# The Carmel Pine Cone

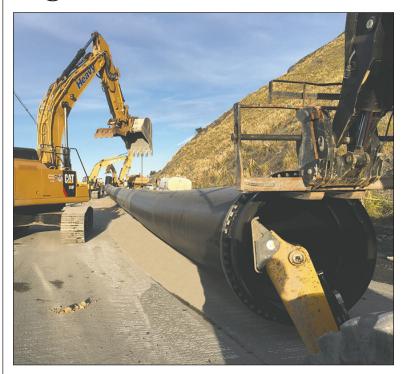
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January 26-February 1, 2018

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# Light at the end of the landslide



A Caltrans crew prepares to install a 24inch culvert at the south end of the massive Mud Creek Slide, which buried Highway 1 near the Monterey-San Luis Obispo county line in May 2017. Despite recent wet weather, the \$40 million project to clear the slide remains on schedule, and Caltrans says the work is expected to be completed by late summer.

PHOTO/COURTESY CALTRANS

# Panetta one of few Democrats in House to read top-secret memo

By KELLY NIX

THE SECRET memorandum Republicans say contains "jaw-dropping" evidence of surveillance abuses by the FBI and Department of Justice during the Obama Administration has been read by Congressman Jimmy Panetta, who is one of a small number of Democrats to have seen it.

The classified four-page memo drafted by House Intelligence Committee Chairman Devin Nunes, a Republican Congressman from Tulare County, has been all the buzz inside the Beltway, where some lawmakers are calling for it to be released to the public. Panetta said his constituents are also highly interested in the document.

"We had more calls about releasing the memo than we did about the federal shutdown," Panetta said Wednesday afternoon. And fascination about the memo ramped up immediately following the conclusion of an episode of conservative commentator Sean Hannity's show on Fox News

"We started getting calls right after that," said Panetta, who added that the number of constituent calls his offices received about the memo compared to the government shutdown was 5 to 1.

## Justification for spying?

The memo reportedly claims that the FBI relied on information contained in the sensational and unproven "Trump dossier" to obtain a federal warrant to spy on the Trump campaign for possible collusion with Russia.

Although mostly House Republicans have viewed the memo, very few other people have, and Panetta said he and fel-

See MEMO page 15A

# COMMISSION OKS FOUR DEMOLITIONS, NEW HOUSES

By MARY SCHLEY

IN A town that years ago deemed a significant chunk of its homes as historically significant, a vote during a single public hearing that four homes can be torn down is unusual, to say the least. But on Jan. 10, the planning commission said the owners of houses on Casanova, Guadalupe, Oak Knoll Way, and Camino Real can demolish them and build new ones.

And in every case, the new homes will be larger than the nes that exist now.

Designed by architect Greg Klein, Janet Ayres' proposed house on Casanova south of 10th will be 1,800 square feet and two stories, including a detached garage. It will be built of wood and stone, with exposed rafter tails and pitched roofs. At the meeting, the commission approved the project without discussion, since it had been the subject of two prior hearings as Ayres and Klein worked out issues with a neighbor who mostly objected to the location of the garage.

## Concern about noise

Jeraslav and Janna Stepanek plan to tear down the old house on their lot on Guadalupe Street (north of Third) and replace it with an 1,800-square-foot, single-story home designed by Jeff Crockett. The house will have cement siding and board-and-batten wainscoting.

Neighbor Mo Massoudi, a forest and beach commissioner, said he was concerned about noise from the patio that will be located near his bedroom windows. The Stepaneks proposed building a denser, taller fence between the two properties, and offered to install sound-proof windows in



Mark and Shari Lasher got permission to tear down their "decrepit" house on Camino Real and replace it with this one designed by Holdren + Litzke Architecture.

Massoudi's home.

"Are we going to be calling the police every time there is a noise? I really beg you to reconsider this," Massoudi said. "There is an option where he doesn't have to put his backyard or side yard near our windows." He also said he wasn't interested in having the sound-proof windows installed.

Commissioners, however, decided the Stepaneks made plenty of concessions, and approved the plan, but Massoudi filed paperwork Thursday to send it to the city council.

See **DEMOS** page 18A

# Rancho Cañada could get golf again — sort of

BY CHRIS COUNTS

GOLF HASN'T been played at Rancho Cañada in Carmel Valley since December 2016, and the site where its East Course was located will soon be part of Palo Corona Regional Park. But if local disc golf enthusiasts are successful in their efforts, a version of the game that relies on flying discs instead of golf balls will be played on the former course.

A disc golf club with more than 200 members who mostly live in Monterey County, the Stinging Jellies are urging the Monterey Peninsula Regional Park District to create a course at Rancho Cañada.

Club member Shawn Adams told The Pine Cone disc golf is gaining new players each day, and the new site would "help keep up with the demand" for courses to accommodate them.

"All the stats are showing that disc golf is rapidly growing," Adams said. "More discs are being sold and more players are participating in tournaments."

## Drawing more players

Adams called Rancho Cañada "a beautiful piece of land," and said it would be ideal for an 18-hole course.

"The more championship -level disc golf we have, the more championship-level players we can draw to the area," explained Adams, who estimated that the course would take up about five acres.

Besides having a negligible impact on the land,

See GOLF page 13A

# Brief tsunami scare puts plan to the test

By MARY SCHLEY

NOT LONG after a 7.9-magnitude earthquake hit near Kodiak on the Alaskan coast around 1:30 a.m. Pacific Time Tuesday, Carmel Police Chief Paul Tomasi was notified that a tsunami watch was in effect for the city. While the alert was canceled at 4:20 a.m., the preceding three hours marked the first time public officials used the plan that earned the city "Tsunami Ready" certification from the National Weather Service in 2016.

Steps for ensuring residents and visitors are safe during a tidal wave are covered in the "tsunami playbook" issued by Monterey County. Tuesday's events started with the dispatcher on duty phoning Cmdr. Luke Powell, who then called Tomasi at around 2:30 a.m., an hour after the quake triggered tsunami sirens in Alaska.

"With an earthquake happening off of Alaska, you have very little time," Tomasi said. "The wave was supposed to hit

See **SCARE** page 12A

## River Kids on enviro tour



PHOTO/KERRY BELS

Nearly two dozen River School fifth-graders spent Tuesday talking to down-town restaurants about the city's recently passed ban on plastic straws and single-use food containers. Each kid "adopted" a restaurant and gave a two-minute talk on the new law and the benefits of reducing plastic waste – 9 million tons of which enter the ocean each year, they said. Students also suggested ways to replace the straws, and encouraged composting of food scraps.

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# Sandy Claws

January 26, 2018

# A dog with skills

The Carmel Pine Cone

THE WOMAN was holding a casting call for canines on behalf of a Carmel calendar she and her partner were creating when she noticed an English setter named Arlo. A retired show dog, he was the most beautiful dog she'd ever seen. As she looked into his soulful eyes, she vowed, if she and her partner ever shared a home or married, they would get an English setter.

Ten years later, when she and the man who was by then her husband were visiting a breeder in San Luis Obispo to collect their 10-week-old English setter, they told the story of meeting Arlo, and learned he'd come from the same breeder.

"The dog we picked is an orange belton setter, which refers to the color and speckled pattern of his coat. His eyes convey a soft expression and reflect his sweet soul," said his person. "I call him, 'my ginger baby."

They named him Garwood, after their favorite Tahoe bar – Gar Woods Grill & Pier on Carnelian Bay – to which they often took their pup when they had a home nearby. Nowadays, Garwood, who lives with his couple just south of Ocean Avenue, is part of the canine community at the Cypress Inn, and he spends a lot of time at his couple's office, where he has been named Chief Morale Officer.

"His favorite people-food treat is cheese and croissants," said his person, "which, I'm afraid, reflects on us."

Garwood thoroughly enjoys Carmel Beach, where

# SCRUFFIES

Scruffles is aptly named! He is, indeed, a scruffy old man! He is super cute as he comes to people with a wagging tail and a smiling face. He is a 16-year-old, 20 pound, small mixed breed. Scruffles is, all-inall, a sweet guy who will be easy to keep happy.

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# By Lisa Crawford Watson

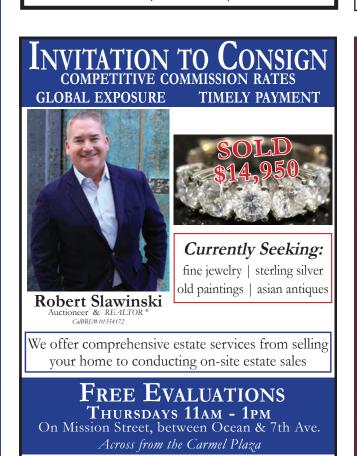


he delights in chasing after birds and balls. "But he's a horrible retriever," his person said.

The English setter was bred to accompany his master on the hunt for birds. His job was to locate the bird and then "set" to indicate a bird was in the bush. Garwood, as he walks around town, is good at setting each time he encounters a shop with dog treats.



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DAVID LYNG



# Council OKs \$214K spending increase

By MARY SCHLEY

WITH INCOME tracking higher than expected, the city council this month had little trouble deciding to increase spending in the \$23.4 million 2017/2018 budget by \$214,246 to cover unexpected costs. The council reviewed the mid-year budget numbers at its Jan. 9 meeting.

So far, \$10,823,600 — just under 50 percent of estimated budget revenues of \$21.9 million — have come in, according to budget and contracts director Sharon Friedrichsen.

Property, sales and hotel taxes make up 80 percent of the city's revenue, and property tax income, budgeted at \$6.1 million for the year ending June 30, was up 7 percent over last year as of the end of December, with \$3,510,500 collected so far.

As a result, Friedrichsen recommended increasing the anticipated property tax income by \$100,000.

Sales taxes are also stronger than the anticipated \$5,203,400, but business license tax and hotel tax are trending lower, according to

The budget anticipates \$6,212,500 in hotel tax for the year, but is about \$62,500 behind so far, and she speculated the estimated \$585,000 in business license tax for the year will be short by around \$30,000.

Friedrichsen didn't recommend adjusting any of the budget numbers to reflect those shortfalls, but she listed \$214,246 in increased expenditures, with higher revenue in other areas to offset it, including the rise in anticipated property tax, an increase of \$56,000 in estimated income from parking stall permit fees, and a \$23,196 bump in estimated plan check fees.

The added spending includes \$20,000 for the "pavement management plan" the city needs in order to get its share of the new countywide transportation tax, and a \$59,196 increase in the fire budget to cover the "true up" with the City of Monterey, which provides fire service for the city.

The true-up reconciles the projected bud-

get with the actual costs incurred during the year, and Friedrichsen said the primary reason for the overrun is staffing and overtime, mostly due to a 4 percent pay increase firefighters obtained after the start of the current fiscal year.

Overtime has also put the ambulance over budget, and Friedrichsen recommended adding \$50,000 to cover the rest of the year, bringing the total overtime budget to \$140,000. Public works is getting another \$10,000 to fix and maintain the ambulance, a 2010 Ford that has about 70,000 miles on it, and she said next year's budget might include money for a new ambulance.

Public works is also getting an additional \$40,000 for tree work, including cutting down more than 60 dead trees and removing

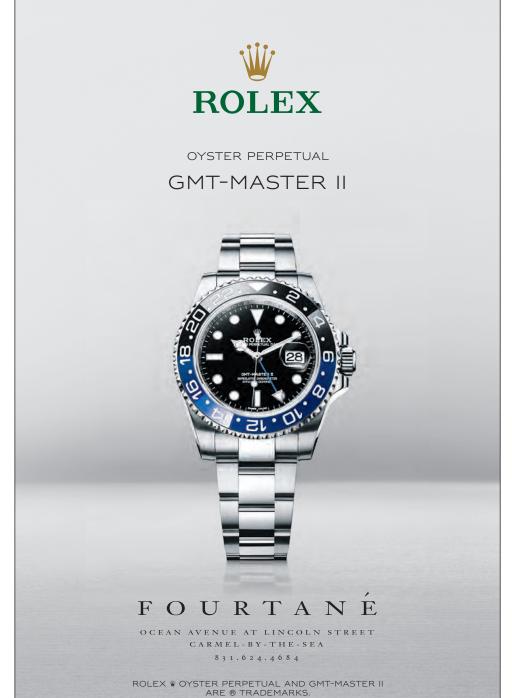
## **Donations accumulate**

Friedrichsen noted that various donations to the police department have accumulated in several funds over the years. She recommended consolidating them in the general fund and then authorizing the total — \$15,050 — to be spent on "bikes and other purchases related to the bike program, DARE program, and RX Drop Box program."

Finally, she suggested shifting money from the Forest Theater Fund to pay Sunset Cultural Center Inc. \$20,000 to manage the Forest Theater. The amount wasn't included in the original budget because contract negotiations were underway at the time.

The council agreed to the adjustments without much discussion. Members also decided to dedicate \$20,000 to grants for nonprofits doing projects in town, and designated councilwomen Jan Reimers and Carolyn Hardy as the two who will go through the proposals and decide how much to distribute, and to whom.

'We're looking at a 1 percent change," councilwoman Carrie Theis commented, referring to the \$214,246 in new spending. "And in a budget of \$24 million, that's pretty darned good."





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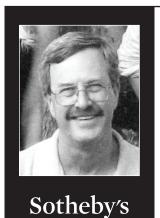
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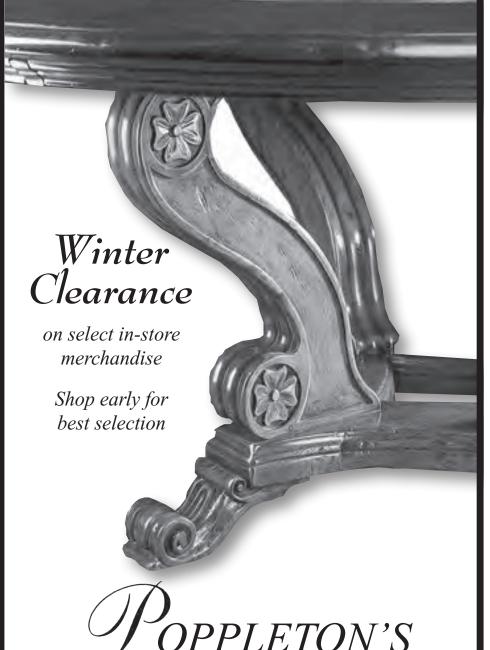
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4A The Carmel Pine Cone January 26, 2018



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from

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# Police, Fire & Sheriff's Log

## Isn't that what a bat is for?

HERE'S A look at some of the significant calls logged by the Carmel-by-the-Sea Police Department and the Monterey County Sheriff's Office last week. This week's log was compiled by Mary Schley.

## FRIDAY, JANUARY 5

Carmel-by-the-Sea: Vehicle was towed from Second and Carpenter.

Carmel-by-the-Sea: Person found an unattended cell phone lying in the street at Carmelo and 11th. Person brought the phone to the station for safekeeping. No owner information could be located. Phone was placed into a temporary evidence locker.

Carmel-by-the-Sea: Vehicle was towed from Dolores south of Ninth.

Pacific Grove: A male on Lighthouse Avenue reported that he attempted to purchase a vehicle online and never received the vehicle.

Pacific Grove: A collision occurred between a parked vehicle and another vehicle on Eardley Avenue. The driver of the vehicle left the scene of the collision without the proper exchange of documentation.

Pacific Grove: A male on Holman Highway was arrested for outstanding warrants.

Pacific Grove: Father called to report that his child was bitten in the face by their cat. The cat is to be quarantined in the home on Buena Vista for a period of 10 days. Further pending release of quarantine.

Carmel area: An unknown person stole tools from a garage on Camino del Monte during the overnight hours.

Carmel area: A disabled placard was stolen from an unlocked vehicle on Portola Avenue

Pebble Beach: An elderly man on Pine Meadows Place passed away overnight.

Carmel area: An unknown person entered an unlocked garage on Portola Avenue with the intent to steal tools.

Carmel area: A firearm was brandished from a vehicle on Carmel Hills Drive. Suspect is a 19-year-old male.

Carmel Valley: An elderly woman was found to be gravely disabled and unable to care for her own safety. Ambulance transported her to CHOMP for a mental health evaluation.

Carmel Valley: Unknown suspect(s) entered an unlocked vehicle on Marquard Road and stole a wallet and purse.

## SATURDAY, JANUARY 6

Carmel-by-the-Sea: Officer responded to a report of an unattended loose dog on Ocean at Del Mar. Officer observed a dog that matched the description and looked for an owner. As the officer attempted to capture the dog, a male subject approached and was identified. The dog owner was educated and warned on the viola-

Carmel-by-the-Sea: Subject walked in to report the theft of the 2018 registration tab from their license plate while parked on Mission

Carmel-by-the-Sea: Recovered a stolen vehicle on San Carlos north of Fourth. Carmel-by-the-Sea: Subject was placed on

a mental health hold for making suicidal state-

Pacific Grove: Non-injury accident involving a city vehicle on Lighthouse Avenue.

Pacific Grove: Suspect contacted a person in violation of a served restraining order on Sinex.

Pacific Grove: Person on Asilomar and was determined to be drunk in public, which was a violation of the terms of his release from custody on his own recognizance.

Carmel area: Carpenter Street resident reported a family member might have stolen a family album two years ago.

> See POLICE LOG page 6RE in the Real Estate Section



# The gavel falls

Verdicts, pleas and sentencings announced by The Monterey County District Attorney

Oct. 27 — Brandon Conner, 32, a resident of Greenfield, was found guilty of possessing and distributing child pornography.

Between March 12, 2015, and March 16, 2015, Mr. Conner used peer-to-peer file sharing software to upload and share numerous videos containing child pornography. During an initial search of Mr. Conner's home computer, no child pornography was found; however, a subsequent forensic review of the hard drive revealed evidence directly linking Mr. Conner to the illegal child pornographic file sharing. He faces a maximum of three years and 8 months in prison.

Nov. 1 — Juan Rojas, 33, was sentenced on October 26, 2017, to nine years in prison after pleading guilty to committing domestic violence, making criminal threats, manufacturing 'pruno" while incarcerated, and resisting arrest.

On January 1, 2016, at approximately 8:23 a.m. Rojas, who was on probation for assaulting a different woman, became enraged when his probation officer went to his mother's house and told her there was a warrant for his arrest. Rojas believed his new girlfriend was involved and punched her in the face in retaliation. Later that day, he punched her again, this time in front of her 4-year-old child. When Jane Doe tried to call 911, he broke her cell phone. He then threw her to the floor, kicked her, and threatened to kill her. Jane Doe was visibly injured in the attack; her mouth was cut and still bleeding when officers arrived.

On May 21, 2016, Greenfield Police Officer Christopher Webb observed Rojas riding a bicycle at approximately 10:36 p.m. Officer Webb immediately recognized Rojas, knew he had two felony warrants for his arrest, and knew Rojas was considered armed and dangerous. When Officer Webb attempted to detain Rojas, Rojas dropped the bike and fled. Officer Webb initiated a foot pursuit, during which Rojas tossed

his jacket and an unidentified black metal object. Rojas was finally apprehended after he ran onto the front lawn of a residence and then began to circle behind a vehicle. Fearing Rojas had a weapon, Officer Webb deployed his Taser and safely apprehended Rojas. Officers later retraced Rojas's route and did not locate the bike, jacket or metal object.

While Rojas was in custody at the Monterey County Jail, deputies located 2.5 gallons of "pruno," a jail-made alcoholic beverage, inside a trash bag concealed in Rojas' jail cell toilet.

Monterey County Superior Court Judge Robert A. Burlison sentenced Rojas to nine years in state prison and issued a criminal protective order to prohibit Rojas from contacting Doe for the next 10 years. Rojas's sentence was enhanced due to a prior prison commitment and a prior "strike" conviction under California's Three Strikes Law. Judge Burlison also imposed five years and eight months, to run concurrently, for a separate domestic violence conviction Roias sustained in 2014.

Nov. 2 — Seaside resident Donald Wayne Vierra, 64, was convicted by a jury of possession of nunchucks and a methamphetamine pipe.

The incident occurred in March 2017 on Fremont Boulevard and Francis Avenue. Vierra was stumbling in traffic, crossing Fremont Boulevard. An officer on routine patrol observed this and decided to contact Vierra. As Vierra approached the officer, he was holding a 6.25inch kitchen knife in his hand. He was stopped and searched, and the officer found nunchucks wrapped in a Hustler magazine stuffed up Vierra's left jacket sleeve. The officer also found a methamphetamine pipe in Vierra's vest pocket.

During a court trial, Vierra admitted to a prior strike conviction as well as four prior prison terms. Sentencing is scheduled before Monterey County Superior Court Judge Julie Culver.





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# Dr. Terry Franklin Welcomes DR PETTIT

Back to the Monterey Peninsula



Dr. C. Robert Pettit, MD, a well-known local ear, nose, and throat specialist, has returned to the Monterey Peninsula. During his absence from the peninsula of several years he performed surgery at the world-famous Texas Medical Center in Baylor's Methodist Hospital and Texas Children's Hospital. He has also practiced in Sonoma County in Healdsburg, Santa Rosa, and Sonoma.

Dr. Pettit is accepting new patients starting February 5<sup>th</sup>



The Carmel Pine Cone January 26, 2018

# **CRA opposes location of Holman Ranch tasting room**

By MARY SCHLEY

THE BOARD of directors of the Carmel Residents Association, led by former city councilwoman Barbara Livingston, is demanding that the city council review the planning commission's approval of a tasting room for Holman Ranch at the southwest corner of San Carlos and Seventh. In an appeal filed Jan. 24, the board says it opposes the approval because it violates city policy on new tasting rooms.

CRA members "have indicated overwhelmingly that the proliferation of wine tasting rooms is detrimental to the safety, welfare and character of the village of Carmel-by-the-Sea," according to the paperwork Livingston submitted.

She said the group's appeal was based on the planning commission's "ignoring city guidelines in approving another wine tasting room south of Ocean Avenue."

## 'Policies are discretionary'

When commissioners considered the Holman Ranch application last month, assistant planner Catherine Tarone recommended denial, because the city's "wine tasting policy" for approving tasting rooms "strongly encourages" locations north of Ocean. In the past, planning commissioners have cited the policy — which also limits square footage, the amount of space that can be taken up by a bar and seating, and how many rooms can be within a block of each other — as their reason for rejecting other applications.

But after Holman Ranch manager Liz Bolar explained that monthly rents in suitable vacant spaces north of the city's main street were several thousand dollars higher than the location the winery owners want to occupy, planning commissioners sympathized. According to Bolar, vacant spaces on Dolores, San Carlos and elsewhere were \$6,000 per month, \$5,500 per month, and \$7,300 per month, while the rent for the Seventh and San Carlos location is \$2,855 per month.

Several supporters, including other winery owners and would-be landlord Jody LeTowt, spoke in support of Holman Ranch, which is based in Carmel Valley, at the commission's meeting December.

"I think this is an example of almost all the things the wine tasting policy wants," commissioner Michael LePage said at the time. "It's been stated that the policies are discretionary." He said the commission "shouldn't stand in the way" of allowing Holman Ranch to open, given its credentials and standing in the community.

Commissioner Gail Lehman said at the same meeting that she was "blown away by the differences of rent." Even though the commission is not supposed to take financial burdens or costs into account when making decisions, she said, "I'd like to support it" — which the commission did.

## 'Straw poll'

But earlier this month, Livingston announced that the "first ever" straw poll of CRA members indicated that "90.38 percent oppose adding more wine tasting rooms to the mix of downtown businesses."

She said 94 people said they are against tasting rooms, and 10 people said they support them.

As a result, the board decided to pay the \$989 fee to challenge the commission's decision. The council is set to consider it March 6.

Winter crowds are on their way again!



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City: Builder only killed one tree

By MARY SCHLEY

WHEN THE forest and beach commission fined Lewis Builders \$2,510 last month for the illegal removal of an oak after the tree fell over at a construction site at Lopez and Second, commissioners also asked city forester Mike Branson to evaluate three other trees that seemed to be suffering on the steeply sloped and deeply excavated lot.

But at this month's meeting, Branson said the two oaks and a redwood had been damaged by previous construction there nearly 70 years ago, and that they should be fine.

Property owner LB Homebuyers is replacing the old home, which was built in 1949 and has since been torn down, with a 2,480-squarefoot, two-story, contemporary-style residence on the sloping 7,908-square-foot lot. The planning commission reviewed and approved the plans in February and March of last year.

In late November 2017, the owner sought permission to cut down two oaks, a 30-inch-diameter tree, and a smaller one. The larger tree was decaying and was therefore cleared to be taken out, but the smaller oak was healthy and not approved for removal. Work around it later caused the oak to fall into the street, Branson said last month, which led to the fine and requirement that the tree be replaced.

But that was an isolated incident, Branson said at the Jan. 11 meeting, and the builders have not caused any damage to the other trees. After he and assistant city forester Matt Feisthamel examined the oaks and redwood, Branson said they found that while the roots appeared damaged, they had in fact grown that way, due to the construction decades ago. One 4-inch root on the redwood was cut, but Branson said that didn't worry him.

"There was already a driveway cut in there, so that was not virgin territory," he said, and the trees' roots were exposed when contractors removed old retaining walls and other old construction. "Even though it looks drastic — it looks pretty bad — honestly, the damage that this contractor did was not as bad or as significant as what you saw," he said. "They were young trees. They've grown and adapted."

Ideally, he said, workers will get the roots covered and supported again, "but it's going to take awhile.'

Commissioners were generally satisfied with Branson's assessment, as was neighbor Jeff Baron, who had expressed similar concerns at the previous hearing.

"As it stands for now, I'm comfortable letting it ride and keeping an eye on the situation," Branson said.

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January 26, 2018

By MARY SCHLEY

The Carmel Pine Cone

A HOUSE being built at Scenic Road and Ninth needs a new sewer line, so workers with Don Chapin Co. will shut down the popular oceanfront road to vehicle traffic for a week, starting Monday. The work was originally slated to begin Jan. 24, according to Jeff Manely, superintendent for the construction company, but city officials asked him to move it to Monday partly due to rain in the forecast, and partly so the task could be done during the work week, rather than broken up over this week and next.

The job entails digging a 9.5-foot-deep trench, exposing the sewer main, cutting it to connect a new lateral leading to the house, refilling the trench, and paving over it, according to Manely.

"I have it scheduled to take five days," he said. Work hours will be from 7:30 a.m. to 4 p.m.

During that time, people who live on Scenic between Eighth and Ninth will be able to get past the flagger at Eighth, and those who live on Scenic below Ninth will be allowed to drive in from 13th Avenue, against the normal flow of traffic for the one-way street. Everyone else will simply have to skip Scenic between Eighth and 13th altogether, rejoining it there and continuing southbound.

Considering it's one of the most highly traveled streets in Carmel — by visitors wanting to take in the coastline's stunning beauty, residents who never tire of the view, and surfers who can be found riding waves there most days — the closure is sure to be disruptive.

But anyone who wants to stroll on the path or get to the beach from one of its many stairways will be able to do so on foot, Manely said.

"Everybody will be able to get to the beach and pathway — the dog walkers and all that," he said.

## Shield shuts down second restaurant

By MARY SCHLEY

FIROK SHIELD shuttered his longtime Lincoln Street restaurant, Da Giovanni, a few months ago after losing his lease. Last

week, he shut down another of his establishments, Bistro Beaujolais, citing a changing business climate and ongoing construction at Carmel Plaza.

"Our last day was Jan. 15," he told The Pine Cone this week.

"I think they're taking Carmel out of the Plaza," he said of the changes at the small shopping center.

But those changes, which have been underway for months, with a brief break in December, are just the latest blow for Shield. In May 2015, a water heater in a shop on the floor above failed — twice — flooding Shield's restaurant and other nearby businesses.

"We were closed for six months," he said, while repairs were made.

Last year, work on the Plaza's remodel started, with the unavoidable noise, dust and barricades disrupting business at Bistro

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Beaujolais and nearby shops, and eliminating the outdoor seating area that was a popular draw for his customers.

"Then they gave us a reprieve for threeand-a-half weeks in December, and then they

started up again Jan. 1," he said.

The restaurant regained some outdoor seating, but because it is no longer sectioned off from the rest of the courtyard, "we can't serve alcohol out there anymore" — another dampener.

Taking into account all those factors, he said, the nearly \$12,000-per-month rent was hard to cover.

"And it's a lunchtime place," he said. "Nighttime, we tried everything possible to draw people. We did OK when they had music there." The Plaza's summer music series would draw crowds during Friday evenings but

wasn't held last year due to construction.

While Shield said he got into the restaurant business more to take care of people than to make money, Bistro Beaujolais simply

See SHIELD page 25A



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# Pharmacy burglars may be linked to rash of break-ins

By MARY SCHLEY

THE THREE people who broke into Central Avenue Pharmacy in Pacific Grove around 2 a.m. Monday and stole narcotics may be the same suspects who committed similar crimes in Salinas and Santa Cruz, according to PGPD Sgt. Jeff Fenton. Police are hoping someone can identify the culprits from the grainy surveillance images captured in the store.

The break-in triggered the pharmacy's burglar alarm, and though officers arrived within three minutes of getting the call, the thieves were already gone. "We got there, and you could tell from standing across the street that the front door was ajar," Fenton said. "And there was no sign of anything: No cars driving off, nobody running away, nobody inside."

After officers discovered the thieves had pried open the door, they searched the business and discovered it had been burglarized. Owner Dana Gordon arrived and provided officers "a very rough idea of what was taken," Fenton said items related to opioids.

"To the best of my knowledge, that's the only thing they took," he said. "I don't think they were in there just for a freefor-all — they were looking for certain things."

It was only when Gordon started looking through the surveillance footage that police realized three people were involved. Later, at his computer, Gordon provided more footage from the store's several cameras.

After putting out the information and photos in search of leads, officers heard a similar trio had possibly raided pharmacies in Salinas and Santa Cruz, according to Fenton.

"We're going to try to work with Salinas to determine if it was the same people," he said. "We have an investigator now, so he's the one who's been in touch with Santa Cruz and Salinas.'

Fenton is confident the break-in was planned.

"Not that they knew what they were looking for or where to look," he said. "But it definitely wasn't just driving down the street, and going, 'Do you want to burglarize the knitting store or the pharmacy?"

Fenton said he hasn't seen a final tally of what was taken and how much money the drugs were worth. Anyone with any information that might be helpful is asked to call PGPD at (831) 648-3143.



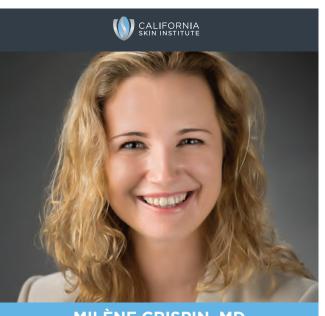




Wearing hoodies to conceal as many of their identifying features as possible, three people broke into Central Avenue Pharmacy early Monday morning and stole drugs. They were gone by the time police arrived, but officers hope someone will recognize them.



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Cynthia Buhl 2018 Board Chair

SHOP LOCAL - In October 2017, we launched our first Shop Local Program. "Make Our Day -Shop Carmel" was specifically designed to encourage our community visitors alike to support small, local business by shopping

more often and utilizing local services year 'round. Shop Local is a national movement and the idea of course is that when money stays local, businesses stay open, people stay employed, residents stay put and the local economy thrives. Last year we launched the program during the holiday season and more specifically with Small Business Saturday in November. This year our program will deliver targeted marketing messages encouraging the community to support local businesses more often throughout the year, provide effective tools and resources designed specifically for the independent business owner, refer consumers and members to fellow businesses and report back to our members on the success of the program.

**SUSTAINABLE BUSINESS** - No more plastic straws, no Styrofoam, better recycling, saving water and conserving energy. These are just a few ways that businesses are trying to operate while respecting and protecting the natural environment that surrounds and supports them. The chamber will continue its work with businesses, agencies, the City

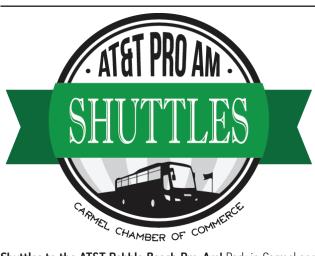
of Carmel and others to identify additional practices that embrace this new way of doing business. We'll spotlight current members and partners who have already implemented sustainable methods in their everyday business and how other businesses, residents, visitors can do to work together and get involved.

REPRESENTING OUR BUSINESSES TO **GOVERNMENT** - This year the Carmel Chamber of Commerce welcomes its first official Government Affairs Committee. The mission of the Governmental Affairs Committee ("GAC") is to "Provide a basis for The Carmel Chamber of Commerce ("CCC") to proactively engage in local, state and federal government related issues and to cultivate positive and productive working relationships with elected officials to create a healthy business climate for our Carmel communities." We will listen, respond and when appropriate, take action in regards to issues that directly impact our local business communities. Whether it be letter writing, testifying in support of business, meeting with local and state elected officials or sitting down with residents and the community at large, we'll advocate when appropriate and we'll report all of our efforts as the efforts of others back to you.

**BUILDING A STRONGER CHAMBER & COMMUNICATE** - In order to continue to provide ALL the benefits, tools and resources that the Carmel Chamber has to offer. we need to keep our membership base strong. We do that by providing keeping our members happy and renewals strong. We stav in contact with current members and we recently created more comprehensive membership packages that provide more value, more useful tools, more programs and more services throughout the year. We are also forming new partnerships with other local Chambers as well as larger and notable companies to broaden our brand recognition and reach. We'll be tapping into new funding sources that will allow us to create more programs and opportunities. We'll be updating our website to feature relevant and real time information first, showcase all of the successes of the Chamber and its members and we'll report on what other Chambers are doing to best serve their communities. We will communicate all of this to you more often, more consistently, more effectively, using all the various channels available to us, including print, social and beyond.

We look forward to working with all of you on these efforts and more in this new year. The Chamber Board and Staff are always available to take your feedback and suggestions on how we can best serve you. I am honored and grateful to work with such a motivated and committed Board of Directors, a talented and enthusiastic staff, friendly and knowledgeable volunteers, and an impressive group of business members and professionals who make Carmel such an amazing place to live and work. Here's to many more years of success!

Cynthia M. Buhl. The Crossroads Carmel 2018 Board Chair



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## Stroke aboard Monterey whale-watching trip prompts lawsuit

## ■ But attorney says plaintiff's story is bogus

By KELLY NIX

A MICHIGAN tourist who said she suffered a stroke during a whale-watching trip in Monterey Bay has filed suit against the boat company for refusing to return to shore when she started feeling ill, and an ambulance service for blaming her symptoms on "seasickness" and not properly treating her. But an attorney for the whale-watching business said her client believes the woman made up the story.

In a Jan. 17 complaint, Jordan Prouty maintains that after embarking on an Oct. 19, 2016, tour of the bay offered by Monterey Bay Whale Watch, she started to feel numbness on her left side, was clumsy, and could

not sit down. Suspecting she might be having a stroke, her husband, Seth, "begged" the crew to turn the boat around so his wife could get medical attention, according to the lawsuit, filed in Monterey County Superior Court by Newhall attorneys Mindy S. Bish and Stacey R. Cutting.

Company says its policy is to return to port for even minor medical issues

"Shortly after getting out to sea, Ms. Prouty and her husband both noticed that she was seriously ill with stroke-like symptoms," Cutting told The Pine Cone. "Her condition was

would 'not turn around for anyone." The boat crew did, however, help lay Prouty down on the floor of the boat and put a bucket next to her "just in case she got seasick." The visitor from Michigan would have to wait another four hours before the boat returned to shore.

so serious that they asked that the boat be turned around. The

response they received was that the [whale watch] company

## Fabricated story?

However, Monterey Bay Whale Watch attorney Jeanette Witten said this week that the company has a policy of returning to port if any customer has medical issues — even for something as minor as a headache.

"For more serious medical matters, [Monterey Bay Whale Watch] immediately contacts the U.S. Coast Guard for passenger assistance when out at sea with passengers," Witten told The Pine Cone. "The captains keep detailed incident and accident logs, as required by law."

The incident involving Prouty was not witnessed by any of the ship's crew members or reported by passengers, Witten said, and Prouty didn't contact Monterey Bay Whale Watch until more than a year after the alleged incident occurred, at which point her attorney sent the company what Witten called a "shakedown letter."

"It is my client's position that the plaintiff has fabricated the incident," according to Witten, who also said Prouty initially did not claim she'd had a stroke.

"The alleged facts have grown some wings in the past couple months," Witten said.

Cutting — who said in an email message to The Pine Cone that Prouty and her family boarded the ship expecting to have a "delightful time" — called the company's assertion "shameful and dangerous."

"The Proutys are extremely upset and saddened that Monterey Bay Whale Watch continues to demonstrate a complete lack of concern or care for their family," Cutting said.

Once the four-hour trip was over and the boat returned to Monterey harbor, emergency medical technicians with American Medical Response were waiting for Prouty, and her husband reiterated that he suspected she was having a stroke.

But the suit maintains that the EMTs told Prouty that she "was only experiencing seasickness" and "would be fine." She was released without treatment.

"The EMTs completely discounted Prouty's complaints and symptoms ... and did not perform any tests or assessments to determine if Prouty was having a stroke," the com-

## A trip to the emergency room

The next day, Prouty felt worse than she had the day before and decided to go to the emergency room. Physicians in the ER confirmed that Prouty, 37 years old at the time, was having a stroke, and they admitted her to the hospital, where she spent

The Proutys allege professional and gross negligence. Monterey Bay Whale Watch's "refusal to turn the boat" after being told that Prouty could be having a stroke, and American Medical Response's "refusal to perform" any tests on Prouty, represent "extreme and outrageous conduct," according to the complaint, which seeks an unspecified amount in monetary damages exceeding \$25,000.

A spokeswoman for American Medical Response declined to comment on the litigation.

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# No charges for cameras installed in school restrooms

PINE CONE STAFF REPORT

THE PACIFIC Grove Police Department will not pursue criminal charges against staff of the Monterey Bay Charter School in Pacific Grove for installing surveillance cameras in the student restrooms, a police spokesman said Thursday.

School principal Cassandra Bridge told The Pine Cone last week that the school installed the cameras in the boys' and girls' bathrooms in 2013 to prevent vandalism.

While there's a law on the books stating it's a crime to place a camera inside a bath-

room or other area where occupants have a reasonable expectation of privacy, police did not find that the charter school's installation of the cameras rose to the level of a crime.

"After an investigation was conducted, the department is not going to file charges in the case," P.G. Police Cmdr. Rory Lakind told The Pine Cone Thursday morning.

The cameras were only recently made public when a couple of parents were upset to find a surveillance camera in the girls' bathroom.

The charter school on David Avenue leases property from Pacific Grove Unified School District, but is not affiliated with the district.

# SCARE From page 1A

at 5:30 a.m."

By the time he arrived in town, officers were already posting signs at the beach along Scenic Road warning people to stay away, and "one went down on the ATV to make sure no one was camping down there," Tomasi added.

According to the "tsunami playbook," most of Carmel is safe from a tidal wave, due to the fact the city is on a hillside, but those living in the 100 homes along Scenic Road would be at risk of some "splash effect," and the area near Carmel Mission would need to be evacuated if the tsunami measured 17 feet or higher.

The playbook also designates routes out of town, and those that should be avoided, like Rio Road and areas south of the city limits.

"The amount of area in Carmel that would need to be evacuated is very small, and any route that leads a block or two inland from Scenic Road is sufficient for evacuation," according to the playbook. "This could be done just as easily on foot as it could be in a vehicle."

Carmel High School is the designated meeting point, if needed.

While officers ensured no one was at the beach in the early morning hours Tuesday, Tomasi logged onto the online emergency operations center to monitor the information Monterey County was disseminating. But data on surf levels were missing.

"I was waiting for updates on any kind of wave height, and there wasn't anything," Tomasi said. When he checked the National Oceanic and Atmospheric Association/National Weather Service site, a notice advised him that due to the federal government shutdown, the website wasn't being updated.

And at 4:20 a.m., a little more than an hour before the wave was anticipated to hit Carmel Beach, the watch was canceled.

"We left the signs up until the time it as anticipated to hit," just in case, he said. Officers also had barricades ready to close certain roads, if needed. "We were prepared, but luckily, it wasn't bad."

## Taking 'necessary steps'

In general, Tomasi said, Carmel is at a low risk of inundation. "We're pretty well protected here," he said. "Santa Cruz and Crescent City get hit really hard because of their shape and angle."

He recalled the tsunami that hit Santa Cruz after a major earthquake in Japan killed nearly 20,000 people and triggered the wave in 2011. The tsunami traveled more than 5,100 miles in 14 hours to reach the shoreline, where it caused an estimated \$10 million in damage in the Santa Cruz Harbor.

Here, the size of the beach, its orientation, and the seawall help shelter it from tidal waves. "But obviously, if it was going to be really big, we would evacuate," Tomasi said. "Our concern would be more around the Point and 14th, 15th and 16th avenues, which are more low lying. We would end up notifying people along Scenic."

While none of that was necessary early Tuesday morning, he said, "I want people to feel secure in knowing we were here. We were taking the necessary steps."

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disc golfers are known for taking care of their courses so public employees don't have to. Adams pointed to the county's most popular course at Ryan Ranch as an example.

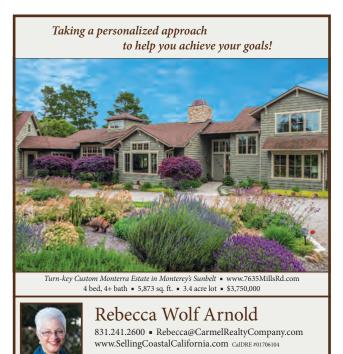
"You will see no litter or no graffiti at Ryan Ranch," he said. "Disc golfers maintain the course and report problems to authorities. Because discs get lost in tall grass, club members do a great job of lowering the grass in the fairway, which reduces the fire hazard. The City of Monterey, which owns it, doesn't have to devote resource to take care of it."

While disc golf resembles traditional golf in many ways, Adams noted there's a huge difference in how much it costs to play the two games — and how much it costs to maintain the courses.

"Traditional golf requires a lot of water and maintenance," he added. "But disc golf has a super low impact on the environment. We don't need water - all we need are tee boxes and



A disc golf player in action on a course at Ryan Ranch.





baskets. We'll take the vegetation in its natural state, and we can play in a wooded environment."

The park district, meanwhile, continues its efforts to identify suitable uses for the former golf course, which was acquired in 2016 for the park district by the nonprofit Trust for Public Land, which paid about \$11 million.

Park district general manager Rafael Payan confirmed that disc golf is one of a number of uses that have been suggest-

ed for the property, which will become part of Palo Corona Regional Park. Other proposed uses include a dog park and a science camp.

To get more feedback about potential uses for the acquisition, and listen to concerns about those uses, the park district will host public workshops Wednesday, Feb. 7, at Oldemeyer Center is Seaside, and Thursday, Feb. 8, at Rancho Cañada. Both gatherings start at 6 p.m.



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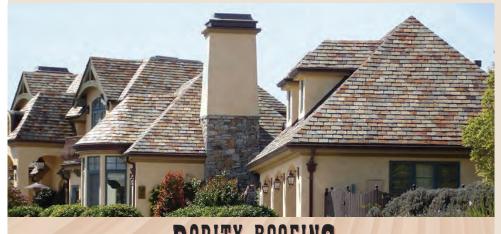
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# Panetta wants visas for crime victims and witnesses

By KELLY NIX

CONGRESSMAN JIMMY Panetta on Thursday said he will introduce a bill next week that seeks to further protect illegal immigrants who are victims and witnesses of crimes.

The Immigrant Victim Protection Act, as it's called, would increase the number of visas that are handed out each year for undocumented-immigrant witnesses and victims of violent crimes and human trafficking who are cooperating with law enforcement and living in the United States.

## Many applications

The bill, Panetta said, would prevent those illegal immigrants from being deported while awaiting the determination and processing of their visas, and allow them to be issued work authorization permits within a statutory timeline.

"After coming forward to play a key role in our criminal justice system, [undocumented immigrants] should not have

to live in fear that they will be punished for their testimony," Panetta told reporters in Salinas Thursday. "They shouldn't have to retreat back into the shadows."

While a law providing federal visas for illegal immigrant victims of crimes has been in place since 2000, there's a cap of the number of visas handed annually. Panetta's bill would

Currently, there's a statutory cap of 10,000 U visas for victims and witnesses of violent crimes, while there were more than 110,000 such visa applications pending with the Department of Homeland Security as of June 2017. There's about a 3-year backlog in processing the visas.

The visa program was originally intended to protect illegal immigrant women who were victims of domestic violence.

Panetta was joined in the press conference by Monterey County District Attorney Dean Flippo, Salinas Police Chief Adele Fresé and elected officials, who lauded the proposed legislation.

Panetta said he wasn't particularly surprised by its contents, but is also calling for the release of the intel that prompted the memo.

"I believe the [Democrats] have called for the evidence that was reviewed to make that memo," he said. "I think that's the appropriate next step."

## 'Extraordinarily reckless'

In a letter to Nunes Wednesday, Department of Justice Assistant Attorney General Stephen E. Boyd said it would be "extraordinarily reckless" to release the memo to the public without giving the FBI and DOJ a chance to review it and advise members of a House intelligence committee of "the risk of harm to national security and to ongoing investigations that could come from public release."

Panetta said he decided to review the memo after receiving the outpouring of calls about it.

"It's my job as a Congress member, when I receive constituent calls about a certain item, to do my job and my due diligence to follow up," he said.

# Raccoons raid city hall attic

By MARY SCHLEY

 ${
m A}$  HOTEL guest at L'Auberge Carmel sounded the alarm two weeks ago after looking out his window and seeing masked bandits breaking into city hall.

The bandits, of course, were raccoons, and city administrator Chip Rerig said he was very grateful to the guest for alerting him. This week, the public works department was busy seeking bids from contractors interested in fixing the damage the animals caused.

"They got all the way through, but they did not set up a nest inside," public works director Bob Harary told The Pine Cone Wednesday.

But they did manage to claw through layers of wood shingles, paper and plywood. The hole was large enough to let plenty of daylight into the attic and leak rainwater through the ceiling to the planning department below, where it soaked some ceiling tiles, according to Harary.

"Our roofing contractor is going to cut out the damaged plywood and put on new wood, paper, flashing and shingles," he said. "There are layers. They'll have to remove the damaged areas and reconstruct a whole new section of roof."

So far, he's received one estimate, but he didn't want to say what it is, since he's waiting for others to come in.

In the meantime, plastic is covering the hole, so it's not getting any worse or letting in more rain.

Raccoons are not an uncommon problem in town, where they have been known to attack pets and people, damage homes, and set up latrines in yards. They also carry parasites which can cause serious diseases in humans.

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# **MEMO**

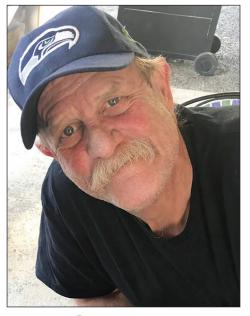
low Democratic Representative Josh Gottheimer from New Jersey read it together. "We were numbers 13 and 14 of the Democrats who have viewed it," Panetta said.

On Monday, the two congressmen made their way to a secure room called a Sensitive Compartmented Information Facility used by members of Congress to view classified documents. Members must sign in, check their phones and other electronic devices before entering, and are barred from taking

"There is a SCIF where the House Intelligence Committee meets, and it was one of their side rooms," Panetta said.

The Democrat from Carmel Valley said it took him and Gottheimer about 15 minutes to look over the memo, which he's prohibited by law from talking about in detail.

Though House Republicans have called the memo "worse than Watergate," Democrats have downplayed its significance.



Jeffrey Glenn Holbrook January 28, 1955 – January 17, 2018

On the morning of January 17th, Jeffrey Glenn Holbrook was called home by the Lord unexpectedly while doing what he loved. Jeff was born and raised in Carmel, graduating from Carmel High in 1973.

He moved to Nine Mile Falls, WA in 1981, where he married his wife, the apple of his eye, and they raised 5 children.

He is survived by his wife Tina, children Erik, Judy, Kim, Bill and Travis and their spouses, seven grandchildren, one greatgranddaughter, brother Mark Holbrook (Jo Ann) of Carmel, sisters Salli Hebert (Salinas) and Ellen Dieriex (Rodger) (Casper, WY), nieces, nephews, aunts, uncles and cousins.

His infectious smile and outgoing personality brought smiles to the faces of his friends and family, especially his grandchildren.

A service will be held at Our Lady of the Lake Catholic Church, Nine Mile Falls, WA on January 27th.

He will forever and always be in our hearts.

## NORMA LEE MEYER

June 26, 1927 \* December 10, 2017

Surrounded by her family at home, Norma Lee Meyer passed away on the evening of December

Norma Lee was born in Checotah, OK on June 26, 1927. She was the only child of Dr. Pleas and Hazel Nichols Sizemore. All of her life, Norma was inspired by both her paternal and maternal grandparents. Her grandmother, Lottie Sizemore, was an accomplished midwife in Blue Mountain,



AR, and the Nicholses had a proud heritage recognized by First Families of the Twin Territories. Grandparents Lee and Melissa Ann Ashford Nichols were married and lived in the Choctaw National Indian Territory beginning in April, 1891. So many of Norma's ancestral lines conjure colorful stories of American pioneers.

Norma's family moved to Denver, CO when she was eight years old. Always a good student, she was valedictorian of her 8th grade graduating class. When WWII broke out, Norma's father enlisted in the Navy. He was stationed at Treasure Island and provided medical training for soldiers in preparation for their deployment to the South Pacific. Meanwhile, Norma and her mother returned to Shawnee, joining family and friends for the duration of the war.

Norma graduated from Shawnee High School. Friendly and socially engaging, she was football queen her senior year. After

high school, Norma attended Oklahoma Baptist University. It was at this time she met and married Ensign Arthur John Handel Jr, who was stationed at the naval base near the college. At the end of the war, the couple moved to Lodi, where Norma worked as a decorator for Newfield and Son's

In 1967, Norma moved with her two youngest children to Carmel. Norma pursued her passion for decorating for several years until she began her career in real estate at Lois Renk and eventually Carmel Realty. It was in Carmel where she met and married her husband, Herbert G. Meyer, who passed away in 2016.

Norma's passion for travel and culture brought her to explore Western and Eastern Europe, Great Britain, Scandinavia, North and South America, Australia, and Asia. Norma's love of the Mexican people and culture inspired her to create a part-time home in Manzanillo for years, where she developed wonderful friendships.

Norma enjoyed an active social life, a treasure of lifetime friendships, and membership at The Beach Club and Casa Abrego. Norma and Herb celebrated the wonderful work accomplished by their community philanthropic organizations and were generous patrons of the SPCA, Ventana Wildlife Society, Carmel Sunset Center, Monterey Symphony, and CHOMP, among others.

Norma had a passion for cooking and entertaining with great style. She studied cooking in Napa, CA, Tuscany, Italy and San Miguel de Allende, Mexico. Given her natural talent for creating memorable tablescapes and for entertaining beautifully, Norma's home was always open to friends and family. Norma also enjoyed playing bridge and golf and caring for her amazing garden. She will be remembered for sharing her fragrant ginger lilies in bloom.

Norma's family and close friends brought her such joy during her long, productive life. Norma is survived by her children: Pamela Lee Handel Armbuster (Tom) of Fort Wayne, IN, John Handel of Carmel Valley, Stanley Lockwood of Ozone, AR and Lisa Ponzio (Leonard) of Hollister, and her stepchildren: Stephen Meyer (Teri), and Robert Meyer, (Kathleen). She is also survived by loving grandchildren and many great-grandchildren.

To offer condolences online, please visit <u>www.missionmortuary.com</u>. A celebration of Norma's life will be held at Church in the Forest in Pebble Beach at 11:00 a.m. on Saturday, January 27th, 2018.

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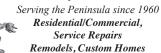
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# After slide, Cachagua Grade set to reopen Feb. 5

By MARY SCHLEY

REPAIRS TO the section of Cachagua Road that collapsed almost a year ago should be completed by Feb. 5 — a week later than the original target deadline — but construction crews are "moving right along," Christine Poe, management analyst for the Monterey County Resources Management Agency, told The Pine Cone Thursday.

The one-week delay was caused by rain earlier in the month.

After moving and compacting the soil to reach the desired road height earlier this month, crews graded the surface and laid the asphalt this week, according to Poe.

"They're installing guardrails either tomorrow or next week," she said.

The road slid during the torrential rainstorms last winter, but was temporarily reopened with a single lane in April 2017.

The road, which is narrow and winding, but also well traveled, closed again for permanent repairs six months later, forcing residents in the area to again travel down Cachagua Road, along Tassajara Road, and back up Carmel Valley Road to get to the Village and elsewhere on the Monterey Peninsula.

Road conditions in Upper Carmel Valley are notoriously bad, and residents have long complained of too much traffic and unsafe driving while everyone is forced to use the sole route in and out of the area.

Therefore, they've been closely watching the progress at the site, which is a little more than a mile from Carmel Valley Road — and are looking forward to throwing a party when it reopens — according to frequent comments and postings on a webpage dedicated to the project.

Granite is doing the work, having won the \$1,736,000 contract with the county in a competitive bidding process. The tax dollars paying for it are coming from the Federal Emergency Management Agency, California State Office of Emergency Services, and the county.

County officials acknowledged the residents' desire to be able to use the road again as soon as possible, and Poe said it's been gratifying to watch the project come together. "It's pretty amazing having been able to watch the progress," she said.

# Book looks at protecting Big Sur

SHELLEY ALDEN Brooks will sign copies of "Big Sur, The Making of A Prized California Landscape" Saturday, Jan. 27, at the Big Sur Grange Hall in Big Sur, and Sunday, Jan. 28., at The Lab in The Barnyard shopping center.

The book looks at the history of land use in Big Sur, and chronicles the effort to protect its natural and aesthetic qualities.

"This is an important book that reminds the people that we need to take the lead in protecting Big Sur," said Magnus Toren of the Henry Miller Library. "When I first heard about this book, I read it immediately."

Both events start at 4 p.m.

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## "POLICE LOG" CARMEL-BY-THE-SEA, MAY 11







DOMENICONI

January 26, 2018

Bob and Consuelo Purvis plan to tear down a 1940s-era home on Oak Knoll Way near Forest and replace it with a modern-style, mostly glass house designed by Case + Abst Architects of Jenner. The commission reviewed the preliminary plans calling for a 2,306-square-foot, single-story home and detached garage on the 5,490-square-foot lot, which is larger than the typical Carmel parcel. The house would have plaster siding, windows clad with bronze, stone veneer, and several skylights. Because the architectural styles and building materials of other homes in the neighborhood vary widely, planners said the proposed design would be appropriate.

"I love the design," commissioner Gail Lehman said. "It fits well on the lot.'

Locke agreed, describing it as "really beautiful," and she

recommended solar shades to prevent the skylights from polluting the dark night sky.

"Normally I would object to 10 skylights, but I think they're needed," Wendt said, because the area is heavily forested with oak trees.

Commissioners unanimously OK'd the design, which they'll see again for final review of the details at a future meeting.

Finally, Mark and Shari Lasher asked the commission for preliminary approval of their plans for a two-story, 1,800square-foot house with detached garage in place of the single-story, 909-square-foot home that currently sits on their Camino Real property. Designed by Holdren + Litzke Architecture, the house would have stucco siding and traditional pitched roofs, wood windows and doors, and a slate roof. Planning staff concluded the design is "visually interesting and complements the neighborhood."

Commissioners' discussion was brief. They liked the

design in general, with Wendt commenting that she appreciated how the architect "worked it in between those trees" on

"It's going to be beautiful," she said.

A couple focused on the state of the house being demol-

"As much as I like saving the old houses in Carmel, I haven't seen one this decrepit in a while," Lehman said. "It really is a fire trap. I'm glad it's going away."

LePage agreed. "I don't think there's any chance of saving this patient," he said.

He also complimented Craig Holdren on the design, saying he "represents the ability and integrity of architects we have in this community."

"It acknowledges our past but also represents the future," Le Page said of the proposed home.

Commissioners unanimously approved the preliminary design, which they will also see once more for final approval.

## PUBLIC NOTICES

## FICTITIOUS BUSINESS NAME STATEMENT

as: TERRI'S CLEANING SERVICES, 915 Sunset, Pacific Grove, CA 93950. Mailing address: P.O. Box 2183, Monte-rey, CA 93942 Registered Owner(s):

rey, CÅ 93942
Registered Owner(s):
ZERRA RHAE VAUGHAN, 915 Sunset, Pacific Grove, CA 93950
Business: Monterey
This business is conducted by an individual. The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 3, 2018.

names listed above on Jan. 3, 2018.

3/ Zerra Vaughan
Jan. 3, 2018

BY SIGNING, I DECLARE THAT ALL INFORMATION, IN THIS STATEMENT IS
TRUE AND CORRECT. A registrant who
declares as true information, which he or she
knows to be false, is guilty of a misdemeanor
punishable by a fine not to exceed one thousand dollars (\$1,000) (B&P Code 17913). I
am also aware that all Information on this
statement becomes Public Record upon
filling pursuant to the California Public
Records Act (Government Code Sections
6250-6277).
This statement was filed with the County Clerk
of Monterey County on Jan. 3, 2018
NOTICE-In accordance with Subdivision (a)
of Section 17920, a Ficitious Name Statement generally expires at the end of five years
from the date on which it was filed in the office of the County Clerk, except, as provided
in Subdivision (b) of Section 17920, where it
expires 40 days after any change in the facts
set forth in the statement pursuant to Section
17913 other than a change in the residence
address of a registered owner. A new Ficittious Business Name Statement must be filed
before the expiration. The filing of this statement does not of itself authorize the use in this
state of a Ficitious Business Name in violation
of the rights of another under Federal, State,
or common law (See Section 14411 et seq.,
Business and Professions Code).
Filing type: ORIGINAL FILING
Publication dates: Jan. 19, 26. Feb. 2, 9,
2018. (PC119)

## FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is(are) doing business as: DOCTOR LEAK DETECTION, 27493 Schulte Rd., Carmel, CA 93923.
Mailing address: P.O. Box 222925, Carmel, CA 93922

Registered Owner(s): FERNANDO SANCHEZ, 27493 Schulte Rd., Carmel, CA 93923.

Carmel, CA 93923.
Business: Monterey
This business is conducted by an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 9, 2018.
S/ Fernando Sanchez
Jan. 9, 2018
BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS
TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000] [8&P Code 17913]. I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).

This statement was filed with the County Clerk of Monterey County on Jan. 9, 2018

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictifious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et sea, Business and Professions Code). Filing type: ORIGINAL FILING
Publication dates: Jan. 19, 26. Feb. 2, 9, 2018. [PC120]

SUMMONS - FAMILY LAW CASE NUMBER: 16FL000171

NOTICE TO RESPONDENT: carlos a. nunex
You are being sued.
PETITIONER'S NAME IS:

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call , or court appearance will

letter, phone call , or court appearance numot protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees

tegal Services Web site (www.lawhelpcalifornia.org), or by contacting your local county bar association.

NOTICE — THE RESTRAINING ORDERS ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgement is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

The name and address of the court is: SUPERIOR COURT OF CALIFORNIA, COUNTY MONITERY 1200 Aguajito Road Monterey, CA 93940
The name, address and telephone number of the petitioner's attorney, or petitioner without an attorney, is: ABEGAIL NUNEZ P.O. Box 107
Gonzales, CA 93926
613-2196
Ronald D. Lance
11 W. Laurel Dr., Ste 215
Solinas, CA 93906
(831) 443-6509
Lic: LDA #5 of Monterey County Date Filed: Jan. 29, 2016

Publication Dates: Jan. 19, 26, Feb. 2, 9, 2018. (PC 221)

# FICTITIOUS BUSINESS NAME STATEMENT File No. 20180040

The following person(s) is (are) doing busi-

ness as:
HOLLY'S LIGHTHOUSE CAFE, 602 Lighthouse Ave., Pacific Grove, CA. 93950.
County of MONTEREY
Pacietzant(s).

Registrant(s):
AMY MARIE HANMER, 239 Cypress Avenue, Pacific Grove, CA. 93950.
This business is conducted by an individual. Registrant commenced to transact business under the fictitious business name or names listed above on 12/31/2016.
AMY HANMER
This statement was filed with the County Clerk

AMY HANMER This statement was filed with the County Clerk of Monterey County on 01/18/2018.

Publication dates: Jan. 19, 26. Feb. 2, 9, 2018. (PC126)

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 2017/25/15
The following person(s) is(are) doing business as: FIFI'S BISTRO, 1188 forest Ave, Pacific Grove, California 93950.
Mailing address: 6 Pilot Road, Carmel Valley, CA 93924.
County of Principal Place of Business: Monterey.

Valley, CA 93924.
County of Principal Place of Business: Monterey.
Name of Corporation of LLC as shown in the Articles of Inc./Org./Reg.: VARIETY CUISINE, 6 Pilot Road, Carmel Valley, CA 93924.
State of Inc./Org./Reg.:
This business is conducted by a corporation. The registrant commenced to transact business under the fictilious business name or names listed above on Dec. 22, 2017.
Sy Jennifer Roux, Vice President Dec. 22, 2017
BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) [B&P Code 17913]. I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).
This statement was filed with the County Clerk of Monterey County on Dec. 22, 2017

Records Act (Government Code Sections 6250-6277). This statement was filed with the County Clerk of Monterey County on Dec. 22, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: ORIGINAL FILING Publication dates: Jan. 26. Feb. 2, 9, 16, 2018. (PC127)

# CALENDAR

Jan. 27-28 — Monterey's Fisherman's Wharf Association is holding the 8th Annual Whalefest Monterey from 10 a.m. to 5 p.m. Saturday and Sunday. This free, fun and educational interactive event for all ages includes a 2-day symposium, live music, activities and displays by national marine organizations. www.montereywharf.com

Jan. 30 — Parent & Teacher Lecture: "The Mask You Live In," film presents boys and young men as they struggle to navigate the road to manhood, as well as an illuminating view of societal issues regarding how we are raising our boys. In partnership with Carmel Unified School District & Carmel Public Library Foundation, 6:30 p.m. at Carmel High School Performing Arts Center, 3600 Ocean Ave., at the intersection of Highway 1 & Ocean Avenue in Carmel. \$10 suggested contribution. Questions: afallon@ carmelpubliclibraryfoundation.org or (831)

Feb. 1 — Enjoy an authentic Kosher-Style Pastrami or Corned Beef Sandwich Thursday at Temple Beth El in Salinas, or come to our pick-up locations in Monterey and Carmel Valley. \$13 buys you a gigantic sandwich on rye, cole slaw, pickle and home baked cake. There's also a bake sale. Tickets available in advance or at the door. For

pick up on the Peninsula, please order and pay for your sandwiches by 5 p.m. Tuesday, Jan. 30. Information: Call 424-9151, or click on templebethelsalinas.org.

Feb. 5 — A Special Valentine from the Carmel Woman's Club! February is Women's Heart-Health Awareness Month but the Carmel Woman's Club welcomes men along with members and guests to an important talk by noted heart specialist Dr. Jeanne Phillips at 2 p.m. The board certified cardiologist is a graduate of Harvard Medical School and has completed studies in advanced heart failure and imaging training. At the conclusion of her presentation Dr. Phillips will take audience questions. Members, free; guests \$10, includes refreshments and tea following the program. Memberships available. Reservations not necessary. (831) 624-2866 or 915-8184

Feb. 7 — Clinical psychologist & prostate cancer survivor Dr. Larry Lachman and medical urologist Dr. J. Anthony Shaheen will facilitate a peer support session for prostate cancer patients and their spouses. Event, 5-6:30 p.m. at the Westland House Monterey, 100 Barnet Segal Lane, hosted by the Prostate Cancer Self-Help Group. For information contact, (831) 915-6466.

To advertise, email anne@carmelpinecone.com • \$0.50 per word (\$25 min. charge)

## City of Carmel-By-the-Sea, California

## **NOTICE INVITING BIDS**

## FY 2017/2018 PAVEMENT REHABILITATION PROGRAM

Notice is hereby given that the City of Carmel-by-the-Sea is soliciting Bids from qualified Paving Contractors for work consisting of, but not limited to, pavement rehabilitation for various City streets; including pavement grinding, patching, reconstruction, asphalt concrete overlays, leveling courses, rolled asphalt concrete berms, drainage swale repaying, replacement of curb, gutter, sidewalk and curb ramps, construction and reconstruction of storm drainage facilities, raising manholes, cleanouts, and valve boxes to new finished grade, thermoplastic pavement markings and all other work shown on the plans.

There will be a Pre-bid Conference and Site Tour on Tuesday, January 30, at 10:00 AM for all interested contractors. The tour will meet at Vista Lobos Parking Lot on the corner of Torres Street and 3rd Avenue and will leave promptly at 10:00 AM.

**The Invitation for Bids is available at http://ci.carmel.ca.us/carmel** (under the tab "Requests for Proposals") or by contacting Carmel Public Works Department at 831-620-2070. At the time of the Bid opening, the contractor must possess a valid type A contractor's license in the state of California. Questions regarding this solicitation are to be directed to Rob Culver, Superintendent of Public Works, at rculver@ci.carmel.ca.us, All auestions must be in writing, submitted via email by February 5, 2018 at 5:00 PM. Responses will be posted on the City website at http://ci.carmel.ca.us/carmel on February 9, 2018 by 5:00 PM.

Sealed Bids shall be received no later than 11:00 AM on Wednesday, February 14, 2018 and shall be submitted to the attention of the City Clerk with the envelope clearly labeled "FY 2017/2018 PAVEMENT REHABILITATION PROGRAM, Invitation for Bids 17-18-002" and showing the name of the contractor.

Bid may be hand delivered or mailed as follows:

## **US Post Office**:

City of Carmel-By-the-Sea Attention: City Clerk City Hall, P.O. Box CC Carmel-by-the-Sea, CA 93921

## OR

FedEx/UPS/ Courier Service or Hand Delivery City of Carmel-Bv-the-Sea

Attention: City Clerk

East side of Monte Verde Street between Ocean and 7th Avenue Carmel-by-the-Sea, CA 93921

Bids will be publicly opened at the City Hall Council Chambers, located on the eastside of Monte Verde Street between Ocean and 7th Avenues, at 11:00 AM on Wednesday, February 14, 2018. Bids received after the stated deadline will be returned unopened

Bids must be accompanied by a ten percent (10%) bid bond, certified check, or cashier's check payable to "City of Carmel-by-the-Sea." Bid bonds shall be in original form (no fax or photocopy) and executed by the Bidder and an acceptable surety. Bids shall be in accordance with the prevailing hourly rate of per diem wages for this locality and project as determined by the State of California, Department of Industrial Relations, pursuant to California Labor Code Sections 1770, 1773, and 1782.

Per Sections 1725.5, 1771.1, 1771.3, and 1771.4 of the Labor Code, this project is subject to compliance monitoring and enforcement by the Department of Industrial Relations. All contractors and subcontractors shall be listed in the bid proposal, subject to the requirements of Section 4104 of the Public Contract Code, and shall be currently registered to perform public work pursuant to Section 1725.5 of the Labor Code.

## PUBLIC

FICTITIOUS BUSINESS NAME STATEMENT File No. 20180108 The following person(s) is(are) doing business

CVS/pharmacy #17374, 133 General Stillwell Drive, Marina, CA 93933, County of Monterey Mailing address: One CVS Drive, Woonsock-et, RI 02895

at, RI 0'2895 Registered Owner(s): Garfield Beach CVS, L.L.C., One CVS Drive, Woonsocket, RI 02895; CA This business is conducted by a limited liabil-his company.

This business is conducted by a limited liability company
Registrant commenced to transact business under the fictitious business name listed above on 12/16/2015
S/ Melanie K. Luker, Secretary
This statement was filed with the County Clerk of Monterey County on January 12, 2018
1/26, 2/2, 2/9, 2/16/18
CNS-3089252#
CARMEL PINE CONE
Publication dates: Jan. 26. Feb. 2, 9, 16, 2018. (PC128)

# SUPERIOR COURT OF CALIFORNIA COUNTY OF MONTEREY

## ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No.18CV000250
TO ALL INTERESTED PERSONS: petitioner, LENAI B. BEGUE, filed a petition with this court for a decree changing names as follower: A.Present name: ALANA EVELYN SMITH

ALANA EVELYN SMITH
Proposed name.

ALANA EVELYN BEGUE

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING: DATE: March 16, 2018 TIME: 9:00 a.m. DEPT: 14

The address of the court is 1200 Aguajito Road, Monterey, CA 93940.

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Carmel Pine Cone, Carmel.

(s) Susan J. Matcham
Judge of the Superior Court
Date filed: Jan. 19, 2018
Publication dates: Jan. 26, Feb. 2, 9, 16, 2018. (PC129)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20180084 The following person(s) is(are) doing business as:

Rite Aid Pharmacy #6769, 499 Alvarado

## NOTICES

Street, Monterey, CA 93940
Registered Owner(s):
Thrifty Payless, Inc., 30 Hunter Lane, Camp
Hill, PA 17011
This business is conducted by a corporation

Hill, PA 17011
This business is conducted by a corporation Registrant commenced to fransact business under the ficilitious business name listed above on 01/29/2016
S/ Joseph J. Notarianni, Vice President This statement was filled with the County Clerk of Monterey County on January 10, 2018
1/26, 2/2, 2/9, 2/16/18
CNS-296/360#

1/26, 2/2, 2/9, 2/16/18 CNS-2967360# CARMEL PINE CONE Publication dates: Jan. 26. Feb. 2, 9, 16, 2018. (PC130)

## FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: THE BUTTERFLY HOUSE, 623 Lighthouse Ave., Pacific Grove, CA 93950.
Mailing address: 1713 Goodwin St., Seaside, CA 93955.

Registered Owner(s): DAVID KEITH HARPER, 1713 Goodwin St., Seaside, CA 93955. County of Principal Place of Business: Mon-teres.

terey.
This business is conducted by an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 2, 2018.

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars [\$1,000] [8&P Code 17913]. I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).

Records Act (Government Code Sections 6250-6277). This statement was filed with the County Clerk of Monterey County on Jan. 11, 2018 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictifious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: ORIGINAL FILING Publication dates: Jan. 26. Feb. 2, 9, 16, 2018. [PC131]

NOTICE OF PETITION
TO ADMINISTER ESTATE
of J RITCHIE DUNN
Case Number 18PR000031
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of J. RITCHIE DUNN, JOHN R. DUNN

iections with the court before the hearing. Your appearance may be in person or by your altorney. If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section \$8(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code, Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of the state assets or of any, petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner:

MICHAELA, ATTERIDGE
NICORA and HESPE
26185 Carmel Rancho Blvd., Ste. 100
Carmel, CA 93923
[831] 622-2000
This statement was filed with the County Clerk of Monterey County on Jan. 19, 2018.
Publication dates: Jan. 26, Feb. 2, 9, 2018. (PC132)

and JOHN RITCHIE DUNN.

A PETITION FOR PROBATE has been filed by WELLS FARGO BANK, N.A. and JAMES L. DUNN in the Superior Court of Colifornia, County of MONTEREY.

The Petition for Probate requests that WELLS FARGO BANK, N.A. and JAMES L. DUNN be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless on interested person singless and interested person singless and interested person files and objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the Petition will be

A hearing on the petition will be held in this court as follows:

Date: April 18, 2018

held in this court as follows:

Date: April 18, 2018
Time: 9:00 a.m.
Dept:: 13
Address: Superior Court of California,
County of Monterey, 1200 Aguajito Road,
Monterey, CA 93940.

If you object to the granting of the
petition, you should appear at the hearing
and state your objections or file written objections with the court before the hearing.
Your appearance may be in person or by
your aftorney.

Food & Wine Galleries and Art

# t This Week

Live Music, Clubs and Events

# Pianist takes on epic challenge, Hiatt visits Sunset

JUST AS avant garde composer John Cage did when he created the piece more than 60 years ago, **Jeffrey Trevino** will insert 45 everyday objects — ranging from screws and erasers, to nuts and bolts — in between the strings of a piano before he plays *Sonatas and Interludes* Friday, Jan. 26, at The Lab in The Barnyard.

## **On A High Note**

By CHRIS COUNTS

Trevino was studying music in college when he was introduced to the piece, and he was immediately smitten.

"I needed to play this," recalled Trevino, who is an assistant professor of music at Cal State Monterey Bay. "It was one of the most beautiful things I had ever heard."

But learning how to perform the composition was no small

challenge. "I spent a year learning to play the piece," Trevino told The Pine Cone. "It's 70 minutes long, and it's composed of 15 different parts. It's essentially 15 pieces without stopping. It requires careful study."

Before playing the piece, Trevino has to "prepare" the piano — precisely according to detailed instructions left behind by Cage, who died in 1992. By placing objects between the strings of a piano, Cage was able to alter the instrument's sound to play the music he imagined, creating what has been described as "a vivid sonic universe of gongs, bells, and drums."

An accomplished pianist, Trevino was once an orchestral tuba player who performed at Carnegie Hall, the Sydney Opera House and on other world class stages.

The concert starts at 7:30 p.m. Tickets are \$25. The Lab is located in the Barnyard shopping center, above the Carmel Valley Coffee Roasting Co. www.thelabarts.com.

See MUSIC page 26A

# Supes ask artists for ideas for county flag

TO DESIGN a flag that represents Monterey County, government officials are turning to one of the region's greatest resources for inspiration — its artists.

According to those officials, only 24 California counties have their own flags, including Santa Cruz, San Benito and Santa Clara counties.

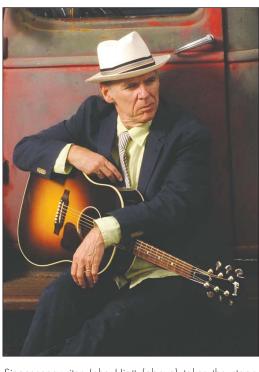
Artists must be residents of Monterey County to submit a design, and the deadline is Jan. 30 — which is just days away. A county official said the deadline might be extended.

The winning flag design will showcase the county's scenic qualities.

"Art designs for the flag emblem are needed," reads a description of the guidelines. "They should embody the his-

See ART page 26A

Painter and illustrator Erin Hunter, whose works capture flora and fauna, unveils a show, "Cross-Pollination – Art and Nature," Jan. 26.













ART GARFUNKEL • APRIL 20 • 8:00 PM THE WAILERS • APRIL 27 • 8:00 PM RUFUS WAINRIGHT • MAY 11 • 8:00 PM

WEIRD AL YANKOVIC • MAY 17 • 8:00 PM

Golden State Theatre

Downtown Monterey

(831) 649-1070

GoldenStateTheatre.com



20A

## F (

By MARY SCHLEY

# $\supset$

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## N I N

# EcoFarm in town, footraces in Pebble Beach, new ramen, and lunch with a supe

THE ECOFARM Conference held at Asilomar Conference Grounds each year began this week with field trips and demonstrations, and continues Friday and Saturday

with numerous panel discussions and work-

shops, as well as plenty of opportunities for eating, drinking and socializing. Hosted by

the Ecological Farming Association, the con-

ference draws farmers, chefs, nutritionists,

scientists and others in various related fields

soup to nuts

to the Peninsula for several days.

This year marks the 38th conference, and the theme is "Sow Good." Friday morning begins with the popular keynote talk by suc-

cessful organic farmers discussing how and why they do what they do, followed by a full day of workshops covering everything, from ethics, pest control, and regulations, to marketing, livestock, tools

and labor. The sessions continue Saturday morning and end with another keynote talk, this one by activist and author Winona LaDuke, who will present, "Honoring Land, Food Systems, and Community."

Interspersed with all the education is

plenty of fun, in the form of gatherings like the beer and cheese tasting Friday, hike in the Asilomar Dunes, Women in Food & Ag Mixer, and the EcoFarm Awards Banquet & Ceremony, followed by a dance party that runs until 12:30 a.m. Saturday will have a morning yoga session and a "Closing Circle"

The conference is open to all, and while online registration is closed since it's already underway, anyone who wants to can walk in and sign up between the hours of 7 a.m. and 7 p.m. Friday, and 7 a.m. and 10 a.m. Saturday, in the Surf & Sand Room. Prices for Friday are \$240 with meals and \$160 without, and Saturday is \$80 with lunch and \$50 without.

For a complete schedule and other information, visit https://eco-farm.org/conference

## ■ Half marathon at P.B.

As guests of Pebble Beach's Culinary Getaway are enjoying breakfast and honing their skills at hands-on cooking demonstrations, several hundred athletes will be taking to nearby 17 Mile Drive for 5K, 10K and 13.1-mile runs during the Vineyard Vines Half Marathon at Pebble Beach. Organized by a company called Resort Races and sponsored by clothing company Vineyard Vines, which has a shop in Carmel Plaza, the event — being billed as "the first race to run exclusively on 17 Mile Drive since it was first opened in 1881 — will culminate with a deluxe brunch at Spanish Bay.

"You will run along one of the most scenic drives in the world where dramatic

See **FOOD** page 22A



LIVE MUSIC

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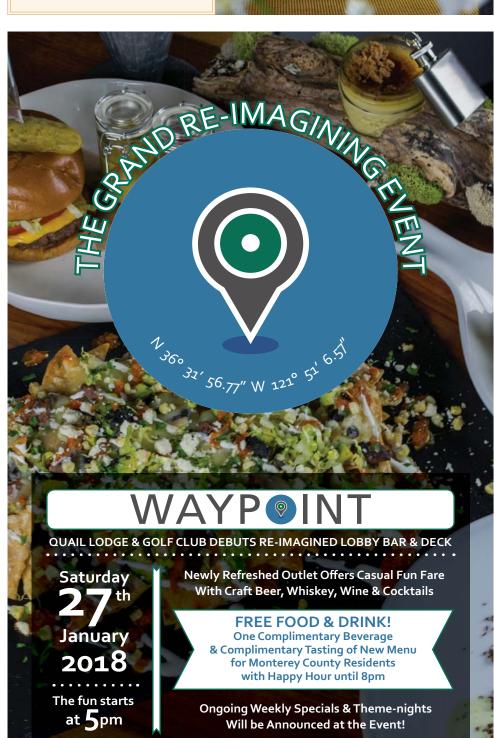
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## **FOOD** From pag 20A

22A

coastal cliffs, snow-white beaches, mystical forests, and iconic golf courses will greet you along the way," the announcement reads. "Celebrate with a bottomless Vineyard Vines Champagne Brunch and party in fitting Pebble Beach style at The Inn at Spanish Bay," which is also offering special room rates for participants.

In addition to a finisher's medal and other goodies, a lavish brunch will be the reward at the finish line.

Event registration for the run and brunch is \$199 per person, with extra brunch tickets available for \$99 apiece. Room rates at Spanish Bay start at \$839, which includes one race entry and brunch ticket.

Go to https://resortraces.com/races/halfmarathon-at-pebble-beach for more information. The Resort Races Collection also includes races at Pinehurst in North Carolina, and the Greenbrier in West Virginia.

And several weeks from now, Poppy Hills will host a race on its course on St. Patrick's Day that will reward runners with breakfast and green beer. Run Fore the Green will include "an amazing 4-mile run," that will start at the clubhouse on Lopez Road and take runners along cart paths through the undulating course. The \$50 race fee includes food and drink, and will benefit the Leukemia and Lymphoma Society. Entry also includes the "helicopter ball drop." Each runner's bib number will be printed on a golf ball, and after they are dropped from a helicopter, the ball closest to the hole will win the runner a prize package. To register, visit https://info.poppyhillsgolf.com/poppy-hillsrun-fore-the-green.

## ■ Ramen grand opening

Toribashi, the new ramen restaurant in the

Alvarado Street storefront that recently housed another ramen restaurant, a chocolate shop, and a store selling French trinkets and accessories, is celebrating its grand opening Feb. 8 with free, family-style dinners at 5:30 and 7 p.m. All people need to do to get seats is to RSVP.

The new restaurant serves lunch and dinner daily, except Mondays, and specializes in "simple, slow-cooked, delicious ramen dishes drawn from chef and founder Sam Park's 30 years of experience in the United States and Tokyo."

It is "fast casual — just like the Monterey lifestyle," and just like the immensely popular Poke Lab a few doors away. Guests order at the counter and can then dine in or take their ramen bowls to go.

Park learned to cook while serving in the U.S. Army, and in 1993, he opened his own sushi restaurant in the San Francisco area. His new Monterey restaurant emphasizes

"the authenticity and quality of our ingredients and cooking methods," including slow cooking in traditional Japanese fashion, but

serving it up quickly.

On the first Friday of each month, Toribashi donates 20 percent of its proceeds to the Special Operations Warriors Foundation, and the restaurant will always offer a 10 percent discount to students with current ID from DLI, NPS, MIIS, MPC and CSUMB.

Toribashi is located at 478 Alvarado St. in Monterey. For more information or to grab a spot at the grand opening, visit https://torib-

## ■ C.V. Women's Club luncheon with Mary Adams

Monterey County 5th District Supervisor Mary Adams will be the featured guest at a lunch organized by the Carmel Valley Women's Club Wednesday, Feb. 7, from 11 a.m. to 2 p.m. at Quail Lodge. "Mary will share her knowledge of what the county is up to, and you can take the opportunity to ask the big questions affecting you and your neighbors," organizers said.

Guests can choose from either roasted chicken salad or roasted vegetable salad when they sign up for the lunch, which costs \$50 per person, with proceeds going to the club's annual scholarship and community nonprofit fund.

To register, visit www.carmelvalleywomensclub.org and follow the links, or call event coordinator Penny Wood at (831) 624-3081. Quail Lodge is located on Valley Greens Drive off of Carmel Valley Road.

## ■ D'Arrigo adds more solar

D'Arrigo California — the ag company that's been growing and shipping produce in the Salinas Valley for nearly a century announced the third phase of construction of "the county's largest privately owned solar project" has come online, bringing its total power capacity to 3.3 megawatts. A fourth phase adding another 2.2 megawatts is set to go live later this year. The whole project was designed by CalCom Solar.

John D'Arrigo, president and CEO, said sustainability has always been "a core business practice" of the company. "We run on solar not only because of its sustainability benefits, which are significant, but because solar energy is fundamentally a smart business decision," he said.

The solar power will replace traditional electrical power on 14 of the 17 meters active on 1,139 acres of ranch property. In addition to the financial savings, the use of solar energy will reduce carbon-dioxide emissions by the equivalent of 8,750 cars over the next quarter century, according to the company, which was founded by two Sicilian brothers in 1920 and sells produce under the Andy Boy label.

Another significant Salinas Valley ag business, Scheid, uses wind power to run its winery operations.







204 CARMEL AVENUE + MARINA, CA 831-384-0925 + www.CASINOMONTEREY.com A REALITY every serious athlete learns is that the road to success is a long, uphill climb that can be exhilarating, but is also fraught with humbling setbacks.

Carmel's girls soccer team has been processing that lesson in recent days, briefly breathing the rarified air of a title contender with a thrilling 1-0 upset victory over Greenfield on Jan. 16, followed six days later by a deflating 2-0 loss to Pacific Grove — a game the team almost certainly expected to win.

# **Peninsula Sports**

## By DENNIS TAYLOR

That old cliché, "back to the drawing board," probably applies to the 20 players on a young varsity roster — 14 are underclassmen — but Coach Mucho Pefok knew beforehand that success can be fleeting and momentum can pivot in a heartbeat.

Fundamentals and teamwork might improve incremental-

ly with each practice and game, and confidence can skyrocket after a big victory like the one over Greenfield, but staying focused from opening kickoff to final whistle is a muchharder skill to master. That proverbial "drawing board" is a place good coaches never really leave.

Despite this week's setback against P.G., the Padres have good reason to look forward to the rest of the season, the second half of which is dead ahead. Going into Thursday's game against capable King City, they ranked third among the eight teams in the Mission Trail Athletic League with a 4-2 record, trailing Pacific Collegiate (4-0-1, 6-3-3 overall) and Greenfield (5-1, 9-2).

## **Expected tough games**

What should be considered when examining Carmel's 5-6 overall record is that the Padres started the year by losing four of their first

five, all non-league games against larger schools.

"I expected tough games at the beginning of the year. We were playing Watsonville, Scotts Valley, San Lorenzo Valley ... schools that have a bigger, better pool of players to select from," Pefok said. "But I really don't care if we lose 4-0, or even 8-0, as long as our players show me the desire to win their individual battles and compete. After our fourth loss (2-0 to Monterey), when we came out really flat, I felt like it was time to give our team some tough love."

The coach's postgame message to the Padres that evening was that they weren't expending enough energy, weren't competing hard enough and weren't yet good enough to win. And he knew he was rolling the dice, at least in terms of his players' responses..

"At a talk like that, things can go either direction," he said. "You can lose some players — some might go downhill mentally and you can't get them back up, and sometimes they'll start to value other things and stop training as hard."

The other possibility — and the one that resulted — was that his players would respond, stick together, push each other and show a desire to improve.

## A lot of growing to do

What Pefok has five weeks later is a team whose potential has a very high ceiling. Dillan Chiewpanich, a junior and first-year varsity starter, has emerged as one of the best goal-keepers in the county, averaging more than seven saves per game. Liuyi Yang, a sophomore, has peppered opposing goals with 29 shots in 11 games. Jessica Purdom, a senior cocaptain, is the team's most complete player, a midfielder who can attack the goal, drop back to defend, or control the center of the pitch.

"As a player, myself, it's always great to know I have a goalkeeper behind me who is going to put herself on the line," he said of Chiewpanich. "That assures me that I can she's going to be back there to cover me. What's quite exciting for me as a coach is that Dillan still has a lot of growing to do. Two-thirds of goalkeeping is positioning and communication, and that's where we're headed with her."

Purdom, says Pefok, is "our heart and soul right now. She's dynamic; she goes from box to box, affecting the play—attacking, defending, changing the flow of the attack."

Yang, says the coach, is a special talent with a brilliant future, limited only by inexperience. She still relies heavily on her ample natural gifts as she learns the more cerebral intricacies of the game.

Junior Serena Valdez, last year's goalkeeper, moved to midfield this year to play next to Purdom, where she brings dual skills of defending and attacking. "She's an unsung leader on this team," Pefok said.

Cosima Cristofalo, a freshman defender, is the player whose growth has been "most stratospheric," says the coach,

thanks to attitude, focus, work ethic, and a competitive nature.

## Wall-to-wall competition

The Greenfield victory was a coming-out party for the Padres — the Bruins arrived that day unbeaten in the MTAL, with a 7-1 overall record, and encountered a Carmel squad that was waiting to shine. The Padres competed wall to wall, broke the scoreless tie with Purdom's goal at the 35-minute mark, and whitewashed a talented opponent with the help of 19 saves by Chiewpanich.

"Other schools score more goals than we do, and we need to get better at attacking, but I take a lot of pride in putting up the zeros on defense and defending a lead," Pefok said. "In the last 10 minutes against Soledad (a 2-0 Carmel victory), they threw everything they had at us, and we responded. Greenfield was the same kind of thing. Our kids showed in those games that they have that mentality. They know how to grind. That's fantastic to see."

Carmel will begin the second half of its season Monday with a 3 p.m. road game against Santa Catalina (0-5, 1-7), followed on Wednesday by a 3:30 p.m. home-field showdown with league-leading Pacific Collegiate (Santa Cruz), a

team that beat the Padres 2-0 on Jan. 9.

"I think we've grown quite a lot since we played them the first time," Pefok said. "Pacific Collegiate is a good team. They move the ball quick. They have an idea of what they want to do. I think our first game against them kind of opened our eyes to see that the things we do in training can help us become as fluid and cohesive as Pacific Collegiate was against us that day."

## ■ Looking ahead (Jan. 26-Feb. 1)

**Boys basketball** — Monday: King City at Carmel, 7 p.m.; Wednesday: Stevenson at Carmel, 7 p.m.

**Girls basketball** — Monday: Carmel at King City, 6:30 p.m.; Wednesday: Carmel at Stevenson, 6:30 p.m.

**Boys soccer** — Monday: Marina at Carmel, 3:30 p.m.; Wednesday: Carmel at Gonzales, 5:30 p.m.

Girls soccer — Monday: Carmel at Santa Catalina, 3 p.m.; Pacific Collegiate at Carmel, 3:30 p.m.

**Wrestling** — Saturday: Carmel at Colt Invitational, El Camino High, South San Francisco, 9 a.m.

Dennis Taylor is a freelance writer in Monterey County. Contact him at scribelaureate@gmail.com.





PHOTO/DIEGO CABRERA

Goalkeeper Dillan Chiewpanich (left), flanked by teammates Serena Valdez (9) and Jessica Bartlett (11), blocks a shot by Pacific Grove's Jada Ware (20). Liuya Yang (right), a sophomore, has been Carmel's most aggressive attacker this season.



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# Don't blame the Dreamers

WAS IT worth shutting down much of the federal government last weekend over DACA? The headlines say that's what happened. And it's true that the shutdown was about immigration — everything about immigration, that is, except the Dreamers.

Almost all our political leaders agree that people who were brought to this country as children and have grown up as full-fledged Americans deserve a chance to stay, especially if they've proven themselves to be law-abiding and hard working. They also agree that it would be very unfair to send these young people back to countries they barely know — especially to places with different cultures, higher levels of poverty and much less opportunity than we have here — just because of something that was not their fault.

So why not just let DACA become law?

Because the other immigration questions confronting this country are much tougher, and have much greater consequences. For example, what about the millions of would-be immigrants in the United States who willfully crossed the border illegally or overstayed their visas during the last 30 years? What should be done about them?

And the border — most political leaders say it should be closed except to people who are legally admitted. But if it's to be closed, how?

Likewise, it's against the law to employ someone who isn't supposed to be here, and nobody is calling for that law to be changed. But thousands of employers ignore the law and knowingly hire illegal immigrants anyway. Should these employers be punished? And what steps should be taken to protect the livelihoods of citizens and legal residents from the low-wage competition of people who aren't supposed to have jobs?

Our country benefits from immigrants — that's another point hardly anybody disagrees with. They also agree that we can't accept everybody who would like to live here. But which immigrants should we admit?

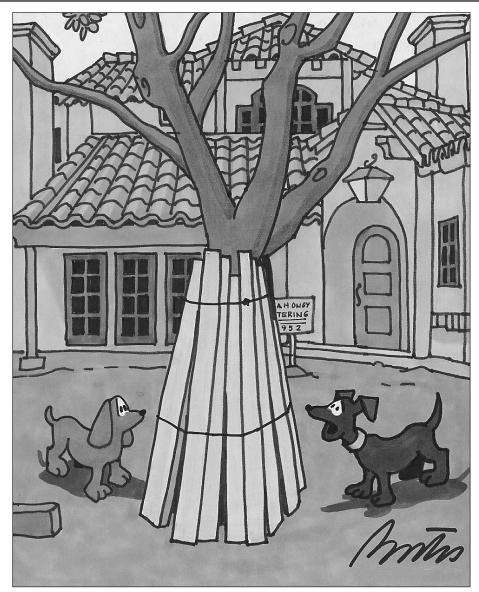
The shutdown happened not because there isn't agreement in Washington about DACA, but because Democrats and Republicans disagree about so many other things where immigration is concerned. Many Democrats like the status quo — illegal immigration is possible, if difficult; employers face few consequences for hiring people without legal status; and immigrants come mainly from underdeveloped parts of the world and are chosen either by lottery or because they have family here. But most Republicans, and especially President Trump, want all that changed — no more crossing the border without permission, no more hiring someone who isn't allowed to work, and implementation of a visa system that selects immigrants based on merit.

The consequences of either course are dramatic — not just economically and culturally, but politically — and both sides know it. Which also means they weren't just acting stupidly when they reached a stalemate.

That stalemate has now been put off for a couple of weeks, with no resolution of the underlying issues in sight, and pretty soon this country could be right back where it was over the weekend.

If it is, there will be plenty of blame to go around — but it shouldn't be put on the Dreamers. They may be getting all the attention, but they're really just innocent bystanders.

## **BEST of BATES**



Carmel's not what it used to be."

# Letters to the Editor

## 'Don't read them' Dear Editor,

I find it mildly amusing, yet overwhelmingly ironic, that a reader has chosen to criticize The Pine Cone editorial page for offering a commonsense (conservative) viewpoint on many issues of the day.

Are not liberal editorials from Northern/Central California daily newspapers like the Monterey Herald, Mercury News, San Francisco Chronicle and national journals such as the New York Times, Boston Globe, Washington Post and Los Angeles Times enough leftist propaganda?

The writer's obvious disdain for FOX news doesn't mention the liberal outlets like CNN, MSNBC, NPR, CBS and NBC where, as a recent study reveals, 90-plus percent of the coverage of President Trump since his election has been negative.

To complain about the editorials of a weekly local newspaper slanting to the right of almost all other dailies seems to be a bit of overkill, no? Might I suggest that if The Pine Cone editorials offend you, don't read them. You have plenty of other news sources to turn to to get your daily dose of "progressive" opinions.

So much for vaunted liberal "tolerance" - most notably of opinions which differ from theirs.

Victor Madden, Pebble Beach

## Speech vs. harassment Dear Editor,

These days the smear-campaign method is being used by many to combat what they claim to be sexual harassment. Sexual harassment is a legal term used by the government to govern relationship between supervisors and employees. If a person believes themselves to have been harassed, they make a report, which is sent on to the government and investigated, and the supereither exonerated reprimanded. Today, so-called sexual harassment is used as a tool to criminalize free speech. Most of those claiming sexual harassment remain anonymous (so they cannot be revealed and perhaps sued) are not employees or supervisors in a workplace.

In the case of Carmel Mayor Dallas, the claim is being made that he said something a person didn't like at a social function, and the person is not an employee of the City of Carmel, nor is Dallas her supervisor.

Spending money like water to investigate the matter is a disgrace and an insult to the taxpayers of Carmel. This is a matter of free speech, not a legal matter and should be dismissed as silly.

Patrick Clark, Carmel

## Dreamers should 'get in line' Dear Editor,

I fully support immigration — legal nmigration. I have seen the naturalization process in action several times for family members, and I encourage everyone to watch a naturalization ceremony. It's one of the

See LETTERS page 27A

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# Need a change? Make your life over a few times, then see what develops.

CARMEL VALLEY photographer Doug Steakley enjoys international recognition for his architecture, nature and wild-animal photography because of the keen eye with which he perceives and interprets his images, as well as the worldwide destinations that inspire his work.

Steakley can hardly remember a time in his life when he didn't take pictures, but he followed a circuitous path to actually

become a photographer. Born into a military

family, he grew up all over the East Coast

and spent four years in Germany, where his

degree from Ohio's Bowling Green State

University in liberal arts and American stud-

ies, and was accepted to Georgetown Law

School. Yet, after a semester, he decided he

didn't pursue law. I believe it would have cre-

ated an interesting career. But, I have no

need to look back with regret; I just look

Training Corps during school, and wanted to

become a military pilot and fly those "Ferraris with wings." But he distanced him-

self from it all during the Vietnam War. A

decade later, he became a licensed private

became a self-described hippie and started

making jewelry. His parents, he says, were

"freaking out." But Steakley fell in love with

Not professorial

smithing at Indiana University. In his very

colors

six

first semester, he land-

ed a job as a teaching

assistant in a painting

taken an art class and didn't know what com-

were, so the students

and I learned together,"

he said. "But, we had

classmates were all

positioning themselves

to become professors,

but he wanted to open

an art gallery. First, he

wanted to refine his craft. He moved to Denmark, where he apprenticed for

months, learning the technique of hollowware — making

metal vessels and jewelry of significant

The result was

signature

depth and volume.

Steakley's

Steakley's

plementary

fun.'

"I'd never even

In 1974, he enrolled in a Master of Fine Arts program in jewelry design and metal-

the arts and wanted to develop his skills.

Instead of his "best-laid plans," Steakley

He was a member of the Reserve Officers

back and wonder," said Steakley.

"I'm sort of surprised to this day that I

In 1966, Steakley earned a bachelor's

brother still lives.

was on the wrong path.

**Great Lives** 

By LISA CRAWFORD WATSON

strong, clean lines with depth yet simplicity, an economy of style and a whole lot of polish. It also resulted in jewelry fit for an art gallery. In 1976, he and Jackie, his wife of now 41 years, opened Concepts, just off Sixth, and later on Ocean. It was a gallery where his custom line set a precedent for jewelry as fine art.

"Concepts was unique," said Steakley, "in that we were representing jewelry by artists

> and presenting it in lit cases as if it were an art gallery. And so, it was. The jewelry had to be crafted, distinct, with something about it that made the artist recognizable, like a Weston or Ansel Adams photograph, where they are

known by their work."

Steakley, who had always enjoyed taking pictures, and who took all the photographs that hung in Concepts, got deeper into the art form as he traveled the world, taking in the natural landscapes of India, Africa and countries in Central and South America. He usually traveled on foot, as he mountainclimbed and hiked his way through each des-

"In 1993, a group of friends wanted to climb Kilimanjaro," Steakley said. "I bought a new Nikon and went with them. By the time I got back, I realized I liked making photographs more than making jewelry. And I knew it was to become my new profession."

## Taking a risk

Steakley took five or six photography workshops with legendary wilderness photographer and mountain climber Galen Rowell before his death in a plane crash in

"Galen had a big influence on my photography," Steakley said. "He was such an outdoor person with such a keen eye.'

Steakley called his accountant and told him he was pursuing a new career and that he would have a lot of losses in the first five years, but not to worry — he'd make it up. In

See STEAKLEY page 27A



Never one to back down from an adventure, Doug Steakley has taken pictures of wild animals, gone on long hikes with his equipment and published several books of photos from our own backyard.

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Sotheby's

# Finding what you love and doing it

By DENNIS TAYLOR

THE FINEST of fine art has been known to bubble up from hot springs of great emotion — most often pain — which is where Carmel artist Kim Campbell met her

She was living in Redwood City in 2000, scabbing up from the breakup of a toxic first marriage, when she boldly packed up her 5year-old son, Conor, and moved to the Monterey Peninsula as a single mom.

"I was making a good living, but the Bay Area was just a suburban sprawl that didn't feel right for me. I didn't have many close

friends, didn't feel very connected," said

Campbell, 58. "I felt like I had lost a piece of

myself during my marriage, and leaving that

relationship was a big moment of self-dis-

with artists and art appreciators, a

place to become inspired and follow

dreams that had been dormant for too

lifelong craving and became a fine

artist, a decision that has nourished

her soul ever since. "Waterfall" is a 10-foot-high, three-piece exhibit on

display at the Monterey Museum of

Art (559 Pacific St.). The work, she said, is a personal statement about her

erful, beyond our control. It is con-

stantly changing and re-emerging, as

is the human spirit," she said of the

piece. "If we allow the process of the

forging and the healing to emerge, we

can find the true power of our voice. This is what I hope for all women who

The ashram

followed a Bohemian heart. She grew

up in Indianapolis, playing hockey

with her brothers on frozen ponds with dreams of becoming a figure

skater or dancer, but as a college stu-

As a younger woman, she often

"The waterfall is freefalling, pow-

At age 40, Campbell embraced a

What she discovered here was a warm,

covery."

many years.

own journey.

seek change."

Carmel's artists

dent she met a teacher from India who sparked her interest in meditation.

"I left Ball State University [in Indiana] and went to live in an ashram in the Catskills [in New York], then went to India, and eventually came to an ashram in L.A.," she said. "I was there for three years, and then it was time to go. You learn meditation techniques, and you use them for the rest of your life."

In 1986, Campbell discovered the Gale Laurence Decorative Arts School in San Francisco, where her artistic dabblings were transformed into a career plan.

"I think within my first hour there, I was already thinking, 'OK, this is it - this is how I want to make my living," said Campbell, who, at 27, bought a small van and some painting materials. She jumped with both feet into

self-employment as a faux finisher, making plain surfaces look like marble, wood or other materials.

Within a year she had a five-person, all-

See CAMPBELL page 27A



After 13 years as a decorative artist, Kim Campbell embraced her true love – producing museum-worthy fine art.

## SHIELD From page 8A

didn't make sense anymore.

Paul Brocchini

(831) 601.1620

CalDRE #00904451

PaulB@CarmelRealtyCompany.com

"For someone to make it in there, you have to cut corners," like buying cheap ingredients, he said - something he didn't

So, now he's down to one restaurant -Carmel's Bistro Giovanni on San Carlos Street south of Fifth — and he's happy with what's happening there. Former customers of Da Giovanni have made their way there, and he expects Bistro Beaujolais' regulars will,

"We're doing great," he said. "Everyone from Da Giovanni is coming here. And we have a full bar."

He also likes the landlords and said he's content to focus his efforts on one location.

We're doing very well there, and I'll concentrate on that one," he said.



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## MUSIC From page 19A

## ■ It was 30 years ago today

When singer-songwriter and 11-time Grammy Award nominee John Hiatt takes the stage Jan. 29 at Sunset Center, he will revisit a record that is still popular decades after its

The show will mark the 30th anniversary of Hiatt's "Slow Turning" album, which not only earned him critical acclaim, but outsold any of his other records.

At Sunset Center, Hiatt will be backed by The Goners, who members include slide guitarist Sonny Landreth. The latter's skill at playing his instrument, along his affection for Cajun music, have earned him the title, "King of the

Hiatt is better known as a songwriter than a singer — his songs have been covered by Bob Dylan, Bonnie Raitt, Emmylou Harris, the Neville Brothers, Willie Nelson and many others. Rosanne Cash had a No. 1 country hit with Hiatt's "The Way We Make A Broken Heart."

Showtime is 8 p.m. Tickets are \$51 to \$93. Sunset Center is located at San Carlos and Ninth. Call (831) 620-2048 or visit www.sunsetcenter.org.

## ■ Live Music Jan. 26-Feb. 1

**Barmel** — C the Circus (indie rock, Friday at 7 p.m.); and Devine & Co. (rock, Saturday at 7 p.m.). San Carlos and Seventh, (831) 626-3400.

Fireplace Lounge in the Hyatt Regency Monterey Hotel - saxophonist Ben Herod, bassist Steve Uccello and drummer David Morwood ("Brazilian to bebop and beyond," Friday at 7 p.m.); and organist Eddie Mendenhall, guitarist Gino Raugi and drummer David Morwood (jazz, Saturday at 7 p.m.). 1 Old Golf Course Road, (831) 372-1234.

Folktale Winery in Carmel Valley — The Charged Particles (Latin Jazz, Friday at 4:30 p.m.); The Julie Capili Duo (jazz, Saturday at 4:30 p.m.); and singer-songwriter Moshe Vilozny and bassist Dan Robbins (Sunday at 4:30 p.m.). 8940 Carmel Valley Road, (831) 293-7500.

The Inn at Spanish Bay in Pebble Beach — The Jazz Trio featuring pianists Bob Phillips or Bill Spencer (jazz, in the lobby, Friday and Saturday at 7 p.m.); and The Dottie **Dodgion Trio** (jazz, Thursday at 7 p.m.); also, a bagpiper plays every evening at sunset. 2700 17 Mile Drive.

Julia's vegetarian restaurant in Pacific Grove — singersongwriter **Buddy Comfort** (Friday at 6:30 p.m.); and singer and guitarist Rick Chelew (Thursday at 6 p.m.). 1180 Forest Ave., (831) 656-9533.

Mission Ranch — pianist Tom Gastineau (jazz, Friday, Saturday and Sunday at 5 p.m.); singer and pianist Maddaline Edstrom (jazz and pop, Friday and Saturday at 8 p.m., and Sunday at 7 p.m.); pianist David Kempton (jazz, Monday through Thursday at 8 p.m.) and pianist Gennady Loktionov (jazz, Sunday at 10 a.m., Monday through Thursday at 8 p.m.). 26270 Dolores St., (831) 625-9040.

Monterey United Methodist Church — Matt & George & the Pleasant Valley Boys (bluegrass, Saturday at 7 p.m.), 1 Soledad Drive.

St. James Episcopal Church in Monterey — Taraf de Akácfa (Eastern European folk music, Friday at 7 p.m.). 381 High St., (831) 236-9138.

The Sunset Lounge at Hyatt Carmel Highlands — singer Neal Banks and guitarist Steve Ezzo (pop and rock, Friday at 7 p.m.); and singer and pianist **Dino Vera** (jazz, blues and r&b, Saturday at 7 p.m. and Thursday at 6 p.m.). 120 Highlands Drive, (831) 620-1234.

Terry's Lounge at Cypress Inn — singer and pianist Dino Vera (jazz, blues and r&b, Friday at 7 p.m.); pianist Gennady Loktionov and singer Debbie Davis (cabaret, Saturday at 7 p.m.); Andrea's Fault (jazz and blues, Sunday at 11 a.m.); pianist Gennady Loktionov (jazz, Sunday at 8 p.m.); and and singer Lee Durley and pianist Joe Indence (jazz, Thursday at 6 p.m.). Lincoln and Seventh, (831) 624-3871.

The Trailside Cafe in Carmel Valley — singer-songwriter Dan Frechette (Friday at 6 p.m.); and singer-songwriter Andy Fuhrman (Saturday at 6 p.m.). 3 Del Fino Place, (831) 298-7453.

January 26, 2018

From page 19A

tory of Monterey County, and consider color schemes and elements from various parts of the county such as historical landmarks and local wildlife, agriculture, coastline and rivers, and mountain ranges."

Monterey County Supervisor Luis Alejo called the flag "a symbol of civic pride," and he urged local artists to be part of an "historical process."

For more details, call (831) 755-5840.

## ■ Open house at Open Ground Studios

Unveiling a sparkling makeover and introducing an artist who draws inspiration from the natural world, Open Grounds Studio in Seaside will be the site of a reception Jan. 26 from 5 to 7:30 p.m.

The nonprofit's 2,000-square-foot building at 1230 Fremont Blvd. was renovated in late December and early January, and it now includes seven dedicated studios for artists. The work was paid in part by a grant from the Arts Council for Monterey County, and addresses a shortage of workspace for local artists.

"It's pretty amazing," executive director Denese Sanders said of the makeover. "Our printmaking studio is more open, our painting studio has a lot of light, and every single one of

our studios is filled with artists who are beside themselves with joy."

Also new at OGS is a show by painter and illustrator Erin Hunter, "Cross-Pollination — Art and Nature." In her display, Hunter explores the the relationships between flowering plants and their animal visitors. The exhibit continues through Feb. 24.

"Erin is a master," Sanders told The Pine Cone. "Her paintings are exquisite. Her commitment to her artwork and her ability to look closely at nature and share it — are phenomenal. She's a local treasure."

Go to www.opengroundstudios.com or call (831) 241-

## ■ Talk kicks off 'Year of the Woman' theme

The Monterey Museum of Art presents a talk, "Musically Speaking, Leadership in the Arts," by Monterey Symphony executive director Nicola Samra Monday, Jan. 29.

In her talk, Samra will explore the role of women in arts management, and discuss the challenges and opportunities they face. She will also retrace the path that led her to becoming a leader of a local nonprofit arts group.

The museum has declared 2018, "The Year of the Woman," and will offer a variety of events focused on the theme.

The talk starts at 1 p.m., and is free for museum members. The museum is located at 559 Pacific St. www.montereyart.org.

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# **CAMPBELL**

From page 25A

female crew that worked on scaffolds, painting large walls and ceilings in fancy San Francisco Bay Area homes. Business was brisk.

"I'd come home from a day of work and have 15 messages on my answering machine, which was exciting," she said. "I got some referrals through some of my brother's contractor friends, and the rest just happened through word of mouth."

But her desire to learn more about fine art became more intense, and in 1990, at 31, she took six months to study art history and learn sculpture through an American extension school in Florence, Italy.

"By that time I already had met my first husband [Kelly McCormick]. His wife had died of cancer, leaving two children, Cameron and Veda, who were 7 and 11," she said. "I fell in love with the children first, then fell in love with their father a few months later."

Her marriage to McCormick, a journalist,

took her to Greece, Turkey, and Cyprus, where, as a family of four, they lived on a boat. That's also where Conor was conceived.

When his newspaper gig ended, they returned to the United States, where their relationship deteriorated and eventually ended.

Not long after moving with Conor to the Peninsula, Campbell met the love of her life, Bill Lutz, a builder and a fundraising specialist whose own children (Nico, now 28, and Lillian, 24) were Conor's schoolmates. Hours-long telephone conversations led to a date, and 13 years ago they were married.

They live in New Monterey.

Campbell creates her artwork in a second-floor studio at Carmel Plaza and supplements her income as a part-time employee at the Carmel Art Association. (She is not a member.)

"It was a huge thrill to be invited to share my work at the museum," said Campbell, whose "Waterfall" will be on display at Monterey Museum of Art through April. "These pieces are very large and I feel

"These pieces are very large and I feel like they need to be in a public place. I do want to make a living with my art — but sharing the work is more important to me than selling it."

## **STEAKLEY**

From page 25A

2000, he published his first book, "Pacific Light, Images of the Monterey Peninsula," to wide acclaim, followed in 2001, by "Big Sur and Beyond, The Legacy of the Big Sur Land Trust." In 2005, he published "A Photographer's Guide to The California Coast"

In 2006, he and Jackie sold Concepts. He sometimes looks back, but never with regret.

Steakley has since held numerous photography workshops, locally and around the world. In 2011, he published "Photographing

Big Sur" and, in 2017, he released a large-format book, "Big Sur Revealed."

In 2003, the past member of the board of trustees for the Center for Photographic Art received the Ansel Adams Award from the Sierra Club, for his conservation photography, one of many distinctions and awards in his portfolio.

He's most gratified when someone is moved by his work. "We all have seen photographs that speak to our hearts, images that provoke a strong and lasting emotional reaction," Steakley said. "I know I have a strong image when someone who has seen it can easily recall it and comment on it much later."

# LETTERS From page 24A most moving things you'll ever see: P

most moving things you'll ever see: People voluntarily giving up their allegiance to their countries of birth to become citizens of the United States of America.

However, I don't agree with Congressman Jimmy Panetta wanting to reward a group of illegal aliens with eventual American citizenship. While the congressman says these people are "our best and brightest," I can assure him that there are many, many more American citizens and legal residents who are our best and brightest.

Ocean Scavenger Hunt

Panetta says these illegal aliens have faced hurdles in life, so the country needs to do more for them. No. If the country needs to do more for anyone who faces hurdles in life, it needs to be done for American citizens and legal residents. I can think of 13 children, native-born Americans, just rescued from a living hell in Southern California who are now facing a multitude of hurdles in their lives, and need all the help they can get.

All I ask of these "dreamers" is to get in line and follow the same process millions of legal immigrants have followed to reach their American dream — nothing more, nothing less.

Michael Markovitch, Marina

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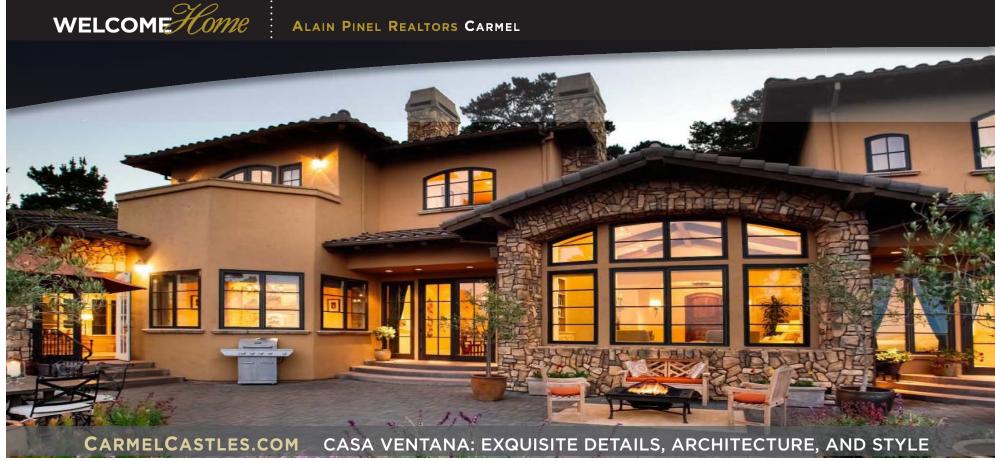
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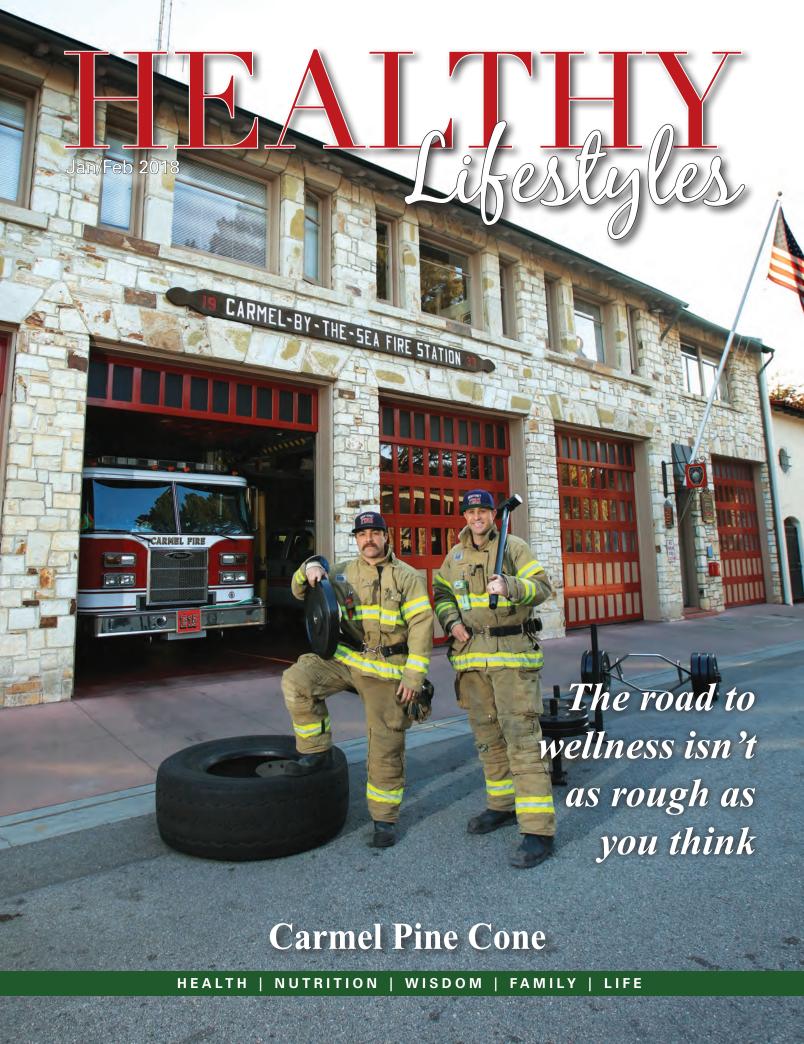
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# HEALTHY Jan./Feb. 2018 Lifestyles

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## ON THE COVER

James Copsey (left) and Spencer Reade show what fitness means for firefighters.

Photo: Randy Tunnell

# EDITOR'S NOTE



Welcome...

## **Greetings!**

**YOU MAY** wonder why there are firefighters on the cover. Well, every year around this time, many people get the idea they need to do a complete life makeover, trying fad diets and "cleanses," and pushing themselves hard to get in shape at the gym. We heard firefighters have some pretty extreme workout routines, and by gosh, they do (just look at the size of those weights).

But you don't have to work out like a firefighter to make your life better. And if you start off the New Year with unrealistic fitness goals for yourself, there's a good chance you'll give up.

To help out, we'll have six great doses — er, issues — of Healthy Lifestyles in 2018, each with suggestions for reboots and tweaks — ways to make changes that will pay off in small ways or large over time, but which won't leave you sliding back into your bad old habits.

For starters, we have a recipe for better eating, featuring a delicious low-fat vegetarian soup, plus advice on how to get better sleep. We'll also let you in on the secret that pain isn't necessary for a great workout, show you how to get the most out of your annual physical, and offer tips on choosing the perfect bicycle to hit the some of our fabulous local trails.

Read on. Then pick something and just start.

Kind regards,

Elaine Hesser

Editor



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# Getting a good night's SLEEP

## By ELAINE HESSER

**GETTING THOSE** Z's may be more important than you think. Your body systems all need regular, good quality rest to function properly. According to June Seliber-Klein, a Monterey neurologist who specializes in sleep disorders, poor sleep has been linked to weight gain, mood problems, diabetes, high blood pressure and more.

She said that research shows that there's also a

correlation between sleep deprivation among workers who switch shifts frequently and cancer.

Lorinda Mazza, a nurse practitioner who works at CHOMP's sleep disorder center, noted that there's an increase in car accidents during and just after the fall and winter time changes. The Alzheimer's Association says there's a link between poor sleep and getting the disease.





Dr. June Seliber-Klein at Monterey Bay Sleep Center. In the background, medical staff members demonstrate applying electrodes to monitor patients' sleep.

Fortunately, there are many ways to improve the quality of your 40 winks. Mazza mentioned that your bed should be used for only two activities — sleeping and intimacy — otherwise you can come to associate it with working and your mind will continue to buzz all night long.

You've probably heard by now that limiting your exposure to screens — like your phone and computer — before bedtime is a good idea. The nonprofit National Sleep Foundation (sleep.org) says that although as many as two-thirds of adults fall asleep in front of the TV, the light from the screen may delay rapid eye movement, or REM sleep, the really deep part of the night's cycle when you dream.

Why? Melatonin. It's a hormone that tells your body it's time to doze off, and it's regulated by light. Ideally, you'd get some sun first thing

in the morning to curtail melatonin production. Then, at least an hour before bedtime, step away from the screens and read a book or do something else relaxing.

The light from most lamps is a yellowish color, which doesn't inhibit melatonin production like the blue light from other electronics. Nevertheless, Seliber-Klein recommends using a relatively dim light if you need to get up during the night to use the bathroom.

Lowering the temperature also signals your body that rest is near, so avoid exercising or hot showers too close to dozing off. However, having a warm bath or shower about an hour ahead of time so your body temperature drops afterward is helpful for some people.

While you think that nightcap will help, alcohol has a rebound effect — you may find yourself

wide awake in the wee, small hours of the morning. Seliber-Klein said caffeine after lunch is a no-no if you're trying to improve your rest, too, although she noted that



Lorinda Mazza

some people are more sensitive to its effects than others.

Having dinner too late in the evening keeps many people up. A large meal that takes a long time to digest will almost certainly eat into your dreamtime. And if a post-supper cigarette or cigar is part of your routine, bear in mind that nicotine

SLEEP continued on page 16



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# The wheels on the BIKE are just the start

## By ELAINE HESSER

**THIS TIME** of year is one of the best for locals. While there are a few big events —apparently there's some golf tournament in February — beaches, trails and streets are relatively free of crowds. You can get a walk in without being poked by a selfie stick-wielding tourist.

You can also take a nice bike ride on Scenic Road, without worrying as much about a driver who's paying more attention to their GPS than to what's right in front of them.

What? You don't have a bike? Well, that's just crazy talk, especially nowadays when there's one for just about every body type, lifestyle and riding preference. Just ask Frank Pinto, the owner of Work Horse Bicycles in Monterey.

When you walk into the shop, the array and variety of bicycles and related gee-gaws is nearly overwhelming. In fact, you may briefly long for the days when you walked down to the local toy store or department store,

picked out a color you liked and decided whether you wanted a banana seat, a sissy bar or basket and tassels for the handlebars. Then you forked over the cash and went on your way.

However, Pinto said, the myriad options make it easier to find something suited just for you. The first thing he likes to do is ask questions — lots of them.

Question No. 1 is "What type of riding do you want to do?" Do you want to ride off-road? If so, are you picturing bouncing down hills at Garland, over rocky trails in the Sierra, or just on dirt trails or fire roads?

Maybe you want to cruise the rec trail a few times a week, or perhaps use your new purchase to commute to work. Pinto added, "Do you love to go fast? Are you looking for comfort or Tour de France speed?"

Finally, he said, he'll ask how you're going to get to the beginning of your route — do you want to be able to transport your bike in your Mini? And if you live at the





In his element at Work Horse Bicycles, Frank Pinto loves helping customers find just the right ride and accessories to get them on the road to fitness.

top of Ocean Avenue, remember that what goes down, must come back up.

After gently bombarding you with this line of questioning, Pinto narrows the choices down to three candidates. The customer will check the fit (more on that in a minute) and take some short test rides to get the feel of each bike.

Pinto said getting the right size bicycle was as important as getting the right size pair of shoes. His

Getting the right size bicycle is as important as getting the right size pair of shoes

smallest adult frame size suits someone 4 feet 11 inches, and he said that was significant, because petite women used to have to purchase a kid's bike to get one that fit —and some of them really didn't like that.

Whether you're a man or a woman, Pinto will have you stand over the bike, straddling the seat. There should be about 2 inches of space between the top bar and/or seat and you. Then comes a check of what Pinto called "the cockpit" — the reach from the saddle, or seat, to the handlebars. This will vary not only based on rider size, but on whether the bike is built for sitting up straight or leaning forward.

Bikes built for sitting up straight are generally what are called "beach cruisers" or "café bikes," meant for going about 3 miles at a time, from coffee shop to coffee shop. They typically look very old-school, with

big seats and bright colors. Pinto said you could stretch that distance to 5 miles, but after that, they're not very comfortable.

The saddle can be modified for height, and its angle is also adjustable. Perfectly level isn't always best. Some people find more comfort with the front of the saddle, or "nose," up, while others like it angled downward.

It's also good to tell the person adjusting your bicycle if you have hip or knee problems, as well as back issues, so they can take that into account.

Once you've got the main item all picked out and adjusted properly, it's accessory time. Pinto said you don't have to buy everything, and certainly not all at once, but after a helmet, the next two basics, if you're going to ride for more than 15 minutes at a

BIKE continued on page 26

# THE LIGHTER SIDE

# THE STAGES OF THE WEIGH-IN A brief description

By ELAINE HESSER

**FOR ABOUT** nine months now, I've been part of a weight-loss program with a weekly support group. Every Friday morning, we line up at three carefully calibrated scales and weigh in.

Now, unlike certain groups back in the day, no one will shout out anyone's weight, the number of pounds lost — or, horrors, gained. It's between my leader or one of her minions and me, unless I've hit a milestone, like 10 percent of my starting weight is gone or I've lost some multiple of five pounds. Then they'll smile and quietly ask, "May we celebrate you today?"

May you?? Heck yes! Bring on the applause and the bling! I'm easy. The charms and star stickers given out as rewards are just as effective at 56 as they were when I was 10.

But I digress. There are five stages of a weigh-in, during which we all act as if we're jockeys being checked out for the Kentucky Derby. In order, those stages are:

The restroom is referred to, without so much as an ounce of sarcasm, as "the weight reduction room."

### The Ceremonial Procession to the Scales

It's kinda quiet. Almost no one's eaten breakfast, and about half the group's members are clutching full bottles of water or cups of coffee — or both. Despite being thirsty and caffeine-deprived, people ae usually remarkably cheerful and friendly.

Everyone's already emptied out whatever could be coaxed loose, so to speak. Still, even if you went at home, you go again once you arrive at the meeting. The restroom is referred to, without so much as an ounce



of sarcasm, as "the weight reduction room."

# The Divestiture of Unnecessary Items

My necklace, which can't possibly weigh more than an ounce



or two? Gone. The key ring and purse, natch. Shoes? Check. Socks? Not wearing any. Please. Jacket? Done. If I'm wearing hair accessories, they come off, too.

Whatever the weather, I'm wearing the lightest-weight thing I could find in the closet. I once watched a woman take off a chiffon wrap that would have flown clear to Hawaii if a sea breeze had hit. I've worked out at the gym, and my hair has been blown bone-dry after my shower. I've never seen a wet head in that room.

Everyone waits in an orderly line, just out of earshot of the scales, as each person creates a unique pile of artifacts on the altar — I mean, counter.

My own (very svelte and athletic) sister, who belongs to a similar organization in a state that has very cold winters, once took off so much stuff before a weighin that the person behind her in line got impatient and demanded, "Will you be removing anything else?" You couldn't blame him. He hadn't had his coffee.

Gum chewers deposit the peppermint stuff in the trash.

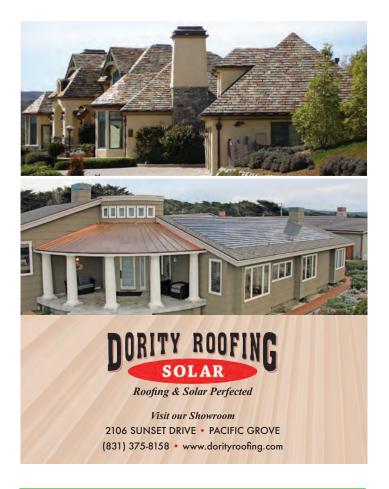
"OK, I'm ready for you," says Fearless Leader (or minion). I say a brief prayer that somehow the peanut M&Ms I consumed the previous day in the newsroom have magically passed through my body, no calories left behind.

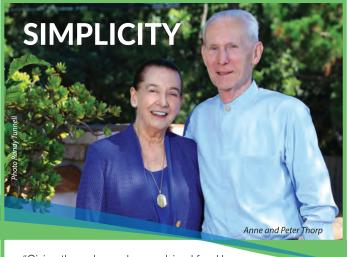
Then I exhale. No, really.

### The Mounting of the Scale

I wait for the digital numbers to stop bouncing around. "OK, I got you," says FL, in a cheerfully neutral voice, and

LIGHTER continued on page 27





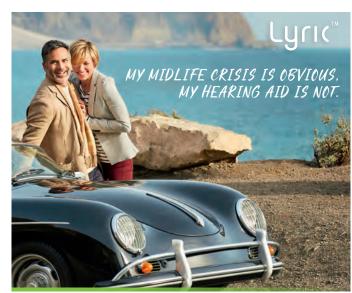
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# Limiting your exposure to screens before bedtime is a good idea.



Mazza and Seliber-Klein recommended "relaxing activities" before bed, including soft music, reading — but probably not the latest James Patterson thriller — and meditation, if you're so inclined. Some things haven't changed since you were 4 or 5, including the fact that consistent bedtime rituals promote sleep.

What if you wake up in the middle of the night? Mazza said that if it's a brief period and you can go right back to sleep, go ahead. But once you've been lying there for more than about 20 minutes, it's probably better to get up and read (not check your phone) or do something else relaxing. Staring into the darkness and willing yourself to sleep is usually counterproductive.

OK, what if you're still nodding off midday, you're irritable all the time, and you can't concentrate — classic symptoms of sleep deprivation?

Mazza said that there were more than 80 sleep disorders, but she and Seliber-Klein said they frequently see patients with sleep apnea. People with this condition often believe they're getting a solid eight hours of rest, but in fact, they're waking up throughout the night.

According to the National Institutes of Health, there are several



kinds of sleep apnea, but the most common — and the one Seliber-Klein described — is called obstructive sleep apnea.

While people with the condition sleep, their airway collapses for as long as 30 or 40 seconds at a time. Since the body's instinct is toward self-preservation, Mazza said, "It chooses breathing over sleeping."

The person wakes up — but only for a matter of seconds — breathes, and goes immediately back to sleep. That's why it often goes undiagnosed. In fact, Seliber-Klein said that often it's a partner who notices that the person stops breathing onand-off. Other times, the person's body will "finally give up on sleeping," and they'll fully awaken.

If the person does manage to make it through the night without waking all the way up, they'll be tired the next day, as if they haven't slept at all. The only way to accurately diagnose a sleep disorder is to go to a sleep clinic, where the patient is hooked up to monitors that track eye movements, brain activity, heartbeat and a host of other things.

"We put electrodes all over the patient," said Seliber-Klein. Then they say "nighty-night," and collect information for the next eight hours. While it seems like taking an insomniac and sticking a bunch of wires to them would make it even more difficult for them to sleep, Seliber-Klein said that data is recorded every 30 seconds throughout the night and "some of that time the person's going to drift off."

There are many treatments for sleep apnea and other disorders. For example, continuous positive airway pressure machines, also called CPAPs, consist of a mask that fits over the nose and mouth and provides mild air pressure to keep the airway open. Again, it sounds counterintuitive that wearing such an apparatus would make sleep easier, but if you've ever known someone who started using one, they've told you how much it has changed their life for the better.

For some people, losing weight can help, as can various types of medical and dental appliances. In other cases, surgery to remove excess tissue may be required.

How do you know if you should see your doctor about sleep problems? If lack of sleep starts to interfere with your everyday activities, like getting work done, driving, or even just staying awake, it's time to schedule a visit.

# P M P

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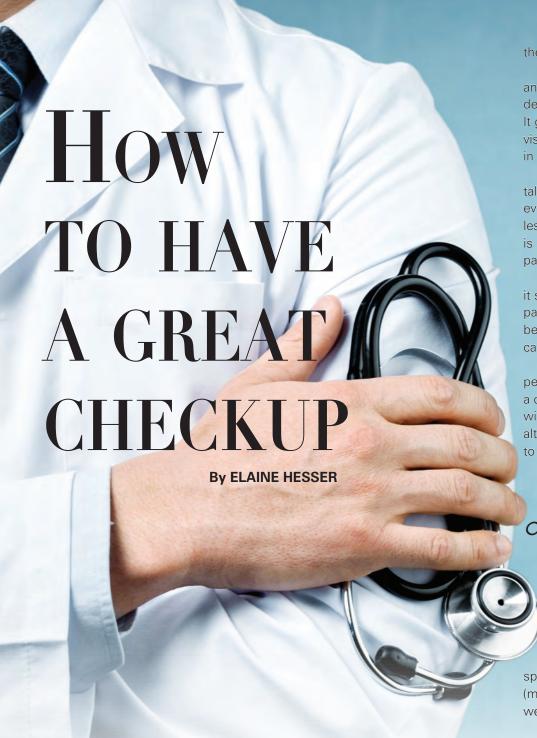
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**MAYBE IT'S** been a while since you've been in to your doctor for a checkup, and you're thinking about scheduling one to get the year off to a good start. Or maybe you've been avoiding it because you know you need to cut back on the chardonnay, get up off the sofa and get moving, lose a few pounds ... something like that.

Dr. David Straface of Montage Medical Group in the Crossroads and nurse practitioner Terri Bilbro of Urgency Med, an urgent care and family practice in Ryan Ranch, both want you to have a relationship with your medical provider that lets you 'fess up and face up to health issues without cowering in the corner.

"An annual visit gives both clinicians and patients a chance to interact and develop a relationship," Straface said. It generally lasts longer than a focused visit — one where the patient is coming in for a specific problem or reason.

Bilbro said, "You should be able to talk to your provider about anything and everything. Sometimes people settle [for less], but part of being a professional is listening to what's going on with a patient."

She added that to her way of thinking, it should be perfectly acceptable for a patient to meet and interview someone before accepting them as their primary care provider.

Assuming you've found the right person for you, what can you expect in a checkup? Straface said that the visit will probably last around 30 minutes, although that may vary from practice to practice. There are age- and sex-

You should be able to talk to your provider about anything and everything

specific tests that may be ordered (mammograms, colonoscopies, etc.), as well as blood work that may be done.

One new wrinkle is that the Centers for Disease Control want baby boomers to get a simple blood test for hepatitis C. According to the CDC, there are several good reasons — one, many boomers were prone to, shall we say, questionable lifestyle choices in their youth that allowed communicable diseases like hepatitis C to spread. Also, they grew up in a time before universal precautions and infection controls were implemented, and may have been exposed to the virus through a

CHECKUP continued on page 20

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### CHECKUP continued from page 18

procedure or contaminated blood.

If you were exposed to it, you may remain asymptomatic for decades, but it can lead to cancer and cirrhosis. Finally, unlike in the not-too-distant past, there is now an effective treatment for the disease.

A brief physical exam will also be conducted, noting, for example, a mole that might prompt a referral to a dermatologist. Vision is often tested, there might be a look inside your ears, and sometimes a brief cognitive exam might also be given.

Blood pressure, pulse, height, weight and respiration will be measured, and they'll listen to your heart.

"You'd be amazed at how many people come in here in AFib and don't even know it," Straface said, referring to atrial fibrillation, a form of irregular heartbeat that requires treatment to prevent further complications, like a heart attack or stroke.

Straface said that vaccines, such as a seasonal flu vaccine,



Bringing all medications to your checkup ensures that your records will be accurate.

one for shingles, and maybe a TDAP (tetanus, diphtheria, and pertussis, or whooping cough) or a tetanus booster might be administered.

The whooping cough vaccine is especially important for grandparents and parents of newborns, as well as pregnant women, said Straface, so that they don't catch the disease and pass it on to the baby. For the little ones, it can have

dire complications, including pneumonia, convulsions, brain damage and even death.

The heart of the visit, however, is the communication between the provider and patient. Bilbro said it's not uncommon for patients to hold their concerns in until the visit is almost over and then blurt them out. "If something's worrisome, that should be the first thing to bring up — get it out of the way," she advised.

Straface said one question to ask yourself is "What's keeping me up at night?" You should also bring up big life changes, like loss of a spouse, loss of job or moving to a new home, that bring on stress.

In fact, said Bilbro, it's good to bring up anything that's changed since your last exam, whether it's physical, mental or emotional. Things like unexpected weight gain or loss, tiredness, balance problems and other changes can all be



# The heart of the visit is the communication between the provider and patient.

signs of something that needs attention.

Reconciling your medications with your medical records — especially if you have multiple providers — is an important part of the conversation as well. Straface said it's easiest if the patient brings in everything they're taking in a bag, so that medical staff can see doses and the frequency with which they've been prescribed.

"Sometimes someone carries a list around in their wallet, but it's outdated," explained Straface. He added that non-prescription medications (like painkillers, for example), supplements and herbals should be included, as unexpected interactions are always a possibility.

Finally, there should be a discussion of lifestyle choices like smoking, drinking alcohol, nutrition and getting regular exercise. And there should be time for you to ask any lingering

questions that are on your mind.

Then you can check it off your list and get on with that nice, relaxing walk. You were going to do that anyway, right? So



Dr. David Straface



Terri Bilbro



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# NEED SOMETHING TO AIM FOR?

Try one of these finish lines.

By ELAINE HESSER







**SOMETIMES IT** helps to have a goal when you're trying to get fit, one that's fun and that you can share with friends and family. The Monterey Peninsula is home to many races and runs to inspire you,

from 1-mile fun runs and walks to marathons and triathlons.

Healthy Lifestyles has rounded up some of 2018's best. Many of these sell out quickly, so if you don't get into the event you want this year, it's never too early to start training for the next one.

This year's **Rio Resolution Run** is over, but there's no reason to believe that runners won't congregate again on **Jan. 1, 2019**, at the Rio

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Grill (which sponsors the race) to run the next one. If you're into putting things on your calendar that long in advance, keep an eye on riogrillsresolutionrun.com.

Options include a 5K and 10K run through town, and "walkers, strollers and dogs on a leash are encouraged." If you need more encouragement, the registration fee includes brunch from the Rio Grill.

For 2018, you have plenty of choices. The **Big Sur International Marathon** (bigsurmarathon.org) has spawned a whole family of events, year-round, beginning on the weekend of **April 28-29**. On Saturday the 28th, the By-the-Bay 3K is favored by local children, but grownups are welcome, too. The course is an out-and-back (as opposed to a loop) that starts and ends at Lovers Point.

On April 29, there are six races for which you can register. Of course,

the Big Daddy of them all — the marathon — stretches 26.2 miles along the coast, with musicians to help motivate the runners along the way. There's a 6-hour time limit, and strollers, dogs and walkers aren't part of the picture. This is one serious, but gorgeous, road race.

The marathon relay is for teams of four people who each run legs ranging from 4.8 to 9.4 miles. There are also 21-mile, 11-mile, 10K and 5K courses.

Come Father's Day, June 17, another BSIM event, Run in the Name of Love, offers either a 5K timed run or a 2K walk that can include your pet. The race is run in memory of the late Brian James Love, a Carmel resident who died in a snowboarding accident in 2005. He was secretly training to run his first marathon to surprise his mom, also a runner.

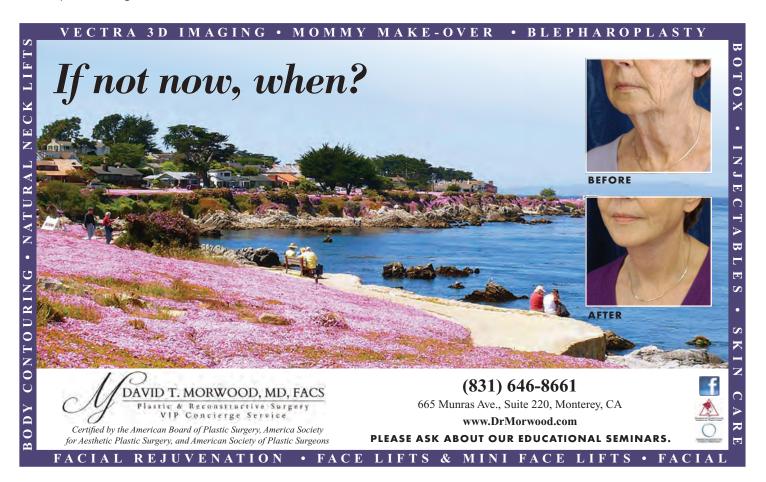
The courses start at Sunset Center

and end at Ocean Avenue and Scenic Road. Run in the Name of Love raises money for Just Run, the Big Sur International Marathon's fitness program for youth.

Want a change of scene? On August 4, the Salinas Valley Half Marathon — the inland member of the BSIM family — starts at 8 a.m., early enough to keep runners relatively cool. It begins at Soledad Mission and ends near Pessagno Winery, winding its way up the River Road wine trail, past vineyards and verdant fields of produce. No pets and no wheels (strollers, bicycles, roller skates, etc.) are allowed on the course. Go to salinasvalleyhalfmarathon.org for more.

BSIM's closes each year with the **Monterey Bay Half Marathon** on **Nov. 11**, which starts at the

RACES continued on page 25



# **SORTING IT OUT:**

# What kind of exercise do you need?

## By ELAINE HESSER

**CHANCES ARE** you've been bombarded with information about health and fitness for several weeks now. The same marketing machine that ramped up sometime before Halloween, telling you to indulge yourself with giant peanut butter cups, candy corn and holiday-themed cocktails, has now switched gears.

There are more exercise gimmicks, gadgets and training plans out there than you can count. But what really works, and what's just hype?

Healthy Lifestyles talked with Jenn Pilotti of Be Well Personal Training, who has a master's in human movement and nearly 20 years of experience, as well as Arianne Bautista, owner of Carmel Barre, who has numerous certifications, including personal training and workouts using a ballet barre.

Both women said that one of the biggest myths they encounter is that you need to, as Bautista put it, "be dripping with sweat and gasping for breath" to get in shape. Pilotti said "People assume they should go from doing nothing to thinking, 'I've got to do all of these things,'" meaning lots of aerobics, stretching, lifting, and so on. "Less is better than nothing," she added.

"I feel like sometimes people are running in a hamster wheel, wearing themselves out and not getting the results they want," Bautista said. She noted that you burn more fat when your heart rate isn't pounding as hard as it can. "You don't have to be in extreme pain or misery to reap the benefits of exercise. More isn't always better."

For example, Pilotti said, if you're going to start doing strength training, start with one set of four repetitions of whatever exercise you're doing, and work your way up to three sets of 10 repetitions. You can also break up the recommended 30 minutes of daily cardio into three 10-minute walks.

Pilotti answered another question about strength training. Is it better to lift free weights, like barbells, or to use the machines at the gym? Again, it depends on what you're looking for. If you want to do something user-friendly and "not think too much," as Pilotti put it, but still build strength, the machines are the way to go.

However, if you want your efforts to be more effective and build what weightlifters call a "mind-muscle connection," free weights are what you want. "What the heck's a mind-muscle connection," you may ask.

It refers to concentrating on the muscle or muscles you're working on strengthening. For example, if you were doing a bicep curl (imagine Popeye with a barbell in one hand, flexing), instead of thinking about washing the car later, you'd concentrate on making sure you were using the bicep and not swinging the weight around, or twisting your wrist in a way that could be harmful. This

SORTING continued on page 30





A good workout at Carmel Barre with owner/instructor Arianne Bautista (right) doesn't include misery — and neither should yours.

intersection of Del Monte Ave. and Camino El Estero in downtown Monterey, follows the coastline out to Asilomar and back, and returns to Custom House Plaza. On **Saturday, Nov. 10**, you can do the **P.G. Lighthouse 5K**, from Lovers Point to Point Pinos and back. There is also a 3K fun run that day, with the same starting point.

The **Big Sur Trail Marathon**, **half marathon** and **5-mile run** will be on **Sept. 22**, and is celebrating its 29th year. The course for all three races takes runners along the Old Coast Road for unique and beautiful views along with challenging hills.

The Monterey Rape Crisis
Center's 33rd Together With Love
10K and 5K Run/Walk is on Feb. 11
at Lovers Point. Money raised goes
to the center's education programs.
Teams, strollers, and kids are
welcome, but pooches have to stay
home. In addition to the grown-ups'
events, there's a 1K fun run for the
little ones at 8:15 a.m.

And if you're planning your whole year, the festive **Jingle Bell Run** for arthritis is tentatively scheduled for **Dec. 8.** There are both timed and



untimed 5K runs and a 1-mile Kids Elf Run.

If you need a bigger challenge, two popular triathlons beckon — the **P.G. Triathlon** will be on **Saturday**, **Sept. 12**, starting as always at Lovers Point, with both Olympic and sprint-(shorter) distance courses.

The **Wildflower Triathlon May 4-6** at Lake San Antonio and the surrounding area has expanded for significantly this year. There's a new 10-mile trail run on Saturday, May 5,

as well as a 5K evening run.

Sunday, May 6, a 10K race will take runners along the same course as the triathletes, who have choices of various combinations of distances for running, swimming and bicycling on Saturday and Sunday. Individuals and teams can participate. There will also be a stand-up paddleboard contest.

A unique feature of the Wildflower Triathlon will be the opportunity for participants to rent luxury tents or RVs (delivered to the site) for "glamping."

In addition to the events listed here, there are plenty of Turkey Trots, 10K and 5K races throughout the tri-county area during the year. You're sure to find something to suit your fancy and motivate you to just get moving.





BIKE continued from page 13

time, are a water bottle and a way to carry it.

A pump for the tires and a lock are also on most people's lists of musthaves.

After that, you might consider



The right accessories, starting with a helmet and water bottle, can make all the difference on your next ride.

buying some biking shorts. I know, I know — but hear me out. Actually, hear Pinto out. He said they prevent chafing, but more importantly, they have padding that will make your ride orders of magnitude more comfortable. They're made slightly differently for boy-parts and girlparts, and are intended to be worn without underwear.

of other accessories, but bicycles from Work Horse (and many other shops) come with another important feature included in the price — one or two tune-ups. The first one from Work Horse is recommended after the break-in period, which lasts 30-60 days. At that point, cables and spokes likely need adjustment, and your "fit" might need another look, among

There are dozens

other things.
The second is at the end of the first year, when

they'll go over the bike again and make adjustments — and make sure you feel well

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prints out a sticker for my journal, showing my starting weight, today's weight and the number of pounds lost (or, horrors, gained) this week — to the tenth of a pound. And you laughed at my jewelry removal!

## Appropriate Emotional Response

If I've lost a pound or two, this stage involves cheering, dancing and fist pumps. If I've gained, it involves self-recrimination about a potato chip I shouldn't have even looked at earlier in the week.

Group leaders are great about not judging participants. If you went to a special party or dinner, or on a cruise, and went a little nuts, the first question is "Was it good?" or "Did you enjoy it?" No scolding, no "you shouldn't have." Just, "OK, let's get back on track." It's very reassuring. Finally comes...

### The Guzzling of the Beverages

Ahhhhhh ... coffee, water, and maybe a banana, just for the heck of it. For the record, we all know that most of the nonsense that precedes a weigh-in isn't as important as a steady, downward trend over several weeks or months. But we're human, so we play the weekly game that keeps us motivated.

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# #Kitchen

# **BUTTERNUT SQUASH & GINGER SOUP**

THIS RECIPE'S got fiber, vitamin A and plenty of other great nutrients — with minimal added fat and no added sugar. A Spanish onion is a mild yellow onion; if you can't find one, any mild or sweet onion will work. Tying up the clove, thyme and bay leaves in a piece of cheesecloth with a piece of cotton twine makes them easy to fish out. If you put the soup in a blender, work in batches and put a kitchen towel over the top to prevent splashing. Otherwise, an immersion (stick) blender works well. To decrease fat content even further, substitute low-fat Greek yogurt for the crème fraiche or sour cream.



### **INGREDIENTS**

- Serves 2
- 4 tablespoons olive oil
- 2 cloves garlic peeled and smashed
- 1 large Spanish onion, peeled and diced
- 1 large carrot, peeled and diced
- 1 stem celery, peeled and diced
- 2 large butternut squash (about 4 lbs.) peeled, cubed, and seeded
- 2 tablespoons fresh ginger, peeled and chopped
- 2 whole bay leaves
- 1 whole clove
- 2 sprigs fresh thyme
- Salt and pepper to taste
- 4 tablespoons crème fraiche or sour cream for garnish

Heat the olive oil on low and add the garlic till golden. Put in the carrot, onion and celery and let sweat for 5 minutes over low heat without getting any color. Add the squash and the rest of the ingredients through the sprigs of thyme. Add just enough water to cover the vegetables. Let it simmer slowly and add water as needed.

Once veggies are soft, take out the sprigs of thyme and bay leaves, and whole clove. Use a blender to puree the soup until smooth. You may strain it through a sieve or cheesecloth, but it's not necessary.

Add salt and pepper as you desire. Serve hot and add a spoon full of crème fraiche on top.

Bon appetit!

# ABOUT THE Chef



**Soerke Peters** 

CHEF SOERKE Peters was born and raised in a tiny town in Germany, and he chose his career at age 5, despite never having met a chef or eaten in a restaurant. When he was old enough, he finished a three-year apprenticeship and then went to Munich, and cooked in restaurants there.

He continued to work his way up through the ranks in kitchens in the United States, always using local

ingredients from nearby farmers markets and vendors, just like his grandmother taught him. When he moved here and took over Basil in 2012, he continued the practice, in the process getting the restaurant a green certification for environmental friendliness — the first of its kind in these parts.

Now he's moved on to the Village Corner, where he plans to eventually implement the same principles that brought him success, with the help of his partner, Amy Stouffer, and Chef Raimundo Perez, who will be staying on. In the meantime, he's shared a recipe for some delicious and healthy winter soup.





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focus — and maintaining the proper form to prevent injury — requires a little instruction from someone who knows what they're doing.

Free weights are more effective for overall fitness because each time you lift them, you have to balance and engage more muscles than just the ones you're focusing on.

Bautista also said that people tend to overestimate the number of calories they're burning, thinking, "Oh, I've worked out, now I can eat that burger." So, should you eat before a workout?

"It depends on the person and the time of day," said Pilotti. "The first thing in the morning, a little bit of fuel is good. A little bit of peanut butter goes a long way."

How about all those sports drinks, with electrolytes and vitamins? Pilotti said that they're only helpful if you're doing intense cardiovascular training or working out in hot weather.

Otherwise, "water is a wonderful beverage." She mentioned that, "As we age, we aren't as aware of our thirst and don't sweat as much," so getting enough water is "more of a conscious effort."

And whatever else you think about

perspiring, you're not "detoxing" from that five-course dinner with a half-bottle of wine last night. That's what your liver and kidneys are for. Sweating just cools you down.

If you've belonged to a fitness center for any period of time — particularly in winter — you've probably heard this line, too: "I feel like I'm getting a cold. I'm going to go to

the gym and sweat it out."

OK, that doesn't really work. And you're likely sharing your illness with everyone at the gym, according to Bautista. Although she said at the tail end of a cold, it's probably fine to get some exercise, she believes at the beginning, you shouldn't add to your body's burden of fighting the cold by exercising. Pilotti said that if you're not running a fever, it's probably fine to go ahead and do your normal routine.

The infomercials for the 7-minute routine that will "burn off all your belly fat," or the miraculous piece of home gear that will give you thinner thighs and a perky butt are lying to you, too. Bautista pointed out that if there really were a magic bullet, someone



Jenn Pilotti

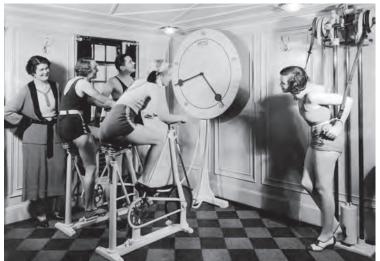
would be getting very rich from it right about now.

Pilotti said that as you get stronger and build muscle, you will get more compact, but as she and Bautista both said, losing fat overall is the only way to get a tighter tummy or muscles like a Richard MacDonald bronze.

Bautista said one of the other mistakes she sees is that people skip stretching and as a result, can lose mobility and flexibility. Pilotti said that although the research is mixed on when to stretch, the best idea seems to be to do a little warm-up before getting into your routine (walking a bit before running, for example).

Then, when you're finished, you can go into static stretches, where you hold a position for several seconds at a time.

Both women concluded by saying that finding something you enjoy, having fun and being consistent were the keys to making fitness a regular part of life. "Do a little more than yesterday, and you'll be more fit than you were last week," Pilotti said, summing up. Bautista said, "If you find a happy balance, working out becomes something you look forward to. Otherwise, it's never going to last."



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**SECTION RE** ■ January 26-February 1, 2018

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# Real Estate



■ This week's cover property, located in Pebble Beach, is presented by Doug McKenzie of Carmel Realty Company (See Page 2RE)



The Carmel Pine Cone

# Real Estate

Jan. 26-Feb. 1, 2018



Pebble Beach | 4 Bed, 4.5 Bath | \$10,500,000 www.Fairway2.com

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# Real Estate Sales Jan. 14 - 20

January 26, 2018

## Carmel

Casanova Street, 5 NE of 10th Avenue -\$1,575,000

Katy Redell to Fremont Land Co. APN: 010-186-013

### 26360 Rio Avenue - \$1.665.000

The Carmel Pine Cone

Virginia Mack and Mary Walsh to Jeb Bailey and Holiday Dapper APN: 009-462-004

# Carmel Highlands

74 Corona Road — \$780,000

Richard and Christine Kashfi to James and Lillian Hull APN: 241-052-001

### Carmel Valley

### 27550 Schulte Road - \$735,000

Daniel and Wanda Moore to Joshua Estassi and Hannah Moore APN: 169-191-007

46 Del Mesa Carmel — \$869,000



26360 Rio Avenue, Carmel - \$1,665,000

Richard and Cri Cri Eastin to Anne Abadir APN: 015-442-022

### 55 Wawona Road — \$950,000

Myrleen Fisher to Mark Raynes APN: 197-101-018

See HOME SALES page 4RE



# OCEAN & BEACH VIEWS

Scenic Road



Spectacular ocean & Carmel Beach views on west side of Scenic w/ approved Plans and Permits by Eric Miller for a 3bd, 3.5ba Mediterranean style home. \$7,295,000



Bill Wilson (831) 915-1830 wggwilson@aol.com BRE# 1096607

# **CARMEL-BY-THE-SEA**

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**CARMEL-BY-THE-SEA** Junipero 2 SW 8th



Charming Cottage located one short block to town. Secluded & bright sunny location on an oversized lot. Large \$1,395,000

"Bud" Larson (831) 596-7834 Bud@CasperByTheSea.com BRE# 00404972







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3 beds, 3 baths | \$3,950,000 | www.MonteVerdeContemporary.com



4 beds, 3.5 baths | \$3,900,000 | www.3292Martin.com



4 beds, 3 baths | \$3,595,000 | www.26070Ridgewood.com



4 beds, 4 baths | \$3,450,000 | www.26174Dolores.com



3 beds, 2 baths | \$2,450,000 | www.Casanova3SW12th.com



5 beds, 4 baths | \$2,285,000 | www.174CarmelRiviera.com



3 beds, 3 baths | \$2,050,000 | www.2696SantaLuciaCarmel.com



January 26, 2018

# **HOME SALES**

From page 2RE

# Carmel Valley (con't.)

73 Calle de los Ositos — \$1,100,000

Rory Sexton and Astrid Krehan to Tonya and Micheal Levy APN: 189-332-008

6220 Brookdale Drive — \$1,375,000

James and Diane Schaeffler to Jonathan Zhang APN: 015-241-010

16 San Clemente Trail - \$3,000,000

San Clemente Trail to Cheryl Thiele APN: 239-131-002

### Highway 68

1152 Sylva Road — \$1,200,000



2861 Forest Lodge Road, Pebble Beach – \$890,000

Marjorie Purcell and Donald Edgren to Andrew and Carole Stacey APN: 101-152-007

### 28 Elk Run - \$1,250,000

Jennifer Young to Giuseppe and Catherine Lama APN: 101-281-036

100 Wilson Road unit 110 - \$1,750,000

Radhika Mohandas to Michael McMillan and William and Cathy Hines APN: 259-185-001

### **Monterey**

## 1 Surf Way - \$565,000

Daya Fisch to Brian Frew APN: 011-442-056

967 Johnson Street - \$684,000

James Coulter to Brahm Spilfogel APN: 001-333-023

See MORE SALES page 12RE

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909 EGAN AVENUE, PACIFIC GROVE



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4 beds, 4.5 baths | \$10,500,000 | www.Fairway2.com

4 beds, 4+ baths | \$5,950,000 | www.4038SunridgeRoad.com





4 beds, 4 baths | \$5,400,000 | www.3896RondaRoad.com

4 beds, 4.5 baths | \$4,200,000 | www.3106Flavin.com





3 beds, 3.5 baths | \$1,795,000 | www.2823Congress.com

4 beds, 3 baths | \$1,595,000 | www.OakKnollPB.com





3 beds, 2 baths | \$1,575,000 | www.3053BirdRock.com

4 beds, 2.5 baths | \$1,350,000 | www.3071StrawberryHill.com

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# **POLICE LOG**

The Carmel Pine Cone

From page 4A

### SUNDAY, JANUARY 7

**Carmel-by-the-Sea:** Medication turned in at police station at 0122 hours.

Carmel-by-the-Sea: Person reported receiving a suicidal text message from his 13-year-old sister, who is living with foster parents in Carmel Valley. Contact was made with the 13-year-old by phone. She stated she was fine and did not want to hurt herself. Contact was made with the foster parent who was with the 13-year-old. The foster parent stated the 13-year-old was fine.

**Carmel-by-the-Sea:** A 52-year-old male Carmel Valley resident was arrested at Fifth and Junipero at 2058 hours for public intoxication and violation of probation. Transported/housed at Monterey County jail pending court appearance.

**Pacific Grove:** Citizen on Miles turned over drug paraphernalia to police. Items were booked for destruction.

**Pacific Grove:** Verbal dispute between neighbors on Grove Street. Information only.

**Carmel area:** Deputies were dispatched after a report of a restraining order violation on Oliver Road.

### **MONDAY, JANUARY 8**

**Carmel-by-the-Sea:** Parking officer found some unattended tools on Junipero north of Seventh and brought them to the police station for safekeeping, pending owner notification.

**Pacific Grove:** Officer was dispatched to a peace disturbance on Maple Street at 0200. A 52-year-old male was cited and released.

Pacific Grove: Attempted fraud through Craigslist ad for property rental on Funston.

**Pacific Grove:** Report of utility theft by a tenant on Funston.

**Pacific Grove:** Unattended vehicle hit a city-owned vehicle on Forest Avenue.

### **TUESDAY, JANUARY 9**

Carmel-by-the-Sea: A wallet was found

and returned to its owner.

January 26, 2018

**Pacific Grove:** Person reported a subject broke into a business on Forest Avenue at 0348 hours. Subject was seen coming out of the business with property. The 29-year-old male was taken into custody.

**Pacific Grove:** Subject collided with a fixed object in the roadway on Lighthouse Avenue.

Pacific Grove: Graffiti on the side of a building and in the basement area on Moreland.

**Pacific Grove:** A 60-year-old male was arrested on Pine for multiple warrants and transported to county jail.

**Pacific Grove:** Person reported swinging a bat in the front yard and hitting things.

**Pacific Grove:** Elderly woman was located walking on the highway. She was turned over to a neighbor on Congress.

**Pacific Grove:** Report of road rage that started on Del Monte Boulevard.

**Pacific Grove:** Person on Asilomar believes a female took several items from his residence while he allowed her to stay there.

**Pacific Grove:** A child lost her toy on Sloat. Nothing matching the description in police department's found property system.

**Big Sur:** Ex-boyfriend on Middle Road was posting harassing messages on Facebook.

### WEDNESDAY, JANUARY 10

**Carmel-by-the-Sea:** Police assisted fire department and ambulance at 0214 hours on Lincoln south of Ocean with a highly agitated patient who was claiming to have heart-related issues.

**Carmel-by-the-Sea:** Noise complaint regarding a gas leaf blower at San Antonio and 12th. Warning issued.

**Pacific Grove:** Theft of a woman's purse from a vehicle which was parked in the owner's driveway on Stuart.

**Pacific Grove:** City property on Melrose Place was vandalized. Submitted to public works for cleanup.

**Pacific Grove:** Unknown person used a stolen credit card to purchase merchandise worth approximately \$700 on Forest Avenue.

Pacific Grove: Person walked away from a

See LOG page 12RE

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CARMEL | 254 Hacienda Carmel SOTHEBYSHOMES.COM/0475039

Cozy Studio | \$339,000 Kathryn Picetti 831.277.6020

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# My journey is over — I've finally become a mononymous celebrity

IT HAPPENED without me noticing it. Had not a friend pointed it out, I probably wouldn't have known about it. It has to do with the way my column appears in The Pine Cone. Sometimes the entire column appears on one page, usually page six in the Real Estate section. But when I am a little too wordy, the column "jumps" to another page. In the past when the column "jumped" a notice appeared reading, "See GER-VASE page ...," followed by the number of the page where the column continued.

January 26, 2018

Then, several issues ago, the notice of the jump appeared as, "See JERRY page ...." Suddenly, I had joined people known by only one name. I was monomynous.

"You're just like Prince," my friend said. "Jerry, the artist formerly known as Gervase."

It did not take long to get used to being monomynous, or to appreciate how rarefied is the atmosphere in which I suddenly soared.

Yes, I am right up there with Sting (Gordon Mathew Thomas Sumner,) or Bono (Paul David Hewson), or Björk (Björk Guòmundsdóttir). Well, maybe not Björk, because since I'm not sure how to pronounce it, I may come off looking like a bjerk.

I was curious about how other monomynous celebrities acquired their monomynimity. Surely there was something exotic about how Gordon Mathew Thomas Sumner became Sting. I discovered that the singer's stage name started when he wore a black-and-yellow sweater during a show and friends thought he looked like a bumblebee. That's it? Imagine if he had been wearing a Haitian T-shirt. Would he have become as famous if

his name was Stinghole?

Bono got his nickname from the Latin word, Bonovox, which means "good voice." How glamorous is that? I had four years of high school Latin and can't imagine people calling me veni, vidi, or vici.

I'm OK with being known simply as Jerry, but I thought would ask my family for suggestions for something more exotic, like Ice-T, although I'm not sure his name qualifies to be monomynous since it's hyphenated.

# **Scenic Views**

By JERRY GERVASE

"How about Kong?" my son said.

"Kong?" I replied. "Why Kong?" "Because when we were kids, you always beat your chest like a gorilla when you won at Yahtzee." (He's no longer in

My daughter suggested Cher, because she said, "It's French for dear and you are so dear to me." (I'm calling my lawyer to leave her everything.)

My youngest daughter, always the family clown, chimed in with Beyoncé, because she said, "your thighs are about the same size." I thought that was funny, but then she came up with Liberace because I type the way he played the piano.

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"You know," she said, "you're both very flamboyant on the

keyboard, lots of flourishes, and you had those awful silver sweatpants that would have gone with some of his sequined jackets." (I'm not sure where to place her in the will.)

My brother suggested Che.

"You were a revolutionary even when you were back in college," he said. "Remember when you wrote that article in the school paper about selling the football team instead of raising

I remembered very well. Apparently the team's linemen didn't appreciate Swift-ian satire and wanted to use me as a tackling dummy.

But I thought there was too much negativity associated with Guevara, which led me to be careful when trying to adopt a more exotic monomynous name. History is filled single-named disreputable characters. It might not look good in The Pine Cone to see my column jump to another page with the notation, "See MUSSOLINI page ....'

So I began searching the internet for a name I could identify with that would be more recognizable than my own. I dismissed Pink out of hand. I liked Slash, but I'm not much of a Guns N' Roses fan.

Enya is a possibility, since I like her lyrical, mystical music. Maybe I could make it masculine with Enyo, but the "yo" part had too much Rocky Balboa to it.

Eminem is a strong candidate because he is associated with 8-Mile Road in Detroit and I went to school on 6-Mile Road. Besides many people tell me that my mispronunciation of so

See JERRY page 12RE

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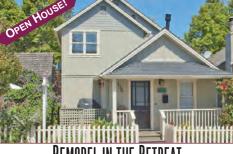
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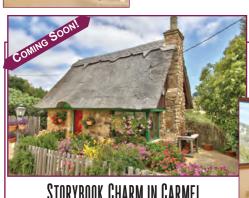
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# **OPEN HOUSE | SAT 12-3PM**



PEBBLE BEACH 2947 17 Mile Drive | \$1,975,000 MPCC NEIGHBORHOOD HOME WITH VIEWS TIMALLENPROPERTIES.COM/OLDSEVENTEENMILE



**PEBBLE BEACH 1531 Riata Road** | \$7,950,000 MEDITERRANEAN ESTATE WITH VIEWS, POOL, & WINE CELLAR TIMALLENPROPERTIES.COM/RIATAROAD



CARMEL HIGHLANDS 89 Yankee Pt | \$2,195,000 OCEAN VIEWS FROM NEARLY EVERY ROOM TIMALLENPROPERTIES.COM/89YANKEEPOINT



GLOBAL LUXURY...

TIM ALLEN TIM ALLEN CalBRE#00891159 c 831.214.1990 TIMALLENPROPERTIES.COM PROPERTIES 10RE



2 BEDROOMS 2 BATHS 1648 SF 3588 SF LOT \$895,000 **OPEN SATURDAY 1 - 3** 



**MONTEREY** 4 BEDROOMS 11,200 SF LOT \$930,000 **OPEN SATURDAY 12 - 3** 2 BATHS



3 BEDS 2 BATHS 2010 SF \$1,195,000 **CARMEL** 



PEBBLE BEACH 4 BEDROOMS 4 FULL + 1 HALF BATHS 1.38 ACRE LOT \$8,750,000 **OPEN SATURDAY 12 - 3** 

831.622.1040 APR-CARMEL.COM **OCEAN AVE NW CORNER DOLORES JUNIPERO** BETWEEN 5TH & 6TH









CARMEL

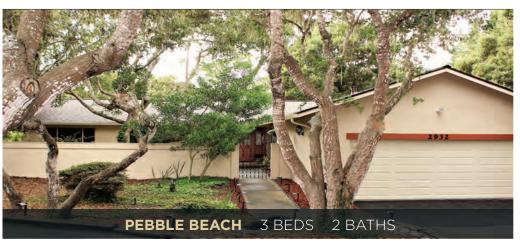
3 BEDS

2 BATHS

1566 SF

4000 SF LOT

\$2,195,000



1827 SF 9100 SF LOT \$1,095,000

PEBBLE BEACH 4 BEDS 4 BATHS

4289 SF 25,265 SF LOT \$3,800,000



2235 SF 23

2385 SF LOT

\$1,995,000



3 BEDS

2.5 BATHS

1500 SF

7685 SF LOT

170 CALLE DE LOS AGRINEMSORS OPEN SUN 1-4

\$899,000



2 BEDS

2 BATHS

950 SF

1220 SF LOT

\$470,000



861 SF

3920 SF LOT

\$1,295,000

831.622.1040 APR-CARMEL.COM OCEAN AVE
NW CORNER DOLORES
JUNIPERO
BETWEEN 5TH & 6TH





# **MORE SALES**

# From page 4RE

### Monterey (con't.)

3 Somerset Vale - \$1,510,000

Rose Lewis to Steven Merrell APN: 014-111-038

### **Pacific Grove**

946 Walnut Street - \$802,500

Emerson Fang and Hermina Arroyo to Charity Homes LLC APN: 006-622-023

# CARMEL DREAMING? Mark Berry • Broker Associate



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6220 Brookdale Drive, Carmel Valley - \$1,375,000

### 924 14th Street - \$969,000

Barbara Bannan to Alan and Portia Lee APN: 006-682-017

### 860 Jewell Avenue - \$2,200,000

Ted and Stacey Golding and Joshua and Courtney Jones to Jose Kofman and Tracy Richards APN: 006-093-008

### Pebble Beach

### 2861 Forest Lodge Road — \$890,000

Ramona Schiecht to Robert and Tanya Duarte APN: 007-181-012

> Thinking of buying or selling a house in the Monterey Peninsula? Be sure to use a realtor who advertises in The Pine Cone. They care about the community ... and they care about you!

### Seaside

### 1260 Hilby Avenue - \$460,000

Estate of Flora Nazworth to Minh Trinh and Dzuy Bi APN: 012-391-029

# 1268 San Pablo Avenue — \$515,000

Nujames Harris to Saunya Cortez APN: 012-812-019

# 4860 Sea Crest Drive — \$755,000

Jerome Nathan to David Stone APN: 031-232-020

# 4431 Cypress Ridge Court — \$760,000

John Coffee to Gelsomina Cappuccio APN: 031-242-079

# Soledad

### 31251 Highway 146 - \$1,200,000

Duncan and Barbara Naylor to Vista Dorada Ranch APN: 417-181-032

The Pine Cone prints all Monterey Peninsula real estate sales shown on recorded deeds, and we do not omit sales for any reason. For more on our home sales reporting policy, please go to http://www.pineconearchive.com/homesalespolicy.html.

# **JERRY**

From page 8RE

many words sounds like him rapping. I also liked Usher, for the obvious reason that I "ush-ed" at the Elmwood Movie Theater in Buffalo.

Then it dawned on me! Who wrote the most awesome words about names in the history of literature? "What's in a name? A rose by any other name would smell as sweet." There, it was right in front of me. So look for me in the Real Estate Section of the next issue of The Pine Cone. When my column jumps it will say, "See SHAKESPEARE page ...."

Eat your heart out, Romeo.

Contact Jerry at jerry@jerrygervase.com.

# Open Saturday 1-3

Pasadera | 409 Oso d'Oro | 4 Bedrooms, 2.5 Baths | \$1,895,000







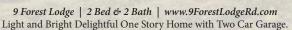
MARY STOCKER 831.595.2401 mary@marystocker.com | marystocker.com CalBRE# 00927632

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Bobbie Ehrenpreis

Bobbie@CarmelRealtyCompany.com 831.915.8010 • CalDRE #01136716







# CALIFORNIA, IT'S GOOD TO BE HOME.

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elliman.com/california

Sa Su 1-4 Carmel 622-1040

**Su 1-3** Carmel 238-5459

Sa Su 1-4

CAPITOLA	
\$620,000 2bd 1.5ba	Sa 12-2
721 Rosedale Ave 7	Capitola
Coldwell Banker Del Monte Realty	236-8800
CARMEL	
\$339,000 Obd 1ba	Sa Su 1-3
254 Hacienda Carmel Sotheby's Int'l RE	Carmel 277-6020
	2-4 Sa 1:30-3:30 Su 2-4
90 Hacienda Carmel	Carmel
Alain Pinel Realtors  \$649,000 2bd 2ba	622-1040 <b>Su 2-4</b>
20 Del Mesa Carmel	Carmel
KW Coastal Estates	277-4917
\$650,000 2bd 2.5ba	Su 1-3
4000 Rio Rd #79 David Lyng Real Estate	Carmel 818-5111
\$660,000 2bd 2ba	Su 12-2
202 Del Mesa Carmel KW Coastal Estates	Carmel 277-4917
\$670,000 2bd 2ba	Su 12-2
194 Del Mesa Carmel	Carmel
KW Coastal Estates	277-4917
<b>\$675,000 2bd 2ba</b> 211 Del Mesa Carmel	Sa Su 1-4 Carmel
Sotheby's Int'l RE	293-3391
\$695,000 2bd 2ba	Su 1-3
24501 Via Mar Monte #58 Sotheby's Int'l RE	Carmel 595-7633
\$795,000 2bd 2ba	Sa Su 1-4
24520 Outlook Dr. #28 Berg Properties	Carmel 775-842-9129
\$1,150,000 2bd 2ba	\$a \$u 1-4
24720 Camino Del Monte	Carmel
Coldwell Banker Del Monte Realty	596-3825 / 620-2117
<b>\$1,200,000 2bd 2ba</b> 2689 Walker Ave	Sa Su 2-4 Carmel
Coldwell Banker Del Monte Realty	917-9857
<b>\$1,225,000 4bd 3ba</b> 25995 S Carmel Hills Dr	Sa 1-3
Coldwell Banker Del Monte Realty	Carmel 521-1105
\$1,225,000 2bd 2ba	Sa 12-4 Su 2-4
Santa Fe & 2nd NE Corner Coldwell Banker Del Monte Realty	Carmel 601-3230 / 915-9339
\$1,299,000 4bd 3ba	Sa 1-3:30
24700 Camino Del Monte Coldwell Banker Del Monte Realty	Carmel 277-7600
\$1,499,000 3bd 2.5ba	Sa 11-12:30
126 Cypress Way	Carmel
Monterey Coast Realty \$1,595,000 5bd 3.5ba	915-9726 <b>Sa 1-3:30</b>
25315 Arriba Del Mundo Drive	Carmel
Alain Pinel Realtors	622-1040
<b>\$1,599,000 4bd 2.5ba</b> 25000 Pine Hills Dr	<b>Sa 1-4 Su 2-4</b> Carmel
Coldwell Banker Del Monte Realty	626-2222
61 (OF 000 - 01-10 Fb.::	C C 1.4



\$1,695,000 3bd 2ba Fr 12-2 \$a \$u 12-4 Guadalupe 3 SE 7th Ave Carmel Coldwell Banker Del Monte Realty 619-518-2755 / 905-2902

\$1,695,000 3bd 2.5ba

\$1,700,000 2bd 2ba Santa Rita 4 NE of 2nd Avenu Sotheby's Int'l RE

\$1,999,000 4bd 4ba 24673 Upper Trail Alain Pinel Realtors

A AMILIANNE	
\$2,050,000 3bd 3ba	<b>Sa 1-</b>
2696 Santa Lucia Avenue	Carme
Carmel Really Company	402-2076
\$2,100,000 3bd 3ba	<b>Sa 1-4</b>
24270 San Pedro Lane	Carme
Alain Pinel Realtors	622-1040
\$2,149,000 3bd 2+ba	<b>Su 1-</b> 3
2953 Cuesta Way	Carme
Coldwell Banker Del Monte Realty	521-1103
\$2,195,000 3bd 2ba	<b>Su 2-4</b>
Dolores 2 SW 1 1th	Carme
Alain Pinel Realtors	622-1040
\$2,249,000 3bd 3ba	<b>Sa 1-</b> 3
26056 Mesa Dr	Carme
Coldwell Banker Del Monte Realty	747-0310
\$2,285,000 5bd 4ba	<b>Sa 12-</b> 2
174 Carmel Riviera Drive	Carme
Carmel Realty Company	238-1498

# This Weekend's **OPEN HOUSES** *January 27-28* Carmelby-the-Sea **Pacific** Grove Seaside Pebble Laguna Beach Monterey Seca Corral de Tierra Carmel Highlands Carmel Valley To Big Sur and

<b>\$2,495,000 3bd 2ba</b>	<b>Sa 2-4 Su 1-3</b>
142 Boyd Way	Carmel
Douglas Elliman	915-4555 / 264-3870
<b>\$2,547,000 4bd 3ba</b> 2446 16th Avenue Sotheby's Int'l RE	Fr 1-3 Sa Su 12-4 Carmel 236-0732 / 582-1937
<b>\$2,595,000 3bd 2.5ba</b>	<b>Sa 12-2 Su 2-4</b>
2957 Franciscan Way	Carmel
Sotheby's Int'l RE	204-2204 / 521-7363
\$2,599,000 3bd 2.5ba	Fr 1-3 Sa 10-4 Su 11-4
Monte Verde 2 NW Santa Lucia	Carmel
Alain Pinel Realtors	622-1040
<b>\$2,650,000 4bd 2ba</b>	<b>Sa 1-3</b>
Lincoln 5 SE of 12th Avenue	Carmel
Carmel Realty Company	574-0260
<b>\$2,895,000 2bd 2.5ba</b> San Antonio 2 NE of 4th Alain Pinel Realtors	<b>Fr Sa Su 1-4</b> Carmel 622-1040
<b>\$2,995,000 6bd 4ba</b> NW Corner Monte Verde & 7th St Coldwell Banker Del Monte Realty	<b>Sa 2-4</b> Carmel 277-7200
\$3,295,000 3bd 2.5ba	Fr 12-3 Sa Su 11-4
2508 16th Ave	Carmel
Coldwell Banker Del Monte Realty	915-9339 / 345-1741
\$3,799,000 3bd 3ba	<b>Sa 2-4</b>
26147 Carmelo Street	Carmel
Carmel Realty Company	236-2268
<b>\$4,395,000 3bd 3.5ba</b> Camino Real 2 NW 8th Ave Coldwell Banker Del Monte Realty	<b>Su 12-4</b> Carmel 626-2222 / 620-2936
\$6,695,000 4bd 4ba	<b>Sa 1:30-4 Su 2-4</b>
2848 Santa Lucia Ave	Carmel
Coldwell Banker Del Monte Realty	626-2222
\$6,995,000 4bd 4ba	<b>Su 2-4</b>
2848 Santa Lucia Avenue	Carmel
Sotheby's Int'l RE	241-4458

CARMEL HIGH \$2,100,000 3bd 2.5ba 217 Peter Pan Rd Coldwell Banker Del Monte Realty	ILANDS  Sa 2  Carmel Highlan 626-222
\$3,195,000 4bd 3ba	Sa Su 1
112A Yankee Point Dr A	Carmel Highlan
Coldwell Banker Del Monte Realty	262-920
\$4,695,000 3bd 3.5ba	<b>Su 12</b>
108 Yankee Point Drive	Carmel Highlan
Carmel Realty Company	574-026
\$4,795,000 3bd 3.5ba	<b>Sa 1</b>
32691 Coast Ridge Drive	Carmel Highlan
Sotheby's Int'l RE	920-786
\$4,950,000 4bd 3.5ba	<b>Sa 1</b>
175 Sonoma Ln	Carmel Highlan
KW Coastal Estates	236-687
<b>\$9,500,000 4bd 4.5ba</b> 176 Spindrift Sotheby's Int'l RE	<b>Sa Su 1</b> Carmel Highlan 238-615
CARMEL VALI	LEY
<b>\$810,000 2+bd 2.5ba</b>	<b>Sa Su 1</b>
133 White Oaks Lane	Carmel Vall
Sotheby's Int'l RE	594-8144 / 747-788
\$895,000 2bd 2ba	Sa 1
103 White Oaks Lane	Carmel Vall

San Simeon

•	
<b>CARMEL VALL</b>	.EY
<b>\$810,000 2+bd 2.5ba</b>	<b>Sa Su 1-3</b>
133 White Oaks Lane	Carmel Valley
Sotheby's Int'l RE	594-8144 / 747-7880
<b>\$895,000 2bd 2ba</b>	<b>Sa 1-3</b>
103 White Oaks Lane	Carmel Valley
Alain Pinel Realtors	622-1040
<b>\$899,000 3bd 2.5ba</b>	Sa 1-4
170 Calle De Los Agrinemsors	Carmel Valley
Alain Pinel Realtors	622-1040
\$900,000 3bd 2.5ba	Su 1-3
26055 Zdan Rd	Carmel Valley
Coldwell Banker Del Monte Realty	884-3849
\$949,000 3bd 3ba	<b>Sa 2-4</b>
171 Ford Road	Carmel Valley
Sotheby's Int'l RE	594-2155
\$999,950 5bd 3ba	<b>Sa 10-2</b>
137 E Carmel Valley Rd #2	Carmel Valley
KW Coastal Estates	236-7161 / 474-0061
\$1,095,000 3bd 2ba	<b>Sa 2-4</b>
28060 Robinson Canyon Road	Carmel Valley
Alain Pinel Realtors	622-1040
<b>\$1,250,000 3bd 2ba</b>	<b>Sa 1-3</b>
1 <i>5453</i> Via La Gitana	Carmel Valley
Sotheby's Int'l RE	917-2892
<b>\$2,495,000 4bd 2.5ba</b> 14 Middle Canyon Way	Su 12-2 Carmel Valley

Carmel Realty Company

<b>\$3,100,000 5bd 4ba</b> 800 W Carmel Valley Rd Coldwell Banker Del Monte Realty	<b>Sa 2-4</b> Carmel Valley 402-5302
<b>\$3,600,000 5bd 3ba</b> 10265 Calle de Robles Sotheby's Int'l RE	<b>Su 2-4</b> Carmel Valley 293-3030
CORRALITOS	
\$1,395,000 4bd 3ba	Su 1-4

\$1,395,000 4bd 3ba	Su 1-4
709 Falcon View Terr	Corralitos
David Lyng Real Estate	419-5236
FREEDOM	

FREEDOM	
199,888 3bd 2.5ba 199 Oliviera Loop W Coastal Estates	<b>Sa Su 1-3</b> Freedom 320-2043
MARINA	

IVIANIIVA	
\$659,000 3bd 2.5ba 5003 Telegraph Blvd KW Coastal Estates	<b>Fr 12-2:30 Sa 10-4</b> Marina 277-7283 / 998-0278
\$659,000 3bd 2.5ba	Su 10-12, 1-3
5003 Telegraph Blvd KW Coastal Estates	Marina 998-0278 /229-4651

5003 Telegraph Blvd	Marina
KW Coastal Estates	998-0278 /229-4651
MONTEREY	
<b>\$350,000 1 bd 1 ba</b>	<b>Sa Su 1-3</b>
300 Glenwood Circle #289	Monterey
Sotheby's Int'l RE	277-2782 / 595-0797
<b>\$539,000 1bd 1ba</b>	<b>Sa 1-4</b>
125 Surf Way #311	Monterey
Sotheby's Int'l RE	869-2424
<b>\$579,000 2bd 1ba</b>	<b>Su 1-4</b>
25351 Boots Road #3	Monterey
Sotheby's Int'l RE	869-2424
\$660,000 1bd 1ba	<b>Sa 1-3</b>
125 Surf Way 332	Monterey
Coldwell Banker Del Monte Realty	626-2222
<b>\$739,000 3bd 2.5ba</b> 21 Skyuline Crest KW Coastal Estates	<b>Sa 11-1 Su 2-4</b> Monterey 521-9450
<b>\$794,000 3bd 2ba</b> 1122 Josselyn Canyon Sotheby's Int'l RE	<b>Sa 12-4 Su 11-3</b> Monterey 238-8116

\$899,000

1 Via Ventura Sotheby's Int'l RE

4bd 2.5ba

See OPEN HOUSES page 18RE

Sa Su 1-4 Monterey 229-0092



www.27185LosArbolesRdCarmel.com

# **DAVID CRABBE** 831.320.1109

Sotheby's

dcrabbe@comcast.net DRE# 01306450

# A Renewed Opportunity for a Classic Property

27185 Los Arboles Drive Mid-Carmel Valley

3 bed, 2 bath main house 1 bed, 1 bath guest unit 1 bed, 1 bath guest house 1.21 acre, orchard Landscaped, pool Gated with privacy New Price! \$1,650,000



# **OPEN SAT & SUN 1-4** 24520 Outlook Dr. #28, Carmel

2 bed, 2 bath Secluded hilltop contemporary condo Short drive to downtown Carmel One level, Soaring 20' ceilings Plank flooring, Quartz countertops, Stainless appliances. Pet friendly. Turnkey decorator furnished. Offered at \$795,000

**Berg Properties 775-842-9129** 







**CARMEL** .4 ACRE LOT \$1,895,000

24726 DOLORES STREET READY TO BUILD ACCENTED BY OLD CARMEL STONE WALKWAYS AND WALLS



935 SF **CARMEL** 2 BEDROOMS 1 BATH 4800 SF LOT \$895,000



PEBBLE BEACH 4 BEDROOMS 4 FULL+2 HALF BATHS 4990 SF 20,908 SF LOT \$3,995,000



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JNOORZOY@APR.COM DRE 01119622

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NE CORNER DOLORES & 7TH CARMEL, CALIFORNIA



### **FICTITIOUS BUSINESS NAME**

STATEMENT
File No. FBN 636565
following person(s) is (are) doing busi-

ness as: Creaciones Mijobi, 7777 Monterey St. Bldg 2. Ste#102, Gilroy, CA 95020 County of MONTEREY

County of MONTEREY
Registrant(s):
Micaela G Sanchez, 7777 Monterey St.
Bldg 2. Ste# 102, Gilroy, CA 95020
This business is conducted by an Individual
Registrant commenced to transact business
under the fictifious business name or names
listed above an N/A.

listed above on N/A.

S/Micaela G Sanchez
This statement was filed with the County Clerk
of Monterey County on 12/06/2017.
1/5, 1/12, 1/19, 1/26/18
CNS-3085842#

CARMEL PINE CONE
Publication dates: Jan. 5, 12, 19, 26, 2018.

# FICTITIOUS BUSINESS NAME STATEMENT File No. 20172528

The following person(s) is(are) doing business as: JUNIE'S KITCHEN, 104 San Benancio Road, Salinas, CA 93908.

Registered Owner(s): EDRIK ETHAN SYX, 104 San Benancio Road,

CSalinas, CA 93908. County of Principal Place of Business: Mon-

This business is conducted by an individual. The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

Nov. 7, 2017
BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS
TRUE AND CORRECT. A registrant who
declares as true information, which he or she
knows to be false, is guilty of a misdemeanor
punishable by a fine not to exceed one thousand dollars (\$1,000) (B&P Code 17913). I
am also aware that all Information on this
statement becomes Public Record upon
filing pursuant to the California Public
Records Act (Government Code Sections
6250-6277).
This statement was filed with the County Clerk
of Monterey County on Dec. 26, 2017
NOTICE-In accordance with Subdivision (a)
of Section 17920, a Fictitious Name Statement generally expires at the end of five years

of Section 17920, a Fictifious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictifious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: ORIGINAL FILING Publication dates: Jan. 5, 12, 19, 26, 2018. (PC102)

# FICTITIOUS BUSINESS NAME STATEMENT

File No. 20172497 e following person(s) is(are) doing business CENTRAL COAST PROPERTY CARE, as: CENTRAL COAST PROPERTY CARE, 27880 Dorris Drive, Carmel, CA 93923. Mailing address: 316 Mid Valley Ctr. Suite 306, Carmel, CA 93923 Registered Owner(s): S. A. BELLAVANCE LLC, 27880 Dorris Dr., 26002323

Carmel, CA 93923.
County of Principal Place of Business: Mon-

terey This business is conducted by a limited liabil-

ity company.
The registrant commenced to transact business under the fictitious business name or names listed above on Feb. 20, 2013. S/ S. A. Bellavance, President

BY SIGNING, I DECLARE THAT ALL IN-FORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) [8&P Code 17913]. I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277). STATEMENT IS

6250-6277). This statement was filed with the County Clerk of Monterey County on Dec. 19, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Ficti-tious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation

of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: NEW FILING - with CHANGE(S) from the previous filing Publication dates: Jan. 5, 12, 19, 26, 2018. (PC104)

**SUPERIOR COURT** OF CALIFORNIA COUNTY OF MONTEREY

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case No. 18CV000022
TO ALL INTERESTED PERSONS: petitioner, REBECCA ANNE NAMNIEK, filed a petition with this court for a decree changing names as follows:
A\_fresent name\*

**A**.<u>Present name</u>: REBECCA ANNE NAMNIEK

REBECCA ANNE NAMNIEK
Proposed name:
RIVKA ZANNA REVIVO
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING: DATE: March 2, 2018 TIME: 9:00 a.m. DEPT: 14

DEPT: 14
The address of the court is 1200 Aguajito Road, Monterey, CA 93940.
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Carmel Pine Cone, Carmel.
(§) Susan J. Matcham
Judge of the Superior Court
Date filed: Jan. 3, 2018
Publication dates: Jan. 5, 12, 19, 26, 2018. (PC105)

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 20172522
The following person(s) lis(are) doing business
as: PUTTER PROPERTIES, 25334 Carmel
Knolls Drive, Carmel, CA 93923-8836.
Mailing address: 23820 Putter Way, Los
Altos, CA 94024-6317.
County of Principal Place of Business: Monterey.

rerey.

Name of Corporation of LLC as shown in the
Articles of Inc./Org./Reg.: KLINE FAMILY BYPASS TRUST, 23820 Putter Way, Los Altos,
CA 94024-6317.

CA 94024-6317.
State of Inc./Org./Reg.: CA
This business is conducted by a trust.
The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 4, 2017.
S/ Charles Kline, Trustee
Dec. 21, 2017

Dec. 21, 2017

BY SIGNING, I DECLARE THAT ALL IN-FORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) (B&P Code 17913). I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).

6250-6277).
This statement was filed with the County Clerk of Monterey County on Dec. 26, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Stateof Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filling of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: ORIGINAL FILING Publication dates: Jan. 5, 12, 19, 26, 2018.

# FICTITIOUS BUSINESS NAME STATEMENT

File No. 20172504 The following person(s) is(are) doing business

as:
CVS/pharmacy #17374, 133 General
Stilwell Drive, Marina, CA 93933, County of Monterey; Mailing Address: One CVS
Drive, Woonsocket, RI 02895
Registered Owner(s):
Garifield Beach CVS, L.L.C., One CVS Drive,
Woonsocket, RI 02895
This business is conducted by a limited liability company

Inis Dustriess is consciously to company Registrant commenced to transact business under the ficitious business name listed above on 12/16/2015

S/ Melanie K. Luker, Secretary
This statement was filed with the County Clerk of Monterey County on December 20, 2017

Original

nai . 1/19, 1/26, 2/2/18

CNS-3080157# CARMEL PINE CONE Publication dates: Jan. 12, 19, 26, Feb. 2, 2018. (PC107) **FICTITIOUS BUSINESS** 

File No. 20172472 The following person(s) is(are) doing business

Gnostic Light Keepers, 2. Association Gnostic Light Keepers, 177 Webster 1, #221, Monterey, CA 93940, County

St., #221, Monterey, CA 73740, County of Monterey Registered Owner(s): Gnostic Light Keepers, Inc., 177 Webster St., #221, Monterey, CA 93940
This business is conducted by a Corporation Registrant commenced to transact business includes the fictibious business andme listed

Registrant commenced to transact business under the fictitious business name listed above on 12/12/2017
S/ Theresa Micheletti, CEO
This statement was filed with the County Clerk of Monterey County on December 15, 2017
Original Filing
1/12, 1/19, 1/26, 2/2/18
CNS-3086048#
CARMEL PINE CONE
Publication dates: Inn. 12, 19, 26, Esb. 2

Publication dates: Jan. 12, 19, 26, Feb. 2, 2018. (PC108)

# FICTITIOUS BUSINESS NAME STATEMENT File No. 20172523 The following person(s) is(are) doing business

OS:
Douglas Elliman Real Estate, 11990 San
Vicente Boulevard, Suite 100, Los Angeles, CA 90049, County of Los Angeles
Registered Owner(s):

Registered Owner(s): Teles Properties, Inc., 11990 San Vicente Boulevard, Suite 100, Los Angeles, CA

90049; CA This business is conducted by a Corporation Registrant commenced to transact business under the fictitious business name listed

under the tictitious business name listed above on Not Applicable S/ Kenneth I. Haber, Executive Vice President This statement was filed with the County Clerk of Monterey County on December 26, 2017 1/12, 1/19, 1/26, 2/2/18

CNS-3086131# CARMEL PINE CONE Publication dates: Jan. 12, 19, 26, Feb. 2, 2018. (PC109)

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 20180035
The following person(s) is (are) doing business
as: M.T. L. O., 1021 Pellet Ave., Salnas,
CA 93901.
Mailing address: 1172 South Main St.
#114, Salinas, CA 93901
Registered Owner(s):

#114, 3alinds, CA 93901
Registered Owner(s):
KYLE ANTHONY WILSON, 26193 Paseo
Del Sur, Monterey, CA 93940.
ASHLEIGH LYNN WILSON, 26193 Paseo
Del Sur, Monterey, CA 93940.
County of Principal Place of Business: Mon-

terey This business is conducted by a married cou-

The business is conducted by a marinea couple.

The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 2018.

S/ Kyle Wilson
Jan. 4, 2018

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thou-

knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) [8&P Code 17913]. 1 am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).

This statement was filed with the County Clerk of Monterey County on Jan. 4, 2018

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 after them sections. set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this state-ment does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: ORIGINAL FILING Publication dates: Jan. 12, 19, 26, Feb. 2,

Publication dates: Jan. 12, 19, 26, Feb. 2, 2018. (PC110)

T.S. No. 059341-CA APN: 243-131-006-000 **NOTICE OF TRUSTEE'S SALE** IM-PORTANT NOTICE TO PROPERTY OWNER: OUN NOTICE OF IROSTE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER:
YOU ARE IN DEFAULT UNDER A DEED
OF TRUST, DATED 11/21/2003. UNLESS
YOU TAKE ACTION TO PROTECT YOUR
PROPERTY, IT MAY BE SOLD AT A PUBLIC
SALE. IF YOU NEED AN EXPLANATION
OF THE NATURE OF THE PROCEEDING
AGAINST YOU, YOU SHOULD CONTACT
A LAWYER On 2/14/2018 at 10:00 AM,
CLEAR RECON CORP, as duly appointed
trustee under and pursuant to Deed of Trust
recorded 12/10/2003, as Instrument No.
2003149174, of Official Records in the office
of the County Recorder of Monterey County, of the County Recorder of Monterey County, State of CALIFORNIA executed by: JOSE L. BATTO, AN UNMARRIED MAN WILL SELL BATTO, AN UNMARRIED MAN WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL

CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: OUTSIDE THE MAIN ENTRANCE OF THE MONTEREY COUNTY ADMINISTRATION BUILDING LOCATED AT 168 WEST ALISAL STREET, SALINAS, CA 93901 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: MORE FULLY DESCRIBED ON SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to be: 18 YANKEE POINT DRIVE CARMEL, CALIFORNIA 93923 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$149,179.48 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Election to Sell, the undersigned caused said Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL Tot Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 29244 of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-869 or visit this Internet Web site WWW.STOXPOSTproperty, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOST-ING.COM, using the file number assigned to this case 059341-CA. Information about ostponements that are very short in duration r that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web telephone information of on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CIEAR RECON CORP. 4375 Jutland Drive San Diego, California 92117 Publication dates: Jan. 19, 26, Feb. 2, 2018. [PC111]

CODE AND AUTHORIZED TO DO BUSI

# FICTITIOUS BUSINESS NAME STATEMENT File No. 20180042

The following person(s) is(are) doing business as: DIVERSIFIED WHOLESALE LLC, 560 Work Street, Salinas, CA 93901. County of Principal Place of Business: Mon-

terey.

Name of Corporation of LLC as shown in the Articles of Inc./Org./Reg.: DIVERSIFIED WHOLESALE LLC, 560 Work Street, Salinas,

CA 93901.
State of Inc./Org./Reg.: CA
This business is conducted by a corporation.
The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 2, 2018.
S/ Frank Owen Chiorazzi, Vice President Jan. 5, 2018 Jan. 5, 2018
BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS
TRUE AND CORRECT. A registrant who
declares as true information, which he or she
knows to be false, is guilty of a misdemeanor

punishable by a fine not to exceed one thou-sand dollars (\$1,000) [88P Code 17913]. I am also aware that all Information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277). This statement was filed with the County Clerk

of Monterey County on Jan. 5, 2018
NOTICE-In accordance with Subdivision (a)
of Section 17920, a Fictitious Name Stateof Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: ORIGINAL FILING Publication dates: Jan. 12, 19, 26. Feb. 2, 2018. (PC112)

# FICTITIOUS BUSINESS NAME STATEMENT

File No. 20180030 The following person(s) is (are) doing busi-

ness as:
Loudpack, 900 CHERRY AVENUE,
GREENFIELD, CA 93927
County of MONTEREY
Registrant(s):

County of MUNIERET Registrant(s):
GREENFIELD ORGANIX, 900 CHERRY AVE-NUE, GREENFIELD, CA 93927
This business is conducted by a Corporation Registrant commenced to transact business under the fictilious business name or names listed above on DECEMBER 11TH 2015.
GREENFIELD ORGANIX
S/PETER HOSEK, CEO,
This statement was filed with the County Clerk of Monterey County on 01/04/2018.
1/19, 1/26, 2/2, 2/9/18
CNS-3085240#
CARMEL PINE CONE
Publication dates: Jan. 19, 26. Feb. 2, 9, 2018. (PC113)

T.S. No. 053331-CA APN: 010-025-004-000 **NOTICE OF TRUSTEE'S SALE** IM-PORTANT NOTICE TO PROPERTY OWNER YOU ARE IN DEFAULT UNDER A DEED PORIANI NOTICE TO PROPERTY OWNER:
YOU ARE IN DEFAULT UNDER A DEED
OF TRUST, DATED 3/27/2006. UNLESS
YOU TAKE ACTION TO PROTECT YOUR
PROPERTY, IT MAY BE SOLD AT A PUBLIC
SALE. IF YOU NEED AN EXPLANATION
OF THE NATURE OF THE PROCEEDING
AGAINST YOU, YOU SHOULD CONTACT
A LAWYER On 2/14/2018 at 10:00 AM,
CLEAR RECON CORP, as duly appointed
trustee under and pursuant to Deed of Trust
recorded 4/11/2006, as Instrument No.
2006032317, of Official Records in the
office of the County Recorder of Monterey
County, State of CALIFORNIA executed
by: KELLY A KING, A MARRIED WOMAN
AS HER SOLE AND SEPARATE PROPER.
TY WILL SELL AT PUBLIC AUCTION TO
HIGHEST BIDDER FOR CASH, CASHIER'S
CHECK DRAWN ON A STATE OR REDET
CHECK DRAWN BY A STATE OR FEDERAL
ENVIRON AND PROPERTY. IIONAL BANK, A CHECK DKAWN BY A STATE OR FEDERAL STATE OR FEDERAL STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: OUTSIDE THE MAIN ENTRANCE OF THE MONTEREY COUNTY ADMINISTRATION BUILDING LOCATED AT 168 WEST ALISAL STREET, SALINAS, CA 93901 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: LOT 7 IN BLOCK 23, AS SHOWN ON MAP OF CARMEL CITY, MONTEREY COUNTY, CALIFORNIA SURVEYED BY W. C. LITTLE, APRIL 18, 1988, FILED FOR RECORD MAY 1, 1888 IN THE OFFICE OF THE COUNTY RECORDER OF THE COUNTY OF MONTEREY, STATE OF CALIFORNIA IN VOLUME 1 RECORDER OF THE COUNTY OF MONTEREY, STATE OF CALIFORNIA IN VOLUME 1
OF MAPS, CITIES AND TOWN AT PAGE 52.
The street address and other common designation, if any, of the real property described above is purported to be: GUADALUPE 4
SW 2ND A CARMEL, CA 93921 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$764,804,65 and advances at the time of the initial publication of the Notice of Sale is: \$764,804.65 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell robe recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the cation of the Notice of Sale is: \$764,804.65 property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction,

you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this noon the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOST-ING.COM, using the file number assigned to this case 053331-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CIEAR RECON CORP. 4375 Julland Drive San Diego, California 92117 Publication dates: Jan. 19, 26, Feb. 2, 2018. (PC114)

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 20180042
The following person(s) is(are) doing business
as: SOURCE TRADE BUY, 1209 Surf Avenue, Pacific Grove, California 93950.
County of Principal Place of Business: Mon-

terey.

Name of Corporation of LIC as shown in the Articles of Inc./Org./Reg.: STB NORTH AMERICA, LIC, 1209 Surf Avenue, Pacific Grove, California 93950.

State of Inc./Org./Reg.: CA
This business is conducted by a limited liability company.

ity company. The registrant commenced to transact busi-

ness under the fictitious business name or names listed above on N/A. S/ Matthew J. Clark, Manager Dec. 21, 2017

Dec. 21, 2017
BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS
TRUE AND CORRECT. A registrant who
declares as true information, which he or she
knows to be false, is guilty of a misdemeanor
punishable by a fine not to exceed one thousand dollars (\$1,000) (B&P Code 17913). I
am also aware that all Information on this
statement becomes Public Record upon
filing pursuant to the California Public
Records Act (Government Code Sections
6250-6277).
This statement was filed with the County Clerk

6250-6277).
This statement was filed with the County Clerk of Monterey County on Dec. 21, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the of-

from the date on which it was filed in the of-fice of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Ficti-tious Business Name Statement must be filed before the expiration. The filing of this state-ment does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). Filing type: CRIGINAL FILING Publication dates: Jan. 12, 19, 26. Feb. 2, 2018. (PC115)

### FICTITIOUS BUSINESS NAME STATEMENT File No. 20180040

The following person(s) is (are) doing busi-

KENT H. LANDSBERG CO., 532 Work

KENT H. LANDSBERG CO., 532 Work Street, Salinas, CA 93901
County of MONTEREY
Registrant[s]:
LANDSBERG ORORA, 6600 VALLEY VIEW
ST, BUENA PARK, CA 90620
This business is conducted by a Corporation
Registrant commenced to transact business under the ficitifious business name or names listed above on 02/18/2010.
LANDSBERG ORORA
S/ MICHAEL D'ANNA, VP & CFO,
This statement was filed with the County Clerk of Monterey County on 01/05/2018.
1/19, 1/26, 2/2, 2/9/18
CNS-3074265#
CARMEL PINE CONE
Publication dates: Jan. 19, 26. Feb. 2, 9, 2018 (1921)

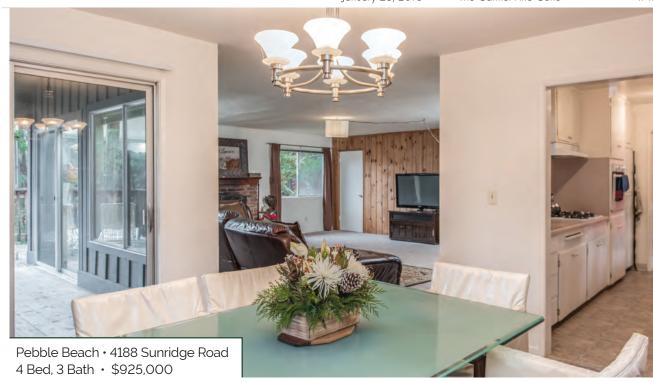
Publication dates: Jan. 19, 26. Feb. 2, 9, 2018. (PC118)

— Be prepared for emergencies —

Register your phone number at www.alertmontereycounty.org

# LEGALS DEADLINE: Tuesday 4:30 pm

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Dolores 2 SW of Seventh Carmel-by-the-Sea

# OPEN HOUSES

# From page 14RE

MONTEREY	
<b>\$929,500 5bd 3ba</b> 40 Skyline Crest	Sa 1-4 Monterey
Alain Pinel Realtors	622-1040
<b>\$930,000 4bd 2ba</b> 20 Sierra Vista Dr	Sa 12-3
Alain Pinel Realtors	Monterey 622-1040
\$949,000 2bd 2.5ba	Sa 12-2
22680 Gallant Fox Rd KW Coastal Estates	Monterey 594-0861
\$998,500 3bd 2.5ba	Sa 11-4
1107 Veterans Drive Carmel Valley Realty Company	Monterey 659-1111
\$1,165,000 3bd 2ba	Su 1-4
1420 Manor Place Sotheby's Int'l RE	Monterey 578-4601
\$1,325,000 3bd 3ba	Su 1-4
11 Victoria Vale Sotheby's Int'l RE	Monterey 277-3464
\$1,368,000 4bd 3ba	Sa 1:30-3 Su 1-3
1533 Monterey Salinas Hwy Monterey Coast Realty	Monterey 915-9726 / 297-3890
\$1,693,000 4bd 3ba	Sa 1-3
25671 Whip Rd	Monterey
25671 Whip Rd The Jacobs Team	Monterey 236-7976
25671 Whip Rd The Jacobs Team \$1,895,000 4bd 2.5ba 409 Oso D'Oro	Monterey 236-7976 <b>Sa 1-3</b> Monterey
25671 Whip Rd The Jacobs Team \$1,895,000 4bd 2.5ba 409 Oso D'Oro Sotheby's Int'l RE	Monterey 236-7976 <b>Sa 1-3</b> Monterey 595-2401
25671 Whip Rd The Jacobs Team \$1,895,000 4bd 2.5ba 409 Oso D'Oro Sotheby's Int'l RE \$2,195,000 4bd 4ba	Monterey 236-7976 <b>Sa 1-3</b> Monterey 595-2401 <b>Fr Su 1-3</b>
25671 Whip Rd The Jacobs Team \$1,895,000 4bd 2.5ba 409 Oso D'Oro Sotheby's Int'l RE	Monterey 236-7976 <b>Sa 1-3</b> Monterey 595-2401
25671 Whip Rd The Jacobs Team  \$1,895,000 4bd 2.5ba 409 Oso D'Oro Sotheby's Int'l RE  \$2,195,000 4bd 4ba 778 Via Mirada KW Coastal Estates  \$2,198,888 4bd 4.5ba	Monterey 236-7976  Sa 1-3  Monterey 595-2401  Fr Su 1-3  Monterey 595-9242 / 917-8977  Sa 1-3
25671 Whip Rd The Jacobs Team  \$1,895,000 4bd 2.5ba 409 Oso D'Oro Sotheby's Int'l RE  \$2,195,000 4bd 4ba 778 Via Mirada KW Coastal Estates  \$2,198,888 4bd 4.5ba 700 Tesoro Rd	Monterey 236-7976  Sa 1-3  Monterey 595-2401  Fr Su 1-3  Monterey 595-9242 / 917-8977  Sa 1-3  Monterey
25671 Whip Rd The Jacobs Team  \$1,895,000 4bd 2.5ba 409 Oso D'Oro Sotheby's Int'l RE  \$2,195,000 4bd 4ba 778 Via Mirada KW Coastal Estates  \$2,198,888 4bd 4.5ba 700 Tesoro Rd The Jacobs Team	Monterey 236-7976  Sa 1-3  Monterey 595-2401  Fr Su 1-3  Monterey 595-9242 / 917-8977  Sa 1-3
25671 Whip Rd The Jacobs Team  \$1,895,000 4bd 2.5ba 409 Oso D'Oro Sotheby's Int'l RE  \$2,195,000 4bd 4ba 778 Via Mirada KW Coastal Estates  \$2,198,888 4bd 4.5ba 700 Tesoro Rd The Jacobs Team	Monterey 236-7976  Sa 1-3  Monterey 595-2401  Fr Su 1-3  Monterey 595-9242 / 917-8976  Sa 1-3  Monterey 236-7976

# **MONTEREY/SALINAS HWY**

\$1,425,000 3bd 3ba Sa 1-3 110 Las Brisas Sotheby's Int'l RE

# **MOSS LANDING**

2bd 2ba Sa 12-3 190 Monterey Dunes Way David Lyng Real Estate 345-0503

# **PACIFIC GROVE**

PACIFIC GROV	드
<b>\$735,000 2bd 2ba</b>	<b>Sa 10-12 Su 2-4</b>
9 Forest Lodge Road	Pacific Grove
Monterey Coast Realty	737-8582 / 915-8010
\$775,000 2bd 1ba	<b>Sa 12-3 Su 11-1</b>
588 Junipero Ave	Pacific Grove
Coldwell Banker Del Monte Realty	620-2117
<b>\$828,000 3bd 3ba</b>	<b>Sa Su 12-1:45, 2-4</b>
430 Pine Ave	Pacific Grove
Coldwell Banker Del Monte Realty	402-5302 / 747-1514
\$885,000 3bd 3ba	<b>Sa 12-4</b>
703 Congress Avenue	Pacific Grove
Sotheby's Int'l RE	901-5575
<b>\$899,500 3bd 1.5ba</b>	<b>Su 11-1</b>
312 Carmel Ave	Pacific Grove
KW Coastal Estates	277-0689
<b>\$949,000 3bd 2ba</b>	<b>Su 2-4</b>
431 Bishop Ave	Pacific Grove
Sotheby's Int'l RE	601-5355
<b>\$979,000 2bd 2ba</b>	<b>Su 1-4</b>
1289 Adobe Lane	Pacific Grove
Douglas Elliman	277-1073
<b>\$998,000 4bd 3ba</b>	<b>Fr 2-4 Sa Su 1-4</b>
2864 Forest Hill Blvd	Pacific Grove
Sotheby's Int'l RE	238-8688 / 601-2200
<b>\$1,198,500 2bd 2ba</b>	<b>Su 2-4</b>
136 19th St	Pacific Grove
The Jones Group	91 <i>7-</i> 4534
\$1, <b>497,000 4bd 2ba</b>	<b>Fr 2-4 Sa 12-4</b>
131 Fountain Avenue	Pacific Grove
Sotheby's Int'l RE	915-4092 / 402-2884
\$1,497,000 4bd 2ba	<b>Su 12-4</b>
131 Fountain Avenue	Pacific Grove
Sotheby's Int'l RE	402-2884 / 596-4647
<b>\$1,749,000 3bd 2.5ba</b>	<b>Sa 2-4 Su 1-3</b>
1065 Jewell Ave	Pacific Grove
The Jones Group	915-1185

www.carmelpinecone.com

## PEBBLE BEACH

<b>\$629,000 2bd 2ba</b> 81 Ocean Pines Lane	<b>Sa Su 2:30-4:30</b> Pebble Beach
Sotheby's Int'l RE	521-3158 / 238-7559
\$645,000 2bd 2ba	Sa 12-3 Su 1-3:30
76 Ocean Pines Ln	Pebble Beach
Coldwell Banker Del Monte Realty	277-2536
\$899,000 2bd 2ba	Su 12-3
4041 Costado	Pebble Beach
KW Coastal Estates	235-7697
\$1,150,000 3bd 2ba	Su 1-4
2927 Colton Rd	Pebble Beach
Coldwell Banker Del Monte Realty	277-6511
\$1,195,000 3bd 2.5ba	Sa Su 1-4
2908 Congress Road Coldwell Banker Del Monte Realty	Pebble Beach 320-6391
\$1,295,000 4bd 3ba	Sa 2-4 Su 1-3
1183 Lookout Rd	Pebble Beach
Coldwell Banker Del Monte Realty	717-7156 / 241-8900
\$1,495,000 3bd 2ba	Sa Su 1-4
3109 Hermitage Road	Pebble Beach
Sotheby's Int'l RE	747-0233
\$1,550,000 4bd 3ba	Su 2-4
1114 Sawmill Gulch Rd	Pebble Beach
Montgomery Co	601-9963
\$1,695,000 3bd 3ba	Sa Su 12-3
3057 Forest Way	
	Pebble Beach
Sotheby's Int'l RE	884-6820
Sotheby's Int'l RE	
Sotheby's Int'l RE \$1,795,000 3bd 2ba \$a	884-6820 1:30-3:30 Su 12:30-2:30
Sotheby's Int'l RE \$1,795,000 3bd 2ba Sa 1039 Ocean Road	884-6820 <b>1:30-3:30 Su 12:30-2:30</b> Pebble Beach
Sotheby's Int'l RE S1,795,000 3bd 2ba 1039 Ocean Road Sotheby's Int'l RE S1,795,000 3bd 3.5ba 2823 Congress Road	884-6820 1:30-3:30 Su 12:30-2:30 Pebble Beach 620-2351 / 650-248-5030 Sa 1-4 Pebble Beach
\$1,795,000 3bd 2ba \$a 1039 Ocean Road Sotheby's Int'l RE \$1,795,000 3bd 3.5ba	884-6820 1:30-3:30 Su 12:30-2:30 Pebble Beach 620-2351 / 650-248-5030 Sa 1-4 Pebble Beach 297-3890
Sotheby's Int'l RE  \$1,795,000	884-6820 1:30-3:30 Su 12:30-2:30 Pebble Beach 620-2351 / 650-248-5030 Sa 1-4 Pebble Beach 297-3890 Sa 1-5 Su 11-3
Sotheby's Int'l RE Sa 1039 Ocean Road Sotheby's Int'l RE \$1,795,000 3bd 3.5ba 2823 Congress Road Carmel Realty Company \$1,799,000 3bd 2ba 2931 Madrone Lane	884-6820 1:30-3:30 Su 12:30-2:30 Pebble Beach 620-2351 / 650-248-5030 Sa 1-4 Pebble Beach 297-3890 Sa 1-5 Su 11-3 Pebble Beach
Sotheby's Int'l RE S1,795,000 3bd 2ba 1039 Ocean Road Sotheby's Int'l RE S1,795,000 3bd 3.5ba 2823 Congress Road Carmel Really Company S1,799,000 3bd 2ba 2931 Madrone Lane Douglas Elliman	884-6820  1:30-3:30 Su 12:30-2:30 Pebble Beach 620-2351 / 650-248-5030  Sa 1-4 Pebble Beach 297-3890  Sa 1-5 Su 11-3 Pebble Beach 277-1396 / 521-0680
Sotheby's Int'l RE S1,795,000 3bd 2ba 1039 Ocean Road Sotheby's Int'l RE \$1,795,000 3bd 3.5ba 2823 Congress Road Carmel Realty Company \$1,799,000 3bd 2ba 2931 Madrone Lane Douglas Elliman \$1,975,000 3bd 2ba	884-6820  1:30-3:30 Su 12:30-2:30 Pebble Beach 620-2351 / 650-248-5030  Sa 1-4 Pebble Beach 297-3890  Sa 1-5 Su 11-3 Pebble Beach 277-1396 / 521-0680  Sa 12-3
Sotheby's Int'l RE St. 7795,000 3bd 2ba 1039 Ocean Road Sotheby's Int'l RE St. 7795,000 3bd 3.5ba 2823 Congress Road Carmel Realty Company St. 7799,000 3bd 2ba 2931 Madrone Lane Douglas Ellima Douglas Ellima 11,795,000 3bd 2ba 2947 17 Mile Dr	884-6820  1:30-3:30 Su 12:30-2:30 Pebble Beach 620-2351 / 650-248-5030  Sa 1-4 Pebble Beach 297-3890  Sa 1-5 Su 11-3 Pebble Beach 277-1396 / 521-0680
Sotheby's Int'l RE  \$1,795,000	884-6820  1:30-3:30 Su 12:30-2:30 Pebble Beach 620-2351 / 650-248-5030  Sa 1-4 Pebble Beach 297-3890  Sa 1-5 Su 11-3 Pebble Beach 277-1396 / 521-0680  Sa 12-3 Pebble Beach 626-2222
Sotheby's Int'l RE  \$1,795,000	884-6820  1:30-3:30 Su 12:30-2:30 Pebble Beach 620-2351 / 650-248-5030  Sa 1-4 Pebble Beach 297-3890  Sa 1-5 Su 11-3 Pebble Beach 277-1396 / 521-0680  Sa 12-3 Pebble Beach 626-2222  Fr 12-2 Su 1-3
Sotheby's Int'l RE	884-6820  1:30-3:30 Su 12:30-2:30 Pebble Beach 620-2351 / 650-248-5030  Sa 1-4 Pebble Beach 297-3890  Sa 1-5 Su 11-3 Pebble Beach 277-1396 / 521-0680  Sa 12-3 Pebble Beach 626-2222

\$3,900,000 3bd 3.5ba Sa Su 1:30-3:30 4064 Ronda Roa Sotheby's Int'l RE 277-1868 \$8,495,000 8bd 6.5ba Sa 2-4 Pebble Beach 277-1151 3903 Ronda Rd Coldwell Banker Del Monte Realty \$8,750,000 4bd 4.5ba Sa 12-3 Pebble Beac Alain Pinel Realtors 622-1040 **SALINAS \$465,000 3bd 2ba** 312 Bush Street Sa Su 1:30-3:30 Salinas 809-6636 Sotheby's Int'l RE Sa Su 12-2 \$499,000 3bd 2ba 111 Maple St Coldwell Banker Del Monte Realty 626-2222 \$599,000 3bd 2.5ba Sa Su 12-3 KW Coastal Estate 250-3057 \$610,000 Sa 12-3 Su 1-4 Salinas 277-7283 / 595-6141 KW Coastal Estates **Sa 11-4** Salinas 383-8100 / 594-5523 \$836,000 4bd 2.5ba 22479 Ferdinand D KW Coastal Estates

# **SANTA CRUZ**

**\$1,200,000 3bd 4.5ba** 111 Harrison Ct KW Coastal Estates

\$1,499,000 4bd 4.5ba

Su 2-4 238-8466

Sa 12-2 206-1229

# **SEASIDE**

622-1040

\$575,000 945 Hamilton Av Douglas Elliman Sa 2-4 Su 12-3 915-6879 / 521-4397 \$695,000 4bd 2ba Sa 1-3

Coldwell Banker Del Monte Realty 320-6382

Carmel reads The Pine Cone

residence on Monarch Lane to an unknown

Carmel Valley: Carmel P.D. took possession of property found in the county area.

### **THURSDAY, JANUARY 11**

Carmel-by-the-Sea: Restaurant owner on Lincoln north of Seventh reported receiving counterfeit paper money four days prior. No suspect information. No surveillance cameras available.

Carmel-by-the-Sea: Followed up on an adult protective services referral on Junipero north of 12th.

Carmel-by-the-Sea: A 48-year-old female Carmel resident who works as a server was arrested at 1754 hours on San Carlos south of Ocean for possession of unlawful paraphernalia, possession of a controlled substance, and DUI while on probation for a prior DUI. She posted bail and was released.

Carmel-by-the-Sea: Subject warned for

trespassing on Perry Newberry north of Fifth after a family dispute.

Pacific Grove: Report of inappropriate touching on David Avenue.

Pacific Grove: Non-injury accident on Highway 68. Info exchange.

Pacific Grove: Documentation for trespass warning on Lighthouse Avenue.

Carmel Valley: Child protective services referral on El Caminito.

Carmel area: Found property at the Barn-

Carmel area: Person reported a missing person on Pradera Road.

# FRIDAY, JANUARY 12

Carmel-by-the-Sea: Citizen reporting lost or stolen property at Junipero and Sixth.

Pacific Grove: City building on Ocean View was vandalized sometime overnight

Pacific Grove: Non-injury vehicle collision on Lighthouse Avenue involving four vehicles.

Pacific Grove: Three adults and one minor were found in a park on Pine Avenue under the influence and in possession of illegal items. Juvenile and one adult were issued citations to appear.

Pacific Grove: Made contact with two subjects in a vehicle on Sunset Drive, and a search revealed the suspect was in possession of drug paraphernalia. The suspect was cited and released at the scene.

3146 Fergusson Lane Alain Pinel Realtors

Pacific Grove: Water rescue at Ocean View Boulevard. Subject transported to hospital by ambulance.

### **SATURDAY, JANUARY 13**

Carmel-by-the-Sea: Credit card turned in by citizen at San Carlos and Fourth at 0243 hours

Carmel-by-the-Sea: A 34-year-old male Seaside resident was arrested for felony possession of stolen property and violation of probation.

Carmel-by-the-Sea: Unit responded to a barking dog complaint on Palou south of Second, and a courtesy notice was left at the front door. A follow up was completed the next day with the dog owner. Possible solutions were discussed, and contact information obtained.

Carmel-by-the-Sea: Officers investigated a non-injury hit-and-run traffic collision on San Antonio Avenue, where the vehicle hit a city sign before fleeing the scene.

Carmel-by-the-Sea: Caller reported a lost ring on the beach. Pacific Grove: Vehicle window on Sunset

Drive smashed, and personal property taken Pacific Grove: Hit-and-run collision on

Lighthouse Avenue, with a pedestrian struck. Pedestrian acknowledged being struck but had

Carmel area: Deputies responded to a welfare check on an elderly woman on Whitman

# **SUNDAY, JANUARY 14**

Carmel-by-the-Sea: Officer was dispatched to a walk-in report of suspicious circumstances at Forest and Mountain View. Person said that an unknown female was seen loitering nearby and inside the driveway and yard of a neighboring home. Upon a check to ensure the security of said property, officer located the female inside of the home. The 50-year-old female transient was arrested for burglary and transported to county jail.

Carmel-by-the-Sea: A vehicle was towed from Scenic south of 12th for expired registration over 6 months.

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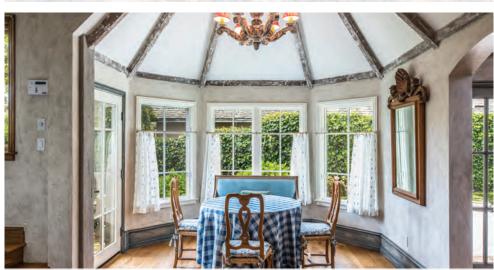
CARMEL | 2BR, 2.5BA | \$7,295,000 Once in a life time opportunity on Scenic Road! 831.626.2221



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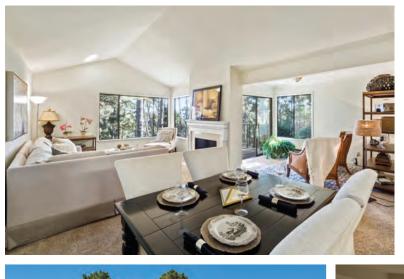
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CARMEL-BY-THE-SEA

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