 831.373.0183

eyemdmonterey.com

EYE EXAMS | LASER CATARACT SURGERY | LASIK | GLAUCOMA | DIABETES | COUTURE VISION OPTICAL

WHEN FITNESS ISAN INSIDE JOB CHOMP has local kids and families covered

By ELAINE HESSER

OBESITY IS such a common common condition that it seems to be the "new normal," despite its health consequences. Among those can be Type 2 diabetes. Community Hospital is all too well acquainted with the disease, which can lead to vision problems,



Ryann Williams



Leonard Sanders

loss of limbs and even death as blood sugar levels rise to dangerous highs.

The good news is that the disease can be prevented or controlled with diet, exercise and medication. Since "an ounce of prevention is worth a pound of cure," Montage Health, the company that operates CHOMP, has two programs that address diabetes among kids, and which can bring entire families into the equation along the way. That's good, because the advice is great for adults, too.

The first effort is called The Diabetes Collaborative, and it's part of the Community Health Initiative (a joint effort between Montage and Salinas Valley Memorial Health Care System), with support from the Monterey Bay Independent Physicians Association.

Pediatricians in Salinas and on the Peninsula taking part in the program refer children they believe are at risk of developing diabetes because of their weight, family history, inactivity or other factors. The children and their families then attend four weekly coaching sessions, in which they learn about healthy nutrition and activity.

The program, which began locally in May 2017, is based on a curriculum called 5-2-1-0, adapted from an obesity prevention initiative in Maine called "Let's Go!" The numbers refer to good daily habits: five servings of fruits and vegetables, only two hours of screen time, at least one hour of physical activity and zero sugary drinks. According to Leanne Wentworth, a registered dietitian with CHOMP, the program is recognized by the American Academy of Pediatrics.

It's designed to include the whole family, Wentworth said, and among other things, teaches them to "make a balanced plate" of nutritious foods. She said



L to R: Dan Navarro, Aidalea Romero, Taylor Gann, Jeremie Niduaza and Leanne Wentworth of Kids Eat Right.



that about 50 percent of participants come from the Peninsula, and the rest from Salinas. The coaches who do the teaching (either one-on-one or in groups) work with "a diversity of families," Wentworth said.

Because they deal with a wide variety of lifestyle and cultural differences, "The coaches have to learn how to properly meet the family, find out who cooks, whether the parents are working outside the home, and whether the kids walk to and from school or take the bus."

The coaches also ask where the participants' food comes from — is it a large grocery store or a tiny market with limited offerings? Once they learn what the family usually eats and how the meals are prepared, they can help home cooks figure out ways to lighten them up.

And that's just for starters. Sadly, there are neighborhoods where, Wentworth said, parents believe it isn't safe for the kids to exercise outdoors after school. They have to come up with other ways to get physical activity into their days.

That exercise is key to preventing and treating diabetes, according to Dr. Leonard Sanders, who is a specialist in that area. He noted that people with diabetes — and other chronic diseases — need to pay attention to numerous healthy behaviors, also called "self-care Coaches have to learn how to properly meet the family, find out who cooks, and whether the parents are working outside the home.

behaviors," and exercise aids in all of them.

For example, regular physical activity of about a half-hour a day for adults and an hour daily for kids at least five days a week improves mood and decreases feelings of anxiety and depression, which are common in people with chronic illnesses. It also improves strength and bone health, coordination and sleep. Sanders added that working out can decrease belly fat and enhance the immune system.

"It improves every aspect of your health. It's a wonder drug if you can find the time to do it," he said.

When people complete the Diabetes Collaborative program, they receive surveys after six months and one year. Wentworth said that so far, of 1,800 referrals, 775 kids and their families actively participated in

FITNESS cont. on page 16

Healthy Lifestyles 9

YOU DON'T HAVE TO HURT YOURSELF to improve joint health

By SALLY BAHO

WE ALL know exercise is good for us. Recall Newton's First Law of Motion, "A body in motion tends to stay in motion and a body at rest stays at rest." And of course, there's that friend who's in training for the Big Sur Marathon, or the neighbor who has discovered the grueling and trendy routines of CrossFit, but these intense aerobic exercises are not the only way to improve health. Low-impact exercise — gentler and less jarring — can be beneficial and important to our joints.

"We were made to move," said Dr. Richard Dauphiné, orthopedic surgeon at the Center for the Knee and Shoulder in Monterey. The way humans move is made possible by the amazing joints in our body from head to foot. The joints come together with "articular cartilage," a smooth, white tissue that covers the ends of our bones and is lubricated and nourished by something called synovial fluid. Movement of the joint pumps in the fluid and brings the nutrients to the cartilage. Inactivity — which means no fluid is pumped — has been shown to lead to the degradation of the cartilage. Exercise also triggers autophagy, a biological process where damaged cells in the joints are broken down and removed. Think of it as a kind of a clean-up.

"Preserving the articular cartilage is really important because if it's broken down or damaged we can't do anything to make it normal again," explained Daphiné. There is an operation for cartilage transplant, but that is a last resort in the case of extreme need, so it's better to focus on keeping our cartilage healthy.

What is the best way to keep our joints and their precious articular cartilage healthy? The answer is simple: by moving them.

Consider activities that are natural and engage your joints in their full range of motion. By doing so, you are ensuring that they are getting synovial fluid con-

tact to all surfaces of the cartilage. "Great exercises that accomplish this are yoga and tai chi," said Dauphiné. You may have seen groups of people doing tai chi in one of our many parks — it is a

JOINT HEALTH cont. on page 12



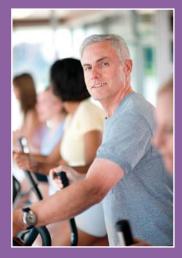
MONTEREY SPORTS CENTER DOWNTOWN MONTEREY

New YEAR, New YOU!

JANUARY DEALS

Purchase a One-Year Membership, **GET ONE-MONTH FREE**

SAVE OVER 20% on our 10-Visit Pass





- · Over 120 Classes a Week
- · Cardio/Weight Rooms
- · Functional Training Area
- · Personal Training
- · 2 Indoor Pools/Saunas
- · Gymnasium
- · Babysitting Service

301 East Franklin St., Monterey | 831-646-3730 | montereysportscenter.org |

JOINT HEALTH cont. from page 10

martial art that has evolved into a graceful form of exercise that ties together meditation and motion. It has been found to not only be a great way to get moving, but also to reduce stress.



Richard Dauphiné

"Movement is good, but a lot of loading is not good for your joints," said Dauphiné. That's what happens when you place a lot of weight — or weight in the form of force — on your joints. This can be done by overly heavy weightlifting, jumping or simply being overweight. "Weight accelerates wear," explained Dauphiné. That is why low-impact exercise is valuable to our body's longevity. Talli van Sunder,

a doctor of physical therapy and owner of In Stride Physical Therapy and Rehab in Pacific Grove explained, "Low-impact exercises are beneficial to your health because exercises such as strength training, tai chi, yoga and swimming work on improving your balance, flexibility, muscle/bone strength and endurance, which can correlate to an improved quality of life as you get older, increase your lifespan and can decrease your fall risk."

And be careful not to overdo it. A little stress is good — it allows for healthy growth. But, said van Sunder, "Too much high impact exercise can put excessive strain on your joints and cause injury."



Talli van Sunder

"If you compress the joints of your knees with exercise like heavy weightlifting, it drives the fluid out of the joint and begins to break down the surface of the cartilage," explained Dauphiné.

That being said, just get moving. Joint health depends on cartilage. And what keeps cartilage healthy is full range of movement for circulation. Go for a swim, explore tai chi, take a yoga class or just get outside and enjoy a walk. Our lovely shorelines and myriad trails provide great venues for low-impact strolls with incredible views that are sure keep you coming back for more. «



Although some people enjoy a good run, low-impact exercise can help you reap many of the same benefits.

12 Healthy Lifestyles

INDEPENDENT LIVING · ASSISTED LIVING · MEMORY CARE



Monterey seniors and families have even more to love about The Park Lane! Our growing Assisted Living and Memory Care services offer the perfect balance of independence and engaging lifestyles with the added support they need to thrive.

Exquisite, Luxury Senior Living Includes:

- Signature Assisted Living and Memory Care programs
- Individualized care plans tailored for present and future health goals
- Newly upgraded Memory Care neighborhood
- Beautiful location with panoramic views of Monterey Bay from our newly renovated Vista Lounge
- Culinary cuisine offering dishes

to delight any pallet

Live life to the fullest... Call for a tour today!



Luxury Senior Living by Pacifica

877.966.2986

RCFE: 275294322

200 Glenwood Cir. | Monterey, CA 93940 | ParkLaneMonterey.com



The Lighter Side

Singing the winter birthday blues

By ELAINE HESSER

I HAVE a birthday in January. So does my sister. On the same day. No, we're not twins. And I'm four years older. Not that she'd let you forget that.

When I was about to turn 4, my mother went into early labor with my sister. Somehow in the midst of all of that, my parents managed to get me a birthday present anyway (yay them!). It was a child-sized, fully functional, heavy-as-the-dickens sewing machine. My mother was quite the seamstress. I don't know if she was hoping to inspire me, or catering to one of my many "interests du jour" with something that would make my bedroom have more of a sweatshop ambience.

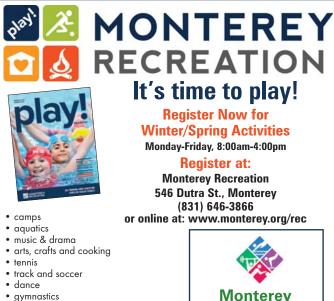
In the years that followed, I learned that this little kid I'd been asking for wasn't ever going to be my age. In other words, she wasn't the instant playmate I'd hoped for. Not only that, but she made the already annoying Winter Birthday Situation worse.

For those of you born in sunnier months, the Winter Birthday Situation combines several elements, all of which conspire to make people born during that season downright cranky. First, let's talk proximity to Christmas. Next time you're in a room with someone born between Nov. 1 and Jan. 31, ask them, "Were you ever told an item was both your Christmas and birthday present?" Watch the fun ensue. In my family, my grandfather was born the day before our birthdays and my parents' wedding anniversary was Dec. 12. My father was a Valentine's baby, so put all those things together and you have an awful lot of presents to buy in a short period of time. Someone's bound to get the short end of the stick. Poor Dad.

That's not the only reason we have to be a little bitter. Sometimes our birthday presents came wrapped in Christmas paper. Never, ever do that! I have a friend who was born on Dec. 24 who will tell people in no uncertain terms to rewrap the gift and come back later.

And finally, in snow-prone Pennsylvania, winter birthday parties are subject to the whims of weather. Now, take all of that and add to it that my mother figured out she could save money by combining our parties. She's pretty smart that way. When I was 8 and Kathy was 4, that wasn't too bad. But putting the 12-year-old's party in the same space as the 8-year-old's was decidedly uncool. At least, I thought so back then. I didn't realize lots of kids

LIGHTER SIDE cont. on page 26



Monterey Sports Center

Registration Available Now

Call 646-3730 www.monterey.org/ sportscenter

and much, much more!

• programs for adults and seniors

• basketball and volleyball league

after school & school break programs

martial artssoftball

• LEGO® classes

• physical therapy

preschool





NOW ACCEPTING PATIENTS AT OUR NEW LOCATION IN MONTEREY!

Peninsula Eye Care



Christian Flickner, O.D. - Jennell Bockenstedt, O.D. - Maureen Hong, O.D. - James Flickner, O.D.

Monterey Optometric Center 700 Cass Street, Suite 101 Monterey, California 93940 831.424.4994 fax

Salinas Optometric Center 48 West Romie Lane Salinas, California 93901 831.424.0834 tel 831.424.4994 fax Marina Optometric Center 271 Reservation Road, Suite 202 Marina, California 93933 831.384.6800 tel 831.384.6802 fax

BIGSUR Canna+Botanicals

SERVING OUR CLIENTS THROUGH COMPASSION, EDUCATION AND QUALITY PRODUCTS

Big Sur Canna+Botanicals is a High-End Cannabis Dispensary which Prides itself on the quality of their products and service, combining an educational approach to cannabis use with personalized customer service.

10% off everyday for seniors 60 yrs and older Mondays get an extra 5% OFF

BigSurCannabotanicals.com



26352 Carmel Rancho Lane, Carmel | 831.250.7756

e y f

FITNESS cont. from page 9

at least one class, and 450 families have completed the program. Of those surveyed, she said two-thirds reported a positive outcome including improving knowledge or losing weight.

A school-based effort aimed at fourth graders called Kids Eat Right is led by registered dietitian Ryann Williams, clinical nutrition manager for CHOMP. Schools invite Williams' group in and they provide five free weekly lessons that last about 40-50 minutes apiece.

The kids get binders with healthy recipes that they can help make at home, have hands-on classes in making snacks like yogurt and berries, and participate in physical activities. The program is funded by a grant from the Barnet Segal Foundation, We Care We Give (Montage's employee giving program) and parent workshops are sponsored by Wells Fargo. One



When kids help cook, they learn valuable lessons about food.

example of the kinds of recipes the kids learn is found in this issue's "The Kitchen," on page 28.

Since Kids Eat Right's inception in 2013, it's taught 386 five-week series to 11,225 students. The program doesn't end with the school year. Williams said they do a simplified version of it in summer outreaches to the Boys and Girls Club and YMCA, as well. Williams and Wentworth said since they've been communicating

more closely, they've

Exercising as a family can be fun – and motivational.

been able to pool their resources and get more information out to the public. They also hope to extend the outreach to south Monterey County.

And the next time a youngster sitting next to you in a restaurant tries to tell you (politely, of course) that your dinner could be a little healthier, it might not hurt to listen. &





The Central Coast's most comprehensive eye care



Experts in the field

Asit (Tony) Pruthi, MD - Cataract Alexander Holmes, MD - Cataract Charles Whisler, MD - Cataract Matthew Jones, MD - Cataract and Refractive Surgery Jon Page, MD - Cornea and Refractive Surgery Richard Kim, MD - Glaucoma Victoria Min, MD - Glaucoma Reza Iranmanesh, MD - Vitreoretinal Surgery Carlo (Rob) Bernardino, MD - Oculoplastics and Aesthetic Surgery Geoffrey White, MD - General Ophthalmology

Three locations to serve you:

2 Upper Ragsdale Drive, Ryan Ranch Medical Office B, Suite B-130 831-647-3900

622 Abbott Street, Salinas 831-771-3900

966 Cass Street, Monterey Suite 100 831-373-7733





ProFILES

Stephanie Taylor, M.D., Ph.D.

By ELAINE HESSER

SHE DIDN'T start out to be a medical doctor. Instead, Stephanie Taylor of Woman's Wellspring in Carmel Rancho was a researcher in behavioral genetics. That's the study of how people's genes influence behavior.

The Ohio native became interested in research during a trip to Texas as part of a National Science Foundation high school summer program in biology in 1967. She gained early admission to college at age 16, and later went to the University of Texas for grad



For several years,

school.

armed with a Ph.D., she researched the inheritance of drug dependence in mice, trying to answer a question that's still compelling. She wanted to figure out what role genes play when some people take a drug (like an opioid) a few times for pain and then stop, while others become addicted enough to become criminals.

Stephanie Taylor

But fate intervened in

the form of a president. "I like to say Richard Nixon got me into medicine," Taylor said.

She explained that, after the moon landing, Nixon decided we'd "won the war with Russia," and reduced the budgets of the National Institutes of Health and the National Science Foundation. That resulted in grant money drying up.

"My generation of researchers all went into something else," she said.

Although Taylor was by then a single parent, she knew that the taxpayers and oil fields of Texas funded the state university system there, keeping students' costs low. "I saw other people going to school and it seemed achievable," she recalled. She enrolled in medical school at the University of Texas in San Antonio with an annual tuition of \$400.

She thought she'd be an internist — specializing in internal medicine, treating long-term diseases. But one day, as she was walking across a parking lot, which she said was "huge, like everything in Texas," she had plenty of time to think. "I realized that in internal medicine, nobody gets better. I mean, thank goodness for internal medicine guys, but I had a character flaw. I needed an immediate sense of achievement. OB/GYN combined internal medicine with surgery for the best of both worlds."

Taylor married in 1985 and opened her private practice here in 1989. After 15 years of delivering babies, she decided to focus on gynecology. She now practices what's called integrative medicine, blending traditional western practices with proven holistic and Chinese approaches, and was one of the first medical doctors to be certified by the American Board of Holistic Medicine.

What changes has she seen since she started practicing medicine? "There's been a shift from doctors having private practices to being employees in a larger office," she said. "Ninety percent of med school graduates expect that now. There's less financial risk." But, although that can work, in general Taylor doesn't think it's good for patient care.

Her patients can schedule appointments of 30 or 60 minutes to discuss their concerns, and she gets to know them as individuals. She said, however, that still doesn't prevent a common phenomenon in medical appointments — the "doorknob confession." That's when patients save a significant concern until the very end of the appointment, as they are headed out of the office.

One woman turned to her as she was leaving and

PRO FILES cont. on page 30

MEDICARE QUESTIONS?

Our Medicare Counselors are registered with the State of CA to provide unbiased assistance & advocacy.



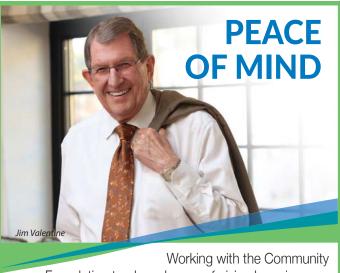
800-434-0222

Call to learn more about our *free* service in your area!





This project was supported, in part by grant number 90SAPG0052-02-01, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.



Foundation to plan a legacy of giving has given me great satisfaction and peace of mind. – Jim Valentine, Dr. James Valentine Fund, Legacy Society Member

Here for Good Community Foundation for Monterey County

Undation f y in Monterey County 831.375.9712 | www.cfmco.org

Design your philanthropic vision. We can help. Donor Advised Funds • IRA Qualified Charitable Distributions • Scholarships • Charitable Estate Planning (CGAs, CRTs) & More

Care plans tailored to each individual's needs.



Carmel Hills Care Center is a local, family-owned and operated care center since 1968. We have a compassionate and experienced staff dedicated to our core values and make every effort to provide our residents with a positive experience tailored to each individual's needs.

We offer quality care including: > REHABILITATION

- Speech, physical and occupational therapy
- > **SKILLED NURSING** 24 hours a day
- > OUTPATIENT THERAPY Offers freedom and flexibility

Stop in anytime for a tour, and ask for us by name when professional skilled nursing is required.

A Skilled Nursing and Physical Rehabilitation Center for the Monterey Peninsula



831.624.1875 CarmelHillsCareCenter.com A Bowersox Family Company

WORKOUT CORNER —

Pilates/Contrology

ALEXANDRA DANIELS' Pilates studio is tucked away in an office complex behind the Crossroads. Sunny (when the fog doesn't interfere) and pleasant, it's filled with

the curious

machines

invented

and pat-

ented by

Pilates, who

the workout

program in

the early

called it

1900s. He

"Controlo-

Joseph

founded



Alexandra Daniels

gy," the name that Daniels still uses to denote that she teaches in the traditional Pilates style, which has been modified by others over the years.

Joseph Pilates was his own first student. As a child growing up in Germany, he was sick much of the time and had asthma, but he was determined to improve his

By ELAINE HESSER

health. He began exercising and eventually became a boxer, as well as a skier, gymnast and diver.

The Balanced Body website at pilates.com says that Pilates moved to England and helped detectives at Scotland Yard with physical training, but in World War I, he was relocated to a camp on the Isle of Man for "enemy aliens." While there, he taught the other prisoners physical fitness and exercise, rigging springs on hospital beds to help patients rehabilitate themselves.

Pilates moved to the United States in 1926, and opened a studio in New York City, in a building also occupied by the city's ballet company. George Balanchine and other 20th-century dance figures took up his form of exercise and helped to popularize it. The term "Pilates" was ruled by a judge to be a generic term — like yoga or karate — in October of 2000, and can now be used by anyone. It is not regulated except by its own governing organization.

The thing about a Pilates workout is that it doesn't look like you're doing much of anything. Often during the workout, it doesn't feel like too much, either. I barely broke a sweat over 50 minutes of exer-

WORKOUT cont. on page 22

BRLANCES BODY





THE CARMEL FOUNDATION ENRICHING LIVES

2019 memberships available!

Are you 55 years or better? For a minimum annual contribution of \$45, you can have access to:

60+ Classes per Week State-of-the-Art Technology Center Lunch Program Tours to Points of Interest

THE CARMEL FOUNDATION SE Corner of 8th & Lincoln | Carmel, CA 831.624.1588 | carmelfoundation.org

Peace of mind for yourself and your loved ones.

Monterey Bay Village is a separate membership program at The Carmel Foundation that connects members with services to enable at home independence through screened professional referrals and volunteers for:

- HOME MAINTENANCE
- HOUSEHOLD TASKS
- COMPUTER HELP
- FRIENDLY VISITS
- TRANSPORTATION, AND MORE...



<section-header>

WORKOUT cont. from page 20

cise on the day I visited Daniels' spot. But the next day? Whoa nelly, did my abdominal muscles talk to me.

After signing a release to verify that my doctor said it was OK for me to exercise, Daniels and I sat down on the Cadillac — one of the pieces of apparatus — to chat for a few minutes. Pilates can be taught to a class, but Daniels likes giving individual attention to her clients.

She asked about my exercise routine and any injuries or disabilities I have. Other than a pair of arthritic knees, I'm in pretty decent shape. Daniels said she'd eliminate or modify the portions of the workout that would put stress on those joints. That's easily done, as there are more than 500 exercises for her to choose from.

Pilates named the Cadillac for the car, saying it was the "Cadillac of exercise machines," according to Daniels. Another commonly used piece of equipment is called the Reformer, as in "total body reformer." Each has a variety of springs and straps attached to a table or platform. Shoes are checked at the door and comfortable clothes are recommended.

Pilates works the whole body to

achieve "the four S's" — stretch, strength, stamina and stability. However, a lot of movements we make every day start in or involve the muscles in and around the abdomen and pelvis — or as Daniels put it, "the powerhouse." A flexible spine is also important, so there's a lot of work there, too.

She explained that the core of the body is made up of numerous small muscles, which are often worked together, like in sit-ups. While that can be beneficial, it's like working your whole arm versus working biceps and triceps individually. If you have strong, Popeye-like biceps, they can often carry the load for your triceps, whereas if you isolate the muscles in a workout, each of them is strengthened. That's what Pilates aims to do for the midsection. which is crucial for balance and good posture.

The exercises involve lifting and lowering arms and legs at using straps and grab bars or bending and extending various body parts with resistance from large springs. Some of the moves are reminiscent of sit-ups or crunches, but not as big. If you've ever had physical therapy, it may remind you of that experience — in a good way.

Movements are small, even

tiny in many cases, and compared with other forms of exercise, there are few repetitions. If you like to daydream, though, this isn't the workout for you. Even with Daniels' expert coaching — she's been teaching for more than 20 years — I had to stay laser-focused on maintaining precise form and proper breathing. In that regard, it was much like doing yoga.

Daniels was kind and upbeat, but quick to correct any errors, repositioning a foot or placing a hand on my back to keep me from moving too far. (I've taken group Pilates classes at a Montage Wellness Center, and the instructor constantly moved around, doing the same thing.) At the end of the workout, we did a posture exercise that started up against the wall, straightening and lengthening (stretching) the spine and culminated in walking across the room "like a dancer."

The big question, of course, is does Pilates work? Several smallscale (fewer than 100 participants) studies of both younger and older adults suggest it improves flexibility, increases muscle mass and endurance, and can help with low back pain. And while it's subjective, those dancers have been swearing by it for decades. so





(Left) Vicky Bauer uses a Reformer under Daniels' watchful eye. (Above) Daniels' studio.

22 Healthy Lifestyles

Lighted Tennis Courts Kid's Club Pilates Group Exercise Personal Training Hot Tubs Refuge Cafe Pool Sauna



OPEN AFTER DARK

WORKOUT AFTER WORK WITH CYCLE CLASSES, LATE NIGHT TENNIS, & MORE

Pick your PromotionNo dues until April 1, 2019



 Up to \$1000 in Gift Cards*
 Up to 12 Pilates, Personal Training, or Tennis Lessons*
 *Value based on joining membership type. Expires 2-15-19





CVAConline.com



Best Fitness/ Health Center 2018 As voted by Carmel Pine Cone Readers. Best Health & Wellness Business 2018 As voted by the Carmel Chamber of Commerce

27300 Rancho San Carlos Road, Carmel



NEW TO CVAC

- Dedicated Cycling Studio
- New Schwinn Bikes
- 115 Weekly Classes
- 10 Lighted Tennis Courts
- Two Pickleball Courts



(831) 620-7362

SORTING IT OUT:

Are Eggs Bad for You?

By SALLY BAHO

FOR DECADES Americans have been told that eggs are bad for you, and the classic explanation has been that egg yolks contain cholesterol, specifically LDL. That's short for low-density lipoproteins, otherwise known as the bad cholesterol that can build up as a hard substance called plaque in your arteries and cause coronary artery disease.

Cholesterol is a waxy substance essential to cellular function in our bodies. It makes up part of every cell



David Clark

membrane; it is used to make important substances including hormones and the bile necessary to digest our food. Cholesterol is a critical nutrient, but our bodies produce enough of it for us to function properly.

Your cholesterol profile is composed of three components: HDL (high-density lipoproteins or "good" cholesterol); LDL and triglycerides. Problems arise if LDL levels

are too high because of excessive cholesterol and saturated fat consumption or genetics.

For years it was believed that consuming foods that contained cholesterol raised the cholesterol levels in your body. However, that seemingly logical notion is being reconsidered. In February 2015, the U.S. Dietary Guidelines Advisory Committee of the Office of Disease Prevention and Health Promotion reported that dietary cholesterol — the stuff we eat — was no longer a "nutrient of concern for overconsumption."

The health benefits and nutritional value of eggs are significant. They are rich in protein, low calorie, contain many nutrients such as lutein, choline, vitamins A, and E, tyrosine, tryptophan, and are high in antioxidants. However, the American Heart Association encourages people to limit their saturated fat consumption —those are fats that are solid at room temperature, like butter and bacon fat, which often accompany eggs at the breakfast table — saying that consumption of them encourages your body to produce more LDL.

SORTING continued from page 30

Nutritional friend or fragile fatty foe?

Toes On the Go

Put a spring in your step, come in for a tune-up for your feet! Medical Consultations to help your feet last another 10,000 miles....

FOOT DOCTOR IN CARMEL



30 years experience • Board Certified, ABPS Specializing in Custom Orthotics for People on the Go Podiatrist for Professional Athletes & Weekend Warriors

Toes On The Go Michele Kraft, DPM *Medicare Provider* 831-373-TOES (8637) 26615 Carmel Center Place, Ste 103, Carmel www.ToesOnTheGo.com

JULIE R. FAGUNDES, DDS NOW SCHEDULING NEW PATIENTS



- Complete Family Dental Care
 Caring and Professional Staff
- Most Insurance Accepted
- · Graduate of Loma Linda University
- Over 20 years experience
- Open Fridays

831-624-3549 • dentistbythesea.com 26365 Carmel Rancho Blvd, Ste E, Carmel UNION YOGA

LEARN TO TEACH YOGA

200 HOUR YOGA TEACHER TRAINING 8 WEEKENDS OVER 4-1/2 MONTHS

February 22, 2019 to June 16, 2019



Invest in your time and energy and change your life for the better

Register online: unionyoga-monterey.com Email: Hello@UnionYoga-Monterey.com Phone: 203-832-6854

244 Pearl Street, Monterey unionyoga-monterey.com

The Salon Саlif-отиіа

WE KNOW HEALTHY BLONDE

NEW CLIENTS SAVE 15% OFF

*excludes Keratin treatment

We use O&M Mineral CCTColor that is Ammonia Free, PPD Free and Resorcinol Free!

831-620-5595 www.thesaloncalifornia.com



9750 CARMEL VALLEY ROAD | CARMEL, CA 93923 Located in Mid-Valley at The Farm Center

LIGHTER SIDE cont. from page 14

never even had birthday parties with their friends. But I digress.

By the time we hit 11 and 15, the parties had to be relegated to distant corners of the American Legion's cavernous social hall. I was heavily into Tiger Beat magazine and Danny Bonaduce of "The Partridge Family" (I was a peculiar child), while she had a thing for Elton John and Michael Jackson.

And boy, did we fight. If you're into the whole astrology thing, you'll know that we were two Capricorns - stubborn Pennsylvania German goats. We constantly knocked heads. There should be some sort of ordinance forbidding that many female hormones flowing under one roof.

But then, I went off to college. And for the first time since I turned 4. I had a birthday all to myself. My new friends feted me; we had cake and illicit booze. But it wasn't the same. A little space — and our ages — had finally made us sisters into the best of friends.

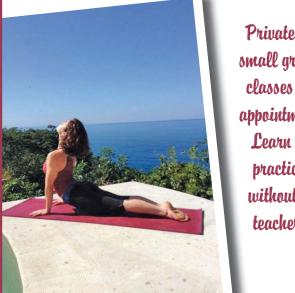
And as I still like to tell Kathy, she turned out to be a way better present than a sewing machine. «



Portrait of the author as an only child

\$5 Community Yoga Every Sunday 10 a.m. - 11:20 a.m. at American Karate

182 Country Club Gate Plaza, Pacific Grove



Private or small group classes by appointment Learn to practice without a teacher!

HEAL

Seniors Edition MARCH 29, 2019

CONTACT YOUR SALES REP

JESSICA CAIRD (831) 274-8590 jessica@carmelpinecone.com

MEENA LEWELLEN (831) 274-8655 meena@carmelpinecone.com

Contact Hannah at hannah.thrive@gmail.com



FREEDOM MEDICAL TRANSPORTATION

Prompt, Courteous and Safe Non-Emergency Medical Transportation

We Offer Our Passengers:

- Through the Door Service
 Same Day Service Availability for Last-Minute Transportation Needs
- ADA-approved vehicles equipped with state-of-the-art wheelchair lifts
- Drivers trained and certified in CPR and First-Aid • Gurney Access Available

ASK US ABOUT OUR ROUND TRIP SPECIAL RATES TO DOCTOR'S OFFICE! Monterey County, Santa Cruz, San Jose and Stanford-Palo-Alto Open 24/7 • 365 days a year

(831) 920-0687 · www.freedommedicaltransportation.com

Regrow Your Own Hair at Hair REGROWTH Centers

Hair Loss and Hair Thinning Treatment Options A pharmaceutical, non-invasive approach under the care of a clinical professional



Freedom from Addiction

Starts with



NOW OPEN in Hollister Women's Residential Treatment Center 335 6th St., Hollister, CA 95023 Phone: 831.265.7317

To learn more visit us at sunstreetcenters.org

Sun Street Centers offers education, prevention, treatment and recovery to individuals and families. Most private insurance plans accepted.

Outpatient Treatment Programs also located in Salinas, Seaside, Marina, Soledad, and King City.

A BIT OF Heaven on Earth

BREAK FREF



Personal Care in a Home Like Setting

Skilled Nursing • Assisted Living Residential Care Home

831.373.1216

Residential Care Lic # 275294336 Assisted Living Lic # 275294335 Skilled Nursing Lic # 070000009

1249 Josselyn Canyon Road • Monterey • www.avemariamonterey.com





#Kitchen

BATMAN TORTILLAS

THIS RECIPE comes from Montage's registered dietitians and is designed to be simple enough that kids can help make it. Studies have shown that kids are more likely to eat healthy foods when they help make them, so chop up the veggies for them and let them scoop the goodies onto the tortillas.

Why, you may ask, is it a Batman tortilla? Montage said that it's packed with protein but low in fat — just the sort of thing the Caped Crusader might eat when he's on the go, fighting crime. We hope he shares with Robin.



INGREDIENTS Serves 6

6 corn tortillas

- 1 cup canned black beans, rinsed
- 1/2 cup chopped fresh tomato
- 1 1/2 tablespoons chopped green onion
- **1 1/2 tablespoons chopped fresh cilantro**
- 1/2 cup plain, nonfat Greek yogurt
- 1/2 cup grated mozzarella cheese

Mix the beans, onion, cilantro and tomato in a small bowl. Spoon 1/4 cup of the bean mixture onto the tortilla and top with a tablespoon each of yogurt and cheese.





PRO FILES cont. from page 18

said, "When I roll over in bed, I have this pain in my chest." Since Taylor knew her well and had, in her words, "developed an ear" for clues to important issues, she sent her to have an x-ray. As it turned out, the patient had an advanced case of lung cancer.

"I don't think a doctor seeing 30 patients a day can do that," she said. Another big change has been that about half of what she does is patient advocacy, managing interactions with insurance companies and getting procedures and prescriptions approved. "I evaluate the problem and procure the resources, like referrals to specialists and universities," she explained.

Taylor looks back longingly to the days when doctors were leaders — "kind, compassionate and engaged in the community," as she described it. She said she does her best to do that through her "mini medical schools," in which her patients vote on the topics each year. She holds them at Monterey's Unitarian Universalist church. "You have to get out of the office," to have a good, free-ranging discussion, she said. Subjects have included cognitive health, herbal medicine, navigating the healthcare system, and genetics. The content is posted on her website, womanswellspring. com.

In addition, she teaches tai chi, which has been shown to help with arthritis and fall prevention. "Within six months, you see a significant decrease in the number of falls."

She concluded, "I'm really happy with the way my practice is evolving," with a slower pace, longer appointments and integrative medical approaches. In a sense, then, her progress has come from reaching back in time.

Her patients' testimonials show that she is definitely onto something. One reads, in part, "An appointment with her is not only an exam but a learning experience on issues of health and well-being. She runs a wonderful office, where helpfulness, calm and civility reign."

If only we could get that kind of atmosphere going on everywhere. «

SORTING continued from page 24

David Clark, a cardiologist in Monterey who until recently taught at Stanford Medical School, is skeptical of the newer guidelines on eggs.

"It has been proven that people who consume dietary cholesterol have higher cholesterol levels. And a study published in the Journal of the American College of Cardiology found that people with high cholesterol who stopped eating eggs saw a decrease in their blood cholesterol levels," Clark explained.

But he recognizes the difficulty of advising on the matter.

"Eggs are part of the American diet and I can't tell you that you can't eat them — but moderation is the thing to do," he said.

There is research to support both sides of the argument. One study conducted in Spain followed more than 40,000 participants for an average of 18 years found that there was no association between moderate egg consumption — that is, one egg a day— and heart disease. There is also the so-called French paradox. The French eat a diet rich in saturated fat and cholesterol and have a much lower incidence of heart disease than Americans, for reasons that are unclear. There are also some people who have high cholesterol because of family history and genetics.

What should you do?

Ultimately, it depends on the individual. According to the Mayo Clinic, most healthy people can eat up to seven eggs a week without an increased risk for heart disease. If you have high cholesterol and have been advised by your doctor to lower it, limiting your consumption of cholesterol-containing foods, such as eggs, is a good idea. If you really enjoy them, remember that limiting consumption of saturated fats is critical, so rather than fry your eggs in bacon grease maybe try poaching them. And lastly, follow the wise words of Roman philosopher and orator Cicero, "Never go to excess and let moderation be your guide." «



30 Healthy Lifestyles

HE'S NOT THE ONLY ONE WHO NEEDS A WALK.



HealthierMontereyCounty.org



MONTAGE Health Foundation





ASPIREHEALTH PLAN Community Health Innovations



Forest Hill is the kind of place you'll want to call home.





FOREST HILL

a full service retirement community

551 Gibson Ave. | Pacific Grove, CA 93950 www.foresthillretirement.org

Here, you can have:

- Views of both the Pacific and the Monterey Bay
- Chef-prepared meals, a beautiful fitness center and a full roster of physical, social and recreational activities
- 12-hour "anytime" dining from 7 am to 7 pm
- Reliable scheduled transportation for shopping, errands and medical appointments

New rental option! No large upfront entrance fee.

Call 831-200-9827 today for more information or to schedule a tour.

RCFE Lic # 270700245 COA #050 Owned and operated by California-Nevada Methodist Homes, a California non-profit corporation.

