



The Carmel Pine Cone

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PFEIFFER BRIDGE RE-BUILD REACHES FINAL STAGES



PHOTO/KYLE EVANS

Work crews lay the concrete roadbed on the new Pfeiffer Creek Bridge early Saturday in one of the final steps before the bridge reopens — a step that will bring major changes to what's been called "Big Sur Island." See page 8A.

Residents rally to install more smoke-reducing fire pits on beach

By MARY SCHLEY

WILL "SMOKE less" — not smokeless, since there is no such thing — fire pits solve the problem of wood-burning fires on the beach bothering residents and others while still allowing those who enjoy them to do so? An experiment with the special pits is under way, and the city council will review the results when it takes the topic up again early next year.

After city administrator Chip Rerig discovered the special pits, which function like a catalytic converter to clean some of the smoke, he ordered one earlier this summer, and city crews installed it on the sand near Eighth Avenue last month. Since then, two more have been added, and another half-dozen arrived at the public works yard Wednesday — all thanks to a handful of residents who paid for the pits, which are \$349 apiece and come from a manufacturer in Pennsylvania.

'There was no smoke'

"They have holes at the top and bottom of the lining, and they draw the smoke down and then it comes back up, and it re-burns the smoke," releasing far fewer harmful particles into the air, explained Scenic Road resident and former forest and beach commissioner Kathy Bang, who organized the donations.

The first day the new pit was used in August, the Bangs walked over to chat with the people who had settled in next to it for their fire.

"As we walked toward them, they started

laughing and said, 'You're the fifth set of people to come and ask how this works,'" she recalled. "We stood there and talked to them for 15 minutes, and there was NO smoke. It was great."

The Bangs were heartened enough by the results to spend \$700 on two more pits, which were subsequently mounted on small concrete slabs and installed on the beach, and she then worked with a group of other residents near the south end of the beach to raise enough money to order six more.

"If this works, this would be a great compromise,"

See PITS page 19A



PHOTO/KATHY BANG

Thomas Lang from public work helps place one of the new "smoke less" fire pits on the beach Thursday.

Costly beach restrooms could be named nation's best

By MARY SCHLEY

THE BATHROOMS that opened at Scenic and Santa Lucia in December 2014 after a decade of debate and planning, and nearly \$800,000 in design and construction costs, have been nominated among the 10 finalists for the crown of America's Best Restroom, in a contest organized by the workplace supply company Cintas. City administrator Chip Rerig is asking everyone to cast their votes in favor of Carmel's showplace.

Architect Rob Carver and his team worked for years with planning commissioners, city council members, and a very involved public through numerous hearings that eventually led to the approval of his

modern, low-profile, design in 2013. The resulting building, which replaced portable toilets that had been on the bluffs at the south end of the beach for nearly three decades, is constructed of concrete, wood and stone, and includes curving walls and a landscaped roof.

'Evocative'

At a planning commission meeting in November 2012, Carver said he designed the restrooms to not look too manmade, and said their shape "is evocative of the motion of the ocean."

"I'm trying to make this as invisible as possible," Carver said at the hearing. "That's my goal, and I'm

See RESTROOMS page 14A

History repeating with Flanders Mansion

Detailed cost accounting tells \$1.2M story

By MARY SCHLEY

THE HATTON Canyon Freeway project was debated for decades before the state decided to widen Highway 1 through Carmel instead. The community has been arguing almost as long about how to give the Monterey Peninsula a reliable water supply.

But few local debates have run longer than that over Flanders Mansion, which continues to rack up

bills for taxpayers but has never really been put to use, other than as an occasional residence. It's been empty and deteriorating for nearly 20 years, and city employees are still researching ways to deal with the old house, which is listed on local, state and national historic registries. The city has tried repeatedly to unload the property, an idea voters even approved in 2009, but a small group of preservationist activists has used state environmental laws and the courts to thwart that effort.

In August, the Carmel City Council delved into the matter yet again, telling city administrator Chip Rerig to research options for leasing the mansion out as a private home to someone who would repair it, finding someone to live in it as a "curator" and fix it up, or selling the house but keeping the land. The first two scenarios would likely require some financial incentive or help from the city, since finding someone to foot the entire bill himself, with deferred maintenance needs estimated in 2009 to be in excess of \$1 million, seems unlikely.

"The next discussion is tentatively scheduled for December," Rerig told The Pine Cone Wednesday.

Déjà vu all over again

Taxpayers funded the purchase of the mansion and its 15-acre grounds — which became part of Mission Trail Park — in 1972 for \$275,000. While researching the possibilities of bringing in a curator, Rerig came across an Oct. 4, 1979, report from the city's city administrator at the time that's eerily familiar.

"During the period of time the city has owned this property, it has been rented or leased to private parties and municipal employees, and also has had periods during which it has remained vacant," the

Artist says she didn't steal dog — she rescued it

By KELLY NIX



PHOTO/LISA BRYAN

A PROMINENT local artist who specializes in portraits of dogs and other pets is being accused of the unthinkable: stealing someone else's pooch.

In a civil complaint filed Sept. 18 in Monterey County Superior Court, Crystal Honn claims that "on or after August 2016 and thereafter," artist Lisa Bryan stole Chelsea — a golden retriever Honn took in as a pet in 2004.

Bryan "willfully, deliberately and oppressively trespassed and entered [Honn's] residence when Honn was not home, and without her knowledge or consent, stole the dog and converted said dog Chelsea to their own use and benefit," Honn said in the lawsuit she filed in pro per.

A 'demand' that was 'refused'

While Honn said that she's demanded that Bryan return her companion, the artist has refused, and furthermore has "conspired with others" to keep Chelsea's whereabouts "secret." She has requested

See DOG page 17A

See FLANDERS page 15A

She doesn't look like stolen property, but Chelsea — shown with a bunny buddy — is the subject of a lawsuit claiming she is.

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Sandy Claws

By Lisa Crawford Watson

Balanced by Berners

“CUVÉE” IS a French word that means wine blended from different vintages or vineyards. Syrah is a dark-skinned grape variety, grown throughout the world and used primarily to produce red wine. But, when it comes to Bernese mountain dogs, Cuvée and Syrah are simply special names for beautiful dogs, who came from neighboring wine regions.

Syrah, whose registered name is “Que Syrah, Syrah,” is a 7-year-old female from Paso Robles. Cuvée, a 5-year-old male, registered as “Jura’s Labor of a Whole Vat of Love,” also is known as a “McIntyre dog” from vintners Kim and Steve McIntyre, who breed Bernese.

Their person, who got each as a puppy, has had three previous Bernese mountain dogs, or “Berners.”

“My first Bernese was 26 years ago,” she said, “and I haven’t been without one since. Everything about them appeals to me – their size and soft coat, their temperament and personality. They are really easygoing, loving and loyal.”

The pair live with their family on an eight-acre spread atop Markham Ranch where the dogs can run to their hearts’ content. On leash. Their person prefers to protect them from the threat of wild animals with whom they share their neighborhood. She does let the dogs run free, supervised, in the front yard.



“I don’t like to take our dogs to the beach because I’ve had problems with small dogs nipping at them,” said their person. “Or, if they sniff a small dog, it gets scared and starts to cry. People have kicked my dogs.”

At 82 and 95 pounds, Syrah and Cuvée have an imposing presence, owing to their heritage as working dogs of Bern, Switzerland. Yet they are actually very sweet and loving, says their person, who regularly receives kisses from Syrah and hugs from Cuvée.

“Bernese Mountain dogs have been such a big part of my life for so many years,” she said. “They are my balance in the world.”

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TIME FOR AN ANNUAL DOG EVENT?

By MARY SCHLEY

A TOWN famous for welcoming dogs practically everywhere, and that spent years marketing itself as “Dog Heaven on Earth,” should have its own official dog event, community activities and cultural commissioner Bonnie Folster suggested at a meeting earlier this month.

Folster said she and fellow commissioner Paul Wylde had been talking to Mark Oman, organizer of the PAWLitzer Prize Awards Celebration, coming up Oct. 14 at All Saints’ Church, about whether it could be grown into an annual, and perhaps more official, event.

At Oman’s celebration, dogs will be blessed by the Rev. Amber Sturgess and be given plenty of biscuits, while their human companions will enjoy wine, small bites, and “a musical tribute to our Best Furry Friends Forever,” by Monterey Jazz Festival pianist Bob Phillips. The PAWLitzer Prize Awards will be given to the authors of dog stories judged best among those received from writers all over the country: Susan Hartzler, who will read her story, “Disciples of God,” in the drama category, and Folster, who will read her story, “The Man in My Life,” in the humor category. Proceeds from the event will benefit the SPCA and the Birchbark Foundation, which helps cover vet bills.

“Mark is a guy who’s been around the community,” Folster said. “He’s a very high-energy person. He’s gotten lots of people to pitch in and volunteer, including myself.”

She described the upcoming event as “an upbeat, fun thing,” and said it has potential for growth, perhaps as a city event.

“I think it has some interesting potential, and he should be very proud of what he’s achieved,” she said. “I think there’s potential to build on this.”

Commissioner Linda Calafiore asked Margi Perotti, community activities coordinator, what the city would have to do to take over the private event. In that case, city staff would develop a plan and run it by the community activities and cultural commission and the city council for feedback and approval. If blessing dogs continues to be part of the mix, the church could be the applicant.

“There have been many dog events in the city,” commissioner Donna Jett said, including the large city-sponsored photo shoots on the beach years ago that drew “thousands of dogs,” whose owners hoped they would be featured in a city-produced calendar.

“It was a madhouse,” Jett said, due to parking congestion and crowds. “The dogs were hungry and thirsty and were going to the bathroom.”

Commission chair Judy Refuerzo, who also attended, offered a different opinion, calling it “awesome.”

“I was so sad when it quit, because it was really fun,” she said.

Perotti also mentioned a number of other regularly scheduled dog events, like the annual Wiener Roast on the beach that brings dachshund owners together for a day every summer, Poodle Day, and the former Cavalier King Charles Spaniel beach party.

Folster reiterated her hope for a city-sponsored dog event. “We were trying to think of low-maintenance things that wouldn’t tax resources,” she said. “Having dogs dressed up for parades that might be part of Halloween, or something like that.”

Refuerzo pointed out that dogs in costumes are always part of the city’s Halloween/birthday parade held on the last Saturday in October each year.

“Maybe we can just build on that,” Folster said.

Official sees ‘potential to build’ on church’s canine celebration



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Police, Fire & Sheriff's Log

That must be a pretty nice office

HERE'S A look at some of the significant calls logged by the Carmel-by-the-Sea Police Department and the Monterey County Sheriff's Office last week. This week's log was compiled by Mary Schley.

SUNDAY, SEPTEMBER 10

Carmel Valley: A person was reported missing from an address on Schulte Road.

Pebble Beach: Report of attempted burglary on Middle Rancho Road.

MONDAY, SEPTEMBER 11

Carmel-by-the-Sea: A male on Second west of Guadalupe reported his neighbor was illegally cutting a tree on his property. Both parties were contacted, and the incident was documented.

Carmel-by-the-Sea: Lost a camera in the business district in the area of Ocean and San Carlos.

Carmel-by-the-Sea: A 31-year-old male from San Jose was arrested at Ocean and Carpenter for possession of a controlled substance, driving on a suspended license, and having an outstanding \$100,000 felony arrest warrant out of Santa Clara County for making terrorist threats. He was transferred to Monterey County Jail.

Carmel-by-the-Sea: Investigated burglary of a U-Haul trailer on Monte Verde north of Ocean.

Carmel-by-the-Sea: Adult female provided information regarding an ongoing domestic quarrel with her husband.

Pacific Grove: Damage to the rear window screen at a residence on Spruce. Unknown if it was damaged by wind or caused by attempted burglary.

Pacific Grove: PGPD was notified of a vehicle repo from a residence on Second Street.

Pacific Grove: A 30-year-old male was arrested on 15th Street for attempting to acquire medications by fraudulent means.

Pacific Grove: Male subject on Laurel Avenue was contacted for walking in the middle of road, and was found to have outstanding warrants. Subject was transported and booked at county jail.

Pacific Grove: During a vehicle check on David Avenue, a female passenger was found to have two no-bail or felony warrants. Female transported to county jail.

Pebble Beach: A male reported that a trailer on Stevenson Drive was broken into, and items were stolen.

Carmel Valley: Subject on Carmel Valley Road reported the theft of a license plate during the night.

Carmel area: Female stated her vehicle had been broken into while it was parked on Highway 1, and items were stolen.

TUESDAY, SEPTEMBER 12

Carmel-by-the-Sea: A report of found earrings in a small display at Mission and Fifth.

Carmel-by-the-Sea: Investigated a hit-and-run on Junipero.

Carmel-by-the-Sea: Person came into police station to report she believed someone has been entering her home at Santa Fe and Fourth on multiple occasions. Nothing has been taken or seems out of place, and the unknown person left behind earrings.

Pacific Grove: Vehicle parked on Forest Avenue, and the driver opened the door into traffic, causing a collision.

Carmel area: Report of theft on Carmel Rancho Boulevard.

See **POLICE LOG** page 8RE
in the Real Estate Section

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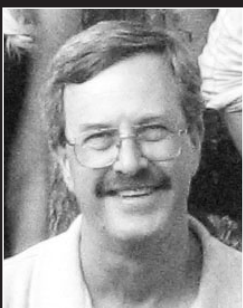
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The gavel falls

Verdicts, pleas and sentencings announced by
Monterey County District Attorney Dean Flippo

Aug. 7 — Christopher Cofer, 33, entered a plea of no contest to residential burglary.

On May 31, Cofer entered a residence while the victims were not home and stole several items including a laptop and camera. When one of the victims returned home later that day, he found that his home had been burglarized and decided to set up a surveillance camera in his room due to the burglary. On June 1, Cofer again entered the same victim's home to burglarize it.

This time, Cofer was caught on the homeowner's surveillance video. Cofer has a large distinctive tattoo on his face that officers from the Salinas Police Department immediately recognized.

When Cofer was found by officers from the Salinas Police Department on June 6, he was in possession of several of the victim's stolen items.

Cofer will receive a sentence of six years in state prison before Monterey County Superior Court Judge Andrew Liu.

Aug. 7 — Salinas resident Jonathan Brown, 36, entered pleas of no contest to possession of a firearm as a felon and possession of heroin for sale. Brown also admitted an enhancement for being personally armed with a firearm during the offense. Brown had previously been convicted of felony drug sales charges, which prohibit him from possessing firearms.

On September 1, 2016, officers from the Salinas Police Department observed Brown commit several traffic violations while driving a vehicle. When the officers attempted to stop Brown, he led them on a high-speed chase through residential areas of Salinas.

During the pursuit, Brown tossed a loaded handgun and bag of narcotics out of

his car window. The items were later recovered and he was found to be in possession of approximately 20 grams of heroin.

Brown was eventually cornered in his vehicle, however he then continued to elude capture by running away on foot. Officers were able to stop Brown as he was running toward an elementary school that was letting out for the day. Officers found approximately \$4,500 in various denominations in Brown's vehicle and on his person.

Monterey County Superior Court Judge Andrew Liu will sentence Brown to 7 years in the California Department of Corrections and Rehabilitation.

Aug. 7 — Latoya Chappelle, 26, was sentenced to 2 years in county jail, pursuant to realignment for violating the terms of her probation.

On April 30, 2014, Chappelle was pulled over for a traffic violation. She provided her sister's name to the police and signed her citation in her sister's name. On June 14, 2014, Chappelle's sister reported to the Monterey Police Department what Chappelle had done. Officers confirmed through video footage, DMV records and booking photos that Chappelle had falsely impersonated her sister during the traffic stop.

Chappelle previously pled no contest to one count of false impersonation. Monterey County Superior Court Judge Mark Hood sentenced Chappelle to three years of formal felony probation on August 26, 2015.

Chappelle violated her formal probation by failing to report to probation after leaving a residential treatment facility on July 19, 2016. This was Chappelle's sixth formally sustained violation of probation.

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Officials ponder park's future, ask for ideas — even crazy ones

By CHRIS COUNTS

WHILE MANY people would like to see Palo Corona Regional Park developed as sparsely as possible, at least one person would like to see a Starbucks there.

That's according to a list of suggested uses for the 4,500-acre park posted on a website dedicated to the future of the park (www.palocorona.org). The suggestions came from a meeting that was held at Rancho Cañada last fall.

The idea of opening a Starbucks will probably be rejected at next week's public meeting about the park's future and what will become of 190 acres that was once part of the Rancho Cañada Golf Club.

The suggestions for the park range from the obvious — like hiking — and the reasonable — like horseback riding and mountain biking — to others that stand little chance of gathering support, including establishing a wine bar, erecting modular cabins for overnight stays or building a racetrack for remote-controlled cars.

Pris Walton, the president of the Carmel

Valley Association, said the only suggested activity that her group has so far endorsed is a dog park.

While some people might welcome such amenities, others would like to see the park district stick to conventional park stuff, such as picnic tables, benches with scenic vistas and hiking trails.

One resident, James Greco, is warning his neighbors that the development of the park could "seriously transform our area forever" and "overwhelm" the area with visitors. He said it's only a matter of time before the park starts making social media lists like "The Top 5 Places to Commune with your Dog."

"I love dogs, but everything we create in this area has global consequences and impacts on the local area," Greco said.

Tim Jensen of the park district conceded that many of the suggested uses will never come to fruition — in part because so much of the land needs to be protected.

"Most of those things will not happen given that the vast sentiment for district open

See **BEST** page 31A

New house where old one blew up

By MARY SCHLEY

IN PLACE of the 70-year-old cottage destroyed more than three years ago at Guadalupe and Third in a PG&E gas-line explosion, a new house designed by Claudio Ortiz is now on the market for nearly \$2 million.

The old one-bedroom cottage was vacant at the time of the accident, which prompted extensive investigations into the utility company's record keeping, resulted in large fines being levied on PG&E, and led to changes in how its crews handle work on gas lines. The house had been built in 1943, was owned by a Palo Alto man, and was assessed at just \$31,999, county records indicated then.

What was left of the destroyed house was subsequently torn down, and the vacant property was sold in June 2015 for \$750,000. An investment group headed by Pat Corrigan and John Michiels submitted a development application for a new house, and after hearings in June and September 2015, the planning commission approved Ortiz' design of a 1,600-square-foot, two-story house with three bedrooms, two bathrooms, decks and an outdoor fire pit. To

accommodate the neighbor to the west, the 200-square-foot detached garage was moved from the north side of the lot to the east side.

Now, two years later, the home is finally complete and listed by Carmel Realty Co. realtor Bobbie Ehrenpreis, who said she has worked with Corrigan for 25 years.

"He found out about this lot, and purchased it," Ehrenpreis said.

She said Corrigan's son, Austin, was the contractor on the job.

"He has a little group of investors that he always works with," Ehrenpreis said of Pat Corrigan. "He does a couple of houses a year in Carmel."

She said she's pleased to have the listing.

"It's a brand new house designed by Claudio Ortiz, and I love the design," she said. "It's beautifully built in the Carmel Cottage style."

Ehrenpreis described the eat-in kitchen as "huge," and noted its open floor plan contains a lot of storage space and built-in cabinetry.

The main living area is spacious and airy, and the master bedroom is on the main floor,

See **NEW** page 31A



The brand new home designed by Claudio Ortiz to replace the old cottage at Guadalupe and Third that exploded in March 2014 is now on the market for nearly \$2 million.

PHOTO/COURTESY CARMEL REALTY



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RESCUED ADVENTURERS LEARN TO STAY OFF CLIFFS (WE HOPE)

By CHRIS COUNTS

HIKERS IN two parts of the county were rescued last week after trying to climb down steep cliffs to get closer to the water.

The Monterey County Sheriff's Office Search and Rescue team was dispatched into the Arroyo Seco River gorge late Sept. 22 after a woman didn't return from a short hike that afternoon.

A helicopter crew was able to locate her and lift her to safety — but not until she had spent a night in the wild. "This morning a team volunteer heard the person yelling and was able to make it to the victim deep in the Arroyo Seco gorge," California Highway Patrol reported on social media.

The CHP gave a shout-out to the search and rescue team for their efforts.

"Thankfully for those who find themselves lost or injured

in remote backcountry settings every year, there is a small army of dedicated souls across our great nation who volunteer their time, service, and expertise to ensure their safe return," the agency posted online. "If you know a SAR volunteer, be sure to thank them for their selfless public service."

The lost hiker, who identified herself as Jessica Oltmanns, also thanked her rescuers.

"I was utterly lost," Oltmanns chimed in on Facebook. "Being rescued was my only way out. It was 42 degrees at

night, so I was not prepared. Another cold night without food would have been rough."

Also last week, two hikers and a dog became stranded at Garrapata State Park Sept. 26 at about 1 p.m. Responding to the incident were personnel from Cal Fire and California State Parks.

"Upon arrival, firefighters discovered two victims and a dog stranded 50 feet down a cliff," Cal Fire reported. "Rescue crews helped navigate the victims to safety and had to carry the dog back to Highway 1."



SCREENSHOT/CHP COASTAL DIVISION AIR OPERATIONS VIDEO

A woman was rescued last week from the Arroyo Seco River gorge — after spending a night outside in the cold and without food.

Airshow welcomes new talent, F-22 Raptor

By MARY SCHLEY

TRIED AND true airshow entertainers will return to Salinas Airport Sept. 30 and Oct. 1 for the California International Airshow, where they'll perform alongside new arrivals, like a young aerobatic pilot in his mid-20s, and the F-22 Raptor demonstration team, which will headline the event and be part of the traditional Heritage Flight with an A-10 Warthog and a P-38 World War II fighter.

Johnny De Gennaro, 26, attended the prestigious Embry-Riddle Aeronautical University, has flown for SkyWest Airlines, and has logged time in more than 30 different aircraft. With more than 4,000 hours as a pilot in charge, De Gennaro has become an instructor in the Pitts S-2B aerobatic biplane and this year got his wish to perform on the airshow circuit when Sean Tucker, an internationally known aerobatic champion from Salinas, hired him to join Team Oracle.

The Lockheed Martin F-22 Raptor, meanwhile, is a U.S. Air Force single-seat, twin-engine, all-weather stealth tactical fighter that can also be used in ground attacks, electronic warfare, and intelligence, giving it "unprecedented air combat capabilities." Airshow executive director Bruce Adams called the demo team's impending appearance this weekend "the most incredible jet demonstration performance in the world," and said the fighter "can perform maneuvers that were once considered impossible."

Seven P-51 Mustangs — the beloved World War II fighter powered by a Rolls Royce V-12 engine — will fly in the World War II European Theater demonstration, while the Pacific Theater demo will include four big bombers: the B-25 Mitchell, the PV-2 Harpoon anti-submarine plane, the TBM Avenger torpedo bomber used on U.S. carriers, and a Nakajima B5N Kate torpedo bomber flown from Japanese carriers. Numerous static displays of military and other aircraft, vendors, and plenty of food and drink are on tap, too.

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Reopening of Highway 1 at Pfeiffer Creek just weeks away

By CHRIS COUNTS

WITH THE Pfeiffer Creek Bridge project nearing completion, businesses on “Big Sur Island” are gearing up for the grand reopening of the scenic route.

As inns and restaurants prepare to welcome an influx of visitors — and resort workers return to Big Sur — parking is at a premium near the bridge site. In response, Big Sur Chamber of Commerce president Kirk Gafill is urging people to carpool and park only in designated spaces.

“Demand for available spots is increasing with additional employees and contractors being recalled to work on the south side in anticipation of the upcoming opening,” Gafill reported. “There has been an increase in illegal parking in the fire lanes and in or near environmentally sensitive habitat.”

The bridge is expected to open to the public within the next two or three weeks. That’s good news for Big Sur businesses located just south of the site, like Nepenthe, Esalen and Post Ranch Inn, which have all experienced a downturn in visitors since early this year.

Deetjen’s Big Sur Inn, meanwhile, started serving breakfast last week, and Ventana Big Sur plans to reopen its doors — and unveil an ambitious remodel — when the highway reopens next month.

Located just south of Pfeiffer Big Sur State Park, the bridge was demolished in March after cracks were discovered in it. The project to replace it will cost about \$24 million.

Highway 1 is also still closed at Mud Creek, where one of the largest slides in California’s history dumped five million cubic yards of rock, dirt and debris on the scenic route in May. Repairs at that site are expected to be completed by late summer 2018.

“We are working to safely rebuild the road in this complex and unpredictable area,” Caltrans District 5 director Tim Gubbins said. “Caltrans is committed to restoring this vital link to and from Big Sur as quickly and safely as possible.”

The timeline for the Mud Creek project is dependent on favorable weather this winter. The work is expected to cost about \$40 million.

Pets to be blessed at Wayfarer Sunday

THE CHURCH of the Wayfarer on Lincoln Street south of Ocean Avenue in downtown Carmel will hold its annual Blessing of the Animals Sunday, Oct. 1, and pets of all kinds are invited — as long as they’re well behaved, and as long as they’re accompanied by human beings who are also well behaved.

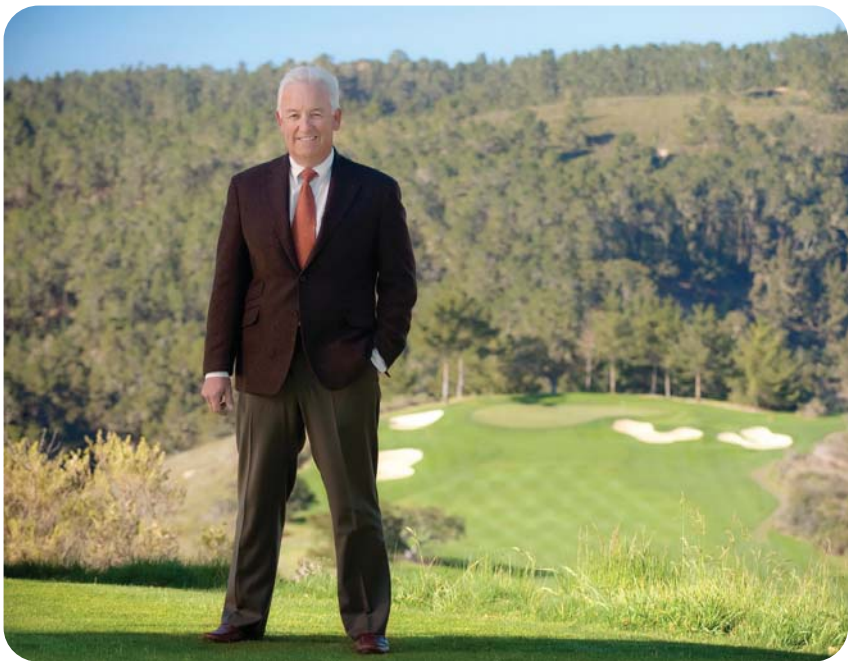
The Rev. Luke Ham will begin giving out

blessings to all creatures great and small at 11 a.m. in the church’s picturesque garden, and will keep at it until 12:30 p.m.

All members of the community are welcome, regardless of whether they attend the church, which was established in Carmel in 1904.

To learn more, visit churchofthewayfarer.com.

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Homeless get rolling medical clinic

By KELLY NIX

TO PROVIDE medical treatment for indigent and homeless people who don't receive regular health care, Montage Health, the parent company of CHOMP, rolled out a new mobile health clinic Thursday.

The 40-foot-long renovated Blue Bird bus will be staffed with a nurse practitioner, social worker, clinicians and volunteers to help mostly homeless people in the parking lot of Walgreens in Seaside on Thursdays from 3 to 7 p.m. The bus, which carries the personalized license plate of "SAVLIFE," is equipped with medical equipment, two exam rooms and a waiting room.

More stops on the Peninsula will be added in the next few months, Montage Health's chief nursing officer, Terril Lowe, said Wednesday.

"Additional stops will be added over the next several months, as agencies who are serving the homeless have asked us to partner with them and provide clinics in areas where homeless are already being seen for other services," Lowe told The Pine Cone.

As the new stops are firmed up, Lowe

said Montage will post the locations on its website at www.montagehealth.org.

Montage said hospital staff will provide basic healthcare for issues such as earaches, coughs, sinus ailments, sore throats, minor infections, diabetes, and high blood pressure. Montage pointed out that the mobile clinic will not carry painkillers, sedatives, sleeping pills, opioids, and other controlled medications. A physician medical director will oversee the mobile operation.

In a statement to the press, Montage president and CEO Steven Packer said that more than 2,300 people are homeless in Monterey County and lack access to necessities, including healthcare.

"Through the mobile clinic, we hope to improve the health and wellness of this underserved group of people as well as others who have trouble accessing general medical care," Packer said.

The clinic is being funded by a two-year, \$500,000 grant from the Monterey Peninsula Foundation, \$200,000 from Montage Health's Auxiliary, \$64,000 from Montage Health employees, and a substantial gift from Sara and James Jungroth.

"The \$764,000 will cover costs for the full renovation of the bus, with a majority of the expenses going toward staffing and supplies to serve those in need of the mobile clinic services," Lowe explained.

The bus, purchased by the Auxiliary, had been used as the hospital's bloodmobile.

More than 100 homeless patients are treated in CHOMP's emergency department every month, some for issues that Montage said could have been treated earlier and at lower costs.



An old bus that's no longer needed as a bloodmobile because of improvements in the storage and use of donated blood has been repurposed by CHOMP as a mobile health clinic for the homeless.

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DAVID LYNQ
 REAL ESTATE

It's good to be in the top 10 if you're a Pacific Grove city worker

By KELLY NIX

FOUR PACIFIC Grove police officers were the city's highest paid employees in 2016, while the guy who hands out parking tickets wasn't paid too shabbily either, according to a salary survey provided to The Pine Cone.

The 2016 salary list, obtained through a public records request, lists more than 60 full-time employees. About 30 P.G. workers made more than \$100,000 per year in pay and benefits in 2016. Taxpayers shelled out more than \$7 million in 2016 for the city's full-time workers, the survey shows.

Here's a list of the Pacific Grove's top 10 moneymakers.

Pacific Grove Police Sgt. Jeff Fenton was the top paid employee, earning \$242,664.18 in salary and benefits, including \$30,290 in overtime wages, and \$42,065 in "other pay," which can include car allowances, stipends, incentive pay, bonuses, and any other taxable pay. Fenton, who also received \$47,848.18 in benefits, almost doubled his base salary of \$122,461.

Police officer Jeffrey Haas was the second highest paid city worker, earning total pay and benefits of a \$211,616.78 in 2016, including \$37,942 in overtime. Haas' base salary was \$102,158.

The next highest compensated employee was police officer Amy Lonsinger, whose \$35,462 in overtime, \$41,592.07 in benefits,

and \$24,616 in other pay, earned her a total of \$208,119.07. The fourth highest paid was Sgt. Roxane Viray, who was paid a total of \$199,378.58, including \$155,472 in base, overtime and other pay, and \$43,906.58 in benefits.

The fifth highest paid city employee was community and economic development director Mark Brodeur, who earned \$175,063 in wages, plus \$17,794 in benefits for a total compensation of \$192,857.30.

City manager Ben Harvey, who began the city post in early 2015, was sixth on the list, earning \$189,807.36, which included \$18,872.36 in benefits.

Police officer Charles Renfro made a total of \$187,451.83, including \$32,383.83 in benefits and \$28,763 in overtime.

In the number eight spot was police Sgt. Rachel Beuttler, who earned a total of \$186,528.02, which included \$40,232.02 in benefits. Beuttler had \$13,161 in overtime pay.

Longtime police officer Eva Rasul was ninth on the 2016 salary survey, earning \$184,621.11, which included \$26,446 in overtime wages and \$36,806.11 in benefits. Rounding out the top 10 was police Cmdr. Rory Lakind, who earned \$171,919.80 in pay and benefits.

Though he was 49th on the list of the highest compensated, the city's veteran meter man — parking enforcement officer Francis Marino — also did quite well, earn-

ing a total of \$84,346.51 in pay and benefits, including \$539 in overtime pay, \$10,550 in other pay and \$11,056.51 in benefits. The city's other parking officer, Giselle Acevedo, trailed Marino with \$42,334.58, including

\$4,278.36 in benefits.

The Pacific Grove salary survey doesn't include firefighters, whose pay is routed through the City of Monterey after a 2008 merger of several local fire departments.

Airmen of Note to perform Saturday

By KELLY NIX

PATRIOTIC NOTES and syncopated rhythms will fill the air at Lovers Point in Pacific Grove on Sept. 30 as the United States Air Force Airmen of Note Jazz Band performs for the first time in Monterey County.

Stationed in Washington D.C., the 18-member Airmen of Note is one of six musical ensembles that are part of The U.S. Air Force Band. The band was created in 1950 to continue the tradition of Major Glenn Miller's Army Air Force dance band.

"This is their first time they've played in Monterey County," Pacific Grove Chamber of Commerce President Moe Ammar told The Pine Cone. "The music is mostly jazz as

well as some big band music. As a chamber of commerce, we wanted to demonstrate our support of our great troops by inviting them to perform on the Peninsula. I hope that our residents will come and cheer the troops."

The free performance is from 2 to 4 p.m. Ammar said the Lovers Point Beach House Café will offer afternoon specials that day, and the Beach House Restaurant upstairs will offer its discounted Sunset menu from 4 to 5:30 p.m.

The U.S. Air Force informed Pacific Grove and other local cities it would be touring the area, and Ammar said the P.G. chamber jumped at the chance to host the band.

"I was all over it, especially since my wife Trina served in the Air Force in Texas," he said.

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For more details, visit www.stevensonschool.org/previews.



City attorney, pot, plastic, and restaurant on council agenda

By MARY SCHLEY

AFTER AN elaborate and lengthy farewell in city council chambers this month that included five former mayors, among them Clint Eastwood, and numerous other fans who praised city attorney Don Freeman for his 33 years of service, the council next week will discuss whether it didn't really mean to say, "Goodbye," after all. Keeping Freeman on "to support the transition efforts" of new city attorney Glen Mazingo is just one of the items up for discussion on the agenda for the council's Oct. 3 meeting.

After voting on its consent calendar, which includes a contract for project management, appointments to various boards and commissions, the council will hear reports on

Rolling pumpkins set

THE 3RD Annual Pumpkin Roll will have dozens of merry-makers rolling round orange squash of all sizes down Ocean Avenue Saturday, Oct. 7, from 1 to 3 p.m.

A few years back, city officials made the long practiced nighttime Halloween prank legit when they organized the event to take place in the daytime and started providing the pumpkins. Now, anyone who wants to can merely pick up a pumpkin on Ocean Avenue at Santa Fe Street and roll it down a specially constructed course. The city will also host pumpkin decorating in Devendorf Park at Ocean and Junipero, with the help from the Carmel Host Lions Club and the River Dads. For more information, call (831) 620-2020.

tour buses and its own work program.

Several public hearings are set to follow, with first readings of an ordinance that would require restaurants and vendors to use food packaging that's either biodegradable/compostable or recyclable (and would require them to only provide straws, cutlery and other single-use items upon request), an ordinance governing the construction of granny units, and an ordinance amending the city's rules on selling, using and growing marijuana.

The council will also review a permit approved by the planning commission that allowed the owners of the Carmel Coffee and Cocoa Bar in Carmel Plaza to change their coffee shop into a full-line restaurant, with table service and menus.

The council meeting will start at 4:30 p.m. Council chambers are located in city hall on Monte Verde Street south of Ocean Avenue. For more information and a complete agenda packet, visit www.ci.carmel.ca.us.

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Treasure trove of Ansel Adams pics to aid young photographers

By CHRIS COUNTS

A PORTFOLIO of photographs created by Ansel Adams in 1927 will be auctioned off by Sotheby's Oct. 5 in New York City — and the proceeds from the anticipated sale, which could reach \$100,000, will help provide scholarships for local high school and college students.

Titled "Parmelian Prints of the High Sierra," the portfolio contains 16 images — including Adams' iconic "Monolith, the Face of Half Dome." Each is signed in pencil by the photographer, who lived in the Carmel Highlands for the last two decades of his life.

The first portfolio Adams offered, less than 150 were created, and it's estimated that only about 75 survive today after a number were destroyed by a fire.

In 2008, a similar portfolio was sold by Christy's for \$97,000.

The portfolio was donated to the nonprofit Weston Collective by one of its supporters, John Crossman.

"We're very excited about the donation," Annabelle Scott, the Weston Collective's marketing director, told The Pine Cone. "It's not super common to see one up for auction in its entirety, and it's in beautiful condition. Should it sell, the proceeds will directly benefit the collective's mission of preserving black-and-white film photography on the Central California Coast."

Scott said the images were taken at a time when Adams' career as a photographer was just beginning — and he was spending a lot of time hiking in the Sierra Nevada mountains.

"Monolith, the Face of Half Dome" remains one of Adams' most popular images. To capture the photo in April 1927, Adams climbed about 4,000 feet through heavy snow early in the day. After setting up his camera and waiting for the sun's rays to light up his subject, he placed a red filter on

his camera, which helped create the striking image.

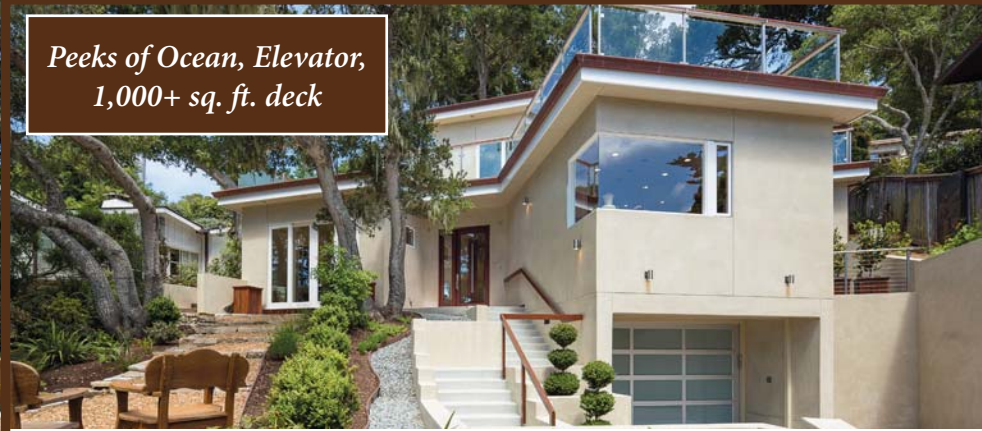
'Darkrooms were closing'

The Weston Collective was founded in 2005 by Kim and Gina Weston. Kim is the grandson of the late Edward Weston, a friend and neighbor of Adams, who ranks among the most influential photographers of the 20th century.

"They were seeing darkrooms closing in schools because there was no funding," explained Scott, who received a Weston scholarship herself as a student. "The primary goal of the collective to bring back darkrooms."

To achieve that goal, the nonprofit has encouraged students throughout Monterey County to explore black and white film photography.

The nonprofit has given away more than \$100,000 in scholarships to local students over the past 12 years. www.thewestoncollective.org.



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PUBLIC NOTICES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20171680

The following person(s) is (are) doing business as: **SYNEK EXPRESS LLC, 10 Sherwood Dr. Ste. 1, Salinas, CA 93901.**

County of Principal Place of Business: Monterey
Name of Corporation of LLC as shown in the Articles of Inc./Org./Reg.: **SYNEK EXPRESS LLC, 10 Sherwood Dr. Ste. 1, Salinas, CA 93901.**
State of Inc./Org./Reg.: California
This business is conducted by: a limited liability company.
The registrant commenced to transact business under the fictitious business name or names listed above on: Aug. 11, 2017.

BY SIGNING BELOW, I DECLARE THAT I HAVE READ AND UNDERSTAND THE REVERSE SIDE OF THIS FORM AND ALL INFORMATION IS TRUE AND CORRECT.

A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). **I am also aware that all information on this statement becomes a Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**

S/ Maria C. Servin, Member
Aug. 11, 2017
This statement was filed with the County Clerk of Monterey County on Aug. 16, 2017.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law [See Section 14411 et seq., Business and Professions Code].
ORIGINAL FILING
Publication dates: Sept 8, 15, 22, 29, 2017. (PC911)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20171673

The following person(s) is (are) doing business as: **LAURA'S BARN CHILD CARE CENTER, 275 River Road A & B, Salinas, CA 93908.**

Mailing address: PO Box 7246, Spreckels, CA 93962
County of Principal Place of Business: Monterey

Name of Corporation of LLC as shown in the Articles of Inc./Org./Reg.: **LAURA AUSTIN HAIR, 22706 Manoleta, Salinas, CA 93908.**
EVELYN MARIE WEIMER, 25223 Casiano Dr., Salinas, CA 93908
State of Inc./Org./Reg.: California
This business is conducted by: a general partnership.

The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

BY SIGNING BELOW, I DECLARE THAT I HAVE READ AND UNDERSTAND THE REVERSE SIDE OF THIS FORM AND ALL INFORMATION IS TRUE AND CORRECT.

A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). **I am also aware that all information on this statement becomes a Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**

S/ Evelyn Weimer
Aug. 17, 2017
This statement was filed with the County Clerk of Monterey County on Aug. 16, 2017.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law [See Section 14411 et seq., Business and Professions Code].
ORIGINAL FILING
Publication dates: Sept 8, 15, 22, 29, 2017. (PC914)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20171781

The following person(s) is (are) doing business as: **SANTA LUCIA SALVE COMPANY, 10 Laguna Robles, Carmel Valley, CA 93924.**

County of Principal Place of Business: MONTEREY COUNTY
Registered Owner(s): **DERIK NEIL ESTES, 10 Laguna Robles, Carmel Valley, CA 93924.**

This business is conducted by: an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on Aug. 30, 2017.

S/ Derik Estes

Aug. 30, 2017

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) [B&P Code 17913]. **I am also aware that all information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**

This statement was filed with the County Clerk of Monterey County on Aug. 30, 2017.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law [See Section 14411 et seq., Business and Professions Code].
Filing type: ORIGINAL FILING
Publication dates: Sept 8, 15, 22, 29, 2017. (PC915)

SUMMONS - FAMILY LAW

CASE NUMBER: 17FL001238

NOTICE TO RESPONDENT:

JAIME AGUIRRE MARTINEZ

You are being sued.

PETITIONER'S NAME IS:

JESSICA LOPEZ

in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law [See Section 14411 et seq., Business and Professions Code].
Filing type: FBN FILING
Publication dates: Sept 8, 15, 22, 29, 2017. (PC917)

NOTICE OF PETITION TO ADMINISTER ESTATE OF JAMES THOMAS SHERRILL Case Number 17P000107

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of JAMES THOMAS SHERRILL, also known as JAMES "BUCK" SHERRILL.

A PETITION FOR PROBATE has been filed by SHAWNEE LADON SHERRILL in the Superior Court of California, County of MONTEREY.

The Petition for Probate requests that SHAWNEE LADON SHERRILL be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:
Date: Nov. 8, 2017
Time: 9:05 a.m.
Dept.: 13
Address: Superior Court of California, County of Monterey, 1200 Aguajito Road, Monterey, CA 93940.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner:
7473 Holworthy Way 340
Sacramento, CA 95842
(916) 923-8830

This statement was filed with the County Clerk of Monterey County on Sept. 12, 2017.
Publication dates: Sept. 15, 22, 29, 2017. (PC920)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20171813

The following person(s) is (are) doing business as: **VISTA ROBLES DENTAL GROUP, 85 Via Robles, Monterey, CA 93940.**

County of Principal Place of Business: Monterey
Name of Corporation of LLC as shown in the Articles of Inc./Org./Reg.: **MARTIN & MUNOZ DDS INC., 85 Via Robles, Monterey CA 93940.**

State of Inc./Org./Reg.: California
This business is conducted by: a corporation.
The registrant commenced to transact business under the fictitious business name or names listed above on: Aug. 6, 2012.

BY SIGNING BELOW, I DECLARE THAT I HAVE READ AND UNDERSTAND THE REVERSE SIDE OF THIS FORM AND ALL INFORMATION IS TRUE AND CORRECT.

A registrant who declares as true any material matter pursuant to section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). **I am also aware that all information on this statement becomes a Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**

S/ Esmeralda Munoz, President
Aug. 31, 2017
This statement was filed with the County Clerk of Monterey County on Aug. 5, 2017.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law [See Section 14411 et seq., Business and Professions Code].
RENEWAL FILING-filed within 40 days of the expiration date and no CHANGE(S) from the previous filing
Publication dates: Sept 22, 29, Oct. 6, 13, 2017. (PC924)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20171872

The following person(s) is (are) doing business as: **ORION REALTY GROUP, 820 Park Row, #701, Salinas, CA 93901.**

County of Principal Place of Business: MONTEREY COUNTY
Registered Owner(s): **MARTIN SANCHEZ, 820 Park Row, #701, Salinas, CA 93901.**

This business is conducted by: an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on Sept. 14, 2017.

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she

knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) [B&P Code 17913]. **I am also aware that all information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**

This statement was filed with the County Clerk of Monterey County on Sept. 14, 2017.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law [See Section 14411 et seq., Business and Professions Code].
Filing type: FBN FILING
Publication dates: Sept 15, 22, 29, Oct. 6, 2017. (PC921)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20171695

The following person(s) is (are) doing business as: **J. SAMANO BAINING, 3047 Vaughan Ave., Marina, CA 93933.**

County of Principal Place of Business: MONTEREY COUNTY
Registered Owner(s): **G SAMANO JAZZIEL, 3047 Vaughan Ave., Marina, CA 93933.**

This business is conducted by: an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 31, 2016.

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) [B&P Code 17913]. **I am also aware that all information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).**

This statement was filed with the County Clerk of Monterey County on Aug. 18, 2017.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law [See Section 14411 et seq., Business and Professions Code].
Filing type: FBN FILING
Publication dates: Sept 15, 22, 29, Oct. 6, 2017. (PC922)

Margaret Marie Blakeslee

October 28, 1926 ❖ September 2, 2017

Margaret Marie Blakeslee, 90, of Carmel, California passed away peacefully on September 2, 2017. She was born on October 28th, 1926 in Chicago, Illinois to Marie and John Reblin and grew up in Chicago. Marge graduated in 1945 from Loretto High School as President of the senior class. After attending a secretarial college, she worked at Central Republic Bank where she met her husband, Kent A. Blakeslee.

They were married on July 3, 1947 and were happily together for 46 years until his death in 1994. From Chicago, they moved to New York City where Kent worked for Uniroyal/US Rubber Co. and then out to Norwalk, Connecticut where they lived until 1970.

The final move was to the highlands of Carmel, California, a place beloved by both, where Marge lived from 1970 until 2017. Marge worked in Connecticut for the Wiltek Corporation and finished her career as the front office manager of The Tickle Pink Inn for 18 years in Carmel.

Marge was a vibrant, colorful, outgoing, caring and fun person to her friends and a loving mother to her three children and 9 grandchildren. Marge and Kent loved to travel and were frequently on cruises and traveling in Europe with family and friends. Visiting ocean liners before they sailed from NYC in the 1960s was a favorite event as was attending Broadway shows, opera and ballet performances followed by lunch at Patrissy's in Little Italy. Marge also later visited Italy a few times and East Africa where her daughter was living for many years. Downeast Maine was also a favorite destination of the whole family especially the area around Corea, ME, Acadia NP and Ogunquit, ME. Marge loved exploring thrift shops and garage sales with her friends and returned with many treasures. She enjoyed entertaining and hosting parties and always set a beautiful table in her home.

Marge is predeceased by her husband Kent A. Blakeslee and step-son Kent A. Blakeslee, Jr. She is survived by her three children: Susan B. Haight and husband Boyd (Monterey, CA and Rome, Italy), grandsons Ian Haight and Sunny, Christopher Haight and Olivia; son Geoffrey J. Blakeslee and wife Kim (Everett, Washington) and grandchildren Hannah, Patty, David, Daniel and Nathaniel Blakeslee; son Timothy J. Blakeslee and wife Tanya (Santa Cruz, CA) and grandchildren Sanneke and Finnegan Blakeslee. She was loved and will be greatly missed by all.

Marge loved Maine Coon cats and had many throughout her life. A number of these were rescues from a no-kill shelter in Maine. The family will have a private memorial to celebrate Marge's life in the future. If you wish to remember Marge, please make a donation to The Ark Animal Shelter in her name. You can donate online at www.thearkpets.org or by mail to P.O. Box 276, Cherryfield, ME 04622



RESTROOMS

From page 1A

excited to be able to do that.”

Following their approval by all the relevant city bodies, the bathrooms were built by Tombleson general contractors, with engineering by Harris & Associates, and landscaping by Greenscape California.

In 2015, the project received an Award of Merit from the American Public Works Association that recognized “the partnership between the managing agency, the consultant/architect/engineer and the contractor who, working together, complete public works projects.”

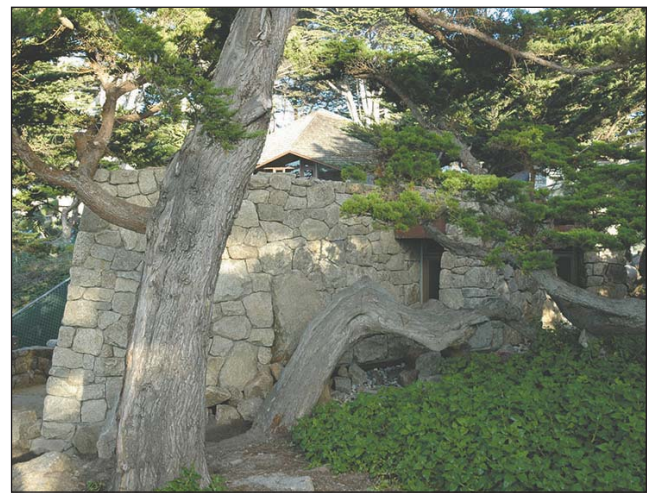
Now, the bathroom building is among the 10 finalists in the best restroom contest. Voting closes Oct. 27.

Competing with Carver's design are the restrooms at Palmetto Brewery in Charleston, N.C.; Elsa bar in Brooklyn, N.Y.; Off the Waffle in Portland, Ore.; San Francisco's Museum of Modern Art; Sinema Restaurant + Bar in Nashville, Tenn.; OdySea Aquarium in Scottsdale, Ariz.; the Doughnut Plant coffee shop in New York City; La Boucherie restaurant in Los Angeles; and the Renaissance Chicago Downtown Hotel. The city bathrooms have some tough competition: Palmetto Brewery's bathrooms contain recycled kegs used as urinals, for instance, while the Scottsdale aquarium's has visitors looking straight into a shark tank while they wash their hands.

Carver didn't have much to say this week about the nomination, though clearly, he was pleased.

“We are honored to be Carmel's head architect,” he said.

To vote, visit www.bestrestroom.com/us/vote.asp.



PHOTO/ROB CARVER

The Scenic Road bathrooms designed by architect Rob Carver are beautiful enough to be among the 10 finalists in a national contest.

FRANK NELSON WRIGHT JR.

August 24, 1919 • September 25, 2017

Frank Nelson Wright Jr.'s life came to a peaceful end on September 25, 2017, after an incredible journey lasting more than 98 years. Frank was born on August 24, 1919, to Frank and Gwendolyn Wright in San Diego, California. Frank had one older brother (Barton). The family moved to Orosi, California in the foothills of the Sierra Nevada where Frank spent his early childhood before relocating to Berkeley and later to San Francisco where he graduated from Lowell High School, and learned to speak German, in 1937.

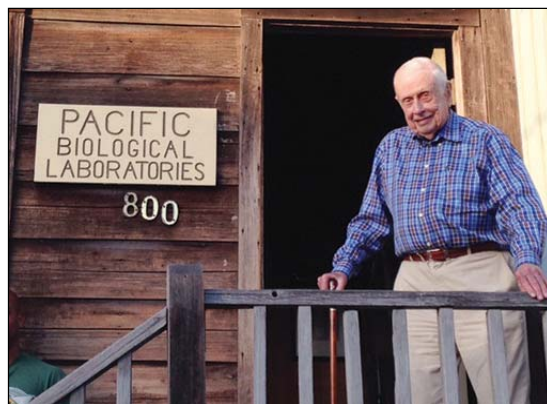
Frank was an undergraduate at the University of California, Berkeley when he was drafted into World War II on September 11, 1942. He said that the smell of the canneries was so awful when he first arrived at the Monterey train depot for induction into the US Army that he exhaled and never wanted to take another breath. The Army was impressed with Frank's ability to type 85 words per minute and put him to work on a teletype machine rather than sending him off to war. While stationed there, Frank met and became a close friend of Corporal Edward Ricketts of the Dispensary Lab at the Presidio of Monterey. Frank was using Ed Ricketts' book, *Between Pacific Tides*, at Cal and had also read the Steinbeck and Ricketts' collaboration, *Sea of Cortez, A Leisurely Journal of Travel and Research* before the two soldiers began working together. Even though Ed was 46 and Frank was only 23 when they met, the two men remained friends until Ricketts' death in 1948. Frank returned to Cal and earned his degree in Zoology after being discharged from the US Army as a Staff Sergeant. Frank moved back to Monterey in 1950 and made a living in real estate appraisal. Frank married and later divorced Jan Wyman who preceded him in death.

Frank's greatest pleasure in life was being a part of the Pacific Biological Laboratories' 'Men's Group' who owned Ed Ricketts' house at 800 Cannery Row from the mid 1950s until they decided to sell it to the City of Monterey in 1993. The City proved to be an excellent caretaker and now offers free tours of Ricketts' Lab on the second Saturday of each month. The PBL Group was an eclectic group of 21 gentlemen, led by Monterey High School teacher Harlan Watkins, who described themselves as a club for people who do not like clubs. Frank was one of only two PBL members who actually knew Ed Ricketts. Bruce Ariss, a Monterey writer and artist who died in 1994, was also a friend of Ricketts and Frank Wright talked his fellow PBL members into accepting Bruce into their club. Famous individuals in the PBL group included the cartoonists Hank Ketcham (Dennis the Menace), Gus Arriola (Gordo), and Eldon Dedin (Playboy). The other members of PBL included Dick Eldred, Doc Etienne, Bob Faul, Ed Haber, Ted Hooker, Sam Karas, Jack Morris, Jim Niebel, Al Parker, Will Shaw, Bill Stewart, Walt Stewart, Morgan Stock, Ted Stotler, Joe Turner, and Bob Tuttle. Several members of the PBL group were also responsible for establishing the Monterey Jazz Festival in 1958. Many jazz greats, including Louis Armstrong, would attend after-hours parties at the Lab once their performances at the Fairgrounds were complete. Frank became the first member of the PBL Group after meeting Harlan Watkins at a restaurant on Webster Street in Monterey in 1955. Harlan was about to move out of Ricketts' house on Cannery Row and together with Frank they devised a plan to retain access to the Lab by making it into a club for their friends. Frank was also the last surviving member of the PBL Group and he frequently volunteered his time to lead tours through Ricketts' Lab for people who were interested in learning more about the friendship that developed between Ed Ricketts and John Steinbeck during the Great Depression. Frank had many fond memories of his own friendship with Ed Ricketts that he loved to relate to Lab visitors. Among the adventures shared by Frank and Ed were preparing *Haliotis rufescens* dinners, attending a party at the home of Edward Weston in Carmel Highlands, drinking Burgermeister beer, discussing philosophy, listening to classical music, and enjoying informal parties at the Lab. One of Frank's claims to fame was that he was the first person to read Steinbeck's *Cannery Row* besides Ricketts after discovering the unpublished typescript of the novel in the Lab while visiting Ed in 1945. Like John Steinbeck, Frank admired Ed Ricketts for his honesty and moral character. While Steinbeck used Ricketts as the protagonist in many of his novels Frank was also impressed by Ed's conscientious attitude toward his life and work. In later years Frank hosted plenty of parties of his own at Ricketts' Lab which frequently featured fine food, lively discussions, and beer milkshakes. Frank was proud that the PBL Group carried on Ricketts' tradition of philosophical conversation while preserving the Lab as Cannery Row evolved over the years. Frank was a friend of Michael Hemp and a member of the Cannery Row Foundation.

Frank was fascinated by the symbiotic relationships described in *Between Pacific Tides* and loved to recite this passage from Ricketts' masterpiece while leading tours of the Lab.

*Great fleas have little fleas
Upon their backs to bite 'em,
And little fleas have lesser fleas, And so ad infinitum.*

Although Frank had many friends, he was closer to Gil Graham than anyone else. Gil looked after him and his care ensured that Frank was able to live independently at his advanced age. A private celebration of Frank's life will be held at Ed Ricketts' Lab.



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FLANDERS

From page 1A

unnamed administrator wrote in the 1979 report. "The property is now unoccupied, and I feel that it is imperative that the structure be occupied as soon as possible for security reasons."

He went on to explore the "various options" that "have been discussed in the past," including tearing it down, selling it, and renting or leasing it to a private party or organization. Demolition wasn't feasible due to its "age, character and history," he wrote, using words that have been repeated many times since.

Built for Paul and Grace Flanders in 1924 by San Francisco architect Henry Higby Guttersen in the English Cottage sub-style of Tudor Revival architecture, the mansion was constructed with a cavity-wall system of precast interlocking concrete blocks produced by the Carmel Thermotite Company, according to Rerig.

Selling the house would divest the city of maintenance and landlord responsibilities, according to the 1979 report, but the difficulty would be ensuring public access to the surrounding park land while giving the purchaser control of his own property — a conundrum that has continued to arise in more current discussions.

Finally, the administrator wrote in the 1979 report, renting or leasing was the best option, and should be pursued "immediately." The administrator proposed making the tenant responsible for the "not inconsiderable" utilities required in a 6,000-square-foot home, but that the city be responsible for major maintenance. He recommended refurbishment be undertaken immediately, "as much as can be accomplished within an approximate \$5,000 budget."

What are the costs, really?

Amid all the controversy, and on top of the current liabilities, city taxpayers have spent a lot of money on Flanders Mansion, based on information provided to The Pine Cone this week. In August, the newspaper requested a list of all municipal outlays associated with the house since the property was acquired. The city responded with a spreadsheet detailing expenses since 1999, but containing no figures from the previous 27 years.

The tally totaled \$1,226,758, starting with \$464 spent on engineering services in 1999. More engineering was needed the following year, to the tune of \$6,525. Starting in 2001, water, power and gas bills were included, along with the occasional window repair or fireplace cleaning, with annual expenses in the area of a few thousand dollars until 2004, when the city council started studying the possibility of selling the mansion. Of the total \$15,928 spent that year, \$12,772 went for legal services.

Taxpayers footed a bill twice that high the following year, when the Flanders Foundation, headed by Melanie Billig, sued the city over the council's decision to sell the mansion. The lawyer received \$25,000 out of total expenses of \$30,230. Legal fees nearly doubled one more time, to \$48,900 in 2006, as the city and the foundation haggled in court and compiled voluminous records, and total expenses that year related to the mansion were \$52,677.

In 2007, the foundation's lawyer successfully argued that the council couldn't simply decide to sell the old house. Instead, it had to go through an extensive public process, including offering it to other public agencies and putting the proposal to a vote of the people. That year, costs skyrocketed to \$221,472, including a \$160,000 settlement payment to the Flanders Foundation, \$15,460 for lawyers, and \$31,919 for environmental consultants.

In 2008, the picture was worse, with total costs for Flanders coming in at \$252,294, including \$76,564 for the city's lawyer, \$8,540 for construction cost estimates, \$103,302 for consultants, and much of the balance in maintenance and repairs, in addition to the usual rodent control and utilities.

The costliest year

The most expensive year in the mansion's history was 2009, when the city held numerous hearings, conducted extensive studies, and put the sale to a public vote, which had the electorate deciding by a 2-to-1 margin to sell Flanders — only to be sued again by Billig and her preservation group. Total costs that year were \$406,467, with Monterey Bay Planning Services getting \$61,508 for land-use and planning issues, the attorney receiving \$106,168, Denise Duffy & Associates getting \$165,153.50 for a new EIR and other environmental documents, and various consultants being paid \$31,836.

In 2010, expenses plummeted to \$14,157 for the year, according to the city. The breakdown doesn't include any legal expenses, even though that's the year the city lost its second lawsuit in court, and the council decided to file an appeal. It also doesn't list any water or power bills.

A three-judge panel heard the city's case in Salinas in 2011, but no legal expenses are listed that year, either, with just \$3,054 paid for pest control and a few minor maintenance issues, but no utilities.

The Appeals Court also favored the Flanders Foundation, ruling against the city in January 2012, and the council subsequently asked the judges to reconsider their decision, which sided with the city on all but one point — the EIR. But that summer, public officials decided to redo the EIR again. Expenses totaled \$41,723, including \$15,800 for lawyers, \$6,438 for environmental consultants, and \$16,218 for plan-

ning consultants. PG&E and water bills reappeared in the tally, and the city installed fire and burglar alarms at Flanders that year.

In 2013, the council decided to pursue a lease option, including drafting extensive documents detailing the requirements of any lessee, and paying a consultant to find and vet potential tenants. Expenses that year rose again, to \$121,053, with \$54,940 for Monterey Bay Planning Services, \$26,732 for the firm reviewing lease applications, and \$33,272 for legal services.

In 2014, those efforts continued, but overall costs dropped

to \$26,442, with Monterey Bay Planning getting \$15,201, and the lawyers being paid \$2,961, as the council's efforts to offload the mansion shifted to wait-and-see status.

In the years since, annual expenses for Flanders have dropped back into four-digit range, covering utilities, the alarm systems, pest control, and minor maintenance, but little else.

That trend continued for the first half of this year, but costs will rise again when the council members put the mansion back on the front burner, as members have said they plan to do.

SANDRA (SANDY) CORDAN

On Friday, September 1, 2017, our beloved Sandy Cordan passed away unexpectedly during surgery at Stanford Hospital. She was 82.

Sandra Jo Stone was born on July 20, 1935, in Glendale, California, the youngest child of Evelyn Thomas and John Whitney Stone. Sandy spent her childhood in Salinas, Carmel and then in Pasadena before moving to nearby Manhattan Beach. While attending Mira Costa High School, she would meet and fall in love with Robert Stokoe, the young man seated alphabetically next to her. At age 19, Bob and Sandy married and, soon after, welcomed their children Gary, Glenn, and Connie. In addition to being a busy mom of 3, Sandy devoted many years helping to manage the family business, Miss Dawn's Swim School.

Sandy loved being a mother, a devoted daughter, and a loving wife. She was active and enjoyed spending time outdoors with the family. Known for her wickedly fun sense of humor, Sandy was blessed with many friends through the years, including lifelong friends Darleen Merryman, Donna Stewart, and Jo Green, who will miss her dearly.

After the end of the marriage in 1983, Sandy moved to Carmel, California, where her father and extended family resided. This was a fresh start for Sandy in a new town, one that would produce a happy ending. The following year, while looking for an apartment, Sandy met a charming real estate broker, Alan H. Cordan. Love struck again, a romance that would last for 33 years. Sandy and Alan married in 1992, and joined two families into one extended, happy family. The two lovebirds would soon become an active couple that created a welcoming home in Carmel for their children, and for their dachshunds, Oscar and Mayer.

Sandy's family and friends meant the world to her. She kept current with modern technology in order to stay in touch with everyone. She was a woman of tradition and faith who believed in old-fashioned values, loved her country, and was devoted to her family. While her health had recently begun to decline, her spirit and her sense of humor remained as strong as ever.

Sandy was predeceased by her parents, Evelyn and John, and her older sister, Yvonne Wolf.

She is survived by her beloved husband, Alan Cordan, her children Gary Stokoe, Glenn Stokoe (Lee), and Connie Watts (Jeff). She will also be greatly missed by step-children Andy Cordan, Nicole Cordan (Jeff Michael), Holly Cordan (Fernando Alvarez), and Melanie Cordan-Young (Brian). Affectionately known as "Gammi" by her 11 grandchildren, Sandy will be especially missed by Jesse, River, Dan, Joe, Zander, Kenzie, Mason, Sophia, Maiwenn, Gavin and Kamila.

Please join us for a memorial to Sandy on October 15th at 9:00 a.m., on Carmel Beach, at the bottom of Ocean Ave.

Sandy had a special place in her heart for all animals and believed in supporting the SPCA. In lieu of flowers, the family requests that we honor Sandy's memory with a donation to the SPCA or to the Pulmonary Fibrosis Foundation.

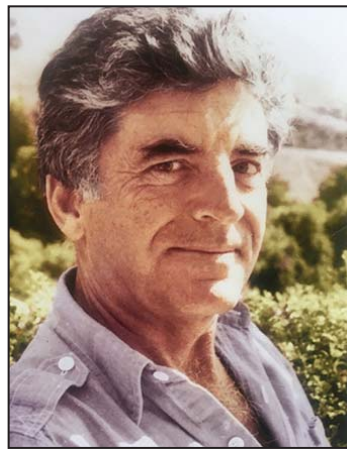


ROBERT C. SLAUGHTER

10/11/1928 to 8/23/2017

Long-time Carmel resident, Robert (Bob) Slaughter, 88, passed away peacefully on August 23, 2017, surrounded by his loving family.

Bob was born to Rita and Charles Slaughter in South Pasadena, CA on October 11, 1928. As a child, he spent summers with his grandparents on a small farm in Scotts Valley, CA where they grew most of their own food and made their own wine. At age 18 he enlisted in the Army and was stationed in Fairbanks, Alaska from 1946-1949. During his military service, his duties included firefighting and building radar stations in the remote corners of Alaska. His exposure to the wilderness of Alaska fueled his love for nature and ignited a sense of adventure. He continued to live in Alaska after his service in the military working in construction and even attempted to homestead on the Alaskan frontier.



Bob graduated from Cal Poly San Luis Obispo with a Biology degree in 1954. Bob wasn't exactly sure what he wanted to do with his life and with his Biology undergraduate degree so he returned to southern California and got his contractor's license working in residential construction. His stepfather Pasquale Manuelli, a well-known sculptor who worked in the Hollywood film industry, was very influential in Bob's life and inspired Bob to hone his artisan craftsmanship skills building sets in the Hollywood film industry. In his spare time he fished, hunted, and explored the Sierra Nevada mountains. At the age of 30, he enrolled at USC Dental School graduating in 1962.

His childhood summers spent in Scotts Valley and college years at Cal Poly SLO exposed Bob to the beauty of the Central Coast, and he was torn between two areas to start his adult life and dental practice, Santa Barbara and the Monterey peninsula. The lure of the Monterey Peninsula won out and in 1965 Bob moved to Carmel and started his dental practice in Marina, CA.

Although his career was spent in the dentistry profession, he found ways to express his ingenuity, creativity and love for the outdoors. He wrote an unpublished novel, Russian Sable, inspired by his time in Alaska, and built two family homes in Carmel. His entrepreneurial spirit led him to invent products for use in the dental and medical fields. When he traveled he loved to share the experience with his family either snorkeling in the warm waters of Hawaii and Fiji, skiing in Lake Tahoe and Mammoth, cruising the waters of Alaska, or joining his friends at Lake Arrowhead.

Bob was an avid (and fast!) walker, and was a fixture strolling on the trail along Carmel Beach's Scenic Drive for most of his life, usually wearing a puffy down vest. He loved to garden and couldn't help undertaking some "unofficial" landscaping in Carmel especially around the oak tree "islands" of Carmel's roads.

He will be dearly missed by his wife, Jennifer; his four children: Crissy, Jenny, Roxanne and Bobby; his stepdaughter Courtney; his two grandchildren: Amery and Camille; and his sister Doreen. A true animal lover, he is predeceased by many beloved pets including 4 dogs, 7 cats, a few birds and hundreds of fish.

Bob always said that his happiest moments were spent in his kitchen or gardens with family and friends cooking wonderful meals, drinking wine, and listening to the music of Puccini. In lieu of flowers, donations can be made to Stand up for Cancer (www.standupforcancer.org) or the Alaska Conservation Foundation (www.alaskaconservationfoundation.org).

A private service will be held at the California Central Coast Veteran's cemetery. Additionally, Bob's community of friends and family are invited to a celebration of his life at the Slaughter residence in Carmel (end of 6th Avenue east of Perry Newberry Way) on Saturday, October 14th from 2:00-5:00 p.m.

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DOG

From page 1A

that a judge order Bryan to give back the 14-year-old dog in "good and live condition."

In an interview Wednesday morning, however, Bryan denied stealing Chelsea. She said she began caring for the dog after Honn — who had rented a studio on her property — abandoned the animal. She admits not telling Honn where the golden retriever is now, but took the measure to ensure the dog did not return to the "nightmare life" she had been living with Honn.

"The truth of the matter is, I found a better home for the dog because [Honn] neglected the dog terribly," Bryan — who is also known for her illustrated souvenir Carmel-by-the-Sea Treasure Map and has a studio in the Court of the Fountains — told The Pine Cone.

Theft or compassion?

The convoluted tale began in spring of 2014, when Honn moved into the studio, which is on the same property as Bryan's home in Carmel.

It was clear early on, Bryan said, that Honn didn't properly care for Chelsea. Dog walks were non-existent, and Honn refused to take the flea-bitten retriever to the vet for a limp and an open sore on a hind leg that wouldn't heal. Honn also sometimes caged the 68-pound dog, which Bryan said she forbade her to do on her property.

The retriever — which Bryan said spent long hours indoors — was also starved for affection.

"The dog was extremely lonely and very needy," Bryan said. "She gobbled people up when she met them."

When Honn moved out of Bryan's studio at the end of 2014 and couldn't take the animal to her new home, Bryan said the two made an agreement by which Bryan would keep Chelsea at her house and Honn would visit the dog. However, Bryan said visits were few and far between, and sometimes months went by when Honn wouldn't come by at all.

"I had Chelsea most of the time before and after Crystal moved out," Bryan said. "After she left, Crystal came by to see her dog for about 10 or 15 minutes about once every four to six weeks; sometimes, not for three months."

Meanwhile, during the more than three years she took care of Chelsea, Bryan said she racked up about \$4,000 in vet and grooming expenses, bills that Honn did not reimburse her for.

Incommunicado

After months of scant contact from Honn, Bryan said she figured she'd abandoned the dog.

Early this year, after realizing that she could no longer care for the pet, Bryan gave Chelsea to some friends who have a big yard and a golden retriever of their own. It was only after that that Honn expressed any real interest in the retriever, according to Bryan.

Honn "would not answer my phone calls or emails until she discovered that she couldn't see the dog when she wanted

to," she alleges.

Honn reported Chelsea's "theft" to the Carmel Police Department and hired two attorneys, who, on separate occasions, sent threat letters to Bryan warning her to return the animal.

Carmel Police Chief Paul Tomasi told The Pine Cone that the department is investigating the case.

Honn "filed a report with our department and Detective [Rachelle] Lightfoot has taken the lead on this," Tomasi said. Lightfoot "is compiling a case to be sent to the Monterey County District Attorney's Office for review."

Bryan has not yet been charged with any crime, and she never heard back from Honn's lawyers.

"I could not return Chelsea to the lonely, sad existence she had to endure most of her life," Bryan wrote in a letter to Honn's first attorney in March. "I will do all I can to help that dog enjoy the quality of life she deserves for her remaining years."

Despite accusations of neglect, Honn — who did not return a phone message from The Pine Cone — maintains she's Chelsea's owner and that Bryan had no right to keep the animal. If Bryan is not compelled to return the aging dog, Honn said she'll be "deprived of her companion of more than 12 years," and Chelsea "may die before" she "has the opportunity to retrieve her."

Besides seeking the \$1,500 value of her pet plus 10 percent interest from the date she's been gone, Honn is asking for monetary damages, including punitive damages, which a judge may award in cases involving malice or fraud.

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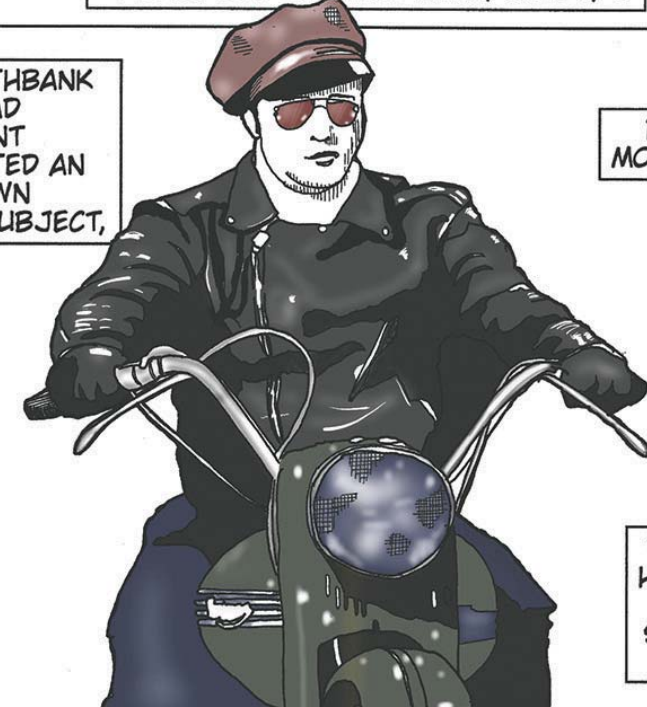
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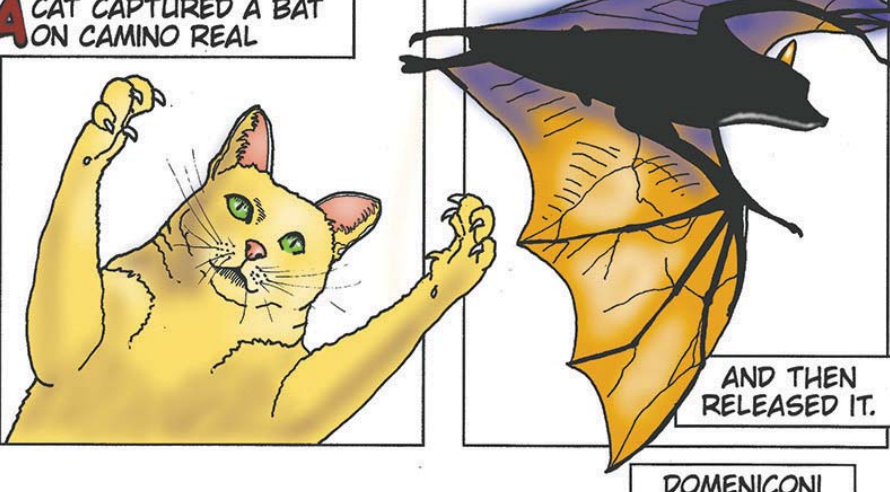
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- My Favorite Monterey County Wine
- Best Place for a Beer
- Best Cocktails
- Best Happy Hour
- Best Family Restaurant
- Best French Restaurant
- Best Chinese Restaurant
- Best Indian Restaurant
- Best Italian Restaurant
- Best Japanese/Sushi Restaurant
- Best Mediterranean Restaurant
- Best Middle Eastern Restaurant
- Best Thai Restaurant
- Best Mexican Restaurant
- Best Restaurant for Seafood
- Best Restaurant for Steak
- Best Restaurant for Vegetarians
- Best BBQ
- Best Ice Cream
- Best Sandwich or Burger
- Best Breakfast
- Best Coffee
- Best Coffeehouse

- Best Desserts
- Best Pizza
- Best Fast Food
- Best Buffet
- Best Deli
- Best Wine List
- Best Brunch
- Best Outdoor Dining
- Best New Restaurant
- Best Place to Take Clients
- Most Romantic Restaurant
- Most Dog-Friendly Restaurant
- Best Restaurant for a Special Occasion
- Best Chef
- Best Bartender
- Best Restaurant Service
- Best Restaurant in Big Sur
- Best Restaurant in Carmel Valley
- Best Restaurant in Carmel
- Best Restaurant in Pebble Beach
- Best Restaurant in Pacific Grove
- Best Restaurant in Monterey
- Best Restaurant in Sand City
- Best Restaurant in Seaside

Recreation and the Arts

- Best Local Artist
- Best Photo Gallery
- Best Sculpture Gallery
- Best Art Gallery
- Best Local Theater Company
- Best Concert Venue
- Best Place to Relax and Listen to Music
- Best Local Music Group (classical)
- Best Local Music Group (rock, jazz and pop)
- Best Piano Bar
- Best Place to Take Visitors
- Best Family-Friendly Activity
- Best Local Festival
- Best Church-Sponsored Event
- Best Place to Watch the Sunset
- Best Place to Walk Your Dog
- Best Hiking Trail
- My Favorite Park
- Best Bicycle shop
- Best Fitness/Health Center
- Best Martial Arts studio

- Best Yoga Studio
- Best Beach
- Best Golf Course
- Best Museum
- Best Inn/B&B
- Best Hotel
- Most Dog-Friendly Hotel

Retail

- Best Florist
- Best Furniture Store
- Best Golf Shop
- Best Hardware Store
- Best Housewares Store
- Best Craft-Knitting-Quilting Shop
- Best Pet Store
- Best Garden Shop
- Best Camping/Skiing/Surfing Store
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- Best Carwash
- Best Computer Store
- Best Place for Brides to Shop
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- Best Music Store
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- Best Place to Work

- Best Place to Volunteer
- Best Place to Get Married
- Best Place to Get Married (non-church)
- Best Retirement Community
- Best Electrician
- Best Plumber
- Best Architect
- Best General Contractor
- Best Landscaper-Gardening Service
- Best Real Estate Company
- Best Real Estate Lender
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- Best Business Bank
- Best Investment House/Adviser
- Best Veterinarian
- Best Pet Boarding
- Best Pet Care
- Best Car Repair Shop
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- Best Ophthalmologist
- Best Orthopedist
- Best Pediatrician
- Best Plastic Surgeon
- Best Physical Therapist
- Best Chiropractor
- Best Divorce Lawyer
- Best Estate Planning Attorney
- Best Lawyer if You Need to Sue Somebody
- Best Defense Attorney
- Best Insurance Agent
- Best Shoe Repair
- Best School
- Best Teacher
- Best Principal
- My Favorite Non-Profit

Ballots will be distributed beginning Sept. 29 to subscribers of The Pine Cone's email edition. Look for the links in your Thursday night email from publisher Paul Miller. And if you're not a subscriber, you can become one by using the quick and easy signup form at www.carmelpinecone.com.

Only one ballot will be accepted from each subscriber. Voting continues through Oct. 8. Winners will be announced in the Oct. 27 edition of The Pine Cone.



PITS

From page 1A

she said.

The pits are not perfect, of course. They take about 10 minutes to warm up, so denser wood smoke makes its way into the air during that time, and they are prone to being misused. If people pile sand around them or in them, for instance, the flow of the smoke gets impeded, and the catalytic-converter effect doesn't happen.

They're somewhat industrial and modern in design, as opposed to the large weathered metal caldrons on the beach now, but that's the only style available, according to Rerig. They also have to be bolted to the concrete slabs because they have feet to keep them off the ground, a necessary component of their function.

"The feet would sink into the sand, and that would ruin the after-burn effect," Rerig said. "I wanted to make sure we weren't creating a hazard with the corners or sides of the pads, which it doesn't seem to be, and that I wasn't creating some kind of a new maintenance nightmare. It seems to be working out well."

The pilot program allows for the installation of up to a dozen fire pits on the beach south of Eighth Avenue, as long as they are 75 feet from the bluffs. Public works crews are removing the large caldrons and installing the smaller "smoke less" versions in their place.

"It looks like it should be a really good experiment," Bang said. "The council is going to talk about beach fires again in February, so would be really nice to see if these things work."

In addition to the Bangs, the residents who paid for the new pits are Wayne and Shirley Moon, Kimberly Rawlings, Greg and Katie Morganroth, Carl and Mary Hoffman, Bill Smith and family, and an anonymous donor.

"Hopefully we can get them all out there before the end of the season," Rerig said. The caldrons are being stored in the city's corporation yard while the new pits are tested.

"Even though they're stainless steel, it's a pretty harsh environment down there," he said. "Let's see what works and creates less impacts for others."

Infrastructure workshop

THE CITY council will hold a workshop at 5:30 p.m. Oct. 2, with public works and infrastructure as the topic.

"Want to know more about the condition of the city's infrastructure, such as storm drains, parks, and buildings? Wondering what the public works department is responsible for?" an announcement of the meeting reads.

New public works director Robert Harary will present a department overview, including how it's organized, what its mission is, what it does, and the challenges workers face. He'll also conduct "an initial assessment of our infrastructure."

By giving the presentation, Harary hopes to help increase people's understanding of public works' responsibilities, highlight department strengths and challenges, and review strategies for improving services, among other things.

The workshop will take place in city hall on Monte Verde south of Ocean before the city council's regular meeting.

Art museum unveils red-themed fundraiser

By CHRIS COUNTS

SEEKING THE public's support for its programs and exhibits, the Monterey Museum of Art is throwing a party Saturday, Sept. 30, and theme is the color red. "Show your support for the arts, and wear a splash of red," reads an invitation to the Takin' It to the Streets Fall Fundraiser.

The gathering will showcase an eclectic mix of local creative people — Pescadero restaurant will serve Baja-inspired fare, the Poke Lab will share fresh seafood, Leopold7 will pour craft beer, Sharp Nine will play music, and the Youth Art Collective will present live art demonstrations. A raffle, meanwhile, will find offer for all sorts of interesting prizes — such as a private cooking class for two with chef Justin Cogley at Aubergine in Carmel.

The fun starts at 5 p.m. Tickets are \$125. The museum is located at 559 Pacific St. www.montereyart.org

Tasty food and art in P.G.

Best known for its pizza, pasta and panini sandwiches, La Piccola Casa in Pacific Grove also provides "gallery" space for local artists like fine art photographer Ron Horner, who is displaying an exhibit of his work, "Monochrome and Color."

A P.G. resident, Horner became captivated by photogra-

phy after moving here in 1979. "On a visit to Carmel, I visited the Weston Gallery," he recalled. "The images I saw there took my breath away and I was seduced by the power of monochrome images."

The show continues through October. The restaurant is located at 212 17th St.

Tour showcases inland artists

Showcasing mostly North County and Salinas Valley artists this weekend, the 27th annual Monterey County Artists Open Studio Tour continues Sept. 29-30.

Presented by the Carmel-based nonprofit, Arts Habitat, the two-weekend studio tour calls attention to artists who employ a mix of mediums and styles, including painting, photography, printmaking, sculpting, mixed media, collage, batik, silk painting and drawing.

Some Monterey Peninsula artists will participate in this weekend's tour. A map is available at: www.artshabitat.org.



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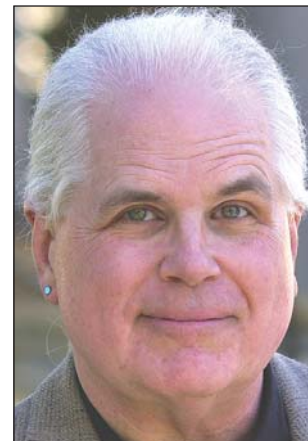
A troubadour with a familiar face brings his show to Pebble

By ELAINE HESSER

IN ALL likelihood, you know David Gordon as the Bach Festival's dramaturge. He gives lively and informative talks before concerts and has literally written the book on Hazel Watrous and Dene Denny. Last summer, he came out with his "Little Bach Book," filled with fun facts about the life and times of good old J.S. himself.

Well, now you have the opportunity to see Gordon in a whole new light, singing and talking about the Old West, using songs written between 1840 and 1880.

When he and his wife, Ginna, moved to the well-preserved gold-rush-era boomtown of Jacksonville, Ore. in 2015, they found themselves in a town with a lot of history. It's right along the Oregon Trail and costumed docents give tours of the historic district. There are more than 200 buildings there that are on the National Register of Historic Places — including Gordon's house.



David Gordon

"I wanted to be part of that history," he explained, so he met with the local historical society and came up with a plan to research old songs — the ones that ordinary people sang along the trail, during the gold rush, and even during the Civil War — and perform them and tell their tales. He found a treasure trove of old, but pristine sheet music online, and got to work.

The more he read, the more excited Gordon got. He learned the stories behind the songs and couldn't wait to share them with an audience. But, he wondered, would anyone be as interested as he was?

The first concert sold out. And so did the next 20. Each one had a specific theme. Meanwhile, all his California friends were emailing and posting on social media that he needed to do a show down here.

Armed with his trusty acoustic guitar, warm tenor voice and a repertoire of more than 80 pieces of music to draw from, he'll give a 75-minute concert Oct. 1, 5 p.m., in the Church in the Forest in Pebble Beach. Expect familiar tunes, like "Oh Shenandoah," and "The Man on the Flying Trapeze," some Stephen Foster songs, and some lesser-known ditties like "Wait for the Wagon" and "Hard Times Come Again No More."

Although the program's not quite set, it's possible that 19th-century odes to technology like "The Electric Light Waltz," "Song of the Sewing Machine," "The Flying Velocipede" or "The Wondrous Telephone" may have an airing.

Also, there's always the possibility that those great Women's Christian Temperance Union hits, "Oh Papa Don't Drink Anymore" and "Lips that Touch Liquor Shall Never Touch Mine" may dry up the house.

Since Gordon never does anything halfway — especially when it comes to research — you can bet that there'll be colorful and even bawdy narrative.

He noted that music is a window into history, and his sense of humor and gift of gab all but guarantee the view will be anything but boring. In fact, he told The Pine Cone, the project "tickles every funny bone I have." His enthusiasm was palpable, even through the phone.

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This Week

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Concert by Sedaka, fundraising gala kick off new season at Sunset

ONE OF pop music's great comeback stories — and one of its most prolific songwriters — **Neil Sedaka** opens the 2017-18 season at Sunset Center Saturday, Sept. 30.

In the early 1960s, Sedaka was a hit-making machine, writing the words and music to numerous Top 10 singles for himself and others, including his signature song, "Breaking Up is Hard to Do," which topped the charts in 1962.

Like many of his contemporaries, Sedaka's career faltered in the late 1960s and early 1970s as popular music transformed during the Woodstock era. But he was back in the saddle by 1974, when "Laughter in the Rain" climbed to No. 1. The following year, he co-wrote "Love Will Keep Us Together" for Captain & Tennille, which topped the charts and earned a Grammy Award for Record of the Year.

Sunset Center's marketing director, **Gina Delli-Gatti**, called Sedaka "one of the absolute greatest performers of his era."

Preceding Sedaka's concert is Sunset Center's fifth annual fundraising gala. Besides offering concertgoers a meet and greet with the guest of honor, the black-tie event will feature

valet parking, a red carpet entry, premium concert seating, cocktails and champagne, a gourmet dinner by Grasings Coastal Cuisine, a live auction, and surprises.

The gala — which executive director **Christine Sandin** called, "a magical night filled with excitement" — will raise money for Sunset Center's efforts to bring arts education to Monterey County schools.

Showtime is 8:30 p.m. Gala tickets are \$400 and include seats for the concert. Concert-only tickets are \$129 and \$149. Sunset Center is located at San Carlos and Ninth. Call (831) 620-2048.

■ Glass teams up with Golden Bough

One year after the Soberanes Fire put the kibosh on **Philip Glass'** Days & Nights Festival at the Henry Miller Library in Big Sur, the festival — which starts Sept. 29 — has been moved to the Golden Bough Theatre.

"It has been a roller coaster of dates, rumors, reports and speculation, and we are now grateful to finally have a deci-

sion and a landing place, and not just any landing place," **Jim Woodard**, the producer of the Days and Nights Festival, announced earlier this month. "The Golden Bough will be a wonderful alternative."

Over a 10-day span, the theater will be the site of seven

On A High Note

By CHRIS COUNTS

events, including four musical performances. **The Philip Glass Ensemble** will play the soundtrack to the landmark experimental film, "Koyaanisqatsi," Saturday at 7:30 p.m., while Sunday at 2 p.m., the same group will share the stage with three up-and-coming musicians, pianist **Timo Andres**, flutist **Claire Chase** and violinist **Pauchi Sasaki**.

See MUSIC page 25A



Pop singer Neil Sedaka (left) opens Sunset Center's 2017-18 season Sept. 30, and a fundraising gala the same evening will raise money for efforts to bring the arts to local schools. This week's Days and Nights Festival showcases composer Philip Glass (right).



SUNSET PRESENTS 2017/2018

- SEASON OPENER -

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Regular Performances

FRI Oct 27, Nov 3 7:30P

SAT Oct 28, Nov 4 7:30P

Matinees

SUN Oct 29, Nov 5 2:00P

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FOOD & WINE

Taste of Carmel benefits Big Sur, Bar Cart and Golden Bear grow, and chili wins

THE CHAMBER of commerce's annual Taste of Carmel event at the Mission will this year benefit the Big Sur Land Trust while also supporting the chamber's efforts to promote businesses in and around town. Called "To Sur with Love," the food-and-wine tasting's theme this year is Bohemian/Summer of Love, according to chamber board chair Ben Beesley. The gathering will take place Thursday, Oct. 5, from 6 to 9 p.m.

In the spectacular setting of the historic Carmel Mission quadrangle, more than a dozen restaurants and a similar number of wineries will provide plenty of delectable small bites and sips as guests browse a wide range of silent auction items and enjoy the

tunes of The Money Band all evening. Beesley will emcee.

Among the restaurants set to serve small plates are Basil Seasonal Dining (chef/owner Soerke Peters is a key part of organizing the event and has worked hard to make it as green as possible, with reduced waste and more compostable materials), Aabha Indian Cuisine in the Barnyard, The Grill on Ocean, Sur, From Scratch, Anton & Michel, Terry's Lounge at the Cypress Inn, Il Fornaio, Artemis Turkish restaurant, 400 Degrees Gourmet Burgers, Pescadero, Nielsen Bros. Market, and Andre's Bouchée.

Wineries committed to pouring that evening include Scheid, Hahn (which just opened a tasting room in Carmel Plaza),

Galante, Dawn's Dream, Carmel Road, Morgan, Manzoni, Smith Family, Bernardus, Testarossa (which recently opened in Carmel Valley Village), Silvestri, and Blair Estate.

Monterey Bay Brewing Company — best known for its Mad Otter Ale — and Peter B's Brewpub will be there to ensure lovers of suds have plenty to drink. To make sure everyone stays hydrated, Pure Water will be supplying the H2O.

VIPs only

New this year, VIP ticket holders (who pay \$200 for entry) get in early at 5 p.m. and have exclusive access to a lounge sponsored by Keller Williams Coastal Estates, with chef Aaron Rayor from Cantinetta Luca cooking just for them, and a representative from Scheid pouring reserve wines. They'll also have some exclusive auction items, comfortable furniture for lounging, and other benefits, like entry through the large double doors just off the parking lot, and valet parking, according to Beesley.

With the auction benefiting the land trust — which is a chamber member and nonprofit that's pledged to distribute the money to Big Sur businesses affected by last year's fire and this winter's storms, Beesley said — the range of items to be bid on that night is impressive.

Numerous gift certificates from restaurants and other chamber businesses, golf, overnight hotel stays, wine and beer, tastings, cycling classes, marketing help, gifts, handmade embroidered boots and other goods will be up for the taking.

For tickets and other information, visit www.tasteofcarmel.com. The Mission is located on Rio Road.

women and their families when they can't pay their bills due to diagnosis and treatment. Every dollar donated through BCAG's Pink Partners promotion will help breast-cancer patients pay for food, housing and transportation. During the past year, the nonprofit distributed more than \$93,000 to 74 local women.

For example, glasses of rosé, Tickled Pink cocktails and Pink Awareness desserts will be available at all Pebble Beach Resort restaurants, Stillwater Bar & Grill, The Tap Room, The Bench, Peppoli, Roy's and Sticks. A dollar from each drink or dessert will go to the breast cancer group.

At the Portola Hotel and Spa, \$1 from every Pink Lemonade Drop sipped at Jacks Restaurant and Peter B's BrewPub will be donated, and at Sur in the Barnyard, 20 percent of guests' lunch and dinner bills will be contributed to the group during the month of October, as long as they bring the flyer available at www.bcagmc.org.

McIntyre Vineyards in the Crossroads is lending a hand by contributing 15 percent of sales revenue from its 2015 Rosé of Pinot Noir and l'Homme Qui Ris sparkling wine during the month of October, and money raised at its Oct. 28 barre class will be donated, too. (Call (831) 626-6268 to register.)

Finally, an Oct. 28 Party in Pink from 10 a.m. to 2 p.m. at the Carmel Valley Athletic Club will help, as well.

Cocktails and bitters news

Carmel Valley resident Katie Blandin Shea is taking her two businesses — Bar Cart Cocktail Co. and Golden Bear Bitters — to new levels.

At Bar Cart, which caters custom cocktails for weddings, food and wine events, fundraisers and other celebrations, she's collaborating with the owner of The California Cocktail Camper, a renovated 1962 Shasta Camper. After Shea served cocktails at Jen

Continues next page



PHOTO/DMT IMAGING

Crowds sated with plenty of food and drink dance the night away to the tunes of The Money Band during the Taste of Carmel at the Mission. Organized by the chamber of commerce, this year's event — dubbed, "To Sur with Love" — is set for Oct. 5.



QUAIL IN PINK

Quail Lodge & Golf Club Goes Pink During the Month of October to Join the Fight to Prevent & Cure Breast Cancer



Visit Quail anytime in October and see our property **GO PINK!** In addition to numerous pink displays, the Golf Shop and Edgar's Restaurant will offer the following items for sale of which 25% of the proceeds will be donated directly to the cause:

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- Quail in Pink* embroidered apparel and accessories (Golf Shop)
- Strawberry Shortcake Parfait - a Signature *Pink Dessert* (Edgar's Restaurant)
- Signature *Pink Quail* Cocktail (Edgar's Restaurant and Covey Bar & Deck)

AFTERNOON TEA

Saturday, October 7, 14, and 28 and Sunday, Oct. 22, the Covey will host *Quail in Pink* Afternoon Tea from 2:00-5:00pm. 25% of proceeds will be donated to the cause. Enjoy assorted tea, sandwiches & pastries for \$38 per person plus tax and gratuity. Reservations Required: 831.620.8866. For more info: quailodge.com/special-offers/quail-pink.



Not going to make it to Munich this year?

No worries... Edgar's at Quail has you covered with our week-long Oktoberfest celebration!

October 9-15, between 5:00 and 9:00pm daily, break out your lederhosen and dirndl dresses and make way to Edgar's at Quail for an authentic German culinary experience! Indulge in Warm Pretzels with Cheese & Beer Dip, Wiener Schnitzel, Speck Lachs, our featured Braumeister Platte, and more!



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Abita Light	Manoir du Carra Beaujolais Gamay	PATE DU JOUR / 7 Country Pate or Chicken Liver Mousse
Mad Otter Ale American Pale ale	Joullian Zinfandel	MORRO BAY OYSTERS / \$2.50 EACH Mignonette

*Food & drink menu subject to change

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FOOD & WINE

From previous page

Marks' wedding, the two decided to team up. "She brings the camper; we bring the cocktails," Shea said. The vintage camper, named Goldie, was a wedding gift from Marks' father. "She rents it out for a flat fee, and we provide bar services," Shea explained. Bar Cart's offerings can be customized, depending on what people want to serve and how much they want to spend. For more information or to book it, email katie@bar-cartcocktailco.com.

Meanwhile, business is booming at Golden Bear Bitters, which Shea spun off from Bar Cart to create and sell cocktail mixers like bitters, syrups and shrubs (syrups made with vinegar). Shea uses foraged and organic local ingredients in her products, and until recently was making everything in her home kitchen.

Now, she rents a commercial kitchen in Seaside where she can produce greater quantities. "If I want to sell to a distributor, I'm going to be making large batches," said Shea, whose Spring Tonic last year won a Good

Food Award. And her new kitchen, she said, "has everything."

Golden Bear products can be found at Carmel Belle, Carmel Valley Coffee Roasting Co., the C.V. Mercantile at the old Farm Center, and Jerome's Carmel Valley Market in the Village, but Shea is hoping to expand her reach to more bars and restaurants.

She also plans on developing a line of seasonal drinks, and recently submitted three new products for this year's Good Food Awards. "They just finished the blind tasting in San Francisco," she said. Organizers received and tasted 2,057 entries in 15 categories and plan to announce the finalists in early November.

Trailside Café

The 3rd annual Oktoberfest celebration at Trailside Café in Carmel Valley Village continues in its Beer Garden through Oct. 3.

Owner Sean Allen has also brought in "the most German beers available in Monterey County" for the festival, with seven on tap and a dozen more in bottles. For \$20, patrons can keep their 1-liter beer mugs and get them refilled for \$10, or they can splurge on a Weihenstephaner boot for \$30.

The special Oktoberfest menu includes schnitzel with Emmentaler cheese and traditional warm German potato salad for \$16.95.

See **FOOD** page 30A



The renovated 1962 California Cocktail Camper can bring expertly made drinks to any gathering, now that Bar Cart Cocktail Co. owner Katie Blandin Shea has teamed up with the trailer's owner, Jen Marks.

PHOTO/COURTESY KATIE SHEA

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PacRep's 'Cyrano' opens at Forest Theatre as Moorer 'dons the nose'

By CHRIS COUNTS

BRINGING TO a local stage one of literature's great love triangles, PacRep production of "Cyrano" opens Saturday, Sept. 30, at the Forest Theater.

The romantic comedy tells the story of Cyrano de Bergerac, who is famous for his many talents, his good heart and sadly, his enormous nose. Playing Cyrano is none other than PacRep's executive director, Stephen Moorer.

"I am donning the nose," Moorer told The Pine Cone. "What's not to love about playing Cyrano? It's one of the most iconic and challenging roles of all time — it's a role all

actors aspire to play."

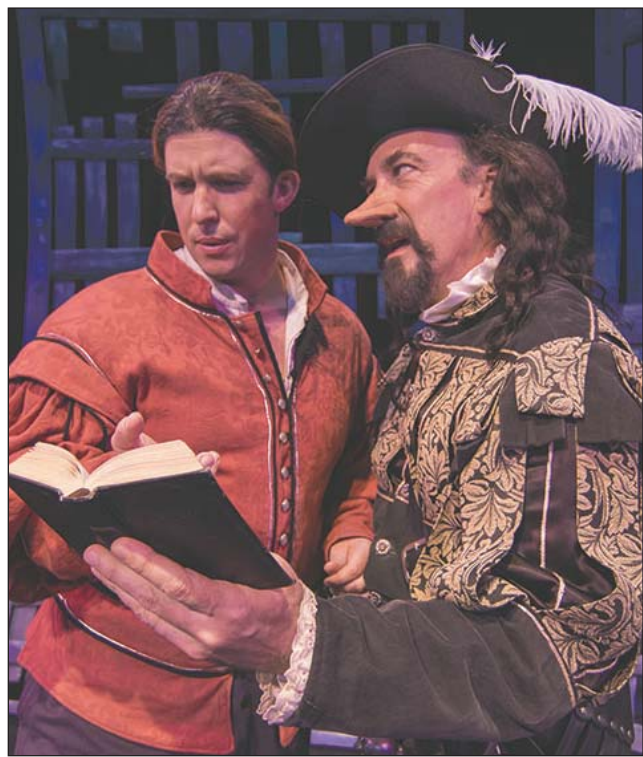
The "sheer immensity" of playing Cyrano is a somewhat daunting task, Moorer said. "He's on stage about 95 percent of the time, and he talks a lot," he explained.

The play combines lush period costumes with sharp and witty contemporary dialogue.

"It's hilarious," Moorer said "For a classic, it plays like a modern romantic comedy."

Directed by Ken Kelleher, the play co-stars Jennifer LeBlanc as Cyrano's love interest, Roxanne, and Justin Gordon as Roxanne's handsome suitor, Christian. The cast also includes Jeffrey Heyer, Andrew Mazer, Scott McQuiston, Lewis Rhames, Michael Storm and Garland Thompson. All but Moorer will play multiple roles.

Showtime is 7:30 p.m. "Cyrano" continues Thursdays, Fridays, Saturdays and Sundays through Oct. 15. Tickets are \$8 to \$38, with discounts available for children, seniors, students and active military. The Forest Theater is located at Santa Rita and Mountain View. Call (831) 622-0100.



Justin Gordon (left) and Stephen Moorer (right) star in PacRep's "Cyrano," which opens Sept. 30 at Forest Theater.

■ Deep in the heart of Texas

Also this weekend downtown, singer/songwriter Thomas Burks' portrayal of life growing up in West Texas, "A Farmboy Mantra," continues Friday and Saturday, Sept. 29-30, at the Carl Cherry Center for the Arts.

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Through story, song, film and humor, Burks looks back at his beginnings.

Directed by Nina Captiola, the cast also includes Jill Jackson, Christopher Graham, Mary Spence, Leslie Lancaster, and Sara Marden.

The multi-media performance starts at 7:30 p.m. Tickets are \$20 for general admission, and \$10 for students, seniors and active military.

The Cherry Center is located at Fourth and Guadalupe. Call (831) 624-7491.

Support Pine Cone advertisers — shop locally!

CALENDAR

Sept. 29 & 30 — Baum & Blume's "The Last Biergarten Weekend!" 3 - 8 p.m. The Biergarten is closing up as we prepare for a busy holiday season! To thank patrons, our small plate menu items are Buy 1, Get 1 Free! Plus — special closeouts on craft brews! Baum & Blume Café, 4 El Caminito Rd, Carmel Valley. (831) 659-0400.

Sept. 30 — United States Air Force Jazz Band Concert, 2 to 4 p.m. at Lovers Point Park, Ocean View Boulevard, Pacific Grove. The Airmen of Note is the premier jazz ensemble of the United States Air Force. Created in 1950 to continue the tradition of Major Glenn Miller's Army Air Forces dance band, the current band consists of 20 active-duty Airmen musicians including one vocalist. Free.

Oct. 2 — Carmel Woman's Club New Member Tea and Program, 2 p.m. San Carlos & Ninth. Carmel author Kathleen Ambro releases her new book, "Wealth, Sorrow, Redemption," the incredible life story of Countess Claude Kinnoull, a London heiress of the Roaring 20s era who flew bi-winged planes, raced cars, spied for the British and French in World War II, escaped to the US after Hitler put a price on her head and settled in Carmel-by-the-Sea where her substantial wealth gifted the SPCA with all the Hwy. 68 land on which it sits today. Program is open to the public. Members, free; guests \$10, includes tea and refreshments following the presentation. Memberships available. (831) 624-2866 or (831) 915-8184.

Oct. 2-23 — Good Grief for Kids: 6 p.m. to 7:30 p.m. Mondays. This age-based supportive-educational program is designed to let kids and teens know they are not alone and to give their grief a voice through play, art, and storytelling. Each session is professionally led by therapists with expertise in children's grief. Dinner is provided. 824 Munras Ave., Suite K and L, Monterey. To register, call (831) 320-1188 or email helen@papillon-center.org.

Oct. 4 — Monterey Public Library presents Building Blocks to Successful Financial Planning; Part 1: Getting Organized. 6 to 8 p.m. Learn from a panel of experts. Attendees receive a free set of personal finance publications. Additional workshop dates: Oct. 11 and 18. Go to www.monterey.org/library or call (831) 646-5632 to register.

Oct. 4 — UCSF Medical Center's Radiation Oncologist Dr. I-Chow (Joe) HSU, discusses New Targeting Technology for Radiation and Radiation Seed Implant Treatments for Men with Prostate Cancer; free event, 5 to 6 p.m., at the Westland House Monterey, 100 Barnet Segal Lane, hosted by the Prostate Cancer Self-Help Group. For more information, please call (831) 915-6466.

Oct. 28 — The Blind & Visually Impaired Center of Monterey County, 225 Laurel Ave., Pacific Grove. This annual fundraiser event is free. From 10 a.m. to 2 p.m., day of fun, food, and entertainment. Wine tasting and free delicious treats are part of the experience.

Nov. 5 — Wings of Remembrance Fundraiser: 2 to 6 p.m. Please join us for a fun afternoon at Embassy Suites in Seaside, including lite bites, a magical musical concert by Johnny B. of Homer, Alaska with silent and live auctions to benefit Papillon Center for Loss & Transition's programming. Tickets are on sale NOW and can be purchased online www.papillon-center.org or by mail P.O.Box 4075, Monterey, CA 93942. For more information please call (831) 320-1188.

Dec. 6 — Licensed Clinical Psychologist/Cancer Survivor Dr. Larry Lachman and Board-Certified Urologist, Dr. Anthony Shaheen, lead a Coping with Cancer Support Group Session, free event, 5 to 6 p.m., at the Westland House Monterey, 100 Barnet Segal Lane, hosted by the Prostate Cancer Self-Help Group. For more information, please call (831) 915-6466.

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- 1:00pm & 2:00pm Free One-Hour "Wharf Walks"
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8th Annual Whalefest Monterey — Sat. & Sun., Jan. 27-28, 2018

MUSIC

From page 21A

Also part of the festival this week, the Henry Miller Library in the Barnyard will host two free panel discussions, including one about creativity and human development (Oct. 3), and another on the impact of humans on the environment (Oct. 4). Both talks start at 7 p.m.

Another free event, the festival's Movie Night at the Golden Bough, is set for Thursday, Oct. 5. The lineup features a pair of films that offer differing perspectives on the Vietnam War. Showtime is 5 p.m., and a Q&A will follow.

Aside from the free events, tickets for individual events are \$85. For more details, visit www.philipglasscenter.org.

Choir marks milestone in Monterey

The Monterey Peninsula Gospel Community Choir celebrates its 10th anniversary Sept. 30 at the Golden State Theatre in Monterey.

Founded by **John Nash, Jr.**, the Monterey-based choir has about 60 members who come together to share their love for gospel music.

"It's music filled with the spirit," said Nash when asked what defines gospel. "It really tugs at your joy strings. It's very hopeful music."

Also performing at the concert will be three gospel singers from Chicago — **Tina Watson-Conley**, **Leanne Faine** and **Martin Woods** — along with another singing group, **The Monte Vista High School Gospel Choir**. The many singers will be joined by saxophonist **Pat Cason**.

Proceeds from the concert will raise money for the choir's upcoming tour throughout Africa, which kicks off March 2018. So far, 34 choir members have signed up for the trip.

The concert starts at 8 p.m. Tickets are \$20 to \$30. The theater is located at 417 Alvarado St. Call (831) 649-1040.

Live Music Sept. 29-Oct. 5

Barmel — **The Bludgers** (rock, Friday at 7 p.m.); and **The A.C. Myles Band** (r&b, Saturday at 7 p.m.). San Carlos and Seventh.

Big Sur River Inn — singer-songwriter **Jill Knight** (Sunday at 1 p.m.). On Highway 1 24 miles south of Carmel.

Cafe Trieste in Monterey — **Fields of Eden** (folk, Friday at 6:30 p.m.); and **Wes Kelley & The Blackhawks** (Americana, Saturday at 6:30 p.m.). 409 Alvarado St.

Cannery Row Brewing Co. in Monterey — **Drifting Compass** (rock, Friday at 9 p.m.); and **Two Peace** (reggae and hip-hop, Saturday at 9 p.m.). 95 Prescott Ave.

Cibo Ristorante Italiano in Monterey — **The Kimball Hooker Band** (dance and r&b, Saturday at 9 p.m.); and singer **Joanne LeBlanc** (blues and r&b, Saturday at 9 p.m.). 301 Alvarado St.

Cooper's Pub & Restaurant in Monterey — singer-songwriter **Stevie Heger** (Friday and Saturday at 9 p.m.). 653 Cannery Row.

East Village Coffee Lounge in Monterey — singer-songwriters **Tekla Waterfield** and **Vincent Randazzo** (Saturday at 7 p.m.). 498 Washington St.

Folktale Winery in Carmel Valley — singer and guitarist **John Sherry** (Saturday at 4:30 p.m.); singer-songwriter **Lou Evans** (Sunday at 4:30 p.m.); and singer-songwriter **Keith Harkin** (Wednesday at 6 p.m.). 8940 Carmel Valley Road.

Hyatt Regency Monterey Hotel — singer **Tammie Brown**, guitarist **Frank Buchanan**, organist **Eddie Mendenhall** and drummer **David Morwood** (pop, funk and jazz, Friday at 7 p.m.); and guitarist **Gino Raugi**, bassist **Joe Dolister** and drummer **David Morwood**. 1 Old Golf Course Road, (831) 372-1234.

The Inn at Spanish Bay in Pebble Beach — **The Jazz Trio** featuring pianists **Bob Phillips** or **Bill Spencer** (jazz, in the lobby, Friday and Saturday at 7 p.m.); and **The Dottie Dodgion Trio** (jazz, Thursday at 7 p.m.); also, a bagpiper plays every evening at 5:45 p.m. 2700 17 Mile Drive, (831) 647-7500.

Julia's vegetarian restaurant in Pacific Grove — singer-songwriter **Buddy Comfort** (Friday at 6:30 p.m.); singer and guitarist **Rick Chelew** (Thursday at 6:30 p.m.). 1180 Forest Ave., (831) 656-9533.

Mission Ranch — pianist **Tom Gastineau** (jazz, Friday, Saturday and Sunday at 5 p.m.); singer and pianist **Maddaline Edstrom** (jazz and pop, Friday and Saturday at 8 p.m., and Sunday at 7 p.m.); pianist **David Kempton** (jazz, Monday through Thursday at 8 p.m.) and pianist **Gennady Loktionov** (jazz, Sunday at 10 a.m., Monday through Thursday at 8 p.m.). 26270 Dolores St.

Pierce Ranch Vineyards in Monterey — **The Steve Abrams Trio** (jazz, Sunday at 7 p.m.). 499 Wave St.

The Sunset Lounge at Hyatt Carmel Highlands — singer **Neal Banks** and guitarist **Steve Ezzo** (pop and rock, Friday at 7 p.m.); and singer and pianist **Dino Vera** (jazz, blues and r&b, Saturday at 7 p.m. and Thursday at 6 p.m.). 120



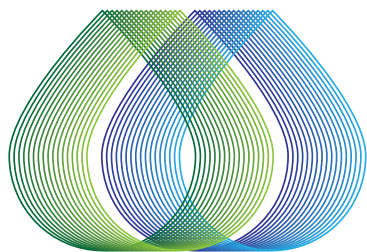
Singer-songwriter Tekla Waterfield will take the stage Sept. 30 at East Village Coffee Lounge in Monterey.

Highlands Drive, (831) 620-1234.

Terry's Lounge at Cypress Inn — singer and pianist **Dino Vera** (jazz, blues and r&b, Friday at 7 p.m.); pianist **Gennady Loktionov** and singer **Debbie Davis** (cabaret, Saturday at 7 p.m.). Lincoln and Seventh, (831) 624-3871.

Trailside Cafe in Carmel Valley — singer-songwriter **Rose Merrill** (folk rock, Friday at 6 p.m.); and singer-songwriter **Andy Fuhrman** (Americana, Saturday at 6 p.m.). 3 Del Fino Place, (831) 298-7453.

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Doc Hendley, Founder and President of Wine To Water, 2009 CNN Hero and author of *Wine to Water: How One Man Saved Himself While Trying to Save the World*

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Goals of the forum:

- Explore innovative water management strategies, policies and solutions
- Engage on practical local water management solutions
- Encourage water research and investment

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- Agricultural and water company leaders and managers
- Educational leaders, researchers, faculty and students
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- Sustainability and innovation directors
- Community members

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UPCOMING EVENTS

Ribbon Cutting at Hahn Family Wines

October 12, 2017 from 4:00 PM - 7:00 PM
Hahn Family Wines, Ocean btwn Junipero & Mission Inside Carmel Plaza, 1st Floor, Carmel-by-the-Sea, CA 93921
 Hahn Family Wines celebrates the opening of their new tasting room. The winery's second tasting room offers wine lovers a way to enjoy Hahn's estate wines near the conveniently-located tourist hubs of Carmel and Monterey. www.hahnfamilywines.com

Ribbon Cutting at Thomas Kinkade Signature Gallery

October 26, 2017 from 5:00 PM - 7:00 PM
Thomas Kinkade Signature Gallery: Studio in the Garden Ocean btwn Dolores & Lincoln, Carmel-by-the-Sea, CA 93921
 Join us to celebrate the 25th Anniversary of the Thomas Kinkade Gallery. www.thomaskinkade.com

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CARMEL HONEY COMPANY



To launch National Honey Month, **Carmel Honey Company** had their official grand opening in their new Carmel Plaza location. Founded in 2014 by Jake Reisdorf, now 14, Carmel Honey Company began as a school project that took off. He not only founded the company, but Jake is also a passionate advocate for saving bee populations. Photo by Darren Lovecchio. Banner by Bob the Printer.

PACIFIC REPERTORY THEATRE



Pacific Repertory Theatre (PacRep) hosted an entertaining mixer at the Golden Bough Theater. There was a wonderful tour of the theatre while learning about PacRep's future plans for Carmel's most unique performing arts center. Photo by DMT Imaging.

QUAIL LODGE & GOLF CLUB



Quail Lodge & Golf Club hosted a summertime kick-off showcasing the Covey Bar & Deck. Located off the Lodge Lobby the Covey Bar & Deck is open Wednesday through Sunday offering a wide variety of delicious food and beverage including the Chef Special, "Bubbles & Birds" (Chicken & Champagne), or the raved-about Fried Chicken & Waffle. Photo by Jenny MacMurdo.

THE CROSSROADS CARMEL



The Crossroads Carmel celebrated 'Shop Local' with fun games and some very awesome gift baskets. As if shopping wasn't its own happy-place...the fun, games, food and wine really highlighted all of the wonderful shops and restaurants located in The Crossroads. Photo by Manuel Ortega Photography.

MAKE OUR DAY ♥ SHOP CARMEL

The Carmel Chamber of Commerce is excited to introduce its first ever Shop Local program! This program is designed to encourage our community to support local shops, restaurants and services. The program will be year 'round. We kick off our new program on November 25th, better known as Small Business Saturday. The event will showcase local businesses and their special offerings for the day and everyone is welcome to attend. If you are a local business and want to participate in our Small Business Saturday event, please contact us at shoplocal@carmelchamber.org or call (831) 624-3877 and we're happy to get you started.

Padres gridiron off to disappointing start, but team is still optimistic

ONE OF the upsides of life is that what we did five seconds ago is rarely as important as what we do next. And that same principle is what keeps a high school football team like the Carmel Padres working hard after yet a gut-wrenching loss to Soledad Friday night, and a very uncharacteristic 2-3 start to the season.

Carmel held a lead in all three of its losses this season, only to see Gilroy, Christopher (a private school in Gilroy) and Soledad rally to win. That can be deflating, particularly since it's also abnormal behavior for a team coached by Golden Anderson, whose Padres have won eight league titles and a Central Coast Section crown since 2008.

Harder to swallow is that Carmel had a 21-0 halftime lead over Gilroy (now 5-0) on the second weekend of the season, and a 14-point second-half edge on Soledad on Friday, but couldn't hold on.

And one more gut punch: Friday's 23-21 loss to the Aztecs was the first date of a conference schedule that figures to be much tougher than previous years, now that Scotts Valley (Friday's 7:30 p.m. road opponent) and San Lorenzo Valley have entered the Mission Trail Athletic League in place of less-competitive Greenfield, Marina, and Gonzales. There are no more easy dates on the calendar.

A tough league

A piece of good news might be that getting through the MTAL schedule undefeated, or even with a single loss, is less likely than before for any team. And Anderson sees plenty of other reasons for optimism.

"Honestly, we're playing a whole lot better than we were three weeks ago. I'm actually very pleased with the progress we've made" since a 41-14 non-league loss to Christopher, he said. "But when you're playing really good football teams every week, you need to be pretty squeaky-clean to win."

Little things matter. Missed tackles lead to first downs and touchdowns. Missed blocks, missed assignments, and untimely penalties can nullify scoring opportunities. Lack of varsity experience (the Padres start only two seniors on

Peninsula Sports

By DENNIS TAYLOR

defense, three on offense) can translate into nerves when the stakes get higher. It's on-the-job training.

"At this point, we're just inconsistent," the coach said. "You're always going to have breakdowns, but the breakdowns we've had this year seem to be right around the ball, so they're kind of magnified. When we miss a block, it seems like that guy makes the play. Fumbles and tipped balls haven't been bouncing our way.

Against Soledad, the Padres failed to score on a fourth-down play at the goal line, and also missed a field goal, either of which would have swung the outcome. Carmel blew a 21-0 halftime lead. The game against Christopher now (5-0) was tied 14-14 before the wheels came off and the Padres surrendered 27 unanswered points.

"We've beaten good teams (40-26 over Willow Glen, 40-0 over North County), and we've also been right in the game against teams that are supposed to be among the best, but we're not finding a way to finish them off," Anderson noted.

Top performers

There are reasons — a lot of them — to believe the Padres can reverse the momentum. Sophomore quarterback Kai Lee, who had never played football until last year, is the second-leading passer on the Central Coast (completing 62 of 98 passes for 784 yards and nine touchdowns). His top receiver, Rashaan Ward, has 24 catches for 246 yards and three TDs.

Luke Melcher, a first-year starter at running back, has rushed for 352 yards. Defensive lineman Robert Brown has three sacks, and defensive backs Zach DeZee and Adam Ramlai have combined for five interceptions.

Meanwhile, Friday's 7:30 p.m. game at Scotts Valley is another serious challenge. The Falcons will arrive with a 3-1 record that includes a 34-0 rout of Pacific Grove in last week's MTAL opener. They're athletic, physical, and led by a quarterback, Kyle Rajala, a converted wide receiver whom Anderson regards as "one of the better athletes we'll ever match up against."

Scotts Valley also has a history with Carmel that includes last year's 22-21 Padres victory and a 32-24 loss to Carmel the year before. Including a playoff game, it's the sixth time the Padres have played Scotts Valley during Anderson's tenure as head coach.

"They're physical, well-coached, well-organized, and they don't make a lot of mistakes, so we've got to do a good job of avoiding mistakes, ourselves," Anderson said. "If this one isn't another nail-biter, I'll be very surprised."

Looking ahead

Carmel football is at Scotts Valley for a 7:30 p.m. kickoff Sept. 29.

A busy and important week for the girls volleyball team also begins Sept. 29 with a 6 p.m. home game against Pacific Grove, then continues the next day at 8 a.m. at the Mt. Madonna Invitational, followed by Tuesday against King City and Thursday against Santa Catalina, both 6 p.m. at home.

Soquel visits Carmel High on Tuesday for a 5 p.m. boys water polo match.

Carmel girls water polo hosts a varsity tournament Sept. 30 (all day), then plays Soquel at 6 p.m. Tuesday at Cabrillo College.

The Padres field hockey team plays Tuesday at Gilroy, and is host to Stevenson on Wednesday (3:30 p.m. both days);

Carmel girls golf has home meets at Quail Lodge on Tuesday against Salinas and Thursday against Santa Catalina (3:30 p.m. both days);

The Padres girls tennis squad is at

Chamisal on Monday to play York (3 p.m.), and at Santa Catalina on Wednesday (3:30 p.m.).

The boys and girls cross country squads host the Peninsula Meet on Thursday (4 p.m.).

Dennis Taylor is a freelance writer in Monterey County. Contact him at scribelaureate@gmail.com.



PHOTOS/LUKE DEPALATIS

Padres running back Luke Melcher (above) and quarterback Kai Lee (top), along with their teammates, made valiant efforts, but it wasn't enough to stop an unbeaten Gilroy team from wrenching the win from their grasp, even after a 21-0 Padres lead at halftime.

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Editorial

Beyond ridiculous

IT HAPPENS so often that you get used to it, but once in a while, during one of the long-running debates over local controversies, something is said that is so illogical and hypocritical, it simply can't be allowed to pass without being challenged. A paramount example was the comment from a woman quoted in last week's Monterey Herald about the beginning of construction of the Pebble Beach affordable housing project.

As construction crews began removing trees for the 24-unit complex, the woman, identified in the newspaper as a very close neighbor, could barely contain her "raw emotions," over the loss of a "prized forest," according to the reporter.

"As she watched the trees come down, she fell to her knees in prayer," the story said, "and is already seeing forest animals show up in her yard."

Wow. That's powerful stuff.

Unfortunately, there's a little problem with the woman's statements — namely, that no matter how sincerely she pretends to believe them, her actions prove that she actually doesn't.

Why?

Because, being a close neighbor of the housing being built by the P.B. Co., the woman occupies a structure that could only have been built after the exact same forest was cleared, displacing the relatives of the same animals she worries about today. When she moved into her house, she told the whole world that clearing the forest for it was OK with her, as long as she benefited.

Not only that, but she lives in a house that includes many kinds of lumber and other wood products made from trees that came from numerous forests — ones that were surely "prized" by somebody and lived in by animals. Furthermore, as she goes about her daily life, she uses other things made from wood at least 100 times a day.

And that's not all. Modern humans are surrounded by products of all types made from a myriad of natural resources that are somehow extracted or derived from the earth and then processed, manufactured, assembled, packaged and delivered by complex machines that consume energy and generate pollution every step of the way. And what about the furnace that heats the woman's home, the natural gas that cooks her food, the electricity that powers her utilities, the cable TV she probably watches, and the internet and cell phone networks she undoubtedly uses? Do those grow on trees? Did her car or the roads it drives on? The schools she attended? The hospital she goes to when she gets sick? The shops and restaurants she likes, the place she works, the airplanes that take her on trips ... ad infinitum.

The truth is that every one of us benefits in innumerable ways both great and small from Industrial-Era exploitation of the earth's natural resources. Saying so is simply to state the obvious.

This fact, of course, is not a license for mankind to do whatever it wants in the future with those resources. It's very important that we care for them and use them only in responsible ways.

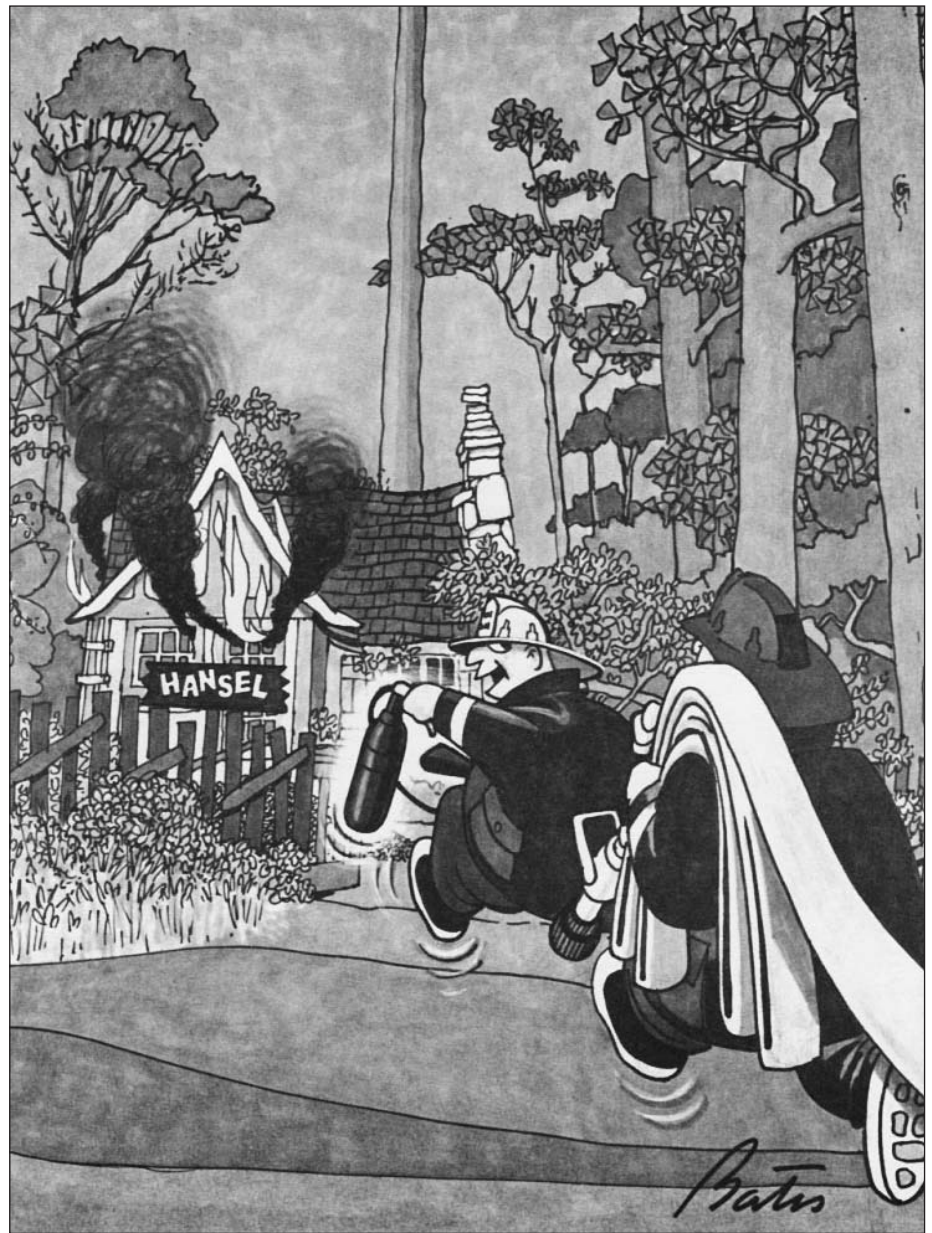
But this woman's own life proves that her objections can't really be about the housing being built by the P.B. Co. — which she surely knows is needed — or even to its design or general environmental impacts. The state's population is growing rapidly, and all those people have to go somewhere, and any project that gets through the modern permit process already includes many of what are called "best practices."

No, this woman's objections aren't to the housing. They're to the fact that it's being built near her. But can an objection like that be taken seriously when the new housing is very similar to what she already enjoys right next door?

The answer is no. This woman's complaints should be dismissed out of hand by our political process as blatant NIMBY-ism. Development projects should always be judged on their overall good for the community, not their impact on a handful of neighbors who already have the same type of development on their own land.

And the news media? It's fine with us if a silly comment like the one from the woman is reported. But it should be treated like what it is: a hypocritical joke.

BEST of BATES



"This'll do it!"

Letters to the Editor

'The only way'

Dear Editor,

Great! We have a congressman who won't agree to even "some funding" for border protection; forcing those who are American in all aspects except the paperwork to remain in a hellish limbo status.

Let's give President Trump at least some funding — call it for a fence so that birds and wildlife can get through — and insist on giving citizenship to over 800,000 DACA "Dreamers" who should be Americans. At the same time, we can insist on finally getting a fair immigration system that allows people to come here for the jobs the agricultural, hospitality, and other industries need to fill. But by providing a legal and enforceable system of immigration we can at least provide the protections that immigrants, and everyone else, deserve.

This is no time to dig in our heels and refuse to budge, and Panetta should talk to his father about how he got things done while in Congress. We have a great opportunity here, but in order to finally solve this issue we should have a little give and take all the way around. Compromise isn't just a way to get things done. When you have widely diverging opinions on a problem such as

immigration, it is the only way to get something done!

Rudy Fischer, Pacific Grove

Wonderful beach fire

Dear Editor,

One mom, one son, one daughter-in-law, one friend, one German shepherd, one golden retriever, two bottles of wine, sandwiches from Bruno's and s'mores made for a beautiful evening. The experience was even better with the fire pit provided by the city, so much more efficient and cleaner.

Nancy Collins, Carmel

Golf doesn't get better

Dear Editor,

Thanks to Pure Insurance and the Monterey Peninsula Foundation for sponsoring last week's Pure Insurance Senior Championship. Matching the legends of golf with leaders of tomorrow, the youth participants in First Tee, who represent not only golfing skills, but the best of life's core values: integrity, respect, hard work, courtesy and character on and off the golf course. I have never encountered a more respectful group of young people. They give our country hope that the future is in good hands.

I wish there had been more publicity about the golf tournament so more local residents could have been there. Golf does not get any better than what the Peninsula experienced Sept 19-24th.

Joseph Hertlein, Carmel Valley

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This windmill is home to delicious alternative fuel

LIKE MANY craftsmen and artists, Didier Dutertre speaks through his work — cooking and plating European and French food nightly at Bistro Moulin in Monterey, where he is chef and owner. When it came to talking to a reporter, he was a bit reticent, but his restaurant's fare speaks volumes about his roots.

The food is mostly classic French bistro — moules frites (mussels in a tasty broth with fries on the side), coq au vin, terrines and French onion soup — although a little bit of Italy makes an appearance in the gnocchi, tiramisu and osso buco Milanese. Dutertre said that's because in the south of France, along the Mediterranean, Italian food is common.

He and his younger sister — who works in hospitality in Paris — grew up in “a little town in Normandy.” His father was a cabinetmaker and his mother was an accountant.

Miserable but worth it

Dutertre explained that in the French school system, at 16, students were allowed to choose a trade, and the notion of cooking and hospitality appealed to him. He did a “stage” (rhymes with “garage”) in Brittany at a “nice hotel.” In France, a stage is an unpaid internship, usually in an influential chef's kitchen. They're infamous for being intensely miserable but educational, and

Dutertre said his was no exception.

“I worked with a coal stove. It was pretty intense in summer,” he said. He studied formally for two years in the Loire Valley and another two years at the Culinary Institute of Strasbourg, along the Rhine River, near the

Great Lives

By ELAINE HESSER

German border.

Along the way, he learned pastry techniques, but never really took a shine to that discipline. Butchery was another matter. “I can butcher almost anything,” he said, from fish, to sheep and cattle.

The school in Strasbourg taught more than cooking. It was a course in hospitality management, as well.

He hopscothed around Europe for a bit, and worked in Montreux, Switzerland, a resort town on Lake Geneva. (It became famous in the United States thanks to a 1972 song by Deep Purple, “Smoke on the Water,” which tells the true story of a casino fire during a rock recording session and concert.)

He also worked in the French Alps, in Cannes, and in Frankfurt. In 1981, he met

See DIDIER next page



Didier Dutertre built his Bistro Moulin on a solid foundation of European cuisine, and kept it going through plain old hard work.

PHOTO/ELAINE HESSER

The fire was not an abstraction

HER DREAMS, she says, tend to be “wild and crazy,” and Melissa Lofton records each one in her journal as potential inspiration for her work. The Carmel native and longtime Big Sur resident is a renowned abstract artist known for dazzling color, interesting texture, and often unusual subject matter — the kind she sometimes sees in her dreams. And sometimes her nightmares.

A show at the Carmel Art Association

town, when one of them sniffed the air and asked, “Do you smell smoke?”

“Having lived in Big Sur for 31 years, you have nightmares about this stuff,” he said. “Flames were coming over the hill,” she said. “We continued into town and passed Soberanes (Canyon), where we saw the helicopters doing their best to fight the fire, but there was a very strong north wind that day, so by the time we got home ... oh, yikes.”

She was asked to alert neighbors with news that they probably had two hours to flee with their most important and most valued possessions. For Lofton, most of those were her own paintings, plus land-

scapes and portraits done by her father, Richard Morrison Lofton (1908-1966), a celebrated Carmel Art Association member, himself.

“We lost everything except what we could fit in the car,” she said. “Somebody once told me, ‘If there's a fire, grab your hamper,

See LOFTON page 31A

Carmel's artists

By DENNIS TAYLOR

that opens with a reception Oct. 7 from 5 to 7 p.m. features a series of Lofton paintings entitled, “Home on the Ridge” — landscapes depicting one of her worst nightmares in the context of the rebirth she witnessed afterward.

Last year, on July 22, Lofton and her partner, Jesse Hamilton, were navigating down their Big Sur mountainside, on their way into



Even in the wake of the Soberanes Fire, in which Melissa Lofton lost anything that didn't fit in her car, she found things she could be grateful for — including a better view of the Big Sur landscape.

PHOTO/DENNIS TAYLOR



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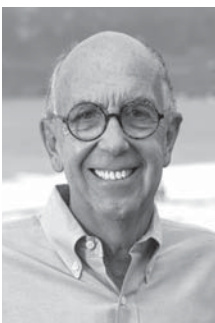
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FOOD

From page 23A

The Wurst (grilled Bratwurst and Knackwurst with sauerkraut, freshly baked pretzel and two mustards) for \$15.95, pretzel with cheese sauce (\$7.50), and Bratwurst with sauerkraut for \$7.95.

The Trailside, located at 3 Del Fino Pl., is also the spot in the Village to watch football on Sundays, with NFL Sunday Ticket on four HDTVs, broadcasting all the games.

The Beer Garden will be open this year until Oct. 29, and will have live music every Friday and Saturday night. For more details, visit www.trailsidecafevc.com.

Next Chef Duel Oct. 2

Folktale Winery in Carmel Valley will host another round of the Chef Duel Monday, Oct. 2, from 6 to 9 p.m., with Poke Lab chef James Anderson facing off against chef Thomas Snyder from Estéban Restaurant. In the contest, each chef is

given a protein and four special ingredients to use in a creative way that will win the judges' and the people's hearts. They prepare their dishes onstage in the Barrel Room as the audience watches.

The People's Choice vote counts for 50 percent of the score, while the judges' choice counts for the other half. In the case of a tie, the chefs undertake an additional challenge. The winning chef advances to compete again later in the seasons.

At each duel, the dishes are paired with wines from Folktale and a guest winery, and hand-tossed pizzas and salads created by winery chef Danny Leach will be available for purchase, along with wine, beer and sodas from a cash bar.

Tickets are \$20 each. Folktale Winery & Vineyards is located at 8940 Carmel Valley Road. Visit www.folktalewinery.com for more.

Chili cook-off winners

Fabrice and Jennifer Roux reigned supreme at the Carmel Valley Chamber of Commerce's 24th Annual Chili Cook-off

at Carmel Valley Ranch last week, taking first and second place in the People's Choice Best Professional Chili competition, with their soon-to-open C.V. Chop House winning first place, and Roux restaurant taking second. Third place went to Carmel Valley Ranch.

The people chose KW real estate, Jeff Langan and Garren Fisher as the first, second, and third-place winners in the amateur category, and they selected Pour Girl, Seventh & Dolores, and Holman Ranch Tavern as the winners of the Margarita competition, which included pros only.

The judges — who tasted 23 entries blind and evaluated them for aroma, color, texture, taste and finish — picked Seventh & Dolores chef Todd Fisher to win the Golden Ladle for his chili, with Portola Plaza Hotel & Spa taking Honorable Mention. The Amateur Golden Ladle went to Meena Lewellen of The Carmel Pine Cone, and Honorable Mention went to KW real estate.

DIDIER

From previous page

Gaston Georis in the South of France. Georis was advertising for a new chef for the landmark Carmel restaurant Casanova, and was willing to sponsor Dutertre for a work visa. In Nov. of that year, Dutertre arrived here.

His stint at Casanova — where his cooking was a big hit with regulars — lasted until 2006. But it was always his dream to have his own business, and memories of Europe's neighborhood bistros led him to open the small dining room (and petite kitchen) just a few blocks from the Aquarium that is Bistro Moulin.

It opened in 2007, which turned out to be the beginning of the Great Recession. But when his business fell off he weathered it by working hard.

"I worried a little bit at first," said Dutertre. "I'd worked long hours for somebody else, so I knew I could do it for myself." That's how he minimized labor costs. There was no other secret, "besides running your business and doing what you know best how to do."

The kitchen is a place where "there's always something that's going to be new, always the challenge of innovation," he said. He loves the fresh ingredients he can get here, especially at the Friday afternoon farmers market at MPC.

While he's delighted with the local seafood, too, he sometimes gets homesick for the variety of fish and shellfish he could find in France, thanks to the variety of species in the Atlantic Ocean, the Mediterranean Sea and the English Channel.

And somehow, in his little restaurant, he stocks more than 200 different wines, both French and American, overseen by sommelier Colleen Manni.

No precious plates

Dutertre is nothing if not a diplomat. Although chefs are known for having strong opinions, when asked about the current emphasis on intricate plating design — the kind with micro-greens, mini-blini and cute little sliders — he said, "First you have to have the flavor. If the flavor's appealing, it doesn't have to be fancy. I don't work with tweezers."

And about that molecular gastronomy that's become fashionable, with sweet desserts served with foams and transparent ravioli (yes, that exists). "I leave that to the people who are the experts," he said, ending the discussion.

For novices who think they want to get into the business, he suggested they first spend a little time in a restaurant kitchen, learning about the trade. If they like it, then, "I definitely recommend a culinary institute, to really get good training and all the basics."

What's a good gateway dish for someone who (quelle horreur!) has never tried French cuisine? Dutertre advised a fish dish or a seafood stew, like bouillabaisse. His own favorites are made with what may be the holy trinity of French food — "anything with cheese and butter and cream."

His future, he hopes, holds more travel. He'd like to see some of Asia, including Vietnam (where much of the cuisine is derived from French colonial fare), and Australia. He ventured that he'd enjoy learning more about cooking Asian-style food.

In the meantime, he'll greet you at Bistro Moulin, ready with some escargot, roast chicken, and a great glass of wine to wash it down. But please, save some room for the crème brûlée.



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WINNERS TO BE ANNOUNCED OCTOBER 27

LOFTON

From page 29A

because that's where you'll have all of the clothes you actually wear.' That's probably the best advice I got."

Lofton, Hamilton, two of their neighbors, and two dogs relocated to a tiny apartment while the mountainside burned. "We kept going down the coast to see what we could see, and when we got up on some ridges, we could tell that the fire had definitely eaten our house," she said.

"The Fire Dragon," as Lofton came to call it, devoured her home and all of the treasures she left behind, including a lifetime of per-

sonal journals. "Now I feel like a woman without a past," she said with a laugh.

The flames destroyed her trees, ravaged her garden, devastated her irrigation system, cracked her bathtub in half, ruined her water tanks, and reduced her collection of art books to ash. The 2,000-degree temperatures melted a stack of aluminum ladders into a silver puddle, she said.

Friends and strangers

Then came the blessings. Neighbors helped neighbors. A small army of volunteers calling themselves the Christian Aid Ministry showed up with a tractor and a dump truck to help with the cleanup. Friends and strangers came forward with gifts and cash, and several of them bought Lofton's

A burned piano was among the wreckage of Melissa Lofton's Big Sur home last summer. As part of the rebuilding process, "I'm planning to make a sculpture in the garden out of the soundboard," she says.

PHOTO/COURTESY
MELISSA LOFTON



PARK

From page 6A

space lands is passive hiking," Jensen said. "Plus, \$12 million in state grant funds require a substantial amount of restoration to native habitat."

Two additional public forums on the park's future will likely be scheduled in November and January. The Final General Development Plan for the park is set to be made public in Spring 2018.

The park was created in 2004 and later expanded through a series of transactions costing the taxpayers a total of \$27 million. State grants provided \$24 million, while the park district funded the balance of \$3 million. An additional 190 acres of the former Rancho Cañada golf resort were acquired last summer for the park by the Trust for Public Land, which paid about \$11 million.

Because visitors must park along Highway 1 for now, park access is available on a reservation-only basis. But the Rancho Cañada addition came with 240 existing

parking spaces, which park officials say will eliminate the need for permit parking along Highway 1.

The meeting is set for Oct. 5 at 6 p.m. Rancho Cañada is located at 4860 Carmel Valley Road.

NEW

From page 6A

with the other bedrooms upstairs.

"There are a lot of hand-done details, and good use of wood in the ceiling," she added.

The neighborhood is also quiet, since few people use Guadalupe or Third as through streets. "A lot of people walk that way, which is kind of fun," she said.

The property's history may be dramatic, but Ehrenpreis said those events are not relevant now. PG&E has done extensive work in the intersection, she noted.

"I had heard they did \$30,000 worth of stuff in the street," she said. "I didn't call to check, because I feel like an accident happened, and it's over."

The house is listed for \$1,955,000.

paintings.

Longtime family friends created a temporary studio in a goat shed, a place for Lofton to paint for the October show until she was able to return to her own property, where she lives once again with Jesse in one temporary shed and paints in another.

And, as always, nature furnishes her inspiration.

"Hey, it happened — we got burned — and now it's a whole new place in a way, kind of down to the bare bones," said Lofton, a CAA member since 1998. "Because of all the rain, it was an amazing spring, and the poppies were unbelievable. I've never seen anything like it, and it was rejuvenating to get a new perspective on a place where I've been painting for 30 years."

That perspective is what people will see throughout the month of October at the Carmel Art Association Gallery in a showcase that also will include the work of

Andrea Johnson, Christine Crozier, and Susan Giacometti.

Enjoying the splendor of Big Sur comes at a price, she said. Winter storms often wipe out the road to her property, necessitating a long hike up the mountain. Power outages are common. Telephone reception is spotty. Summers tend to be hot, dry, and buggy, and winters are cold and wet, bringing perilous trips up four-wheel-drive roads.

"It's not an easy life, but it's familiar, and it's the one I want," she said. "I feel so grateful that I get to be there."

"I really want to convey the beauty of the area where I live. I've painted a lot of trees, and I love painting them, but I haven't done it in years," Lofton added. "The fire opened up the landscape, burned it up, so now you can see a lot more than before — way to the north, way to the south. And I really have a new appreciation after watching the way it's come back."

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Don't forget to vote in this year's Golden Pine Cones!

WELCOME *Home*

ALAIN PINEL REALTORS CARMEL



CARMEL | 4 BEDS | 3 FULL BATHS | 2392 SF | 6000 SF LOT | \$4,300,000



PEBBLE BEACH | 4 BEDS | 5 FULL & 2 HALF BATHS | 6052 SF | 30,721 SF | \$5,950,000



CARMEL | 4 BEDS | 3 BATHS | 3389 SF | 6000 SF LOT | \$11,950,000

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OCEAN AVE
NW Corner Dolores
JUNIPERO
Between 5th & 6th


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PORTFOLIO
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SECTION RE ■ Sept. 29-Oct. 5, 2017

More than 140 Open Houses this weekend!

The Carmel Pine Cone

Real Estate



■ This week's cover property, located in Pacific Grove, is presented by Peggy Jones and Christine Monteith of The Jones Group Coast & Country Real Estate (See Page 2RE)



About the Cover

The Carmel Pine Cone

Real Estate

Sept. 29-Oct. 5, 2017



Open Sat & Sun 1:00 - 4:00
373 Junipero Ave, Pacific Grove

Brand New Craftsman

Brand new construction — a rare offering. A spectacular, custom designed Craftsman home offering over 3,100 sf of elegant living on a 10,000 sf street to alley lot in the heart of Pacific Grove. Features include 4 large bedrooms/ 2 gorgeous bathrooms; a formal living room with a ceiling that soars 2 stories high with a dramatic stone fireplace and a “Juliet” balcony from the 2nd floor landing, custom shelving and elegant sconces for lighting. The formal dining room is spacious enough for a table of 12 along with ample room for breakfast. The family room features a wood-burning fireplace with stone surround and French doors out to the back and front gardens. Located just a few blocks from historic downtown Pacific Grove and nice peeks of the bay. One-of-a-kind home.

Offered at \$1,825,000

Peggy Jones, Broker/REALTOR
831.917.4534 CalBRE#01299648



Christine Monteith, Broker/REALTOR
831.236.7780 CalBRE# 01343096

www.JonesGroupRealEstate.com

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Annette and Tom Bruce

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**HUGE OCEAN VIEWS FROM
ALL 6 BEDROOMS AND ALL MAJOR ROOMS
\$8,300,000**

Coldwell Banker • The Lodge Office • Pebble Beach, California

Real Estate Sales Sept. 17 - 23

Carmel

3387 Ocean Avenue — \$800,000

Darryl Lucia to Mary Garner and Ashley Moss
APN: 009-162-008

3380 San Luis Avenue — \$1,050,000

Kevin, Warder and Burton Manning to
Nels and Bethany Lundquist
APN: 009-042-002

**Casanova Street, 2 SE of Fourth Avenue —
\$2,090,000**

Timothy and Diane Henn to Paul Sweeney and Karen Zucchini
APN: 010-214-026

See HOME SALES page 6RE



OPEN HOUSE
SATURDAY 1-3PM
TORRES 3NE OF 4TH

Newer Home In Town

Three bed, two bath home. Steps to everything!
Quiet location, Wonderful views! \$1,795,000



LISA TALLEY DEAN & MARK DUCHESNE

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Dean-Duchesne.com

CalBRE #01401218 | CalBRE #01046446



CARMEL REALTY COMPANY
ESTABLISHED 1913

OPEN HOUSE | SAT 1:30-4PM | SUN 1-3PM

HOME CB.COM/CAMINOREALAND8TH
CARMEL :: \$4,395,000

The best in Carmel living is from this spacious and new, ocean view, creation located South of Ocean and just blocks to the beach.



TIM ALLEN CalBRE#00891159 :: c 831.214.1990
TIMALLENPROPERTIES.COM



GLOBAL LUXURY



OPEN HOUSE | SAT 11-1PM | SUN 1:30-4PM

HOME CB.COM/112AYANKEEPOINT
CARMEL HIGHLANDS :: \$3,295,000

Dramatic coastal and ocean views from this spacious home that offers direct access to a trail to a private beach below.

WE'RE ASKING FOR YOUR "CARMEL LEGENDS"

For almost two decades we have been publishing Al Smith's "CARMEL LEGENDS" in this space. All of these legends have been previously published in The Pine Cone and we felt that there was a great value to the community in giving them an encore presentation and sharing them with our readers. We always considered these 'legends' to be an important part of the fabric of the Carmel by the Sea we love. To that end we have decided to invite you, The Pine Cone readers, to share your 'legends' with our citizenry. We are asking that you submit your own stories, new or old, your observations, and, if you will, your 'Legends. This is our invitation to you to share with others those little-known family-yarns that have so beautifully woven the fabric of our tiny sea-side village. So, whether it was the time your uncle Jack release twenty pigeons at the River Inn in Big Sur and somehow they found their way home to Dolores and 11th, or the time when the couple up the street bought a house and after escrow closed found that they had bought the house next door instead, we would love to hear from you. We plan on running our present-day homage to "CARMEL LEGENDS" once a month over the next year so please submit your best Carmel memories. We will peruse them thoroughly trying to select those special 'legends', the ones you will love and remember as being representative of Carmel by the Sea.

Please submit your legends to Tim Allen, P.O. Box 350, Carmel, CA 93921.



CARMEL REALTY COMPANY

ESTABLISHED 1913

A CORNERSTONE IN LUXURY REAL ESTATE FOR OVER ONE HUNDRED YEARS

CARMEL LUXURY PROPERTIES



4 beds, 4 baths | \$6,850,000 | www.CustomCarmelHome.com



2 beds, 2 baths | \$5,995,000 | www.26125ScenicRoad.com



3 beds, 3.5 baths | \$5,500,000 | www.Carmelo2SEOcean.com



4 beds, 5 baths | \$4,700,000 | www.25588Hatton.com



3 beds, 3.5 baths | \$3,995,000 | www.26398Isabella.com



4 beds, 3.5 baths | \$3,900,000 | www.3292Martin.com



3 beds, 4.5 baths | \$3,750,000 | www.26152Ladera.com



3 beds, 3.5 baths | \$2,239,000 | www.ThirdandLincoln.com



3 beds, 2 baths | \$1,695,000 | www.SantaFeAnd2nd.com



3 beds, 3 baths | \$1,259,000 | www.3530OakPlace.com



831.622.1000 ■ CarmelRealtyCompany.com



CARMEL REALTY COMPANY

ESTABLISHED 1913

A CORNERSTONE IN LUXURY REAL ESTATE FOR OVER ONE HUNDRED YEARS

CARMEL VALLEY LUXURY PROPERTIES



5 beds, 4+ baths | \$4,795,000 | www.6MiramonteRoad.com



5 beds, 4.5 baths | \$3,165,000 | www.7SanClementeDrive.com



OPEN SAT 12-2PM
14 La Rancheria

3 beds, 3 baths | \$1,195,000 | www.14LaRancheria.com



2 beds, 2 baths | \$1,098,000 | www.12290Saddle.com

MONTEREY PENINSULA LUXURY PROPERTIES



5 beds, 3+ baths | \$4,480,000 | www.1475ManorRoad.com



OPEN SAT 1-4PM
7635 Mills Road

4 beds, 4+ baths | 3.4 Acres | \$3,750,000 | www.7635MillsRd.com



OPEN SUN 2-4PM
960 Alameda Avenue

4 beds, 3 baths | \$1,495,000 | www.960AlamedaMonterey.com



3 beds, 3.5 baths | \$6,850,000 | www.1342ArenaAve.com



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PEBBLE BEACH LUXURY PROPERTIES



8 beds, 9+ baths | \$29,900,000 | www.TimelessPebbleBeach.com



6 beds, 5.5 baths | \$16,950,000 | www.3164Palmero.com



4 beds, 6.5 baths | \$11,000,000 | www.332517MileDrive.com



6 beds, 6+ baths | \$9,750,000 | www.SweepingOceanViews.com



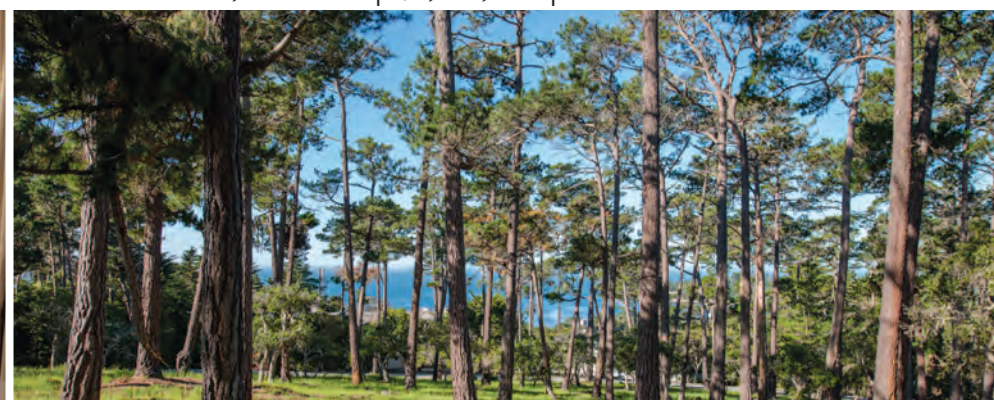
5 beds, 5+ baths | \$7,900,000 | www.1544ViscainoRoad.com



3 beds, 4.5 baths | \$7,800,000 | www.1212Portola.com



4 beds, 4+ baths | \$5,950,000 | www.4038SunridgeRoad.com



2.41 acre lot | \$4,300,000 | www.1573Riata.com



3 beds, 3.5 baths | \$2,200,000 | www.3080Stevenson.com



4 beds, 2.5 baths | \$1,395,000 | www.3071StrawberryHill.com

A CORNERSTONE IN LUXURY REAL ESTATE FOR OVER ONE HUNDRED YEARS

COURTNEY ADAMSKI
REBECCA WOLF ARNOLD
DANA BAMBACE
MARK BAXTER
MARY BELL
SARAH BOUCHIER
PAUL BROCCINI
PETER BUTLER

CHRISTINE CHIN
LISA TALLEY DEAN
MARK DUCHESNE
BOBBIE EHRENPREIS
SUSAN FREELAND
NICK GLASER
MALONE HODGES
DAVE HOWARTH

COURTNEY GOLDING JONES
LYNN KNOOP
GREG KRAFT
STEVE LAVAUTE
KORDULA LAZARUS
MARCIE LOWE
KRIS MCAULAY
DOUG MCKENZIE

LINDA MILLER
SHELLY MITCHELL LYNCH
VICKI & BILL MITCHELL
CHRIS PRYOR
MARK RYAN
JUDY TOLLNER
PAT WARD
RHONDA WILLIAMS



HOME SALES

From page 2RE

Carmel Highlands

188 Upper Walden Road — \$1,200,000
 Claydon Couri and James Durham to Julia Malone
 APN: 241-282-006

2 Yankee Beach Way — \$2,800,000
 Robert and Barbara Booker to Patrick and Jane Durbin
 APN: 243-141-004

Carmel Valley

88 Del Mesa Carmel — \$420,000
 Sharon Ardell and Schohan Trust to David and Darlene Keaton
 APN: 015-444-009

Hacienda Carmel — \$460,000



3380 San Luis Avenue, Carmel — \$1,050,000

Maureen Callaghan to Edith and Mariko Ikemoto
 APN: 015-351-001

4000 Rio Road unit 59 — \$680,000

Douglas Thurston to Yoonhyung and Myoyong Kim
 APN: 015-541-062

1 Woodside Place — \$830,500
 Phyllis Redfield to James Nemsik and Patricia Murphy
 APN: 187-421-006

25460 Cañada Drive — \$930,000
 Rayne Kasynski to Christopher Pepe and Julie Croteau
 APN: 015-063-001

25751 Tierra Grande Drive — \$940,000
 Estate of Peter Paxton to Mojta Tavorolian and Nassie Mahmadvourjasem
 APN: 169-241-003

25017 Valley Place — \$1,000,000
 John Compagno to KA Residential LLC
 APN: 015-131-007

See ESCROW page 12RE

OPEN SATURDAY 1-3

Carmel | In Town Rancher with Great Indoor & Outdoor Dining
 Santa Fe NE Corner of 4th | \$1,475,000



OPEN SATURDAY 2-4

Pacific Grove | 2 Homes Renovated
 247 Pine Avenue | Now \$2,245,000



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 sam@sampiffero.com | www.sampiffero.com

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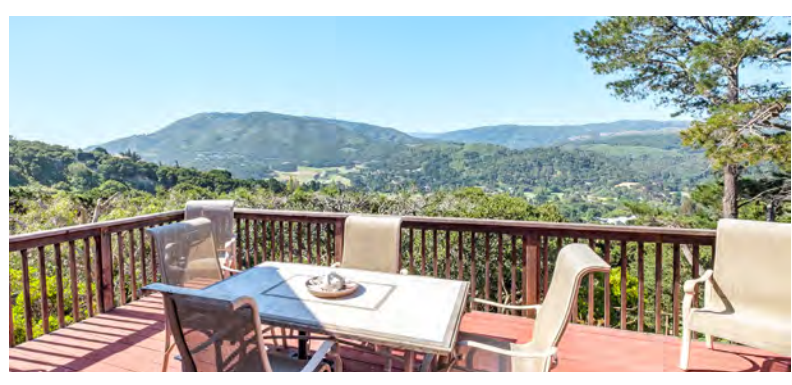
Sotheby's
 INTERNATIONAL REALTY

REPRESENTED THE SELLER

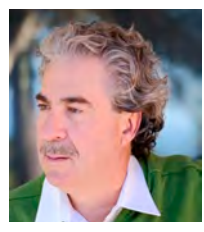


Carmel | 26222 Mesa Drive | \$1,795,000
 Ideally and centrally located in sunny Hatton Fields, this single level post adobe style home exudes charm and grace of a bygone era.

REPRESENTED THE SELLER & BUYER



Carmel Valley | 25751 Tierra Grande | \$971,750
 Spacious single level view home with panoramic views of Carmel Valley in coveted Mid-Valley location.



RICHARD WARREN
 richard.warren@sothebyshomes.com
 www.RichardTWarren.com
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 CalBRE# 00762584

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OPEN HOUSE SAT 2:00-4:00 & SUN 1:00-3:00
 1267 Padre Lane, Pebble Beach • \$3,850,000



3 bedrooms with 3 1/2 baths. Approximately 2,500 sq. ft.
 Virtual Tour: www.1267PadreLane.com

Endless blue ocean views with white water, Pt. Lobos, and the start of the Santa Lucia Mountains make this Pebble Beach estate property a classic. Relax on the deck and watch whales and pelicans on the hunt over the sparkling Carmel Bay. This 70s built 2500+ sqft single story ranch style home with 3 bedrooms and 3.5 bathrooms is majestic in its upslope placement on a 1-acre lot near the Lodge around the corner from Cypress Golf Course. High wood beam ceilings, bamboo flooring and marble upgraded kitchen area lend a lodge ambiance. Ready for adding your touches to create the ultimate Pebble Beach experience



CHRIS BAUMGART
 831.241.8900
 CalBRE# 01435699
 chris@baumgart.com

CARRIE BAUMGART
 831.717.7156
 CalBRE# 01453222
 carrie@baumgart.com



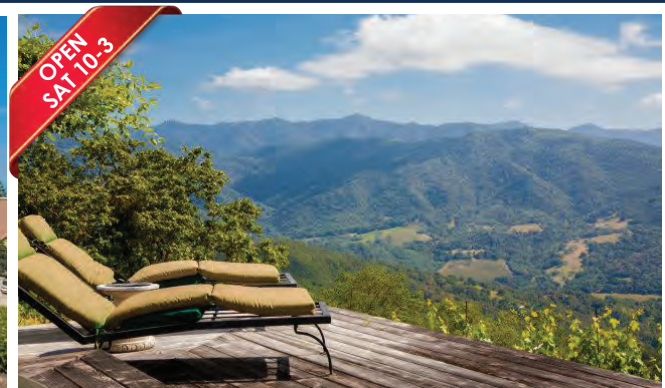
WWW.PEBBLEBEACHANDCARMEL.COM



SOLD
783 Cypress St, Monterey
3 Bed | 3 Baths | 2,064 SqFt +/- | Sold for \$950,000
Peter Boggs* 831.884.3919



OCEAN VIEW
3303 Golden Oaks Ln, Monterey
2 Beds | 2 Baths | 1,300 SqFt +/- | \$525,000
Mina Sunwoo 831.747.4923



OPEN SAT 10-3
32 Asoledo Dr, Carmel Valley
3 Beds | 4 Bath | 3,302 SqFt +/- | \$2,575,000
Heidi Theodore 831.818.1256



OPEN SAT & SUN 2-4
950 14th St, Pacific Grove
3 Bed | 2 Bath | 2,436 SqFt +/- | \$1,398,000
Annette Boggs 831.601.5800



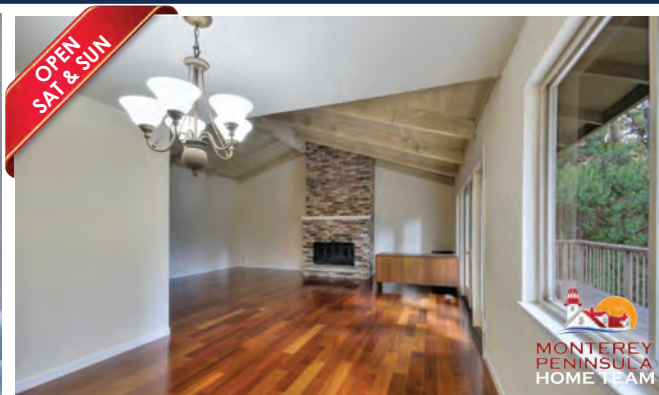
BAY VIEWS
566 David Ave, Monterey
4 Bed | 2 Bath | 1,600 SqFt +/- | \$999,000
Annette Boggs 831.601.5800



LARGE LOT
8 Caribou Ct, Monterey
3 Beds | 4.5 Baths | 3,891 SqFt +/- | \$1,850,000
Annette Boggs 831.601.5800



OPEN SUN 2-4
12 Abinante Way, Monterey
4 Beds | 2 Baths | 2,784 SqFt +/- | \$1,570,000
Monterey Peninsula Home Team 831.313.2289



OPEN SAT & SUN
4029 Costado Rd, Pebble Beach
3 Beds | 3 Baths | 1,641 SqFt +/- | \$899,000
Monterey Peninsula Home Team 831.313.2289



VALLEY VIEWS
100 Via Milpitas, Carmel Valley
5 Beds | 5.5 Baths | 6,300 SqFt +/- | \$2,895,000
Monterey Peninsula Home Team 831.313.2289



FRENCH MASTERPIECE
15488 Via La Gitana, Carmel Valley
5 Beds | 4 Bath | 3,209 SqFt +/- | \$3,700,000
Team Beesley 831.236.6876



**OPEN FRI 3-5
OPEN SAT 1-4**
26245 Dolores St, Carmel
5 Beds | 3.5 Baths | 3,166 SqFt +/- | \$2,295,000
Valerie Gaino 831.224.9907



WALK TO CARMEL BY THE SEA
0 Dolores 2 SW of 8th Ave, Carmel
6 Beds | 3 Baths | 1,956 SqFt +/- | \$1,795,000
Monterey Peninsula Home Team 831.313.2289

No time machine needed for idea-filled visit to the past

TIME TRAVEL has always been one of my favorite story lines. Mark Twain's "A Connecticut Yankee in King Arthur's Court," Jack Finney's remarkable "Time and Again," and the more modern "The Time Traveler's Wife," by Audrey Niffenegger, are books I've read more than once. And ever since the movie, "Somewhere in Time," my crush on actress Jane Seymour has been so profoundly schoolboy-ish that when I met her in person I spoke gibberish to her like a tongue-tied freshman nerd approaching the homecoming queen. More recently, I am totally hooked on "Outlander," the TV version of the historical fiction of Donna Gabaldon. The second season of this series has already exceeded my expectations.

I was one of several hundred people who had the opportunity to revisit an earlier time as we returned to our high school days at the Authors & Ideas Festival at Stevenson School in Pebble Beach last weekend.

My high school campus was about as similar to Stevenson's as a little grass shack in Kealakekua is to the Taj Mahal. My high school building could be classified architecturally as neo-brutalistic, or pre-LEGO. A committee of apparatchiks could have designed it, as it would have blended in well with buildings in post-war Moscow. I would have flunked out of Stevenson school had I gone there, preferring to daydream on the lush lawns rather than attend classes.

So, here I was, more than 60 years after graduating from high school, matriculating once again, wearing pretty much the same outfit I wore back then — a blue oxford cloth shirt with button-down collar, khakis, and blue-and-cream saddle oxfords. And I attended every class, taking copious notes,

something I rarely did in high school.

The atmosphere was casual, but the classes were formal presentations by a stellar faculty put together by festival founders Jim and Cindy McGillen. Their number one criterion is that presenters must be able to speak well and discuss their ideas and/or theories clearly and concisely. All the presenters did just that. Of course, the intellectual level and deportment of my Authors & Ideas classmates far outstripped that of the colleagues back in high school. No speaker had to throw a

Scenic Views

By JERRY GERVASE

chalkboard eraser at anyone to recapture his attention. And although many of the presentations were made in a darkened auditorium, I daresay no one was startled awake when the lights were turned on.

Conversations and activities between sessions were also on a higher plane than those former high school days. No one was skulking off to the restroom to sneak a cigarette, nor was there any talk of who had just broken up with whom.

Here, most everyone rushed to the bookstore to buy a speaker's book or wait in line to have it autographed. Yes, we came for the speakers, but the people who attended the festival were no less interesting and engaging. It was delightful to sit and discuss the ideas with newly made friends.

The most important part of an "ideas" festival is, of course, the ideas. As I sat listening to the well prepared speakers and their presentations, I realized that some of them could even be called "controversial." It made me think of what is happening on many university campuses. I wondered how many college students would have felt threatened by the ideas floating around Stevenson.

I found myself at odds with the presentations of at least three of the more politically motivated speakers, whom I felt wanted to see major changes in the U.S. Constitution simply because a candidate they backed had lost the election. No, they did not come right out and say that, but I can read between the lines far better than I was able to back in my high school days. (See, Fr. Cromey! I was paying attention. Your lectures on critical thinking did sink in.)

I listened politely to the speakers, not seeking a safe place to snuggle up in a fetal position and rub the silky part of my blanket. It was interesting to speculate about whether any of the A&I festival speakers would have been silenced by protests at California universities.

When Thomas Wolfe said you couldn't go back home again, he meant that the world you lived in when you were young has changed, and so have you. Wolfe said, "Make your mistakes, take your chances, look silly, but keep on going."

I'm sure that's just about what I've done since that June day when I left high school for the last time, but things have changed. You really can't go back. It sure was fun to pretend, though.

Email Jerry at jerry@jerrygervase.com.

POLICE LOG

From page 4A

TUESDAY, SEPTEMBER 12

Carmel-by-the-Sea: An approximate 5-foot-long dead tree limb fell from a city tree and landed on an occupied parked vehicle on Crespi south of Mountain View. The vehicle was in the driveway with the driver still sitting inside. The limb smashed through the rear window, with no other damage. No one was injured.

Pacific Grove: Officer was dispatched to an injury collision involving a bicyclist vs. vehicle on Sunset Drive.

Pacific Grove: Dog vs. dog on Alder Street.

Pacific Grove: Hit-and-run collision between a vehicle and a parked vehicle in a private parking lot on Forest Avenue.

Carmel Valley: Person at Mid Valley Center reported lost items.

Carmel Valley: Female reported a violation of a restraining order.

WEDNESDAY, SEPTEMBER 13

Carmel-by-the-Sea: Monterey County Communication contacted CPD with a report of suspicious activity on San Carlos south of Ocean at 0110 hours. Three males were reportedly trying to open car doors in a residential area. Three adult males matching the physical descriptions were contacted walking near the reported area. Three males stated they were in the area, but denied touching any cars. All three emptied the contents of their pockets, with no notable findings. Males were field interviewed and released.

Carmel-by-the-Sea: Hotel front desk at Monte Verde and Ocean reported a suspicious woman without ID using a credit card for room purchases. Front desk clerk believed that the

card may have been stolen. Contact was made with the woman, whose identity was confirmed through prior contacts. Card belonged to the woman. Front desk clerks also claimed the woman was responsible for \$186 worth of long-distance phone call charges. Woman disputed the charges. Hotel absorbed the charges but asked woman not to stay at their hotel again.

Carmel-by-the-Sea: Officer responded to a call at a business on Ocean east of San Carlos. Management wanted a subject to be asked to leave the store, and warned that he would be considered trespassing if he returned.

Carmel-by-the-Sea: Fall on city property at Dolores and Second, and the subject was transported to CHOMP.

Pacific Grove: Driver was stopped on Spruce for a vehicle code violation, and was found to be driving with a suspended license.

THURSDAY, SEPTEMBER 14

Carmel-by-the-Sea: Officers dispatched to Camino Real north of 12th for a burglary alarm activation at 0313 hours. Property was brought to the station for safekeeping pending owner pickup. Report is for information only.

Carmel-by-the-Sea: Traffic stop was conducted at Ocean and Mission at 0325 hours for vehicle code violations, and the driver, a 26-year-old intern from San Francisco, was arrested for DUI.

Carmel-by-the-Sea: Traffic collision on Torres north of 10th.

Carmel-by-the-Sea: Wallet was found in the roadway in the area of Santa Fe and Pico.

Carmel-by-the-Sea: Homeowner on Dolores south of Eighth reported finding a burnt aerial lantern on his front porch. It appears the lantern was lit elsewhere and drifted until it fell onto his porch. Homeowner said the lantern did not cause any damage to his home but easily could have due to someone else's negligence. There was no identifying information on the

burnt lantern to identify the owner. Homeowner wanted the incident documented.

Carmel-by-the-Sea: Dog was found at large in the area of Junipero and 12th, and was brought to the station. Owner contacted.

Pacific Grove: Two vehicles were involved in a collision on Forest Avenue. No injuries were reported.

Pacific Grove: A female on 13th Street reported that she was tricked into depositing money into a bank account linked to an unknown individual.

Pacific Grove: Vehicle on David Avenue was vandalized, and personal property was taken.

Pacific Grove: Hit-and-run collision with a parked vehicle on Forest Avenue.

Pacific Grove: A vehicle struck another vehicle which failed to yield before entering an intersection on Gibson.

Pacific Grove: Runaway juvenile, age 15, was refusing to return home.

Pacific Grove: A male entered a business on Lighthouse Avenue, threatened the staff, and then threw a rock at a window, shattering the window.

Pebble Beach: Grandmother on Pioneer Road reported her granddaughter as a runaway after an argument over the granddaughter's behavior.

Pebble Beach: Person on Ocean Pines Lane reported a garage was forcibly entered. Currently, it is unknown if property was taken.

Carmel Valley: A person was reported missing from Schulte Road.

FRIDAY, SEPTEMBER 15

Carmel-by-the-Sea: A found cell phone was turned in and will be held for safekeeping pending owner contact.

Carmel-by-the-Sea: Person lost a watch on the beach and would like to be emailed if the watch is turned in.

Carmel-by-the-Sea: Vehicle was towed for

blocking a driveway at Mission and Fourth.

Carmel-by-the-Sea: Found driver's license at Santa Fe and Fourth.

Pacific Grove: A brown lockbox was found in the parking lot of an address on Forest Avenue. The box was broken open and was no longer functional. Loose marijuana, an unidentified pill bottle, and several syringes were seen inside. The officer was able to retrieve one syringe and most of the loose marijuana. The marijuana was weighed and packaged separately. All items were booked into property for destruction.

Pacific Grove: A female tripped on a crack while walking on a sidewalk on Cedar Street. The female had a cut on her face and was transported to the hospital for evaluation. Photographs were taken and attached to the report.

Pacific Grove: Subject was riding a bicycle and fell on a public roadway on Sunset Drive. Transported to hospital for medical treatment.

Pacific Grove: A female returned to her residence on Laurel Avenue to find the back door open and her dog in her backyard.

Pacific Grove: Report of a theft from the bed of a truck on Lighthouse Avenue. No leads at this time.

Pacific Grove: Subject on Lighthouse Avenue reported his information was used in an arrest out of state.

Carmel area: Carmel wastewater plant employees found intoxicated man sleeping in the office upon arriving to work. The man had attended a wedding the night before and believed the office was his apartment. No prosecution was desired, and the man was taken to his hotel room in Carmel.

Carmel Valley: A report of unwanted text messages was made on Schulte Road.

Carmel area: Male on Cabrillo Street reported his street-side recycle bin was stolen overnight.

Carmel area: A wallet was taken from an

See SHERIFF page 17RE

CARMEL DREAMING?

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Doug McKenzie's Properties



David Allen Smith Masterpiece on Serene Carmel Hillside
4 Beds, 5 Baths ■ \$4,700,000 ■ www.25588Hatton.com



Ocean Views, Approved Plans for Grand Estate
2.41 Acres ■ \$4,300,000 ■ www.1573Riata.com



Conceptual Rendering

New Construction, 1.2 Acres - 2 Lots
4 Beds, 3.5 Baths ■ \$3,900,000 ■ www.3292Martin.com

Great Investment Opportunity at The Santa Lucia Preserve

In the prestigious Santa Lucia Preserve. Beautiful private wooded 5+ acres lot. Golf and ranch club memberships available to complete the Preserve lifestyle.



11 Arroyo Sequoia, The Preserve
5.35 Acres ■ \$495,000 ■ www.DougMcKenzieProperties.com

Recent Sales in Pebble Beach



1109 Portola Lane
SP: \$5.475M, REPRESENTED SELLER



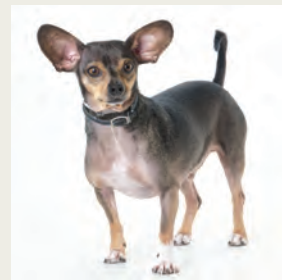
1217 Padre Lane
SP: \$3.75M, REPRESENTED BUYER



78 Spanish Bay Circle
SP: \$3.15M, REPRESENTED BUYER

SPCA

PICK OF THE WEEK
(831) 373-2631



Toby may be little, but he has a huge heart filled with love for you! This cute little 6 year old Chihuahua mix is waiting for you at The SPCA!



DOUG MCKENZIE

Doug@DougMcKenzieProperties.com
831.601.5591 CalBRE #01912189



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“ACROSS THE POND”



Carmel | 2nd Avenue 2SE of Santa Fe | \$1,999,000

Crafted with reclaimed materials from England and France, “Across the Pond” is a beautiful 3br/2ba home in Carmel-by-the-Sea. The exterior is clad with over 15,000 antique bricks, beautifully landscaped English gardens with a Koi pond and driveway that features an 18’ turntable.
Jeannie Fromm 831.277.3371



OPEN SATURDAY 1-3



Carmel | Dolores 7SW of 13th | \$2,295,000

This 4br/4.5ba home sits on an oversized lot in the Golden Rectangle and perfectly pairs imaginative touches with functional space. Upper decks can be enjoyed from each bedroom, and overlook a 400 sq.ft. log cabin in the backyard, complete with bathroom and fireplace.
Gin Weathers, Charlotte Gannaway, Anita Cowen 831.297.2388



OPEN SATURDAY & SUNDAY 12-4



Carmel | Camino Real 3NW of 8th | \$3,250,000

This casual chic Cape Cod style cottage is ideally located on an oversized lot in the heart of the Golden Rectangle. Walls of windows, soaring ceilings, skylights, and French doors throughout. Ground floor master, two fireplaces, intimate patios & a private deck.
Bill Bluhm 831.277.2782



OPEN SATURDAY 12-4



Carmel | 511 Loma Alta Road | \$2,695,000

This custom-built 3+ bedroom, 3.5 bath home is located on a 5 acre parcel with valley views. Energy efficient with a flexible floorplan, quality finishes and custom architectural details. Generous master suite on the main level, gourmet kitchen & lower level flexibility.
Nate Randall 831.869.6117

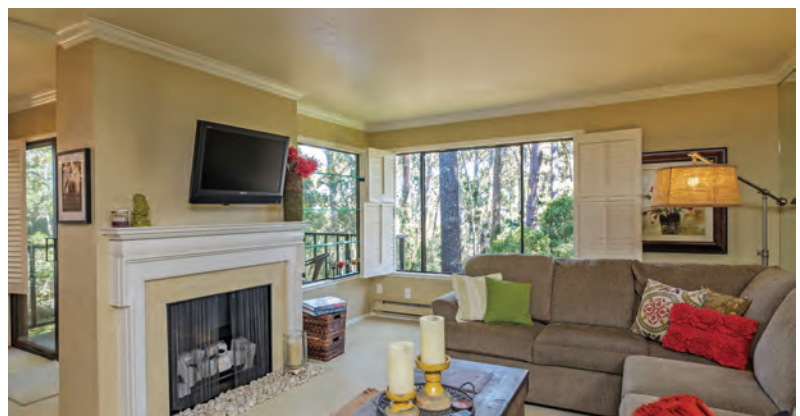


SOLD | \$3,500,000



Pacific Grove | 187 Ocean View Boulevard

This impressive ocean/bay front property was transformed from a historic bungalow into an iconic Arts and Crafts style 3+br/2.5ba, 3,700+ sq.ft. home, integrating many of the original features and materials from 1921. Large laundry/craft room, office and an artist studio. Double Lot.
J.R. Rouse 831.277.3464



PEBBLE BEACH



81 Ocean Pines Lane | \$675,000

This 2br/2ba condominium nestles quietly among the forest trees and offers peeks of the beautiful Monterey Bay. A spacious corner unit, it has been updated and features crown molding, a wet bar, stainless steel appliances, a gas fireplace, and a private deck off the living room.
Mark Trapin 831.601.4934, Robin Anderson 831.601.6271

MONTEREY PENINSULA BROKERAGES | SOTHEBYSHOMES.COM/MONTEREY

CARMEL-BY-THE-SEA 831.624.9700 | CARMEL RANCHO 831.624.9700 | CARMEL VALLEY 831.659.2267 | PACIFIC GROVE 831.372.7700

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915 Madison | \$1,849,000
Kyle Morrison 831.236.8909



PEBBLE BEACH

1285 Padre | \$6,795,000
Mike, Jessica & Nic Canning 831.238.5535



MONTEREY

Monterra Homesite 44 | \$3,500,000
Mike Jashinski 831.236.8913



OPEN SATURDAY 12-3

Monterey | 867 Via Mirada | \$1,775,000
Laura Garcia 831.521.99484



CARMEL

2900 Ribera | \$1,295,000
Scott O'Brien 831.620.2351



OPEN SATURDAY 1-4

Pebble Beach | 1043 Mission | \$1,242,000
J.R. Rouse 831.218.5738



MONTEREY

1420 Manor | \$1,195,000
J.R. Rouse 831.218.5738



OPEN SATURDAY 11-1, SUNDAY 1-3

Pebble Beach | 73 Ocean Pines | \$849,500
Bowhay Gladney Randazzo 831.622.4850



OPEN SATURDAY 10-3

Carmel Valley | 20 Asoleado | \$775,000
Gin Weathers, Charlotte Gannaway 831.594.4752



MONTEREY

788 Lobos | \$678,800
Juliette Ferguson 831.402.3800

MONTEREY PENINSULA BROKERAGES | [SOTHEBYSHOMES.COM/MONTEREY](https://www.sothebyshomes.com/monterey)

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ESCROW

From page 6RE

Carmel Valley (con't.)

205 El Caminito — \$1,075,000
James and Avril Ekstrand to Wayne and Linda Smutz
APN: 187-591-031

31440 Via Las Rosas — \$1,275,000
Mark and Sheri Bentley to Martin and Madeleine Cooper
APN: 197-181-015

6 Ronnoco Road — \$1,950,000
Martin and Mary Schlarman to Cheryl Heyermann
APN: 185-021-030

Highway 68

19300 Creekside Circle — \$449,000
Joseph and Sari Domingues to Christopher and Aaron Callihan
APN: 161-481-022

19220 Creekside Lane — \$482,000
Art Koulakani and Batoul Mohammadi to Alice Bradley
APN: 161-531-020

25528 Paseo Cumbre — \$520,000
Jianjun Shen, Shuhua Wang and Yuan Shen to Carson Braga
APN: 416-132-004



2 Yankee Beach Way, Carmel Highlands — \$2,800,000

25000 Hidden Mesa Court — \$625,000
Gloria Anastasia to Mohsin and Khirzan Shah
APN: 416-196-005

Upper Ragsdale Drive — \$795,000
James and Sandra Oh to Joshua Drais and Elaine Chow
APN: 259-182-006

Monterra Oaks Road — \$1,045,000
Monterra Estate Homes LLC to Yeates Investments
APN: 259-161-012

224 Madera Court — \$1,600,000
James and Sharon Swallow to Barry and Brenda Jones
APN: 173-072-017

Marina

176 Palm Avenue unit 182 — \$3,100,000
Ann Solon to Kenneth and Bradley Slama
APN: 033-161-002

Monterey

250 Forest Ridge Road unit 32 — \$475,000
David Anderson to Mary Fry
APN: 014-141-032

419 Del Rosa Avenue — \$595,000
Joe and Mercedes Abluton to Richard Carey and Janet Eldred
APN: 013-105-027

70 Forest Ridge Road unit 24 — \$595,500
Sharon Adams to Douglas Thurston
APN: 014-151-024

783 Cypress Street — \$950,000
Richard and Roza Felty to Charles Reader
APN: 001-139-034

Pacific Grove

131 19th Street — \$650,000
Cashman Trust to David and Susan Hayward
APN: 006-162-019

See **MORE SALES** next page

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Price Just Reduced

Guadalupe & 3rd | 3 Bed & 2 Bath | \$1,955,000 | SWCorGuadalupe3rdCarmel.com
Beautifully Designed New Construction. Walk to Town.



Price Just Reduced
OPEN HOUSE SUN. 2-4PM

7020 Valley Green #16 | 3 Bed & 2.5 Bath | \$879,000 | QuailLodgeGolfCondo.com
Rarely Available Quail Lodge Golf Home.



BOBBIE EHRENPREIS

Bobbie@CarmelRealtyCompany.com
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H OF THE
OW
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EK



Behind the gated entrance, you will find a beautiful landscaped property surrounding a classic Tuscan Mediterranean home. The main house offers three bedrooms, two baths and a separate entrance to a guest quarters with 1 bed, 1 bath. There is also a lovely 1 bedroom guest house on the property. In all, there is over 3,100 sf of living space on a 1.21 acre parcel. If you like to imagine yourself sitting by the pool in the Tuscan hills of Italy, this is the place for you.

27185 LOS ARBOLES
MID-CARMEL VALLEY
SELL PRICE: \$1,750,000



DAVID CRABBE
831.320.1109

CalBRE# 01306450

Sotheby's
INTERNATIONAL REALTY

dcrabbe@comcast.net

MORE SALES

From previous page

Pacific Grove (con't.)

220 Alder Street — \$783,000

William and Vickie Grant to Barbara Brown
APN: 006-346-004

49 Country Club Gate — \$809,000

Lynn Burgess to Nancy and Stephen Donaldson
APN: 007-673-024

Pebble Beach

4113 El Bosque Drive — \$910,000

Quang Le Vinh and Thi Ta Hong to Matteo Tanzi
APN: 008-062-020

1029 Oxen Trail — \$1,598,000

Rakesh and Love Kumar to Kenneth and Deborah Stevens
APN: 007-322-007

79 Spanish Bay Circle — \$3,150,000

Lynn and Susan McShane to Justin Min and Hannah Yap
APN: 007-092-079

3319 Stevenson Drive — \$10,500,000

Truman and Anita Arnold to J. Clark and Les Benedictions Trust
APN: 008-454-002

Salinas

1050 S. Main Street — \$2,000,000

Bilal Elchaarani to Iron Door Gas Inc.
APN: 002-911-015

1594 Mesquite Drive — \$14,600,000

Builders Alliance for Affordable Housing III LP to
Montecito Salinas AR LP
APN: 153-481-010

Seaside

950 Hamilton Avenue — \$533,500

Tracy and Alicia Hammond and Anthony and Virginia Rettinger
to Domenick and Carolyn Cava
APN: 012-274-007

550 Trinity Avenue — \$599,000

James Darling and Carolyn Miler to
Robert and Melinda Jackson
APN: 011-344-006

1955 Mendocino Street — \$799,000

Susan Watts to Alice Chen
APN: 011-072-006

The Pine Cone prints all Monterey Peninsula real estate sales shown on recorded deeds, and we do not omit sales for any reason. For more on our home sales reporting policy, please go to <http://www.pineconearchive.com/homesalespolicy.html>

Three Fantastic Building Opportunities in Carmel-By-The-Sea



2 Beds, 1 Baths ■ \$1,335,000
www.Lincoln2NW11th.com



4,000 sq. ft. Lot ■ \$1,225,000
www.SanCarlosAnd12th.com



3,920 sq. ft. Lot ■ \$899,000
www.SantaRitaLot.com



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- Very private corner unit with 3 levels to entertain; two-car garage
- Just steps away from CVR's Pete Dye-designed, championship-level golf course, vineyard & minutes from beaches
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- Sunshine, privacy and location Carmel -- move in and play!

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WELCOME *Home*

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SOLD!



CalBRE 01966766



PACIFIC GROVE | 731 SPRUCE AVE | \$1,299,000 | JOHN ROMLEY | 661.808.1894 | JROMLEY@APR.COM

SOLD!



CalBRE 01986620

PEBBLE BEACH | 1082 ORTEGA RD | \$1,569,000 | MICHELLE HAMMONS | 831.915.0653 | MHAMMONS@APR.COM

SOLD!



CalBRE 01452868

PEBBLE BEACH | 79 SPANISH BAY | \$3,200,000 | LYNDA BALLIN | 831.224.2799 | LBALLIN@APR.COM

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OCEAN AVE
NW Corner Dolores
JUNIPERO
Between 5th & 6th



LUXURY
PORTFOLIO
INTERNATIONAL

WELCOME Home

ALAIN PINEL REALTORS CARMEL

OPEN HOUSE | SAT 1-4



PEBBLE BEACH
4 BEDS | 3 BATHS | \$1,695,000



OPEN HOUSE | SUN 1-4

CARMEL
3 BEDS | 3.5 BATHS | \$2,475,000



CARMEL
2 BEDS | 3 BATHS | \$1,349,000



OPEN FRI 1-4, SAT & SUN 10:30-4

PACIFIC GROVE
3 BEDS | 2.5 BATHS | \$1,899,000



MONTEREY
5 BEDS | 4 BATHS | \$1,894,000



CARMEL VALLEY
3 BEDS | 2.5 BATHS | \$1,385,000



CARMEL
3 BEDS | 3 BATHS | \$1,699,000

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OCEAN AVE
NW Corner Dolores
JUNIPERO
Between 5th & 6th

ALAIN PINEL
REALTORS

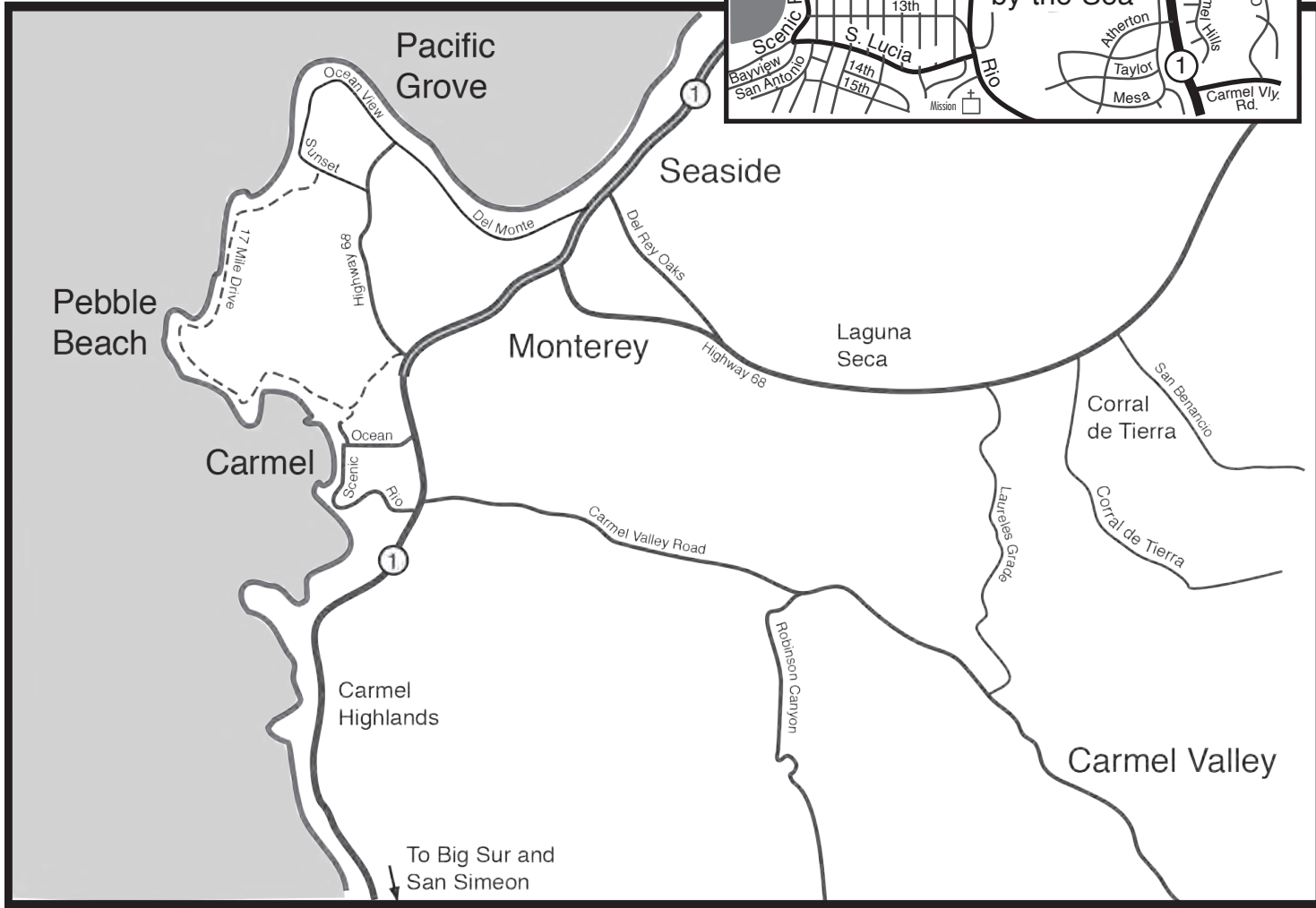
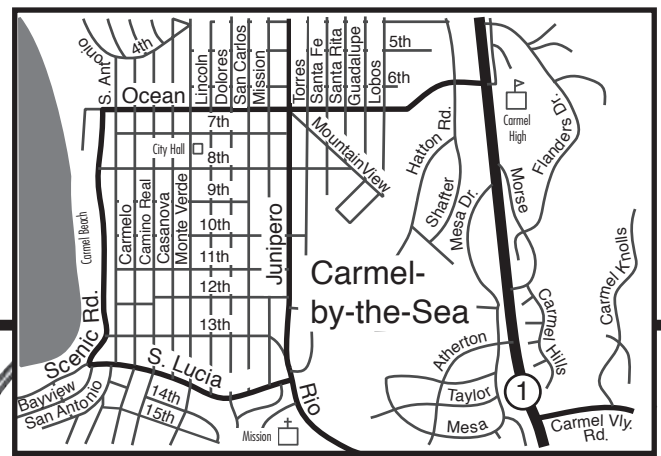
LUXURY
PORTFOLIO
INTERNATIONAL

CARMEL

\$485,000	2bd 2ba	Sa 1-4
215 Hacienda Carmel 215 Carmel Coldwell Banker Del Monte Realty 415-990-9150		
\$504,000	2bd 2ba	Fr 11:30-2
90 Hacienda Carmel Carmel Alain Pinel Realtors 622-1040		
\$665,000	2bd 2ba	Sa 1-4 Su 12-4
4000 Rio Rd #10 Carmel KW Coastal Estates 917-2032 / 601-8424		
\$675,000	2bd 2ba	Su 1-4
211 Del Mesa Carmel Carmel Sotheby's Int'l RE 236-4318		
\$695,000	2bd 2ba	Su 12-2
194 Del Mesa Carmel Carmel KW Coastal Estates 595-2060		
\$699,000	3bd 2.5ba	Sa 1-3
3850 Rio Road #71 Carmel Alain Pinel Realtors 622-1040		
\$705,000	2bd 2ba	Su 2-4
209 Del Mesa Carmel Carmel KW Coastal Estates 595-2060		
\$750,000	3bd 2ba	Su 11-1
7026 Valley Greens Circle #10 Carmel Sotheby's Int'l RE 297-2388		
\$825,000	2bd 2ba	Fri Su 1-3
24686 Handley Drive Carmel Monterey Coast Realty 601-6355		
\$875,000	2bd 2ba	Sa Su 1-4
248 Del Mesa Carmel Carmel Sotheby's Int'l RE 917-2892		
\$875,000	2bd 1ba	Su 1-3
Carpenter 2 SE of 1st Carmel Sotheby's Int'l RE 521-9484		
\$908,000	3bd 2ba	Sa 1-3 Su 1-4
26365 Riverside Place Carmel Sotheby's Int'l RE 521-8045 / 884-6820		
\$995,000	2bd 2ba	Sa 2:30-4:30
277 Del Mesa Carmel Sotheby's Int'l RE 277-1868		
\$1,050,000	3bd 2.5ba	Sa Su 1-3
3583 Oliver Rd Carmel Coldwell Banker Del Monte Realty 277-7700		
\$1,195,000	3bd 2.5ba	Sa Su 1-4
3288 Serra Avenue Carmel Sotheby's Int'l RE 601-2356		

This Weekend's OPEN HOUSES

September 30-October 1



\$1,195,000	3bd 3ba	Sa 12-2
14 La Rancheria Carmel Carmel Realty Company 320-7961		
\$1,199,000	3bd 2ba	Sa 11-1 Su 1-3
2989 Lasuen Dr Carmel Coldwell Banker Del Monte Realty 915-9339 / 626-2222		
\$1,199,000	3bd 2ba	Sa 2-4
24703 Camino Del Monte Carmel Coldwell Banker Del Monte Realty 521-6417		
\$1,250,000	2bd 2ba	Sa 12-2
Santa Fe & 2nd NE Corner Carmel Coldwell Banker Del Monte Realty 620-2117		
\$1,295,000	3bd 3ba	Fr 3-5 Sa 1-4 Su 3-5
24682 Dolores St Carmel KW Coastal Estates 224-9907 / 594-0851		
\$1,295,000	3bd 2ba	Su 1-4
25646 Carmel Knolls Drive Carmel Alain Pinel Realtors 622-1040		
\$1,324,000	4bd 3ba	Sa 2-4 Su 1-4
25995 S Carmel Hills Dr Carmel Coldwell Banker Del Monte Realty 915-9339		

\$1,499,000	3bd 2.5ba	Sa 1-3
126 Cypress Way Carmel Monterey Coast Realty 915-9726		
\$1,599,000	4bd 2.5ba	Sa Su 12-3
25000 Pine Hills Drive Carmel Coldwell Banker Del Monte Realty 238-7420		
\$1,640,000	3bd 3ba	Fr 12-3 Sa Su 1-4
26020 Rio Vista Dr Carmel Coldwell Banker Del Monte Realty 619-518-2755 / 998-0278		
\$1,649,000	5bd 3.5ba	Su 1:30-4
25315 Arriba Del Mundo Drive Carmel Alain Pinel Realtors 622-1040		
\$1,695,000	2bd 2ba	Sa 2-4
8003 River Place Carmel Carmel Realty Company 595-4999		
\$1,795,000	3bd 2ba	Sa 1-3
Torres 3 NE of 4th Avenue Carmel Carmel Realty Company 809-6208		

\$2,295,000	3bd 2ba	Sa 2-4 Su 12-2
Forest 3 SW of Ocean Carmel Coldwell Banker Del Monte Realty 345-1741 / 277-4214		
\$2,475,000	3bd 3.5ba	Su 1-4
Crespi 6 SE of Mountain View Carmel Alain Pinel Realtors 622-1040		
\$2,595,000	3bd 3ba	Su 1-4
26339 Valley View Ave Carmel Coldwell Banker Del Monte Realty 415-990-9150		
\$2,695,000	3bd 3.5ba	Sa 12-4
511 Loma Alta Road Carmel Sotheby's Int'l RE 869-6117		
\$2,695,000	3bd 3ba	Su 11:30-1:30
Dolores, SE Of Vista St Carmel David Lyng Real Estate 915-9710		
\$2,895,000	4bd 3ba	Sa 2-4
3311 San Luis Ave Carmel Coldwell Banker Del Monte Realty 626-2222		
\$2,975,000	4bd 4ba	Su 2-4
3407 7th Ave Carmel Coldwell Banker Del Monte Realty 626-2222		
\$2,995,000	2bd 2.5ba	Sa 2-5 Su 11-3
San Antonio 2 NE of 4th Carmel Alain Pinel Realtors 622-1040		
\$3,250,000	4bd 3ba	Sa Su 12-4
Camino Real 3 NW of 8th Street Carmel Sotheby's Int'l RE 236-4513		
\$3,595,000	3bd 2ba	Sa 12-2 Su 2-4
2508 16th Ave Carmel Coldwell Banker Del Monte Realty 915-7256 / 345-1741		
\$3,795,000	3bd 2ba	Su 1-3
2530 San Antonio Avenue Carmel Carmel Realty Company 574-0260		
\$4,395,000	3bd 3.5ba	Sa 1:30-4 Su 1-3
Camino Real 2 NW 8th Ave Carmel Coldwell Banker Del Monte Realty 241-4409 / 747-0310		
\$5,350,000	4bd 3.5ba	Sa 12-2
26026 Ridgewood Road Carmel Teles Properties 915-8833		
\$5,395,000	4bd 3.5ba	Su 2-4
26247 Inspiration Avenue Carmel Teles Properties 915-4555		
\$6,995,000	4bd 4ba	Sa Su 2-4
2848 Santa Lucia Avenue Carmel Sotheby's Int'l RE 241-4458 / 521-7363		

\$1,179,000	4bd 2ba	Sa 11-2 Su 1-4
21 Via Contenta Carmel Valley Sotheby's Int'l RE 620-2351 / 293-4190		
\$1,375,000	2bd 2.5ba	Sa Su 1-4
9 Story Road Carmel Valley Sotheby's Int'l RE 236-8571		
\$1,989,000	4bd 3.5ba	Sa 12-2
1 Live Oak Lane Carmel Valley Monterey Coast Realty 595-0676		

CORRALITOS		
\$1,395,000	4bd 3ba	Su 1-4
709 Falcon View Terr Corralitos David Lyng Real Estate 419-5236		
MARINA		
\$447,752	2bd 1ba	Sa 10-12
3137 Crescent Ave Marina Coldwell Banker Del Monte Realty 238-5793		
\$499,000	3bd 2ba	Sa 1-3
250 Modern Ln Marina KW Coastal Estates 236-6730		
\$525,000	3bd 2ba	Sa 1-4
362 Reindollar Avenue Marina Teles Properties 594-5448		
\$625,000	3bd 2ba	Fr 3-6 Sa Su 1-4
125 Brookside Place Marina Sotheby's Int'l RE 293-4190 / 601-2200		
\$637,000	3bd 2ba	Sa 2-4
13438 Warren Ave Marina Alain Pinel Realtors 622-1040		
\$669,000	3bd 2ba	Sa 1-4
18019 McDowell Street Marina Alain Pinel Realtors 622-1040		

MONTEREY		
\$559,000	3bd 2.5ba	Su 1-4
19 Montsalas Dr Monterey Sotheby's Int'l RE 905-2842		
\$597,500	3bd 2ba	Sa 12-2
415 Palo Verde Avenue Monterey Sotheby's Int'l RE 521-0231		
\$748,500	3bd 2ba	Sa 1-4
1740 Prescott Ave Monterey Coldwell Banker Del Monte Realty 594-5939		
\$749,000	3bd 2ba	Sa 1-4 Su 12-2
21 Skyline Crest Monterey KW Coastal Estates 594-0851 / 628-1737		
\$775,000	1bd 1ba	Sa 2-4 Su 1-3
125 Surf Way #402 Monterey KW Coastal Estates 595-2060 / 915-5585		
\$810,000	3bd 2ba	Sa 11-2
1122 Josselyn Canyon Monterey Sotheby's Int'l RE 521-8508		
\$888,000	3bd 2ba	Sa 1-3
1120 Alameda Ave Monterey The Jones Group 717-7553		
\$945,000	3bd 2ba	Sa Su 11-2
72 Via Del Rey Monterey Sotheby's Int'l RE 238-8116		
\$999,000	4bd 2ba	Su 12-2
566 David Ave Monterey KW Coastal Estates 601-5800		
\$1,239,000	3bd 2ba	Su 1-4
51 Cuesta Vista Dr Monterey Coldwell Banker Del Monte Realty 594-5939		
\$1,250,000	3bd 2ba	Sa 1-3
140 Beach Way Monterey KW Coastal Estates 596-6141		
\$1,285,000	3bd 2.5ba	Sa 1-3
1152 Sylvan Rd Monterey Coldwell Banker Del Monte Realty 238-9080		

CARMEL HIGHLANDS		
\$2,795,000	4bd 3ba	Su 2-4
115 Pine Way Carmel Highlands Bliss by the Sea RE 601-9999		
\$3,150,000	4bd 4.5ba	Sa Su 1-3
153 San Remo Carmel Highlands Coldwell Banker Del Monte Realty 277-2536 / 277-5936		
\$3,295,000	4bd 3ba	Sa 11-1 Su 1:30-4
112A Yankee Point Dr #A Carmel Highlands Coldwell Banker Del Monte Realty 747-0310 / 241-4409		
\$5,495,000	3bd 3.5ba	Su 1-3:30
56 Yankee Point Carmel Highlands David Lyng Real Estate 277-0640		
\$9,500,000	4bd 4.5ba	Su 1-4
176 Spindrift Carmel Highlands Sotheby's Int'l RE 238-6152		

CARMEL VALLEY		
\$775,000	3bd 3ba	Sa 10-3
20 Asoleado Drive Carmel Valley Sotheby's Int'l RE 747-7880		
\$879,000	3bd 2.5ba	Su 2-4
7020 Valley Greens Drive #16 Carmel Valley Carmel Realty Company 915-8010		
\$930,000	3bd 2ba	Sa 1-3
41 Lilac Lane Carmel Valley Sotheby's Int'l RE 238-1893		
\$1,175,000	4bd 3ba	Su 1-4
532 Country Club Drive Carmel Valley Sotheby's Int'l RE 277-3371		

"Mark Peterson is by far the best full service realtor we have ever had. Five stars from beginning to end! He listened to all our concerns and solved issues or found out information before we even thought about it. He knows this area very well and we were confident in him every step of the way."
-Karen & Mike Turnlund, purchased in Pebble Beach



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Mark Peterson
2016 C.A.R. Award Winner

MONTEREY COAST REALTY

831.238.1380 CalBRE #01871297
PetersonCoastalProperties.com

LUXURY REAL ESTATE

\$1,335,000	2bd 1ba	Su 2-4
Lincoln 2 NW of 11th Avenue Carmel Carmel Realty Company 521-0133		
\$1,349,000	4bd 3ba	Sa 1-3
24700 Camino Del Monte Carmel Coldwell Banker Del Monte Realty 601-9559		
\$1,349,000	2bd 2ba	Su 1-3
3466 Trevis Way Carmel Alain Pinel Realtors 622-1040		
\$1,450,000	4bd 4ba	Sa Su 1-4
Mission 4 SW of 7th St Carmel Coldwell Banker Del Monte Realty 626-2222		
\$1,475,000	3bd 2ba	Sa 1-3
Santa Fe, NE Cor of 4th Ave Carmel Sotheby's Int'l RE 920-7868		
\$1,499,000	4bd 3ba	Sa 2-4
25470 Rio Vista Drive Carmel Teles Properties 915-4555		

\$1,895,000	3bd 2.5ba	Sa 1-3:30 Su 1-4
Mission 2 NE of 9th Street Carmel Carmel Realty Company 574-0260 / 241-2600		
\$1,995,000	4bd 3ba	Sa Su 1-3
Casanova 5 SE of 13th Carmel Coldwell Banker Del Monte Realty 905-2902		
\$1,999,000	4bd 4ba	Fr Su 2-4
24673 Upper Trail Carmel Alain Pinel Realtors 622-1040		
\$2,099,000	3bd 3ba	Sa 1-4
2696 Santa Lucia Carmel Carmel Realty Company 402-2076		
\$2,295,000	4bd 4.5ba	Sa 1-3
Dolores 7 SW of 13th Carmel Sotheby's Int'l RE 594-4752		
\$2,295,000	3bd 2+ba	Sa 2-4 Su 1-3
2953 Cuesta Way Carmel Coldwell Banker Del Monte Realty 626-2222		

SHERIFF

From page 8RE

unlocked car on Carmel Hills Drive overnight. A credit card from the wallet was used in the Marina area.

Carmel area: Person reported witnessing a female adult attempt suicide.

Carmel area: An attempt to locate a juvenile on Alta Avenue related to a case out of Orange County was made. Deputy was unable to locate the juvenile at the address provided.

Carmel area: Citizen on Ocean Avenue reported an unknown person damaged the windshield to her vehicle.

SATURDAY, SEPTEMBER 16

Carmel-by-the-Sea: A male came to the police station asking questions about a court-ordered child custody agreement.

Carmel-by-the-Sea: Adult female, a 34-year-old transient, was arrested on Junipero north of Ocean for assault, disturbing the peace, public intoxication, resisting arrest and probation violation. The female subject was transported to county jail.

Carmel-by-the-Sea: Wallet was lost this morning at the beach at around 0800 hours.

Carmel-by-the-Sea: Person lost a Colorado driver's license in the business district.

Carmel-by-the-Sea: Officer observed a dog off leash that appeared to be unattended at Scenic and 11th. The officer leashed the dog, and the owner approached and advised it was his dog. The leash ordinance was discussed, and a warning was given.

Pacific Grove: A vehicle struck another vehicle while parking the wrong way on a one-way street on 19th Street.

Carmel Valley: A male on Sundance Lane reported attempted check fraud. No suspect information.

SUNDAY, SEPTEMBER 17

Carmel-by-the-Sea: A driver's license was found on Scenic north of Eighth and returned back to its rightful owner.

Pacific Grove: A 27-year-old male was contacted on Ocean View Boulevard at 0016 hours for

a muni code violation, and H&S [drugs] located.

Pacific Grove: The rear passenger-side window of a vehicle parked on David Avenue was smashed during a vehicle burglary. Several personal items were taken from inside of the vehicle.

Pacific Grove: Rear windshield of a vehicle on Eardley Avenue was smashed during a burglary. Several personal items were taken from inside. No suspect information.

Pacific Grove: Responded to a verbal peace disturbance on 19th Street and found a subject, a 34-year-old male, to have warrants.

Carmel area: A note was left on a vehicle on Pradera Road.

Carmel Valley: A female on Center Street reported a theft.

MONDAY, SEPTEMBER 18

Carmel-by-the-Sea: A driver's license was found in the business district at Ocean and San Carlos, and was turned over to the police department for safekeeping.

Carmel-by-the-Sea: Person found a driver's license on the beach, and turned it in to the police department for safekeeping.

Carmel area: A male reported that one of the residences he managed on Valley View Avenue was broken into.

Carmel area: Report of a burglary on Highway 1.

TUESDAY, SEPTEMBER 19

Carmel-by-the-Sea: A driver's license was found and turned in for safekeeping. Owner was contacted, and the driver's license was returned to its rightful owner.

Carmel-by-the-Sea: Adult female reported a theft from her vehicle while it was parked in the unsecured lot of the towing company at Junipero and Fourth. Two pairs of sunglasses were taken. Towing company employee left the vehicle unlocked after storing the vehicle. No witnesses or suspects. Awaiting surveillance camera footage. Investigation continues.

Carmel-by-the-Sea: A wanted man at Hutton and Seventh led officers on a 2.8-mile pursuit. He was captured and booked into county jail. The 43-year-old male transient had outstanding warrants for disorderly conduct/drunken in public (\$10,000), hit-and-run causing injury or death (\$50,000), and obstruction (\$25,000).

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From page 16RE

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\$1,570,000 4bd 2ba **Su 2-4**
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KW Coastal Estates

\$1,695,000 3bd 2ba **Sa 10-3 Su 12-4**
106 Tide Avenue Monterey 917-1631 / 530-518-0911
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\$3,750,000 4bd 4+ba **Sa 1-4**
7635 Mills Road Monterey 241-2600
Carmel Realty Company

\$17,750,000 5bd 3.5ba **Sa 12-3**
867 Via Mirada Monterey 521-9484
Sotheby's Int'l RE

MONTEREY/SALINAS HWY

\$815,000 2bd 2ba **Sa 12-2**
36 Paseo Hermoso Mtry Slns Hwy 277-1868
Sotheby's Int'l RE

\$849,000 4bd 2ba **Sa Su 1-4**
68 Harper Canyon Road Mtry Slns Hwy 601-9071
Sotheby's Int'l RE

\$1,399,000 5bd 5.5ba **Sa 12-2**
22522 Indian Springs Road Mtry Slns Hwy 262-8058
Sotheby's Int'l RE

MOSS LANDING

\$998,000 3bd 3ba **Su 1-4**
214 Monterey Dunes Moss Landing 345-0503
David Lyng Real Estate

\$1,000,000 2bd 2ba **Sa 1-4**
190 Monterey Dunes Way Moss Landing 566-0038
David Lyng Real Estate

PACIFIC GROVE

\$635,000 3bd 2.5ba **Sa Su 1-3**
603 Acorn Ct Pacific Grove 915-4093 / 601-3230
Coldwell Banker Del Monte Realty

\$749,000 3bd 1.5ba **Sa 2-4**
729 Rosemont Pacific Grove 915-9710
David Lyng Real Estate

\$750,000 3bd 2ba **Fr 1-4 Sa 10-1 Su 2-4**
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Sotheby's Int'l RE

\$949,000 3bd 1ba **Sa Su 2-4**
507 13th Street Pacific Grove 884-6820 / 224-6441
Sotheby's Int'l RE

\$1,069,000 2bd 2ba **Su 1-4**
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\$1,147,500 3bd 2ba **Fr 1-4 Sa 1-3 Su 1-4**
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\$1,197,000 3bd 2ba **Sa Su 1-3**
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\$1,825,000 4bd 2ba **Sa Su 1-4**
373 Junipero Ave Pacific Grove 915-1185 / 717-7555
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\$1,899,000 3bd 2.5ba **Fr 1-4 Sa Su 10:30-4**
117 17th St Pacific Grove 622-1040
Alain Pinel Realtors

\$2,245,000 6bd 3ba **Sa 2-4**
247 Pine Ave Pacific Grove 915-8217
Sotheby's Int'l RE

\$2,495,000 6bd 6ba **Su 2-4**
230 6th Street Pacific Grove 915-9710
David Lyng Real Estate

\$2,595,000 3bd 2ba **Sa Su 2-4**
50 Beach St Pacific Grove 214-0105
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PASADERA

\$787,000 5bd 4.5ba **Su 1-3**
208 Madera Ct Pasadera 915-1004
KW Coastal Estates



\$1,475,000 4bd 4.5ba **Su 1-4**
101 Mirasol Court Pasadera 236-8913
Sotheby's Int'l RE

\$1,528,000 3bd 3.5ba **Su 2-4**
127 Las Brisas Pasadera 236-7976
The Jacobs Team

\$1,690,000 3bd 2.5ba **Su 1-3**
100 Las Brisas Pasadera 238-4075
KW Coastal Estates

\$2,588,000 5bd 5.5ba **Su 2-4**
610 Belavida Rd Pasadera 236-7976
The Jacobs Team

PEBBLE BEACH

\$849,500 3bd 3ba **Sa 11-1 Su 1-3**
73 Ocean Pines Lane Pebble Beach 238-3444 / 214-2250
Sotheby's Int'l RE

\$899,000 3bd 3ba **Sa 12-3 Su 1-4**
4029 Costado Rd Pebble Beach 521-7999 / 594-5523
KW Coastal Estates

\$975,000 4bd 3ba **Sa Su 1-3**
4095 Crest Road Pebble Beach
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\$1,150,000 3bd 2ba **Sa 11-3 Su 1-4**
1074 Mission Road Pebble Beach 682-0126 / 595-0797
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\$1,195,000 3bd 2ba **Sa Su 11-3**
3005 Sloat Rd Pebble Beach 236-5545 / 236-6876
KW Coastal Estates

\$1,242,000 3bd 3ba **Sa 1-4**
1043 Mission Road Pebble Beach 277-3464
Sotheby's Int'l RE

\$1,249,000 3bd 2ba **Su 1-3**
2927 Colton Rd Pebble Beach 915-4093
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\$1,295,000 4bd 3ba **Sa 1-3**
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\$2,128,000 3bd 2ba **Sa 1-4**
2955 Lake Road Pebble Beach 236-4318
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\$2,398,857 4bd 4ba **Sa 1-4 Su 1-3**
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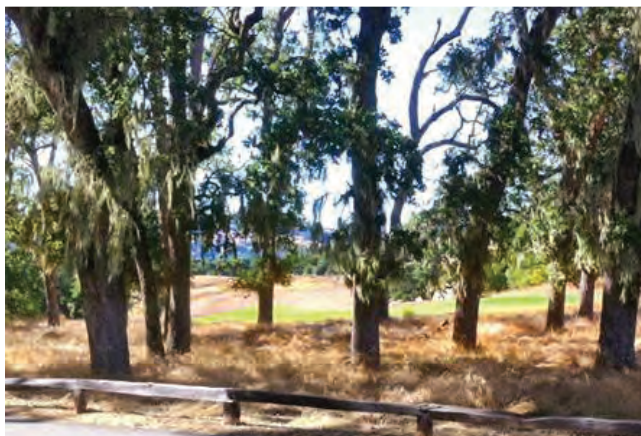
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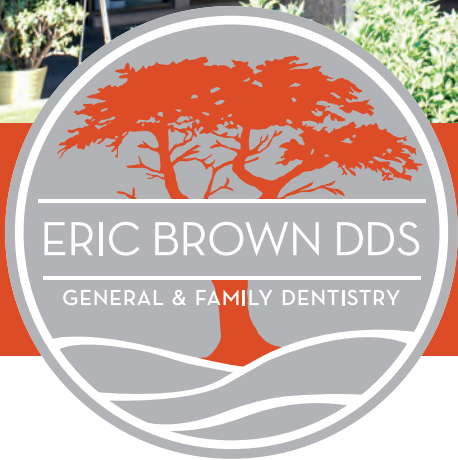
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ON THE COVERBarbara and Chuck Sedelmeyer
visit the Carmel Foundation

Photo: Michael Troutman, DMT Imaging

EDITOR'S NOTE



Welcome...

‘Choose your hard’

That’s a saying in a weight-loss group I belong to. It speaks to the fact that while shedding pounds isn’t easy, neither is being overweight.

Psychologists support that thought. They point out that we don’t tend to change until staying the way we are is more painful than doing something differently.

Well, that’s what this issue is all about. It’s about taking control of life before life takes control of you. That might mean learning when those lost words and confusing moments are more than a sign of normal aging, and might instead be symptoms of Alzheimer’s Disease that you need to bring to your doctor’s attention.

Or maybe you need to think about whether it’s time to look into moving to a senior community or assisted living. If the person who needs to move is a loved one, we’ve got some thoughts on how to nudge the stubbornest of homesteaders to at least consider taking the plunge.

We’ll also explain how palliative care can ease the pain and stress of chronic illness, and look at documents that help you make life-or-death decisions before they’re truly life-or-death.

Local independent drugstores have been both dying and thriving — and we’ll look at how they can help you manage your meds. We’ll also give tips to keep you behind the wheel safely, longer; and ideas on planning a vacation that suits your physical abilities. If it’s supertime, you can tuck into some sand dabs with a recipe straight from a favorite P.G. Early Bird menu.

Finally, we’ll help you determine if you’re officially a grumpy old man or woman.

As always, I thank you for reading Healthy Lifestyles.

Kind regards,

Elaine Hesser
Editor



Laser Cataract Surgery from the Local Expert

PUT YOUR TRUST in the Doctor who is the local expert in Laser Cataract Surgery. **Dr. Philip Penrose** offers his patients customized, highly effective treatments. For many of his cataract patients, Dr. Penrose recommends cataract surgery with premium intraocular lenses (IOLs). When patients have their clouded natural lenses replaced with premium IOLs, they usually appreciate

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PLANNING A SPECIAL VACATION?



Know your *limits* and work with an expert.

By **ELAINE HESSER**

YOUR KIDS have been talking about their epic African safari or fantasy tour through the canals of Venice.

You glance at your cane, or bottles of prescriptions, or maybe you just remember how tired you were after the last family excursion to Disneyland and you wonder: "Can I still see some of these spots?"

The answer is a qualified "yes." Healthy Lifestyles talked to longtime travel agents Joe Shamas at Pacific Grove Travel and Dan Presser at Four

Winds in Carmel Rancho to get the full story. It turns out there's a lot to consider.

First, not every trip is for everyone, but cruises are always a good way to travel, especially if age or medical conditions have limited your ability to get around easily. Presser added that river cruises can be a great way to tour less-developed regions, where navigating on land can prove difficult.

Shamas said when booking a cruise, it's a good idea to ask whether shore excursions are "tendered," meaning that to get to and from terra firma, you take a small boat instead of simply walking off the ship.

Boarding and then stepping off of a bobbing boat, especially in rough waters, can be challenging for some folks, Shamas said. He and Presser noted that the cobblestone streets that are prevalent in some cities can be uneven and tough to walk around on, too.

And, strange as it may seem, other countries don't have the Americans with Disabilities Act to make access to every imaginable attraction easier.

So, does that mean your options are limited to rivers and the high seas with large ports? Of course not. It does mean you should get some sound advice before



Joe Shamas and friend



Some forms of transportation are ornery.

you book a trip to an unfamiliar spot, though. That's true both abroad and here in the good old U.S. of A.

For example, you might be surprised to learn that without proper planning, a domestic train trip can involve a fair number of stairs. Amtrak's Superliners are double-deckers, and all the bathrooms in coach are on the lower floor, as is the snack bar in the observation car. If you have trouble navigating stairs at home, just try it on a moving train!

Happily, if you know this is going to be a problem, you can ask to be seated on the lower level of the train or — better yet — spring for a sleeping compartment with a bathroom nearby (they're on both levels in the sleeper cars). Even if the trip isn't overnight, you'll enjoy the additional space and privacy.

It won't completely eliminate the need to climb stairs, but it can limit it significantly. If you ask, the nice folks in the dining car or your car's designated attendant will even bring your meals to you, wherever you're seated.

Another concern, particularly for older travelers, is medical care. As Presser — fresh from a trip to Mongolia — pointed out, if you're injured in a remote area, you may have to be airlifted out at your own expense. Also, the quality of healthcare varies wildly outside of the U.S.

Shammas said he encourages his clients to purchase trip insurance, precisely for this reason.



'Cruises are always a good way to travel'

The insurance covers much more than cancellations before you leave on your trip, he said. It includes emergency numbers you can call if you find yourself in a hospital in another country, and as much as \$25,000 to help cover your expenses. The people on the other end of the phone will work to help you get good medical care and get you home safely. Premiums depend on the cost of your trip and your age.

The pace of travel is another factor to consider. Shammas suggested that if you're booking a tour, it's less tiring if you pick one that stops for two or three nights in each city and gives you a little time to relax, as opposed to one where you're constantly on the go and have to pack and unpack every day.

If you have dietary restrictions, ask about them in advance. On a cruise, there's a wide variety of food available and the staff is usually well-versed in dealing with passengers' sensitivities. However, if you're traveling solo or with a tour group, it can be a lot trickier to get that gluten-free dinner — especially if there's a language barrier.

Prescriptions should be filled in quantities adequate for the trip plus possible delays, and kept in carry-on baggage. Presser said over-the-counter medications

you use frequently should also be in your purse or backpack. He recommended stashing sunscreen in your checked luggage if you're not sure if you can buy it where you're headed, too. Evidently, not everyone's as worried about skin cancer as we are.

Be aware that in some third-world countries, you can't rely on refrigeration being readily available, so if your prescriptions need to be kept cold, make sure that can be done reliably.

Presser said it's important to be aware of temperature extremes and altitude adjustments. And, not to be indelicate, if you're going to need frequent bathroom stops, make sure you're not booked on an hours-long jeep safari through the wilderness. Ditto if sitting for long periods of time — or riding without shock absorbers — is hard on you.

Depending on where you're going, you might want to ask about sleeping arrangements and mattresses, especially if you need a particular level of firmness to be comfortable.

To sum up: Know your limits. Planning ahead, asking the right questions and even consulting with your doctor before you travel, can ensure your adventures are safe and fun. 🌊

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A short history of Alzheimer's disease

(because relatively speaking, that's all there is)

By **ELAINE HESSER**

WITH AS much attention as is paid to Alzheimer's disease, you might imagine there are plenty of innovative, new treatments available to those who have it. You'd be wrong.

The disease is the most common type of dementia, which, in turn, is defined by the Alzheimer's Association as "a decline in mental ability severe enough to interfere with daily life." Dementia can take several forms, and it's possible to have more than one kind, which is called having mixed dementia.

Dementia can also have many causes, including traumatic brain injury, stroke, Parkinson's disease, or even thyroid problems or vitamin deficiencies. Some forms are reversible and some, like Alzheimer's, are progressive, meaning they get steadily worse.

Dr. Alejandro Centurion, a neurologist with offices in the Clock Tower Building at the mouth of Carmel Valley, said that doctors have been using the same four or five medications for the past 20 years.

A quick check with the Alzheimer's Association revealed the reason. The disease — unlike, say, muscular dystrophy or multiple sclerosis, which have been

known to doctors since the 1800s — was first diagnosed in 1906. And back then, there were no electron microscopes or high-tech scanners to study the brain and its cells.

According to the association, "Ninety percent of what we know about Alzheimer's has been discovered in the last 20 years."

It became more well-known when former President Ronald Reagan publicly announced he had the disease, as did Rita Hayworth, Charlton Heston and Glenn Campbell.

It's being diagnosed much more frequently now, said Dr. Shehab Saddy, whose Geriatric Medical Center offices are located in Ryan Ranch. He said that's mainly because, "We're living longer. It's a disease of elderly people."

Alzheimer's can only be definitively confirmed by examining the brain during an autopsy, although Centurion and Saddy said the diagnostic criteria now make it possible to identify it with great certainty while the person is still living. (For information on the signs and symptoms of Alzheimer's, see page 16).

It's not that no research and development of new treatments is being done. According to Centurion, there are about 75 new drugs being tested, but there's no telling when any of them will come out.



Dr. Shehab Saddy

“One thing they’re focusing more on now is to try to develop drugs that get rid of the plaques that form in the brain,” Centurion continued. The plaques to which he’s referring are a signature of the disease — they’re clumps of a protein called beta-amyloid that build up between brain cells.

Another protein, called tau, creates tangles of fibers within the brain cells. Although both proteins can also occur in people who don’t have Alzheimer’s, they are not as dense or in the specific pattern that characterizes the disease. They disrupt the brain cells’ function and ultimately cause their destruction.

Centurion said that using drugs that destroy the plaques in the early-to-moderate stages of Alzheimer’s “may show some promise.” Saddy noted that so far, some of them had detrimental side effects, including meningitis and encephalitis, and Centurion added the caveat that getting rid of the plaques doesn’t always reverse the disease.

Both doctors believe taking steps to prevent the disease — or at least delay its onset — is possible. Known risk factors include high blood pressure, diabetes, high cholesterol, and poor sleep.

Centurion said that eating a Mediterranean-type diet — one abundant in fruits, vegetables, fish, poultry and olive oil — is recommended, along with a combination of heart-healthy exercise and strength and balance training. Eating blueberries regularly may also help, and if you don’t eat fish twice a week, a fish oil supplement might be a good idea.

Saddy noted that simply walking 40-50 minutes a day, five days a week, can delay the disease’s onset by as much as five years. He said staying mentally active with social activities, hobbies and reading also helps.

As for other types of supplements, like the trendy and ubiquitous turmeric, or coconut oil, Centurion said, “It gets controversial. Where there are studies, they’re either very small or done on rats.”

One of the most insidious things about Alzheimer’s is that the plaques begin developing 10 to 20 years before a person is diagnosed. Centurion said that in some cas-



Dr. Alejandro Centurion, a gerontologist, said that doctors have been using the same medications to treat Alzheimer’s for the past 20 years.

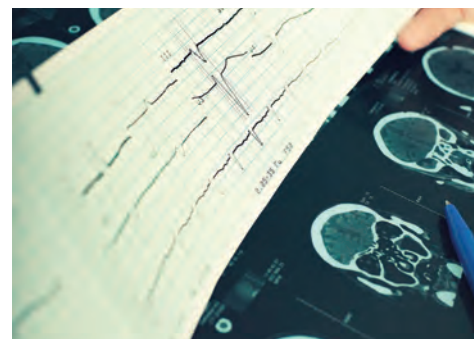
es, one of the best things to do may be to start treating people who are at risk due to hereditary factors, before symptoms appear.

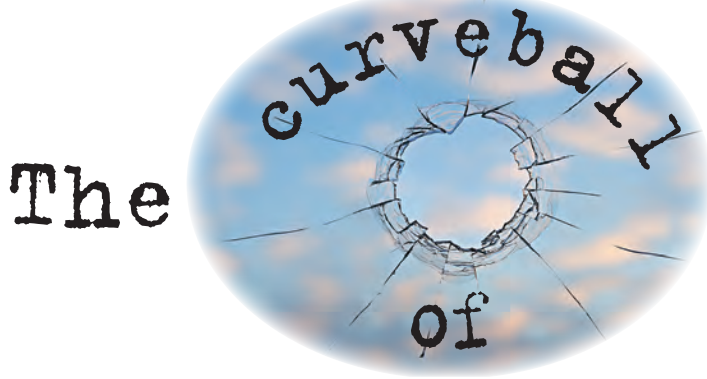
However, many scientists and medical professionals currently don’t recommend routine genetic testing for the disease, believing that knowledge may cause unnecessary anxiety in their patients.

Saddy disagrees with that, saying he believes that it’s better for people to know, and most of his patients want to know. “In my experience, it doesn’t create anxiety, and patients can be more pro-active.” He did, however, note that genetic testing is only relevant for a small percentage of patients who are at risk for early onset Alzheimer’s, which can strike people in their 30s or 40s.

He also said that the sooner the disease is diagnosed, the better. His patients are all at least 65 years old, so he administers a neuropsychological test when they first come to him. He makes sure patients know that when they start to have mild cognitive impairment, which means things like not finding words easily, and not having them come to mind soon after, they need to let him know.

Both doctors were hopeful that the future would hold new and better treatments, and ways to prevent the disease in the first place. ☞





curmudgeonry



By ELAINE HESSER

I REALLY believed that middle age had begun to mellow me out. I'd stopped yelling at the television during the news and even quit muttering under my breath about fake "service dogs" running amok in coffee shops. Waiting in lines rarely fazed me anymore.

Overall, I was pretty calm.



But I've had to face the fact that I've started to round the curmudgeon curve. That's the point in aging when you go from "look at the cute kids" to "get the hell off my lawn." In my defense, it took eight years of slow torture to make it happen.

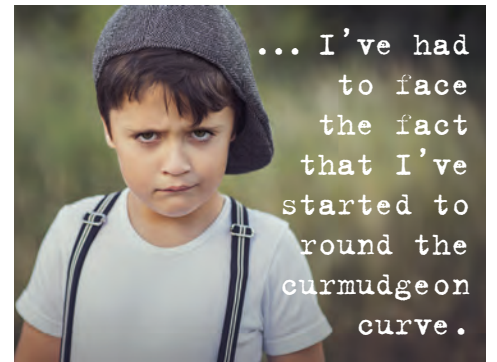
I live in a first-floor condominium, which is next to the biggest patch of open grass in the complex, and which is also about 30 yards from the family pool. That's as opposed to the adult lap pool, which you have to be at least 17 to use, and which is blissfully quiet.

This means most of the playing done by the urchins — er, tykes — who live in the complex is either in the pool, or next to the windows of the rooms where I sometimes like to sit and write. Or have supper. Or lie down and sleep.

You might inquire as to how the reality of this situation eluded me before I moved in. Simple. Fog and cold kept pool attendance to a minimum during my visits, and some of the little brats — um, youngsters — just didn't live there yet.

The realtor may or may not have sent an advance party to remove any evidence, like the gum I began stepping in soon after unpacking, too.

My neighbor, who hasn't started 'round the bend yet, claimed to like the "happy noises of laughter and joy," or, as I liked to call them, "cackling and shrieking."



And there's one thing they did I would hate most of all.

They brought out the balls. A baseball, a softball, a soccer ball, a football ... those BALLS, BALLS, BALLS, BALLS, BALLS!!!

Sorry.

What, you may wonder, was my objection to the recreational spheroids? They were hurled about — hurled, I tell you — right past three of my windows and, with annoying frequency, over the 10-foot wall of

LIGHTER continued on page 33



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Alzheimer's Disease: Ten signs and symptoms

This list, from The Alzheimer's Association can help distinguish signs and symptoms of Alzheimer's Disease from typical, age-related changes.

MEMORY LOSS THAT DISRUPTS DAILY LIFE • One of the most common signs of Alzheimer's disease, especially in the early stage, is forgetting recently learned information. Others include forgetting important dates or events, asking for the same information over and over, and increasingly needing to rely on memory aids (e.g., reminder notes or electronic devices) or family members for things they used to handle on their own.

What's a typical age-related change?

Sometimes forgetting names or appointments, but remembering them later.

CHALLENGES IN PLANNING OR SOLVING PROBLEMS

• Some people may experience changes in their ability to develop and follow a plan or work with numbers. They may have trouble following a familiar recipe or keeping track of monthly bills. They may have difficulty concentrating and take much longer to do things than they did before.

What's a typical age-related change?

Making occasional errors when balancing a checkbook.

DIFFICULTY COMPLETING FAMILIAR TASKS AT HOME, AT WORK OR AT LEISURE • People with Alzheimer's disease often find it hard to complete daily tasks. Sometimes they may have trouble driving to a familiar location, managing a budget at work or remembering the rules of a favorite game.

What's a typical age-related change?

Occasionally needing help to use the settings on a microwave or to record a television show.

CONFUSION WITH TIME OR PLACE • People with Alzheimer's can lose track of dates, seasons and the passage of time. They may have trouble understanding something if it is not happening immediately. Sometimes they may forget where they are or how they got there.

What's a typical age-related change?

Getting confused about the day of the week but figuring it out later.

TROUBLE UNDERSTANDING VISUAL IMAGES AND SPATIAL RELATIONSHIPS • For some people, having vision problems is a sign of Alzheimer's. They may have difficulty reading, judging distance and determining color or contrast, which may cause problems with driving.

What's a typical age-related change?

Vision changes related to cataracts.

NEW PROBLEMS WITH WORDS IN SPEAKING OR WRITING

• People with Alzheimer's disease may have trouble following or joining a conversation. They may stop in the middle of a conversation and have no idea how to continue or they may repeat

themselves. They may struggle with vocabulary, have problems finding the right word or call things by the wrong name (e.g., calling a "watch" a "hand-clock").

What's a typical age-related change?

Sometimes having trouble finding the right word.



MISPLACING THINGS AND LOSING THE ABILITY TO RETRACE STEPS • A person with Alzheimer's may put things in unusual places. They may lose things and be unable to go back over their steps to find them again. Sometimes they may accuse others of stealing. This may occur more frequently over time.

What's a typical age-related change?

Misplacing things from time to time and retracing steps to find them.

DECREASED OR POOR JUDGMENT • People with Alzheimer's may experience changes in judgment or decision-making. For example, they may use poor judgment when dealing with money, giving large amounts to telemarketers. They may pay less attention to grooming or keeping themselves clean.

What's a typical age-related change?

Making a bad decision once in a while.

WITHDRAWAL FROM WORK OR SOCIAL ACTIVITIES • A person with Alzheimer's disease may start to remove themselves from hobbies, social activities, work projects or sports. They may have trouble keeping up with a favorite team or remembering how to complete a favorite hobby. They may also avoid being social because of the changes they have experienced.

What's a typical age-related change?

Sometimes feeling weary of work, family and social obligations.

CHANGES IN MOOD AND PERSONALITY

• The mood and personalities of people with Alzheimer's can change. They can become confused, suspicious, depressed, fearful or anxious. They may be easily upset at home, at work, with friends or in places where they are out of their comfort zone.

What's a typical age-related change?

Developing very specific ways of doing things and becoming irritable when a routine is disrupted.

Note: Mood changes with age may also be a sign of another condition. Consult a doctor if you observe changes in yourself or others. ☞





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WHEN LIFE IN THE *FAST LANE* ISN'T THE BEST IDEA ANYMORE

By DENNIS TAYLOR

OUR GOLDEN Years can lose some of their shine if hearing begins to fade, vision fails, reflexes slow, bones creak, and thought processes become foggy, due to aging, disease or the use of prescription medications. But those annoyances can become downright dangerous — to ourselves and others — if we slide behind the wheel of a car and take it on the road.

Senior citizens frequently relinquish their driving privileges with great reluctance, not only because that transition symbolizes a loss of freedom, independence, and

convenience, but also for at least one other common reason.

“One of the objections we hear most often from aging people is, ‘Well, I don’t want to become a burden to my family and friends...’” said Peter Jensen, California’s State Coordinator for AARP Driver Safety, which gives regular classes at the Carmel Foundation. “And I say, ‘OK, look, gang: People are worried about you. It’s not worth the argument.’”

“Sometimes we aren’t aware that our driving has become unsafe due to aging,” said Oscar Loza, an officer for the California Highway Patrol who conducts regular seminars for senior drivers for the AAA Auto Club in Monterey. “Changes in our judgment, changes in our memories, our vision, and our hearing can often be hard to recognize.”

According AAA, 70 million Americans in the U.S. will be over 65 by the year 2030 — and 85 to 90 percent of

them will be licensed to drive.

In 2015, the Centers for Disease Control reported that 2,333 teens ages 16-19 were killed in automobile accidents, and more than 221,000 were treated in emergency rooms for injuries. By comparison, in 2014, the CDC reported that more than 5,700 adults over 65 were killed, and more than 236,000 were seen in emergency rooms.

Obviously, part of the higher fatality rates among older adults may have to do with the fact that they aren’t as resilient as the youngsters, but still — that’s more than twice the number of teens.

Jensen, who oversees volunteer instructors for the AARP Smart Driver Course, a series of six segments (totaling eight hours) aimed at preventing some of that.

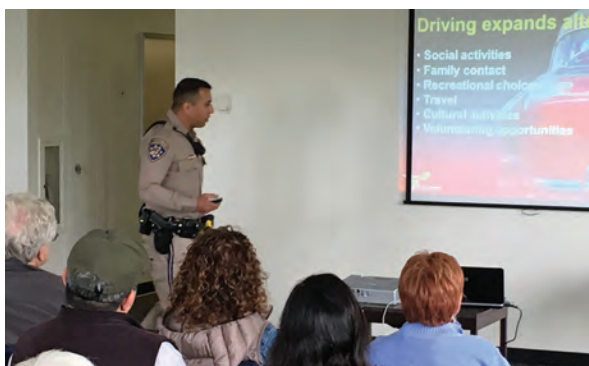
The course is specifically designed to help aging drivers remain confident and competent behind the wheel, he said.

A major focus of the course, he said, is on change — specifically

DRIVING continued on page 30



Peter Jensen



California Highway Patrol Officer Oscar Loza conducts seminars for senior drivers for the Monterey AAA Auto Club.



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PALLIATIVE CARE — IT'S MORE THAN WHAT YOU THINK

By **ELAINE HESSER**

HOSPICE AND palliative care are terms that are often used together, but they're not the same thing. Lennis Orozco, of the Visiting Nurse Association, is an RN who manages the VNA's palliative care program. She described it as focusing on working with patients living with a serious illness, relieving symptoms and stress to improve quality of life.

Dr. John Hausdorff of CHOMP and Pacific Cancer Care runs the palliative care programs at both places, as well as in Montage's outpatient clinic at the Carmel Hills Professional Center. He said he wishes more people — some physicians included — understood that the care isn't just for those whose deaths are imminent.

It also includes a wide variety of services helpful for anyone with an ongoing medical condition that's interfering with their everyday lives, including people going through cancer treatment or those in the hospital.

He cited an example of a woman who was referred to him by CHOMP. She had, among other things, chronic pain and depression. They worked on some ways to relieve those, then, as a matter of routine, he asked if she had an advanced care

directive (see p. 34 for more on those) and when she said no, he asked if she'd like to fill one out.

She did, and it was dutifully added to her medical records. Then, Hausdorff called her primary care doctor to update him. When he identified himself as a palliative care doctor, the primary care physician's response was, "She doesn't need palliative care! She's not dying!"

Hausdorff agreed. "She's totally not dying," he said, and then explained what they'd done. The primary care doctor said, "Oh, great, thank you."

Hausdorff said that reaction wasn't unusual, since a lot of docs don't have the time or training to deal with what he refers to as the "domains of care" within the palliative realm. Those include pain and symptom management, advanced care planning, end-of-life issues (when appropriate), social-work-type tasks like filling out employment-related leave-of-absence forms or marshalling family support, psychological and emotional issues, spiritual issues and determining the goals of care.

"It's really treating the whole person," said Hausdorff, who works with a pharmacist, a nurse practitioner, a social worker and a chaplain on his inpatient team, and with a social worker at the outpatient clinic. Orozco and others at the VNA work extensively with the family or those who act as caregivers in the person's home to educate them on how best to help out their loved ones.

Orozco also mentioned that in addition to the VNA, there were various other local agencies for in-home care that she sometimes coordinates with. Additionally, there are home health aides who can help with things like cooking, bathing and dressing.

Whether the condition is COPD, heart failure, advanced liver disease, ALS (Lou Gehrig's Disease), Alzheimer's — or any other chronic issue — palliative care plans revolve around the answers to central questions about quality of life.

For example, patients might be asked to think about what their goals with their families are. What have they already done in life and what do they still want to do? What mark do they want to leave on their world? Are there any spiritual issues they're wrestling with?

Sometimes, Hausdorff said, just getting a "bird's-eye view," and answering questions people have because



Lennis Martinez Orozco



Dr. John Hausdorff

they're seeing multiple doctors is useful. And he addressed the belief some people have that by providing the care, and by talking about death, you take away hope.

"You don't want to give false hope," he said. "If you do, then when the person doesn't get better, it may lead to feelings of betrayal and loss of trust. You want to give real hope, whether it's hope the chemotherapy works a little longer, and with minimal side effects; hope you'll recognize when it's time to stop aggressive treatment; hope for minimizing pain; hope for reconciliation and forgiveness; or hope that the final days are spent at home with family, rather than in the hospital."

Finally, the patient's goals for treatment should be considered. Are they trying to get through radiation? To be able to travel a little? Are they trying to buy enough time to see a new grandchild come into the world?

Whenever a treatment is discussed, those desired outcomes should be kept in mind, and if the treatment will hinder their accomplishment, it's time to pause and ask, "What is it we're doing here?"

Hausdorff says he's worked with patients who received palliative care support and services alongside their regular medical care for years, providing many opportunities to talk about and work through the numerous issues associated with chronic pain. ☞

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SORTING IT OUT:

Getting an assist with living — somewhere else

By ELAINE HESSER

HOW DO you know when “home sweet home” isn’t so sweet anymore — for you or for a loved one? After all, the last thing most people want to do after living in the same home for 10, 20 or more years is to move someplace new and unfamiliar.

And there’s a little bit of confusion about where that move is taking you, too. Especially when it comes to assisted living.

Holly Zoller, Executive Director at the Cottages of Carmel, and Roberta Godden, senior sales director at Forest Hill Manor in Pacific Grove, have some handy tips about when and how to have “the talk” — or when to pack your own stuff up — and how to make the move easier.

Zoller said that for most seniors there’s a bit of a stigma attached to moving into assisted living. “If they’re not in their home, they think they’re in a nursing

home,” she said. “They’re officially ‘old.’” But there’s a big difference between an assisted or independent senior living facility and a skilled nursing facility, Zoller said.

The latter is broadly defined by the state of California as a place that provides 24-hour nursing care to those who need it. They’re regulated by the Department of Public Health. Senior independent and assisted living communities are regulated primarily by the Department of Social Services. Some facilities, like Forest Hill, have both skilled nursing and senior living options available.



Holly Zoller

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Independent and assisted living facilities are non-medical communities, although there may be medical services provided, and the idea is to keep residents as independent as possible for as long as possible. They're also designed to provide a social life to residents, which in turn relieves isolation many seniors encounter — especially if they can no longer drive.

And if you need help getting dressed, unloading your groceries, or cleaning, it's right there.

Zoller pointed out that in our area, it's common for people to stay in their homes longer, because they can afford to have them physically adapted to make them

more accessible and livable as they age — and they can pay for in-home care. But as Godden said, if you need help on Christmas Eve and everyone's calling in absent, well, "It isn't a pretty picture."

So, when is it time to consider making a change?

Zoller said that falling is one indicator. Once you fall once,



Roberta Godden

SORTING continued on page 32



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AND THEN THERE WERE TWO —



INDEPENDENT PHARMACIES STAY IN THE GAME, DESPITE CHALLENGES

By **ELAINE HESSER**

WHEN ORDWAY Pharmacy in Monterey sold to Rite Aid in January of 2016, the Peninsula was left with only two independent pharmacies — the venerable Carmel Drug Store, and Central Avenue Pharmacy in Pacific Grove.

According to Dana Gordon, who owns the P.G. shop, that's a significant change from the past. In 1991, when he bought what was then called The Pill Box on Central Avenue, he said, "There were 20 independent drug stores on the Peninsula, four of them in Pacific Grove."

It's not an easy time for shops like his, Gordon said. Changes to pharmacy regulations last year meant that he had to make about \$150,000 worth of improvements to his facility. Central Avenue is a compounding pharmacy, which means it's licensed to make custom medications, and that was the part of the business that needed an upgrade.

Custom medications are prescribed for a variety of reasons — patients may be allergic to inactive ingredients in the commercially produced version, or a custom dose might be required, for example. Compounding requires special equipment and precautions, and the state's regulatory changes are designed to protect employees from hazards, Gordon said.

Price hikes as wholesale suppliers consolidated and competition decreased haven't helped, the businesses either. Ross Arnold, who has owned Carmel Drug Store for the last 13 of its more than 100 years, noted that not

long ago, there were at least seven or eight suppliers, but now that number's dropped to one or two large corporations.

Additionally, insurance companies encourage their clients to use mail-order services, like Express Scripts, that can severely undercut the prices charged by a pharmacy with a storefront. In some cases, consumers can get a 90-day supply of their medicines from such a service for the same cost as a 30-day supply at their local drugstore.

In the face of these obstacles, the P.G. and Carmel stores have different approaches to surviving — and even thriving.

They agree that the profit margins on the prescription drugs they sell are razor-thin. "Insurance dictates how much we can charge," said Arnold, meaning that if a customer is covered by insurance, the pharmacy can send a bill for any amount, but has to take whatever the insurance company pays.

That amount is called the "negotiated price," and is part of the pharmacy's agreement with the insurance company, and the pharmacy can't bill the patient for the difference.

That said, Arnold attributes Carmel Drug Store's longevity in part to its front-end business — gifts, soaps, greeting cards and so on — and its location on Ocean Avenue.

Gordon, on the other hand, has seen a surge in sales to nursing homes and long-term care facilities in recent

PHARMACIES continued on page 28

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months. He said he wasn't sure why, but Central Avenue definitely "benefited from the change."

"I've had to build another pharmacy below my pharmacy," he said. Gordon went on to explain that he's putting in a second facility on the ground floor of his building, just to fill prescriptions for those institutions.

Both owners said customer service was at the core of their continued success. Arnold offers monthly charge accounts and a delivery service. "I have two cars that go out every day," he said. Central Avenue delivers for a nominal fee as well. That can be mighty handy for someone who doesn't drive.

In addition, it offers a service called "Sync My Meds." The idea is to have customers' medications all run out at the same time, so that they just come in once and pick up a month's supply of everything. Pharmacy employees call them to remind them when it's time to come in.

Gordon also uses a robotic packager to seal each day's medications into date- and time-stamped packets, with the name of each medication on them. If you have to take one combination of drugs with breakfast, another around noon and a third at 6 p.m., there will be a packet for each time, with the correct doses of each medicine.



Dana Gordon



Ross Arnold

"That way, if you're going out for the day, you don't have to carry all those bottles with you," Gordon said. The system helps with medication management and is much safer and easier than trying to dole out pills into those plastic compartmentalized cases that most people of a certain age have on their kitchen tables.

Finally, both owners know their customers and call them by name. They take time to talk to them and provide the old-fashioned qualities of service and respect their patrons appreciate. And fortunately for them, that's something a box that comes in the mail simply can't replace. ☺

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to our bodies and minds as we grow older, to technology and design of newer automobiles, changes in roads and how they're marked, and changes in our environment.

Changes in vision, depth perception, and the ability to accurately judge the speed of an oncoming vehicle often can become factors as we age.

Jensen also notes that left-hand turns are generally more dangerous. So much so, in fact, that UPS drivers have been instructed to avoid them whenever possible.

"So, we advise senior drivers to make three right turns instead," Jensen said. "It's just a whole lot safer."

Noah Young, a professional instructor at Elischer's Driving School in Salinas, identified two traits he commonly finds with aging drivers.

"Older drivers tend to have a propensity to drive a bit slower than the flow of traffic," he said. "And that isn't necessarily a bad thing, but it needs to be done in the appropriate lanes."

"The other thing I notice quite a bit is that people often become



less flexible as they age, and as a result they don't like to look over their shoulder to check their blind spots," Young said. "Instead, they rely heavily on their mirrors and their intuition. I always emphasize that it's much better to trust your eyes."

Courses offered by AARP, AAA, the Department of Motor Vehicles and others, offer additional strategies for older drivers, including planning ahead to avoid times when traffic is heavier, choosing less congested routes, getting clear instructions in advance to avoid confusion in finding the location, and grouping appointments and errands to reduce the need for driving frequently.

Another program offered by AARP, entitled "Car Fit", educates drivers on the various gadgets and functions of the cars they're driving.

"That's especially important with newer cars," Jensen said. "We show our clients how to adjust their outside mirrors, how to wear their seatbelts properly, where the dimmer switch and windshield wipers are, how to move their seat into the proper position ...

"We also might include a chat with an occupational therapist, who might see an opportunity for an adaptive device — something as simple as a hook mechanism a person can use to pull



ADVICE & ASSISTANCE

AARP offers advice and assistance in how to talk to older adults about driving concerns with another free program, "We Need to Talk."

The AARP Driver Safety Course will be offered Oct. 16 and Oct. 20 (12:30 p.m. both days) at the Carmel Foundation. Call 624-1588 to register.

A four-hour refresher course (\$15 for AARP members, \$20 for non-members) is scheduled in Monterey at Scholze Adult Center (280 Dickman Ave., 646-3878) on Nov. 1 at 12:30 p.m.

the car door closed if maybe their back feels a little bit sore."

The DMV places restrictions or conditions on a person's driver's license when it's necessary to ensure the person is driving within their abilities, but emphasizes that the restrictions should not be viewed as punitive, or as an attempt to limit driving. Restrictions commonly include limiting when and where a person may drive, or requiring corrective lenses, or having a vehicle with an automatic transmission.

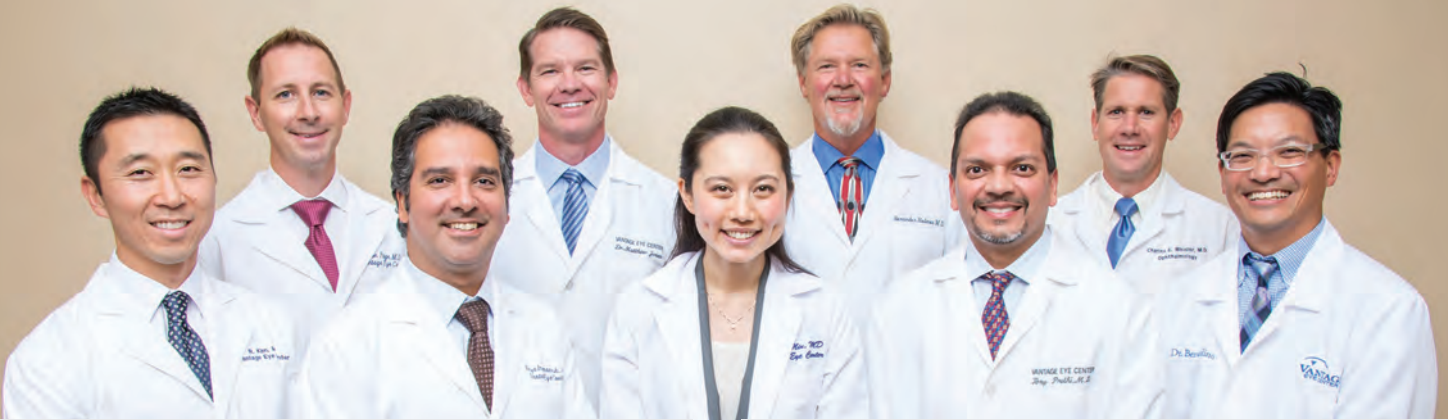
Restrictions may be discretionarily imposed by DMV or mandatory (required by law), but they're based on conditions, not age.

Additional information maybe be found at aarp.org/drive, seniordriving.aaa.com, dmv.ca.gov. Completion of a driver safety course through one of the aforementioned locations can result in reduced insurance premiums for drivers. ☞



Noah Young is a professional instructor at Elischer's Driving School in Salinas.

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she said, you're likely to fall again. And everyone has heard about how devastating a broken hip can be. That's exactly the sort of mishap that can land a person in a skilled nursing facility for an extended stay — the very thing they wanted to avoid.

Changes in weight can indicate that the person is either eating a lot of processed food because he no longer wants to cook, leading to weight gain, or weight loss can mean they've simply lost interest in eating.

Medication management can be another reason to make the move. If you discover a parent has a full bottle

of medication that's months old, and they're supposed to be taking it daily, that's an issue that bears discussion.

When people get out of their comfort zones and routines, memory loss that no one noticed can suddenly appear. For example, an older woman who's been driving the same route from town to Safeway and following the same weekly routine for years on end, might become disoriented if that routine is interrupted or her usual road is blocked.

In the case of Alzheimer's patients, Zoller especially recommended making the transition earlier rather than later, in order to keep the person in a safe environment where help is close by if they need it. Godden agreed, noting that the longer someone waits to make the change, the fewer options they may have available.

How does the process work?

First, the person who's going to be making the move — you or your loved one — should tour as many places as possible, as they vary widely in terms of looks, locations, services and amenities.

Some are apartment-style buildings, like the Park Lane near MPC, while others have free-standing homes or a combination of both. Carmel Valley Manor even has guest cottages for when family come to visit. Many have nice dining rooms with restaurant-quality food. There may be full kitchens or small kitchenettes in the living quarters as well.

Godden said that there's usually some sort of pre-screening to make sure the would-be resident is physically and mentally capable of living independently or with limited assistance, as opposed to needing skilled nursing.

There's also usually some form of transportation,



Forest Hill Manor (top) provides a continuum of care, while the Cottages of Carmel focuses on assisted living and memory care.

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the patio.

That would be followed by a diminutive mob banging in unison on the front door, demanding — OK, asking nicely — that I retrieve and return the bloody thing. I never kept it, although I threatened once or twice.

It was like living “The Pit and the Pendulum.” Sometimes, all you could see was the ball going back and forth, over and over. For eight of the past nine years, I waited, cringing and replacing vases and plants on the patio as they fell victim to the little vandals’ devices — er, children’s games.

Aluminum bats clanged, miniature footballs bounced off the screens. Polite, gentle (no, really) requests to “be careful” were quickly forgotten. My nerves became frayed, and my mellow was decidedly harshed.

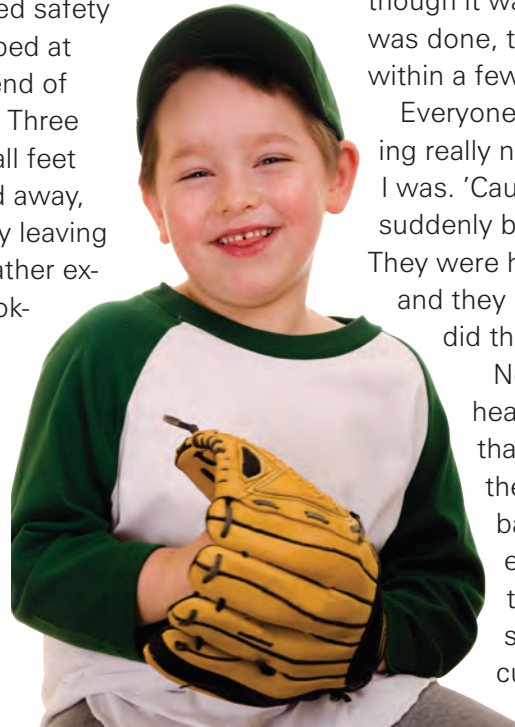
Until last autumn. It was early on a pleasant evening. The ice cream cart lady, who someone lets through the security gate every day, had already gone by with her jangling bells, and the screaming for her wares had subsided.

Suddenly, there was the sound of a bat squarely meeting a ball, fol-



lowed by the crash of glass and the bolting of Tawny the Wonder Cat to presumed safety under my bed at the other end of the condo. Three pair of small feet scampered away, inexplicably leaving behind a rather expensive-looking pair of Nikes.

There may have been some colorful language, despite the cross that hangs

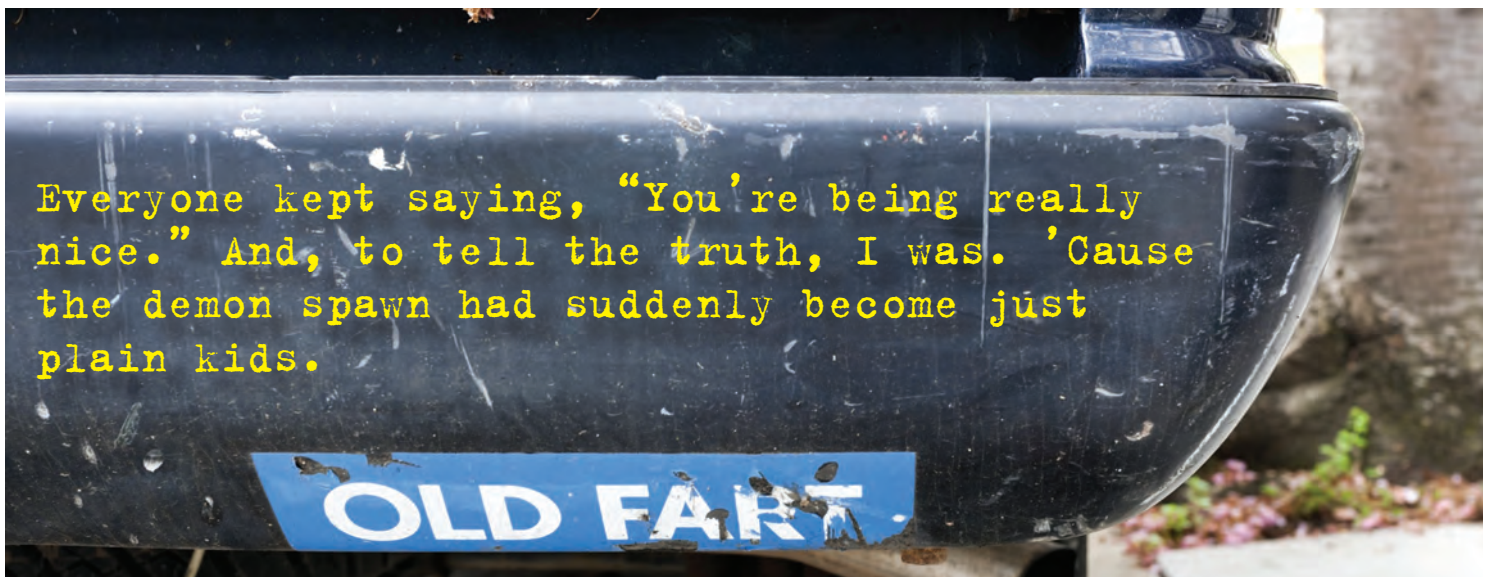


on my dining room wall. A regulation-size softball lay on the floor. Neighbors narc’d the kids out, but they needn’t have. All three came back sheepishly, less than five minutes later.

And I didn’t yell at them. I asked to meet their parents, all of whom turned out to be working — and probably single — moms, who came over one by one as they returned home from a full day on the job. One of them knew a window guy, and though it was after dark when he was done, the damage was repaired within a few hours.

Everyone kept saying, “You’re being really nice.” And, to tell the truth, I was. ‘Cause the demon spawn had suddenly become just plain kids. They were honest, they were scared and they had good parents who did the right thing.

Now, I’d like to say my heart grew three sizes that day, but even though there’s a darned sight less ball-playing, I’m still tempted to order the rug rats off the lawn. And I’m pretty sure I’ve gone ‘round the curve, straight on into curmudgeonhood. ☞



Talking to your family about **THE END OF LIFE** — *that's really a thing*

By **ELAINE HESSER**

WHEN IT comes to conversations about death, Americans often adopt an attitude of “see no evil, speak no evil, hear no evil.” But for the sake of your loved ones, it’s important not only to talk about your passing, but to document your wishes.

Two forms that can be involved

in the discussion are an advance healthcare directive and a Physician Order for Life Sustaining Treatment, sometimes referred to by its acronym, POLST. It’s important to know the difference, and many healthcare providers recommend a patient have both.

An advance healthcare directive is a multi-page document detailing what kind of medical treatment a person does or doesn’t want and under what circumstances. Some providers recommend that everyone over 18 have one. Depending on

the form used, it can cover many different topics, like when or if you want life support or heroic measures, and even religious preferences.

It has to be signed either by two witnesses or a notary, which makes it a legal document. During the process, a healthcare surrogate — someone who can speak for you if you can’t speak for yourself — is almost always designated.

Once you do that, it’s important for you to have a heart-to-heart talk with that person, so they know your wishes. That seems intuitive, but

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it doesn't always happen. And of courses, it should be reviewed periodically and revised as needed.

The Physician Order for Life Sustaining Treatment is a form that's been used in California since 2008. It's a one-page, hot pink piece of paper, designed to be seen easily in your records, and you can get one online at capolst.org. It's quick and easy to complete, but does not designate a surrogate or go into a lot of detail.

It consists of a series of check boxes about resuscitation and a few other medical measures — one set for if you're found with no pulse and not breathing, one for if you're unconscious, but breathing and/or with a heartbeat, and a third one indicating whether you would want a feeding tube and for how long.

The form is meant to be completed during a discussion with a doctor, physician's assistant or nurse practitioner, who then signs it along with the patient. It goes into the patient's medical records, or, if the patient moves, it travels with them. It has the force of any doctor's order, and relieves a medical provider of liability as long as they follow it.

Advance planning also relieves another group of people — your family — of wondering what you'd want, potentially arguing over your wishes, or spending time regretting a decision down the road. ☞



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THE Kitchen

Beach House Sand Dabs Almandine

Everyone loves the Beach House's Sunset Specials. Here's one of Chef Matthew Farmer's recipes. He likes to serve it up with wild rice, dried cranberries and green beans. You can use any white wine you like that's not too sweet, but please step away from the "cooking wine." That's just gross.

INGREDIENTS

— Serves 2

4 sand dabs, filleted

2 cups seasoned panko bread crumbs

2 tablespoons olive oil

1 teaspoon garlic, minced

1/4 cup dry white wine

Juice of 2 lemons, plus 2 lemon halves for garnish

2 tablespoons butter

1/4 cup toasted, sliced almonds*

Coat the sand dabs in the bread crumbs. Heat the olive oil in a large pan and place the fish skin side up. Brown for about 4 minutes, then turn and cook about 2 minutes longer.

Remove fish from pan and set aside. Add garlic to pan and brown slightly, then add the wine and simmer until it's reduced by half. Add the lemon juice and butter to the pan and remove from heat. Stir until the butter melts and forms a light sauce.

Pour sauce over fish and sprinkle with the toasted almonds. Garnish with grilled lemon half, if desired.

*To toast your own almonds, place them in a pan over low heat, stir frequently and do not leave the kitchen! It'll take a few minutes. Your nose will know when they're done, but beware — they go from toasted to burnt in the blink of an eye.



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ABOUT THE *Chef*

Chef Matthew Farmer is no stranger to the Monterey restaurant scene. The Illinois native came out here to see the coast and decided to stay awhile. He started his career 20 years ago at Glen Oaks Restaurant in Big Sur, then moved on to what was then the Monterey Sheraton. After that came 13 years as executive chef and later owner of The Running Iron

in the Valley.

In 2011, he returned to his hospitality roots in Big Sur, at the Big Sur Coast Café, and in 2016, he came to the Beach House, which he calls “the most spectacular location on the Monterey Peninsula.” In his spare time, he enjoys golfing, skiing, whitewater rafting and bicycling. 🚴



Chef Mathew Farmer



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not just for medical appointments, but to go shopping, see a play or for an excursion on the beach.

Once the decision's been made, talk over the moving process with the community's staff. Some, like Forest Hill, will go so far as to help pack up your old place and get your new home turn-key ready. Almost always, there's downsizing involved. But, Zoller said, many people find they enjoy life with less stuff.

What if I don't want to go?

Unless there's a compelling health reason, you can't force someone out of their home just because they're aging. Godden said she'd only seen a handful of cases where a legal decision forced someone into a senior community or skilled nursing. This is where Zoller said, "It takes a village" to get someone to see the advantages of making the big change.

"Often there's resistance to even looking at places," she said, which is ironic, since that quickly eliminates a lot of people's stereotypes and preconceptions. Zoller suggested finding something that the person used to enjoy doing, but is no longer able to, and talking about it with the communities, to see if it's an activity that they can help facilitate.

Thinking about where you want to live out your life can avoid a crisis that makes the decision for you.



Godden pointed out that many people of other generations had to care for their parents, and sometimes just asking if they want their families to end up taking care of them is a big motivator. "What is the legacy they want to leave? They probably want to be remembered as a family leader who made a good, proactive decision."

And, Zoller re-emphasized, the companionship and social life in a senior community is vital. Isolation has been shown to be at least a partial cause of all sorts of physical and mental health issues.

Finally, it's important to reassure the person that it's not their grandma's nursing home. "We want people to think of this as their home. What we're offering today is a home-like feeling, not institutional," said Zoller.

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