armel Pine Cone

Heavy rains bring down trees, cause landslides and flood homes









During last weekend's storms, a tree (top left) fell on a house on Carpenter Street in Carmel, and a mudslide blocked Highway 1 near Fernwood Resort in Big Sur on Monday (top) forcing residents and visitors (left) to walk around the slide. The Carmel River flooded homes along Paso Hondo in Carmel Valley twice – early Sunday and early Wednesday (above).

Panetta votes to rebuke U.N. on Israeli settlements

■ New congressman also co-sponsors offshore oil bill, sits in for Trump vote

By KELLY NIX

CALLING THE United Nations Security Council's resolution censuring Israel for its expansion of settlements in East Jerusalem "ill advised," Congressman Jimmy Panetta

Adams and two other supervisors sworn in

By KELLY NIX

 ${
m Former}$ united way CEO Mary Adams was sworn in to her new job as Monterey County Supervisor Tuesday, before assuring residents that her office is prepared to handle the challenges of the 5th District.

Adams ousted longtime county supervisor Dave Potter in the June 2016 primary election. Newly elected 1st District Supervisor Luis Alejo and reelected 4th District Supervisor Jane Parker were also sworn in Tuesday.

In a speech to those in the packed supervisors chamber in south Salinas, Adams thanked her friends and family, her chief of staff Kate Daniels, policy advisor Yuri C. last week voted to denounce the council's decision, breaking from many senior Democratic House of Representatives members, including Minority Leader Nancy Pelosi.

The issue is one of many that Panetta tackled in the days after being sworn in Jan. 3 as a member of the 115th Congress. He also co-sponsored a bill to prevent offshore oil drilling on the West Coast and attended the historic — yet disorderly - joint session of Congress to verify and count the electoral college votes from each state for president and vice president.

Supports Israel

The outgoing administration of President Barack Obama received strong bipartisan criticism when it opted not to veto the Dec. 23 U.N. resolution, which states that Israel's establishment of settlements "in Palestinian territory occupied since 1967, including East Jerusalem," is a "flagrant violation" of international law and has "no legal validity."

On Jan. 6, the majority of House Republicans and Democrats, including Panetta, voted for a measure to condemn the decision by members of the security council. Panetta, in explaining his decision to The Pine Cone this week, said the council's vote was "ill advised for not advancing a durable, lasting peace through a two-state solution."

"Peace in the Middle East and the region must remain the goal of every U.S. administration, and I believe peace is achievable for Israel and Palestine only through a two-state solution," said Panetta, who called the relationship between the United States and Israel "unbreakable."

See ADAMS page 12A

See PANETTA page 11A

■ Damage not as widespread as feared

By CHRIS COUNTS and MARY SCHLEY

f I HIS WEEK'S storms may not have been as powerful as the weather forecasts predicted, but still brought down trees, closed roads, knocked out power and caused flooding in various parts of the Monterey Peninsula.

The worst damage was in Carmel Valley Village, where at least three homes were flooded, and in Big Sur, where Highway 1 was closed in several places and a section of Palo Colorado Road threatened to give way.

The storms also triggered flash-flood watches, prompted the Monterey Peninsula Water Management District to issue a Declaration of Emergency so 1,200 sandbags could be laid along a section of the Carmel River, and brought out thrill seekers who attempted to ride the river in kayaks and surfboards. Some required rescuing.

Highway 1 closed

In Big Sur, as much as 28 inches of rain fell at high elevations during the week, bringing some landslides, though nowhere near what was feared in the aftermath of last summer's Soberanes Fire.

Caltrans spokeswoman Susana Cruz told The Pine Cone that crews are busy clearing slides along Highway 1, which is closed to the public from Ragged Point to Grimes Canyon - a distance of about 34 miles. Limited access is available to locals.

In particular, crews are dealing with what's being called

See STORM page 14A

Here come the granny units — and the pot

By MARY SCHLEY

BUILDING A second unit on residential property in the city got a whole lot easier on New Year's Day, when a state law that drastically streamlines the approval process for "accessory dwelling units" took effect. Signed by Gov. Jerry Brown last September, the Assembly and Senate bills eliminate many of the hurdles that most building projects must overcome, and on Wednesday, the planning commission decided how the city — which has strict limitations on subordinate units — should handle the change.

The state law establishes new time limits for processing permits, loosens rules on parking and other elements, and

See UNITS page 18A

Coming alongside a whale



These volunteers get up close and personal with distressed whales, both in 14-foot boats, and in a newer 40-foot model. They could use your help. See story page 9A.

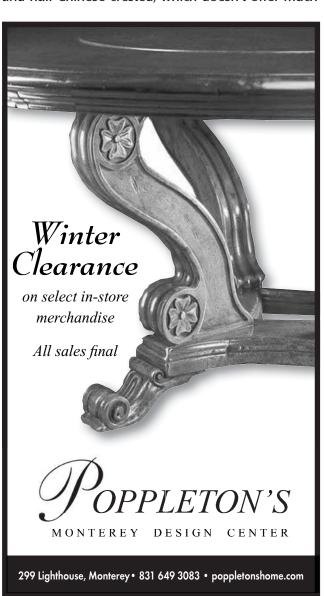
Sandy Claws

By Lisa Crawford Watson

Winning over Wilson

SOME SAY he looks like Lady Gaga after a bad night. Or maybe a good night, with his tousled, "I was born this way" hair.

Wilson looks like he has a lot of hair, but he really doesn't. A little bit of a thing, with a scatter of strands about his face, he's half toy Yorkshire terrier, and half Chinese crested, which doesn't offer much



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hope for a rich, glossy coat.

Still, Wilson is cute. Particularly to the Mission Fields family who found him.

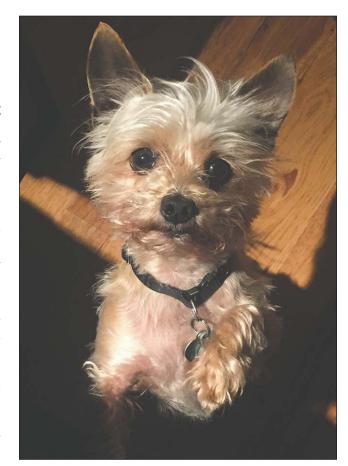
"My son found him, out on the street," his person said. "We'd never seen anything like him. He was a little mess - dirty and scrawny, with his hair falling out, but even then, we thought he was adorable."

Turns out Wilson had been owned by a breeder but had escaped and was living outside. The family that found him carted him home, cleaned him up, checked in with the SPCA to see if anyone had reported him missing, and then claimed him.

They named him Wilson, partly because a member of the family had attended Wilson High School in Long Beach, and partly because he's such a tiny little thing, they felt he needed a strong name.

Wilson, now 5, has a sweet demeanor, but he's fiercely protective of anyone he loves, which is his adoptive family. He yaps like he's really tough, but then he melts and goes in for the kiss.

"My kids say Wilson loves only me," his person said. "I am his favorite, but he loves us all. He's quite the little licker, and at night, he burrows into my bed and sleeps as closely as he can. He's so tiny, I feel like I'm going to squish him, but he navigates pretty



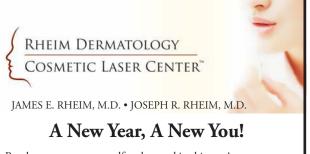


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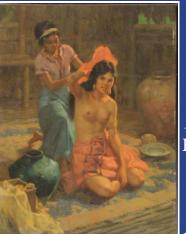
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PINE CONE STAFF REPORT Purchases in Big Sur, Carmel Valley, unincorporated Carmel and Pebble Beach THE SALES tax increase that voters approved in 2012 to help fund education and public safety expired at the end of last year, percent, is in Greenfield. resulting in a decrease of one-fourth of 1 percent in the statewide sales tax, from 7.5 percent to 7.25 percent. Most local cities and the

State sales tax dropped Jan. 1

After the quarter-point reduction, the cities of Carmel, Monterey, Pacific Grove, Seaside, Sand City and Marina have a sales tax rate of 8.375 percent, which is the highest in the Peninsula.

county tack on supplements to the state's

are now taxed at a rate of 7.375 percent, and the highest sales tax rate in the county, 9.125

Any retailer who continues to charge the old sales tax rate must either refund the money to the customers or pay the excess tax to the state, according to the California Board of Equalization.

A different section of the 2012 ballot initiative levied a higher income tax rate on people earning \$250,000 or more per year. That tax hike will expire in another three

Planning commission to discuss restaurant rules — again

By MARY SCHLEY

THE PLANNING commission unanimously decided Wednesday to reconsider its recommendations to the city council regarding new rules for restaurants.

On Dec. 14, commissioners decided the city's ordinances should be amended to allow a new classification of restaurant offering counter service, like Carmel Belle, and that that particular type of establishment should be capped at three.

But a week after that decision, commissioner Julie Wendt told planning director Marc Wiener she wanted to rethink those recommendations, and on Wednesday, her fellow commissioners agreed.

"I apologize for making our agendas even longer than they already are, but I felt it was important that we pass along our best recom-

mendations, so the city council will have confidence in this recommendation, as well as all future recommendations," Wendt explained at the Jan. 11 meeting. "The reason is the cap. I'm not comfortable with the cap. At the time of the vote, I didn't fully

She said she hadn't comprehended that capping the number of counter-service restaurants at three would benefit the landlords, since the use stays with the land, and might hurt the businesses, which could be subjected to high rents due to the scarcity of spaces where they could operate.

A similar situation has occurred with jewelry stores, which are also capped.

Commissioners — minus Michael LePage, who was absent — voted to reconsider the restaurant rules, which will be brought back to them at a future meeting.

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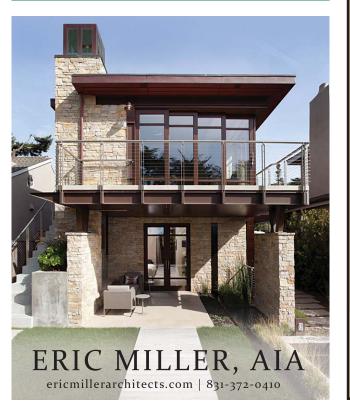
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4A The Carmel Pine Cone January 13, 2017



Police, Fire & Sheriff's Log

The iPad was located in Salinas

HERE'S A look at some of the significant calls logged by the Carmel-by-the-Sea Police Department and the Monterey County Sheriff's Office last week. This week's log was compiled by Mary Schley.

FRIDAY, DECEMBER 23

Carmel-bv-the-Sea: Investigated a traffic collision on Monte Verde Street.

Carmel-by-the-Sea: Resident on Monte Verde south of 12th was concerned after finding parts of a lock missing from a bathroom window. Resident suspected a mover she hired a few days before may have removed them while at the house and wasn't sure of his intentions. Resident wasn't sure if the parts were missing beforehand or not. Resident was also concerned about the same mover because he was constantly calling her and aggressively asking about a washer and dryer she wanted to sell.

Carmel-by-the-Sea: Police responded to Lopez north of Fourth for a report of a computer scam a resident fell victim to. "NTS-IT helpdesk" prompted her to sign up for an internet security service. The fake IT service charged her credit card \$400. Her credit card company found this charge to be fraudulent before the money was taken from her account. The resident isn't out money at this time.

Carmel-by-the-Sea: A propane tank and fake coal caldron were found in the cove on the beach near 13th Avenue. Owner called to say the caldron was too hot to remove at the time, so they returned to get it, but the items had already

been picked up by officers. Owner was called and will retrieve them from the station.

Pacific Grove: Theft of a package reported from an apartment complex on Moreland. Suspect took the pickup tag off of the door, went to the business, and picked up the item. Possible suspect lead.

Carmel Valley: Person reported a transient was no longer allowed to be on church property on Robinson Canyon Road.

Carmel Valley: A welfare check was requested for a Carmel Valley Road woman by a family member. She was not at her residence when deputies went there, and her location was unknown. Deputies were able to locate her in a care facility after a brief investigation.

Carmel Valley: Violation of a court order on Calle de la Ventana, a 39-year-old male and a 40-year-old female.

Carmel Valley: A Valley View Avenue resident reported receiving an email from a hotel indicating a reservation was made in her name. She believes she may be the victim of fraud.

CHRISTMAS EVE

Carmel Valley: Citizen reported an "open" sign was stolen from outside his business on Center Street.

Pacific Grove: Theft of mail from a mailbox on 19th Street. No leads at this time. Victim cancelled check.

> See POLICE LOG page 8RE in the Real Estate Section

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FICTITIOUS BUSINESS
NAME STATEMENT
File No. 20170033
following person(s) is (are) doing busing

ess as:
PINNACLES CLIMBING
. HIGHLANDS GUIDING COMPANY
315 Carmel Valley Road #A209, CarmI, CA 93923. Mailing Address: P.O. Box 1033, Carmel CA 93921

Registered owner(s): CASSIDY CHRISTOPHER, 5315 Carmel Val-ley Road #A209, Carmel, CA 93921. County of Principal Place of Business: Mon-

ley Road #A209, Carmel, CA 93921.
County of Principal Place of Business: Monterey
This business is conducted by: an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be talse is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,0001).
S (Christopher Cassidy
This statement was filed with the County Clerk of Monterey County on Jan. 5, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

FBN FILING
Publication Dates: Jan. 13, 20, 27, Feb. 3, 2017. (PC110)

Publication Dates: Jan. 13, 20, 27, Feb. 3, 2017. (PC110)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20170005 wing person(s) is(are) doing business

as: Sakura Buffet, 1433 N Main Street, Salinas, CA 93906, County of Monterey Registered Owner(s): Lin Sakura Inc, 1433 N Main Street, Salinas, CA 93906; CA

CA 93906; CA
This business is conducted by a corporation.
Registrant commenced to transact business under the fictilious business name listed above on N/A.
S/ Qihang lin, President
This statement was filed with the County Clerk of Monterey County on January 3, 2017.
1/13, 1/20, 1/27, 2/3/17
CARMEL PINE CONF

CARMEL PINE CONE
Publication Dates: Jan. 13, 20, 27, Feb. 3, 2017. (PC111)

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 20170047
The following person(s) is (are) doing business as: CARMEL BAY ARTS, 24493 San
Mateo Ave, Carmel, CA 93923.

Registered owner(s):
BANNER LAUREN C, 24493 San Mateo
Ave, Carmel, CA 93923.
County of Principal Place of Business: Mon-

County of Principal Place of Business: Monterey
This business is conducted by: an individual. The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,0001).

5/ Lauren C. Banner
This statement was filed with the County Clerk of Monterey County on Jan. 9, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it

expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal State or common

Dusiness Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). FBN FILING Publication Dates: Jan. 13, 20, 27, Feb. 3, 2017. (PC112)

NOTICE OF PETITION TO ADMINISTER ESTATE of LESTER T. HIBBARD Case Number 17PR000009

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of LESTER TOTTENHAM HIBBARD, also known as LESTER T. HIB-

A PETITION FOR PROBATE has been filed by DAVID L. HIBBARD in the Superior Court of California, County of MONTEREY The Petition for Probate requests that

DAVID L. HIBBARD be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the dece-

dent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept THE PETITION requests authority to

administer the estate under the Independent Administration of Estates Act. (This au-thority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give no-

tice to interested persons unless they have waived notice or consented to the pro-posed action.) The independent adminis-tration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows: Date: March 8, 2017

Time: 9:00 a.m.

Address: Superior Court of California, County of Monterey, 1200 Aguajito Road, Monterey, CA 93940.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections up the state of jections with the court before the hearing Your appearance may be in person or by If you are a creditor or a contin-

gent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the **later** of either (1) **four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in

California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisa of estate assets or of any petition or ac-count as provided in Probate Code section

1250. A Request for Special Notice form

is available from the court clerk.

DARIN H. DONOVAN, ESQ. 200 Page Mill Road, Suite 200 Palo Alto, CA 94306 (650) 804-7600

This statement was filed with the County Clerk of Monterey County on Jan. 9, 2017.

Publication dates: Jan. 13, 20, 27, 2017. (PC113)

SUMMONS – FAMILY LAW ON AMENDED PETITION CASE NUMBER: DR57460

NOTICE TO RESPONDENT:
THOMAS G. PARRISH
You are being sued.
PETITIONER'S NAME IS:
DOLLIE M. POPE
You have 30 CALENDAR DAYS after
this Summons and Petition are served on you
to file a Response (form FL-120) at the court
and have a copy served on the petitioner. A
letter, phone call , or court appearance will
not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and cost

be ordered to pay support and aftorney fees and costs.

For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services Web site (www.lawhelpcalifornia.org), or by contacting your local county bar association.

NOTICE — THE RESTRAINING OR-

nia.org), or by contacting your local county bar association.

NOTICE — THE RESTRAINING ORDERS ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a
judgement is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer
who has received or seen a copy of them.

FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form.
The court may order you to pay back all

or part of the fees and costs that the court waived for you or the other party.
The name and address of the court is:
SUPERIOR COURT OF CALIFORNIA,
COUNTY MONTEREY
1200 Aguajito Road
Monterey, CA 93940
The name, address and telephone number of the petitioner's attorney, or petitioner without an attorney, is

(831) 333-6039 Date Filed: April 27, 2016 (s) Teresa A. Risi, Clerk

by Lisa Dalia, Deputy
Publication Dates: Jan. 13, 20, 27, Feb. 3.
(PC 114)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20170018 The following person(s) is(are) doing busi-

ness as:
Haro Investigations, 105 E. Alisal St.,
Suite 201, Salinas, CA 93901, County of Monterey Registered Owner(s):

Investigations and Legal Services, Inc., 5 E. Alisal St., Suite 201, Salinas, CA 105 E. Alisal St., 93901; California This business is conducted by a Corporation

Registrant commenced to transact business under the fictitious business name listed above on Not Applicable upove on Not Applicable
S/ Gregory Yancy, President
This statement was filed with the County Clerk
of Monterey County on January 4, 2017
Original Filing
1/13, 1/20, 1/27, 2/3/17
CNS-2962011#
CAPMET BUSE COUNTY

CARMEL PINE CONE Publication Dates: Jan. 13, 20, 27, Feb. 3. (PC 115)

LEGALS DEADLINE: Tuesday 4:30 pm

Call Irma (831) 274-8645 irma@carmelpinecone.com

Commissioners stick with suggestions for street dance, want changes to July 4 party

By MARY SCHLEY

IN A case of déjà vu all over again, the community activities and cultural commission on Tuesday voted to reiterate the recommendations it made to the city council regarding holding occasional street dances in town.

Last November, commissioners discussed the idea of making the very successful street dance held for the centennial an ongoing event. They recommended the city hold the dance in Devendorf Park and a couple of adjacent streets on a Saturday in September from 5 to 8 p.m., and allow a nonprofit to sell wine, and keep the proceeds. They also said the dance could go on even if no group was willing to sell alco-

A month later, the council considered their suggestions and then voted to send the matter back to them, with a request for more ideas. Council members favored the concept

Fine-tuning an event that should happen more than once a century

of having the dance at a different location each time, rather than always at the park, and perhaps holding it on a Sunday instead of a Saturday. They also suggested it could take place more than once a year.

But the council's feedback didn't much change the cultural commissioners' minds.

"The recommendations we made at the last meeting were well thought out," com-

mission chair Judy Refuerzo commented at the Jan. 10 meeting. "The city council didn't have a chance to hear why we said the things that we set in place."

Specifically, she noted, the commission suggested using Devendorf Park and adjacent Mission Street, because that area would best accommodate the crowds, the band, and the separate area for alcohol sales. The September date would avoid conflicts with other events, but would still likely have good weather.

"I thought we had done a good job of thinking through all these things," she said.

Before voting to send virtually the same recommendations back to the council, commissioners did discuss the possibility of holding the dance at other times of year, or more frequently than annually, but ultimately, they decided to see wait and how the first dance goes. They also narrowed down the recommended dates to Sept. 9 or Sept. 16.

Fourth of July tweaks

Also at the Jan. 10 meeting, commissioners voted in favor of making some changes to the annual Independence Day celebration in Devendorf Park.

"It's gotten really crowded," community activities director Janet Bombard commented, before suggesting that the longtime community celebration be expanded onto Mission Street. "That would free up space for all the people to sit and dance and do the things they want to do in the park."

She also proposed that the community groups that have always provided the hot dogs, fruit, cookies and other snacks for free be permitted to charge for them, since feeding 1,000 hungry people can be costly. While the groups accept donations during the event, Bombard said some of them have told her that "providing food for so many people has become too expensive," a problem that could be rectified by charging reasonable prices.

She further suggested the commission allow food vendors from within the city to participate, which would result in greater variety and might ease the burden on the community groups like the Carmel Woman's Club, the Carmel Residents Association, the Lions and others.

While people enjoy the traditional offerings at the event, "it's staff's opinion that eventgoers would also appreciate a wider variety of food choices that accommodate more people's dietary choices and restrictions," she explained.

"The traditional things are still important and wouldn't go away, but it seems that incorporating a wider range of options would be a good thing," she told commissioners.

"Our little Fourth of July in the park has grown to a big event," Refuerzo commented. "I know people from out of town who come to Carmel, because it's a free event. But I don't know if it needs to be free."

She also favored the idea of having other food available, "for those of us who don't eat sugar, dairy, gluten or meat."

Resident Barbara Livingston worried that allowing other food vendors would undermine the community flavor of the annual celebration, and she repeated her frequent suggestion that the hedges along Mission Street be removed in order to open up the park on its west side.

Commissioner Donna Jett made a motion that the food booths be moved to Mission Street, that the city try to find more nonprofit organizations to participate and increase the diversity of food offerings, and that local food vendors be invited. The rest of the commission agreed.

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The Carmel Pine Cone

Halloween in 2066.

January 13, 2017

By MARY SCHLEY

 ${
m A}$ GATHERING that councilwoman Carolyn Hardy said would "be like the closing ceremonies of the Olympics" will take place Friday, Jan. 27, at 3:30 p.m., when the contents of the centennial time capsule will be displayed before they are placed in a steel box and buried in Devendorf Park, according to city administrator Chip Rerig. Last week, the Carmel City Council voted to approve the burial location of the capsule, along with the recommendation that it be opened on

The display, which will be accompanied by refreshments and cake, will mark the end of a year-long centennial celebration that began with opening ceremonies in early January 2016, and peaked with an elaborate parade, luncheon and street dance in late October.

"It was a really celebratory discussion," Rerig said of the

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Jan. 5 special meeting, when the council approved the proposal to bury the capsule near the bust of city father J. Franklin Devendorf in the downtown park that's named after

CENTENNIAL TIME CAPSULE TO BE BURIED IN DEVENDORF PARK

"To help commemorate the city's 100-year anniversary, the Centennial Committee has been collecting representative items for inclusion within a time capsule. The items will provide future citizens with a historical perspective of life in Carmel-by-the-Sea in 2016," budget director Sharon Friedrichsen wrote in her report for the council. "Public works staff has preliminarily identified a location and will determine the precise location during the capsule's place-

In a memo from the Centennial Committee, members recommended the location be noted by GPS coordinates and recorded on official documents to be stored at the library, public works, and elsewhere. The coordinates won't be disclosed publicly, according to Rerig.

They deferred to the council to decide whether the burial should be a public event. If it is, they said, it should take place before the end of the month.

The time capsule, which cost \$1,426.52, is made of stainless steel and has a single opening at the top. Centennial committee member Bill Godwin said it will contain more than 100 items, including the DVD and selected still photos of the Oct. 29, 2016, centennial celebration; a high-heel permit; the program from the Oct. 23 concert and its opening piece, "Big Sur, The Night Sun," written by John Wineglass specifically for the centennial; a small canister of Carmel Beach sand; a program and script from Walt deFaria's centennial play; a centennial bottle of wine from Jack Galante; photos from the sandcastle contest; and 2016 yearbooks from Carmel High and Carmel Middle Schools. Once filled, the 12-by-12-by-20-inch box will weigh about 60 pounds.

Committee members recommended the capsule be placed upright in a 2-by-2-by-3-foot pit, with pea gravel or sand placed underneath and around it. A slab should be poured over the capsule to protect it, and inscribed. "The slab could be covered with plantings," they wrote, and "in keeping with other city time capsules (the police department and Sunset Center), we recommend there be no visible plaque identifying the locale of the capsule."

The display of the time capsule's contents and accompanying festivities will take place in council chambers in city hall on Monte Verde Street south of Ocean Avenue.



This 12-by-12-by-20-inch steel box will be filled with mementos from the city's hundredth year, and then buried in Devendorf Park, where it will be dug up in 2066.

Panetta, Lucius to talk about empowering women

By CHRIS COUNTS

CONGRESSMAN JIMMY Panetta's wife and his opponent in last November's election come together Friday, Jan. 13, when the Performing Arts Center at Carmel High School hosts a panel discussion, "Wonder Women: Voices in Our

The panel includes Monterey County Superior Court Judge Carrie Panetta, former Pacific Grove City Councilwoman Casey Lucius — who ran against Jimmy Panetta — publisher Kate Daniels, businesswoman and volunteer Laura Ferre, Carmel Valley Coffee Roasting Co. owner Janet McAthie, and Katherine Kane, district manager of Monterey County's Doctors on Duty clinics.

"This event aspires to hear the voices of strong, successful women in our own community as well as women who work for organizations that promote women empowerment," reads an invitation.

Lucius, who lost to Panetta in the 2016 congressional race to represent California's 20th district, told The Pine Cone she can offer students the perspective of a woman who has spent her career in a man's world. She worked as a professor of national security decision-making at the United States Naval War College before launching her bid for Congress.

"I have a unique set of experiences," Lucius explained. "Throughout most of my career, I've been the only woman working in the field, in the Navy as an officer, as a professor at the Naval Postgraduate School and the Naval War College, and as the only female on the Pacific Grove City Council."

Instead of feeling intimidated, Lucius urged women to view their uniqueness as an advantage. "Some people might see it as unfair, being only the female in the room," she said. "But we have a choice — we can feel discouraged and pout, or we can speak up and make our voices heard.'

The event is presented by Carmel High's Legacy Club. The talk begins at 11:45 a.m. Visitors are required to check in with the front office.

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Water quality concerns delay decision on Cachagua church

By CHRIS COUNTS

RESIDENTS ARGUED for and against allowing a Cachagua home to be converted into a church at a Monterey County Planning Commission meeting Jan. 11, but the commission put off making a decision about the church until concerns about fluoride in the water on the site are addressed.

The topic will be taken up again at a meeting Feb. 22.

Led by pastor Orville Myers, a former photographer for the Monterey County Herald, the church would be located on a 10acre site at 19345 Cachagua Road. An 1,926square-foot main residence and a caretaker's unit already exist on the site.

The plan calls for building a 744-squarefoot addition and a basement to the main residence. According to planning documents, it would be called the First Baptist Church. The main building would be the sanctuary, the basement would be used for youth programs, and the caretaker's unit would provide a home for Myers.

The church would offer Sunday services ("outdoors on the stone patio when weather permits"), weekly Bible studies, prayer meetings and counseling. Summer day camps and camping are also planned.

Early in the hearing, planning commissioner Martha Diehl asked about the water quality at the site. County planner Joe Sidor said the existing water is "not suitable for drinking," and "signage on water taps" would make that clear to those attending the church. Myers later noted that bottled water is provided at church services.

Responding to Diehl's concerns, county environmental health official Roger Van Horn said the staffer who reviewed the project is out on maternity leave — and more time was needed to sort things out. "We'd like to request a continuance so we can come up with the reasoning," he asked.

The commissioners agreed with the plan, but chair Cosme Padilla suggested letting the public testify. "They've come from such a long way, especially in bad weather," he rea-

Nearly two dozen people sounded off on the subject, and their views were split between supporting and opposing the conversion of the home into a place of worship.

Opponents took aim at the proposal, warning that it will create traffic, noise and even harm to steelhead.

Like many of his neighbors, Don Bonsper is worried about the traffic the church would generate. The plans for the church call for 31 parking spaces. "The location is very dangerous," Bonsper explained. "There's a oneway bridge and a blind curve. The entrance and exit are difficult."

Increased traffic was on the minds of several speakers. One resident dramatically illustrated his concerns about the dangers of putting more traffic on Cachagua Road. "I almost got hit by a car this morning," he testified.

Carmel River Steelhead Association President Brian LeNeve said he's worried the church will harm steelhead.

"It's awful hard to argue against a small project in a rural area, especially a church," LeNeve said. "But I'm here to do that. We're going to oppose anything that harms steel-

Among those defending the church was restauranteur and resident Michael Jones. He

See CHURCH page 30A



Padre Parents and Carmel High School

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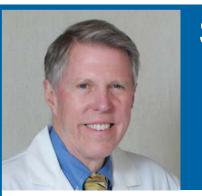
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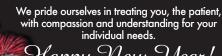
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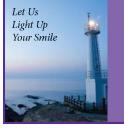


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The Whale Entanglement Team really did need a bigger boat

By ELAINE HESSER

It WAS quite a tale that Peggy Stap told. She's the executive director of the Whale Entanglement Team. That's a private nonprofit that she created within the Marine Life Studies organization she founded to conduct research on whales and other sea life in Monterey Bay.

She was at the first fundraiser for Marine Life Studies — a two-day garage sale — when she got a call asking for help disentangling a whale in the bay. Stap had come here from Maui, where she volunteered with the Hawaiian Island Humpback Whale National Marine Sanctuary, and assumed that the resources to solve such a problem were similar to the ones she called on there.

They weren't.

In fact, there was no rescue team to call on, so she finally called a friend and mentor in Hawaii, Ed Lyman, who specialized in saving entangled whales. Then she called the local National Oceanic and Atmospheric Administration office, which agreed to help out. With Ed on the phone, they took a team out on a NOAA boat and were able to free the whale.

Answering the calls

That was when Stap decided to form an organization that would work something like a volunteer fire department. After receiving proper training, they would answer calls to cut lines and nets off of whales. She has 111 volunteers working with Marine Life Studies, about 20 of whom are part of the Whale Entanglement Team.

The team started out with a 19-foot boat and some basic rescue equipment. For the sake of comparison, humpback whales average around 40 to 50 feet long, and gray whales average about 50 feet long.

She said the lines — which usually come from crab pots — cause harm in several

ways. If they get wrapped around the creatures' mouths, they can't eat. The lines can also make it difficult for the whales to swim, and in extreme cases can leave them exhausted and unable to surface for air. They can also chafe and cut, leading to infections.

The relatively good news is that none of that happens overnight. Once an entangled whale is spotted, the team might have days or even weeks to remedy the situation.

Stap recounted a story that began on Apr. 27, 2014, with the sighting of a humpback whale that had crab pots and their lines wrapped around it. A team went out and launched a 14-foot inflatable craft that came up next to the whale. Stap explained that team members arrive at the site in a combination of the organization's boat, volunteers' boats. They can sometimes get a ride from NOAA or the Coast Guard, as well.

Satellite technology

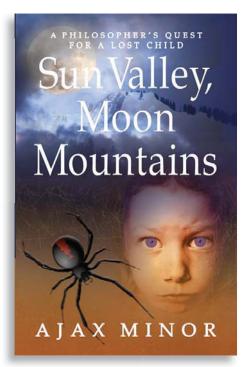
The giant mammals don't always cooperate, but Stap said that a lot of the time, they're tired and don't mind the team's presence unless a procedure hurts them in some way. The team was able to cut off the crab pots and release three presumably disoriented but otherwise unharmed crustaceans, but there was still some line wrapped around the whale's body.

Bad weather came up and Stap had to make the call to go back to land before they could finish. Fortunately, the first thing the team does every time they answer a call is attach a telemetry buoy to whatever the creature's wrapped up in, so that they can find it again. The buoys cost upwards of \$7,000, and include a battery that can last up to 70 days. They work with satellites and VHS to keep track of the animals.

The whale took off south, and by the time

See BOAT page 20A

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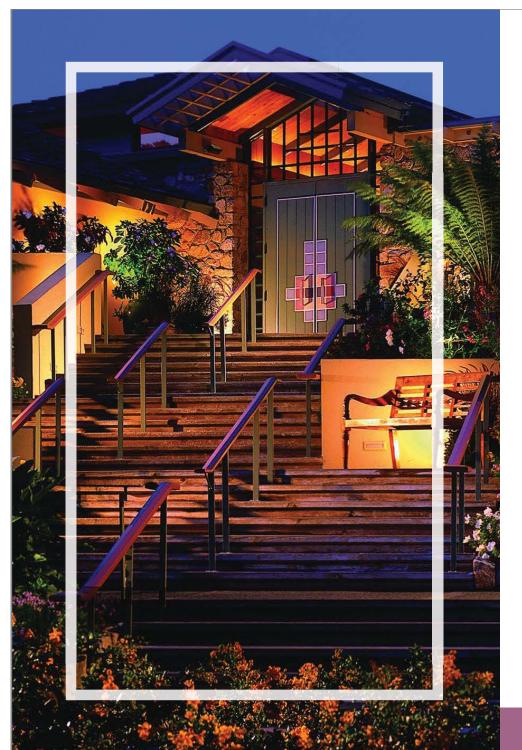
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Aquarium to add veterinary building

By KELLY NIX

THE MONTEREY Bay Aquarium is gearing up to break ground on a \$7 million veterinary clinic addition that will allow its staff to offer better medical care to its collection of animals, as well as to those that are rescued.

The 6,000-square-foot, two-story addition — which will straddle the city boundaries of Pacific Grove and Monterey will essentially be two "new hospital wards" to allow the aquarium's vets to take care of its animals, such as birds and reptiles, spokesman Hank Armstrong told The Pine Cone.

"It will bring a lot of improvements for our veterinary staff's ability to provide care to both our collection of wildlife and the wildlife that come in" and need treatment, Armstrong explained. "It's a pretty big deal, actually."

According to a report by the Pacific Grove Planning Commission, which approved the expansion project, the twostory addition will be built over an existing basement level of the main aquarium building overlooking its corporation yard,

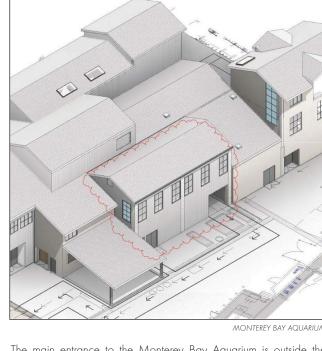
on the northwestern side of the facility.

The addition will have will have a pathology lab, a room for necropsies, a space for surgical laundry and a storage area. The clinic's electronics and diagnostic equipment will be placed in more suitable locations. The aquarium already has a facility to provide medical care for sea otters, and fish are treated in tanks in other areas.

Like medical care for humans, veterinary care has evolved in the more than three decades the aquarium has been open. The new addition will also allow for X-rays, laparoscopies, endoscopies and MRIs of animals, and will bring the aquarium "back up to the forefront of industry standards," Armstrong said. Currently, some of the procedures the addition will offer are done in-house and at other clinics.

"It's basically about getting best practices put in place," he explained. "We are a world-class aquarium, and it's really our commitment to provide world-class veterinary care. And in

See AQUARIUM page 30A



The main entrance to the Monterey Bay Aquarium is outside the frame to the right of this graphic, which shows an expansion of the aquarium's veterinary facilities. Construction will begin in March.



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Proposed

Monterey Peninsula Water Supply Project



Public Notification for Release of a Draft Environmental Impact Report/Environmental Impact Statement and Open House/Public Meetings

On January 13, 2017, the California Public Utilities Commission (CPUC) and Monterey Bay National Marine Sanctuary (MBNMS) released the Draft EIR/EIS for the Monterey Peninsula Water Supply Project (MPWSP). The MPWSP is needed to replace existing water supplies that are constrained by legal decisions affecting the Carmel River and Seaside Groundwater Basin. The MPWSP is proposed to include various facilities and improvements, including: a subsurface seawater intake system in Marina; a 9.6 million gallons per day (mgd) desalination plant in unincorporated Monterey County; approximately 21 miles of water conveyance (pipelines) and storage facilities; and improvements to the existing Seaside Groundwater Basin Aquifer Storage and Recovery facilities in Seaside. The Draft EIR/EIS also evaluates alternatives, including a reduced-capacity (6.4-mgd) desalination plant and all other facilities included in the proposed project, plus an agreement to purchase 3,500 acre feet/year from the proposed Pure Water Monterey Groundwater Replenishment project. Note: The MRWPCA has prepared a separate and independent DEIR on the GWR Project.

The comment period on the MPWSP Draft EIR/EIS is open until February 27, 2017. The Draft EIR/EIS and Appendices are available for download at: http://www.cpuc.ca.gov/Environment/info/esa/mpwsp/comms_n_docs.html.

Copies of the report are also available for public review at: MBNMS, Monterey County Library branches (Castroville, Marina, Carmel Valley, and Seaside), CSU Monterey Bay Library, City of Marina Community Development Department, City of Seaside Community Development Division, MPWMD, and MRWPCA.

The CPUC and MBNMS will host two (2) open house/public meetings and one (1) public hearing to facilitate your review of the Draft EIR/EIS. The open house/public meetings will include a brief presentation on the contents and conclusions of the Draft EIR/EIS and interested parties will be provided an opportunity to interact with technical staff and preparers of the Draft EIR/EIS. The public hearing will focus on receiving oral comments on the Draft EIR/EIS.

Open House: Wednesday, February 15, 11:00am-1:00pm

Marina Public Library Community Meeting Room,

188 Seaside Ave. Marina

Open House: Wednesday, February 15, 6:00-8:00pm

Oldemeyer Center, 986 Hilby Ave. Seaside

Thursday, February 16, 4:00-8:00pm **Public Hearing:**

Sunset Center, Carpenter Hall, San Carlos Street, Carmel

Comments may be submitted either at the public meeting or in writing. Please send your comments to:

CPUC/MBNMS, c/o Environmental Science Associates, 550 Kearny Street, Suite 800, San Francisco, CA 94108; fax: 415.896.0332; email: MPWSP-EIR@esassoc.com.





PANETTA From page 1A

House members also called for the Security Council's decision "to be repealed or fundamentally altered so that it is no longer one-sided and anti-Israel."

Most Democrats, 109 of them, voted for the GOP-led resolution, while 76 voted against it, including Pelosi, San Jose-area Rep. Anna Eshoo and Rep. Eric Swalwell, a friend of Panetta's whose district includes the East Bay.

Minnesota Rep. Keith Ellison, the frontrunner in the race for chairman of the Democratic National Committee, also voted against the resolution. The final vote was 342-80.

Panetta also cosponsored a separate but related House resolution that "opposes boycotts" and "divestment campaigns and sanctions that target Israel," and "supports the U.S. veto of any one-sided or anti-Israel U.N. Security Council resolutions."

That decision, Panetta explained, "reiterates support for a negotiated settlement leading to a sustainable two-state solution that reaffirms Israel's right to exist as a democratic, Jewish state."

On Trump votes and drilling ban

On Jan. 6, Panetta attended the joint session of Congress to confirm the electoral college ballot count for the November 2016 presidential election when several defiant House Democrats — embittered that Donald Trump will soon be president — protested.

"Mr. President, I object because people are horrified by the overwhelming evidence of Russian interference in our election," said Rep. Barbara Lee of Oakland before Vice President Joe Biden, who presided over the session, slammed down the gavel, telling Lee and other members before her that the topic wasn't open to debate.

None of the protestors had their written objections signed by a senator — a requirement in order for such protests to be heard.

Lee, the congresswoman whose territory includes northern Alameda County, protested more passionately the next time around.

11 A

"I object on behalf of the millions of Americans, including members of the intelligence community ..." she said before her microphone was silenced.

Regarding the lack of decorum by the Democrats, Panetta said, "I can't speak for my colleagues, but I do understand that some of my constituents are fearful of what President-elect Trump will do once in office. I'm not averse to peaceful protests, but it has to be for the right reasons, at the right place, and at the right time."

The joint session last roughly 45 minutes, with all the electoral votes certified and in favor of President-elect Donald Trump and Vice President-elect Mike Pence. Trump will become president Jan. 20 at 9 a.m. Pacific time.

Panetta last week also cosponsored the reintroduced West Coast Ocean Protection Act, which seeks to prohibit new gas and oil drilling leases and "permanently protect" California, Washington and Oregon from offshore oil drilling. Panetta said the bill makes "environmental and economic sense."

"By protecting our coastline for us and our future generations, we also promote our ocean-based economy," Panetta told The Pine Cone. "The Central Coast is an excellent example of what can happen when we protect our ocean. Our area's robust travel and tourism industry, commercial and sport fishing, and world-class marine research institutions and universities are vital pieces of our local economy that rely on a healthy ocean."

In December, President Barack Obama permanently protected areas in the Atlantic and Arctic oceans from oil and gas drilling, but did not do the same for the Pacific Ocean. The new legislation would prohibit new oil and natural gas leases in federal waters off the coast of the continental United States from Mexico to Canada, according to Congressman Jared Huffman of San Rafael, who introduced the bill.



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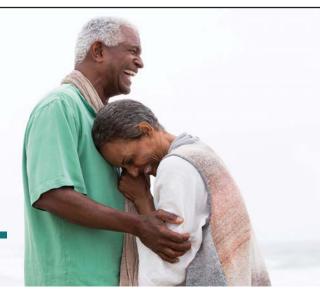
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Rainfall totals significant — but still a long way from record

By KELLY NIX

THE HEAVY rains in the Monterey Peninsula have been above average, but are still well short of records.

In October, November and December — the first three months that the Monterey Peninsula Water Management District designated as the "water year" — the Peninsula got 7.35 inches of rain, or 108 percent of the long-term average. The water district takes measurements in Carmel Valley at the site of the former San Clemente Dam.

"So far in January, we have had 5.47 inches, which is 127 percent of the long-term average for the month, so we are already over a month's total in the first 10 days," water district general manager Dave Stoldt told The Pine Cone

The first year of data was 1922, Stoldt said.

The all-time record for an entire water year is 47 inches, which fell in 1997-1998. Since the beginning of this water year, the Peninsula has received just under 13 inches.

In comparison, by the end of January 2016, the Peninsula had received 14.31 inches of rain. In 2015, 10 inches had fallen, and in 2014, the Peninsula had less than 2 inches of rain by the end of that month. The record for the water year to date also came in 1998, when about 18 inches fell.

"By the end of [January], it will likely be more than recent years, but possibly less than 1998," Stoldt said. "We'll see."

Stoldt said that on Dec. 16, the Los Padres Dam filled up and started to spill, and the Carmel River Lagoon breached three days later, "and has cycled through several openings

More than 200 acre-feet of water (more than 65 million gallons) have been injected into the district's aquifer storage and recovery facilities. In fact, about 13 acre-feet of water per day is being injected into ASR per day, Stoldt said.

"We were at 15 acre-feet [of ASR injections] this time last year," water utility California American Water spokeswoman Catherine Stedman told The Pine Cone.

The significant amount of rainfall has meant a large

amount exiting the Carmel River and flowing into the Pacific Ocean. In just the past four days, Stoldt said Thursday, the Carmel River averaged 2,688 cubic-feet-per-second of water

"So over that four-day period, approximately 21,500 acrefeet went out to sea — a two-year supply to meet the customer demand on the Peninsula," Stoldt said, citing the results of a water gauge placed at the river and Highway 1.

No matter how much rain the Peninsula gets, it doesn't mean residents can use more H2O. That's because the state water board ordered Cal Am to drastically cut back water diversions from the Carmel River, the Peninsula's primary water supply, because of the "threatened" steelhead fish and red-legged frog that inhabit it. In other words, because of environmental restrictions, no matter how many storms we get, we are still far short of what we need.

To provide alternative water sources, the water district is working on a recycled water project and Cal Am is developing a desal facility in Marina. The environmental impact report for the desal plant could be released on Friday, Jan. 13, Cal Am, Stedman said, following a lengthy delay.

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ADAMS

From page 1A

Anderson and office manager Susan Moore.

"These women have worked so diligently to prepare our office in many, many different ways," Adams said. "But all I can say is that we are ready for you, and we hope you are

Adams said she maintained "one vision" while running for the position, and that was for "effective governance for Monterey County."

"It's an exceptional place to live, and one of the things I

learned when I was on the campaign trail is how much people who live here love it," she said. "The second thing I've learned is that people who are here really want to

Adams, whose office is in the Monterey courthouse, also said it was a "tremendous honor to be able to move forward" and "look ahead for the things we will do together," and thanked her supporters for trusting

"I stand on the shoulders of so many people who have gone before me" and the



Mary Adams

"many people on this board who have worked very, very hard in many different elements of the community and public service to bring us to where we are," Adams said.

Parker and Alejo

In comments to their supporters, Alejo, who ousted veteran supervisor Fernando Armenta, and Parker, who defeated a challenge by former Salinas Mayor Dennis Donohue, took the opportunity to comment on a Donald Trump administra-

In addressing President-Elect Trump's campaign promise to deport those who are in the United States illegally, Alejo — whose family came to the Salinas Valley in the 1950s as farmworkers — said the local agricultural industry and economy would be "devastated" "without the hard work provided by our immigrants."

"I want to make clear today that we are entering very difficult times — in an era of fear for a big sector of our community under an incoming federal administration," said Alejo, whose district has a large number of Latino residents. "I want to let our immigrant families and our Dreamers know that I will continue to protect them from draconian laws and efforts that will target them, just as our incoming president has repeatedly promised to do.'

Parker said the Monterey County Board of Supervisors would be "up for the challenge" with a Trump administration. She also said she would "continue to fight for the kind of society we want to live in — one that values all people, regardless of race, gender, sexual orientation, immigration status," and one that "operates on principles of compassion and understanding rather than fear and hate."

"I vow to stand for and fight for these things over the next four years," Parker said, "and I invite all that are listening to

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Cruz said.

STORM From page 1A

Paul's Slide, which is threatening to block the road just south of Gorda. There are other slides creating problems as well, including one near Esalen Institute. "If we get good weather, it could be open by next week, but we don't want to make any assumptions,"

near Fernwood Resort, dragging several large redwood trees along with it. But it's been cleared, and visitors coming from the north can now access resorts and businesses

Another slide blocked the scenic route

Cruz said the problems could have been much worse had Caltrans not taken a variety

as far south as Deetjen's Big Sur Inn. of measures. Since 1998, when storms



Just steps from the Big Sur River Inn, the Big Sur River surged toward the ocean this week as it swelled with rain and debris from the Soberanes Fire.



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closed the highway for months, the state road agency has completed the \$30 million Pitkins Curve-Rain Rocks project and the \$11 million Rocky Creek viaduct project, and replaced numerous culverts along the

Traffic delays and road work are customary in Big Sur during the rainy season. But even old-timers could be excused for worrying about the Big Sur River, which rose dramatically during the week's storms. At just before midnight Jan. 10, the river was two feet above flood stage — the highest level recorded since 1978.

The river is also swollen with ash and debris from last summer's Soberanes Fire, which destroyed vast acres of erosion-controlling vegetation. But so far, it hasn't caused any major problems.

County road in trouble

In Palo Colorado Canyon — where the Soberanes Fire destroyed 57 homes and left many others vulnerable to mudslides — a section of Palo Colorado Road that crosses Rocky Creek is impassable and failing fast, reported Cheryl Goetz, the chief of the Mid-Coast Volunteer Fire Brigade.

'The culvert [under Palo Colorado Road] was jammed with debris," Goetz told The Pine Cone. "We were able to move some stuff out and let the river flow, but the culvert had been compromised. Half of the road is gone there."

Goetz said the immediate future looks bleak for the troubled section of pavement.

"I talked with engineers, and they said if it holds another two days, they would be surprised," she said. "Until it stops raining, there's no way to repair the road."

The fire chief said there are "at least 30 households" located beyond the site. Some of those residents are facing a second potential roadblock reaching their homes slide along a private dirt road that parallels Rocky Creek.

Another private dirt road that travels up Green Ridge in Palo Colorado Canyon where many homes were burned — has so far not had any major problems because of recent work done by PG&E, Goetz said.

"PG&E uses the Green Ridge Road to service transmission lines between Big Sur and Carmel Valley," she explained. "If the road is compromised, they'll have no way to service those lines."

To prevent that from happening PG&E began replacing all the culverts along the narrow and winding road about a month ago. The fire chief called the company "an absolutely wonderful partner." "They've gone above and beyond," she said.

Despite the challenges her neighbors are facing, Goetz predicted few will leave Palo Colorado Canyon for drier places. "People are going to stay and figure it out like they always do," she said.

Goetz said she's surprised things have gone as smoothly as they have since the fire. But she urged her neighbors to stay vigilant since it's still early in the wet season.

"We've been blessed up to this point," she added. "I'm amazed everything has held up as well as it has. But winter is just getting started."

From fallen trees to sinkholes

Carmel police fielded 65 storm-related calls for residential flooding, fallen trees and downed wires, and other problems between Saturday and Tuesday, according to Chief Paul Tomasi. But the city was ready, he added, with people available on call and others already at work in the emergency operations center. The city's volunteer-led citizens emergency response team was also activated to help with traffic control and road closures, and three tree companies were also at the

The most significant calls, Tomasi noted, involved trees falling on cars and homes. Saturday morning, a tree on Carpenter street south of Fifth Avenue toppled onto the owner's garage and the neighbor's roof, causing major damage, and that afternoon, a tree a few houses away crashed onto a garage, but caused no damage.

The next morning, another pine broke, landing on the garage, parked car, fence and backyard of two homes on Sixth Avenue west of Carpenter Street. A few hours later, a large limb fell from a tree on Junipero north of 13th, damaging the bed of a parked pickup truck, according to police reports.

Assistant city forester Matt Feisthamel said the most significant damage caused by a city-owned tree occurred at Guadalupe and Sixth, where it crashed into a car and a garage. About a dozen trees fell throughout the city, and many broken branches required cleanup by city crews.

Yesterday, we had a tree go into a moving vehicle — it fell on a car that was driving," Tomasi said Wednesday. "We were very lucky there were no injuries." In that incident, a small pine fell onto Allen Tiongco's Mini Cooper as he was slowly driving in the area of Mission and First. It landed on the front right windshield and roof of

"When you have trees getting uprooted and trees getting snapped halfway up, it's crazy," Tomasi said, adding that major trees also fell at Mission and Second, and in the area of Carpenter and Camino del Monte. A large tree fell across the road and took down

Continues next page

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From previous page

power lines on Valley Way near Lobos in the county area, with the road blocked and work there still underway Thursday morning.

Although city crews did their best to prepare for the torrents by clearing out storm drains, some drains quickly filled with debris, according to public works director Rob Mullane, and water filled streets and even jumped the curb on Scenic Road.

"We had flows overwhelming our storm drains that scoured out a small canyon at the base of Del Mar and caused some erosion," he added. "We're working with a contractor to make repairs at that area."

Small sinkholes also formed on Mission Street near Sunset Center.

While police fielded reports of residential flooding, and of water in downtown businesses and garages, Tomasi also noted that the city's sandbag pile near public works ran out quickly. "We completely went through our sandbags and our sand, so we ordered an



As soon as the storms broke Wednesday morning, golfers were out at Spanish Bay, and a beautiful rainbow was in the western sky to greet them.

emergency supply from the county, and they dropped off 900 filled sandbags, which we have also gone through, and we've since ordered more," he said. "It's amazing how many bags we've gone through."

Tomasi and Mullane also praised PG&E for responding quickly to calls for help with downed trees and power lines, and Tomasi noted that Sgt. Chris Johnson was particularly helpful during the storms, since he knows the city and its operations so well.

"Because the storm came from the south, it kind of hit us head on, so it caused more damage," Mullane said, as opposed to the those that come from the north, when the city is somewhat buffered by the Peninsula.

'We really got lucky with this storm," Tomasi added. "There were no injuries just property damage. That's significant in this town."

C.V. flooding, rescue

A small number of residents in the Paso Hondo area of Carmel Valley Village were

forced to contend with floodwaters more than once during the storms, as the Carmel River inundated their homes over the weekend, only to do so again Tuesday night, after the water crept around a wall of sandbags, according to Monterey County Regional Fire Chief Michael Urquides.

"It was a busy night — the same homes on Paso Hondo were flooded again, but not to the volume that they were two days ago, because we had Cal Fire inmate crews build a 1,200-sandbag wall," he said Wednesday. "It did its job, but the river leaked around a little bit, and got into three homes."

Voluntary evacuations were also called for that night, but Urquides said nobody left.

One of the flooding victims, Roseann Tringali, saw the river run through her home and garage, damaging her car, appliances, and the home itself, as it hit the 3-foot mark during the first heavy storm.

"It was coming in from the side, and from the back, within minutes," she told a KSBW reporter. "My car is destroyed. It was in the garage, and it just filled up." The refrigerator and freezer in the garage were floating in the floodwaters,

Now that the ground is saturated from the frequent rains, there isn't anywhere for the water to go, so more storms will quickly cause further complications, Urquides added. The soggy ground also means more falling trees and downed lines.

"We're seeing a lot of compromised trees, and we're concerned about power lines," he

Urquides also said some people are wondering if the removal of the San Clemente Dam exacerbated the flooding, since this neighborhood didn't flood when many others did in 1998.

"And some people were concerned there hadn't been enough cleaning of the river," he added. "A lot grew in it from the drought."

But some people saw the surging river as more of a challenge than a problem. On Monday afternoon, firefighters and Cal Fire's swift-water rescue team had to assist a pair of kayakers who got stuck in the river near Paso Hondo. One had made it to shore and was trying to figure out how to get his buddy out when firefighters arrived and convinced him to wait until they set up a system to retrieve him.

"These guys aren't having much luck getting themselves out of this situation," one of the firefighters told the dispatcher. "Both boaters are OK at the moment, and we are urging them to be patient and wait for our team.'

The team finally managed to rescue the stranded kayaker, and both men were unharmed, according to Urquides.

DMF cleanup

In Pebble Beach, damage to company property was minimal, according to David Stivers, executive vice president of the Pebble Beach Company.

"Following the storm, the golf courses and resort are in good shape," Stivers said. "We lost a few trees along the golf courses, experienced some minor erosion, and had to do a lot of cleanup. We also had some minor power outages, which were handled by our extensive generator system."





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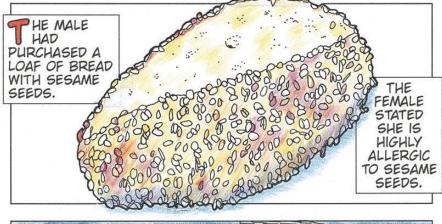
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UNITS From page 1A

invalidates local laws if they don't comply, planning director Marc Wiener told the commission Jan. 11. On Jan. 1, the city's ordinance — which only allows second units when needed for a medical hardship, or if they meet affordable-housing requirements and are built on lots that are at least 8,000 square feet — became void.

"Right now, we're not covered, so if someone wants to come in and build an accessory dwelling unit, it's by the state law," planning director Marc Wiener said. According to the new law, local governments can't prevent people from building granny units, as long as they meet zoning rules and have sufficient water, and can't subject them to the design rules and other scrutiny that most building projects undergo.

"The state says we can't over-regulate," Wiener said.

Applications for second dwellings also must be handled within 120 days, and be approved over the counter by the



HOWARD M. HODGES

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Please join us for an open house to celebrate the life of Howard Hodges on Sunday, January 22nd from 2 p.m. to 4 p.m. at the Elks Lodge 150 Mar Vista Drive, Monterey



ELEANOR CAROL CHURCH

Dec. 13, 1941 - Dec. 24, 2016 Resident of Pacific Grove, CA

Eleanor "Ele" Church, 75, passed away on December 24, 2016 after a lengthy battle with cancer. Throughout her life, Ele loved animals, travel, dinners with friends, and all music. On December 13, 1941 Ele was born in Yonkers, New York as Patricia Anne Jerry to her birth parents Barbara P. Jerry and William H. von Schondorf. After birth, Ele was adopted and renamed Eleanor Carol Crivy by her adopted parents, Fanny and Morty Crivy. Ele earned two Master's degrees and taught first grade for ten years in New York. Ele worked at Soledad Prison since 1982 and held several key positions throughout her career. She retired as Correctional Counselor II (Specialist) on 12/31/99. She was a resident of Carmel Valley in 1971. In 1973, Ele met her birth family for the first time. Their reunitement inspired her to become a published author. Ele is survived by her sister, Toni Lee von Schondorf-Armstrong; her cousin Carol Bratman; stepdaughters, Patricia Decker, husband Mark and their two children; Sandra Neider and husband Terry; and goddaughter Jessica Lynn Boles. A wonderful family from Peace of Mind Dog Rescue has adopted Ele's beloved dog, Yoda. The Celebration of Life Service will be held at 2:00pm on January 28, 2017 at the Community Church of the Monterey Peninsula, 4590 Carmel Valley Road, Carmel, California 93923. In lieu of flowers, contributions may be made in Ele's name to: Peace of Mind Dog Rescue P.O. Box 51554, Pacific Grove, CA 93950.

planning department, with no environmental review or appeal to the planning commission or city council.

January 13, 2017

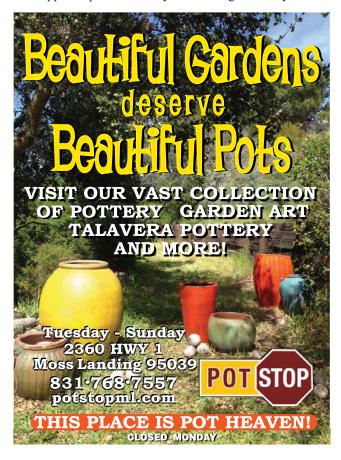
To bring the city into compliance, Wiener suggested the planning commission support an ordinance to allow the additional units on lots 6,000 square feet or larger, but not permit the total floor area (including the new unit) to exceed the maximum stated in the zoning code, which is 2,460 square feet, including 200 square feet for parking. The second unit also couldn't be taller than the house it's attached to, and if it's detached, it can't exceed a height of 12 feet. The minimum size would be 150 square feet, while the max would be 600 square feet if it's separate, or no more than half the square footage of the main house if it's attached.

No parking needed

The California law states no additional parking will be required if the unit is within a half-mile of a bus stop or a rideshare lot. In a small town with several bus stops, Wiener said, most properties wouldn't have to provide parking.

Finally, he suggested the city require the new second units to have the same exterior, roof, windows, doors and style as the main home

While commissioners worried the accessory units would just be used as guesthouses — which are subjected to a more strict approval process — they acknowledged the city would-



JARED KENNEDY RODGERS

n January 9, 2017, at his home in Carmel-by-the-Sea, California, Jared Kennedy Rodgers, age 48, B.A., B.S., D.V.M., a Baltimore native who blended careers in veterinary medicine and rock music. He was the loving husband of Alison Kirsten Meyers, R.N.; beloved son of Joann Ellison Rodgers of Owings Mills, M.D. and George Greeley Rodgers of Ellicott City, M.D.; cherished brother of Adam F. Rodgers of Calabasas, CA; adored grandson of the late Max and Dorothy Ellison of Baltimore, M.D.; and the late Mary Fletcher and Robert Fletcher of Massachusetts; devoted stepson of Margaret B. Rodgers of Rogers Forge, M.D.; adored uncle of Margaret Ellison Rodgers of Annapolis, and Aaron Rodgers and Levi Rodgers of Calabasas; loving step-brother of Thomas (Sabrina) Greenman of New York and Charles Edward (Jennifer) Greenman of Pennsylvania. He is also survived by his companion dogs, Wellington and Buddy.

A graduate of Pikesville High School in Maryland (1986), the University of California, Santa Cruz (1990), and the Tufts University Cummings School of Veterinary Medicine (2007), he worked as a professional bassist, singer and songwriter with bands and studios in San Francisco and the Bay Area.

He was a long time member of Baltimore Hebrew Congregation in Baltimore and a member of the American Veterinary Medical Association.

Funeral services will be held Saturday, January 14, 2017; 11 a.m. at the Paul Mortuary 390 Lighthouse Ave., Pacific Grove, CA, with cremation to follow. Contributions in his memory may be made to the Society for the Prevention of Cruelty to Animals. A life celebration will be scheduled in Baltimore in February.

Please visit <u>www.thepaulmortuary.com</u> for condolences and guest book.

n't have much control over that. They also wondered if they could require that the units be for low-income tenants only, but Wiener suspected the state would object, since it could be seen as being overly restrictive.

"We have to comply with state law, so I think staff has done the best they can to make it work as well as possible," commissioner Karen Sharp said, and the rest of the commission agreed, voting to send the recommendations to the council for adoption.

Pot rules

To address the new state law allowing recreational use and growing of marijuana, Wiener recommended commissioners approve the strictest local ordinance possible — essentially, requiring anyone growing marijuana for personal use to do it indoors, and forbidding commercial activity or processing of any kind.

"Proposition 64 gives local jurisdictions authority to prohibit outdoor cultivation and commercial sales, and as such, the proposed ordinance would ban these activities," Wiener explained.

The law would also state that smoking pot in public is subject to the same rules as cigarette smoking, which is banned in parks and at the beach, and anywhere else that displays a "no smoking" sign.

Other provisions would restrict the processing of marijuana in any way that the smell might bother someone and state that the plants and harvested marijuana have to be locked up on the person's property.

"It's being presented as the most restrictive ordinance," Wiener said. "It's up to the commission to decide if there should be more leeway."

Commissioners were open to the idea of allowing residents to grow the plants outside, and of permitting retailers to sell marijuana in the city. Chair Don Goodhue noted that growing plants indoors could be bad for the house, due to dirt and moisture, and Wendt observed that power use would increase.

Marijuana at the drugstore?

Residents Kevin D'Angelo, Jeff Baron and Barbara Livingston all argued for the right to grow marijuana outdoors, as long as it's not visible from the public right of way.

"I think this is an opportunity for Carmel to show its Bohemian side and allow the outdoor cultivation of one or two potted pot plans per residence," D'Angelo said.

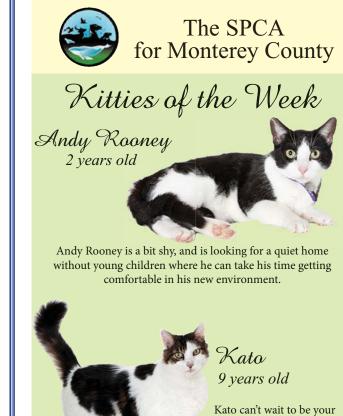
Commissioners decided it didn't matter to them whether marijuana growing occurred inside or outside, and while the city could legally require a permit for it, commissioners saw no reason to do so.

Wendt was also receptive to the idea of allowing commercial sales, which the state will begin issuing permits for in January 2018. The city could benefit from the taxes.

"And alcohol is legal to sell," she observed. "Someone should be able to sell legal marijuana in town."

Goodhue said allowing pot sales "would be a big step for me."

Nonetheless, he and the rest of the commission (except Michael LePage, who was absent) voted to ask Wiener to come back with two different proposed ordinances, one addressing recreational use and cultivation for personal use, and one governing the related commercial activities.



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Your grandma told you about Uncle Joe, but how do you learn more?

By ELAINE HESSER

As anyone with a television or an internet connection can tell you, mapping family trees is big business, with people diving into everything, from specialized websites, to DNA testing.

Junel Davidsen is a certified genealogist and a frequent teacher at The Carmel Foundation. She said she gives seminars there once or twice a month, and the most popular is "Finding Your Ancestors Online."

She'll also be one of the speakers at the upcoming Ancestor Roundup Genealogy Seminar, which will be held on Jan. 21 at the Church of Jesus Christ of Latter Day Saints

Sons of the American Legion Post 41, Monterey Annual Crab Feed **January 28, 2017** Doors Open at 6:00pm - Dinner at 7:00pm One Seating Only, First Come First Serve (831) 375-9015 1110 Veterans Drive, Monterev (at the top of Jefferson St) **Family Style Dinner Includes:** Palermo Dinner Rolls **Tossed Green Salad with Champagne Dressing** Old Fisherman's Grotto Famous Clam Chowder Chilled & Cracked Dugeness Crab & Dessert & Coffee Raffle Items • Silent Auction

in Seaside. The annual seminar is hosted by the Commodore Sloat

chapter of the Daughters of the American Revolution, in cooperation with the Family History Center at the church. Davidsen's two classes will focus on using the website, Ancestry.com, and searching courthouse records online.

"I hope a lot of people come out for the seminar," said Davidsen. Her own love of genealogy was born when she went in search of her maternal grandmother's kin. "I was trying to solve a family mystery, and it grew into more than I expected," she said.

Because of some sort of falling out, her mother's cousins had no idea whether her mother was even alive. Davidsen was able to reconnect some of the cousins with her mom. and what started as a sleuthing expedition became a passion.

She worked on the Pioneer Descendants Program for the sesquicentennial celebration of the Washington Territory. She said the research was especially satisfying, because it involved an ancestor of hers who was one of the signers of a document separating the Washington from the Oregon terri-

See DAR next page



NOTICE IS HEREBY GIVEN that on Tuesday, January 3, 2017 the City Council of the City of Carmel-by-the-Sea held a Public Hearing at East side of Monte Verde Street between Ocean and Seventh Avenues, Carmel-by-the-Sea, California in the Council Chambers and Approved on 2nd Reading the following Ordinance:

Chapter 15.08, § 15.08.010 of the Carmel Municipal Code is hereby nded by deleting the current Section 15.08.010 in its entirety and acing it to read as follows:

ncing it to read as tollo 15.08.010 Adoption Except as otherwise amended by this chapter and Chapter 15.04 of this City Code, the following model codes are hereby adopted and are incorporated in this chapter by reference and made a part hereof as if fully

All proceeds benefiting Local Veterans Affairs

& The Wounded Warriors Project.

Adults \$50

12 and under \$25

set forth herein:
1. 2016 California Building Code And Appendices;
2. 2016 California Historic Building Code;

2016 California Existing Building Code

2. 2016 California Historic Building Code;
3. 2016 California Residential Code;
4. 2016 California Residential Code;
5. 2016 California Plumbing Code;
6. 2016 California Belectric Code;
7. 2016 California Electric Code;
8. 2016 California Green Building Standards Code;
9. 2016 California Green Building Standards Code;
11. 2012 International Property Maintenance Code
11. 2016 California Energy Code
The Very High Fire Hazard Severity Zone Map, as transmitted to the
City on November 18, 2008, by the Department of Forestry and Fire
Protection, is also adopted as required by law.
Chapter 15.08 of the Carmel Municipal Code is hereby amended by
the addition of the following new Section 15.08.260.
115.08.260 Exemption for pending applications.
The provisions of the 2016 Editions of the California Building Code,
and Appendices, the 2016 California Historic Building Code, the 2016
California Electrical Code, the 2016 California Plumbing Code, the 2016
California Electrical Code, the 2016 California Plumbing Code, and the 2016 California Energy Code, as adopted and amended
herein, shall not apply to any building or structure for which application
for a building permit was made prior to January 1, 2017. Such buildings
or structures shall be erected, constructed, enlarged, altered, or repaired
in accordance with the provisions of this chapter in effect at the date of
said application.
Chapter 15.04, § 15.04.110 of the Carmel Municipal Code is hereby Chapter 15.04, § 15.04.110 of the Carmel Municipal Code is hereby

amended as follows:

B. Time limitation of applications. Applications for which no permit

is issued within 180 days following the date of the application shall expire, and plans and other data submitted for review may thereafter be returned to the applicant or destroyed by the building official. The building official are very days the property of the propert exceeding 180 days on written request by the applicant showing that cir cumstances beyond control of the applicant have prevented action from being taken and the extension has been submitted in writing prior to the

ation date. If a permit has not been obtained after the first extension, additional

expiration date.

If a permit has not been obtained after the first extension, additional extensions of 90 days may be granted provided the applicant submits this request in writing AND pays a fee equal to \$500 for each requested 90-day extension and the project has not changed in scope.

Exception: If a project has been approved by the City on condition where a pending approval from an outside agency exists at time of expiration, written extensions will not be required.

Expiration of Permits. Every permit issued by the building official under the provisions of the technical codes shall expire and become null and void, if the project authorized by such permit has not achieved an approval for one of the required inspections identified in Section 110.3 of the 2016 California Building Code within one year of such permit. The building official may grant a one-time permit extension of 180 days provided the applicant submits a request in writing prior to the permit expiration and the project has not changed in scope. Additional extension requests of 90 days may be granted by the building official if the request is made in writing, the project has not changed in scope, the project has obtained at least one inspection approval AND the applicant pays a fee of \$1,000 for each 90-day extension.

Before work can commence or recommence under an expired permit obtained

mit, a new permit application must be submitted and permit obtain along with all applicable fees applied for this new project.

All existing projects are subject to this section and will be subject to the conditions listed above.

Chapter 15.08 of the Carmel Municipal Code is hereby amended by the addition of the following new Section 15.09 270

the addition of the following new Section 15.08.270.

15.08.270 Amendments to the 2016 California Residential Code.
Section R403.1.3 of the 2016 California Residential Code is hereby

amended to read as follows:
R403.1.3 Footing and stem wall reinforcement in Seismic Design Categories D0, D1, and D2. Concrete footings located in Seismic Design Categories D0, D1 and D2, as established in Table 8301.2 (1), Shall have minimum reinforcement of at least two continuous longitudinal reinforcement snaller than No. 4 bars. Bottom reinforcement shall be located a minimum of 3 inches (76 mm) clear from the bottom of the feetings. a minimum of 3 inches (76 mm) clear from the bottom of the footing. Chapter 15.24, § 15.24.010 of the Carmel Municipal Code is hereby

ed a minimum of 3 inches (76 mm) clear from the bottom of the footing. Chapter 15.24, § 15.24.010 of the Carmel Municipal Code is hereby amended as follows:

The 2016 California Plumbing Code, copies of which are on file with the City Clerk as required by law, is adopted by reference and incorporated into this title as the plumbing code for the City, except as amended in this chapter and in Chapter 15.04 CMC.

Chapter 15.24 of the Carmel Municipal Code is hereby amended by the addition of the following new Section 15.24.080.

15.24.080 Amendments to the 2016 California Plumbing Code. Section 710.1 is hereby amended to read as follows:

710.1. In every case where the outlet of a trap for a plumbing fixture is installed or located at an elevation which is less than two feet (2) above the rim of the nearest manhole uphill from the point of connection of the building sewer to the public sewer in any new or existing drainage system, approved types of backwater valve, relief vent and cleanout shall be installed in the building site outside of the building or at such other location as is permitted by the Building Inspector, providing that at any such location, the elevation of the ground surface is not less than two (2) below the lowest trap outlet served by the building sewer.

The installation shall consist of an approved fresh air inlet and a Y branch or combination fitting installed in sequence in the line of flow from the building. The vent from this fresh air inlet shall be piped to the ground surface and capped with a vent cap. Provision shall be made by elevation above the ground surface and capped with a vent cap. Provision shall be made by elevation above the ground surface and closed with an approved cleanout shall be placed as close to the valve as is practical and shall be piped to within one foot (1) of the ground surface and closed with an approved cleanout plug. Every existing installation which includes a plumbing fixture trap outlet which is less than two feet (2') above the rim of the nearest manhol the point of connection of the building sewer to the public sewer is hereby declared to be dangerous, unsanitary and a menace to life, health and property. Whenever it shall come to the attention of the Building Inspector that such an installation exists, he or she is hereby empowered to order and require that such plumbing outlet be immediately plugged or capped, or that the equipment described in the preceding paragraph of this section be installed immediately." (Topographical finding)

Chapter 8.32, § 8.32.010 of the Carmel Municipal Code is hereby

nded as follows: 8.32.010 2016 California_Fire Code – Adopted.

o.sz.u10 zullo California Fire Code – Adopted.

For the purpose of prescribing regulations governing conditions hazardous to life and property from fire or explosion, that certain code known as the 2016 California Fire Code, [2016 International Fire Code), published by the International Code Council, save and except those portions as are deleted, modified, or amended, of which code not less than three copies are now on file in the office of the City Clerk, is adopted and incorporated in the municipal code as if set out at length in this code, and the provisions thereof shall be controlling within the limits of this City.

Chapter 8.32, § 8.32.020 of the Carmel Municipal Code is hereby amended as follows:

8.32.020 Fire Code – Effective Date – Copy on File.

The effective date for the 2016 California Fire Code adopted by CMC 8.32.010 within the City shall be January 1, 2017. The City Clerk shall maintain on file in the official records the edition of the California Fire Chapter 8.32, § 8.32.100 of the Carmel Municipal Code is hereby

8.32.100 Amendments to the California Fire Code The 2016 California Fire Code is amended and changed as follows as described in subsections (1) through (36) of this section.

3. Section 102.1 is amended to read as follows:
102.1 Construction and design provisions. The construction and

design provisions of this code shall apply to:
1. Structures, facilities and conditions arising after the adoption of this code.

2. Existing structures, facilities and conditions not legally in exis-

tence at the time of adoption of this code.

3. Existing structures, facilities and conditions when identified in

specific sections of this code.
4. Existing structures, facilities and conditions, which, in the opinion

4. Existing structures, facilities and conditions, which, in the opinion of the fire code official, constitute a distinct hazard to life and property. 5. Existing structures to which additions, alterations or repairs are made that involve the addition, removal or replacement of fifty percent (50%) or greater of the linear length of the walls of the existing building (exterior plus interior) within a five-year period.
5.5. Section (A) 105.1.2 is amended to read as follows: (A) 105.1.2 Types of permits. There are two types of permits as follows:

1. Operational permit. Any and all conditions of an operational permit will be established through a separate Resolution approved form the City Council.

will be established through a separate Resolution approved form the City Council.

2. Construction permit. A construction permit allows the applicant to install or modify systems and equipment for which a permit is required by Section (A)105.1.1.

10.4 Section 304 is added to read as follows:
Section 304 - Combustible Materials
Storage and Accumulation of Rubbish and Vegetation
304 Rubbish within Dumpsters. In all rooms or above outside areas, adjacent to building or underneath roof overhangs or when located nearer than 10 feet to adjacent property line, used for storage of combustible waste materials in other than Group R, Division 3 occupancies shall be protected by automatic sprinkler protection. Such sprinklers may be connected to the domestic water supply, provided sufficient coverage of the area is provided and an approved accessible shutoff valve is provided for each room or area.

Exception: Trash areas adjacent to solid brick or concrete walls with no openings or eaves are not required to be protected by automatic sprinkler system(s).

10.6 Section 503.2.1 is added as follows:

503.2.1 Dimensions. Fire apparatus access roads shall have an unobstructed width of not less than 20 feet (6096 mm), exclusive of shoulders, except for approved security gates in accordance with Section 503.6, and an unobstructed vertical clearance of not less than 13 feet 6 inches (4115 mm).

22.5 Section 901.7 is added to read as follows:
901.7 Systems Out of Service. Where a required fire protection sys-

Section 901.7 is added to read as follows

22.3 south of Saudet of Sa vided for all occupants left unprotected by the shutdown until the fire pro

tection system has been returned to service.

24.5 Section 903.2.20 shall be added as follows:
903.2.20 Change of use. Automatic fire sprinklers shall be installed when the occupancy changes from a single occupancy to a mixed-use occupancy which would require the installation of an occupancy separation, or when the occupancy changes from any type of occupancy to ar

tion, or when the occupancy changes from any type of occupancy to an Assembly use occupancy.

30.4 Section 903.6 is amended to read as follows:

903.6 Repairs, Alterations, and Additions. In all buildings, except where otherwise provided herein in this Section, where the total floor area exceeds five thousand square feet (5000sf), or which are forty feet (40°) or more in height, or which are three or more stories in height, they shall be made to comply with the provisions of this Section.

In all buildings where the total floor area exceeds five thousand square feet (5000sf), or which are forty feet (40°) or more in height, or which are three or more stories in height, if the repairs or alterations are made exceeding twenty-five percent of the current market value of the building and property as shown in the records of the County Assessor within any three hundred sixty (360) day period shall be made to comply with the provisions of this section.

Definitions.

Renair. It is the reconstruction or renewal of any part of an existing

building or structure for the purpose of its maintenance.

Alteration. It is any change, addition, or modification in construction

Exception: Projects where the sole purpose is for seismic upgrade. Existing Group R, Division 3 buildings to which additions, alter ations, or repairs are made that involve the removal or replacement to 50 percent or greater of the linear length of walls of the building (exterior plus interior) within a one-year period shall meet the requirements of new construction or this code.

30.6 Section 904.11 is added to existing section: 904.11 Non-Conforming Restaurant Cooking Appliances and Fire

Extinguishing Systems. All non-conforming restaurant cooking appliances, hood and duct systems, and fire extinguishing systems found to exist as of the effective date of this Ordinance shall be made to conform to the requirements of this Section within 90 days of notification. It shall thereafter be unlawful for any person to maintain or suffer to be maintained any non-conforming restaurant cooking appliance, hood and duct system or fire extinguishing system on any property owned or controlled by said person within the City of Carmel.

35.4 Section 907.13 is amended to read as follows:

907.13 Access. Access shall be provided to each fire alarm system

9U/.13 Access. Access shall be provided to each fire alarm system component for periodic inspection, maintenance, and testing. 35.6 Section 5704.2.9.6.1 is added to read as follows: Section 5704.2.9.6.1 Outdoor Storage of Containers and Portable Tanks. Storage of Class I and Class II liquids in aboveground tanks outside of buildings is prohibited within the limits established by law as the limits of districts in which such storage is prohibited except as permitted by the Zoning Ordinance.

Exception:
Storage tanks of 500 gallon maximum capacity may be used only in conjunction with emergency generators as approved by the Fire Chief.
Chapter 15.36.020 of the Carmel Municipal Code is hereby amended

Chapter 15.36.020 Placement of Service Laterals.

A. Within all land use zones, all electrical service laterals to any new building or structure, or to any building or structure being remodeled when such remodeling requires the relocation or replacement of the property owner's main service equipment, shall be placed underground on the premises upon which the building or structure is located, in accordance with applicable rules, regulations and tariffs on file with the California Public Utilities Commission. Exception to undergrounding of utilities for remodeling; undergrounding of utilities will not be required when a remodeling valuation is less than \$200,000.

B. Where compliance with the foregoing requirement is not economically or physically feasible, the Building Official may permit different arrangements for electric service. The property owner shall be responsible for compliance with this section and shall make the necessary arrangements with the public utilities involved.

C. When an addition is made to, or alteration made in, an existing

arrangements with the public utilities involved.

C. When an addition is made to, or alteration made in, an existing building, all new electrical work and all existing electrical work repaired or changed shall be made to comply with the provisions of this chapter. (Ord. 91-1 § 1, 1991; Ord. 89-29 § 1, 1989; Code 1975 § 1162).

Chapter 15.36, § 15.36.070, Part B. of the Carmel Municipal Code is hereby amended as follows:

y amended as follows: 15.36.070 Lighting Requirements.

15.36.070 Lighting Requirements.

B. Residential Buildings/Zones.
1. All exterior lighting attached to the main building or any accessory building shall be no higher than 10 feet above the ground and not exceed 25 watts (incandescent equivalent) in power per fixture.
2. Landscape lighting shall not exceed 18 inches above the ground nor more than 15 watts (incandescent equivalent) per fixture and shall be spaced no closer than 10 feet apart. Landscape lighting shall not be used for tree, wall, fence or accent lighting of any type. The purpose of landscape lighting is to safely illuminate walkways and entrances to the subject property.

scape lighting is to salely information water, or an experience of the property.

3. No exterior lighting is permitted on upon City property and may not be directed toward City Property.

4. Flood-type lighting is prohibited at all times.

EXCEPTION: Flood-type lighting may be permitted with expressed written approval of the Planning Division and/or Building Official upon written request and used for the sole purpose of security and each fixture connected to a motion sensor. Each fixture shall be limited to 50 watts (incandescent equivalent) each. (Ord. 99-04 (Exhibit. B), 1999). ADOPTED ON SECOND READING BY THE CITY COUNCIL OF THE

CITY OF CARMEL-BY-THE-SEA this 3rd day of January 2017, by the

wing roll call vote: AYES: COUNCILMEMBERS: Hardy, Reimers, Richards, Theis, and

is NOES: COUNCILMEMBERS: ABSENT: COUNCILMEMBERS: ABSTAIN: COUNCILMEMBERS:

SIGNED: Steve G. Dallas, Mayor ATTEST: Ashlee Wright, City Clerk



To say she's "good" is like calling an alligator a lizard.



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Church of the Wayfarer (A United Methodist Church)



10 am Worship Service

"Come and See"

Waytarer Rev. Dr. Mark S. Bollwinkel, Pastor

Guest Musician: Stephanie Brown, Violin

Loving Childcare • Children's Sunday School Lincoln & 7th, Carmel by the Sea 831.624.3550 • www.churchofthewayfarer.com First United Methodist Church of Pacific Grove found at www.butterflychurch.org

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10:00 a.m. Rev. Pamela D. Cummings

Loving Child Care, Children's Sunday School 915 Sunset Dr. @ 17-Mile Dr., **Pacific Grove** (831) 372-5875



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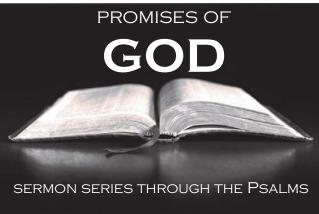
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Saint John the Baptist Greek Orthodox Church

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DAR

From previous page

Davidsen also works part-time with California's Public Administrator, helping to track down family members of people who die without a will or known relatives. Once she's able to gather that information, the state uses it to divide up the estate. "It's rewarding work, and I can do it at my own pace," she said.

During her classes at the Foundation, Davidsen's found that her students have heritages from around the world. "On the first day of class, some people have found their ancestors in old birth records, ships' passenger lists and historical newspapers," she said. She noted that students have found ancestors from as far away as upstate New York and even England within just a short time of going online.

She said that during the seminar, there are classes suitable for novices, including the aptly-named "Absolute Beginner." Other classes include searching census records, combing through military records, and the intriguing "Wild, Wild West: Research in the Mountain West States."

The Family History Center is located at 1024 Noche Buena St., in Seaside. The seminar is from 8 a.m. to 3:30 p.m. Registration includes lunch and starts at \$20. For more information, email seritasue2@comcast.net.

BOAT

From page 9A

seas were calm enough for the team to go out again, it had found its way to the Channel Islands, off Santa Barbara. The rescuers loaded their equipment into a van, and made the drive south, where they were finally able to finish the job after two more attempts. That was in mid-May.

On July 5, Stap was out on the boat in Monterey Bay with some students when they spotted a whale. Based on the scarring she saw and other markings, she recognized it as the whale they'd freed, less than 300 yards from where they'd originally found it.

Stap explained that the permit that allows them to get close enough to the whales to free them doesn't allow them to tag them, so they rarely get to know if their efforts ultimately succeeded. However, she said, "The ocean is a good

Marine Life Studies and the Whale Entanglement Team recently were able to move from a 19-foot boat to a 40-foot model, going about \$60,000 in debt in the process, Stap said. The bigger boat makes it possible for them to have all their gear aboard, secured and ready to go. Previously, they had to load and unload the smaller boat for every trip and lock up the gear on land. The bigger boat also gives them more range.

They've paid off nearly \$10,000 of the debt. Stap said the organization functions mainly on grants and donations from private foundations, individuals and businesses, occasionally getting an assist from the taxpayers through the Fish and Wildlife department, or some help with transportation from NOAA and the Coast Guard.

Stap noted that the number of whales the organization helped has been increasing. In 2015, they had 25 confirmed entanglements, 21 of which were in Monterey Bay. She's unsure whether that's because more whales are getting into trouble or just because more people are aware they can call the team for help.

If you'd like to learn more about the Whale Entanglement Team and its work, Stap will give a talk at the upcoming Whalefest at Fisherman's Wharf in Monterey. Her talk is scheduled for Saturday, Jan. 28 at 2:30 p.m. at the Museum of Monterey in Custom House Plaza.

State of the Chamber

THE CARMEL Chamber of Commerce will present its annual State of the Chamber breakfast Jan. 27 from 8 to 10 a.m. at the Hyatt Carmel Highlands.

At the breakfast, chamber CEO Monta Potter will discuss the organization's accomplishments over the past year, and will talk about the year ahead. Members will also be given the opportunity to introduce themselves and their businesses. and the second part of the program will include a panel of business experts affiliated with SCORE (a nonprofit that provides advice for small businesses), the Small Business Development Commission and the Monterey County Economic Development Department. Registration includes breakfast. For more information. www.carmelchamber.org.

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Sunset Center: Styx revisits hits, student orchestra celebrates Mozart

FORTY YEARS after packing stadiums and enthralling fans with a repertoire of radio-friendly pop ballads and rock anthems, Styx will perform for the first time at Sunset Center Wednesday, Jan. 18.

January 13-19, 2017

Styx's lineup features three members from its heyday — guitarists **Tommy Shaw** and **James Young**, and bassist **Chuck Panozzo**. Replacing original lead singer Dennis DeYoung is **Lawrence Gowan**, who been nominated three times for Male Vocalist of the Year by the Juno Awards — the

Canadian equivalent of the Grammy Awards.

Now the frontman for Styx, Gowan told The Pine Cone how that came to happen.

"I opened a show for Styx at the new Montreal Forum in June of 1997 and that's when we met," he recalled. "Two years later, in 1999, I was asked to join the band after their decision to bring in someone new."

Filling deYoung's role is a tall order, but Gowan doesn't see himself as the singer's replacement.

"I don't think anyone can be replaced," he explained. "I was simply asked to become part of the band and sing the songs in a manner that was sincere and true to the spirit of the original lyrics. I feel a sense of connection to all members of

On A High Note

By CHRIS COUNTS

the band, both past and present, and believe that we are the culmination of all the efforts of every individual who has ever stood on stage with Styx."

Besides packing stadiums, Styx lit up the singles charts with Top 10 hits like "Lady," "Come Sail Away," "Babe" and "The Best of Times." And starting with "Grand Illusion" in 1977, they released five straight Top 10 albums, including 1981's "Paradise Theatre," which topped the album charts.

"Obviously, there is a multitude of factors that have made

See EVENTS next page

Ricky Phillips, James Young and Tommy Shaw (far left) will be in the lineup when Styx plays Jan. 18 at Sunset Center. Singer-songwriter Lyle Lovett (left) will take the stage March 11 at Sunset, and tickets go on sale Jan. 13. Another singer-songwriter, John Hiatt, is also on the left.





SUNSET PRESENTS



CURTIS CHAMBER ORCHESTRA
Friday, January 13 at 8PM and
Saturday, January 14 at 2PM
A co-presentation with the Monterey
Symphony of America's greatest
young musicians from the renowned
Curtis Institute of Music.



MIKE SUPER: MAGIC & ILLUSION
Saturday, January 21 at 8PM
Prepare to be astounded during this
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Season 9 finalist.



RUFUS WAINWRIGHT
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TRANSFER MEETS TAKE 6
Wednesday, February 8 at 8PM

Wednesday, February 8 at 8PM
With twenty Grammy® Awards between
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together for a truly special event.

ALSO COMING... Crescent Bay Entertainment Presents An Evening with Styx on Wednesday, January 18 at 8PM
Carmel Music Society Presents Man-Ling Bai, piano on Sunday, January 22 at 3PM
Kalichstein Laredo Robinson Trio Presented by Chamber Music Monterey Bay on
Saturday, January 28 at 8PM



Brought to you by Sunset Cultural Center, Inc., a nonprofit 501(c)(3)

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Sunday, February 26	Cirque du Soleil Luzia	\$141
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Saturday, April 8	Solvang Escape	\$68
Saturday, April 22	Pier 39 Adventure/ SF Bay Cruise	\$73
Saturday, May 6	SF On Your Own	\$45
Saturday, June 10	Cabaret	\$130
Saturday, July 1	Moonlight Steam Train Dinner Party at Roaring Camp	\$100
Saturday, July 22	California Academy of Science Tour	\$80

For information about specific trips, drop by Scholze Park Center at 280 Dickman Avenue, Monterey (831) 646-3878 or visit our website:

www.monterey.org/rec

The Carmel Pine Cone

EVENTS From previous page

made the music endure, but I think generally, the melodies paired with relatable lyrics and a relentlessly entertaining live show that we perform over a hundred times a year are the main elements that keep audiences of all ages coming to the Styx party," Gowan added.

The concert will raise money for Beacon House, a nonprofit drug and alcohol treatment center located in Pacific

Showtime is 8 p.m. Tickets are \$51 to \$130. Sunset Center is located at San Carlos and Ninth. Call (831) 620-2048.

■ Concert highlights violin concertos

Providing a stage for a talented ensemble of student-musicians, Sunset Center welcomes The Curtis Institute of Music's Chamber Orchestra Friday and Saturday, Jan. 13-14.

Presented by the Monterey Symphony, the concert will showcase the music of Wolfgang Amadeus Mozart. The orchestra will perform all five of the composer's violin concertos — Concertos 1, 3 and 5 on Friday at 8 p.m., and concertos 2 and 4 on Saturday at 2 p.m.

Saturday's matinee will also feature Mozart's Sinfonia Concertante for Violin and Viola. The performance will showcase a pair of soloists, violinist Shmuel Ashkenasi and

CALENDAR

Jan 15 — Sing in the New Year, 3 p.m. at the Monterey Public Library, 625 Pacific Street, Monterey. Lisa G. Littlebird leads in call and response style with an easy grace and infectious joy. You don't need to be able to read music, or even think you can sing. Join for an afternoon of exploration and connection and leave feeling uplifted and alive! Free, all ages program. For more information visit www.monterey.org/library or contact (831) 646-3933.

Jan. 17 — David Shonman, coastal biologist, will present his illustrated talk relating to the future of the Carmel shoreline. His presentation will include a preview of how climate change could reshape the Carmel Beach and Carmel Bay. Begins 5 p.m. Tuesday, Jan. 17, Carpenter Hall at Sunset Center. The program, presented by the Carmel Residents Association, is free and open to the public. For more information, call 626-1610.

Jan. 18 — Monterey Neuropathy Support Group meets 10:30 a.m.-noon Wednesday at First Presbyterian Church Fellowship Hall, 501 East El Dorado, Monterey. Loleen Abbott, certified hand therapist, will do a brief presentation on "Light Therapy" and how it is used in alleviating pain. She will demonstrate equipment used in the clinic as well as a home model. Attendance is free! Details: 625-3407.

Mark Shilstone-Laurent and Brady Shilstone will perform David Mamet's two-character play, "A Life in the Theatre," at Carmel's Carl Cherry Center for the Arts, January 20 through January 29, 7:30 p.m. Fridays/ Saturdays, 2 p.m. Sundays. Tickets \$20. Buy at Theatre-Monterey.org.

Jan. 20 — Is there more to life than this? Come explore life's big questions. Alpha begins Friday, Jan. 20, at 6:30 p.m. Dinner provided, registration required by Jan. 15. Carmel Presbyterian Church, corner of Ocean and Junipero Ave. RSVP to (831) 620-2593.

Jan 26 - Learn to Play Bridge! The Monterey Bridge Foundation is offering (8) Easybridge! beginner lessons for \$50 tax-deductible donation. Lessons will be held on Thursdays from 4:30-6:30 p.m. at the Monterey Bridge Center at old Fort Ord beginning Jan. 26. No partner needed. For more info or to register contact Doug Halleen at (831) 917-2502 or email at Doug@Dougha-

Jan. 28 — "Dim-Sum and Den-Some" - Baum & Blume's Chinese New Year Feast! Celebrate 2017, "The Year of The Rooster" with an authentic Chinoise meal, served family-style, at Baum & Blume's Café. One seating: 6 pm. Baum & Blume and The Carriage House, 4 El Caminito, Carmel Valley. For reservations and information call (831) 659-0400.

Monterey's Fisherman's Wharf Association's 7th Annual Whalefest Monterey 10 a.m. to 5 p.m. on Saturday and Sunday, Jan. 28-29. This free, fun and educational event for all ages includes a 2-day symposium, activities, live music and displays by national marine organizations that inspire, educate, explore and empower the public to protect the Monterey Bay National Marine Sanctuary. www.montereywharf.com

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violist Roberto Diaz.

January 13, 2017

Tickets are \$25 to \$50 for general admission, and \$10 for students and active military. Call (831) 646-8511 or visit http://www.montereysymphony.org.

■ Country star to visit Sunset

Tickets go on sale Jan. 13 at 9:30 a.m. for the March 11 concert by four-time Grammy Award-winning singer-songwriter Lyle Lovett at Sunset Center.

While generally considered a country music artist, Lovett's sound encompasses many genres, including folk, swing, blues, jazz and gospel. He had his greatest success as a musician in the late 1980s, when he released seven straight Top 40 country singles, including his biggest hit, "Cowboy Man." He's also had success as an actor, appearing in more than a dozen films and television shows.

At Sunset Center, Lovett will share the bill with singersongwriter John Hiatt, a two-time Grammy nominee whose songs have been covered by Eric Clapton, Joan Baez, Willie Nelson, Linda Ronstandt — and even Bob Dylan.

Tickets are \$80 to \$137. Call (831) 620-2048.

■ Live Music Jan. 13-19

Bay of Pines restaurant in Monterey — singer-songwriter Michael Gaither (Sunday at 7 p.m.); and singer-songwriter

See MUSIC page 31A



Portrait artists offer something different, galleries bring back downtown art walk

 Γ HE SPOTLIGHT will fall on three unconventional portrait artists when the Carl Cherry Center for the Arts unveils an exhibit, "Infinite Jest: Portraiture, Whimsy and Memory," Friday, Jan. 13.

The exhibit features work by painters Beau Bernier Frank and David Richardson, and multi-media artist Jim

"Each of us has a unique and personal approach to the

portraits we have created, and each shares a passion for our subjects," Dultz told The Pine Cone.

Cherry Center executive director Robert Reese said the show explores the many styles and themes that are used by those who create portraits.

"A portrait sounds like a relatively straightfor-

ward thing — a picture of someone — but across time it has proven to be a much more mysterious creature," Reese sug-

The gallery will host a reception from 5 to 7 p.m. The show will be on display through Feb. 17. The Cherry Center is located at Fourth and Guadalupe. Call (831) 624-7491.

■ Taking a stroll

After a successful trial run last year, the first Carmel Art Walk of the new year kicks off Saturday, Jan. 14, at 5 p.m.

Twenty-one artist-owned galleries and studios are participating in the event, which showcases the downtown arts scene. Organizers plan to schedule art walks on the second Saturday of every month.

Art Roundup

By CHRIS COUNTS

"Attendees can expect artist demonstrations, refreshments and hors d'oeuvres, live music, new work receptions, and even a private after-party for those who complete the walk," and gallery owner artist Joaquin Turner told The Pine Cone.

Galleries planning to stay open until 8 p.m. Saturday include Gallery Apodaca, Robin Winfield Gallery, Kathy Sharpe Gallery, Gallery Delia and many others. Art walk maps are available at each of the galleries, or you can visit www.carmelartwalk.com.

Carmel reads The Pine Cone



The Dinner Party, Rosé in the Cave, and a pair of wine dinners at Grasing's

By MARY SCHLEY

IT'S LONG been felt that the act of sharing a meal, whether in an establishment or at home, does far more than nourish the body. It can soothe sorrows, help solve problems,

and even bring levity to tough circum-

stances. That's exactly what Carla Fernandez, a 2005 graduate of Stevenson

School, learned after she lost her father to a

rare form of brain cancer — and went on to form a nonprofit called The Dinner Party.

my friends were getting their first jobs or

backpacking through Europe, and I moved

home with my dad and stepmother, Kathy, and helped take care of him until he passed

"After I graduated from college, most of

soup to nuts

realized this was something I was going though that none of my peers had been through. They were doing their best to be supportive but couldn't say,

'I've been there, too."

Soon after, Fernandez moved to Los Angeles, and one evening, after discovering a colleague had also lost a parent at a young age, she casual-

ly arranged dinner for them and a few friends who had experienced similar grief. "I framed it as a social experiment, and made a big batch of paella, which was one of my dad's favorites," she recalled. "We toasted him and his legacy. It was a Sunday night, and they stayed until past midnight. There were tears, but there was also laughter."

away on New Year's 2010," she recalled. "I

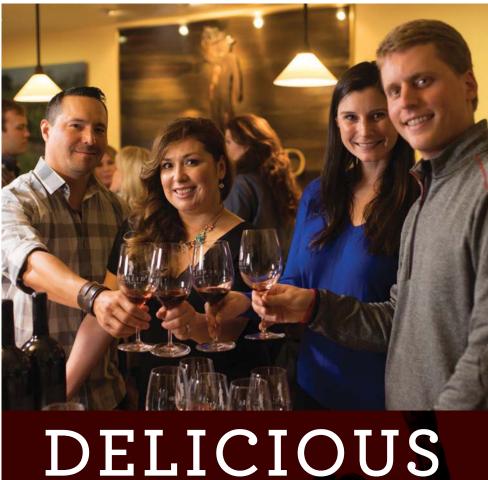
That social gathering led to more dinners,

Continues next page



The women who founded the nonprofit Dinner Party as an unconventional means of dealing with grief are (left to right) Carla Fernandez, Dara Kosberg, Lisa Cathelyn, Lennon Flowers and Andrea

PHOTO/BOOTS ROAD GROUP



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The Carmel Pine Cone

January 13, 2017

From previous page

24A

where the friends shared their experiences, and soon, more were asking to join. "One of the people from the original table moved to D.C. and started a table there," Fernandez said, and over the next couple of years, more tables formed across the country, with people getting together to share their stories. "What had begun as a casual gathering of friends became a quest to reimagine and reinvent 'grief support,' and the very way we conceive of and talk about loss," she explained.

They began fundraising in 2012 and launched the nonprofit in 2013, to help organize the dinners and bring people together.

"Right now, there are tables in 119 cities," she said, in the United States and abroad. "Some of those have just started in the last few months, and a lot of those people have been active in the last few years."

She estimated that in the years since, between 1.250 and 1.500 dinners have been hosted at more than 300 tables, with new groups popping up all the time. Ironically, none exists in her childhood home, though she organized one in Carmel Valley that included representatives of the Hospice Foundation who were interested in what she and her colleagues have learned about how younger people deal with grief.

Not only does she hope that more people will join The Dinner Table movement by forming their own, she would like to tap into the culinary skills of local chefs.

"Often, the food and wine world is so focused on what's on the plate. That's important, but it's a means to an end — the connection across the table and communicating with the person across the table," she said. "I feel like there's more we could be doing with chefs and wineries."

Eventually, Fernandez would also like to see Dinner Parties "as pervasive as AA meetings, and as culturally acceptable and readily

accessible as yoga and meditation classes a day in which young people who have experienced loss are recognized not as objects of pity, but as better listeners and better leaders, characterized by profound empathy, resilience, and agency."

http://thedinnerparty.org

■ Rhone wines at Fifi's

The wine shop at Fifi's Bistro Café on Forest Hill in Pacific Grove will host tastings focusing on the wines of France's Rhone Valley Saturday and Sunday, Jan. 14-15, from 3 to 4:30 p.m. The wines open for tasting will include those from different villages in the Southern Rhone: Gigondas, Vacqueyras, Châteauneuf-du-Pape and Côtes du Rhône.

The cost to taste is \$10 per person. For more information, call (831) 372-5325. Fifi's is located at 1188 Forest Ave. http://www.fifiscafe.com

■ Mesa del Sol at Hofsas House

Ann Hougham and her Mesa del Sol wines will be showcased during the monthly fundraiser for Peace of Mind Dog Rescue at the Hofsas House hotel, located on San Carlos Street north of Fourth Avenue. Each month, the hotel offers pours of a local favorite alongside small bites, and all ticket proceeds benefit the nonprofit POMDR, which helps find homes for older dogs and also takes custody of pets when their owners are too elderly to continue caring for them.

Since October 2009, the organization has helped rescue more than 900 dogs.

The tasting will run from 5:30 to 7 p.m., and the cost to attend is \$15 per person, with additional glasses available for \$5 apiece. Reservations are required. Call (831) 624-2745 or email carrie@hofsashouse.com.

■ Galante library tasting

Winery owner Jack Galante will be at his tasting room on Dolores Street between Ocean and Seventh avenues to pour some special vintages from his library Friday, Jan. 20, from 4 to 6 p.m. Galante will be there to talk about each of the wines he is sharing that evening, and special pricing will be offered on those particular bottles during the event.

The library lineup is set to include 1995 Red Rose Hill, 1995 Blackjack Pasture, 2002 Red Rose Hill, 2002 Blackjack Pasture and 2002 Merlot.

Tickets are \$25 for the general public, and \$15 for club members. RSVP by calling 624-3800 danielle@galantevineyards.com.

■ Allegro hosts Daou Vineyards

Gino Abraham, owner of Allegro Pizzeria in the Barnyard shopping center, has decided to resume his monthly wine dinners, starting with Daou Vineyards of Paso Robles on Saturday, Jan. 21. That evening, winery manager Brandon Shepard will be there to entertain diners as they enjoy 2015 Chardonnay with shrimp Caesar, 2015 Cabernet Sauvignon with Italian sausage, 2014 Reserve Cabernet Sauvignon with grilled skirt steak, and the 2014 Pessimist Red blend with chocolate cannoli.

"For the benefit of millennial customers (who are finally old enough to appreciate wine), I am going to try to keep the price at \$40, including tax and tip," Abraham said, as opposed to the \$80 to \$125 plus tax and tip that he used to charge. The dinners will also now be on weekends instead of weeknights.

"These will be more casual dinners, with family-style service, than before, and will

Continues next page







From previous page

feature younger speakers who will impart more foundational knowledge, answer lots of questions, and take the time needed to explain things that winemakers and fruit growers normally provide to older audiences," he added. "As usual, we will be selling retail wine at cost plus 10 percent at all of our dinners. My goal is to have most wines priced from \$12 to \$22."

February's dinner at Allegro will feature Robert Mondavi Winery, with "a local legend by the name of Jose Fernandez," while the March dinner will showcase De Tierra Winery and owner Anna Russell.

Allegro is located at the southwest corner of the Barnyard, and can be reached by calling (831) 625-5454.

Grasing's wine dinners

A more upscale and spendy pair of wine dinners will be held at Grasing's restaurant at Mission and Sixth: The coveted wines of Williams Selyem will be featured Tuesday, Jan. 24, while Miura will be showcased Friday, Jan. 27.

Williams Selyem winery owner John Dysol will be on hand for the Jan 24 dinner, which will begin with a reception of oysters, abalone and 2014 Vista Verde Chenin Blanc at 6 p.m., followed by dinner at 6:30. The first course of linguini with lobster, cream and truffles will be served with 2014 Lewis MacGregor Estate Vineyard Chardonnay, followed by braised duck with polenta and

porcini mushrooms, paired with 2010 Allen Vineyard Pinot Noir. The main course of grilled New York steak with short rib ravioli and celery root will be served with 2014 Lewis MacGregor Estate Vineyard Pinot Noir, and for dessert, pear tart with ginger ice cream and 2014 Vista Verde Late Harvest Gewurztraminer. The cost is \$165 per person, including tax and service charge.

The Miura tasting and dinner on Jan. 27 will also begin at 6 p.m., with hors d'oeuvres including grilled shrimp, cured meats and pulled pork. Owner and master sommelier Emmauel Kemiji will be there to share his wisdom and

Dinner winter greens salad with cranberries, nuts, cheese and hazelnut dressing; Grasing's paella; Alaskan cod with lentils; short rib ravioli with wild mushrooms; and venison with huckleberries and winter root vegetables — will be served family style. Wines slated for pouring include 2015 Clos Pissarra White Grenache, El Sol Blanc Vineyard, Montsant; 2015 Miura Pinot Noir, Santa Lucia Highlands; 2012 Miura Pinot Noir, Pisoni Vineyard, Santa Lucia Highlands; 2010 Clos Pissarra Grenache/Syrah blend, Aristan Vineyard, Montsant; 2010 Clos Pissarra Grenache, El Mont, Priorat; and 2010 Antiqv2s Syrah, Garys' Vineyard, Santa Lucia Highlands.

Assorted chocolates will be served for dessert, and the cost of dinner will be \$145 per person, inclusive.

To reserve, call (831) 624-6562. http://www.grasings.com.

■ Bottomless mimosas

Rio Grill's weekend brunch is now even sweeter, with bottomless mimosas available every Saturday and Sunday, from 11:30 a.m. to 3 p.m., for \$15. Choose from traditional bubbles and orange juice, as well as sparkling wine combined with blood orange juice, pineapple juice, cranberry juice or grapefruit juice.

The Rio is located in the Crossroads shopping center at Highway 1 and Rio Road. Call 625-5436 http://www.riogrill.com.

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Grasing's Wine Club Presents

Williams Selvem Wine Dinner Please join Owner, John Dyson

January 24, 2017 Reception 6:00pm, Dinner 6:30pm \$165 all inclusive per person

Miura Tasting & Intimate Dinner Please join Owner and Master Sommelier, **Emmanuel Kemiji**

> January 27, 2017 Tasting 6:00pm, Dinner 7:00pm \$145 all inclusive per person

For more information and to reserve your seat, please visit www.grasings.com or call (831) 624-6562.

NW Corner of Sixth & Mission, Carmel, CA 93921

■ BSF&W gives back

The Big Sur Food & Wine Festival's new nonprofit distributed thousands of dollars in donations as a result of its November 2016 events. Contributions include \$5,000 each to the Big Sur Fire Brigade, the Big Sur Health Center, the Henry Miller Library, and \$5,000 to CERV "to further their work in replacing tools lost in the Soberanes Fire, affecting peoples' livelihoods."

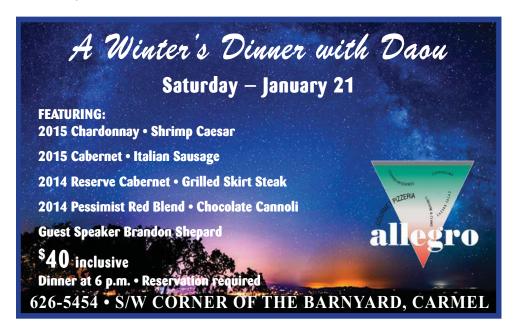
Meanwhile, several \$1,000 gifts were given to parents' groups at Big Sur area schools: Captain Cooper, Big Sur Charter School, Apple Pie pre-school and Pacific Valley School. The tuition assistance program at the Gazebo School at Esalen also received \$1,000.

Calera events

Fans of winemaker Josh Jensen and his Calera Wines in the Cienega Valley may want to head to Hollister for a special winemaker dinner at Fisher's restaurant downtown Sunday, Jan. 22, at 5:30 p.m. Fisher's is headed by chef Mike Fisher and Jenae Felice, who works at the front of the house. The two Hollister natives seek "to provide the best quality food and social atmosphere possible to their hometown." At 19, Fisher flew himself to Paris, France, to attend Le Cordon Bleu Culinary Academy, and subsequently spent five years working with luxury hotels across the country. After making the switch

See FOOD page 27A

25A







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27A

to fine dining, he worked with world-class chefs like Cal Stamenov at Bernardus Lodge and Daniel Boulud at Daniel in New York City. He opened Fisher's in 2014, and after a year, hired Felice to be his service manager. The four-course dinner will begin with sparkling wine and canapes served at a reception, followed by dinner paired with Calera wines. The cost is \$80 per person, including tax and tip. Fisher's is located at 650 San Benito St. Call (831) 313-1515 to reserve.

And in honor of the pink holiday Valentine's Day — Calera will host Rosé in the Cave Saturday, Feb. 11, from 3 to 7 p.m. The winery will celebrate a special release of 2016 Vin Gris of Pinot Noir, and the party will include a dozen imported cheeses and eight Calera wines, along with passed appetizers, all in the compelling ambiance of the wine cave and lower cellar. The cost to attend is \$50 (\$42.50 for club members). To reserve a spot, RSVP to kate@calerawine.com.

■ Elegant local bubbles

Producing sparkling wine requires a whole segment of expertise separate from still winemaking, and the Monterey

Peninsula is fortunate enough to be home to a couple of impressive bubblies. Caraccioli Cellars on Dolores Street makes lovely Brut and Brut Rosé, and McIntyre Vineyards crafts a 100 percent Pinot Noir sparkler called l'Homme Qui Ris, or, "The Man Who Laughs."

"It's the perfect moniker for a cuvée that provides so much joy and celebration," the winery's owns point out, and it's also the name of the painting that's used on the label.

The grapes for the wine, which is made in the Champagne method, were grown sustainably at McIntyre Estate Vineyards in the Santa Lucia Highlands. Sparkling wines made in the traditional French manner gain their bubbles by fermenting in the bottle, where the wine has contact with the spent yeast. l'Homme Qui Ris remains "en tirage" - in contact with the yeast — for two years. It's then disgorged, to get rid of them, and rebottled on demand, in order to "guarantee freshness and to maximize the wine's time on the lees."

The result is a sparkling wine that's complex and toasty, but still very bright, with fairly high acid. The bubbles are suitably tiny and abundant, and the finish is quite long.

l'Homme Qui Ris can be found at McIntyre's tasting room at the Crossroads shopping center, where it retails for \$36. http://www.mcintyrevineyards.com

Big Sur author's new book draws from her early life in the South

A LONGTIME Big Sur resident, Laverne McLeod will read from her new book, "Corn Hollow: A Journey of Sorrow and Triumph," Jan. 16, at the Carmel Woman's Club.

Drawing from her own experiences growing up in the South, McLeod tells the story of Tamira Banks, a young African-American woman who came of age in rural Tennessee during the Civil Rights era.

The event is free for members and \$10 for guests. The Carmel Woman's Club is located at San Carlos and Ninth.

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Editorial

Storage? That's so 20th century.

THE COMMENT from a reader to a Pine Cone employee was just a few words, but still managed to encompass an entire community's water woes.

January 13, 2017

"Storage," the reader said. "Tell your editor we don't have a drought, we have a lack of storage."

The reader was referring, of course, to all the rain that fell during the last week, and how the Monterey Peninsula's water problems could be solved if we just figured out a way to save a small portion of each winter's rains for use during the summer, or, better yet, to save some of the water from wet years for the dry ones.

His comment is obvious, and well worn. But since he made it, it's also worth examining.

First of all, we literally mean that just a small portion of what falls from the sky every winter would have to be saved to guarantee our supply for several years. Right now, every few days, enough water is flowing out to sea from the Carmel River to cover our entire water needs for a year.

The problem with our water shortage, as the reader pointed out, is not that we don't get enough rain. It's that we don't have any place to keep it. And why don't we have any place to keep it? Because the environmentalists decided we mustn't be allowed to.

Once upon a time, we had two dams in Carmel Valley, but they were too small to do us much good, and one was so antiquated, it was torn down last year. Now, we need a new dam. But the only place to build it would still be Carmel Valley — a project that would mean interfering with the hydrology and, thus, the habitat of the Carmel River. And, wouldn't you know it? Two endangered species live there.

We may just be beating a dead steelhead trout here, but for some people, the cacophony of rain on their roofs all night long, and the next night, and the night after that, should translate into enough water being available for them to water their lawns (if they have them) when they needs it. Or add bathrooms, or hot tubs, or even bar sinks to their homes. Or have reliable water service without having to empty out their retirement accounts. Silly people.

Here in the 21st century, other priorities have taken hold. "Lack of storage" may be the problem, but the solution is Mission Impossible.

Rain is still a blessing, and should be welcomed for the life-giving qualities it brings to the land. Just don't expect Mother Nature to bring them to you. Government has restricted our water supply, and government has decreed what we must do about it. And, unfortunately, that means desal.

BEST of BATES



"Storms are great! You don't need a permit to trim your trees!"

Letters to the Editor

'Be careful what you wish for' Dear Editor,

The editorial on the ACA (Obamacare) in the Jan. 6 edition points out the shortcomings of this plan as it currently exists. As one who has had a stand-alone premium, I have seen the increase in both premium costs and co-pays. The ACA clearly needs work.

Still, it is unrealistic to think a return to the previous model of insurance support makes sense, or that repeal with no plan for a replacement can work. In the Jan. 6 New England Journal of Medicine, which is both peer-reviewed and fact checked, President Obama notes that more Americans are insured today than ever before. He notes that while health care costs continue to increase, it is at a fraction of the historical rate. Those people getting the implied handout of "free or low cost health care coverage" are our gardeners, tree-trimmers, private contractors, roofers, and others who do not have insurance provided by their employer.

We hear from prominent Republicans that they will reduce costs but fully intend to maintain the ability for children to remain on their parent's insurance until age 26, and the ability of those with pre-existing conditions to obtain insurance, but with no mandate for the young and healthy to participate. There is

no way for this to be accomplished unless we increase government support of these programs; the math just doesn't work. Yet these same people hate the idea of "government health care," even though they receive better health insurance (for life), provided by the government, than any of us.

This whole debate comes down to a couple of fundamental questions, one philosophical and one practical: Do Americans have a right to some kind of basic health care regardless of their income? Can we continue to ignore the fact that our current health care system produces results far worse than Canada, Europe, Australia and New Zealand while spending more than any of them? (17.1 percent of GDP)

It appears inevitable that the ACA will be repealed with no plan going forward. For many, this is a longed-for wish that will soon be granted. Be careful what you wish for.

Mark C. Mammel, MD, Professor of Pediatrics, University of Minnesota

Tescher wants single-payer Letter to Editor

The Pine Cone's latest editorial on health care brings up a subject that has few people sitting on the fence. Conservatives and Libertarians have heralded the benefits of a free market system where individuals make the decision to join and pay a for-profit company to insure them. Liberals hail the single payer system where membership is obligated and everyone is taxed to finance the cost.

See LETTERS next page

- Ad Design Sharron Smith (274-2767), Vanessa Jimenez (274-8652)
 Ad Design, Obituaries & Calendar Anne Papineau (274-8654)

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armel Pine Cone

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The Carmel Pine Cone

was established in 1915 and is a legal newspaper for Carmel-by-the-Sea, Monterey County and the State of California, established by Superior Court Decree No. 35759, July 3, 1952

Providing guidance, inspiration and the occasional noodge

By ELAINE HESSER

YOU'D THINK after raising two kids and becoming grandparents to three more, Jim and Sharon Swallow would have done their share when it came to passing on wisdom to the younger generations.

But they weren't content to keep that wisdom within the confines of their own family,

and when each of them saw a need in their

community to mentor others and help them

real estate agent with Keller Williams, and

his career includes graduating from the Air

Force Academy in Colorado, followed by 22

years total of active duty and reserve time,

and a stint at Proctor and Gamble. Now, he

mentors entrepreneurs in a competition for

start-ups hosted by CSUMB.

Jim, who gave his age as "over 65," is a

along, they decided to step up to the task.

Great Lives

In the challenge, entrepreneurs go headto-head for prizes ranging from \$1,500 in the student division, to \$20,000 in the venture division. Finalists are matched up with mentors who help them work out five-minute pitches for their businesses to judges in the

> Jim said he got involved in the event through the Carmelby-the-Sea Rotary Club, which he said he's "grateful and blessed to be part of." He said he enjoys being able to give back to the community

and, by the way, he had a great time walking in the Centennial Parade.

Not to be outdone, about three-and-a-half years ago, Sharon, also a realtor who works with Jim, got involved in First Tee's Pay It Forward scholarship program at CSUMB. The privately funded program provides fouryear scholarships to kids in Monterey County who are among the first generation

See LIVES next page





Jim Swallow (left) and his wife, Sharon, are committed to motivating the next generation to succeed, whether it takes days - or years.



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LETTERS

From previous page

Almost all of the industrial countries, including entire EU, have adopted the latter. If you take the political philosophy out of the equation and focus on which system delivers the best care at the best price, the results are startling. Using World Health Organization data from 2010 (before the ACA went into effect), the United States spends 17.6 percent of GDP on health care, 1.5 times as much as any another country and 2 times more thand the EU average. On a per-capita basis the U.S. spends 50 percent more than the next highest country (Norway), and 2.5 times more than the EU average. If you look at infant mortality between the U.S. and the EU, Finland is best, with 2.3 deaths per 1,000 births, the U.S. has 6.1 deaths per 1,000 births, more than 2 times worse. Every EU country does better than the U.S. on infant mortality. When you look at maternal mortality, the U.S. does even worse.

Looking at the data, it seems silly to have a free market system. It may be that our love for freedom may be killing us!!!

Chris Tescher, Carmel

Man arrested for attempted arson

A CARMEL Valley man was booked into Monterey County Jail over the weekend for attempted arson, making terrorist threats, indecent exposure, possession of a controlled substance, and theft, after he reportedly "showed the victim an inappropriate body part, then used fire to threaten" the residents of a Tassajara Road home Jan. 7. Scott Backeberg, age 47, also reportedly stole property from the victims, a 61-year-old male and a 47-year-old male.

"Quite a frightening experience for two residents in Carmel Valley over the weekend," the deputy wrote in a post on a Monterey County Sheriff's Office web page. "Two people were inside their home, when a man knocked on their door and threatened to burn their house down. He had already doused the surrounding area with gasoline. Fortunately, it was raining, and that put an end to what the suspect was planning to do. When deputies arrived, they arrested the man. We are thankful no one was hurt."

Backeberg was still being held in Monterey County Jail on \$100,000 bail Thursday. According to online court records, he has a lengthy history in the local criminal justice system, with multiple cases filed against him by various law enforcement agencies, some of which are also pending. Last month, he was arrested on an outstanding warrant after he was reported trespassing on a neighbor's property on Nason Road, but was later released. Following his most recent arrest, Backeberg was arraigned Jan. 9 and is set to appear for a preliminary hearing Jan.

EIR released for water project

THE CALIFORNIA Public Utilities Commission Thursday afternoon released the long-awaited environmental report for the Monterey Peninsula Water Supply Project, a project that would allow water provider Cal Am to stop pumping most of its water from the Carmel River.

The document evaluates the water project's proposed facilities and improvements, including a subsurface seawater system in Marina, a 9.6 million-gallons-per-day desalination plant, about 21 miles of water pipeline and storage, and other facilities. It also evaluates alternatives, including Cal Am's smaller, 6.4 million-gallons-per-day desal plant, and an agreement to purchase 3,500 acre-feet of water per year from a groundwater replenishment project.

The EIR can be downloaded at www.cpuc.ca.gov.



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PUBLIC NOTICES

NAME STATEMENT

File No. 20162535
The following person(s) is(are) doing business

Verizon Wireless, 836 Playa Avenue, Sand City, CA 93955, County of Monterey Sand City, CA 93955, County of Monterey Registered Owner(s):
Verizon Wireless Services, LLC, One Verizon Way, Basking Ridge, NJ 07920
This business is conducted by a limited liability company
Registrant commenced to transact business under the fictitious business name listed above on 4/06/2011

above on 4/06/2011
S/ Thomas DiResta, Manager
This statement was filed with the County Clerk
of Montrery County on December 20, 2016
Original Filing
1/6, 1/13, 1/20, 1/27/17
CNS-2917241#
CARMEL PINE CONE
Publication Dates: Ian. 6, 13, 20, 27, 2017.

Publication Dates: Jan. 6, 13, 20, 27, 2017. (PC102)

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 20162545
The following person(s) is (are) doing business as: THE QUILL, 553 Lighthouse Avenue, Pacific Grove, CA 93950.
Registered owner(s):
LOFTUS STEPHANIE R., 553 Lighthouse Avenue, Pacific Grove, CA 93950.
County of Principal Place of Business: Monterey

terey
This business is conducted by: an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.
I declare that all information in this statement is true and correct. (A registrant who

declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

by a fine not to exceed one thousand dollars (\$1,000).

S/ Stephanie R. Loftus, Owner
This statement was filed with the County Clerk of Monterey County on Dec. 22, 2016
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expirction.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

FBN FILING
Publication Dates: Jan. 6, 13, 20, 27, 2017.

(PC104)

Publication Dates: Jan. 6, 13, 20, 27, 2017. (PC104)

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: THE NEAL SHOW, 2 S/E of Lincoln and 6th Ave, Carmel, CA 93921.

Mailing address: P.O. Box 7239, Carmel, CA 93921.

CA 93921.
Registered owner(s):
NEAL OWEN KRUSE, 2 S/E of Lincoln and
6th Ave., Carmel, CA 93921.

This business is conducted by: an individual. The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 1, 2016.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant hows to be fessions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars

5/ Neal Kruse
Dec. 2, 2016
This statement was filed with the County Clerk
of Monterey County on Dec. 9, 2016.
NOTICE-In accordance with Subdivision (a)
of Section 17920, a Tictitious Name Statement generally expires at the end of five years
from the date on which it was filed in the office of the County Clerk, except, as provided
in Subdivision (b) of Section 17920, where it
expires 40 days after any change in the facts
set forth in the statement pursuant to Section
17913 other than a change in the residence
address of a registered owner. A new Fictitious Business Name Statement must be filed
before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a Fictitious
Business Name in violation of the rights of
another under Federal, State, or common
law See Section 14411 et seq., Business

law (See Section 1441) et seq., Business and Professions Code).

ORIGINAL FILING

Publication Dates: Jan. 6, 13, 20, 27, 2017. (PC108)

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST IDAN: N/A OTHER: FILE: 52861/7DLH INVESTOR LOAN #: A.P. NUMBER: 418-011-041, 042 & 043 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 11/28/2012. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE is breeby given that FIRST AMERICAN TITLE COMPANY, a California corporation, as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by BRENT LEBLANC Recorded on 12/27/2012 as Instrument No. 2012080425 in Book N/A Page N/A of Official Records in the office of the County Recorder of MONTEREY County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 09/21/2016 in Book n/a, Page n/a, as Instrument No. 2016054455 of said Official Records, WILL SELL, on 02/03/2017 At the main entrance to the County Administration Building at 168 W. Alisal Street, Salinas, CA 93901 at 10:00AM, AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: As more fully described on said Deed of Trust. The property address and other common designation, if any, of the real property described above is purported to be: 38873 PALO COLORADO ROAD, CARMEL, CA 93923 The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if

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The Carmel Pine Cone

CHURCH From page 7A

noted that as many as 50 cars would park outside the Cachagua General Store when he

gave me any problems," he observed. A couple of neighbors, Claudia and Tom

was serving dinner on Mondays. "Nobody

Gano, said they support the project — even though they are not members of the congregation. "It would allow us to have a sense of community," said the latter.

January 13, 2017

Myers, meanwhile, insisted the church would have a positive impact on the neighborhood. "We expect a significant benefit to occur off premises as we address the unique needs of our community," he added.

AQUARIUM From page 10A

the current facility, that has been difficult."

The aquarium has one veterinarian, a licensed veterinary technician, and an animal health care program administrator. The staff examines, on average, two to five animals per day, and also treats stray animals that need medical care, such as sea turtles that sometimes get stuck in the Monterey Bay's colder currents. The turtles are kept at the aquarium until they are warm enough to be returned to the ocean.

"Of course many of our husbandry staff are involved in day-to-day animal care of the collection as well," Armstrong said. "While we won't be adding veterinary staff, the new labs will for the first time make it possible to

start offering more training opportunities for veterinary students and post-graduate veterinary interns and fellows."

The aquarium has garnered approval for its project from the Monterey and Pacific Grove planning commissions. Aquarium officials also expect to qualify for a coastal permit waiver, Armstrong said, "though that has yet to be confirmed."

The total cost of clinic renovation isn't yet known, but will likely be in the \$5 million to \$7 million range, he said.

According to the plans, the addition would continue the use of "corrugated cement fiberglass panels for siding, Ecostar Majestic Slate roof tiles, black metal doors, dual glazing steel framed windows, and small exterior wall lights to blend into the existing structure." The addition will be just shy of 34 feet high, and "infills a gap in the northwest side of the existing building."



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From previous page

in their families to go to college.

But there's a twist. Instead of writing a check for the tuition and leaving it up to the kid to sink or swim, the program pairs each student with a mentor from the community and provides support and structure to increase the chances of success.

Participants go through a careful selection process. They have to maintain a 2.5 GPA, participate in meetings with their mentors and each other, and fulfill other expectations, including mentoring a child in the First Tee program. If they don't meet the requirements, they can lose their scholarships.

Sharon explained that when nobody in your family has been to college, there's no road map or context to help you understand what to expect, and it can be overwhelming. She also said that parents don't always recognize the value of an education and sometimes pressure students to drop out and work to help support the family.

When she signed up, Sharon knew it was a big commitment — mentors stick with their students for four years. Then she met Diana Mejia, a graduate of Marina High School, born in the United States to parents who, decades ago, fled the violence and crime in their native El Salvador.

They have been supportive of their daughter's college journey, and are looking forward to celebrating her graduation in just a few months. But the picture wasn't rosy from the start, and success wasn't guaran-

Sharon said at first, Diana was so shy she could hardly hold a conversation with her. But she gradually opened up, and they began setting goals. Diana wanted to major in graphic design to become a fashion designer.

Sharon said she was surprised to discover that although she was 18, Diana still hadn't learned to drive. Neither of her parents knew how, and her dad spent two hours each way going to and from his job at Whole Foods in Monterey by bus. Sharon prodded Diana to have her brother teach her, and soon she was proudly driving her dad to work.

The next step was for Diana find a job. She'd never had one before, so Sharon guided her through those waters, too, and her father helped her get a job at Whole Foods, which she loved. Together, Sharon and Diana prioritized her goals and wrote out a weekly schedule so she could accomplish the most important ones.

Then, Sharon became determined to broaden Diana's world. She took her to different ethnic restaurants and introduced to her other cultures, and she took her to museums. One of Diana's goals was to travel, but there wasn't a big budget available for that. Still, she applied for programs to study abroad and scholarships to support them.

And soon she was off to spend a month with a family in Spain. She's also been to France, Italy, Monaco and Germany. Sharon said Diana's opened up a lot since their first meeting, adding that Diana had to quit her job because she got two paid internships at the college — again with a little nudge from Sharon.

Now she's helping the straight-A student - who's added a business minor to her studies — to apply to graduate school, and she's nearly as proud as if Diana were her own daughter.

The effects of Sharon's coaching extended to the rest of the family, too. Now Diana's mother and sister, who at first couldn't understand why she wanted to travel, are starting to talk about taking a trip somewhere.

Sharon said she most recently helped Diana to write her personal statement — a required essay — for graduate school. Sharon said, "I told her, 'You're living the American dream. You're why people come here. Tell that story." She also wrote a glowing letter of recommendation for her.

If all goes according to plan, Diana's family will have an excuse to travel in the near future. She's hoping to get into the prestigious Parsons School of Design in New York City. "She has a life full of possibilities which is exactly what I wanted for her since the day we first met," said Sharon.

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MUSIC From page 21A

Kiki Wow (Thursday at 7 p.m.). 150 Del Monte Ave., (831) 920-3560.

Bon Ton L'Roy's Lighthouse Smokehouse in Monterey singer-songwriter Astra Kelly (Saturday at 6:30 p.m.). 794 Lighthouse Ave., (831) 375-6958.

Cibo Ristorante Italiano in Monterey — The Kimball Hooker Band (r&b, Friday and Saturday at 9 p.m.); Pacific Groove (classic rock, Friday at 9 p.m.); singer Lee Durley and pianist Joe Indence (jazz and swing, Tuesday at 7 p.m.); Andrea's Fault (Wednesday at 7 p.m.); and The Ben Herod Trio (swing and jazz, Thursday at 7 p.m.). 301 Alvarado St., (831) 649-8151.

Cooper's Pub & Restaurant in Monterey — The Stevie Heger Duo (rock, Friday at 9 p.m.); and singer-songwriter Michael Annotti (Saturday at 9 p.m.). 653 Cannery Row,

The East Village Coffee Lounge in Monterey — Valley Soul (rock, Saturday at 7 p.m. 498 Washington St., (831) 373-

Fernwood Resort in Big Sur — Speakeasy 3 (traditional jazz, Saturday at 9 p.m.). On Highway 1 25 miles south of Carmel, (831) 667-2422.

Folktale Winery in Carmel Valley — singer-songwriter Casey Frazier (pop and rock, Saturday at 4:30 p.m.); and singer-songwriter Fred McCarty (classic rock and country, Sunday at 4:30 p.m.). 8940 Carmel Valley Road, (831) 293-

The Henry Miller Library in Big Sur — The Range of Light Wilderness (psychedelic pop) and singer-songwriters Zeb Zaitz and Suzanne Vallie (Saturday at 7 p.m.). On Highway 1 28 miles south of Carmel, (831) 667-2574.

Hyatt Regency Monterey Hotel and Spa — bassist Joe Dolister, drummer David Morwood and friends (jazz, Friday at 7 p.m.); and guitarist Jessie Elias, drummer David Norwood and friends (jazz, Saturday at 7 p.m.). 1 Old Golf Course Road, (831) 372-1234.

The Inn at Spanish Bay in Pebble Beach — The Jazz Trio featuring pianists Bob Phillips or Bill Spencer (jazz, in the lobby, Friday and Saturday at 7 p.m.); and The Dottie Dodgion Trio (jazz, Thursday at 7 p.m.); also, a bagpiper plays every evening at 5:45 p.m. 2700 17 Mile Drive, (831) 647-7500.

Julia's restaurant in Pacific Grove — singer-songwriter Tiffany Decker (Monday at 6 p.m.); singer and guitarist Rick Chelew (Tuesday at 6 p.m.); mandolinist Dave Holodiloff (Wednesday at 6 p.m.); and singer-songwriter Buddy Comfort (Thursday at 6 p.m.). 1180 Forest Ave.,



The Curtis Institute of Music's Chamber Orchestra will perform all five of Mozart's violin concertos Jan. 13-14 at Sunset Center.



(831) 656-9533.

Lucia Restaurant + Bar at Bernardus Lodge in Carmel Valley — pianist Martin Headman (jazz, Friday and Saturday at 7 p.m.). 415 Carmel Valley Road, (831) 658-

Mission Ranch — pianist Tom Gastineau (jazz, Friday, Saturday and Sunday at 5 p.m.); singer and pianist Maddaline Edstrom (jazz and pop, Friday and Saturday at 8 p.m., and Sunday at 7 p.m.); pianist David Kempton (jazz, Monday through Thursday at 8 p.m.) and pianist Gennady Loktionov (jazz, Sunday at 10 a.m., Monday through Thursday at 8 p.m.). 26270 Dolores St., (831) 625-9040.

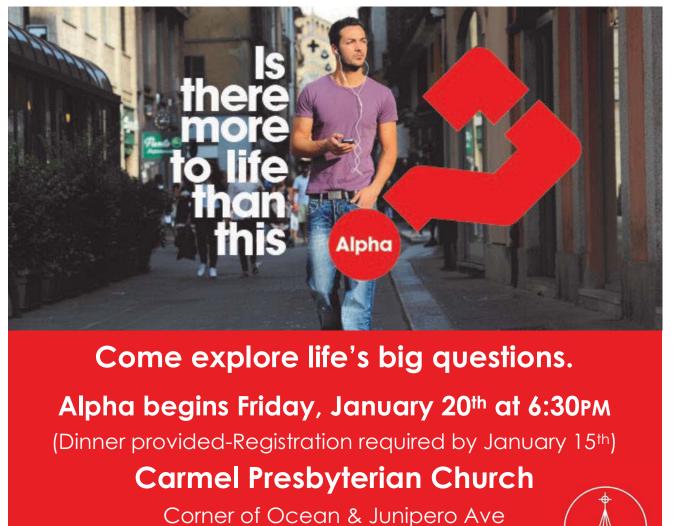
The Pacific Grove Art Center — The art center's latest Hootenanny, a jam session and community sing-a-long, will celebrate the music of Janis Joplin (Saturday at 7 p.m.). 568 Lighthouse Ave., (831) 375-2208.

The Sunset Lounge at Hyatt Carmel Highlands — singer Neal Banks and guitarist Steve Ezzo (pop and rock, Friday at 7 p.m.); and singer and pianist Dino Vera (jazz, blues and r&b, Saturday at 7 p.m. and Thursday at 6 p.m.). 120 Highlands Drive, (831) 620-1234.

Terry's Lounge at Cypress Inn — pianist Gennady Loktionov and singer Debbie Davis (cabaret, Friday and Saturday at 7 p.m.); Andrea's Fault (jazz and blues, Sunday at 11 a.m.); guitarist Richard Devinck (classical, Sunday at 5 p.m.); and singer Lee Durley and pianist Joe Indence (pop and jazz, Thursday at 6 p.m.). Lincoln and Seventh, (831) 624-3871.

Trailside Cafe in Carmel Valley — Out of the Blue ("soul-rock," Friday at 6 p.m.); and Grove Acre ('80s and 90s alternative, Saturday at 6 p.m.) . 3 Del Fino Place, (831) 298-7453.

The Unitarian Universalist Church of the Monterey Peninsula - Valery and David Hurdle celebrate Martin Luther King Day by presenting a sing-along concert of protest songs (Saturday at 3 p.m.). Tickets are \$20 for general admission, \$15 for seniors and students, and free for kids under 12. The church is located at 490 Aguajito Road.





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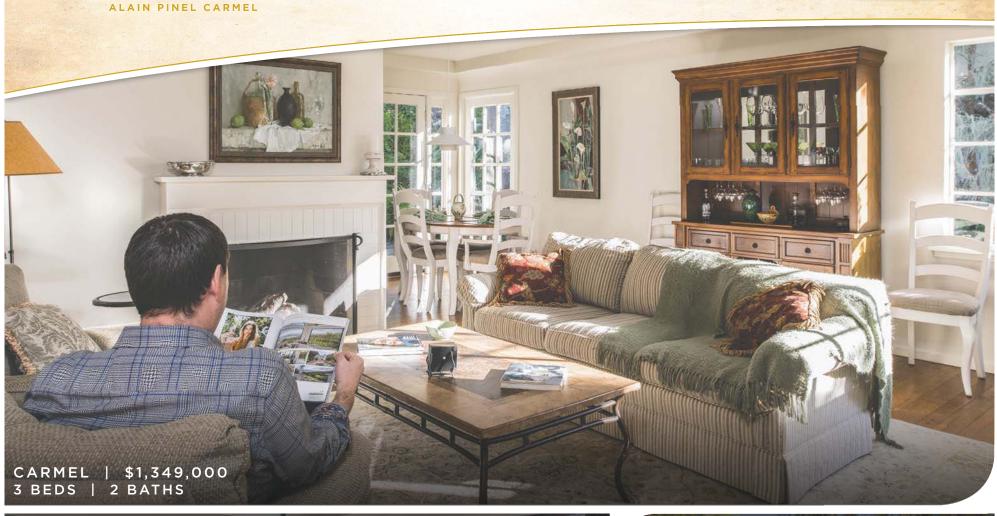


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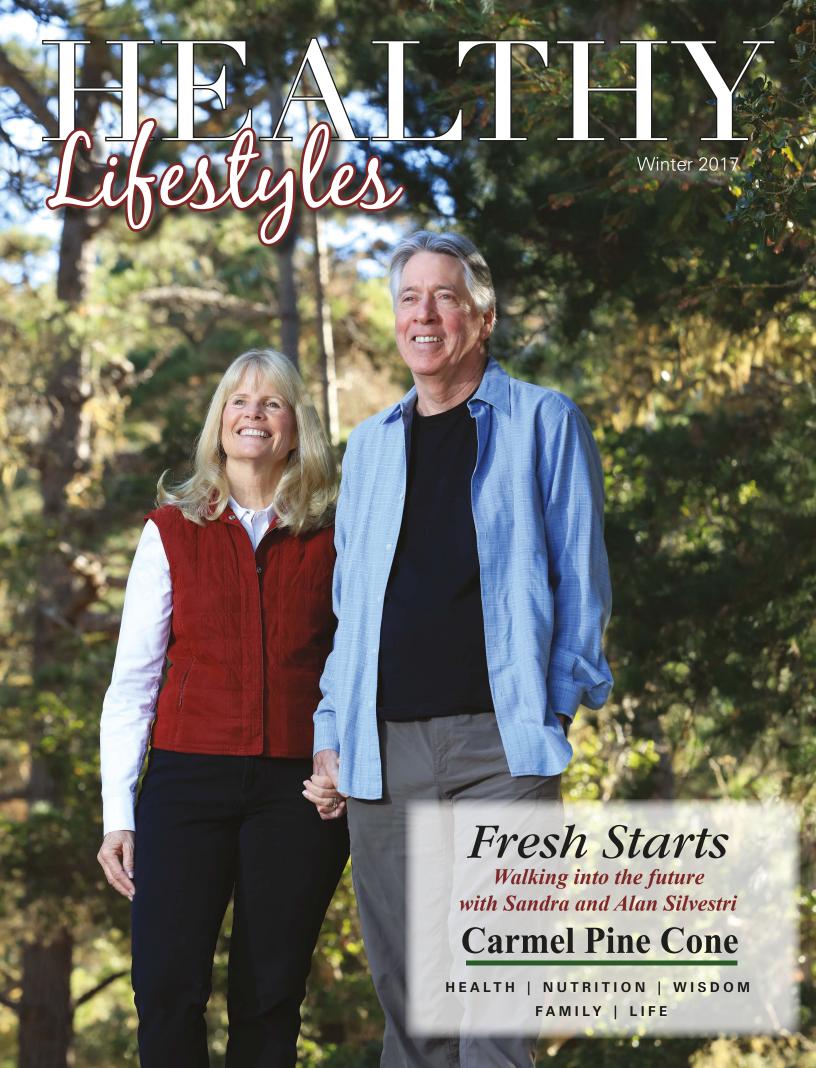












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HEALTHY Table of Winter 2017 Winter 2017

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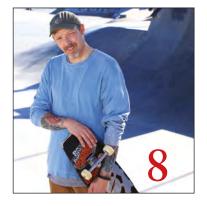
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ON THE COVER

Alan and Sandra Silvestri are busy folks, but they manage to work walking into their routine, as shown here in the Carmel Highlands. Photograph by Randy Tunnell.

EDITOR'S NOTE



Welcome...

Let the annual cliché festival begin!

KNOW you have motivational notes posted on your bathroom mirror to remind you that "Today is the first day of ..." or "There's no time like the" Maybe you even have a fancy framed poster with a soaring eagle, or a woman running hard down a country road, her perfect ponytail flowing behind her.

That's why there aren't any motivational catchphrases like that here. Because you're already sick of seeing them. In fact, depending on when you picked up this magazine, you may have already taken yours down. Or punched the wall next to them. Sure, there may be a few nudges in these pages urging you to get out there and get moving, but you won't find any cheerful cartoon characters telling you "The journey of 1,000 miles"

Instead, there's lots of practical information to keep you going, including tips on how to fit healthy habits into your day, from some super-busy people you may have heard of. There's also info to help you avoid getting sick when you're traveling.

We dissect the mysteries of antioxidants and inflammation, help you decide whether to exercise indoors or outdoors, and even attempt to answer the chicken-and-egg question, "Which comes first: looking good or feeling good?" You'll also get a peek into my youth, and Sticks at Spanish Bay has a new chef who's showing off her recipe for duck.

As always, whether sharing about exercise, diet or attitude, I hope you take something away that you can use, and enjoy learning as much as I do.

Elaine Hesser
Editor



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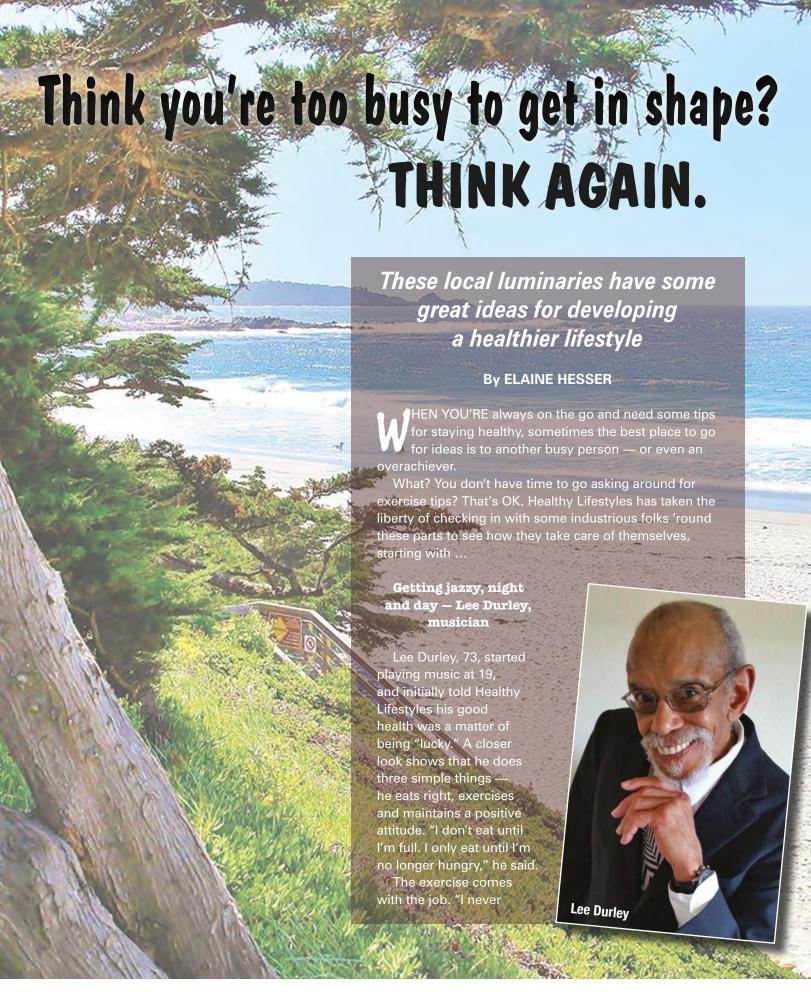
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could get a roadie," he laughed. He moves all his own audio equipment for his performances, which are far more numerous than most folks probably realize. In addition to the evening gigs for which he's well known, Durley and another musician, Ray Paul, put on what they call "The Brotherly Love Show" at 17 assisted living and skilled nursing facilities from here to Scotts Valley.

"Sometimes we do two or three shows a day," he said. And he enjoys the reward of seeing the music "perform miracles" with people who have dementia or Alzheimer's.

Finally, he's grateful for his life and career. "My dad told me, 'Do something that you enjoy and you'll never have to work,' and I think that's true."

Keeping our streets safe — Sgt. Luke Powell, Carmel Police Department

Luke Powell, age 40, who's been with CPD for nearly five years, says staying in shape is important to him. "For me, it's a 90-10 split," he said, meaning he believes that good health is a combination of 90 percent what he eats, plus 10 percent exercising.

He eats "a whole-plant-based diet. I eat unrefined food — fruits, vegetables, tubers, whole grains and legumes." While he doesn't eat a raw diet, he believes food should be consumed with a minimum of processing. He's been doing that for seven years.

He limits himself to just one portion a week of meat, fish or dairy. It's just a different way of looking at a meal. Instead of meat augmented by sides, what we think of as sides can actually be the center of the meal.

His breakfast go-to is a bowl of whole oats and another whole grain, studded with bananas, blueberries and strawberries, with almond milk. His workout routine takes just 20 to 25 minutes daily, five days a week, including short bursts of cardio alternating with short recovery periods, strength training and circuit training.

Carmel Police Sgt. Luke Powell and dispatcher Melissa
Webster won a bronze medal in co-ed doubles volleyball
at the 2016 police and fire championships.

He also plays volleyball three times a week with his family. In the 2016 police and fire championships, he and his teammate, dispatcher Melissa Webster, won a bronze medal in co-ed doubles volleyball.

Making every minute count — Dawn Galante, proprietor, Dawn's Dream Winery

Dawn Galante agrees with Durley about staying positive. In addition to habits that include a fruit-and-veggie smoothie she whips up every morning, and regular walks with her husband and dogs, Galante's a firm believer in daily meditation and generally taking care of oneself in mind, body and spirit — especially for women. Galante said they're often so busy looking after others that women let their health "fall



Dawn Galante

through the cracks."

One secret to success she learned while raising five children was to keep a flexible mindset. "That way, I don't get so fixated on the schedule that I get frazzled if something changes."

She also has what she calls a "toolbox of self care" — little treats and rewards she has for herself. While

Continues on page 16 LOCALS

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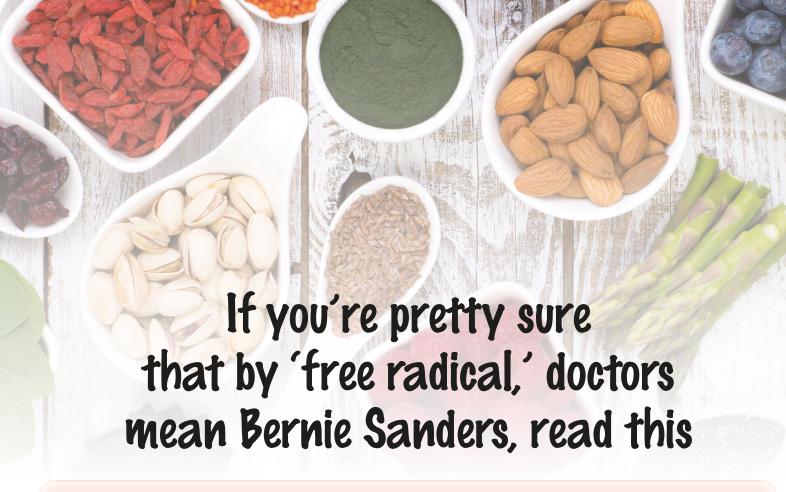
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By ELAINE HESSER

YOU SHOP the farmers markets for them. You've nodded sagely when someone's discussed the subject. Deeply colored vegetables like blueberries and kale are full of antioxidants. Turmeric has anti-inflammatory properties. But what on Earth does any of that mean?

To find out, Healthy Lifestyles turned to Barbara Quinn, the longtime registered dietitian, nutritionist and certified diabetes educator affiliated with CHOMP, and to Cate Ritter, a Monterey nutritionist. Her blog, "Cate's Nutrition Kitchen," focuses on making healthy eating "delicious and doable."

Quinn explained that inflammation is "the body's normal response to injury," so when you step on a broken shell at the beach, for example, there will be heat, redness and swelling at the site of the cut. Ritter said that the rush of blood to the boo-boo helps the healing process begin. In that sense, inflammation can be a good thing.

However, both women said that problems come when inflammation causes a lot of pain or becomes chronic. Ritter mentioned symptoms like digestive problems, food sensitivities and (grossness alert) leaky gut, which leads to gas and bloating. She

said chronic inflammation was also associated with arthritis, muscle pain and contributes to hormone imbalances.

Piling onto that list, Quinn added diabetes, cancer, heart disease and premature aging, and said there also might be a correlation with Alzheimer's disease. According to the Arthritis Foundation, habits like smoking, overindulging in alcohol, and excessive consumption of many foods including sugar, saturated fat, salt, trans fats, omega-6 fats (vegetable oil, corn oil, soy oil and peanut oil, to name just a few), refined carbs (white bread, white rice, etc.) and MSG, all can contribute to chronic inflammation.



Barbara Quinn

So, how does all that relate to antioxidants? Quinn said that just by living and breathing every day, people take in oxygen, and some of those oxygen



molecules undergo minor changes that cause them to go rogue. These "wayward molecules," as Quinn called them, are also called free radicals. They react with other cells in the body, sometimes causing damage and — you guessed it — inflammation.

Antioxidants and anti-inflammatory foods — Quinn said the terms could be used almost interchangeably — can help block the damage from the free radicals.

Those foods happily include a large number of Monterey Peninsula favs, like colorful berries, dark leafy greens and the omega-3 fat-

greens and the omega-3 fatty acids found in that salmon you enjoyed last night at Casanova. The beets and the almonds on the plate also contributed their share. Sardines are terrific, too.

And who knew? Those darned seeds people were spreading on Chia Pets all those years are a good source of omega-3s. Of course, now that that word is out, the price of the

seeds has risen considerably.

Quinn said that whole grains, beans and legumes are also rich in antioxidants and Ritter pointed out a little bit of dark chocolate, a cup of coffee and all those pumpkins and pecans you consumed over the holidays are helpful. Both agreed that eating a wide variety of colorful fruits and vegetables was a good idea.

Ask your doctor if a fish oil supplement to increase your intake of omega-3 fatty acids is right for you. 🔊



Cate Ritter



And who knew? Those darned seeds people were spreading on Chia Pets all those years are a good source of omega-3s. Of course, now that that word is out, the price of the seeds has risen considerably.

THE LIGHTER SIDE

















The Summer of the Salads





- how I learned to hate lettuce in three short months

By ELAINE HESSER

LOOK, I'VE always adored a good salad, but I was especially delirious during the 1980s, the heyday of the salad bar. Back then, there was a chain in the Northeast called Beefsteak Charlie's. If you've been to a Sizzler, there were similarities. You went through a line and ordered a steak-and-starch combo at the counter. Then you hit the salad bar.

That's where the resemblance to Sizzler ended. Chuck's had whole pitted black olives you could stick on your fingertips, a pleasure usually reserved for Thanksgiving and Christmas at home. And unlimited peel-and-eat shrimp with cocktail sauce? Yes, please! Even though, OK, shrimp aren't, strictly speaking, salad.

Small-town Pennsylvania Dutch salad bars usually had some of the fabled "seven sweets and sours" of my people. For example, there might have And Catalina — remember
Catalina? It was a
sweet-ish dressing in a
shade of orange you rarely
see outside of a Caltrans
construction zone.

been pepper cabbage, a dish of finely shredded cabbage and bell pepper with a sweetened vinaigrette; a corn-andveggie relish called chow-chow, and pickled red beets.

We're a thrifty — OK, just plain tight — bunch, so when the beets were gone, we immersed peeled, hard-boiled eggs in the pickling liquid, and then sliced them up after they'd marinated in the fridge long enough to turn magenta on the outside and take on an earthy, vinegar-y flavor. They're delicious, by the way.

Frankly, I think the Pennsylvania

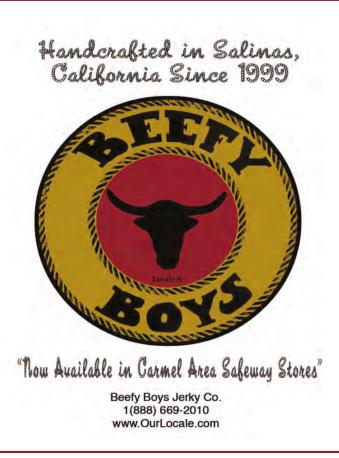
Dutch would pickle a ... oh heck, I can't think of much we wouldn't pickle, given the chance. Oh wait, dessert. We don't pickle dessert. We do pickle pigs' feet, however, and bologna. You can still purchase both from separate glass jars at better bars. But I digress.

Salad bars in the '80s often had Jell-O, cottage cheese and sometimes banana pudding with 'Nilla wafers. "Salad" had broad interpretations. Bread was usually part of the bargain. I loved all things salad bar as a teenager, so you'd think I'd have been thrilled during what my sister, Kathy, and I now refer to as "The Summer of the Salads."

But see, the thing about the bar du salade is that it allows diners to have complete control over their plates. Endless choices, in endless combinations. Don't want cold canned green beans? Just walk away. French dressing first round, Roquefort the second? Knock

Continues on page 27 LIGHTER







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LOCALS continued from page 9

it would be different for each person, such a toolbox might include a little piece of dark chocolate, a warm bath or even a massage.

Using an app for meditation before she hits the hay each night, Galante also advocates for what medical professionals call good sleep hygiene. "Turn off all the screens before bedtime and read a book," she said.

Finally, she urges others to keep learning and developing their minds, and not to be too critical of themselves as they move toward making healthy changes. "Believe in yourself and don't fear failure," she said.

Work as workout — Chistina Mok, concertmaster, Monterey Symphony Orchestra

For you non-musical types, the concertmaster is an orchestra's leading violinist. She's the last musician on the stage before the conductor enters and in addition to mastering the pieces for each concert herself, she has myriad responsibilities for communicating with the conductor and the rest of the orchestra.

If you've ever seen Christina Mok perform solo, you've seen an athletic and vigorous artist at work. The violin seems to be part of her as she sways and at times almost seems to dance. She said that she's "not a big workout girl," but her violin style is actually a form of exercise that protects her from injury.

"Back and neck problems are common among violinists. It's a very unnatural way to play an instrument." She explained that maintaining the tucked chin and leaning to one side in a chair for extended periods can hurt a performer. So even when seated, she moves constantly.

She also said paying close attention to her posture and breathing are her



keys to staying well — advice anyone can use.

In addition, Mok — who splits her time between here and her home in the East Bay — walks her 6-year-old daughter to school and back daily, "up and down big hills." And one other thing — "I haven't had fast food for the last 15 years. My daughter didn't even know it existed until she started reading."

Her final piece of advice was to do everything, including eating, in moderation. "That keeps me happy and healthy," she said.

Embrace change (sort of) — Alan Silvestri, Grammy- and Emmy-winning composer and owner of Silvestri Vineyards

Alan Silvestri had just come back from a performance of his score to "Back to the Future" by the American Youth Symphony at UCLA when he talked to Healthy Lifestyles. The 66-yearold said he travels "a fair amount," usually with his wife.

"For both Sandra and for me, mechanically things are still working well," he said. "We walk and enjoy walking. If we're in London, for example, it's not unusual for us to walk 15 miles in one day."

"When we're at home, we both aspire to what I'll loosely call a 'workout,'" he said. They alternate 30 minutes of cardio exercise on an elliptical trainer one day with 30 minutes of weights and resistance training the next.

Silvestri said they practice moderation in their diet, eating "lots of salads," but not forgoing the occasional plate of pasta or a great steak a couple times a month.

What about stress? "It's a personal kind of event," he said, explaining that the couple's best stress-management technique came about unexpectedly, when they watched their youngest,

James, walk out the front door and drive himself to school at RLS for the first time.

Silvestri said taking the kids to school was always a highlight of the day, so they decided to "drive the kids to school without the kids." That was five years ago, and to this day, every morning Sandra makes them coffee, he pulls



Alan Silvestri

the car around, and they drive through Pebble Beach, talk about "what's in store for them that day," then go back to their respective offices until lunch.

Finally, he said, after workouts he and Sandra enjoy a "recovery drink" consisting of a glass of Silvestri wine, and make the tough decisions about where to eat dinner.

Continues on page 24 LIFESTYLE

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FOOD FOR THOUGHT:

A CHICKEN-AND-EGG STORY

By ELAINE HESSER

"YOU LOOK mahvelous!" That unforgettable catchphrase, uttered by Billy Crystal's smarmy talk show host persona, Fernando Lamas, on "Saturday Night Live," morphed into a hit single. It included the line, "It's not how you feel, it's how you look!"

Many, if not most, people would agree — even if they don't want to admit it. And according to a 2001 article published in the Journal of the American Medical Association, that's especially true for women. They view diet and exercise as a way to look

better, drop a dress or pants size or two, lose the double chin and so on.

How much better they feel during their daily walk on Carmel Beach is a happy bonus, as are numbers that indicate improvement in things they can't see, like lower blood pressure or cholesterol.

And how many times have you heard someone say, "I'm not buying (insert

article of clothing) until I lose 10 more pounds," or "I'll treat myself to a facial and new hairstyle when I reach my weight goal?"

But what if it worked the other way? What if looking better made us more likely to get healthy? Monterey plastic surgeons Dr. David Morwood and Dr. Douglas Sunde said it actually makes perfect sense.

While it "would be nice" if appearance didn't matter, the truth is that it does.



Morwood gave the example of a teenage boy who might have excess breast fat. "He doesn't want to go to gym class or a locker room, or get in a pool," he said. Researchers have borne that truth out, saying that obese people are less likely to exercise in public.

Morwood noted that being more attractive leads to more socializing and that, in turn, is associated with a longer life. "It's in our DNA," he said, adding that when we see people who don't care at all about their appearance, "we know something's out of kilter."

He went on to say that looking good is a sign of "good genes," and that people are hard-wired to be drawn to people who fit that image.

Now of course, all of that is going

to rankle people who think appearance shouldn't matter so much. And in recent years, society has seemed to become more accepting of, for example, plus-size models. But as Morwood pointed out, while it "would be nice" if appearance didn't matter, the truth is that it does.

He went on to talk about the fact that people have "subjective lines" about what kinds of appearance alterations are OK. For example, he said, it's easy to judge someone whose lips have been over-injected, or someone on her fifth facelift, but no one objects to correcting a child's cleft palate or doing reconstructive surgery after a mastectomy.

Dr. Douglas Sunde, also a plastic surgeon, said removing excess skin after weight loss is another big confidence builder. Even though the weight's gone — often in excess of 100 pounds with gastric bypass or lap band surgery — a patient may find himself with an "apron" of loose skin.

"It's so hard to handle and hard to move with that," he said, adding that skin-on-skin contact can lead to painful rashes.

Such patients often don't want to be seen in public, and certainly not in a swimsuit or workout togs. Removing the excess with a body lift restores confidence. "They can do even more" to get in shape, said Sunde. "They can exercise more and work out more."

He said some of his patients say they

want to "kick start" efforts to improve their overall appearance with something small, like an eye lift. "They ask, 'What can I do to make myself feel a little better?" and removing excess skin that makes them appear tired or sad is one

In case you're wondering, doing these kinds of things for people is extremely rewarding. "I have the funnest job of anybody," said Sunde.

But what if plastic surgery isn't necessary or right for you? For some people, a new pair of yoga pants in bright colors is enough to

> motivate them, at least according to anecdotal evidence provided by Arianne Bautista of Carmel

The studio also sells workout gear and clothing, and Bautista said that often when a client buys a stylish outfit, "they'll step up their game." Kimberly Werr at the Treadmill concurred. "It really

she said.

And since there are studies that correlate negative body image or selfconsciousness with lack of regular exercise, it couldn't hurt to put together a look just for the gym. Bautista noted that much of today's fitness wear is also figure-flattering and suitable for wear outside the studio. If you're a plussize exerciser, Werr said she'd be happy to special-order what you need.

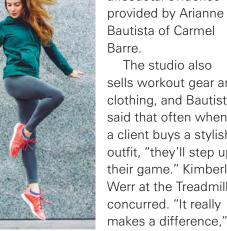
There's also the money factor — that treadmill in the corner of your living



room that's collecting dust aside. Sometimes investing in yourself can be motivational. Now, maybe you're someone who can fall out of bed into her sneakers and get moving. But if you're not, dressing the part might be just the thing to get you going. «

Often when a client buys a stylish outfit, "they'll step up their game."







ON THE ROAD AGAIN? Here are some ways to *Stay Healthy* out there.

By ELAINE HESSER

ACCORDING TO the Centers for Disease Control and Monterey County Health Officer Dr. Edward Moreno, there are many health-related issues that can occur on that special vacation you're planning this year. Happily, almost all of them are preventable.

Moreno said that regular hand-washing with soap, as always, is the No. 1 line of defense against many maladies.

He also said to check with the CDC

website when traveling internationally to see what vaccines you'll need.
He added that the Visiting Nurse Association maintains a supply of a variety of vaccines, and is a good go-to, especially if you need one on short notice.

The CDC's website at http://wwwnc.cdc. gov/travel/destinations/list is a great source of information about common illnesses at your destination for which there are no vaccines, too.

Another common bane of modern travelers is foodborne diseases, like the infamous norovirus, which is contracted by consuming contaminated food or drinks. If you can prepare your own meals, that's the best solution. But of course, if you're on a cruise or

staying in a hotel room without a kitchen, you can't really do that — and that's what vacations are for anyway, getting away from those chores.

While restaurant workers are trained in sanitation and kitchens are normally inspected pretty regularly, outbreaks do occur. The illness — actually "norovirus" is an umbrella term for several strains of nausea-inducing viruses — has an incubation period of just 24 hours. There is no treatment for it, Moreno said, but there are a few preventive measures you can take.

Don't share glasses, plates or utensils with other diners. When you're serving yourself from a buffet, take clean plates, glasses and cups for additional helpings and refills. On the off chance you've contracted norovirus, not contaminating the buffet and beverage dispensers with your used plates and glasses will at least spare your fellow diners from exposure.

For many types of foodborne illness, simply cooking the food is a good preventive measure. Every traveler has to weigh the delights of a salad or sushi against the misery of possibly being sick while away from home. And in many countries, sewage is still a common fertilizer, which means that uncooked foods in those countries are definitely a nogo ... and especially ones grow close to the ground and aren't peeled before you eat them, such as strawberries, lettuce, spinach and scallions.

Unless you've been living under a rock, you know that the mosquito-borne Zika virus has made its way to the United States, and that its worst effects are on unborn children. But what you may not know is that there's another mosquito-borne virus called Chikungunya that's common in the Caribbean — and it can make you really unhappy, with severe joint pain, headache, swelling and a



rash, among other things.

When traveling in regions where mosquitoborne viruses are common,

purchase mosquito repellant and use mosquito tents when sleeping. Wear long-sleeved shirts and pants, shoes and socks as well.

Some of the things you might have worried about, while gross, are probably not things you need to sweat, said Moreno. For example, he said, to his knowledge nobody's ever traced an illness back to putting a purse that was on a restroom floor on a kitchen counter and then later preparing food

on that surface. It's still not a great idea, however.

Additionally, he said he can't recall any disease being traced back to airline pillows or blankets. But touching a doorknob and then your eyes or nose is a very good way to catch a cold.

Two things you may not have thought about are seasonal allergies and altitude sickness. If you're traveling between the northern and southern hemispheres, remember that the seasons are opposite, so even though your particular irritants may not be blooming here, they might be going full bore at your destination.

If you've had altitude sickness in the past, check the altitude of the places you'll be visiting and take appropriate precautions. If you're traveling from a low altitude to a much higher one, make sure you take time to acclimate before going on that five-mile run.

According to the CDC, swimming pools present their own set of unpleasant possibilities. The first clue

there may be trouble is a strong smell of chlorine in the air. Chlorine properly used in pools doesn't give off much of an odor. What you may be smelling instead is chloramine, a compound that forms when people pee or poop in the pool, or sweat a lot without showering before they get into chlorinated water.

If you see babies in waterproof diapers or swim pants, be aware that those won't necessarily keep cryptosporidium, a contagious form of diarrhea, out of the water. As long as mom or dad takes the baby out now and again to check the, um, situation, and make any necessary wardrobe changes, everything should be hunkydory. Slime on the walls is another sign the pool is not well-maintained.

Finally, Moreno said, pack sufficient amounts of prescription medications for the duration of your trip and make sure they stay with you, not in your checked bags. A few simple steps can make sure your journey remains happy and healthy.

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where he skateboards for six to eight hours weekly.

LIFESTYLE continued from page 16

Rolling it out — Steve Johnson, executive chef, Hyatt Regency Monterey

A familiar fellow who often represents his kitchen at community events like Cooking for Solutions, Steve Johnson, 44, is also a familiar face around the El Estero and Marina Skate Parks, where he skateboards for six to eight hours weekly.

"It exercises so much of your body," he said. "You have to have a really strong core (abdominal muscles) and back. I do sit-ups at night to stay in shape for it." He's been skateboarding for 30 years and loves it.

He also tries to get in three 3-mile runs each week. His fitness tracker tells him he gets upwards of 14,000 steps on the job every day and 20,000 on busy weekend shifts. Medical professionals usually recommend people strive for 10,000 steps daily, so he's got that covered. As a chef, Johnson has easy access to healthy food — he likes a lot of salad because it's "quick and easy."

And although long hours — as many as 10 or more — aren't unusual for a chef in a facility that size, he tries not to eat too late at night, or stay at work too late.

"I try to manage the work-life balance and stay mentally fit. I take care and make sure I have time to myself."

So, whether you're coordinating an orchestra, orchestrating hundreds of meals or helping to make the police log great, the solutions for our hard-working neighbors seem to fall into one of two categories. Either build it into your routine, like walking your kids to school, or make time to take care of your body and mind because it's critical to achieving your other goals.

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SORTING IT OUT:

Pretty views or monthly dues? It all depends on what you want.

By ELAINE HESSER

THE GREAT outdoors beckons here more than most places. A walk along the beach doesn't even seem like a workout while you're doing it, and weather is rarely a problem. The air quality is consistently great, forest fires notwithstanding. There aren't even a lot of insects to deal with, and the views range from "nice" to "spectacular." So getting your daily dose of exercise outside seems like a no-brainer, right?

Not necessarily. As it happens, there are advantages and disadvantages to both indoor and outdoor exercise, and as always, Healthy Lifestyles is here to help. If you're not familiar with Montage Wellness Center (formerly Peninsula Wellness Center), it's owned and run by CHOMP, with locations in Marina and Salinas. Both sites have plenty of classes in everything from Pilates to Aqua Dynamics — a form of exercise taught in a therapy pool heated to about 90 degrees.

Emily Freeman, who enrolls new members at the center and is also a certified personal trainer, listed a host of fac-



Continues on page 30 SORTING



LIGHTER continued from page 14

yourself out. And Catalina — remember Catalina? It was a sweet-ish dressing in a shade of orange you rarely see outside of a Caltrans construction zone.

The Summer of the Salads was the opposite of that, in terms of having a choice about what to eat for dinner. My dad had had a heart attack, and my mom decided we all needed to eat better. In winter and chilly Pennsylvania springtime, that often meant some sort of poached white fish on a plate with skim-milk mashed potatoes and margarine, often with a side of beets (sliced, from the can).

That created a semi-gross pink mashed taters situation, but we were taught to clean our plates, so we closed our eyes and did our best. Frankly, the fish was so bland that Mom could have put a slice of tofu on the plate instead and I wouldn't have known the difference, except she wouldn't have had to warn us about the bones. I thought for

years that fish-bone-choking was a leading cause of death in the United States.

But everything was done out of love. And come summer, my dad always planted two ridiculously productive vegetable gardens in our spacious backyard. At one end was the smaller bed, with lots of parsley, lettuce and scallions, next to what seemed an enormous rhubarb plant.

At the other, Dad's masterpiece. A portion of lush, green lawn between the lilac and forsythia bushes had been sacrificed to tomatoes, sugar peas and a host of other veggies. I'm pretty sure there were zucchini. Aren't there always zucchini? Isn't there some sort of gardening rule about that?

Just beyond that, a Concord grapevine threatened to take over the back end of the wooden garage, which it's outlasted by decades. And on the other side of the clothesline that bisected the grassy expanse was an apple tree.

So, my sis and I may have made it more legend than anything else, but The

Summer of The Salads featured salad at least five nights a week. Salad with chickpeas, salad with three-bean salad, salad with more salad! All of it was iceberg lettuce with additional veggies. And all of it was doused in Wish Bone fat-free Italian dressing.

After an afternoon at the town pool, we sometimes biked to my grand-mother's house, where we scarfed down potato chips, cookies and diet cola, but eventually we had to go home, and when we did, out came the evening's greenery.

Three or four decades later, we've recovered, and it may be possible that our memories have exaggerated the effects the SotS had on us. Still, I'm pretty sure Kathy burst into sobs several times when the evening's veggies were served. For my part, I believe I shook my fist at the sky in mid-September and yelled, "With God as my witness, I'll never eat lettuce again."

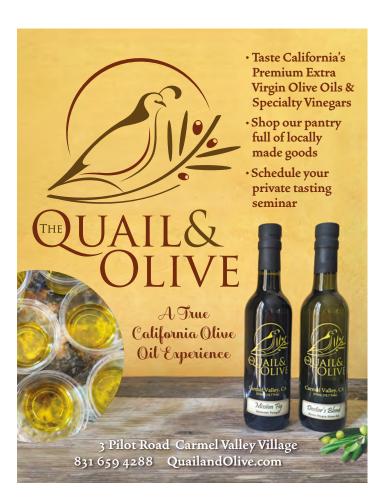


#Kitchen

MOROCCAN SPICED DUCK BREAST

Anna Marie Bayonito - Chef de Cuisine at Sticks, Spanish Bay

ou don't normally think "healthy food" and "duck" in the same sentence, but duck meat is packed with minerals, and if you render the fat properly and remove the skin, it's pretty low in calories, too. This recipe also includes turmeric, in vogue for its anti-inflammatory properties, and the veggies and shiitake mushrooms add to the nutritional power. Also, it's delicious.



INGREDIENTS — SERVES 6

STAR ANISE ORANGE GLAZE

4 cups organic orange iuice

4 star anise

1 cinnamon stick

2 each whole cloves ½ cup organic raw honey

Pinch of kosher salt

Bring orange juice and spices to a boil and then simmer on low for 30 – 40 minutes until the sauce becomes thick and darker in color. Slowly whisk in honey and salt. Strain out spices and set aside.

SPICE MIX

1/2 T Madras curry 1/2 T Spanish paprika 1/2 tsp chili powder 1/8 tsp turmeric 1/8 tsp pepper 1/2 T kosher salt

DUCK BREAST

6 duck breasts, trim off excess fat and score the skin 2 T olive oil Spice mix

Pre-heat oven to 400°. Season both sides of duck breast with spice mix. Heat a stainless steel pan on medium high heat with olive oil. Don't overheat,

or it will burn the spices on the duck. Sear duck breast skin side down for 4-5 minutes, until nicely browned. Turn duck breast over and place in the oven. Cook for 9 minutes for medium doneness*.

*The USDA recommends cooking duck to an internal temperature of at least 165 degrees.

Remove the pan from the oven and let the duck breast rest on a cutting board for at least 5 minutes before carving.

SAUTÉED VEGETABLES

2 T olive oil

1 garlic clove, peeled and minced

1 small shallot, peeled and minced

1 pound shiitake mushrooms, sliced, stems removed

2 heads baby bok choy, rinsed and cut into 1/2 inch pieces

2 carrots, pared and diced

½ head napa cabbage, rinsed and cut into 1 inch pieces

Pinch kosher salt and pepper

1 bunch chives, minced

While the duck is resting, bring olive oil to medium high heat in a large sauté pan. Sauté the garlic until golden brown, but not burnt. Add shallots and cook until translucent. Add carrots and cook for 5 minutes. Add mushrooms and cook for 5 minutes. Add baby bok choy and cabbage and sauté for 8 more minutes, season with salt and pepper.

When plating, slice the duck breast in ½ inch pieces across. Lay your vegetables as a base and shingle the slices of duck on top. Sprinkle chives on top of sliced duck breast, drizzle sauce around the plate and on the vegetables. Enjoy!





Anna Marie Bayonito fell in love with the kitchen while helping her mother prepare delicious home-cooked meals. Born in the Philippines, Bayonito and her family relocated to Monterey County when she was 9 years old.

Although she didn't intend to go to culinary school—she was going to study art, instead—after a field trip to the California Culinary Academy in San Francisco, Bayonito knew she'd found her calling. A school internship led to 18 months working with the pastry chef at the Highlands Inn after graduation. Next up was a turn at Casanova, followed by a return to the Bay Area as the Sous Chef at Pampas in Palo Alto.

Most recently, Bayonito spent four years as the Executive Chef at Corkscrew Café in Carmel Valley. She has participated in three Pebble Beach Food & Wine events and has worked alongside chefs like Bobby Flay and Thomas Keller.

Colleagues describe her "contagious curiosity" and her enthusiastic experimentation with a variety of cuisines. The Pebble Beach Co. said she's "just the right fit" for her new gig at Sticks.



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Just being outdoors in the fresh air and beautiful scenery is a great motivator

tors to take into account when you're choosing whether to hit the gym or hit the trails.

First, just being outdoors in the fresh air and beautiful scenery is a great motivator for many people. The sounds of nature can be soothing and help reduce stress. Also, Freeman said, the body uses sunshine to produce vitamin D. Uneven surfaces cause the body to work to balance in different ways than it does on a level floor, too.

However, those same surfaces can be hazardous if you're not paying attention, and dirt paths can be slippery, or muddy after rain. And, Freeman noted, asphalt and concrete can be really hard on joints. Most workout centers have floors that are designed to absorb some of the impact of aerobic activities.

Another advantage of being at at the gym is access to machines that have been designed by fitness experts. You can adjust resistance and positioning for the most efficient and effective exercise, and there are always professionals nearby to help out and give advice.

Freeman said if you're trading a bike ride through Garland or along Scenic for a stationary ride, or a hike through Point Lobos for a walk on a treadmill, it's important to vary the resistance to simulate the occasional hill. Surprisingly, she said that the zero setting on many machines is actually like walking or biking slightly downhill, rather than on a level surface.

Other things to take into consideration before heading into the forests and onto the roads along the beaches include making sure to bring water or have plenty to drink before setting out. And of course, be sure to apply sunscreen, even on a foggy or overcast day, and wear appropriate clothing and shoes for the weather and surfaces you'll travel.

Freeman added that people who have allergies often benefit from a seasonal switch-up to an indoor workout,

as well as those whose work schedules keep them from getting out during daylight in winter. She also said that a gym membership can help establish a routine and make exercise a regular part of life. Taking a class or two where people start expecting you to show up creates accountability.

To ensure a regular outdoor routine, there's nothing like having a dog that needs to be walked. It can make your stroll more fun, and it won't ever so much as mention your love handles. On the other hand, the pace can vary widely depending on how much there is to smell along the way.



To ensure a regular outdoor routine, there's nothing like having a dog that needs to be walked.

And while your canine companion is your friend, it's not unusual to walk around a bend in the trail, or on the golf course — or even in downtown P.G. — and come face to face with deer. The best course of action in that case is to walk away slowly, and choose another route.

Most of the parks around here have rangers or volunteer docents on duty. They're an excellent resource for learning what other wildlife you might come into contact with, and how to deal with it if necessary, as well as how to identify poisonous plants. An itch to go on a hike is a good thing. An itch from going on a hike is not.

Freeman said that for most people, a combination of outdoor and indoor workouts is the best solution. The important thing is to get moving.



Emily Freeman (left) of Montage, loves a good outdoor workout. Meanwhile, locals Rosa Hong and Nicole Kelly (center), and David Crabbe (right) demonstrate the advantages of indoor equipment.

PAID ADVERTISEMENT

Peripheral Neuropathy WARNING!

Monterey, CA- The most common method your doctor will recommend to treat your neuropathy is with prescription drugs that may temporarily reduce your symptoms. These drugs have names such as Gabapentin, Lyrica, Cymbalta, and Neurontin, and are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects. Peripheral neuropathy is a result of damage to the nerves often causing weakness, pain, numbness, tingling, and the most debilitating balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet which causes the nerves to begin to degenerate due to lack of nutrient flow.

As you can see in Figure 1, as the blood vessels that surround the nerves become diseased, they shrivel up, which causes the nerves to not get the nutrients to continue to survive. When these nerves begin to "die", they cause you to have balance problems, pain, numbness, tingling, burning, and many additional symptoms.

The main problem is that your doctor has told you to just live with the problem or try the drugs which you don't like taking because they make you feel uncomfortable. There is now a facility right here in Monterey that offers you hope without taking those endless drugs with serious side effects. (See the special neuropathy severity examination at the end of this article.)

In order to effectively treat your neuropathy, three factors must be determined:

- 1) What is the underlying cause?
- 2) How much nerve damage has been sustained? NOTE: Once you have sustained 85% nerve loss, there is likely nothing that we can do for you.
- 3) How much treatment will your condition require?

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- 3) Decrease brain based pain

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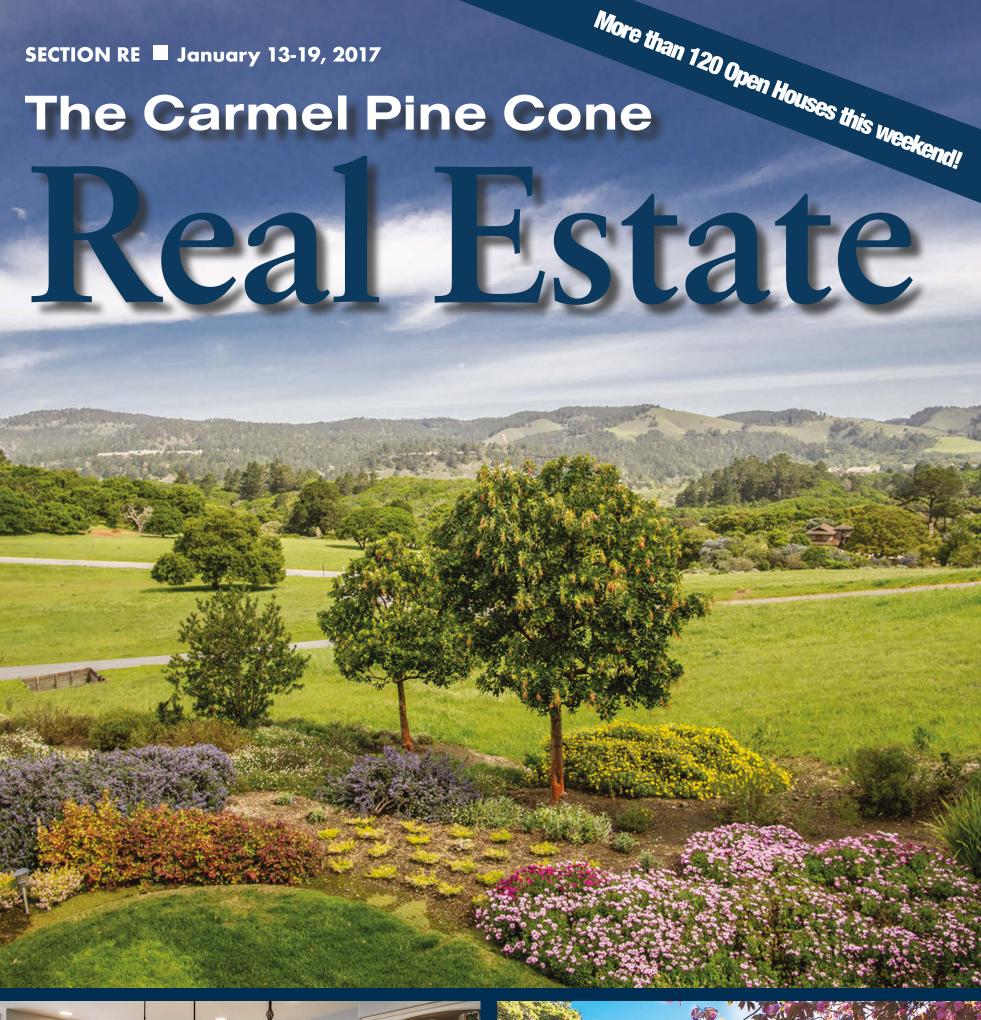


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■ This week's cover property, located in Quail Meadows, is brought to you by Mike Canning, Jessica Canning, & Nic Canning of Sotheby's International Realty. (See Page 2 RE)

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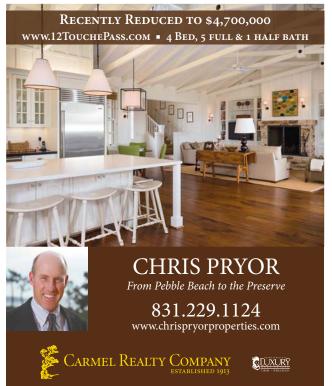
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Real Estate Sales Jan. 1 - 7

January 13, 2017

Carmel

Lincoln Street, SE corner of 13th Avenue -\$1,150,000

The Carmel Pine Cone

Richard and Julie Dinapoli to John and Rebecca Arioto APN: 010-172-011

Torres Street, 2 SE of Fourth Avenue -\$1,420,000

Frances Kirkland and Charles Ahlers to Ronald Chaplan APN: 010-091-022

Casanova Street. 3 NE of 11th Avenue — \$2,000,000

John and James Mason and Williams Trust to Steve and Yvette Widdicomb APN: 010-185-012

San Antonio, 2 SE of 13th Avenue — \$2,100,000

Kerry Striane and Olivia McLeod to Dale and Margaret Byrne APN: 010-287-011

10th Avenue, 2 NW of Camino Real — \$2,700,000



1075 Marcheta Lane, Pebble Beach - \$3,470,000

Christopher and Melissa Callero to Roger and Holly Wright APN: 010-276-016

523 Loma Alta Road — \$4,750,000

Mahoney Trust to Michael Forster and Amy Chaffe APN: 103-161-009

See **HOME SALES** page 6RE

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6 beds, 6+ baths | \$4,950,000 | www.27400HeavensWay.com



3 beds, 2+ baths | \$4,395,000 | www.26255OceanView.com



4 beds, 3 baths | \$3,250,000 | www.25647HattonRd.com



4 beds, 3.5 baths | \$3,195,000 | www.SantaFeAnd8th.com



3 beds, 2 baths \mid \$2,895,000 \mid www.Dolores2SEof11th.com



3 beds, 2 baths | \$2,395,000 | www.CarmelByTheSeaCottage.com



3 beds, 2 baths \mid \$1,840,000 \mid www.SecondAndLincoln.com



2 beds, 2 baths | \$1,595,000 | www.Lincoln3NWSantaLucia.com



2 beds, 2 baths | \$1,150,000 | www.Lobos3NEof2nd.com

The Carmel Pine Cone

4RE

January 13, 2017



Luxury Properties in The Santa Lucia Preserve



5 beds, 6+ baths | \$8,750,000 | 1 Wild Turkey Run





5 beds, 7 baths | \$6,295,000 | 6 Vuelo De Las Palomas



4 beds, 5.5 baths | \$4,700,000 | 12 Touche Pass





3 beds, 3.5 baths | \$4,699,000 | 16 San Clemente Trail

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6 beds, 7+ baths | \$14,900,000 | www.1231PadreLane.com





6 beds, 6+ baths | \$10,500,000 | www.SweepingOceanViews.com

3 beds, 4.5 baths | \$8,300,000 | www.1212Portola.com





4 beds, 4.5 baths | \$4,600,000 | www.3106Flavin.com

3 beds, 2+ baths | \$4,350,000 | www.3088ValdezRoad.com





4 beds, 4.5 baths | \$3,795,000 | www.Townhome11.com

4 beds, 4.5 baths | \$3,350,000 | www.64SpanishBay.com





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HOME SALES

From page 2RE

Carmel Highlands

31 Mentone Drive - \$1,400,000

Lois Weinman to Tanya Ancier APN: 243-192-014

Carmel Valley

1000 Hacienda Carmel — \$383,000

Robert and Janet Andrews to Frank and Irene Stanek APN: 015-331-001

241 Del Mesa Carmel - \$725,000

Larsen Trust to Bradford and Mimi Gebert APN: 015-515-009



215 13th Street, Pcific Grove - \$1,030,000

26390 Carmel Rancho Blvd. unit 18 - \$2,175,000

Michael and Concettina Boerlin to Valentine Holdings LLC APN: 015-012-058

Highway 68

12525 Antonio Place — \$300,000

George Vea et al. to Gordon Kraft and Emylyn Dohnwer APN: 173-111-009

Boots Road - \$2,700,000

Patrick Ontko to William Ockerlund APN: 259-092-017

Monterey

Los Altos Drive — \$560,000

Gene Wong and Janey Novak to Carole Hayter APN: 008-253-011

125 Surf Way unit 323 - \$660,000 Jim and Diane Mather to John and Irene Derouen APN: 011-443-052

See MORE SALES page 12RE

CARMEL-BY-THE-SEA

CARMEL HIGHLANDS Casanova 5 SW of 8th | 3 Beds, 3 Baths | Ocean Views | \$3,348,000 2 Yankee Beach Way | 3 Beds, 3 Bath | Big Ocean Views | \$3,250,000





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302 LIGHTHOUSE AVE, PACIFIC GROVE 3 Beds | 2 Baths | 1,516 sq. ft. | \$1,449,000



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CARMEL GOLDEN RECTANGLE CHARMER 4 Beds | 3.5 Baths | 2,684 sq. ft. | 2 Lots | \$2,950,000



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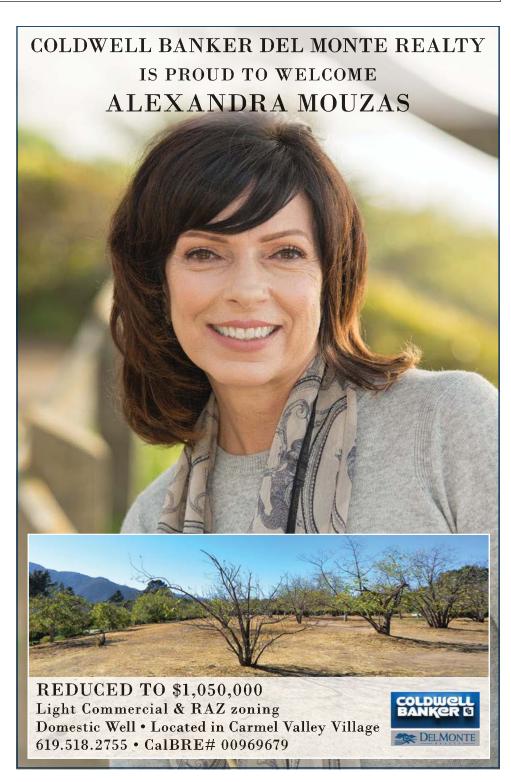


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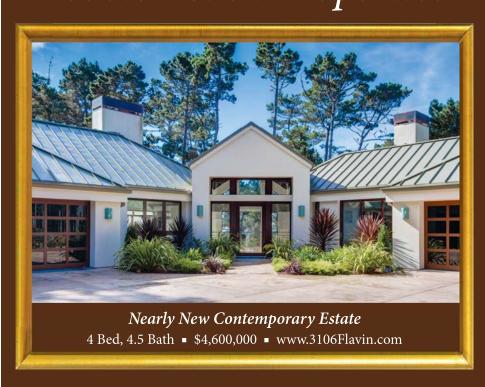


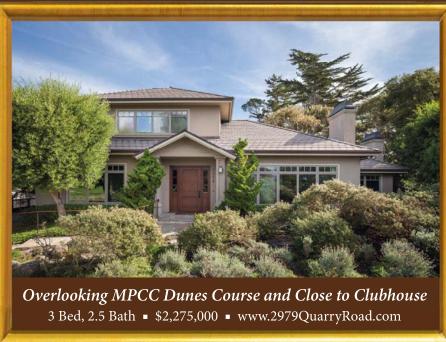
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The Carmel Pine Cone January 13, 2017

POLICE LOG
From page 4A

CHRISTMAS EVE

Carmel Valley: Carmel Valley Road resident reported suspicious circumstances.

Carmel-by-the-Sea: Subject, a 23-year-old male, was stopped at Ocean and Carpenter at 0205 hours for a vehicle code violation and subsequently arrested on an outstanding felony warrant

Pebble Beach: Property taken from an unlocked vehicle on Arrowhead Road.

Carmel-by-the-Sea: Officer responded to a report of loud music in the residential area of Torres Street. Officer contacted the subject and advised of the multiple neighbor complaints. Subject turned off the music.

Carmel-by-the-Sea: An adult female at Junipero and Sixth reported her iPad was stolen. She last saw the iPad in her vehicle when she parked outside a business and realized the iPad was missing two days later. She used a locator application and saw the device was in Salinas. No witnesses, suspects or surveillance cameras.

Pacific Grove: An email titled "911" claiming to be from someone in Denmark was sent to a PGPD employee who forwarded it to patrol, to ensure it was a scam as believed. The email appeared to be someone from overseas attempting to scam the reader into sending a message to an international cell phone number. The email was scanned for reference. Email was deleted from email system.

CHRISTMAS

Carmel-by-the-Sea: A construction site at San Antonio and 10th was burglarized. Several tools and property were stolen.

Carmel-by-the-Sea: Citizen reported a lost cell phone at Ocean and Del Mar.

Pacific Grove: Unlocked vehicle on 13th Street was rummaged through. Personal items were taken from the vehicle.

Pacific Grove: Report of sharks surrounding the whale statues on Ocean View. Collected four wooden shark fins planted in the ground with 8-inch spikes around the statues. Placed at yard for safekeeping.

Pacific Grove: Vehicle backed out of a

driveway on Ninth Street and collided with a parked vehicle. Non-injury accident.

Big Sur: Deputies responded to a reported death on Highway 1.

Carmel area: A 26-year-old male was arrested at Carmel Meadows for being intoxicated while in public and unable to care for himself. He was later released after a sobering period, with no criminal charges filed.

MONDAY, DECEMBER 26

Carmel-by-the-Sea: Citizen turned in a found wallet at Junipero and Ocean to the station for safekeeping. Owner was contacted and will pick it up.

Carmel-by-the-Sea: Report of a burglary to a garage on Casanova north of Ninth. No property appears missing.

Carmel-by-the-Sea: Citizen reported a hitand-run at Guadalupe and Ocean, with no suspect information.

Carmel-by-the-Sea: A 30-year-old male from Seaside was stopped for passing on the right and was arrested at Carpenter and Serra at 1131 hours for possession of a controlled substance, possession of paraphernalia, and driving without a license.

Carmel-by-the-Sea: A dog off leash in Mission Trail park approached and attacked another dog off leash, causing injuries. One dog owner was also injured while attempting to protect her dog. All parties were contacted.

Pacific Grove: Two televisions were stolen from an unlocked vehicle on Second Street overnight. No suspect information.

Pacific Grove: Verbal altercation occurred between two female subjects on Second Street. Sister was upset with her brother's girlfriend and began arguing inside of their residence.

Carmel area: Contractor who was working on the remodel of a residence on Cuesta Way interrupted a male and a female burglarizing the home. The suspects were chased by the witness, but were able to flee the area. It was discovered entry was made by smashing a window on a glass door.

Carmel Valley: Cachagua Road resident reported a neighbor had trespassed on his property.

Carmel area: Burglary on Highway 1.

Carmel area: Resident on Hatton Road reported unknown suspect(s) had entered his home and had stolen a new television.

Carmel area: An elderly female with dementia was found wandering on Loma Robles Drive. No family members were available to care for her. She was transported to a hospital on a gravely disabled mental health hold.

TUESDAY, DECEMBER 27

Carmel-by-the-Sea: Citizen turned in a found wallet at Monte Verde and Ocean. The finder would like to keep it if the owner does not pick it up.

Carmel-by-the-Sea: Employee from a local business at Ocean and Lincoln turned in a purse that was left behind for safekeeping.

Carmel-by-the-Sea: Male reported someone had backed into his parked vehicle at Ocean and Lincoln. All parties were contacted, and

See LOG page 12RE



It seems that everything is peachy keen, but something's out of whack

SEVERAL WEEKS ago I wrote about lost words and phrases that we've left behind with our childhoods. "Jumping Jehoshaphat" and "Heavens to Murgatroyd" were two of them. That generated an outpouring of responses from readers. Michelle Owens suggested a few she remembered from

Scenic Views

By JERRY GERVASE

the past. One of them is "the bee's knees," which indicates the ultimate in excellence. The phrase was first recorded in 1923 and may have something to do with the bees' skill at making honey.

She also mentioned "peachy-keen," which has its own interesting derivation. It found its way into the Oxford English Dictionary in 1951 meaning, "outstanding" or "attractive." In 1948, a Los Angeles disk jockey, Jim Hawthorne, turned his radio program into a blend of the outrageously unexpected and the shaggy dog joke. One of Hawthorne's favorite expressions was "peachy-keen," or "Oh so peachy-keen."

One of the more interesting phrases I've had to track down is, "out of whack." What is the "whack" that's not working? Research led me to "The Dictionary of Vulgar Tongue," by Francis Grose (1785), who says, "Whack, a share of a booty obtained by fraud." British English has a couple of phrases that follow that line of thinking. One of them is, "pay one's whack," which means paying one's agreed contribution to shared expenses. Another is "top whack," or

"full whack" — the maximum price or rate for something. ("If you go to that shop, you'll pay top whack.")

During the 19th century, another phrase, "in fine whack," took on the meaning that something was in good condition or fine fettle. It appears in a letter by John Hay, President Lincoln's amanuensis (see below), dated August 1863. Hay describes the President thusly: "The Tycoon is in fine whack. I have rarely seen him more serene and busy. He is managing this war, the draft, foreign relations, and planning a reconstruction of the Union, all at once."

"Amanuensis," is a word I've seen in literature many times but rarely appears in writing today. It means, "a literary or artistic assistant, in particular one who takes dictation or copies manuscripts." It derives from the Latin phrase, "servus a manu" or "slave at hand," that is, handwriting. (From Collins English Dictionary.)

Another reader asks: "Why is bra singular but panties plural?" (Oh, how I suffer in the name of research!) Several sources say that "bra" is short for the French word, brassiere, which is singular, whereas any item of clothing that covers both legs separately is referred to in the plural as it comprises two leg coverings put together, i.e., trousers, pants, pantaloons, the full grammar being "a pair of pants."

I liked this exchange from a site called, "Learn English with Demi": "Why do we say, 'a pair of panties' and not 'a pair of bras?' People say panties are plural because you put two legs into a pair of panties. I beg your pardon, but don't you also put two breasts into a bra?"

To which Demi says, "Panties is a plural noun. It's the short for pants. In the same way, things like 'glasses,' 'spectacles,' 'goggles,' 'tweezers' and 'scissors' will always have a two-ness about them. If you want to refer to panties as singular, just add, 'a pair of,' in front of it."

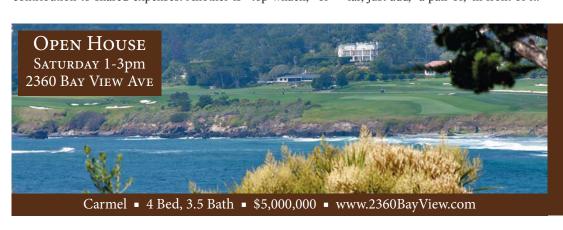
"Knee high to a grasshopper," a phrase that Professor Harold Hill may have used when he was extolling the virtues of a boys marching band in River City in 1912, is a simple comparison of size.

By the way, there are 120,000 varieties of grasshopper, so a person that size could be anywhere from one millimeter tall, to more than an inch.

I came upon this anonymous poem while looking up parts of speech and thought it would be appropriate here:

"Three little words you often see Are ARTICLES, a, an, and the A NOUN'S the name of anything As school or garden, hoop or swing ADJECTIVES tell the kind of noun As great, small, pretty, white or brown Instead of nouns the PRONOUNS stand Her face, his face, our arms, your hand VERBS tell of something being done To read, count, sing, laugh, jump or run How things are done, the ADVERBS tell As slowly, quickly, ill or well CONJUNCTIONS join the words together As men and women, wind or weather The PREPOSITION stands before A noun, as in or through a door The INTERJECTION shows surprise As oh! how pretty! ah! how wise The whole are called nine parts of speech Which reading, writing, speaking teach"

Jerry Gervase can be contacted jerry@jerrygervase.com.



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The finest materials were used throughout this 2BR/2BA, including wide-plank reclaimed French Oak floors. In the kitchen is a Sub-Zero refrigerator and Dacor Range. Features two fireplaces, a private courtyard, high ceilings, and peek of the ocean. Golden Rectangle. Noel Beutel 831.915.0632 & Steve Beutel 831.277.1169



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A gardener's delight, this secluded property has been maintained with love by one owner for many years and updated to suit your needs. Bright and comfy this home is suitable for full-time or weekend living and just minutes to all Carmel amenities.

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Carmel | 3616 Lazarro Drive

Beautifully situated on a bluff overlooking Fish Ranch, this southfacing Carmel residential lot offers sweeping views from east to west. With a producing well and on .44 acres, this is a rare opportunity to design and build your ideal home. Chips and Crete Wood 831.214.3869



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Carmel | Dolores & 4th NW Corner | \$1,785,000

"Pearl By The Sea" is a remodeled downtown Carmel beach house with ocean views. The third and fourth bedroom are separated on a ground level retreat with its own private patio. The beach home also features a large detached hobby shop with skylights.

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Seaside Highlands | 4435 Cypress Ridge | \$789,000

ith a touch of elegance and offering three bedrooms, two and a half baths (bedrooms and two baths are upstairs, half bath downstairs), 2,326+/- sq. ft., formal living and dining rooms, eat-in kitchen area, and much more. great entertaining spaces in the backyard. J.R. Rouse & Jan Pratt 831.218.5738





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MONTEREY 845 Wave Street | \$3,090,000 Kyle Morrison 831.236.8909



CARMEL VALLEY
o Lot 93 Tehama | \$1,985,000
Terrence Pershall 831.247.6642



CARMEL165 Spindrift Road #A | \$1,695,000
Michele Altman 831.214.2545



OPEN SATURDAY 1-3, SUNDAY 1-4 Carmel | 3037 Lasuen Drive | \$1,175,000 Merritt Ringer 831.594.1302



OPEN SATURDAY & SUNDAY 1-3 Monterey | 698 Alice Street | \$925,000 Bill Bluhm 831.372.7700



OPEN HOUSE SUNDAY 1-3 Carmel | 92 Hacienda Carmel | \$855,555 Kathryn Picetti 831.277.6020



CARMEL VALLEY
Camino De Travesia B | \$795,000
Paul Riddolls 831.293.4496



MONTEREY 1075 6th Street | \$749,000 Laura Garcia 831.521.9484



CARMEL VALLEY 28 Potrero Trail | \$499,000 Terrence Pershall 831.247.6642

From page 8RE

there was no damage to either vehicle. The male requested no further action. The other party requested the incident be documented but did not wish a traffic accident report.

Carmel-by-the-Sea: Non-injury accident on Lincoln Street. Carmel-by-the-Sea: Transient cited and released for trespassing on private property on Dolores north of Sixth after previous warnings.

Pacific Grove: Male on Second Street was threatened by his son's girlfriend. He did not wish to pursue charges. Information

Pacific Grove: Hit-and-run on Lincoln Street.

Pacific Grove: Person stated an unknown person stole property from a Country Club Gate business.

Pebble Beach: Entry was forced into a jobsite construction trailer on Bird Rock Road over the holiday weekend, but nothing appeared to be missing.

Carmel area: A construction jobsite trailer on Ocean View Avenue was burglarized during the weekend. Approximately \$700 worth of tools were taken.

Carmel area: A 33-year-old man drowned while scuba diving off Carmel Beach with friends.

Pebble Beach: Corte Lane resident reported his BBQ and two tables were stolen from his side yard.

Carmel Valley: Female Southbank Road resident was transported for a 72-hour evaluation.

WEDNESDAY, DECEMBER 28

Carmel-by-the-Sea: Cash, ID card and gift card found in Crossroads area. Mobile phone number was called, but voicemail is full, so no message could be left.

Carmel-by-the-Sea: Police and fire responded to a medical emergency on Guadalupe south of Fourth. Mobile crisis team placed the subject on a 5150 W&I hold [danger to self or others], and the subject was transported to CHOMP.

Carmel-by-the-Sea: Report of a prowler on San Antonio

See **SHERIFF** next page

MORE SALES

From page 6RE

Monterey (con't.)

129 Dunecrest Avenue - \$690,000 Ewy Trust and Olf Trust to James Strachan APN: 011-463-013

641 Toyon Drive - \$800,000

Geraldine Carver to Laron Johnson and Deborah Sandweiss APN: 014-014-002

140 Shady Lane — \$805,000

John and Karen McKenzie to Daniel Londahl and Robert Larson APN: 014-041-004

Pacific Grove

607 Sage Court - \$610,000

Thomas Hall to Jane Paulsen APN: 007-701-042

2912 Ransford Avenue — \$800,000

John and Katherine Porter to Kayvon Abedini APN: 007-613-010

215 13th Street - \$1,030,000

Adam and Liisa Miller to Mark Slama APN: 006-273-007

Pebble Beach

1075 Marcheta Lane — \$3,470,000

Gerard Martin et al. to Marcheta Lane LLC APN: 007-341-020



523 Loma Alta Road, Carmel – \$4,750,000

Seaside

1399 Harding Street - \$481,000

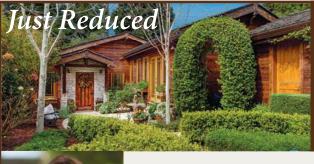
Jesse Jones to Rodrigo Aquino, Isabel de Garcia and Norberto Mendez APN: 012-287-020

1446 Hilby Avenue - \$499,000

Rosolino, Providence and Tulio Ravazini to Todd Clickard APN: 012-402-042

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Chicago Title Company 26609 Carmel Center Place Carmel, CA 93923



Becky Ferrito Escrow Assistant (831) 625-5676 Becky.Ferrito@ctt.com

SHERIFF

From previous page

south of Ninth. No suspect information.

Pacific Grove: Male on Del Monte wanted police to take custody of his wife today as a 5150; however, she did not meet the criteria. He was provided a list of resources.

Pacific Grove: A 63-year-old male was stopped on Sunset Drive at 1030 hours for speeding. Driver was arrested for driving under the influence of marijuana.

Pacific Grove: Non-injury collision on Funston Avenue.

Pacific Grove: Officer was dispatched to a fight between two men on Central Avenue. A 63-year-old male fled the scene.

Pacific Grove: Vehicle made an unsafe turning movement while a bicyclist was riding behind it on Ocean View. The vehicle did not use a turn signal, which resulted in a collision with the bicyclist.

Pacific Grove: Vehicle was stopped at an intersection on David Avenue. A second vehicle rear-ended the vehicle. When the driver contacted the second driver, that driver fled the scene without exchanging information.

Pacific Grove: Female subject entered a business on Forest Avenue and placed several items into her purse and left the business without paying.

Pacific Grove: Person reported that two suspicious people were in the business on Lighthouse Avenue. A male carried several items over to the side entrance. The person believed he would have stolen them if he had not contacted him. Female subject left the store with a large purse. The person believed the purse contained stolen merchandise. Subjects were not located.

Carmel area: Female on High Meadow Drive reported her unlocked vehicle had several items stolen from it overnight.

Carmel Valley: A reported trespasser on East Carmel Valley Road was contacted and found to be on probation. A small amount of methamphetamine and a methamphetamine smoking pipe were found during the search. The subject, a 54-year-old female, was arrested and released with a notice to appear.

Carmel area: A ring was stolen on Hatton Road. Suspect identified as a 37-year-old male.

Carmel Valley: Village Drive resident reported misplacing his medication.

THURSDAY, DECEMBER 29

Carmel-by-the-Sea: Request for a welfare check on female at Perry Newberry and Fifth who reported to local hospital she had been abused by her husband.

Carmel-by-the-Sea: Two businesses were contacted on

Ocean east of Monte Verde regarding handing out free samples outside of the interior of the business, a violation of local municipal code. Owners for each business were contacted and understood that any future acts could result in a possible citation. Both business owners stated they understood and that they would advise all their employees.

Pacific Grove: Ammunition cleared out from a residence on Glen Lake Drive was turned in for destruction.

Pacific Grove: Male was riding his bicycle on Ocean View Boulevard when an unidentified motorist drove next to him and attempted to provoke a fight. The bicyclist ignored the subject in the vehicle. The subject in the vehicle left the scene and was not able to be located.

Pacific Grove: Dispatched to a collision on Holman Highway. Upon arrival, minor injuries were being attended to by paramedics. One vehicle was towed.

Pacific Grove: Female reported a customer told her that an unknown male exposed himself to her while on Ocean View Boulevard. The male had an erection and tried to get the cus-

See CALLS page 17RE



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7 Paso Cresta Represented Seller & Buyer

> 82 Piedras Blancas Represented Seller

9 Miramonte Represented Buyer in landmark sale

398 West Carmel Valley Road Represented Buyer

21 Woodside Place Represented Seller & Buyer

50 Camino de Travesia Represented Seller with Debbie Heron and Represented Buyer

> 9933 Holt Road Represented Seller

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808 Encino Dr	Aptos
KW Coastal Estates	601-5800
KVV Codsidi Esidies	001-3000
САВИЛЕІ	
CARMEL	
\$519,000 2bd 2ba	Sa 1-3
104 Hacienda Carmel	Carmel
Coldwell Banker Del Monte Realty	595-5043
\$595,000 2bd 2ba	Sa 1-3
236 Hacienda Carmel	Carmel
Sotheby's Int'l RE	277-6020
\$745,000 2bd 2ba	Su 2-4
136 Del Mesa Carmel	Carmel
KW Coastal Estates	277-4917
\$749,000 bd 2ba	Sa 1-3
24501 Via Mar Monte #67	Carmel
Sotheby's Int'l RE	293-4496
\$780,000 2bd 2ba	Su 12-2
227 Del Mesa Carmel	Carmel
KW Coastal Estates	277-4917
\$785,000 2bd 2ba	Sa Su 1-4
225 Del Mesa Carmel	Carmel
Alain Pinel Realtors	622-1040
\$795,000 2bd 2ba	Sa Su 1-4
166 Del Mesa Carmel	Carmel
Alain Pinel Realtors	622-1040
\$825,000 3bd 2ba	Sa 2:30-4
3341 Sycamore Place	Carmel
Sotheby's Int'l RE	224-3370
	Su 1-3
92 Hacienda Carmel	Carmel 277-6020
Sotheby's Int'l RE	
\$1,100,000 3bd 3ba	Sa Su 1-4
27300 Highway 1	Carmel
Alain Pinel Realtors	622-1040
\$1,150,000 2bd 2ba	Su 1-3
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Lobos 3 NE of 2nd Avenue Carmel Really Company \$1,175,000 4bd 3ba 25350 Pine Hills Drive Coldwell Banker Del Monte Realty \$1,175,000 3bd 2ba 3037 Lasuen Drive Sotheby's In!'l RE \$1,249,000 4bd 2.5ba 8215 El Camino Estrada Coldwell Banker Del Monte Realty \$1,250,000 4bd 2.5ba 3035 Ribera Road Coldwell Banker Del Monte Realty \$1,340,000 2bd 2ba Torres & 10th, SW Corner Sotheby's In!'l RE \$1,395,000 4bd 3ba 3060 Ribera Road Coldwell Banker Del Monte Realty \$1,450,000 2bd 2ba NE Corner Torres & 9th Street Alain Pinel Realtors \$1,490,000 3bd 2ba	Carmel 620-2699 Sa 12:30-3:30 Su 1-3 Carmel 415-990-9150 / 238-8163 Sa 1-3 Su 1-4 Carmel 594-1302 Sa 2-4 Su 1-3 Carmel 884-3849 / 601-9559 Sa 2-4:30 Carmel 320-6391 Sa Su 1-3 Carmel 236-4513 Carmel 241-8900 Fr 12-3 Sa 10-4 Su 1-4 Carmel 622-1040 Sa 1-3 Su 1-4
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Lobos 3 NE of 2nd Avenue Carmel Realty Company \$1,175,000 4bd 3ba 25350 Pine Hills Drive Coldwell Banker Del Monte Realty \$1,175,000 3bd 2ba 3037 Lasuen Drive Sotheby's In!'l RE \$1,249,000 4bd 2.5ba 8215 El Camino Estrada Coldwell Banker Del Monte Realty \$1,250,000 4bd 2.5ba 3035 Ribera Road Coldwell Banker Del Monte Realty \$1,340,000 2bd 2ba Torres & 10th, SW Corner Sotheby's In!' RE \$1,395,000 4bd 3ba 3060 Ribera Road Coldwell Banker Del Monte Realty \$1,450,000 2bd 2ba NE Corner Torres & 9th Street Alain Pinel Realtors \$1,490,000 3bd 2ba 24775 Valley Way Coldwell Banker Del Monte Realty \$1,495,000 4bd 3ba 26306 Monte Verde Street Carmel Realty Company	Carmel 620-2699 Sa 12:30-3:30 Su 1-3 Carmel 415-990-9150 / 238-8163 Sa 1-3 Su 1-4 Carmel 594-1302 Sa 2-4 Su 1-3 Carmel 884-3849 / 601-9559 Sa 2-4:30 Carmel 320-6391 Sa Su 1-3 Carmel 236-4513 Carmel 241-8900 Fr 12-3 Sa 10-4 Su 1-4 Carmel 622-1040 Sa 1-3 Su 1-4 Carmel 915-4093 Su 12-1:30 Carmel 574-0260
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Lobos 3 NE of 2nd Avenue Carmel Realty Company \$1,175,000 4bd 3ba 25350 Pine Hills Drive Coldwell Banker Del Monte Realty \$1,175,000 3bd 2ba 3037 Lasuen Drive Sotheby's Int'l RE \$1,249,000 4bd 2.5ba 8215 El Camino Estrada Coldwell Banker Del Monte Realty \$1,250,000 4bd 2.5ba 3035 Ribera Road Coldwell Banker Del Monte Realty \$1,340,000 2bd 2ba Torres & 10th, SW Corner Sotheby's Int'l RE \$1,395,000 4bd 3ba 3060 Ribera Road Coldwell Banker Del Monte Realty \$1,450,000 2bd 2ba NE Corner Torres & 9th Street Alain Pinel Realtors \$1,490,000 3bd 2ba 24775 Valley Way Coldwell Banker Del Monte Realty \$1,490,000 3bd 2ba 24775 Valley Way Coldwell Banker Del Monte Realty \$1,495,000 4bd 3ba 26306 Monte Verde Street Carmel Realty Company \$1,625,000 3bd 2.5ba Santa Rita 4 NW of 2nd Avenue Carmel Realty Company \$1,680,000 4bd 2.5ba Santa Rita 4 NW of 2nd Avenue Carmel Realty Company \$1,680,000 4bd 2.5ba Santa Rita 4 NW of 2nd Avenue Carmel Realty Company \$1,680,000 4bd 2.5ba	Carmel 620-2699 Sa 12:30-3:30 Su 1-3 Carmel 415-990-9150 / 238-8163 Sa 1-3 Su 1-4 Carmel 594-1302 Sa 2-4 Su 1-3 Carmel 884-3849 / 601-9559 Sa 2-4:30 Carmel 320-6391 Sa 5u 1-3 Carmel 236-4513 Carmel 241-8900 Fr 12-3 Sa 10-4 Su 1-4 Carmel 622-1040 Sa 1-3 Su 1-4 Carmel 915-4093 Su 12-1:30 Carmel 574-0260 Sa 1-4 Carmel 521-0133 Su 1-3 Carmel 521-0133 Carmel 241-4409
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This Weekend's	Santa Fie Coboa Lobos Hita Pita Fie Coboa Hita
OPEN HOUSES	
January 14-15	Carmel-
Pacific Grove	Scale S. Lucia Bayven Article Taylor 1 Bayven Article Taylor 1 Mesa Carmel VI): Rd. Mesa Carmel VI):
	easide
Pebble	
Beach Monterey	Laguna Seca Corral
Carmel	de Herra Vo
1 Carnel Valley Ro	Laureles Crage
Carmel	Aobinson Canyor
Highlands	Carmel Valley
To Big Sur and San Simeon	
1 Sail Sillieon	



Sa Su 1:30-4

\$1,785,000 4bd 2ba Dolores & 4th, NW Corner Sotheby's Int'l RE

\$2,295,000 3bd 3ba 2656 Walker Avenue Sotheby's Int'l RE Sa Su 1-3 Carmel 521-5024 / 261-0714 **\$2,300,000 3bd 3.5ba** Casanova St 3 NE of 7th Sotheby's Int'l RE Sa Su 1-3 \$2,395,000 3bd 2ba Dolores 4 SE of 9th Avenue Carmel Realty Company Sa 2-4 Carmel 236-2268 \$2,475,000 3bd 2.5ba Sa 2-4 Su 1-4 Dolores 4 SW of 8th Coldwell Banker Del Monte Realty Carmel 262-9201 / 415-990-9150 \$2,495,000 3bd 2ba Sa Su 2-4 Torres 2NE of 8th Coldwell Banker Del Monte Realty Carmel 345-1741

\$3,999,000 3bd 5ba	Sa 1-3
520 Loma Alta Road	Carmel
Coldwell Banker Del Monte Realty	241-4409
\$4,350,000 4bd 3.5ba	Sa Su 1-3
Carmelo & 4th NW Corner Street	Carmel
Coldwell Banker Del Monte Realty	277-5256
\$5,000,000 4bd 3.5ba	Sa 1-3
2360 Bay View Avenue	Carmel
Carmel Realty Company	601-4740
\$8,995,000 3bd 3ba	Sa Su 1-4
26443 Scenic Road	Carmel

CARMEL HIGHLANDS

\$1,099,000 1bd 1ba

96 Corona Way	Carmel Highlands
Sotheby's Int'l RE	747-7880
\$1,099,000 1bd 1ba	Su 12:30-3 Rain Cancels
96 Corona Way	Carmel Highlands
Sotheby's Int'l RE	596-4647
\$2,395,000 3bd 3ba	Su 12-3
89 Yankee Point Drive	Carmel Highlands
Coldwell Banker Del Monte Realty	277-5936
\$2,995,000 3bd 2.5ba	Sa Su 2-4
139 Boyd Way	Carmel Highlands
Alain Pinel Realtors	622-1040
\$3,850,000 4bd 3.5ba	Sa 12-2
246 Highway 1	Carmel Highlands
Coldwell Banker Del Monte Realty	214-9799
\$6,545,000 3bd 3.5ba	Sa 1-3 Rain Cancels
56 Yankee Point	Carmel Highlands
David Lyng Real Estate	277-0640

Sa 11-2:30 Rain Cancels

CARMEL VALLEY	
\$655,000 2bd 1ba	Sa 1-3
11 B Esquiline Road	Carmel Valley
Sotheby's Int'l RE	901-5575
\$950,000 4bd 3ba	Su 11-2
19 A El Cuenco	Carmel Valley
KW Coastal Estates	277-9022

Sa 11-3 Su 1:30-3:30 Carmel 277-2399 / 277-1396

P	
\$985,000 2bd 2ba	\$a 12-2
9906 Club Place Lane	Carmel Valley
Carmel Realty Company	595-4887
\$1,139,000 3bd 2ba	Sa 1-3
78 Arboleda Lane	Carmel Valley
Coldwell Banker Del Monte Realty	91 <i>5-</i> 9726
\$1,269,000 5bd 3ba	Sa 1-3
691 Country Club	Carmel Valley
Sotheby's Int'l RE	601-6271
\$1,600,000 4bd 3ba	Sa 1-4
26005 Ned Lane	Carmel Valley
KW Coastal Estates	818-601-4321
\$1,795,000 4bd 3.5ba	Sa 11-1 Su 1-3
9 La Rancheria	Carmel Valley
Sotheby's Int'l RE	521-9484 / 277-1868

Joineby 3 IIII I KL	270-4170
\$599,000 4bd 2ba	Fr 2-5 Sa 12-3
3315 Abdy Way	Marina
KW Coastal Estates	238-4075 / 455-7913
\$688,000 4bd 3ba	Sa 1-4
18626 McClellan Circle	Marina
Sotheby's Int'l RE	905-2842
\$729,000 4bd 2ba	Sa 11-5 Su 2-5
306 Oak Circle	Marina
KW Coastal Estates	238-4075 / 628-2206
MONTEREY	
\$515,000 1bd 1ba	Sa Su 1-3
125 Surf Way #315	Monterey
KW Coastal Estates	915-5585 / 595-2060
\$575,000 1bd 1ba	Sa 1-3 Su 1-4
125 Surf Way #344	Monterey
Sotheby's Int'l RE	915-8989
\$690,000 3bd 2ba	Sa 12-2
2121 Etna Place	Monterey
Coldwell Banker Del Monte Realty	747-1514
\$699,000 4bd 3ba	Sa 11-1
415 English Ave	Monterey
The Jacobs Team	236-7976
\$849,000 3bd 3ba	Su 1-3
58 Skyline Crest	Monterey
Coldwell Banker Del Monte Realty	601-323Ó
\$850,000 2bd 1.5ba	Su 1:30-3:30
400 Drake Avenue #9	Monterey
Coldwell Banker Del Monte Realty	915-7256
\$925,000 3bd 2.5ba	Sa Su 1-3
698 Alice Street	Monterey
Sotheby's Int'l RE	277-1358 / 277-2782

Marina 744-3955

Marina 293-4190

Sa 1-4

Su 1-3

Montere 261-3802

Sa 2-4

Monterey 241-4259

Sa 1-4 Rain Cancels

MARINA

\$564,400 3b6 3052 Berney Drive Sotheby's Int'l RE

\$995,000

\$998,000

800 Jessie Stree

Sotheby's Int'l RE \$1,695,000 4bd 3.5ba

9 Huckleberry Court Sotheby's Int'l RE

3bd 2ba

3bd 2.5ba

Coldwell Banker Del Monte Realty

\$550,000 3bd 2ba 3206 Melanie Rd KW Coastal Estates

3bd 2ba

MONTEREY SALINAS HIGHWAY	
\$1,649,000 2bd 2ba	Sa 1-3
11 <i>57</i> 1 Spur Rd	Mtry/Slns Hwy
The Jacobs Team	236-7976
\$2,095,000 4bd 3ba	Sa 1-3
11 <i>755</i> Saddle Rd	Mtry/Slns Hwy
The Jacobs Team	236-7976
\$2,825,000 4bd 4ba	Sa 1-3
110 Via del Milagro	Mtry/Slns Hwy
The Jacobs Team	236-7976

PACIFIC GROVE		
\$612,000 3bd 2.5ba 709 Timber Trail Coldwell Banker Del Monte Realty	Sa 1-3 Pacific Grove 601-3230	
\$615,000 2bd 1ba 312 19th St The Jones Group	Su 1-3 Rain may cance Pacific Grove 717-7720	
\$735,000 3bd 2ba 1316 Funston Avenue	Sa Su 1-4 Pacific Grove	

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David Crabbe

dcrabbe@comcast.net 831.320.1109

Sotheby's INTERNATIONAL REALTY

\$2,495,000 4bd 3ba SE Dolores 3 SE of Third St

\$2,895,000 3bd 2ba Dolores 2SE of 11th Avenue

Carmel Realty Company

Teles Properties

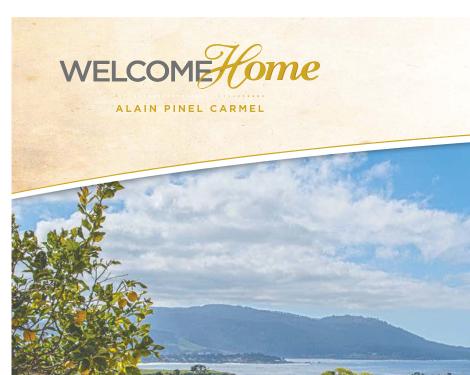
\$1,850,000 3bd 2ba	Sa 1-3
SE Corner of 2nd & Dolores Street	Carmel
Carmel Realty Company	224-6353
\$1,895,000 3bd 2.5ba	Sa Su 2-4
3055 Lorca Lane	Carmel
Coldwell Banker Del Monte Realty	915-8330 / 596-3825
\$1,950,000 4bd 3ba 3324 Taylor Rd Sotheby's Int'l RE	Sa Su 11-3 Carmel 333-6244 / 601-2200
\$1,998,000 5bd 4.5ba	Su 2-4
224 Peter Pan Road	Carmel
Sotheby's Int'l RE	704-6411
\$1,999,950 3bd 3ba	Sa Su 2-4
San Carlos 2NE of 1st	Carmel
Coldwell Banker Del Monte Realty	785-248-8248
\$2,199,000 3bd 2.5ba 26335 Rio Ave Alain Pinel Realtors	Fr 12-5 Sa Su 10:30-4 Carmel 622-1040

Sa Su 11-3	\$3,250,000 4bd 3ba	Sa 11:30-1:30
Carmel	25647 Hatton Road	Carmel
/ 601-2200	Carmel Realty Company	601-5483
Su 2-4	\$3,750,000 4bd 3ba	Sa 12-2 Su 1-4
Carmel	Casanova & 8th SE Corner	Carmel
704-6411	Sotheby's Int'l RE	595-0676 / 594-4752
Sa Su 2-4	\$3,795,000 3bd 2ba	Sa 2:30-4 Su 1-3
Carmel	2530 San Antonio Avenue	Carmel
5-248-8248	Carmel Realty Company	650-380-9827 / 521-4588
Su 10:30-4 Carmel 622-1040	\$3,890,000 3bd 3ba 26126 Ladera Dr KW Coastal Estates	Sa Su 1-3 Carmel 277-5755

Sa 12:30-2 Su 2-3:30

Carmel 574-0260

inston Avenue	Pacific Grove
's Int'l RE	277-3464
See OPEN HOL	SES nage 18RE







JAMAL Noorzoy

Exceptional Properties

Exceptional Representaion

831.277.5544 HomesofCarmel.com jamal@homesofcarmel.com

CalBRE 01119622







3325-17MILEDRIVEPEBBLEBEACH.COM















FICTITIOUS BUSINESS

NAME STATEMENT File No. 20162415 The following person(s) is (are) doing busi-

The following person(s) is (are) doing busness as:

SPECIALIZED COURIERS, 425G West Laurel Dr., Salinas, CA 93906.

Registered owner(s):

ROBERT CHARLES BARBER, 425G West Laurel, Salinas, CA 93906.

This business is conducted by: an individual. The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 2011.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be to Section 17913 of the Business und re-fessions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars by a fine not to exce (\$1,000)). S/ Robert C. Barber Dec. 1, 2016 This statement was file

Dec. 1, 2016

This statement was filed with the County Clerk of Monterey County on Dec. 1, 2016

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration.

tious Business Nome Statement must be filed before the expication. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
ORIGINAL FILING Publication Dates: Dec 23, 30, 2016. Jan. 6, 13, 2017. (PC1223)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20162492

The following person(s) is (are) doing busi-

ness as:

1. PACIFIC CRUISE WINES

2. COOKING CONNECTION WINES

1010 Industrial Way,
King City, CA 93930.
Mailing address:
4159 Barnes Ct., Rochester, MI 48306.
Counts of Principal Place of Business:

County of Principal Place of Business:
Monterey
Name of Corporation of LLC as shown in
the Articles of Inc./Org./Reg.: AMERICAN
VINTNERS, LLC, 4159 Barnes Ct., Rochester

MI 48306 MI 48306 State of Inc/Org/Reg: MI. This business is conducted by: a limited lia-

bility company. The registrant commenced to transact busi-

ness under the fictitious business name or names listed above on N/A. I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Proto Section 17913 of the pushiess and fessions code that the registrant knows to be false is guilty of a misdemeanor punishable

by a fine not to exceed one thousand dollars (\$1,000]).
S/ Jon Gerstenschager, Managing Member Nov. 16, 2016
This statement was filed with the County Clerk of Monterey County on Nov. 17, 2016
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration.

tious Business Name Statement must be tiled before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). ORIGINAL FILING Publication Dates: Dec 23, 30, 2016; Jan. 6, 13, 2017. (PC1225)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20162520 The following person(s) is (are) doing business as:

PACIFIC DERMATOLOGY, 977 Pacific St., Monterey, CA 93940.

Registered owner(s):
MARY E. DAHL, 2775 Ribera Rd, Carmel, CA 93923

Registered owner(s):
MARY E. DAHL, 2775 Ribera Rd, Carmel,
CA 93923.
AMARA ILEBERMAN, 4200 Peninsula Pt. D.,
Seaside, CA 93955.
This business is conducted by: an unincorporated association other than a partnership.
The registrant commenced to transact business under the fictilious business name or names listed above on March 2, 1016.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material mafter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
S/ Mary Dahl
This statement was filed with the County Clerk of Monterey County on Dec. 16, 2016
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration.

tious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious

Business Name in violation of the rights of another under Federal, State, or common law (See Section 1441) et seq., Business and Professions Code).

NEW FILING - WITH CHANGE(S) from the

previous filing. Publication Dates: Dec 23, 30, 2016. Jan. 6, 13, 2017. (PC1226)

NOTICE OF TRUSTEE'S SALE TS No. CA-08-170632-ED Order No.: E829496 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED TO THE COPY PROVIDED TO THE MORTGAGOR OR TRUSTOR (Pursuant to Cal. Civ. Code 2923.3) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 8/1/2001. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of trust with the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of NOTICE OF TRUSTEE'S SALE TS No thereon, fees, charges and expenses of the Trustee for the total amount (at the time of Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale, BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): JOHN B SINACRI, KATHLEEN A SINACORI, HUSBAND AND WIFE Recorded: 8/9/2001 as Instrument No. 2001066897 of Official Records in the office of the Recorder of MONTEREY County, California; Date of Sale: 2/3/2017 at 10:00 AM Place of Sale: At the Main Entrance to the County Administration Building, Iocated at 168 W Alisal Street Salinas, California 93901 Amount of unpaid balance and other charges: \$1,244,084.35 The purported property address is: 1047 The purported property address is: 1047 LOST BARRANCA ROAD, PEBBLE BEACH CA 93953 Assessor's Parcel No.: 007-141-009-000 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding on a lien, not on the property itself. Placing the highest bidd at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sole date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 29224g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 888-988-6736 for information regarding the trustee's sale or visit this Internet Web site http://www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CAO8-170632-ED. Information about postponements that are very short in duration or that occur close in time to the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if an Publication Dates: Dec 30, 2016; Jan. 6, 13, 2017. (PC1229)

ISG No.: 8658335TS No.: CA 1600274215
FHA/VA/PMI No.: 6000149738 APN:
105-337-007-000 Property Address:
102 HACIENDA CARMEL CARMEL CARMEL
OU ARE IN DEFAULT UNDER A DEED
OF TRUST, DATED 02/25/2005. UNLESS
YOU TAKE ACTION TO PROTECT YOUR
PROPERTY, IT MAY BE SOLD AT A PUBLIC
SALE. IF YOU NEED AN EXPLANATION
OF THE NATURE OF THE PROCEEDING
AGAINST YOU, YOU SHOULD CONTACT
A LAWYER. On 01/19/2017 at 10:00 A.M.,
First American Title Insurance Company, as
duly appointed Trustee under and pursuant
to Deed of Trust recorded 03/03/2005,
as Instrument No. 2005020646, in book,
page, of Official Records in the office of the
County Recorder of MONTEREY County,
State of California Executed by: YONEY
ELIZABETH HENDERSON, TRUSTEE OF
THE SYDNEY ELIZABETH HENDERSON
1991 REVOCABLE TRUST DATED MAY 12,
1991 WILL SELL AT PUBLIC AUCTION 10
HIGHEST BIDDER FOR CASH, CASHIER'S
CHECK/CASH EQUIVALENT or other
orm of payment authorized by 2924h(b),
(Poyable at time of sale in lawful money of
the United States) At the main entrance to
the County Administration Building at 168
W Alisal Street, Salinas, CA 93901 All right,
title and interest conveyed to and now held
by it under said Deed of Trust in the property
situated in said County and State described
as: AS MORE FULLY DESCRIBED IN THE
ABOVE MENTIONED DEED OF TRUST
APN# 015-337-007-000 The street address
and other common designation, if any, of the
read reporting the possession, or
encumbrances, to pay the remaining principal
sum of the note(s) account of the Notice of Sole is
\$418,334,93. The beneficiary under said
beed of Trust has deposited all documents
evidencing the obligation secured by the
property to b The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 1500 Solana Blvd Bldg 6 Ste 6100 Westlake, TX 76262 First American Title Insurance Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED INTOKMATION OBTAINED MAY BE USED FOR THAT PURPOSE FOR TRUSTEES SALE INFORMATION PLEASE CALL (916)939-0772NPP0298004 To: CARMEL PINE CONE 12/30/2016, 01/06/2017, 01/13/2017 Publication Dates: Dec 30, 2016; Jan. 6, 13, 2017. (PC1230)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20162513

me rollowing person(s) is (are) doing business as: WILLIAM A KARGES FINE ART, S/W Corner Dolores & 6th, Carmel, CA 93921.

Publication date: Jan. 6, 13, 2017 (PC106)

Mailing address: PO Box D-1, Carmel, CA 93921.
County of Monterey
Name of Corporation of LLC as shown in the Articles of Inc. (Cra. /Poa.)

Name of Corporation of LLC as shown in the Articles of Inc./Org., Reg.:
WILLIAM A KARGES FINE ART, S/W Corner Dolores & 6th, Carmel, CA 93921.
This business is conducted by: a corporation.
The registrant commenced to transact business under the fictificous business name or names listed above on March 6, 1987.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant

declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

/ William A. Karges, Jr., President ec. 13, 2016

Dec. 13, 2016
This statement was filed with the County Clerk
of Monterey County on Dec. 15, 2016
NOTICE-In accordance with Subdivision (a)
of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the of from the date on which it was filed in the of-fice of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Ficti-tious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code). ORIGINAL FILING Publication Dates: Dec 23, 30, 2016; Jan. 6, 13, 2017. (PC1231)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20162409 The following person(s) is (are) doing business (s')

PESAK PERFORMANCE MASSAGE, 2600 Garden Rd., Ste. 230, Monterey, CA 93940.

93940.
Registered owner(s):
CEDRIC ARTHUR JOHNSON, 1757 Juarez
St., Seaside, CA 93955.
This business is conducted by: an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 6, 2011.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant

declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars . Johnson

ec. 1, 2016

S/ Cedric Johnson
Dec. 1, 2016
This statement was filed with the County Clerk
of Monterey County on Dec. 1, 2016
NOTICE-In accordance with Subdivision (a)
of Section 17920, a Fictitious Name Statement generally expires at the end of five years
from the date on which it was filed in the office of the County Clerk, except, as provided
in Subdivision (b) of Section 17920, where it
expires 40 days after any change in the facts
set forth in the statement pursuant to Section
17913 other than a change in the residence
address of a registered owner. A new Fictitious Business Name Statement must be filed
before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a Fictitious
Business Name in violation of the rights of
another under Federal, State, or common
law (See Section 14411 et seq., Business
and Professions Code).
NEW FILING - WITH CHANGE(S) from the
previous filing.
Publication Dates: Dec 23, 30, 2016. Jan. 6,
13, 2017. (PC1232)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20162540 following person(s) is (are) doing busias: THE VALLEY GRILLE, 315 Mid Val-

ness as: THE VALLEY GRILLE, 315 Mid Valley Center, Carmel, CA 93923.
Mailing address: 315 Mid Valley Center,
Carmel, CA 93923.
County of Monterey,
Registered owner(s):
DONAGHY MYKEL, 315 Mid Valley Center,
Carmel, CA 93923.

The follow

Carmel, CA 93923.

DONAGHY MARIA M, 315 Mid Valley Center, Carmel, CA 93923.

This business is conducted by: A General

This business is conducted by: A General Partnership. The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)].

S/ Maria M. Donaghy, Partner

by a fine not to exceed one inousaina admars (\$1,000)].

S/ Maria M. Donaghy, Partner
This statement was filed with the County Clerk
of Monterey County on Dec. 21, 2016
NOTICE - In accordance with Subdivision (a)
of Section 17920, a Fictitious Name Statement generally expires at the end of five years
from the date on which it was filed in the office of the County Clerk, except, as provided
in Subdivision (b) of Section 17920, where it
expires 40 days after any change in the facts
set forth in the statement pursuant to Section
17913 other than a change in the residence
address of a registered awner. A new Fictitious Business Name Statement must be filed
before the expiration.

tious Business Name Statement most before the expiration.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of and Professions Code). FBN FILING

Publication Dates: Dec 23, 30, 2016, Jan. 6.

13, 2017. (PC1235)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20162499

T.S. No.: 9987-2317

8671199 A.P.N.: 417-032-020-000 **NOTICE OF TRUSTEE'S SALE** YOU ARE

IN DEFAULT UNDER A DEED OF TRUST DATED 09/20/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT

File No. 20162499
The following person(s) is(are) doing business as: PRUNEDALE AUTO SUPPLY & MORE, 2333 San Miguel Canyon Rd Prunedale CA 93907; County of Monterey.
Registered Owner(s): Deike Inc, 2333 San Miguel Canyon Rd Prunedale CA 93907; CA. This business is conducted by a corporation. Registrant commenced to transact business under the fictitious business name listed above on 12/1/1990.
S/ Robert R. Deike, President
This statement was filed with the County Clerk of Monterey County on December 13, 2016
Publication Dates: Dec 23, 30, 2016. Jan. 6,

Publication Dates: Dec 23, 30, 2016. Jan. 6, 13, 2017. (PC1236)

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 20162544
The following person(s) is (are) doing business as: CYPRESS AV, 3022 Lopez Rd., Pebble Beach, CA 93953.

Pebble Beach, CA 93953.
Registerad owner(s):
GREGORY ALIEN HAMMONS, 3022 Lopez Rd., Pebble Beach, CA 93953.
This business is conducted by: an individual. The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 22, 2016.
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be

to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,0001).

5/ Gregory A. Hammons
Dec. 22, 2016
This statement was filed with the County Clerk of Monterey County on Dec. 22, 2016
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictifious Name Statement generally expires at the end of five years from the date on which if was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration.

tious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
ORIGINAL FILING Publication Dates: Dec 30, 2016. Jan. 6, 13, 20, 2017. [PC1238]

FICTITIOUS BUSINESS
NAME STATEMENT
File No. 20162434
The following person(s) is (are) doing business as: THE TECH LAB, 704B Broadway
Ave., Seaside, CA 93955.
Registered owner(s):
ADAM MAYFIELD, 1349 Circle Ave., Seaside, CA 93955.
This business is conducted by: an individual.
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable.

to Section 17913 of the Business and Pro-ressions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)]. 3/ Adam Mayfield Dec. 5, 2016

S/Adam Mayfield
Dec. 5, 2016
This statement was filed with the County Clerk
of Monterey County on Dec. 5, 2016
NOTICE-In accordance with Subdivision (a)
of Section 17920, a Fictitious Name Statement generally expires at the end of five years
from the date on which it was filed in the office of the County Clerk, except, as provided
in Subdivision (b) of Section 17920, where it
expires 40 days after any change in the facts
set forth in the statement pursuant to Section
17913 other than a change in the residence
address of a registered owner. A new Fictitious Business Name Statement must be filed
before the expiration.
The filing of this statement does not of itself
authorize the use in this state of a Fictitious
Business Name in violation of the rights of
another under Federal, State, or common
law (See Section 14411 et seq., Business
and Professions Code).
ORIGINAL FILING
Publication Dates: Dec 30, 2016. Jan. 6, 13,
20 2017 Patrical 2019

Publication Dates: Dec 30, 2016. Jan. 6, 13, 20, 2017. (PC1240)

FICTITIOUS BUSINESS NAME STATEMENT File No. 20162500

The following person(s) is(are) doing business as: High Point Insurance Solutions, 1586 Moffett St., F, Salinas, CA 93905, County of Monterey Registered Owner(s):
Advice and Life Group LLC, 36 West Main St. Suits 600 Reabster New York

Main St., Suite 600, Rochester, New York 14614; New York
This business is conducted by a limited liability company.
Registrant commenced to transact

business under the fictitious business

name listed above on N/A.
S/ Perry Santillo, Manager
This statement was filed with the
County Clerk of Monterey County on December 13, 2016.

T2/30/16, 1/6, 1/13, 1/20/17 CNS-2956079# Publication Dates: Dec. 30, 2016, Jan. 6, 13, 20, 2017. (PC1241)

ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NBS Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 09/27/2006 as Document No.: 2006084768, of Official Records in the office of the Recorder of Monterey County, California, executed by: KAREN MALLORY, AN UNMARRIED WOMAN, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or redeard credit union, or a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or a check ardawn by a state or readeria savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the above referenced Deed of Trust. Sale Date & Time: 01/30/2017 at 10:00 AM Sale location: At the main entrance to the County Administration Building at 168 W. Alisal Street, Salinas, CA. The street address and other common designation, if any, of the real property described above is purported to be: 14342 WESTSIDE RNIVE, CARMEL YALLEY (Unincorporated Area), CA 93924 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$503,971.84 (Estimated) as of 01/11/2017. Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding or a time property work of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off may be a junior lien. If you consult either of these resources, you should communication is an attempt to collect a debt and any information obtained will be used for that purpose. However, if you have received a discharge of the debt referenced herein in a a discharge of the debt reterenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only. NPP0278834 To. CARMEL property only. NPP0298834 To: CARMEL PINE CONE 01/06/2017, 01/13/2017, Publication Dates: Jan. 6, 13, 20, 2017. (PC101)

> LEGALS DEADLINE: Tuesday 4:30 pm Call Irma (831) 274-8645 irma@carmelpinecone.com

CARMEL HIGHLANDS PROTECTION DISTRICT NOTICE OF PUBLIC MEETING AMENDING THE FINAL BUDGET FISCAL YEAR 2016-17

NOTICE IS HEREBY GIVEN that on Wednesday, January 18, 2017 at 12:30 p.m. the Carmel Highlands Fire Protection District, Board of Directors will meet at the District's fire station located at 73 Fern Canyon Road, Carmel to consider adoption of an amended final budget for fiscal year 2016-17 that ends on June 30, 2017.

NOTICE IS FURTHER GIVEN that the final budget was adopted September 21, 2016 and is available for inspection at the District's fire station located at 73 Fern Canyon Road, Carmel, between the hours of 8:00 a.m. to 5:00 p.m.

NOTICE IS FURTHER GIVEN that any District resident may appear and be heard regarding the increase, decrease, or omission of any item on the budget or for the inclusion of any additional items.

DATED: January 3, 2017 Theresa Volland Secretary of the Board

CYPRESS FIRE PROTECTION DISTRICT **NOTICE OF PUBLIC MEETING AMENDING THE FINAL BUDGET FISCAL YEAR 2016-17**

NOTICE IS HEREBY GIVEN that on Thursday, January 26, 2017 at 2:00 p.m. the Cypress Fire Protection District, Board of Directors will meet at the District's fire station located at 3775 Rio Road, Carmel to consider adoption of an amended final budget for fiscal year 2016-17 that ends June 30, 2017.

NOTICE IS FURTHER GIVEN that the final budget was adopted September 22, 2016 and is available for inspection at the District's fire station located at 3775 Rio Road, Carmel, between the hours of 8:00 a.m. to 5:00 p.m.

NOTICE IS FURTHER GIVEN that any District resident may appear and be heard regarding the increase, decrease, or omission of any item on the budget or for the inclusion of any additional items.

DATED: January 3, 2017 Theresa Volland Secretary of the Board

Publication date: Jan. 6, 13, 2017 (PC105)



tomer to walk towards his vehicle. When she refused, he followed her on foot a short distance. The subject left the area in an unknown direction. No contact information was available for the customer.

Carmel Valley: Victim on Carmel Valley Road reported her wallet had been stolen.

FRIDAY, DECEMBER 30

Carmel-by-the-Sea: Suspect attempted to break into a residence at Monte Verde and 12th by using a pry tool on a window.

Carmel-by-the-Sea: Officers responded to a complaint of an injured cat outside of a residence on San Carlos south of Eighth. Cat had extensive injuries to its legs, was emaciated and presented as generally unhealthy. Investigation led to the ruling that the cat was "wild/feral." and the resident was unable to assume responsibility for its care. Cat was transported to Monterey

County Animal Services, vet assessment was performed, and the outcome determined that euthanasia was necessary.

Carmel-by-the-Sea: Police responded to a non-injury traffic collision involving a parked vehicle on Monte Verde Street.

Carmel-by-the-Sea: Two backpacks and their contents were lost on Carmel Beach. Passport was in a backpack; report need-

Carmel-by-the-Sea: Police responded to the report of a dog vs. person bite at San Carlos and Seventh. Subject refused medical attention. Information was exchanged.

Carmel-by-the-Sea: Dog vs. person bite on Dolores south of

Carmel-by-the-Sea: Employee at a local establishment at Junipero and Sixth found a ring in a drawer in envelope from September 2016. Finder wishes to claim.

Carmel-by-the-Sea: Elderly female was brought to the station by a neighbor and was reporting a possible burglary to her residence on Morse Drive. It was quickly determined the elderly subject was suffering from dementia/Alzheimer's-related issues. Elderly subject lived outside the city, but police units provided a courtesy transport home and confirmed that no burglary had occurred. Contact was made with the subject's daughter, who

advised she would come down in the next day or two. It was also found that the subject had daytime care. Sheriff's office advised of the situation.

Pacific Grove: Employee saw an unknown male on Lighthouse Avenue tampering with vehicles on video surveillance. An area check was conducted. Officers were unable to locate the male.

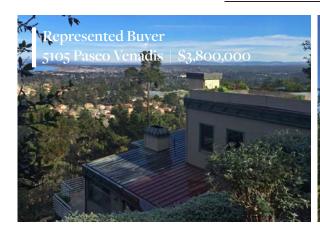
Pacific Grove: Residential burglary occurred on Ocean View Boulevard while the house was unoccupied. No signs of forced entry into the residence. Several items were removed.

Pacific Grove: Units were dispatched on a report of possible trespassing on Ocean View Boulevard. Subject was located sitting on the steps of a vacant residence. She claimed the house had been rented for her by City of Monterey officials. The homeowner was contacted and confirmed the residence is vacant, has not been rented, and no one should be on or in the premises. Subject left willingly. Information only.

Carmel Valley: Female juvenile was transported to Natividad hospital via ambulance for 72-hour detention and eval-

Carmel area: Theft of mail and a package reported on Prado del Sol.

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fireplace •stainless appliances •2/2 \$809,000

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OPEN HOUSES

From page 14RE

PACIFIC GROVE	
\$825,000 2bd 2ba	Sa 12-2:30 Su 12-3
155 & 157 Evans Avenue	Pacific Grove
Monterey Coast Realty	737-8582
\$850,000 4bd 2ba	Sa 12-2
2872 Ransford Avenue	Pacific Grove
Sotheby's Int'l RE	277-2782
\$925,000 2bd 2ba 13 <i>7</i> 16th Street Sotheby's Int'l RE	Fr 11-4 Sa Su 11-3 Pacific Grove 521-8508 / 238-8116
\$950,000 3bd 1ba	Sa 1-3 Su 1-4
112 Caledonia Street	Pacific Grove
Sotheby's Int'l RE	521-8045 / 601-2356
\$987,500 3bd 2ba	Sa Su 1-3
1033 Forest Ave	Pacific Grove
KW Coastal Estates	596-6141
\$999,000 4bd 2ba	Sa Su 11-1
331 Pine Avenue	Pacific Grove
Coldwell Banker Del Monte Realty	596-9111
\$1,040,000 2bd 2ba	Sa Su 1-4
156 19th Street	Pacific Grove
Sotheby's Int'l RE	915-2341 / 809-6636
\$1,045,000 3bd 2ba	Fr 12-5
512 6th Street	Pacific Grove
KW Coastal Estates	521-1728 / 236-5545
\$1,045,000 3bd 2ba	Sa 11-1, 2-4 Su 11-4
512 6th Street	Pacific Grove
KW Coastal Estates	521-1728 / 236-5545
\$1,049,000 2bd 2ba 825 Mermaid Ave The Jones Group	Sa 2-4 Rain may cancel Pacific Grove 917-4534
\$1,049,000 2bd 1ba	Sa 1-3 Rain may cancel
342 Asilomar Blvd	Pacific Grove
The Jones Group	915-1185
\$1,050,000 3bd 2ba	Sa Su 2-4
657 Spazier Avenue	Pacific Grove
Coldwell Banker Del Monte Realty	214-0105
\$1,295,000 3bd 2ba 211 Chestnut Street Carmel Realty Company	Sa 2-4 Pacific Grove 238-1380

\$1,420,000 3bd 4.5ba	Sa Su 1-3
202 Lobos Avenue	Pacific Grove
Coldwell Banker Del Monte Realty	905-2902
\$1,449,000 3bd 2ba	Sa Su 1-3
302 Lighthouse Ave	Pacific Grove
David Lyng Real Estate	91 <i>5-</i> 9 <i>7</i> 10
\$1,575,000 4bd 3ba	Sa 1-4
200 Crocker Ave	Pacific Grove
Alain Pinel Realtors	622-1040
\$1, 690,000 3bd 3ba	Su 1-4
321 Asilomar Blvd	Pacific Grove
Sotheby's Int'l RE	917-1631 / 261-3802
\$1, 795,000 4bd 3ba 860 Crest Ave The Jones Group	Sa 2-4 Rain may cancel Pacific Grove 277-8217
\$1,995,000 4bd 3.5ba	Sa 1-3 Su 12-2
1258 Shell Avenue	Pacific Grove
Sotheby's Int'l RE	238-61 <i>5</i> 2
PASADERA	
\$2,849,000 4bd 3ba	Sa 1-3

Sotheby's Int'l RE	917-1631 / 261-3802
\$1,795,000 4bd 3ba	Sa 2-4 Rain may cancel
860 Crest Ave	Pacific Grove
The Jones Group	277-8217
\$1,995,000 4bd 3.5ba 1258 Shell Avenue Sotheby's Int'l RE	Sa 1-3 Su 12-2 Pacific Grove 238-6152
PASADERA	
\$2,849,000 4bd 3ba	Sa 1-3
307 Pasadera Ct	Pasadera
The Jacobs Team	236-7976
PEBBLE BEACH	
\$925,000 3bd 2ba	Su 12-3
3112 Sloat Rd	Pebble Beach
KW Coastal Estates	236-7161
\$1,090,000 3bd 2ba	Fr Sa Su 1-4
2877 Sloat Road	Pebble Beach
Alain Pinel Realtors	622-1040
\$1,395,000 3bd 2.5ba	Sa Su 1-3 Rain Cancels
4091 Crest Rd	Pebble Beach
The Jones Group	717-7555
\$1,800,000 4bd 3.5ba	Fr 1-4 Sa Su 10-4
4043 Costado Road	Pebble Beach
Alain Pinel Realtors	622-1040
\$1,850,000 5bd 5ba	Sa 1:30-4 Su 1-4
1010 Broncho Road	Pebble Beach
Sotheby's Int'l RE	236-4318 / 869-2424
\$1,895,000 4bd 4ba	Sa 2-4 Su 11-1
1088 Oasis Rd	Pebble Beach
Teles Properties	778-4136 / 277-3026

\$3,200,000 3bd 3ba	Sa 1-4
2955 Stevenson Drive	Pebble Beach
Sotheby's Int'l RE	915-1850
\$3,475,000 6bd 5+ba	Su 1-3
1284 Portola Road	Pebble Beach
Coldwell Banker Del Monte Realty	620-2936
\$3,800,000 4bd 3.5ba	Sa 1-4 Su 1-3
1205 Benbow Place	Pebble Beach
Coldwell Banker Del Monte Realty	747-7337 / 595-5043
\$3,995,000 3bd 3.5ba	Sa 1-4
1113 Arroyo Drive	Pebble Beach
Sotheby's Int'l RE	214-2545
\$4,199,000 4bd 4+ba	Sa Su 1-3
1038 Rodeo Rd	Pebble Beach
Sotheby's Int'l RE	214-2250 / 238-3444
\$5,845,000 7bd 5+ba	Su 1-4
3108 Flavin Lane	Pebble Beach
Sotheby's Int'l RE	277-1169
PRUNFDALF	

Coldwell Banker Del Monte Realty	747-1514
SALINAS	
\$529,950 2bd 2ba	Su 1-3
15825 Verde Drive	Salinas
KW Coastal Estates	236-6730
\$580,000 3bd 2ba	Sa 12-3
16125 Meridian Rd	Salinas
KW Coastal Estates	229-6697
\$710,000 3bd 1.5ba	Su 1-3 Rain may cancel
22577 Black Mountain Rd	Salinas
The Jones Group	236-4935

\$815,000 3bd 3.5ba	Su 1-3
296 Corral de Tierra Road	Salinas
Sotheby's Int'l RE	293-4496
\$1,499,000 4bd 4ba 18575 Ranchito Del Rio Dr Teles Properties	Sa 2-4 Salinas 737-7890
SEASIDE	
\$499,000 3bd 2ba	Sa Su 12-3
1250 Allston Street	Seaside
David Lyng Real Estate	239-5025
\$525,000 3bd 2ba	Sa Su 1-3
1698 Granada Street	Seaside
Sotheby's Int'l RE	595-0797
\$575,000 3bd 2ba	Su 1-3
2025 Military Avenue	Seaside
Coldwell Banker Del Monte Realty	521-1105
\$619,000 4bd 2ba	Sa Su 12-3
1806 Mingo Avenue	Seaside
Coldwell Banker Del Monte Realty	277-2536
\$639,000 3bd 2ba	Sa 12-2 Su 1-3
565 Harcourt Avenue	Seaside
Coldwell Banker Del Monte Realty	320-6382
\$789,000 3bd 2.5ba 4435 Cypress Ridge Ct Sotheby's Int'l RE	Sa Su 1-4 Seaside <i>578-</i> 4601
WATSONVILLE	

Su 12-2

\$925,000 3bd : 115 Old Adobe Road 3bd 2.5ba Sa 12-3 Watsonville 818-2862 Sotheby's Int'l RE

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\$729,000 4b 18530 Berta Ridge

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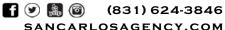
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StoneGate is the reflection of an English Manor tucked amongst historic cypress trees. Sculpted at the hands of 122

craftsmen over 2 years and completed in 2002, the details and quality emanate throughout the property. The location

was meticulously selected on 17 Mile Dr. between The Lone Cypress and Cypress Point Club leaving leisure and nature

Bring your buyers to see this stunning craftsman style home, steps from the white sands of Carmel Beach. The entire bottom floor is a fully contained rental or guest home. The middle floor is the main living space with 2 beds & 1 1/2 baths with views of Carmel Bay, you can hear the waves crash. Enjoy the sights & sounds from the deck including a warm fireplace. The entire top floor boasts the master suite with a wrap around deck with views of the bay. \$4,350,000







YVONNE HUBBARD 831.320.6391 CalBRE# 01239431 YvonneHubbard.com yvonne.hubbard@cbnorcal.com



OPEN HOUSE SATURDAY 2:00-4:30 PM • 3035 Ribera Road, Carmel

Located in charming Carmel Meadows with wonderful views of the Carmel River Lagoon, Point Lobos, Odello artichoke fields and the Santa Lucia Mountains. The home was remodeled from the studs in 2005 and features 4 beds, 2.5 baths, maple wood flooring throughout, stone flooring in the bathrooms and kitchen, skylights, double-paned windows, French doors, and a two-car garage with lots of extra parking. \$1,250,000





OPEN HOUSE SATURDAY 1:00-3:00 PM • 3060Ribera Road, Carmel • 3060Ribera.com

This thoughtfully remodeled 4 bed, 3 bath, 2380 sq.ft ranch style home located in Carmel School District will catch your attention the moment you enter the driveway. With extensive updating in every room, it will be obvious this home is a rare find with no "project" to deal with after purchase. Very short drive to Carmel shopping & dining; walking distance to wildlife viewing & Monastery Beach. Perfect indoor & outdoor living awaits! \$1,395,000



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CARMEL | 3BR, 2BA | \$2,495,000 Charming totally rebuilt Craftsman-style home. 831.626.2221



CARMEL VALLEY | 3BR, 3.5BA | \$2,400,000 Gorgeous home nestled on the hill with views. 831.626.2222



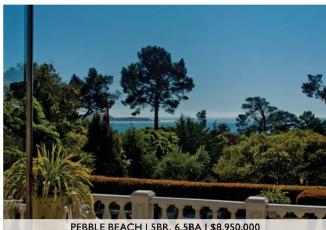
PEBBLE BEACH | 5BR, 5+BA | \$11,500,000 Overlooking Stillwater Cove & Pt. Lobos. 831.626.2221



Charming Carmel Cape Cod style home. 831.626.2221



CARMEL VALLEY | 4BR, 2.5BA | \$1,249,000 Newly constructed Mediterranean home. 831.626.2223



PEBBLE BEACH | 5BR, 6.5BA | \$8,950,000 Built on 1.6 acres with views of Point Lobos. 831.626.2221



CARMEL | 4BR, 2.5BA | \$1,680,000 Private and spacious single-level home on 5 secluded acres. 831.626.2221



Country paradise awaits on 10 acres! 831.626.2221



PEBBLE BEACH | 8BR, 6.5BA | \$8,800,000 Magnificent estate on approx. 1.6 acres. 831.626.2223



CARMEL | 4BR, 3BA | \$1,175,000 Carmel Views home among the oaks and pines. 831.626.2221

CARMEL BY THE SEA

Junipero 2 SW of 5th & Ocean 3NE of Lincoln

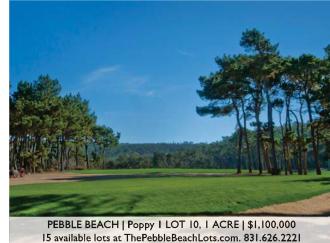
831.626.2221 831.626.2225



Views of the Pacific Ocean down Carmel Valley. 831.626.2223

CARMEL RANCHO

831.626.2222



PACIFIC GROVE 126 Clock Tower Place, Ste 100 650 Lighthouse Avenue

831.626.2226 831.626.2224

PEBBLE BEACH At The Lodge















