

# The Carmel Pine Cone

Volume 102 No. 28

On the Internet: [www.carmelpinecone.com](http://www.carmelpinecone.com)

July 8-14, 2016

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## Seeking to outsmart Mother Nature, inn wants to put cabins on wheels

By CHRIS COUNTS

OFFERING AN innovative but practical approach to operating a resort in a floodplain, the Carmel River Inn wants to put 22 cottages on wheels so they can be quickly removed if they are threatened by rising water.

With a few minor conditions, the Monterey County Planning Commission approved the plan June 29.

Located just north of the Carmel River and west of Highway 1, the inn has 43 units. A plan to add 20 units was approved in 2006, and last week, the inn's owners asked the Monterey County Planning Commission for permission to modify that proposal to allow 22 of its 63 cabins to be portable.

Of the 22 mobile cabins, 10 would probably never need to be moved because they would be located on high enough ground, while the other 12 would be constructed so they could easily be hauled away by a tractor if necessary. During serious flooding along the river in 1995, the inn was inundated.

"The cabins on wheels will be custom designed to look like permanent cabins," architect Paul Davis told The Pine Cone. "They won't look like trailers."

### To higher ground

During the rainy season, a tractor would be available on site, as well as someone to operate it. If a flood threatened the resort, the inn's staff would be responsible for evacuating guests and moving the cottages to higher ground. The inn would rely on the National Weather Service for flood warnings.

Planning commissioner Keith Vandevere said he's concerned that it might take too long to move the units if the river were to flood the property.

"In the past, floods have come without a lot of warning," Vandevere observed. "Many weren't aware of flooding until it was actually happening."

In response, Davis told the planning commission it would take about 20 minutes to move each cabin, and with more than one tractor working at a time, he estimated it would take two to three hours to relocate all the cabins — in part because they will be designed so they can easily be

See **CABINS** page 19A

## New beach fire plan in effect this weekend

By MARY SCHLEY

THE PLAN was only approved a little more than a week ago, but officials moved quickly to install fire rings on Carmel Beach and already have at least some of the metal fire pits OK'd by the new city council in place.

Since it's the middle of summer, they had a hard time finding the durable fire pits the council voted June 30 to install on the beach, city administrator Chip Rerig said.

"We're in the process of purchasing the wood-burning appliances," he said Wednesday. "We went out yesterday, and it must be the end of the season, because there isn't much of a selection. Our goal is to have them in place by this weekend."

The city's new beach fire rules — which call for up to a dozen rings 200 feet apart on the sand south of Eighth Avenue, while allowing an unlimited number of propane fires — are now in effect. The policy means an end to unlimited wood fires on the beach, a tradition that dates back to the city's founding more than a century ago.

On Thursday afternoon, public works crews set out to install some of the new fire pits, but Rerig said only two could fit, since the council required they be at least 75 feet from the bluffs, and the sandy area south of Ninth Avenue is too narrow at the moment.

He also noted that the city is special order-

ing permanent fire pits at a cost of \$1,100 to \$1,200 apiece, so the 36-inch black steel rings bought from Home Depot this week — for the purposes of getting them in place sooner rather than later — are a temporary fix and "are a little more utilitarian."

"We think they'll fill the void in the short term until we

See **FIRES** page 17A



PHOTO/KERRY BELSER

Public works' Rob Culver, Cleve Waters, Thomas Lang and Domonic Marquez installed just two fire pits on the beach Thursday, because that's all that would fit — for now.

## Bang quits forest and beach commission in protest

### Also resigns from Sunset board

By MARY SCHLEY

SAYING SHE could no longer work for and support a government that "thinks so little of the health of its residents," Kathy Bang resigned from the forest and beach commission and the Sunset Center board after the Carmel City Council voted 4-1 last Thursday to allow a limited number of wood fires on the beach.

"It is with regret that I resign from the forest and beach commission, effective immediately," Bang said in her July 1 email to the city, before explaining that she could not contin-

ue working on behalf of an organization that would support wood fires despite the fact they produce harmful smoke. Bang and her husband, Gary, live on Scenic Road and want an end to the longstanding tradition of wood fires on the beach — a policy endorsed by the city council when Jason Burnett was mayor, but reversed after the election of Steve Dallas.

"Additionally, now that the fires have been moved to include the area in front of our home, I feel I must continue to fight vigorously for clean air, clean beach and clean ocean," she wrote. "This will take more of my time and effort."

### A seven-year effort

Two days later, she advised the members of the Sunset Cultural Center board, which oversees the cultural center's operations, that she was leaving that group, as well.

Bang said she has worked on the fire issue for seven years, making multiple presentations to various city boards and commissions, the council and the coastal commission.

See **BANG** page 17A

## Butt receptacles quietly installed on city trashcans

By MARY SCHLEY

AFTER YEARS of thinking about it at various levels of city government, officials have begun installing cigarette butt receptacles on garbage cans in the commercial district.

"The accumulation of cigarette butts is really unbecoming for our village," city administrator Chip Rerig explained. "People are putting them out on the trashcan lids and leaving them on the ground."

So Rerig — who makes a habit of picking up trash from the ground whenever he sees it — decided he would "take the bullet" and give the butt cans a try, without running the plan past the commissions and council.

The first receptacle, a small black cylinder bolted to the side of one of the city's signature wood garbage cans, was installed at Lincoln and Ocean a few weeks ago, and Rerig said smokers have noticed.

See **BUTTS** page 17A

## Taking a break from work, nurse treks 'The Way'

By CHRIS COUNTS

AFTER HIKING more than 300 miles over the past three-and-a-half weeks — and completing a major stretch of one of the world's most popular walking paths — a local woman ended her journey along "The Way" this week in Santiago, Spain.

"I made it, and I ran the last 9 miles!" an elated Kim Allen said on Facebook July 6 shortly after she arrived at her destination.

Called the Camino de Santiago by the Spanish and the Way of St. James by the English, the path is on many bucket lists. A Roman trade route before Christians began making pilgrimages along it in the Middle Ages, it was named for James, the first of Jesus' apostles to be martyred. According to legend, James preached the gospel in Spain before he died, and his bones are said to be buried in Santiago de Compostela Cathedral, which marks the traditional end of a pilgrim's journey. A shrine to St. James has drawn millions of pilgrims over the centuries.

### Joined by friends, old and new

A nurse at Natividad Trauma Center who recently moved to Del Rey Oaks from Carmel, Allen began her trek June 14 in the city of Burgos, where she met up with a friend, Judy Refuerzo, a Carmel cultural commissioner who teaches yoga at Carmel Valley Athletic Club. Refuerzo had already walked nearly 200 miles, and she would accompany Allen for the remainder of the hike. Other friends — new and old — joined them along the way.

People make the pilgrimage for many reasons, and Allen had no trouble coming up with several.

"The reason I wanted to do the Camino was that it would appeal to my

See **TREK** page 19A



PHOTO/KIM ALLEN

A yoga teacher in Carmel Valley, Judy Refuerzo takes another step along one of the world's most famous trails.

# Sandy Claws

By Lisa Crawford Watson

## Living La Vida Bella

**B**ELLA WAGS her tail so relentlessly, it's almost like she was wound with a key. She's a 90-pound English Labrador retriever with a pale yellow coat, proud block head, and chocolate-brown eyes. Her imposing presence could be intimidating if she weren't so sweet and eager to please.

Born at Stofer's Labs in Prunedale, Bella was scampering around with her litter when her person, who grew up with Labs and always wanted one of her own, knew instantly she'd found her pet in the roly-poly puppy.

But it turns out Bella, now 5, is most loyal to her husband and son.

"Bella basically puts our son to bed," her person said. "She goes up to his room and climbs onto his bed, and stays with him till she knows my husband's going to

bed. Then she snuggles next to my husband 'til morning, when the two of them head down for coffee. Then there's me, the one who wanted her."

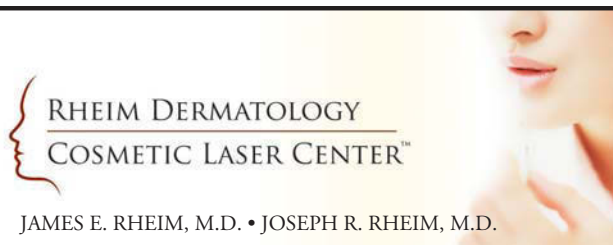
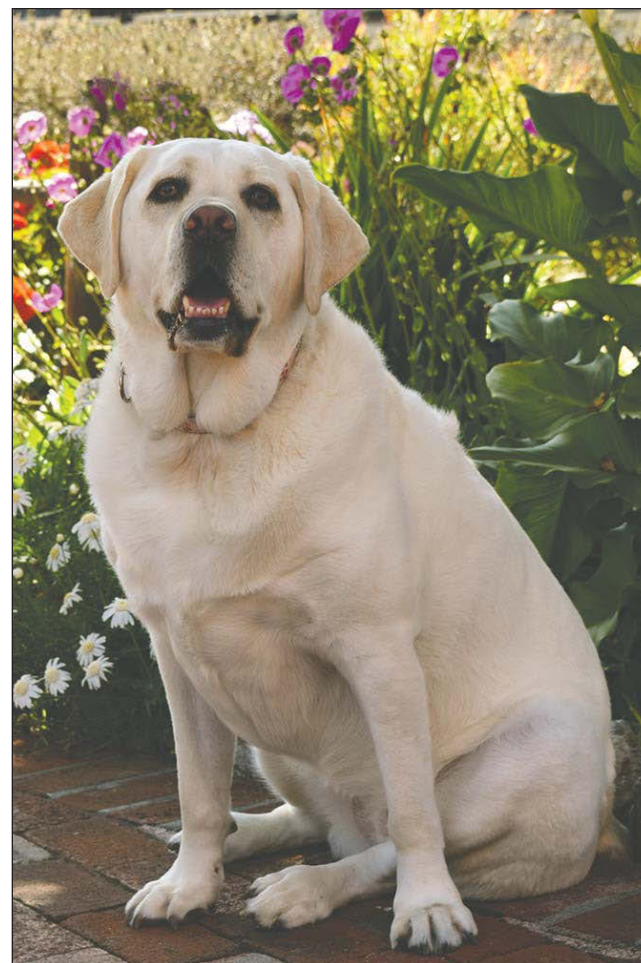
Undaunted, Bella's person has found a way to earn her affection.

"Around 4:30 or 5 p.m., I become Bella's best friend," she said, "because I'm the one who feeds her."

Bella's family loves playing outdoors, hiking and camping, and so does she. Most of all, she loves the beach, where she plays Frisbee, chases her ball, runs along the shore, and rolls in the sand. And then she gets a bath.

"Bella is a trained therapy dog, which is the sweetest thing she does," said her person. "She's a very playful family dog, but when she's on the job at nursing homes or at hospice, she's very calm and compassionate."

Even so, her joy in greeting patients usually gets that wagging going again.



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# Police, Fire & Sheriff's Log

SUNDAY, JUNE 19

**Carmel-by-the-Sea:** Female at Fourth and Camino Real reported damage to her vehicle. She drove off of the edge of the roadway and believes tree roots on the side of the road caused two of her vehicle's tires to flatten. Pictures of the tree roots were taken, and information was forwarded to public works. The female stated she didn't want a traffic collision report due to her vehicle being under warranty and covered costs for repairs.

**Carmel-by-the-Sea:** Subject reported losing her keys at the beach. Assisted in the search with a metal detector but was unable to locate the keys. Person's family brought a spare.

**Carmel-by-the-Sea:** Purse found at Ocean and Lincoln. No contact information for the owner; notification mailed to the address on record. Property will remain at the police department for safekeeping.

**Pacific Grove:** While on foot patrol at 0112 hours, officer made contact with a male subject on Ocean View Boulevard. Male admitted to attempting suicide. Male was placed on a 72-hour hold for observation.

**Pacific Grove:** Officers responded to a report of damage to a storage shed on Congress.

**Pacific Grove:** A 24-year-old female was contacted during a traffic stop on David Avenue at 2030 hours and found to be intoxicated. Subject was arrested and booked at PGPD.

**Pebble Beach:** Victim interrupted a burglary of his residence on Rodeo Road.

**Carmel Valley:** A Carmel Valley man struck his wife. The 79-year-old male was arrested.

**Carmel-by-the-Sea:** Report of a male sleeping in front of a business at San Carlos and Ocean. The male was contacted and found to be intoxicated and waiting for a friend. The parties were reunited, and he obtained a ride home from a sober driver.

**Carmel-by-the-Sea:** Vehicles towed from San Carlos and Eighth.

**Carmel-by-the-Sea:** Male called to report his daughter losing her Run in the Name of Love bag with her fanny pack inside. He wished to make a report in case the item was found and turned in for safekeeping.

**Carmel-by-the-Sea:** Female called and requested a welfare check for her father at Camino Real and Eighth after talking to him on the phone and hearing an argument in the background. Police responded, and everything checked OK. Father requested the female not to call the police again.

**Carmel-by-the-Sea:** Report of a petty theft at a business on San Carlos south of Fifth. Police units conducted an area check for the suspect vehicle and were unable to locate.

**Carmel-by-the-Sea:** Non-injury traffic collision on San Antonio Avenue.

**Carmel-by-the-Sea:** A 58-year-old female was arrested at Eighth and Junipero at 2032 hours for DUI. She was arrested, booked and released on a citation to appear.

See **POLICE LOG** page 6RE in the Real Estate Section

## Cult was trying to drag him to hell

HERE'S A look at some of the significant calls logged by the Carmel-by-the-Sea Police Department and the Monterey County Sheriff's Office last week. This week's log was compiled by Mary Schley.

FRIDAY, JUNE 17

**Pacific Grove:** Officers responded to a medical emergency on Central Avenue. Person reported an intoxicated male had fallen on top of his intoxicated girlfriend, and she was injured. When officers arrived, the female was not conscious. The 32-year-old male was too drunk to care for himself and was interfering with his wife's medical treatment, so he was taken into custody.

**Carmel area:** Citizen on Clock Tower Place reported receiving a harassing phone call.

**Carmel Valley:** Resident on Laurel Drive reported sending money to buy a vehicle in an

internet-based scam.

**Carmel area:** Person at Clock Tower Place found a license plate to a vehicle. The owner was located and the item returned.

**Carmel area:** High Meadow Drive resident reported mail was stolen from her mailbox.

**Pebble Beach:** Burglary on Mission Road.

SATURDAY, JUNE 18

**Carmel-by-the-Sea:** A motorcycle was stopped on Highway 1 at Atherton at 0001 hours for having no rear lights during darkness, and the driver was found to have an expired license and no motorcycle class license. He was also unable to provide proof of any insurance. The driver was also found in possession of a small amount of marijuana. He was cited and released, and his motorcycle was left parked at the location of the stop. He was provided a courtesy ride home.



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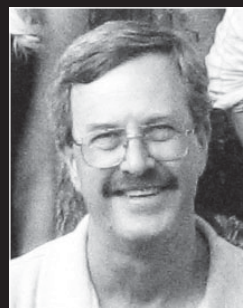
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# P.G. council denounces P.B. affordable housing location

By KELLY NIX

CALLING THE environmental analysis of the Pebble Beach Company's proposed affordable housing project "inadequate," the Pacific Grove City Council this week voted to send a letter to county supervisors outlining its discontent with the location of the 24-unit apartment complex.

On Wednesday night, with councilwoman Casey Lucius absent, council members decided to issue the one-page letter to the supervisors about the project, which would back up to the Del Monte Park neighborhood of Pacific Grove. Some residents in the neighborhood are opposed to the construction of the workforce apartments on Congress Court in Pebble Beach.

"Our citizens emphatically state they do not want development in this location," the council said Wednesday, while also asking supervisors to put the housing in a different spot.

The letter, signed by Mayor Bill Kampe and addressed to Monterey County Board of Supervisors clerk Gail T. Borkowski, asks the supervisors to "insist upon a more compelling discussion of specific reasons of how the destruction of 700 trees and the impact to our Del Monte neighborhood is a better choice both environmentally and fiscally than alternate locations."

The council's letter follows the unanimous approval of the affordable housing plan on June 8 by the Monterey County Planning Commission, and a subsequent appeal by a neighborhood association. The appeal is set to go before supervisors on Aug. 23.

The letter also states that the council wants to "avoid the destruction of a forest and resulting negative impact on a low density, single-family neighborhood."

Other possible sites outlined in the environmental impact report for the 24-unit pro-

ject are the Collins residential area of Del Monte Forest and Sunset Drive and 17 Mile Drive. Planning commissioners, though, felt the proposed location was the best for the project.

"Our comments do not oppose the project, rather the inadequacy of analysis and mitigations contained within the environmental impact report," the council members said. "As Monterey County continues to urbanize, we want to remain vigilant in protecting those small remaining places that make this area so special."

Laura Courtney Headley told the council that residents of the Del Monte Park neighborhood haven't been adequately heard on the housing project. She said "unkind comments" from residents about prospective tenants of the project, and "misleading" news reports were partly to blame.

"We want inclusionary housing," Headley said. "We want the employees of the Pebble Beach Company and anyone else who needs affordable housing to have it. We welcome them to our community."

But, she said, "We don't want to lose our forest if it isn't necessary."

If the project can't be moved to another location, the council requested that the supervisors consider abandonment of the proposed "monolithic apartment complex design" and replace it with a "series of one- and two-story cottages arranged around central courtyards."

That type of a plan, they argue, has been used successfully in other parts of the state and provides "a much more humane environment for the residents who live there." The "smaller-scale approach" would also prevent the need for the removal of 700 trees and "fit better within our Del Monte neighborhood," the council contends.

Although the project calls for 67 parking

See HOUSING page 30A

# SUNSET PRESENTS 2016/2017 SEASON

## Up and Away!

**TRACE ADKINS**

Saturday, August 13 at 8PM

*JUST ADDED!*

**THREE DOG NIGHT**

Wednesday, September 21 at 8PM

**AN EVENING WITH JACQUES AND CLAUDINE PÉPIN:**

**HEART AND SOUL**

Saturday, October 8 at 8PM

**TWYLA THARP DANCE COMPANY**

Friday, October 14 at 8PM

**RICHARD THOMPSON/BLIND BOYS OF ALABAMA**

Friday, October 28 at 8PM

**THE HAVANA CUBA ALL-STARS:**

**CUBAN NIGHTS**

Thursday, November 17 at 8PM

**VIENNA BOYS CHOIR**

Monday, November 28 at 7PM

**WINDHAM HILL 30<sup>TH</sup> ANNIVERSARY WINTER SOLSTICE**

Saturday, December 17 at 8PM

**FAME THE MUSICAL**

Thursday, January 12 at 8PM

**MIKE SUPER: MAGIC & ILLUSION**

Saturday, January 21 at 8PM

**THE SUMMIT:**

**THE MANHATTAN TRANSFER AND TAKE 6**

Wednesday, February 8 at 8PM

**SHAOLIN WARRIORS**

Wednesday, February 15 at 8PM

**THE CHIEFTAINS**

Thursday, February 23 at 8PM

**THE BEST OF THE SECOND CITY**

Thursday, March 2 at 8PM

**WHO'S BAD: THE ULTIMATE MICHAEL JACKSON EXPERIENCE**

Friday, March 10 at 8PM

**BÉLA FLECK & ABIGAIL WASHBURN**

Sunday, March 26 at 7PM

**NEW YORK GILBERT & SULLIVAN PLAYERS:**

**I'VE GOT A LITTLE TWIST**

Friday, March 31 at 8PM

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**SUNSET CENTER'S FIFTH ANNUAL GALA**

Saturday, May 6

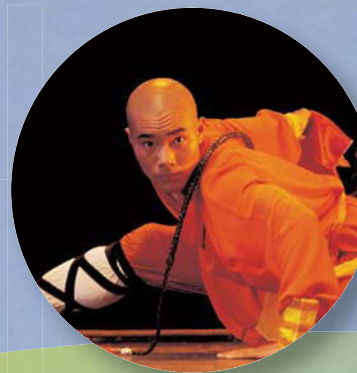


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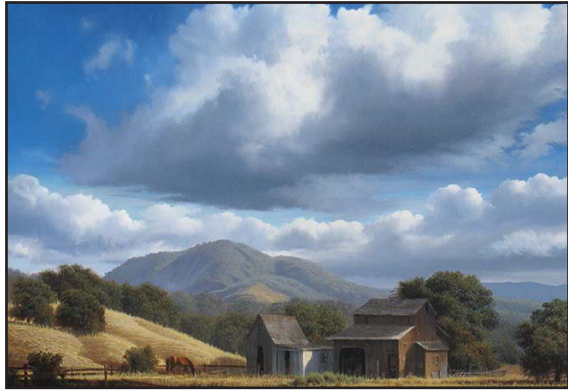
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*Evening's Rest by Kevin Courter 36 x 36*

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**S**aturday, July 9<sup>th</sup>, from 4pm to 7pm, we will have the Grand Reopening party with many of our artists present along with food and drinks. Kevin Courter will be featured in a painting demonstration.

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## Roundabout construction delayed again, this time because of red tape

By KELLY NIX

CONSTRUCTION OF the \$9 million roundabout at Highway 1 and Highway 68 has been delayed again, this time because a state agency hasn't yet signed off on an essential aspect of the project.

A July 1 email notification from the Transportation Agency for Monterey County under the heading “Construction Coming Soon,” indicated work was “expected to begin on or after” Monday, July 11.

But because the project lies within a Caltrans right of way, the State Water Board must approve a plan that addresses how the contractor will deal with stormwater runoff during construction. But the state agency hasn't done that yet.

“The stormwater management plan has not been approved yet and will probably not be approved this week, TAMC planner Ariana Green told The Pine Cone Thursday afternoon. “It is really difficult to say when it will be approved because it is out of the hands of the project team at this point.”

As a result, Green said construction — which was supposed to begin last year

and has already faced several delays — wouldn't happen until after Car Week, which runs from August 15-21. TAMC had wanted some minor construction to begin before Car Week.

“Actually, the delay works out well in terms of not impacting traffic on the Peninsula during the busiest time,” Green said.

Before construction begins, crews will install fencing, signs, remove tree stumps and perform other minor work.

In his weekly email message, Carmel city administrator Chip Rerig said that city staff would attend a monthly interagency meeting regarding the roundabout on July 14.

“Both the construction contractor, Granite Construction, and construction management team, Harris & Associates, will be at the meeting to talk about construction activities and answer questions,” Rerig said.

Residents can sign up for email notifications about the roundabout at [www.tamc-monterey.org](http://www.tamc-monterey.org). Those who sign up will receive information about construction, road closures, and other information about the project.

## ‘Evita’ to hit the MPC Theatre stage

THE BROADWAY musical “Evita,” which tells the story of Argentinian political leader Eva Perón, will open at Monterey Peninsula College Theatre July 14.

Directed by Gary Bolen, “Evita” stars actor Lara Devlin as Eva and husband Rob Devlin as Che.

Bolen called the actors “equally dynamic performers” with voices ideally suited to their roles. The production runs through July 31.

The Devlins, in their onstage roles as rivals, Bolen added, have a rapport that works perfectly for the production.

“Che is almost a rock star persona in the show, and Rob has vocally fronted rock bands,” he added. “He knows the vocal dynamics of that type of character very well.

Lara has a more lyrical, yet no less powerful, voice and the beauty of that comes through instantly. Needless to say, they have a rapport and chemistry that really sizzles on stage. Their moments together are wonderful to watch.”

Actor John Daniel plays Juan Perón, whom Bolen calls the “crucial third part of the love/hate triangle” in “Evita.”

With music by Andrew Lloyd Webber and lyrics by Tim Rice, “Evita” is as much about the people of Argentina as it is about Eva Perón herself, Bolen explained.

“She had a profound impact on Argentina and all of Latin America,” he said.

Tickets are available from the MPC Theatre Box Office at (831) 646-4213 or online at [www.mpctheatre.com](http://www.mpctheatre.com).



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# Rancho Cañada ‘park’ grows by 50 acres

By CHRIS COUNTS

JUST DAYS after escrow closed on a deal that transferred 140 acres at Rancho Cañada from the Hatton family to the Trust for Public Land, the land trust agreed to buy a neighboring 50-acre property.

Like the 140-acre parcel, the 50 acres are part of Rancho Cañada’s East Course, which the golf club announced last week will close Jan. 1, 2017. The seller of the second parcel is the Lombardo family.

A quick look at a map shows why the land trust wanted the additional property — not only do the two properties fit together like puzzle pieces, but the smaller parcel has more river frontage. The acquisition widens the scope of efforts to restore riparian habitat in Carmel Valley.

The Trust for Public Land plans to transfer the two properties to the Monterey Peninsula Regional Park District. Not only would the golf course become parkland, it could provide public access to Palo Corona

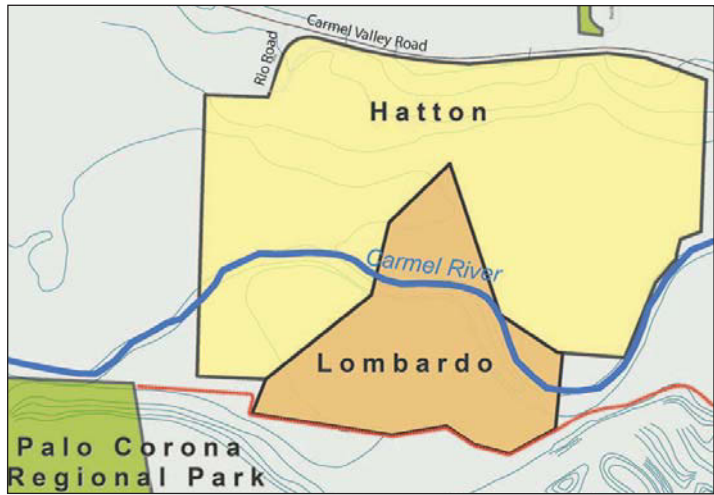
Regional Park.

Brendan Moriarty of the Trust for Public Land didn’t say how much his group paid for the Lombardo parcel, but he did say Hatton piece sold for \$7.25 million.

Now the land trust is trying to raise \$11 million to cover what it spent for the two transactions, as well as “some project costs” and “much-needed capital improvements” of buildings on the site. Moriarty said Cal Am will contribute about \$1.5 million, and private donations have raised about \$325,000.

Land trust officials are hopeful they can get the money from a variety of taxpayer-funded sources. Moriarty said his group plans to submit grant proposals to California Fish and Wildlife, the California Department of Natural Resources, the California Wildlife Conservation Board and the California Coastal Conservancy.

The \$11 million won’t include any money for restoration and replanting. “Right now, we’re focused on getting the land,” Moriarty said.



A map shows how the 140-acre Hatton property and the 50-acre Lombardo property fit together. Both could soon be parkland.

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# PROPOSED LEGISLATION ON SENIOR HOUSING REFUNDS GOES TO BROWN

By KELLY NIX

THE CARMEL Valley man who set out more than two years ago to change the way continuing care facilities handle returning deposits wrote a letter to Gov. Jerry Brown last week asking him to sign a revised version of a bill that would compel facilities to pay interest to seniors if their refunds are delayed.

In a July 1 letter to Brown, Lynn Davis urged the governor to sign SB 939, a bill authored by Sen. Bill Monning that would require unpaid entrance fee repayments to be subject to a 4 percent interest rate after 180 days of a property being vacated, and 6 percent interest after 240 days. The bill is intended to protect senior residents and their estates from long delays in lump-sum entrance fee repayments.

"After five trips to testify in favor of SB 939, I urge your approval of the legislation," Davis told Brown in the one-page letter.

After Davis' mother, Fermina Davis vacated her studio apartment at Forest Hill in Pacific Grove in 2010, her family waited for nearly six years for the facility to refund about 90 percent of the roughly \$280,000 she paid as an "entrance fee" for a studio apartment. Because of a clause in the lease agreement that she signed, the facility wouldn't refund the deposit until it leased the apartment to a new tenant.

Fermina Davis died in July 2014 at the age of 106. And earlier that same year, Lynn

Davis began his quest to change the law to require continuing care facilities pay interest on unpaid balances.

"My mother's apartment was not resold for 68 months," Davis told Brown. "The estate could not be closed and estate expenses continued. No interest was paid."

Davis pointed out that continuing care facilities can "pick and choose" the apartments they decide to sell and often sell units that are not subject to repayable contracts. Therefore, the current law gives such facilities "no incentive to sell repayable contract apartments," he said.

"Continuing care facilities have millions of dollars in repayable contracts with no interest requirement and no set time for repayment," Davis told Brown. "They only have to pay when they sell the apartment."

Davis also told Brown about his late friend, Leon Stutzman, whose family had to wait 42 months after his death for Forest Hill to refund his \$530,000.

### For and against

An opponent of the bill, Erickson Living, a continuing care provider that doesn't operate in California, has argued that accrued interest would end up being paid for by senior residents on their monthly bills.

"The cost of these new payments to estates and trusts would be borne solely by the existing and future residents of senior

See **REFUNDS** page 30A

# Lucius gets endorsement from prominent Iraq War veteran, group

By KELLY NIX

REPUBLICAN CONGRESSIONAL candidate Casey Lucius this week was endorsed by an organization led by a high-profile former Navy SEAL who recently released a book detailing his role in helping capture the "Butcher of Fallujah."

On Tuesday, Iraq War veteran Carl Higbie and his organization, the George Washington Leadership Foundation, offered support for Lucius, 40, who is running against Jimmy Panetta, 46, to replace Congressman Sam Farr, who is retiring at the end of his term this year.

A U.S. Navy veteran and former professor at the Naval War College at NPS, Lucius told The Pine Cone that she's "thrilled" by the support from Higbie and his foundation, which recruits and trains "American veterans to become America's next great leaders," and endorses veteran candidates for political office.

"He is a well respected former Navy SEAL who understands the importance of military service and getting good, thoughtful people in office," Lucius said of Higbie. "It's not just about supporting vets, but seeking out future leaders for our country."

Local veterans introduced Lucius to Higbie, who regularly appears on Fox News and CNN. Higbie interviewed Lucius on the phone last week prior to his endorsement.

In May, Higbie released "Enemies, Foreign & Domestic: A SEAL'S story," which, in part, details his Navy SEAL team's 2009 capture of Ahmad Hashim Abd Al-Isawi, an al-Qaida terrorist who was behind the murder and mutilation of four American contractors in 2004. Several members of the SEAL team, though not Higbie, were later charged with abusing Al-Isawi, but were acquitted.

Lucius said she also recently garnered endorsements from political action committees, Maggie's List — the Republican version of Emily's List, which promotes pro-choice Democratic women to office — and Woman Under Forty.

"These groups are focused on getting more women elected to the [House of Representatives], recognizing that women are underrepresented, and yet

women pass more legislation than their male counterparts," Lucius said.

Meanwhile, during a private fundraising event for the Republican Party in San Francisco on June 27, Lucius met the Speaker of the U.S. House of Representatives, Paul Ryan.

"I was invited to come and meet him," Lucius said. "While at the event, he invited me to speak to the audience about my race [with Panetta]. He also talked about the new Republican House platform, a six-point plan called A Better Way."

Panetta, also a veteran, has the endorsement from political action committee VoteVets, and local veterans for his work on the Veterans Transition Center board, Veterans Cemetery at Fort Ord, the first Veterans Treatment Court in Monterey County and other work.

Lucius, a Pacific Grove city councilwoman, got 23.46 percent of the vote to Panetta's 69.93 percent in the June 7 presidential primary, and they will face off during the November presidential election. Three other candidates were eliminated in the primary.



In addition to meeting Speaker of the House of Representatives, Paul Ryan, last week, Congressional candidate Casey Lucius received an endorsement this week from a prominent Iraq War veteran.

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## Marketing workshop to precede council votes on money, appeals

By MARY SCHLEY

THE CARMEL City Council will hold back-to-back meetings next week, starting with a workshop on marketing Monday afternoon, followed by its regular meeting Tuesday.

Only one item is on the agenda for the July 11 meeting, which will begin at 4:30 p.m.: "Receive presentations from representatives from the Monterey Bay Aquarium, Monterey County Convention and Visitors Bureau, Burghardt + Dore, Carmel Chamber of Commerce, receive community input, and provide staff with direction on marketing for the City of Carmel-by-the-Sea."

Presumably, that discussion will allow the council to determine how it wants to spend the \$313,780 allocated for marketing in the annual budget that took effect Friday — a decision set to be made during the regular meeting July 12.

That meeting will also begin at 4:30 p.m., following a closed session on labor negotiations with the ambulance workers, the city's involvement with the PUC investigation of PG&E's faulty recordkeeping, lawsuits filed against the city by Jennifer Da Silva and for-

mer councilwoman Victoria Beach, and two cases of potential litigation.

Five new city employees — community activities assistant Lori Aiello, reference librarian Beth Rosenblum, library assistants Tina Spellman and Jennifer Hall, and local history librarian Katie O'Connell — will be introduced to the council and the public, after which the council will vote on several contracts, resolutions and contracts listed on the consent agenda, which can be collectively approved without discussion.

The council will then delve into the marketing issue, followed by consideration of an ordinance that would amend the section of the municipal code that deals with citing violators.

Finally, council members are set to hear two separate appeals filed by neighbors opposing the planning commission's approval of the projects next to them. Both involve the demolition of a house and the construction of a new home in its place.

The council meetings will take place in city hall on the east side of Monte Verde Street south of Ocean Avenue. For more information, including complete agendas and staff reports, visit [www.ci.carmel.ca.us](http://www.ci.carmel.ca.us).

## Mission opens viewing platform during construction

PEOPLE CURIOUS about the latest work going on at the historic Carmel Mission are invited to check out the progress in the Quadrangle Courtyard, according to museum manager Jewel Gentry.

"We have opened a special viewing platform for the public to view the construction and the progress we have made so far," he said. "Construction will be completed in early-to-mid August. Don't miss your chance to witness history in the making!"

Gentry said the viewing platform also includes a "new living history exhibit" with rare photos and other images of the Carmel Mission Basilica, which underwent a \$5.5 million renovation and seismic retrofit a few years ago. The quadrangle project is part of the next phase of the historic renovation, which is being undertaken with fundraising support from the nonprofit Carmel Mission Foundation and also includes upgrades to the Mission's museums and other buildings.



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# That good old summer thyme makes food better

By ELAINE HESSER

CHEF'S GARDENS are practically de rigueur these days. From Cal Stamenov's beautiful spread for Lucia Restaurant at

Bernardus, to Todd Fisher's terraced garden at Tarpy's, savvy cooks are growing fruit, herbs and vegetables that go directly onto plates and even into custom cocktails.

Of course, that's no news to grandmas,

who can and will reminisce at length about how much better home-grown tomatoes tasted. But not everyone has a plot of land that will support that sort of thing — or the time, energy and water to make it happen.

A nice compromise is to grow fresh herbs to bring your summer dishes to life. It doesn't require a lot of space, and according to Kevin Lippson at Griggs Nursery, most herbs don't need much water.

He added that they like soil with good drainage, so if you're putting them into con-

tainers, use a good quality potting soil. Outdoors, soil should be helped along with amendments that add nutrients and aid drainage. Describing the soil to the experts at your nursery will help them recommend appropriate products to do things like add nutrients, increase or reduce acidity, or help the soil hold moisture.

Lippson also recommended feeding your plants regularly with a water-soluble fertilizer like Miracle-Gro or a product Griggs carries called Romeo, will help them reach their full herbaceous potential.

See **HERBS** page 13A

## Vicki Wilde

1920 - 2016



Vicki in 2010 wearing amethyst jewelry created by her late husband, Russ.

Velma Lola Klessig didn't care much for her given name, so she chose "Vicki" when she was growing up on the farm of her parents, George and Venus, in Reading, Minnesota. She added "Wilde" when she married Russell Wilde in 1942, as he left college to enlist in the U.S. Army after the bombing of Pearl Harbor. They were together 56 years, until he passed in 1998.

Vicki graduated from Antioch College in Yellow Springs, Ohio, and later taught first grade at The Rose School in Tucson, Arizona. She took advanced courses at the University of Arizona and was elected to Alpha Alpha Pi Lambda Theta, the professional educators society.

But Vicki was best known for her lifelong selflessness. Devoted to rearing and educating her four children, Dale Stuart, Connie Jean, Ellen Jo and Kirstie Lee, she would rise at 4:30 a.m. every day to cook a hot breakfast for Jo and Kirstie — even though they were in high school and could very well do it themselves — as they headed to 6 a.m. classes at Palo Verde High in Tucson.

She also found time every year of her adult life to give to her community. An early chairwoman of the Brewster Home Auxiliary in Tucson, she worked tirelessly to help fund its home for unwed mothers - dedicated in 1966 at a time when pregnant girls were expelled from school and often rejected by their families. She served on the Certified Public Accountants Auxiliary, the University Hospital Auxiliary, and was honored in 1995 for her 25 years as shop chairman for the Assistance League of Tucson.

Vicki was a crackerjack card player, and was usually on the winning side of the family's 500 games (sometimes referred to as Bonehead Bridge). She much preferred real Bridge, but pooh-poohed Contract Bridge as "too stuffy." In her 90's she was encouraged by her daughter to compete in a Contract Bridge tournament at the Carmel Foundation. When asked how she did, Vicki replied, "Well, I did pretty well... I won the whole thing." She also brought home trophies from many golf tournaments, competing at Tucson Country Club events. And she adored the Golden State Warriors, never missing a game since her move to California in 2005 (long before they were winning). Even on Christmas Eve, she stood up from the family holiday dinner and said, "Who's taking me home? Tip-off is in 15 minutes!"



Vicki's 1942 engagement announcement to Russell C. Wilde, her husband of 56 years.

Famous in the family and at the Embroiderers of Tucson for her beautiful and intricate petit point needlepoint artistry, Vicki created lifelike portraits of each of her grandchildren, painstakingly, stitch by tiny stitch. They are Justin Wilde, SuzAnne Duvernay, April De Stefano, Amanda Deems, Stacey Stewart, Casey Miller, Hannah Miller, and Eli Miller. Vicki is also survived by eight great-grandchildren.

Even as Vicki lived her final decade at The Park Lane in Monterey, CA, she served others. She delivered the monthly newsletters door-to-door, and fought to preserve the recreation facilities when the owners tried to replace them with high-priced residences. When she passed away in May after six weeks of severe bronchial distress, one of the employees remarked how kind Vicki was. "A button fell off my jacket and she sewed it back on for me," the young woman said. When was that? "Just one month ago..."

Always humble and never seeking the spotlight, Vicki Wilde's life will be celebrated by a private family ceremony, per her wishes:

*"Scatter those ashes slowly to mix with the air, water and earth, to become one with the fishes, the shore birds and the sand fleas, and the yellow flowers that cover the meadow every spring. Years from now, listen to my voice in birdsong, look for my face among the leaves of the oak and know that I move in the depths of the ocean."*

Herbs like the basil shown here at Griggs Nursery can be a fresh addition to the garden and to summer recipes, sprucing up everything from salads to pasta and more.

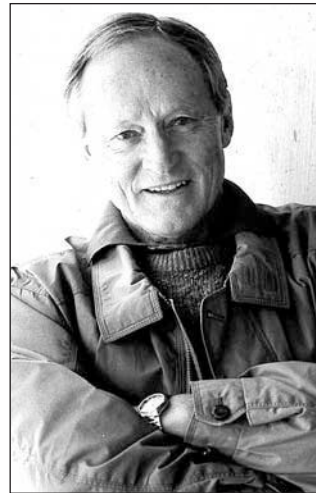


PHOTO/OLIVIA LANCTOT

## Michael Kingsley Durney

Born July 14, 1931

Michael Kingsley Durney died in his home surrounded by his wife and daughters on June 9, 2016, of complications from cancer. He was born in Grosse Pointe, Michigan to shopping center pioneer Maurice "Hap" Smith and Hollywood screenwriter Dorothy Kingsley. His family moved to southern California, and he later became stepson to William Durney. He attended Santa Monica HS, followed by Loyola University. He later transferred to Arizona State, then anticipating the draft, to Carmel to manage Carmel Cottage Court for his uncle until joining the Army in 1959, where he contributed to missile research. After serving he returned to Los Angeles and worked for his stepfather in his company, Carnation Seafoods. He soon married his wife, Jan Northway. His job sent them to Ireland for 1½ years, after which they moved to Carmel where he began a new career in mortgage lending. He subsequently opened an office in San Francisco for Heitman Mortgage and moved their family to Tiberon. He later began building shopping centers in northern California & Oregon. In 1978 the family returned to the Monterey Peninsula.



After his stepfather passed away he took the helm at the family's seafood canning company Mampeza in Angola, which he visited often. He developed great affection for the country and made many lifelong friends. He also worked with other Durney family members in the running of Durney Vineyards in the Carmel Valley, later working for the new owners. Michael is survived by his wife, Jan, children Pamela, Jennifer (Tibbi) (Rob Mackert) and Christopher, his grandchildren Allie, McKenzie & Cody (Amanda) Crumpton, Chloe & Logan Mackert, and great grandson Indy Crumpton. He is also survived by his brother Terrence Kingsley-Smith, sisters Susan Michelson (Lon), & Christine Armanasco (David) plus numerous nieces & nephews.

He belonged to the Pebble Beach & Tennis Club where he played tennis for many years. He was a member of the Bohemian Club in San Francisco, The Order of St. Hubertus, an Austrian hunting order and several other organizations.

Michael was a devoted Catholic, loving husband, father, grandfather and a faithful friend to many. He was a businessman of great integrity who built lasting friendships with many of his associates and radiated humor wherever he went. His glass was always half full.

He has been cremated, his ashes to be in places he loved. Services will be held in the Carmel Basilica at 10 AM, on Thursday, July 14th, his birthday, to always be remembered and loved. In lieu of flowers donations may be made to the Carmelite Monastery, Hospice of The Central Coast, World Vision or the charity of choice.



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## HADLEY FERGUS HICKS

April 1, 1933 ❖ June 21, 2016

BELOVED HUSBAND AND FATHER, Hadley Fergus Hicks, 83, longtime resident of Sterling KS, went home to be with his Savior on June 21, 2016. Hadley was born in Bisbee, Arizona, on April 1, 1933, to Hadley Hugh Hicks and Margaret Fergus Hicks. He was preceded in death by his parents and his son, Mike Hicks of Inman, KS.

Hadley graduated from Bisbee High School in 1952, where he was a star athlete. He was on the All American High School Football and Track team 1951-1952 and the school retired his #20 football jersey when he graduated. He was the Governor of Arizona Boys State in 1951. He served in the United States Army from 1954 to 1956. He earned a Bachelor's Degree in Education from Arizona State University where he also played baseball. In 1958, he played on a rookie team for the Chicago Cubs in Pulaski, Virginia. He later earned a Master's Degree from the University of Montana and served on the board of the Arizona Athletic Hall of Fame. He was an outstanding teacher and a coach for his entire career, which included positions in Carmel CA, Prescott AZ, Flagstaff AZ, Sioux Falls SD, and Sterling College. He retired in 2013 from the Sterling Public Schools. He authored two books: *The B Shines Brighter: The Bisbee High School Legacy*, about his childhood in Bisbee and *So You Wanna be a Legend. So Did I.*, about teaching, coaching, and life. He was a member of Faith Bible Church in Lyons KS.



He is survived by his loving wife of 31 years, Nancy Hicks of Sterling KS; sister, Quila Rider of Showlow AZ; and brother and sister-in-law, Bill and Linda Hicks of Bisbee AZ; daughter and son-in-law, Susie and Dennis McDonald of Camp Verde AZ; son and daughter-in-law, Steve and Lori Hicks of Camp Verde AZ; daughter-in-law, Jean Hicks of Camp Verde AZ; daughter and son-in-law, Kristin and Scott Randolph of Sterling KS; and son and daughter-in-law, Anthony and Mieka Stecker of Spirit Lake IA. He is also survived by his grandchildren, Michael and Taylor Hicks of Camp Verde AZ; Jason McDonald and wife Camille of Paris, France; Megan McDonald of Camp Verde AZ; Joanna Street and husband Kiefer of Pineville NC; Luke Hicks and wife Breanna of Camp Verde AZ; Elizabeth Hicks of Oklahoma City OK; Harrison, Addisyn, Jolie, and Quentin Randolph of Sterling KS; and Annika, Adrie, Dylan, Ethan, Bennett, and Evan Stecker of Spirit Lake IA; and great grandchildren, Nolan, Rylan, and Rae Lynn Hicks of Camp Verde AZ; and Calvin Street of Pineville NC.

There will be a private graveside ceremony for the family with military honors at the Sterling Community Cemetery. A memorial service, open to friends and family, will be at Faith Bible Church in Lyons KS on July 2, 2016 at 2:00 P.M. with Pastor Phil Green officiating. In lieu of flowers, a memorial fund has been established that will be used to honor Hadley's desire to support various ministries. Memorials can be sent in care of Birzer Funeral Home, Sterling.

A memorial service, open to friends and family, will be at Faith Bible Church in Lyons KS on July 2, 2016 at 2:00 P.M. with Pastor Phil Green officiating. In lieu of flowers, a memorial fund has been established that will be used to honor Hadley's desire to support various ministries. Memorials can be sent in care of Birzer Funeral Home, Sterling.

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## Anthea "Toni" Dye Hugus

September 4, 1921 to June 21, 2016



Toni Hugus, a resident of Carmel, passed away peacefully on June 21, 2016 at The Cottages of Carmel. She was 94. Toni was born and raised in Aliquippa, PA. She graduated from Highland Hall High School and received degrees from Hood College and Carnegie Mellon University.

She married her husband, Jack (John Albert) Hugus in Pittsburg, PA. in 1953. They moved to Pasadena, CA. shortly after they were married where Jack began his career with Lockheed Missiles and Space.

Toni had been a teacher and a physical therapist before she found her passion of being an executive assistant. For a time she was the executive research secretary for the Department Chairman at Scripps Clinic & Research Foundation in La Jolla, CA. After moving to Santa Cruz she worked for a time for the City of Santa Cruz and for a private secretarial practice also in Santa Cruz. She was also a long time volunteer at the Monterey Bay Aquarium.



Toni loved aerobics, going for long walks, Frank Sinatra, and like any proper Carmel resident she loved dogs. She enjoyed her daily ritual of popcorn and a glass of wine before dinner. Her absolute favorite hobby was to play bridge while enjoying the company of her friends. Eternally young at heart, Toni was known for and touched many with her beautiful smile and joyous and infectious laughter.

Toni was a loving wife, the best mother ever, a proud and doting grandmother, and a true friend.

Her husband, Jack, predeceases her. She is survived by her son John Hugus of Santa Cruz, her daughter Carol Knight of Monterey and her husband David Knight, two grandsons, Ryan Knight of Campbell and Tyler Knight of Los Angeles, first cousin Marilyn Girouard of Denver, her dear cousin Bill Dye and his wife Joyce of North Carolina and other family members.

A quote from her college yearbook from a friend said it best:

"Infectious laughter...Glorious Smile...Thoughtful..."I'll bring the mail"...Fourth for Bridge...Always hungry...She walks in Beauty...Toni"

*Mom, we will love you always and forever.*

A family service will be held in Latrobe, PA. where she will be with her husband.

A special thank you to the staff and caretakers of The Cottages of Carmel for your care and kindness. The family requests that any donations be made to Meals on Wheels in Pacific Grove.

## Patricia "Debbie" Hobbs Miller di Grazia

**PEBBLE BEACH** — Patricia "Debbie" Hobbs Miller di Grazia was born April 8, 1925 in Daytona Beach, Florida where her family had a winter home. Spending summers at the "shore" in Brielle, New Jersey and winters in Ft. Lauderdale, Florida was the lifestyle of her parent's, Marion Hobbs and Council Johnston Miller, and their friends—"snowbirds". The New Jersey winter climate was too cold and the Florida summers were too hot, so they would travel by their yacht down the Atlantic Coast and inland waterways to Florida.

At 16, during World War II, Debbie attended Florida State College for Women to be near her parents. While at college she studied Languages and Drama, acted in Shakespearean plays and also directed college plays. She was a member of the Pi Beta Phi Sorority house where she lived.

During the summers she lived on the Jersey Shore. While attending a charity luncheon in which she was modeling, she was asked by a photographer if she would be interested in modeling in New York, a mere 40 minutes away by train. She decided to try it and was accepted as a "Harry Conover Cover Girl." She proceeded to do magazine covers and billboards during her summer vacations from college. She became a Coca Cola model, and one of her billboards was placed on top of the Times Square Building in Times Square, Manhattan for two years. During that time Spiro Skouras of 20<sup>th</sup> Century Fox saw it and decided to offer her a test for movies. She was sent to Hollywood to try out for leading roles with many different actors. She acted in two plays at the "Bliss Hayden Theatre" in Beverly Hills. Soon thereafter at a cocktail party given by Lady Mendel she met Loris di Grazia, who was a Navy pilot. He proposed to her that very night and they were later married in 1946 in Palm Beach, Florida where her family was then living.

They lived in Sausalito, California for two years and then moved to Ross, California in 1949. She joined the Red Cross in San Francisco where she drove veterans to the



hospital after the war. She joined "The Children's Theatre," and directed Children's Theatre plays in Mill Valley until her two sons; Peter Hobbs di Grazia and Derek di Grazia were born. They moved to Kent Woodlands in 1955 and lived there for six years before moving to San Francisco where many of their friends resided.

She and her son Peter studied with Thomas Leighton who taught life drawing and painting. She then studied art and oil painting at the San Francisco Art Institute. She became a member of the S. F. Artist Cooperative where she was given her first "One Man Show." She had two art shows in San Francisco before they retired to Pebble Beach in 1975 where they lived for 41 years.

She continued her painting with John Cunningham at the Carmel Art Institute and later with George de Groat. She showed her work at the Monterey Peninsula Art Foundation where she was a member. She was also a member of the Monterey Museum of Art and the Carmel Art Association.

She traveled throughout Europe with her niece, nephew and son Peter. She bred horses at their farm in Carmel Valley as well as having a few that raced at Santa Anita. She and her son Derek both started riding in "Three Day Events" as well as fox hunting with the Los Altos Hunt.

Tennis was also a favorite sport. She played on the B Team with Pebble Beach Inner Club and at John Gardiner's Tennis Ranch in Carmel Valley where she was a member.

Her large outdoor bird aviary where she originally bred endangered species of the Australian Red Cheeked Parakeet also included many other beautiful birds. She also loved Jack Russell Terriers which became an important part of her life. Painting, riding, tennis, gardening, and all of her animals were her life and she enjoyed every moment of it.

She was a member of The Daughters of the American Revolution. Both parents had ancestors that fought in the American Revolution and also the Civil War.

She called Pebble Beach her paradise as she looked out from her home at the beautiful Pacific Ocean.

She leaves her two sons, Peter and Derek di Grazia, whom she adored, and a brother, Council Johnston Miller, who lives in Florida. Loris, her beloved husband, passed away in 2006 at the age of 90. They had a long and wonderful life together.

In lieu of flowers the family would appreciate donations to the SPCA of Monterey County.

Please visit [www.thepaulmortuary.com](http://www.thepaulmortuary.com) for condolences and guestbook.

# Nita Robbins

September 7, 1930 to April 3, 2016

Nita Robbins from Carmel, California passed away on April 3, 2016.

Nita was born on 9/7/1930 to James Tusa and Hazel (Klindt) Tusa of Gann Valley, South Dakota near Miller, South Dakota.

The family relocated to Pierre, South Dakota where she graduated high school. She married James Robbins on May 9, 1953; James died on 10/20/1988.

On June 23, 2000 she married Dale Thoreson, who died on 1/3/2002.

She enjoyed an active real estate career before retirement.

In retirement she traveled to Europe, Turkey and Jordan as well as several trips to Asia.

She was active with The Carmel Foundation, Widowed Persons Club of Monterey and Sunset Volunteers. She especially enjoyed her bridge groups.

At her request there will be no funeral service.

# Seaweed is the new kale — just ask Captain Kelp

By DENNIS TAYLOR

BY THE time he was 12, Michael Graham was snorkeling and scuba diving off Hermosa Beach, and was already dreaming of becoming a marine biologist.

But his plan to study sharks and other sea creatures took an odd turn when El Nino struck in 1982 and 1983, ripping the kelp forest out of the water and throwing it onto the shore.

“I can remember seeing all of that kelp on the sand and consciously thinking to myself, ‘Wow, there goes their habitat. Where are the fish going to go?’”

It was an epiphany that became an obsession as Graham studied biology in high school, and at UC Santa Barbara, then at Moss Landing Marine Lab, where he got his masters degree, and Scripps Institution of Oceanography, where he earned a Ph.D.

He parlayed his education and research into a multifaceted career that has taken him to Chile, New Zealand, Australia, and the Galapagos Islands as one of the world’s renowned kelp and algae experts.

And last August, it sprouted into a new family business, Monterey Bay Seaweeds, a farm where Graham grows three

edible species that he sells to chefs at 30 upscale restaurants in the Monterey Peninsula, Santa Cruz and the San Francisco Bay area.

Edible seaweed, it seems, is emerging as a new creative favorite among chefs, who use it in soups, salads, as raw garnishes, and even in desserts.

“First of all, people don’t yet understand that seaweed is extremely healthy for you — a lot healthier than kale,” said Johnny DeVivo, chef at Porter’s in the Forest in Pebble Beach, where he uses seaweed in several dishes. “It’s very high in iron and protein. It’s got calcium, and helps you digest food properly. And the great thing is, it isn’t over-cultivated. Nobody is putting any harm-



(Left) Michael and Erica Graham at Monterey Bay Seaweeds in Moss Landing, a company that sells seaweed to 30 restaurants, most of them on the Monterey Peninsula. (Above) One of the three kinds of seaweed the company grows.

See SEAWEED next page

# Charlotte Victoria Dawson Elliott

May 30, 1928 ❖ May 22, 2016

Charlotte was born Charlotte Dawson in Carmel, California the daughter of Dio Dawson, writer, and Mary Fuller. She was the youngest of four with a brother Donald and two sisters, Dorothea and Mary Jane. She loved Carmel and the ocean and instilled that love into her children. She met and married Frank Stone of Salinas and they would take the family camping in Big Sur and to the family cabin in Little Sur. The cousins would all sing and play music around the campfire after eating a great dinner cooked on the antique stove in the cabin. And of course, Charlotte would sing so beautifully along with them. She had a beautiful singing voice and even sang accompanied by the piano player in the Fairmont Hotel in San Francisco.

Later in life, Charlotte met and married Al Elliott. Although their time together was short since Al became ill and passed, it was a very happy time in her life. Charlotte had a deep love for her entire family. She would do anything for them and always was so happy to spend time with them. She cherished all of the grandchildren and even the great grandchildren. She had one before she passed, and was so happy to meet Winston Louis Smith. She was such a positive person with a joie de vive that was so contagious and could light up a room. Son-in-law, Roger Williams, would always take every chance to make her laugh. Daughter-in-law, Amy always laughed along with her too! She was so positive and loving, characteristics she passed onto her children, David and Victoria.

She was an accomplished tennis player who passed that love onto her children too. She competed in many, many tournaments and spearheaded collecting funds to resurface the tennis courts at Carmel High. She loved to watch all of the professional tennis tournaments on TV attending the Indian Wells tournament quite often. She loved music and symphony and concerts attending as many as possible. She loved to play cribbage and could come from way, way back in the game to still salvage a win. She could beat you with one peg on more occasions than you can count.

She was beautiful, dynamic, passionate and joyous. She was happiest with the simple things and the love and company of family. God needed a joyous bright light of a soul in heaven! We love you Mom and are so glad you get to see your parents, sisters and brother, husband Al and son Timothy there waiting with open arms for you. Your passion, love and joy will live in us and through us forever. We will dearly miss you!

She is survived by daughter Victoria (Stone) Williams and son David Stone and grandchildren: Sam Stone, Ashleigh Fiscaro, Rachel Morrison, Allison Williams, Nicole Williams and Ryan Williams and great grandchildren: Winston Smith, Harper Charlotte Smith, Calvin Ray Williams, Payton and Grayson Smith.



# MARJORIE BROWN DAHLE

1913 ❖ 2016

MARJORIE BROWN DAHLE passed away peacefully at sunrise, on June 19, 2016, in the loving care of her daughter, Janet Dahle.

Marjorie was born in Bozeman, Montana to parents Robert Emmett Brown and Lena Armstrong Brown. The youngest of three children, she is preceded in death by her parents, brother, Frank A. Brown, and sister, Lora Brown Winn.

Some of Marjorie’s happiest years were growing up in the small town ambiance of Bozeman, located near Yellowstone National Park. From early childhood, she displayed a spirit of adventure, exploring her neighborhood surroundings and longing to experience all the wonders of the world. As a young girl, she had a passion for horses, and loved riding bareback on her favorite Arabian/Appaloosa mare, “Pet.” At her most daring and as the only girl, Marjorie frequently took first prize in local races and competitions.

Fond memories of her childhood included the warmth of family and friends, and a home filled with books on wide-ranging subjects which fostered her life-long love of literature. Throughout life she followed both world and local current events, humanities and the arts; her literary passions were biographies and historical novels. Both in youth and later years, she enjoyed working in her favorite bookstores.

Marjorie attended Scripps College in Claremont, California and Montana State University where she majored in the liberal arts. She was an active member of Pi Beta Phi sorority. During her senior year she reigned at the formal ball of “Les Bouffons,” an honorary men’s society of academic excellence, who chose her as the all-college queen. Marjorie cherished memories of summers spent living and working alongside other university students amid the spectacular natural wonders of Yellowstone.

Marjorie lived in Los Angeles during a brief marriage, prior to moving to Carmel with her mother, Lena, and daughter, Janet, in 1954. She fell in love with the natural beauty of the Monterey Peninsula and remained a resident through the remainder of her life. Her joy came from supporting community organizations with volunteer work. Active in the Committee for International Students at Monterey Peninsula College, she welcomed students from around the world into her home, providing housing, love and support. The friendships she cultivated through these activities were long-lasting.

A major highlight of Marjorie’s life was living in Lausanne, Switzerland while her daughter, Janet, attended high school. Together they traveled extensively through Europe and the Middle East. The experiences gained from their travels were a magical time for Marjorie that remained with her always.

A gentle, selfless person of high integrity, Marjorie was an adoring mother whose love knew no bounds. She will be greatly missed by her daughter who is forever grateful for her mother’s many fine qualities, most especially her radiance, grace and compassion.

In addition to her daughter, Marjorie is survived by her beloved nephew, Robert “Wally” Winn, of Richmond, Virginia, and extended family throughout the United States.

Marjorie’s final resting place will be among her loved ones at Sunset Hills Cemetery in Bozeman.



# SEAWEED

From previous page

ful chemicals into it.”

At his seaweed farm adjacent to the harbor in Moss Landing, Graham cultivates three California species — dulse (which takes like crispy bacon when fried), ogo (crunchy, with a slight peppery taste), and sea lettuce (with a texture similar to red lettuce grown on land) — using fresh Monterey Bay seawater that circulates via a method called tumble culture. No artificial chemicals are used in any part of the process, including the cleaning of the tanks.

The product is then packaged alive in sterile seawater and delivered to the restaurants and other clients, including Google and the San Francisco Giants.

Its retail cost of \$40 per pound sounds pricey, but a pound of seaweed makes 60-120 servings.

Graham, 47, hopes to expand the farm — which is an industry-academia partnership — so he can grow more product, but doesn't

plan to rush into anything. He uses only family money; his 16-year-old stepson Josh, his wife Erica and one graduate student are the only full-time employees; and the new business is hardly his only activity.

He also is a professor in the marine-science department for seven state universities at Moss Landing Marine Lab, teaching seaweed biology, ecology and scientific methods. He's the editor of the No. 1 scientific journal in the world for seaweed and algae, *Journal of Phycology*. And he's director of research and development for Moss Landing Marine Lab's Center for Aquaculture, just two years old, serving all 23 state universities.

Graham and Erica (who were married in 2012), met six years ago as volunteers with Marina's youth soccer program, over which they preside today as president and vice president, wrangling 600 kids and their parents.

They also have helped run Marina's youth baseball and softball programs, and the Marina High School PTA.

Erica, a former restaurant manager, handles

most of the business side of Monterey Bay Seaweeds, talks to every chef while making almost all of the deliveries (usually with her 18-month-old son, Evan, in tow), works part-time at the Monterey Fish House, does some catering, and takes businesses classes at CSU Monterey Bay.

Graham gives seaweed talks at local elementary schools (where he's been nicknamed "Captain Kelp"), and ran the science program for a time at Marina High School.

Plus, they're the parents of seven children (four from her first marriage, two from his, and one together), several of whom are already helping with the seaweed farm. The new business, they hope, will help put all of the kids through college.

"I didn't exactly grow up dreaming of

playing with seaweed for a living, but it's actually a lot of fun," Erica said. "I really enjoy making the deliveries, talking to all the chefs and hearing about all the creative ways they're using our seaweed."

The plan, said Graham, is to keep the size of the farm manageable enough to remain enjoyable, and profitable enough to put seven kids through college. And as the farm grows, the price of his seaweed will come down. (It has dropped from \$4 an ounce to \$2.50 since August, he said.)

"The dream I've always had was to have a family business, with everybody included in what we do. I just didn't know it would be seaweed farming," he said. "As it turns out, this brings together all of those values, and we're loving it."

## County commission's vacation rental workshop revives hot topic

THE THORNY subject of short-term rentals in Big Sur and other parts of unincorporated Monterey County will again be discussed when the county planning commission holds a public workshop Wednesday, July 13, in Salinas.

The meeting was scheduled for June 8, but was postponed.

The county is trying to create an ordinance that would allow — but regulate — short-term rentals.

County official Melanie Beretti told *The Pine Cone* the hearing will "bring forward all the complicated factors and lay them out in an intelligible manner," and offer the public "an opportunity to weigh in." The planning

commission would also have a chance to "give staff direction in moving forward with a draft ordinance."

A second public workshop will provide an opportunity to fine tune the draft ordinance, and then it would go before the planning commission for review. Eventually, the supervisors will vote on it, but it's unclear when. "We want to move the process forward as quickly as we can," Beretti said. "But we don't want to rush it and leave no room for public comment."

The workshop starts at 9 a.m. in the board of supervisors chambers.

The county government building is located at 168 W. Alisal.

# HERBS

From page 11A

Use common sense when picking or cutting herbs, taking care not to strip the plants too much. If flower stems start to develop, pinch them off as soon as you notice them to keep the plants from bolting sooner than you'd like.

Invasive plants, like mint, should be confined to a container or an isolated portion of the garden.

Griggs and Valley Hills both offer a nice selection of plants, including rosemary, several varieties of basil and tarragon. Or, if you prefer, Earthbound Farm Stand has a large garden where you can snip your own green bounty to take home.

What to do with your harvest? Fresh basil is a natural with all things tomato or eggplant

— but it also tastes great with watermelon and balsamic vinegar. A little chopped rosemary goes a long way in a poultry dish, while putting a whole branch on the barbecue with a rack of lamb infuses the meat with piney, smoky aromas. Use your abundance of mint to make tea, or get one of those fancy water bottles with an infuser and add a little mint and cucumber flavor to your dose of hydration.

Dill and olive oil on baked salmon is a real treat, and tarragon and thyme mixed with a little Greek yogurt and hard-boiled yolks can make a deviled egg even sunnier. If you're using fresh herbs in a recipe instead of dried, a good rule of thumb is to double the amount, as dried herbs have a more concentrated flavor, and add them at the end of cooking to preserve their brightness.

Now get out there and garden. Stop letting chefs have all the fun!

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## PUBLIC NOTICES

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 20161375  
The following person(s) is (are) doing business as:  
**1. PROGRESSIVE HOME LOANS**  
**2. PROGRESSIVE COMMERCIAL FUNDING**  
**3. PROGRESSIVE FINANCIAL SERVICES**  
2872 Forest Lodge Road, Pebble Beach, CA 93953  
County of Principal Place of Business: Monterey  
Registered owner(s)  
JEFFERY ALLEN DAVIES, 2872 Forest Lodge Road, Pebble Beach, CA 93953. This business is conducted by: an individual.  
The registrant commenced to transact business under the fictitious business name or names listed above on: June 30, 2016.

I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). I am also aware that all information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).  
S/ Jeffery A. Davies  
This statement was filed with the County Clerk of Monterey County on June 30, 2016  
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on

which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).  
NEW FILING - with CHANGE(S) from the previous filing  
Publication dates: July 8, 15, 22, 29, 2016. (PC708)

**ORDINANCE NO. 2016-01**

**AN ORDINANCE ESTABLISHING SEWER SERVICE CHARGES FOR FISCAL YEAR 2016-17 AND THEREAFTER, PROVIDING FOR THE COLLECTION OF SUCH CHARGES ON THE TAX ROLL, AND PROVIDING FURTHER THAT THIS ORDINANCE AND THE CHARGES ESTABLISHED HEREBY AND THE TAX COLLECTION PROCEDURE SELECTED HEREIN SHALL REMAIN IN EFFECT UNTIL EITHER THE SAID CHARGES ARE REVISED OR THIS ORDINANCE IS OTHERWISE AMENDED OR REPEALED**

-000-

THE BOARD OF DIRECTORS OF THE CARMEL AREA WASTEWATER DISTRICT DOES ORDAIN AS FOLLOWS:

- 1. Sewer Service Charges.** Sewer service charges for services rendered are hereby adopted and levied upon all users of the District facilities, for fiscal year 2016-17 and all fiscal years hereafter until the charges established herein are modified or this ordinance is repealed, at the same rates set forth on Exhibit "A" which is attached hereto and incorporated herein by this reference thereto.
- 2. Collection on Tax Roll.** Pursuant to California Health and Safety Code §5473, the District hereby elects to have the aforesaid sewer service charges for services rendered by the District collected on the tax roll in the same general manner, by the same persons and at the same time as the collection of general property taxes by the County of Monterey.
- 3. Duration.** This ordinance, the service charges established hereby and the collection procedure elected herein shall continue in full force and effect until either a) the said sewer service charges are revised or b) this ordinance is otherwise specifically amended or repealed.
- 4. Publication.** Following adoption, this ordinance shall be published once in a newspaper published in the District.
- 5. Effective Date.** This ordinance shall take effect and be in force one (1) week after the date it is published in the newspaper, or July 1, 2016, whichever is later. **PASSED AND ADOPTED** at a regular meeting of the Board of Directors of the Carmel Area Wastewater District duly held on June 23, 2016, by the following vote:  
AYES: BOARD MEMBERS: Greg D'Ambrosio, Michael Rachel, Charlotte Townsend, Ken White  
NOES: BOARD MEMBERS: None  
ABSENT: BOARD MEMBERS: Robert Siegfried  
(s) Ken White, President of the Board  
Attest: Irene Bryant, Secretary of the Board

---

**Exhibit "A"**  
**Sewer User Fees Effective July 1, 2016**

User Category	Units	Annual Rate
Bakery	Location	\$2,487.40
Bar	Location	\$1,049.60
Beauty Salon	Location	\$867.32
Business/Govt./Retail	Per 10 Employees*	\$391.92
Camera/Photo	Location	\$540.98
Church/Synagogue/Mission	Location	\$582.88
Conv. Hospital	Per Bed	\$309.56
Dental Office	Per Dentist	\$588.36
Gym/Health Spa	Location	\$752.92
Hotel/Motel	Per Room	\$320.50
Laundromats	Per Machine	\$727.10
Laundry	Location	\$2,691.76
Market	Location	\$1,200.06
Medical Office	Per Physician	\$299.62
Residential	Dwelling Unit	\$647.14
Restaurants	Seat/Meal**	\$49.36
Schools	Population	\$26.84
Service Stations	Per Pump	\$1,940.98
Supermarkets	Location	\$16,915.86
Veterinary Offices	Location	\$1,496.16
Animal Hospital & Boarding	Location	\$4,277.74
Special/Unlisted Users	\$/Flow Characteristics ***	\$594.48

\* Each business is counted separately. For 1-10 employee it is counted as 1 unit. For 11-20 it is counted as two units. And so on. For the purposes of this model part-time employees are counted as 4:1

\*\* Customer seats are multiplied by the number of meal periods (breakfast, lunch, dinner) serviced times two. The rate model assumes a seat will turn over twice during any meal period.

\*\*\* Special/Unlisted users are assessed rates based on their loadings for Biochemical Oxygen Demand (BOD), Suspended Solids (SS), and Flow (millions of gallons) multiplied by the following unit rates: \$0.954292501/lb of BOD; \$0.911755735/lb of SS; \$7,076.90/MG of flow

The Carmel Area Wastewater District collects, treats and disposes of wastewater from more than 6,500 residential and commercial connections in Carmel and surrounding areas and portions of lower Carmel Valley. The fixed rate user fees include funds required for current operation and maintenance costs.

Publication date: July 8, 2016 (PC708)

**CITY OF CARMEL-BY-THE-SEA**

**Notice of Unscheduled Commission/Board Vacancy (1)**

The City of Carmel-by-the-Sea is soliciting applications to fill one unexpected vacancy.

**FOREST & BEACH COMMISSION**  
Meets the first Thursday of each month at 3:30 p.m., in the City Hall Council Chamber. The Forest and Beach Commission consists of five members. A two-thirds majority of the Commission shall be residents of the City, and the remainder may be residents of the City's Sphere of Influence. Applicants should have an interest in, or familiarity with, the City's parks and open space.

Applications will be accepted through 5:00PM, Wednesday, July 20, 2016. Applications are available on the City's webpage. Interviews will be held Monday, July 25, 2016. For further information, please contact the City Clerk Ashlee Wright at (831) 620-2016 or awright@ci.carmel.ca.us .

Publication date: July 8, 2016 (PC710)

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# MOTORCYCLE WORLD CHAMPIONSHIPS IN TOWN

By MARY SCHLEY

MOTORCYCLE RACING'S best will be at Mazda Raceway Laguna Seca July 8-10, when the FIM Motul Superbike World Championship makes its only stop in the United States. Joining the international series at the track will be MotoAmerica, the national championship, for three days of heated competition at death-defying speeds.

Making World Superbike even more interesting to American fans this year is the return of rider Nicky Hayden, a Kentucky-born racer who has been a favorite ever since he began competing in the United States as a kid, as did his two brothers. After winning the national championship, he triumphed on the world stage at the sport's highest level — MotoGP — and continued to race in that series for several years before joining World Superbike this year.

On the national front, MotoAmerica — which was spearheaded by past world champion and Monterey Peninsula resident Wayne Rainey, who took over and reinvented the faltering national championship series — includes veteran racers

and up-and-comers vying for the checkered flag in several different classes. The MotoAmerica series will have racers qualifying and racing Saturday and Sunday, with practice on Friday.

As usual, the race weekend will include a lot of off-the-track activities, too, with autograph sessions, meet-and-greets, a fan party Friday night, "chat shows," live music and other entertainment.

In Monterey, Cannery Row will host its annual Race Night on the Row Saturday, July 9, from 5 to 11 p.m., when the street will only be open to motorcycles, and once it's filled (which doesn't take long), it's closed to all traffic, so pedestrians can stroll the row and check out the machines of all shapes and sizes. Riders are allowed access to Cannery Row at the intersection of Drake and Wave, and after the street is full, they can park in the city garage or on adjacent streets, which will also be open to cars.

For information, tickets and details on the races, visit [www.mazdaraceway.com](http://www.mazdaraceway.com). For more about Race Night, go to [www.canneryrow.com](http://www.canneryrow.com).

# Trio of painters unveil 'Landscape' at CAA

CELEBRATING THE charms of the local topography, three painters and a sculptor present a group exhibit, "Landscape," which opens Saturday, July 9, at the Carmel Art Association.

The three painters — Jan Wagstaff, Richard Tette, Sarah Healey — offer their own perspectives on the subject.

Wagstaff examines wetland grasses and water, Tette captures "tranquil fields, pastures and meadows found on the back roads of California's ranchlands and rolling hills," and Healey finds inspiration in "the ephemeral quality of sunlight and fog" that exists along the Big Sur coast.

The paintings are complemented by the sculpture of Chris Sawyer, whose work includes geometric forms, animals and the human figure.

Also new at the art association are shows by painters Andrea Johnson and Jane Goode. The exhibits continue through Aug. 2.

The art center, which hosts a reception at 5 p.m., is located on Dolores between Fifth and Sixth. Call (831) 624-6176.

## Margaret 'Marge' Graham

Margaret "Marge" Graham, a long-time resident of Marina, peacefully passed Friday June 17th at Anjelica's Villa in Seaside.

Our family is forever grateful to Marge's dear friends Edie Lemon, Dr. Wayne and Nora Shen, Bob and Linda Norris, Pat Mattavi, Anjelica's Villa, and many others who enjoyed her company and supported her every day.

Marge was predeceased by her love and beloved husband Jay Graham, her sister Gisela Ansberry and Jay Ansberry, Irene "Bunny" Furman, and her brother Edward Noe.

She is survived by her sister-in-law and fellow 1950 RN graduate Theresa Noe; nieces Susan Caisse, Shelly Boucher, Sharon Wrobel, and Stacy Furman Boyajian; nephews Eric (and Janelle) Ansberry, Paul Ansberry, Brian Noe, Bruce Noe, Barry Noe, and Scott Furman, and numerous grandnieces and grandnephews.

The Bermudez Family Cremation and Funerals of Monterey have been entrusted with arrangements for a private memorial.



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"Summer Showers" by painter Jane Goode is featured in a show opening Saturday at the Carmel Art Association. She is one of six artists who are unveiling new work at the downtown nonprofit art center.

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## ROBERT EDWARD SAGEMAN

July 8, 1923 - June 20, 2016

Robert Edward Sageman (Bob) was born in Mt. Vernon, New York on July 8, 1923. He graduated from Rensselaer Polytechnic Institute in Troy, New York where he received his Bachelor of Science in Electrical Engineering Degree and his Masters in Electrical Engineering in 1945. After graduation, he served two years in the U.S. Navy. Bob began his 38 year career with AT&T Long Lines following his military service. In 1950, he married Jean Bent. Bob worked as chief engineer in Washington D.C and San Francisco, then moved to Vice President of the nationwide long distance network in New York. In 1980, he became President of AT&T International. He retired and moved to Carmel Valley in 1985.

In retirement, Bob worked with the Boards at Natividad Medical Center, Monterey Institute of International Studies, SPCA. He was part of the team that evaluated how to use Fort Ord after decommissioning and thoroughly enjoyed his role on the Sheriff's Advisory Team.

He is survived by his children Susan Sageman Gray (Roger), Dr. W. Scott Sageman (Pam) and Professor Bradley Sageman (Monica) as well as five grandchildren: Lauren Gray, William Gray, Kathryn Sageman, Asia Sageman and Isaac Sageman. His wife Jean died in 1992.

The family would like to thank Dr. Craig Christianson who cared for Dad for over 30 years and guided the family through the trials of aging; Elsa Paniagua for her care and excellent cooking; the Community Church of Monterey, especially George Brehmer; Pat Kelly, dear friend and caregiver; The Cottages of Carmel staff who made his last years enjoyable and Canterbury Woods nursing facility and hospice.

A memorial service will be held on Saturday, July 9, 2016 at 3 pm at The Community Church of Monterey Peninsula, 4590 Carmel Valley Rd, Carmel-By-the-Sea, CA. Contributions in Dad's memory can be made to Natividad Medical Center or the SPCA of Monterey County.

## MEMORIAL CELEBRATION FOR CHARLES 'CHUCK' FAXON

A Celebration of Life will be held for Chuck on Saturday, July 16, 2016 at 1:00 pm at his son's home in Carmel Valley.

This celebration is a casual event and all are welcome to bring a photo of Chuck or story to share.



Please visit  
[www.bermudezfamilyfunerals.com](http://www.bermudezfamilyfunerals.com)  
for directions and details.

# Frank Dice named interim public defender

By MARY SCHLEY

A CRIMINAL defense attorney who's been practicing law for almost 50 years, including five years in the public defender's office, Frank Dice has been picked to serve as interim public defender for Monterey County. He'll hold the office until the board of supervisors hires a permanent replacement for James Egar, who resigned in June after a decade as the county's top public criminal defense attorney.

"They wanted an experienced lawyer with some public defender experience and who had no interest in the permanent job," Dice explained Thursday. "I felt if I could help out, I would."

Dice, who has a successful private practice that he has no plans to close in order to go work for the county, said the assignment will last several months and was approved by the board of supervisors in mid-June.

"It's a big job, we have 48 employees, and I really value public defending," he said. "I don't think there's anything more honorable than defending people who are not wealthy and can't pay a lot of money."

Attorneys are obligated to represent their clients, regardless of wealth or accusations against them, to the fullest of their abilities, Dice pointed out. "And that's something that should really be valued by legal folks, because without public

defenders, there really is no way you can get a fair trial or real justice."

And while the work is abundant, he said, it's not easy.

"I think it takes a certain type of lawyer who's willing to do that," Dice said. "You have to visit people in the jail, and often they don't trust you, because they don't know that they should. I really value the people who do the job."

Dice also noted that lawyers in the public defender's office are often better criminal defense attorneys than those in private practice, due to the sheer volume of work and the breadth of experience that comes with it.

During his first month on the job, Dice has introduced himself one-on-one to all the employees in the public defender's office and has talked to a couple of judges. He's working on getting feedback to figure out how he can best run the office while he has the assignment, which he speculated will run four or five months.

"I feel that art can play an important role in the efforts to preserve the environment and the animals in the sea" -Wyland

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# BUTTS

From page 1A

“Marc [Wiener, acting planning director] and I opened it today, and found that it is actually being used,” Rerig said in a July 1 email to city staff and constituents. Monta Potter, CEO of the Carmel

Chamber of Commerce, thanked the council June 30 for making the move.

“I just wanted to thank you for the butt can,” she said, adding that she’d made a point of visiting that corner to check it out. “That will help a lot.”

### Where the smokers are

Rerig told The Pine Cone the test location was chosen based on the number of smokers



PHOTO/MARY SCHLEY

This butt can was installed as an experiment, and it seems to be a success.

who tend to accumulate outside busy Dametra restaurant and the Lincoln Street bar, Sade’s. The bar places a can outside for its patrons who smoke, but many stubbed-out cigarettes end up on the ground in the area.

“One of the planners did a little survey of town and founds some hot spots,” where smokers congregate, he said.

Mayor Steve Dallas and Bruno’s Market owner Fermin Sanchez have also identified some locations during their early morning walks.

“We’re going to order them this week, so I would imagine by the end of next week, we’ll have another six to 10 installed in the city,” Rerig said of the small receptacles, which cost about \$45 apiece and will be emptied by the city’s trash hauler, GreenWaste Recovery. “The need is clearly there, with restaurant and bar patrons, and European and Asian visitors who come from areas where it’s still much more of an accepted bad habit.”

Last year, former Mayor Jason Burnett began pushing for a ban on all smoking downtown and limited smoking in the residential areas, but that effort was quietly abandoned after its initial discussion at the council level in October 2015. Smoking is already prohibited at the beach and in city parks.

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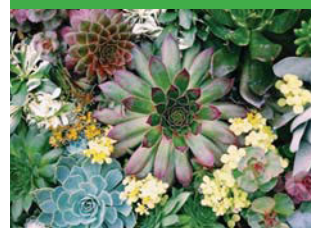
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# BANG

From page 1A

She’s also become known for her YouTube videos of Carmel Beach showing the fires and their after effects, including piles of charred wood and garbage.

“I’ve tried to work carefully and thoughtfully, educating people,” she told The Pine Cone Wednesday. “We got through the California Coastal Commission and got a unanimous council vote for propane only.”

But after the April 12 election, which significantly changed the composition of the council, the new members overturned that vote.

“I think what they’ve done is illegal — they can’t just pick two blocks,” to allow fires where they were banned before, she said, calling the new council “tone deaf on health issues.”

City administrator Chip Rerig acknowledged Bang’s passion and dedication.

“She was one of the first people to reach out to me as a very active, very involved, very impassioned citizen of the community, both from the standpoint of a forest and beach commissioner, as well as chair of Sunset board,” said Rerig, who joined the city in March. “I really respect her passion and her vision for the community.”

The council will decide how to fill Bang’s vacant seat on the forest and beach commission, while the Sunset Center board will determine how to replace her there.

“Kathy was an exemplary leader and extremely well thought of by both board and staff. She had a major positive impact on SCC and was a very effective board chair,”



Kathy Bang

said Sunset’s executive director, Christine Sandin.

Former vice chair Stan Meresman has already replaced her as chair, as called for in the nonprofit’s bylaws. Sandin said the board and the center’s staff are fortunate that he has worked closely with Bang and the executive committee for three years, “and is well poised to take over the leadership of SCC.”

Bang, who is also a member of the board at Community Hospital of the Monterey Peninsula, said she will invest her time and energy elsewhere, as well as continue her fight against beach fires.

“My work on the CHOMP board is very engaging, and I will continue to enjoy serving there. My garden is in desperate need of attention,” she said. “And it is amazing how quickly folks have heard and are offering me opportunities to serve. I, however, will not be taking on anything new soon.”

# FIRES

From page 1A

can get the more long-term units,” he said.

Half of the fire pits are to be designated as “community” rings, meaning the people who use them will have to share them with strangers, and officials are in the process of developing signs to be posted at the stairwells indicating which pits are communal.

Because the city has a certified LCP, it can issue coastal development permits like the one for the beach fire program. Rerig said the commission won’t need to vote on the new plan unless someone files an appeal, which can be submitted until 5 p.m. July 20.

Last year, the council approved a plan that was appealed to the coastal commission, which decided that it would prefer propane fires over wood fires. But the propane-only plan was killed by the new council last week.

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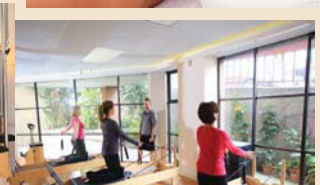


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# TREK

From page 1A

sense of adventure, give me the opportunity to meet many new people, help me achieve a higher level of fitness, and [help me] develop in my spirituality and personal growth," she told The Pine Cone.

The hike also offered Allen an opportunity to explore her passion for writing and photography. "I have a strong creative side to me that disappears when I'm busy being a nurse," explained Allen, who did a lot of running over the past 18 months to prepare herself for the trek.

Unlike the Appalachian and Pacific Crest trails, the Camino de Santiago rarely strays too far from civilization. It winds its way across a Northern Spanish landscape that doesn't look too different from scenes that can be found in Monterey County. But what make the route unique are the historical and religious sites and shrines that can be found along it.

In the Hollywood film, "The Way," a grieving father played by Martin Sheen discovers that many of the people who hike along the Camino de Santiago are seeking greater meaning in their lives. Some see it as a religious or spiritual quest, while others marvel at the insights they discover along the way.

No small number of pilgrims believe a higher power is guiding their journey, and Allen can be counted among them. As she prepared for the final day of her trek — and her arrival in Santiago — she opened up her iPad and found a book open to a page on which a writer described the very same thing.

"Was it divine intervention?" Allen wondered. "I think so. It made my experience when I walked into Santiago much more profound."

When she finally arrived at Santiago's famous cathedral, which officially marks the end of "The Way," Allen attended noon Mass. She was awestruck by the "breathtaking" sight of the cathedral and its chapels.

Allen would have been

excused if she felt melancholy about reaching the end of her journey. But instead she felt elated, reassured by the words of the words of a pilgrim she met along the trail: "Santiago is not the end ... it's only the beginning."



Kim Allen (second from the left) and Judy Refuerzo (far right) pose for photo along the Camino de Santiago in Spain. Allen hiked more than 300 miles along the trail, while Judy Refuerzo walked about 500 miles.

# CABINS

From page 1A

detached from water lines and other utilities. He said a pick-up truck could also move the cabins. "Everything would be designed for a quick break-away," Davis explained.


But Vandevere expressed skepticism that a warning from the National Weather Service would provide adequate notice. He asked for a more detailed evacuation plan that would allow "enough warning so the work [of moving the cabins] can take place."

County hydrologist Jennifer Bodensteiner noted that the property "only experiences inundation during a 100-year flood event."

County counsel Wendy Strimling wondered if the county would be held responsible if guests are moved and flooding never materializes — and she suggested the county be indemnified against a variety of flood-related circumstances. "I think the county is going to need some protection," Strimling suggested. "It's hard to predict the weather."

The planning commission voted unanimously to approve the mobile cabins, with conditions requiring that the evacuation plan be refined and the county be indemnified.



Davis said he's hopeful that construction can begin in the fall, with the cabins ready for guests in the spring.



## Run in the name of Love

### Thank You For Your Support!

**Thanks to the generosity of our sponsors, contributors, and many hard-working volunteers, this year's Sixth Annual Run In The Name of Love on Father's Day exceeded all expectations. All proceeds support JUST RUN, the Big Sur Marathon's youth fitness program. On behalf of Run in the Name of Love, the dedicated committee, the Big Sur International Marathon, and the children who will benefit from your support, thank you.**

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<p>A special thank you to the City of Carmel's Police Department and Activities &amp; Cultural Commission, Carmel Chamber of Commerce, Mayor Steve Dallas, Myles Williams, Dave Trombetta, Omar Yanez, Monterey Firefighters' Association, and the Defense Language Institute</p>			
<a href="http://BSIM.ORG">BSIM.ORG</a>	<a href="http://RUNINTHENAMEOFLOVE.ORG">RUNINTHENAMEOFLOVE.ORG</a>	<a href="http://JUSTRUN.ORG">JUSTRUN.ORG</a>	



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# Home-grown soprano wins international vocal competition

By ELAINE HESSER

‘IT WAS one of the surreal moments of my life,’ said Maggie Finnegan, describing her reaction to winning the 2016 Washington International Competition for Voice on June 19 at the Kennedy Center. The 31-year-old soprano was born in San Francisco and raised in Pacific Grove, and attended Santa Catalina and York schools.

Her first major performance was at age 10, when she starred as Mary Lennox in a production of ‘The Secret Garden’ at Hartnell College’s Western Stage. She continued to perform in local plays and musicals throughout high school, and went on to graduate from the Manhattan School of Music and the Peabody Conservatory. She has performed with the Metropolitan Opera and Los Angeles Opera, among others. Finnegan divides her time between homes in New York City and Boston.

The competition, which is put on by the non-profit Friday Morning Music Club Foundation, is open to singers 18-32 years old. That’s in keeping with the organization’s goal of ‘supporting the education of gifted young musicians.’ Finnegan was selected as one of 18 semi-finalists based on a written application and a recording of herself. After the semi-finals at George Washington University on June 18, there were two baritones and four sopranos left, Finnegan among them.

The finals were judged by conductor David Effron, operatic baritone William Stone, and internationally known mezzo soprano Frederica von Stade. Finnegan said when she got to meet von Stade backstage after the competition, she was left ‘completely feeling giddy.’

Each contestant sang for about 20 minutes, with pieces selected from a repertoire that they submitted to the judges in advance. Finnegan’s performance included compositions by

Mozart, Ravel and Debussy, along with a piece called ‘It’s A Paradoxical Thing’ by Lembit Beecher, who is a fellow York alum. During their days at the school, Finnegan and Beecher appeared together in a production of ‘Kiss Me Kate.’

In addition to taking the \$10,000 first prize, Finnegan won the \$1,000 audience choice award. She said she felt like her performance went well, but that ‘all the finalists were incredible.’ She had prepared herself to be happy with the \$1,000 prize for making it to the finals, so she was in ‘total disbelief’ when she heard her name announced as the winner of the competition.



Soprano Maggie Finnegan grew up in Pacific Grove and had her breakout role at age 10 as Mary Lennox in ‘The Secret Garden.’ Today, she’s celebrating her victory at the Washington International Competition for Voice at the Kennedy Center.

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## Three plays for the price of one at Cherry Center

UNDER THE banner of ‘Dream Butchers,’ Reinaldo Garcia presents a trio of one-act plays Friday, Saturday and Sunday, July 8-10, at the Carl Cherry Center for the Arts.

In the first play, ‘Low and Inside,’ actor Ron Genauier plays a baseball umpire ‘on the worst day of his life as he vents his rage to a sports bartender.’

The second play, ‘Hunger,’ looks at what happens when a sheep and a wolf meet on the edge of a cliff. Jason Roeder plays Loopy the Wolf, while Mindy Whitfield portrays Harriet the Sheep.

In the final play, ‘Let Me Look At You,’ a married, middle-aged stalker pursues a Pacific Grove actress. The piece showcases the talents of Jeffrey Heyer.

Showtime is 7:30 p.m. Friday and Saturday, and 2 p.m. Sunday. Tickets are \$20. The Cherry Center is located at Fourth and Guadalupe. Call (831) 624-7491.

Also playing this week is PacRep’s ‘Mary Poppins,’ which continues Fridays, Saturdays, Sundays and Thursdays, at the Golden Bough through July 24.

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(408) 605-0621 or [fatherion@gmail.com](mailto:fatherion@gmail.com)  
Full schedule: <http://www.stjohn-monterey.org/>

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Sunday**  
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9:30AM | Traditional [www.carmelpres.org](http://www.carmelpres.org)  
11:00AM | Contemporary Corner of Ocean & Junipero

**YARD SALE**  
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**FRI-SAT-SUN**  
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# THIS WEEK

ENTERTAINMENT • ART  
RESTAURANTS • EVENTS

## Food & Wine

July 8-14, 2016

CARMEL • PEBBLE BEACH • CARMEL VALLEY & THE MONTEREY PENINSULA

### SINGER BLENDS GENRES AT BENEFIT, SUMMER MUSIC RETURNS TO PLAZA

**BEFORE** HE embarks on a tour that will take him to Canada, Australia and China, singer **Emile Welman** will play a fundraising concert Saturday, July 9, at Folktale Winery in Carmel Valley.

A member of the South Africa vocal group Overtone, Welman went solo three years ago. He told The Pine Cone at the time that he wanted “to make jazz cool again” by updating it with hip-hop.

After working on his music for the past three years — and recording 30 songs — Welman is ready to make his mark on the music world. He described his sound as “a combination of Frank Sinatra and Kanye West.”

“What’s been tricky is finding perfect blend of jazz, swing hip-hop and pop,” he explained. “I never wanted to be an artist who sounds like someone else. I want to make sure what I do makes an impact and fuses those genres.”

Welman said he’s in talks now with Capitol Records to release at least some of his new music on a full-length album.

When he performs at Folktale Winery Saturday, Welman will be backed by pianist and singer **Gabe Roland**, whom he

described as “a mind-boggling talent who hasn’t exploded yet.”

He will also be joined on stage by Dina Eastwood, who will serve as co-host of the event. It was Eastwood who pro-

“The reason I’m doing show is for charity,” he added. “As a singer-songwriter who’s managed to carve out a career in music, it’s important for me to give to those who are less fortunate.”

Showtime is 6 p.m. The winery is located at 8940 Carmel Valley Road. Call (831) 293-7500.

### On A High Note

By CHRIS COUNTS

moted Overtone and helped launch their career in the United States. Welman also credits her with being supportive when he decided to go solo.

“Dina said, ‘Go and spread your wings and learn how to fly,’” he recalled, “She still keeps an eye out for me and makes sure I’m on the right track.”

Proceeds from the show will benefit the Voices for Children foundation, which advocates for abused, abandoned, and neglected children in court.

### Let the party begin

Live music returns July 8 to Carmel Plaza when **The Money Band** plays in the courtyard.

“It’s summertime, and our ‘Summer Live Music Series’ is back in full swing starting Friday,” declared **Martha Torres** of Carmel Plaza. “Each Friday evening, the plaza will be filled with a vibrant, danceable atmosphere.”

For the Money Band’s lead singer, **Zoe Alexander**, Carmel Plaza provides an intimate setting for the band to reconnect with fans and introduce their music to a new audi-

See **MUSIC** page 24A



(From the left) Singer and guitarist Javier Sanchez plays Spanish and Mexican music Friday in Carmel Valley. The Money Band kicks off a summer music series Friday at Carmel Plaza. Singer-songwriter Robert Elmond takes the stage Thursday in Monterey. Singer Emile Welman plays a fundraiser Saturday in Carmel Valley.

	<b>DR. JOHN AND THE NITE TRIPPERS</b> July 22 8:00 PM		<b>THE MAVERICKS</b> September 18 8:00 PM
	<b>MICHAEL MCDONALD</b> August 3 8:00 PM		<b>IRIS DEMENT &amp; LOUDON WAINWRIGHT III</b> September 22 8:00 PM
	<b>THE MONKEES</b> - GOOD TIMES: THE 50TH ANNIVERSARY TOUR August 5 8:00 PM		<b>NICK OFFERMAN &amp; MEGAN MULLALLY</b> September 23 8:00 P.M.
	<b>AMI VITALE - RHINOS, RICKSHAWS, &amp; REVOLUTIONS</b> August 17, 7:00 PM		<b>TRACY MORGAN</b> September 30 8:00 P.M.
	<b>KATHLEEN MADIGAN</b> September 10 8:00 P.M.		<b>ANJELAH JOHNSON</b> Oct 9 • 8:00 P.M.
	<b>ART GARFUNKEL:</b> In Close-Up September 15 8:00 P.M.		<b>COMEDIAN LEWIS BLACK</b> Dec 9 • 8:00 PM

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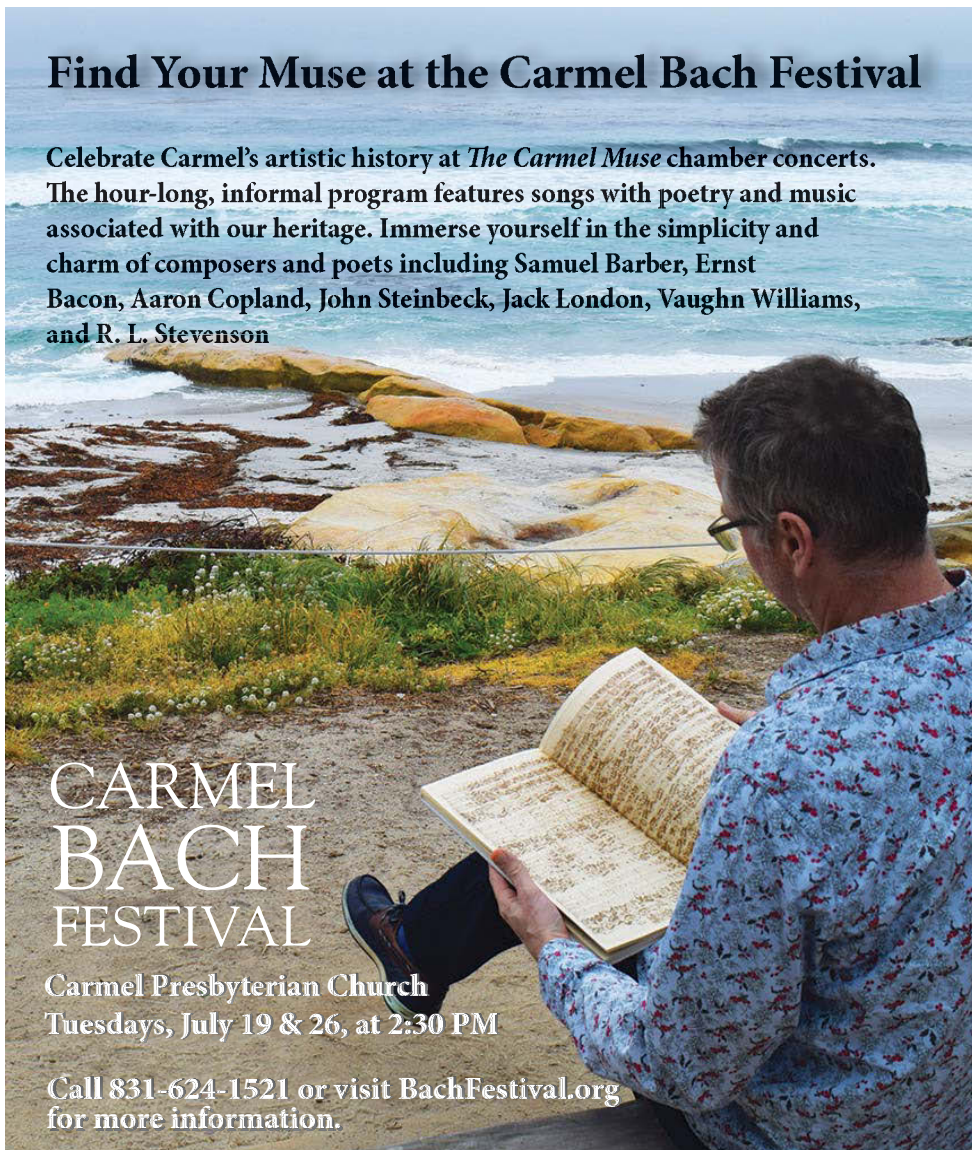
### Find Your Muse at the Carmel Bach Festival

Celebrate Carmel’s artistic history at *The Carmel Muse* chamber concerts. The hour-long, informal program features songs with poetry and music associated with our heritage. Immerse yourself in the simplicity and charm of composers and poets including Samuel Barber, Ernst Bacon, Aaron Copland, John Steinbeck, Jack London, Vaughn Williams, and R. L. Stevenson

### CARMEL BACH FESTIVAL

Carmel Presbyterian Church  
Tuesdays, July 19 & 26, at 2:30 PM

Call 831-624-1521 or visit [BachFestival.org](http://BachFestival.org) for more information.



## Chefs cook for kids, Cogley channels Russia, and PigWizard meets Firestone

A TRIO of Monterey Peninsula chefs converged on the Kinship Center in Salinas last week to show off their skills — not to a group of the center's supporters at a fancy fundraiser, but to the kids themselves. The center helps connect abused, neglected and abandoned children of all ages with foster parents and permanent families, and also provides therapeutic and mental health services. Last year, the agency helped finalize more than 110 adoptions and supported hundreds of kids in foster care, while also providing therapy for many more.

Last Wednesday, they got a glimpse of what it's like to be a professional chef and learned some tricks for the garden and the kitchen from Rio Grill chef Cy Yontz, chef Tony Baker of Montrio Bistro, and chef Todd Fisher from Tarpy's Roadhouse. The trio of restaurants overseen by managing

partner Tony Tollner is committed to supporting the Kinship Center this year — an effort that began with the Rio Resolution Run on New Year's Day.

So last week, the chefs got their hands dirty showing some of the Kinship Center kids how to plant tomatoes, lettuce, carrots, peppers and other garden veggies they use in their kitchens. The fun continued as they shared some tools of the trade while preparing a three-course lunch for the children and their families.

The three men will also help support the center at its White Party Gala Benefit Sept. 24, set to be held in the Pebble Beach home of Patricia Garrett, when they prepare an elaborate dinner to be paired with wines from Bernardus Winery and Scheid Vineyards. The event will include a hosted martini bar from liquor distributor Southern Wines and Spirits, silent and live auctions, and live music.

The benefit will support the center, which helps 2,500 children each year, "mostly those whom many others consid-

er too difficult: severely traumatized children, older teenagers, children with disabilities, large sibling groups, and drug-affected infants," according to Kinship staff. "Every child deserves a family, and Kinship Center makes it hap-

### soup to nuts

By MARY SCHLEY

pen."

For more information, call (831) 455-4723 or go to [www.whitepartymonterey.com](http://www.whitepartymonterey.com). Tickets go on sale July 15.

### ■ From Russia, with love

Justin Cogley, executive chef at Aubergine restaurant in L'Auberge Carmel, will feature the ancient and contemporary cuisine of Russia during a special four-course dinner Tuesday, July 12.

Cogley, who spent last week cycling from Carmel to Santa Barbara in the Chefs Cycle for No Kid Hungry event that raised more than \$1 million, said he chose Russia because the country has a lot of food history — and it's fun.

"I catered a few Russian weddings in Chicago, and they were always really fun," he said. A sneak peek at the menu reveals caviar, king salmon, "and our version of an upscale beef stroganoff." Each dish will be paired with wine, and the cost to attend is \$110 per person, plus tax and service charge. The restaurant is located in L'Auberge Carmel at Monte Verde and Seventh.

Speaking of Aubergine, which is currently ranked No. 1 in USA Today's online list of best hotel restaurants in



PHOTO/ELAINE HESSER

Sometimes, it's OK to have dirty hands. Executive chefs (left to right) Tony Baker (Montrio Bistro), Todd Fisher (Tarpy's Roadhouse) and Cy Yontz (Rio Grill) spent a few hours gardening and cooking with kids at the Kinship Center in Salinas.

*Continues next page*

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FOOD & WINE

From previous page

the country and came in at No. 13 in the Opinionated About Dining poll, owner David Fink said Wednesday that highly regarded pastry chef Yulanda Santos is joining the kitchen there.

“My pastry chef for nine years, Ron Mendoza, has departed, and I can’t ask for more than what he gave us,” said Fink.

When Santos heard about the job opening at Aubergine, she reached out, according to Fink. “There are only two places she wanted to work, Post Ranch or Aubergine, and she had been at Post Ranch for the last several years,” he said. “She really wanted to work with Justin and jumped at the opportunity.”

Fink said he’s excited to see how she thrives at his little Relais & Chateaux restaurant and hotel, which has “an incredible bread program, an incredible breakfast program — and then the desserts at night.”

“We’re just thrilled,” he said, adding that he’s also grateful that “Aubergine continues to get recognized among the best of the best in the USA dining scene.”

■ Pork + Beer = Yum

PigWizard’s sensational pork products and Forage to Pantry’s preserves will be showcased alongside new and rare

beers from Firestone Walker Brewing during two popup dinners at Osio Theater in downtown Monterey Friday and Saturday, July 22-23.

The dinners, which may vary slightly based on what ingredients are available, will feature four newly released Firestone beers: Luponic Distortion #002 (part of a limited series of special hop-oriented beers), DBA “on nitro,” a 2016 release called Stickee Monkee, and STiVO Keller Pils, a very limited-production beer that marks the first collaboration between Firestone Walker and Russian River Brewing.

While the PigWizard, aka Jonathan Roberts, has become well known for his fantastic pig roasts and other tasty creations, his wife, Nicole Romero, is just beginning to emerge on the market with her own business, Forage to Pantry. Using fruit and produce grown in their own Carmel Valley garden and foraged from other areas around the county, Romero has developed a creative line of jams, jellies, preserves, pickles and chutneys. Her new Aztec Blueberry jam, for instance, includes fresh and dried chilies, dark cocoa powder, cilantro and a touch of cinnamon and lime zest.

Roberts and Romero are both detail oriented and very particular about what they make and share, so rest assured, the dinner will be up to their high standards. The menu for both evenings includes charcuterie platters (DBA rilette, Sucaba mortadella, Wookey Jack salami, Stickee Monkey pate, Pivo mustard, and fig and plum agrodolce) served with Stivo

Hellas Lager; “Fried” Ravioli & Spinach Salad (pork-rind-coated and baked ravioli filled with salumi and housemade ricotta, spinach salad, strawberry lavender preserve, Pivo Pils vinaigrette) served with Luponic Distortion #002; Blistered Pork Belly (DBA & ancho chili marinated pork belly, confit in bacon fat, warm Aztec Blueberry jam, DBA barley risotto and pickled guindilla peppers) served with Nitro DBA; and Stickee Toffee, Stickee Monkee (Stickee Toffee pudding with dried figs, grilled apricot and lemon preserve, Stickee Monkee caramel sauce and foie gras whipped cream.”

The cost to attend is \$85 per person, which includes a ticket to a movie at the recently reopened Osio Theater. The evening will also feature a popup market in Café Lumiere featuring PigWizard and Forage to Pantry products.

See FOOD page 25A

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**FREE PARKING** for Monterey county locals. Must show ID w/ 939 zip code. Cannery Row Garage - everyday after 4pm. Fisherman's Wharf - 2 hours Mon. - Thurs. Courtesy of The City of Monterey. Locals specials not available on holidays or for take out. This special menu is limited to "939" zip code residents & Military I.D., for up to 8 people at Scales & Fish Hopper or 6 people at Old Fisherman's Grotto. Valid Monday through Thursday. Please present Monterey county or Military ID.

# MUSIC

From page 21A

ence. "It's one of our favorite events of the year," he said. "It's really cool."

And just as they do each year, the Money Band will open and close the series, which continues through Aug. 26. The rock 'n' roll cover band has a devoted local following.

"People just love them," Torres said. "They've won best band year after year."

The 'Party in the Plaza,' which continues through the end of August, also showcases local restaurants and vintners. This Friday, Anton & Michel will serve small bites, while Wrath and Bernardus will pour wine.

The music begins at 5 p.m. Entry is free, but food and wine tickets cost \$15.

## Live Music July 8-14

**Barmel** — guitarist **Peter Jong Chang** (rock/fusion, Friday at 7 p.m.); **Herod, Paine & Proskin** (jazz, Saturday at 7 p.m.); and singer-songwriter **Jeannie Wooster** (Thursday at 7 p.m.). San Carlos and Seventh, (831) 626-3400.

**Bay of Pines** restaurant in Monterey — **Kiki Wow** and friends (pop and rock, Saturday at 7 p.m.); and singer-songwriter **Robert Elmond** (country, Thursday at 7 p.m.). 150 Del Monte Ave., (831) 920-3560.

**Big Sur River Inn** — **Along Came Betty** (jazz, Sunday at noon). On Highway 1 24 miles south of Carmel, (831) 667-2700.

**Cibo Ristorante Italiano** in Monterey — **Victory Lane** (classic rock, Friday at 9 p.m.); **Pacific Groove** (classic rock, Saturday at 9 p.m.); singer **Dizzy Burnett** (jazz, Sunday at 7 p.m.); singer **Lee Durley** and pianist **Joe Indence** (jazz and swing, Tuesday at 7 p.m.); **Andrea's Fault** (Wednesday at 7 p.m.); and **The Ben Herod Trio** (swing and jazz, Thursday at 7 p.m.). 301 Alvarado St., (831) 649-8151.

**Cooper's Pub & Restaurant** in Monterey — **Sure Thing** (rock, Friday at 9 p.m.); and **Mojo Banditos** ('funked-up classic rock,' Saturday at 9 p.m.). 653 Cannery Row, (831) 373-1353.

**The East Village Coffee Lounge** in Monterey — **Darin E., Cowboy Starr Project** and **Kenny Chung** (Friday at 7:30 p.m.); and **Tipperary** (Celtic, Saturday at 7:30 p.m.). 498 Washington Ave., (831) 373-5601.

**Fernwood Resort** in Big Sur — **Songs Hotbox Harry Taught Us** ('Big Sur country,' Saturday at 9 p.m.). On Highway 1 25 miles south of Carmel, (831) 667-2422.

**Folktale Winery** in Carmel Valley —

singer and guitarist **Javier Sanchez** (Spanish & Mexican, Friday at 4:30 p.m.); **Andrea's Fault** (Saturday at 4:30 p.m.) and singer **Emile Welman** (jazz and r&b, Saturday at 6 p.m.); and guitarist **John Sherry** (blues, rock and jazz, Saturday at 4:30 p.m.). 8940 Carmel Valley Road, (831) 293-7500.

**Hyatt Regency Monterey Hotel and Spa** in Monterey — clarinetist **Nik Bortolussi** with **The David Morwood Jazz Band** (Friday at 7 p.m.); and singer **Laurie Hofer**, guitarist **Mike Lent** and drummer **David Morwood** (jazz, Saturday at 7 p.m.). 1 Old Golf Course Road, (831) 372-1234.

**The Inn at Spanish Bay** in Pebble Beach — **The Jazz Trio** featuring pianists **Bob Phillips** or **Bill Spencer** (jazz, in the lobby, Friday at 7 p.m.); **The Jazz Trio** featuring pianists **Bob Phillips** or **Bill Spencer** (jazz, in the lobby, Saturday at 7 p.m.); singer-songwriter **Bryan Diamond** (in the Traps Lounge, Friday and Saturday at 9 p.m.); and **The Dottie Dodgion Trio** (jazz, Thursday at 7 p.m.); also, a bagpiper plays every evening "around 6 p.m." 2700 17 Mile Drive, (831) 647-7500.

**Julia's** restaurant in Pacific Grove — singer-songwriter **Vincent Randazzo** (Monday at 7 p.m.); singer and guitarist **Rick Chelew** (Tuesday at 7 p.m.); mandolinist **Dave Holodiloff** ("bluegrass and beyond," Wednesday at 6 p.m.); and singer-songwriter **Buddy Comfort** (Thursday at 7 p.m.). 1180 Forest Ave., (831) 656-9533.

**Lucia Restaurant + Bar** at Bernardus Lodge in Carmel Valley — pianist **Martin Headman** (jazz, Friday and Saturday at 7 p.m.). 415 Carmel Valley Road, (831) 658-3400.

**Mission Ranch** — singer and pianist **Maddaline Edstrom** (jazz and pop, Friday, Saturday and Sunday at 7 p.m.); and pianist **Gennady Loktionov** (jazz, Monday through Thursday at 7 p.m.). 26270 Dolores St., (831) 625-9040.

**The Pacific Grove Art Center** — Open Mic Night (Friday at 7 p.m.). 568 Lighthouse Ave., (831) 375-2208.

**Pierce Ranch Vineyards Tasting Room** in Monterey — **GUIDES, Strawberry Girls** (rock, Friday at 8 p.m.); and **The Steve Abrams Trio** (jazz, Thursday at 7:30 p.m.). 499 Wave St., (831) 372-8900.

**The Sunset Lounge** at Hyatt Carmel Highlands — singer **Neal Banks** and guitarist **Steve Ezzo** (pop and rock, Friday at 7 p.m.); and singer and pianist **Dino Vera** (jazz, blues and r&b, Saturday at 7 p.m. and Thursday at 6 p.m.). 120 Highlands Drive, (831) 620-1234.

**Terry's Lounge** at Cypress Inn — singer and pianist **Dino Vera** (jazz, blues and r&b,

The Mojo Banditos play "funked-up classic rock" Saturday at Coopers Pub and Restaurant in Monterey.



Friday at 7 p.m.; pianist **Gennady Loktionov** and singer **Debbie Davis** (cabaret, Saturday at 7 p.m.); **Andrea's Fault** (jazz and blues, Sunday at 11 a.m.); guitarist **Richard Devinck** (classical, Sunday at 5 p.m.); and singer **Lee Durley** and pianist **Joe Indence**

(jazz, Thursday at 6 p.m.). Lincoln and Seventh, (831) 624-3871. Lincoln and Seventh, (831) 624-3871.

**The Trailside Cafe** in Carmel Valley — **Andrea's Fault** (jazz and blues, Friday at 6 p.m.) 3 Del Fino Place, (831) 298-7453.

# CALENDAR

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**Ongoing - Friends of Harrison Memorial Library are accepting book donations** for their Annual Book Sale to be held August 11-13, 2016. Book donations can be dropped off at the Friends Book Room every Tuesday from 10 a.m. to 12 p.m. Sunset Center's Lower Level, San Carlos and 10th Ave. For information call (831) 224-4663.

**Ongoing - Gallery Closing & Liquidation:** William Eatmon, internationally recognized artist, is closing his Gallery due to construction. 30-50% reduction on all original art. Artwork includes: Abstract, COSMOS, Earth, Jazz Masters, Pointillism, Quantum Physics, Religion, Sailing, Surrealism, Sea. All must go! Open Tuesday-Sunday, 12-5 p.m. Carmel Plaza #304. [Weatmon.artspan.com](http://Weatmon.artspan.com), (831) 419-9001.

**July 8-10 - 59th St. Mary's Antiques & Collectibles Show**, Friday & Saturday, 10 a.m. to 5 p.m., Sunday 11 a.m. to 4 p.m. Fine antiques, collectibles, vintage clothing and jewelry, food, live music, tours of the historic 1887 church, thrift shop, and a silent auction. 146 12th Street (at Central) in Pacific Grove. \$5 donation. (831) 373-4441.

**July 8-28 - Bach Fest Hors d'oeu-**

**vre packages available from Baum & Blume Catering.** Attending this year's Bach Festival with friends? Now taking orders for Special Bach Festival Hors d'oeuvre Packages. Easy entertaining! Call (831) 659-0400 for information & pricing. Baum & Blume, 4 El Caminito, Carmel Valley. Delivery available.

**July 8 - Carmel Plaza Summer Live Music Series** Join us for a free two-hour live entertainment, held in the garden courtyard of Carmel Plaza. Friday, July 8, 5 to 7 p.m. the Plaza is filled with music from The Money Band. With savory appetizers from Anton & Michel, wine tasting provided by Wrath Wines and Bernardus. Event is free. Package \$15 for food & drink. (831) 624-1385. Stores open until 7 p.m. [www.carmelplaza.com/events](http://www.carmelplaza.com/events) Ocean Ave. & Mission.

**July 11-15 - Free Vacation Bible School.** This summer we will hold VBS at St. John's Chapel with our sister parish, San Pablo, Apostol, from July 11-15, 9 a.m. to noon. This year's theme is "Egypt: Joseph's Journey from Prison to Palace." Call for more information (831) 375-4463 or go to our website [stjohnschapel.com](http://stjohnschapel.com) for online registration.

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# FOOD

From page 23A

Dinner will be served family style starting at 6:30 p.m., but guests who want to sit outside should arrive earlier, around 6. The market will run from 8 to 9 p.m., and the films that night start at 8:30 and 9.

The Osio Theater is located at 350 Alvarado St. in Monterey. Visit eventbrite.com for tickets to either dinner.

## ■ El Jefe tequila onstage

Surf 'N' Sand owner Ryan Sanchez' El Jefe tequila, which debuted a few years ago after he began working with small producers in Amatitán, Mexico, to produce the traditional liquor the old-fashioned way, will enjoy being at center stage at two major sporting events this weekend: the World Superbike motorcycle races at Mazda Raceway Laguna Seca, and in the boxing ring at the Tachi Palace Hotel and Casino in Lemoore.

Sanchez said his tequila, which took third place out of 50 tequilas at the Monterey Bay Tequila Fest, is already available nationwide and had 200 accounts by the end of its first month in distribution. With its logo and drinks available at two large events, he expects the attention and popularity to grow for El Jefe, which he described as "traditional, but appealing to American palates," as it is "smooth, deep, complex and sippable straight, and outright amazing in mixed drinks."

El Jefe is the official tequila for Mazda Raceway Laguna Seca, with three bars throughout the racetrack, and the SBK Lounge area inside the paddock, and in the boxing ring, El Jefe will appear on fighter Jose Ramirez' shorts and robe, as well as on the ring canvas.

While locals can attend the races and sip El Jefe drinks in person, they will also air on cable television. The fight, meanwhile, will be on UniMas, and Sanchez said the Monterey County watch party will be held at new Sebastian's Restaurant in the Monterey Tides Hotel starting at 7:30 p.m. Saturday, July 9, with El Jefe drinks and additional food specials available.

## ■ New Bernardus cocktails

Lucia Restaurant & Bar in the Bernardus Lodge in

Carmel Valley has revealed a new line of seasonal cocktails. Complementing chef Cal Stamenov's sensational but casual fare are 10 refreshing summertime offerings with "a garden-to-glass focus pulling on the property's fresh mint, raspberry, blueberry, cucumber and fava."

Inspired by the late Prince, Purple Rain and Raspberry Beret are two vodka-based drinks, while local favorite Waking of the Dead, "delivers a subtle punch," as it's made with Far North "Solweig" Gin, St. Germain elderflower liqueur, Absinthe Verte, fresh lime and muddled fava.

The Valley Julep is a twist on the Kentucky Derby classic,

with Jameson Irish Whiskey, Angostura Bitters, ginger ale, fresh lime and garden mint, and the Short Sale combines Vago "Espadin" mescal with Lillet blanc, agave syrup, grapefruit and a squeeze of lime.

Finally, the mysterious Lady that Vanishes is a mix of Hendrick's Gin, St. Germain, green Chartreuse and muddled cucumber.

The cocktails are \$15 apiece, and the bar also offers mocktails and an eclectic wine list. Lucia is located in the lodge at 415 W. Carmel Valley Road. Visit www.bernarduslodge.com for more information.



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DOMENICONI

# Editorial

## The left changes course on no growth

A COUPLE of weeks ago, we told you about Gov. Jerry Brown's legislative initiative to make it very difficult for cities and counties to turn down permits for affordable housing projects — a proposal which, if fully implemented, could result in thousands of new apartments and townhomes being built around the Monterey Peninsula over the next 20 years. Crazy? Of course.

But if you thought Brown's plan was so far out there it didn't even bear worrying about, you need to take a look at the front page of the July 4 edition of the New York Times.

The Times, of course, is a must-read for anybody who wants to keep up with what people on the far left end of the political spectrum are thinking. Decades ago, the newspaper at least pretended to be an objective news outlet, but lately the Times has indisputably become a bible of progressive talking points.

Thus, that July 4 front page story showed that Brown definitely isn't alone in his sudden turnabout on "no growth" housing policies.

Headlined, "How Anti-Growth Sentiment, Reflected in Zoning Laws, Thwarts Equality," the story was datelined Boulder, Colo., but could just as easily have been from Carmel Valley or Pebble Beach.

Boulder, the newspaper said, is a great place to live, and "not surprisingly, a lot of people want to move here." Also not surprising, the Times continued, is the fact that "many people who already live in Boulder would prefer that the newcomers settle somewhere else."

The story, written by reporter Conor Dougherty, went on to describe how Boulder's residents launched an aggressive "no growth" movement to prevent the construction of new housing and protect their quality of life and the local environment — a political phenomenon everybody who lives in the Monterey Peninsula is deeply familiar with.

However, "a growing body of economic literature suggests that anti-growth sentiment, when multiplied across countless unheralded local development battles, is a major factor in creating a stagnant and less equal American economy," the Times' story continued.

Inequality, of course, is the "defining issue of our time," according to President Barack Obama — which is to say, in the president's view, it's the most important thing to solve. And the person who may very well be his successor, Hillary Clinton, regularly expresses the same sense of urgency about the government reducing or eliminating economic inequality.

Before the Times' story linking inequality to no-growth movements, most of the solutions to inequality everybody was talking about were familiar things like raising taxes on the "one percent," increasing the minimum wage, and offering low-income people more generous government benefits such as food stamps, housing subsidies and the Earned Income Credit.

But now, a whole new front in the war on inequality has been opened — a front that involves taking control over development away from city councils and boards of supervisors, and handing it to higher-ups who think they know better about what the nation's cities and counties need.

And where will the people who know better on these issues turn their "build more housing" focus first? You can bet it will be some of the country's most desirable and wealthiest communities — places like Boulder, Colo., and, of course, the place where you're reading this.

Just thinking about this policy shift is difficult, but seeing it implemented is going to be a real shock.

## BEST of BATES



## Letters to the Editor

The Pine Cone encourages submission of letters which address issues of public importance. Letters cannot exceed 350 words, and must include the author's name and home town. The Pine Cone only accepts letters to the editor by email. Please submit your letters to mail@carmelpinecone.com

### 'Let's all hold hands'

**Dear Editor,**  
Congratulations to Mayor Steve Dallas and the city council members who worked hard to find a compromise solution to the beach fire issue.

Dallas, Bobby Richards, and Jan Reimers all promised during their campaigns for public office to support a compromise of limited beach fires not built directly on the sand, including an added propane component. These promises were clearly stated in their campaign materials and public forums. Many people endorsed and made campaign contributions to these candidates based on this single issue. Current councilmember Carrie Theis also stated publicly during the election season that she was in favor of a compromise.

Newly appointed council member Carolyn Hardy, who was known to support the compromise concept, also voted in favor of the program.

The proposal included a maximum of 12 city-supplied fire rings placed along our 1-

mile long beach, with unlimited user-supplied propane devices allowed also. At the June 6 council meeting the vote was 5-0 in favor, yet because of a technical posting error the item had to be heard again on June 27. At that meeting, there was no new evidence or data presented, yet Jan Reimers oddly did change her vote to a "No," thereby establishing the first flip-flop of the year.

After approximately 24 public hearings and workshops on beach fires and hundreds and hundreds of staff hours and countless front page articles we've found our compromise.

Now let's all "hold hands" and move on to other equally important and pressing city issues.

**Richard Pèpe, Carmel**

### City council's 'idiocy'

**Dear Editor,**  
I eagerly attended the June 30 council meeting, anticipating it would be anything but routine. Certainly not routine was council member Jan Reimer's courageous and candid confession that she had been subject to what sociologists call "groupthink" when she voted on June 6 "under pressure and to be a good member of the team."

As described in The Pine Cone, she proposed a new motion permitting only propane fires while the city researched the feasibility of portable wood-burning devices. Missing in The Pine Cone coverage was a critical evaluative element in her proposal: This research would include a cost-effectiveness and air-quality analysis regarding these

See LETTERS page 30A

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PUBLISHED EVERY FRIDAY

Vol. 102 No. 28 • July 8, 2016

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### The Carmel Pine Cone

was established in 1915 and is a legal newspaper for Carmel-by-the-Sea, Monterey County and the State of California, established by Superior Court Decree No. 35759, July 3, 1952

# NEED SOMETHING DONE? TELL THIS COUPLE THEY CAN'T DO IT.

FOR KARL Anderson, hearing that someone thought he and his wife Lori were sure to fail was all the motivation he needed.

The couple came here from Southern California in 2009, thinking that they were going to buy an existing veterinary practice. Karl brought his memories of happy childhood vacations in Asilomar, while Lisa's best friend lived in Carmel Valley, so the move seemed natural.

The deal was that they'd cover for the practice's owner for five weeks while he took a vacation, and then take over permanently. When the owner returned, however, he backed out for reasons that are still unclear. Adding insult to injury, he gave them this warning: "Karl, you and Lori aren't going to make it in Monterey."

To make matters worse, they were involved in a real estate deal that went awry in a big way. They lost almost all of their savings and were left with barely enough to live on for one or two months.

The two were newly engaged and in a moment that would decide their future, Karl said the difficult circumstances "galvanized us as a couple." They opened a mobile veterinary practice and pounded the pavement, handing out business cards and picking up clients largely by word of mouth.

They became friends with the owners of Mid-Valley Animal Hospital and in 2010 when they decided to retire, they sold the business to the Andersons. The Andersons' clients from the mobile practice stuck with them at their new location, and they've been successful ever since.

Karl, now 55, had always loved animals, and as a child, imagined himself as a veterinarian. When he got to college, however, he found the time commitment necessary to achieve his dream intimidating. Instead, he became a biochemist who worked on cleaning up petroleum fields. At 35, after being laid off from that job, he decided it was time to invest in himself and went back to his alma mater, UC Davis, to become a veterinarian. He's been practicing since 2001.

Lori, now also 55, divided her time growing up between her family's home in Newport Beach and their 100-acre ranch in El Toro, working with pigs, cows, sheep and horses. She recalled bringing home all kinds of strays, often over her mother's objections, and occasionally concealing critters like her beloved Myrtle the Turtle in her bedroom.

At 24, a friend asked Lori to look after and exercise her Peruvian Paso horse. She fell in love with the beautiful breed, which is uncommon in the United States. For 20 years, she made a career of raising, training

and showing the horses, including riding them in some Rose Parades.

As one of the first women to show Peruvian Pasos, Lori was outright rejected by her male competitors, who showed their disdain by surreptitiously hitting her horses with whips and kicking them as they passed each other in the ring. The horsemen underestimated Lori, a fighter who didn't hesitate to kick them right back. Over time, she earned their respect and friendship and became, as she said, "part of the family."

Her interests led her to a job as a veterinary assistant in an equine clinic, and she later went back to school to earn her license as a registered veterinary technician.

She met Karl met while working at a veterinary practice in Southern California. Lori said that when their becoming a couple made the office uncomfortable, they pursued other options. That's when they decided to make the move to Carmel Valley, which, despite their initial obstacles, turned out to be a dream come true.

In the long run, they hope to open a clinic where they can rehabilitate rescued wildlife.

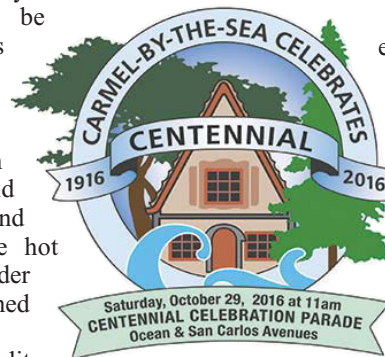
The Andersons have two major passions outside of work — cars and golf. During Car Week, they take time off to enjoy the events and indulge automotive fantasies. Karl said his "car du jour" is a 1966-67 Sunbeam Tiger convertible, a sporty little number that Carroll Shelby helped design.

For golf, they enjoy Poppy Hills, Carmel Ranch and Quail. This summer they're excited to play Tehama for the first time, while Pebble remains a "one day" dream. Of the P.G. public course, Lori said, "It's hard!" She joked that on the back nine, "you need a shovel" if you get into the sand.

The Andersons said their original aim in taking over the hospital was to create a place where they could have personal relationships with their clients — a real family practice. They're happy to have reached that goal.

## Great Lives

By ELAINE HESSER and OLIVIA LANCTOT



# Centennial Committee reveals details of post-parade luncheon

By THE CARMEL CENTENNIAL COMMITTEE

WHILE THE Carmel Centennial Celebration Parade on Saturday morning, Oct. 29, has been making news of late, including last week's announcement that Clint Eastwood will serve as the Grand Marshal, the post-parade luncheon for 500 at Sunset Center promises to be an event not to be missed.

Lunch tickets will be available after Labor Day at Carmel City Hall and other locations to be announced. Adult tickets will be priced at \$15 each, and the menu will consist of barbecue tri-tip and chicken, green salad, potato salad and fruit. Youths 5 years and under will receive free hot dogs. Ticket prices for older children will be announced later.

To ensure that the quality of the luncheon is top-notch, Ray LeMaire — highly regarded director of food and beverage at Santa Lucia Preserve — and his team will be preparing it. LeMaire, who has been with The Preserve for nine years and was recently promoted to his current position, oversees management of the golf clubhouse as well as Ranch Club fine dining, the pool grill and member events.

### Centennial Merchandise

Previously only available online, Centennial merchandise may now be purchased at the Carmel-by-the-Sea Certified Farmers' Market from 10 a.m. to 2 p.m. Thursdays on Sixth between Junipero and Mission (behind Devendorf Park). Selected items also may be purchased at the Chamber of Commerce's Visitor Center on San Carlos between Fifth and Sixth; it is open from 10 a.m. to 5 p.m. weekdays.

### Parade Nuggets of Note

When the town's former mayor (1986-88), Clint Eastwood, plays the role of Grand Marshal in the Centennial Celebration Parade, he will be riding shotgun on the Wells Fargo Stagecoach. We couldn't be more thrilled that he's available on Oct. 29 despite his ever-busy schedule.

As The Pine Cone noted last week, "the

City Council authorized a \$48,000 contract with Rose Parade float builders Fiesta Floats" to construct the parade's six floats. That contract's entire amount will be absorbed by six local sponsors, including The Pine Cone, who have stepped up to underwrite the tab.

The parade route will start on Junipero and Sixth, take a right turn on Ocean Avenue, proceed to Monte Verde where it will make a U-turn, go back up Ocean, and take a right turn on San Carlos before ending in front of Sunset Center.

Special viewing with bleacher areas will be set up to accommodate some 600 spectators. There will be many other prime viewing areas along Ocean and San Carlos.

### Calendar of Events

Special events taking place before our next column (Aug. 12) include:

**Friday, July 8, to Saturday, July 17 — "The Borrowers-The Musical,"** at the recently reopened Outdoor Forest Theater, Mountain View and Santa Rita. See website for dates/times. [www.foresttheaterguild.org](http://www.foresttheaterguild.org).

**Saturday, July 16 (begins six-week run), 11 a.m. to 4 p.m. weekdays — "From The Vault: Forest Theater Poster Art."** Prominent collection of original Forest Theater poster art on exhibit at Cherry Center for the Arts, Guadalupe and Fourth. Runs through Aug. 26; free to the public. Opening reception: 5 to 7 p.m., Friday, July 15. [www.carlcherrycenter.org](http://www.carlcherrycenter.org).

**Saturday, July 16 (begins 15-day run) — Carmel Bach Festival's 79th season,** Sunset Center. See website for calendar/tickets. [www.bachfestival.org](http://www.bachfestival.org).

**Friday, July 22, 5 to 8 p.m. — Summer Fiesta Garden Party,** La Playa Carmel, Camino Real and Eighth. Food, wine, live music and more. Visit [www.carmelbytheglass.com](http://www.carmelbytheglass.com).

**Friday, Aug 5, 5 to 7 p.m. — Free guided tour of stained glass windows and gardens** at Church of the Wayfarer, Lincoln and Seventh. Tours begin on the half hour. [www.churchofthewayfarer.com](http://www.churchofthewayfarer.com).

The Centennial website — [www.CarmelCentennial.com](http://www.CarmelCentennial.com) — features a list of all the related events, a history timeline, FAQs, merchandise for sale, and contact information.



Lori and Karl Anderson, seen here with pals Bella and Conan, are the proud owners of the Animal Hospital at Mid-Valley, but it almost didn't turn out that way. Fortunately, they chose to use criticism as inspiration to achieve their dream.

PHOTO/CINDY & GEORGE MCCULLOUGH

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# REFUNDS

From page 8A

facilities, who would derive no benefit whatsoever from this mandate," according to an argument Erickson made at a June hearing before the State Assembly Committee on Human Services.

Davis refuted the provider's arguments in his letter to Brown.

"There has been no evidence submitted in the last two years to back this argument," said Davis, an attorney. "This has been used as a scare tactic on current residents."

The California Continuing Care Residents Association, which represents more than 30,000 residents of continuing care facilities, is among the groups supporting the proposed legislation.

"Why would they support a bill that is detrimental to their members?" Davis said.

A previous Monning bill passed the state Assembly and Senate but died on Brown's desk. Brown said he vetoed it because the bill would have required the state's Department of Social Services to investigate contract disputes. The new bill removes involvement from the state agency.

"SB 939 is a consumer-friendly bill with safeguards to help prevent significant delays in lump-sum entrance fee repayments, and I want to thank my colleagues in the legislature for their support of this measure," Monning said in a statement to the press. "It

will provide care facility residents and their families with important financial predictability."

Monning's new bill would also require continuing care facilities to disclose to customers the average and longest length of time for repayment of a unit.

# HOUSING

From page 5A

spaces, the council asks the supervisors to insist on "adequate parking and traffic mitigation measures."

The townhome-style apartments range from 1,078 square feet to 1,343 square feet and would be in 16 two-bedroom units and eight three-bedroom units. P.B. Co. workers and their families and others who fall within specific income brackets are eligible to apply for residency. The apartments would house about 78 people.

Despite criticism of the project, LandWatch Monterey County, Monterey Pine Forest Watch Director Joyce Stevens and several news outlets have lauded the development. The development has also garnered the support from numerous P.B. Co. workers hoping to live there.

At the June planning commission meeting, commissioner Martha Diehl called affordable housing an "overwhelming priority" and said such housing was worth the impacts to neighbors it might cause.

# LETTERS

From page 28A

portable devices. Failing to garner a second, the motion was not brought to a vote.

In spite of her aesthetic and ecological arguments against permanent fire rings, the council's discussion centered on how far to set back them from the bluff: a moot point since topography and geography dictate the flow of smoke onto Scenic Road from between the proposed stretch of beach where they would be located. Egregiously lacking in council discussion was how city staff might evaluate the pilot project: the council described what the program would consist of, but neglected to consider how they will determine whether it works. With only Reimers dissenting, the current council took action to spend our taxpayer money on 12 ever-present fire-rings protruding 3 feet from the sand and permitting their use seven days a week, subjecting any citizen in the area between 4 and 10 p.m. to a daily dose of carcinogenic smoke.

Last week's editorial made reference to this meeting as an "excellent example of democracy in action." I aver that if the philosopher Socrates was in attendance he would agree that it was democracy in action, but one characterized not by excellence but rather idiocy. By that he wouldn't mean our current connotation of mental-deficiency on the part of the council. Instead, as the Athenians were developing democracy, idiocy meant taking action out of self-interest instead of the common good. The venerable Socrates would have also correctly reached

the conclusion that the evidence must be incontrovertible since no one disputed, or even questioned, the scientific data leading to the health concerns raised. After considering the idiocy and wondering how sentimentality and tradition could trump science and common sense, I imagine him reaching for a goblet of hemlock.

Joseph Braun,  
Carmel

## The facts about CO<sub>2</sub>

Dear Editor,

In an effort to disseminate only correct information and not with political spin, I am writing in response to last week's letter by Ramona and Richard J. Andre. They are only marginally correct about propane. Propane gas is noxious and should not be breathed. Propane used for combustion, on the other hand, results in only carbon dioxide and water vapor, the exact same thing exhaled by the human lung.

It is only when propane is burned in the presence of inadequate oxygen for complete combustion that it might also produce carbon monoxide, but our atmosphere contains 21 percent oxygen, which is more than adequate for complete combustion. This is why propane is used as fuel for furnaces in homes, burners on stoves, and as fuel for forklifts used all day in enclosed warehouses full of human workers.

Let us not spin NIH data quoted incorrectly or EPA data regarding CO<sub>2</sub> as a means of condemning propane fires, instead of filthy, clearly proven carcinogenic wood fires on Carmel Beach.

"Just the facts, ma'am."

Thomas Leverone, Carmel

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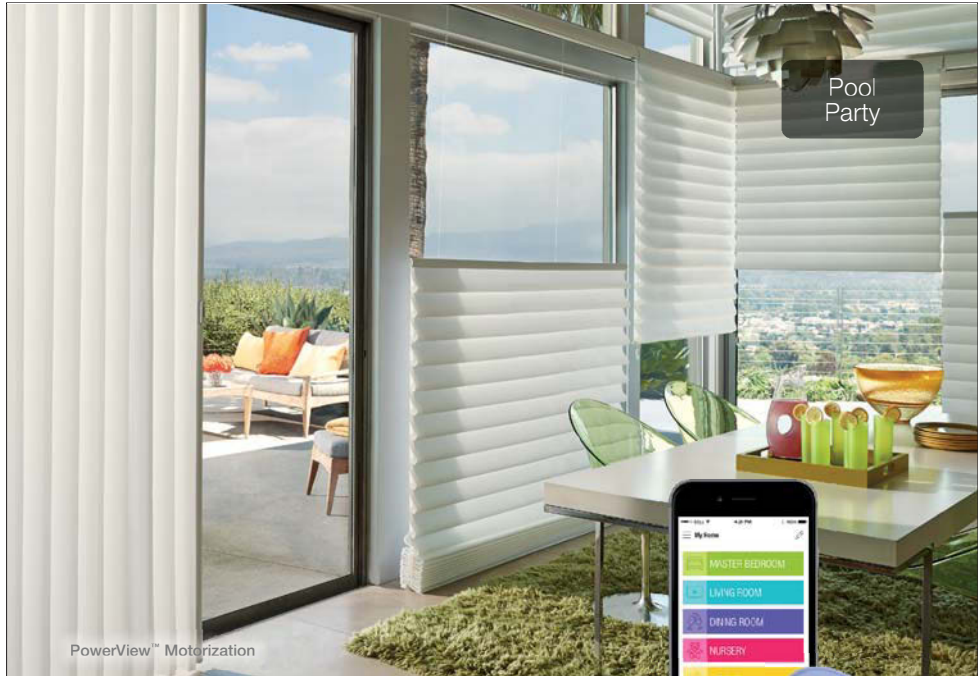
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# It can't be August already

PACIFIC GROVE will host two car events this month — Gold Coast Rods' Back In Time car show July 9 and a gathering of Volkswagens July 27 — in cooperation with the chamber of commerce.

Back in Time will feature more than 130 hot rods and pre-1973 automobiles parked along Lighthouse Avenue between 13th and 17th streets Saturday between 9 a.m. and 3 p.m.

And the Treffen Cruise Show & Shine, an annual gathering of vintage, rear-engined VWs, will also be held on Lighthouse Avenue from 4 to 7 p.m. on the last Wednesday of the month.

Pacific Grove isn't the only stop for the Treffen 18 Cruise, which begins July 22 at the Canadian border and ends at the Mexican border, taking drivers the entire length of the West Coast. Organized by Airhead Parts of Ventura, the tour includes stops in Washington, Oregon and California. Last year was the group's first time stopping in Pacific Grove, and organizers obviously liked what they saw, since they decided to return again this year.

During the show and shine, some 90 cars are expected to gather in Pacific Grove, and the event will include live music from several bands, too.

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**TUE, JUL 12, 10 a.m.**

Crazy Horse Restaurant  
at Bay Park Hotel  
1425 Munras Ave  
Monterey, CA 93940

**WED, JUL 20, 2 p.m.**

Point Pinos Grill at PG  
Golf course  
77 Asilomar Ave  
Pacific Grove, CA 93950

**FRI, JUL 22, 10 a.m.**

Black Bear Diner  
2450 Fremont St.  
Monterey, CA 93940

**TUE, JUL 26, 10 a.m.**

Peninsula Wellness  
Center  
2920 2nd Ave  
Marina, CA 93933

Information table/booth

**THU, JUL 14, 10 a.m.**

PrimeCare Salinas  
355 Abbott St, #100  
Salinas, CA 93901

**FRI, JUL 15, 10 a.m.**

Rancho Llano  
Development  
928 E Blanco Rd.  
Salinas, CA 93901

**TUE, JUL 19, 10 a.m.**

Peninsula Wellness  
Center  
2920 2nd Ave  
Marina, CA 93933

**WED, JUL 20, 10 a.m.**

Ryan Ranch  
Outpatient Campus  
2 Upper Ragsdale Dr  
Monterey, CA 93940

**THU, JUL 21, 10 a.m.**

PrimeCare Salinas  
355 Abbott St, #100  
Salinas, CA 93901

**THU, JUL 21, 10 a.m.**

Community Hospital of  
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SECTION RE ■ July 8-14, 2016

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# The Carmel Pine Cone

# Real Estate



■ This weeks cover property, located in Carmel Point,  
is presented by Bowhay Gladney Randazzo of Sotheby's International Realty (See Page 2RE)

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# About the Cover

The Carmel Pine Cone

# Real Estate

July 8-14, 2016



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# Real Estate Sales June 26 - July 2

### Carmel

**Mission Street, 4 SW of 12th Avenue — \$950,000**

Michael Falge to Sasan Teymouri and Romina Davarpanah  
APN: 010-163-004

**3025 Alta Avenue — \$1,025,000**

Gloria Bowie to Mark Hendricks  
APN: 009-102-012

**Santa Fe Street, 3 SW of Third Avenue — \$1,800,000**

Lotito Trust to Ralph and Ann Winn  
APN: 010-103-022

See HOME SALES page 4RE



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JO MORA (1876-1947) :: That he was born in Uruguay made him authentic. That he was raised and formally educated on the East Coast added some kind of pedigree and perhaps legitimacy to his work. Yet, that first journey in 1898 to the West which wandered in a rambling road trip throughout the Southwest, that period when he worked as a cattle rancher in Texas, and sketched his way along the same route Fr. Junipero Serra traveled establishing the California missions, informed the substance of Jo Mora's work. He made his first trip to California, eventually settling in Carmel in 1920, to commence what he regarded as the supreme professional effort of his life, a memorial cenotaph of Fr. Junipero Serra.

(Courtesy of the Carmel Art Association)



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4 beds, 3 baths | \$2,875,000 | [www.Casanova5SEof13th.com](http://www.Casanova5SEof13th.com)



4 beds, 3.5 baths | \$2,550,000 | [www.25167RandallWay.com](http://www.25167RandallWay.com)



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SE Corner Second and Dolores

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2 beds, 2 baths | \$1,449,000 | [www.GuadalupeAnd5th.com](http://www.GuadalupeAnd5th.com)



3 beds, 3 baths | \$1,445,000 | [www.3530OakPlace.com](http://www.3530OakPlace.com)



3 beds, 3 baths | \$1,050,000 | [www.9806Club.com](http://www.9806Club.com)



# HOME SALES

From page 2RE

## Carmel (con't.)

**2777 155th Avenue — \$1,815,000**

Christopher and Tina Thomas to Sebastian and Sarah Miller  
APN: 009-383-010

**Santa Fe Street, 2 SE of Second Avenue — \$1,830,000**

Robert Darley to Larry Bunker and Erin Heinlein  
APN: 010-028-019

**12th Avenue, 2 NE of Monte Verde Street — \$2,530,000**

Jason Slingerland and Anna Speers to  
Kenneth and Anne Lawler  
APN: 010-183-015



2970 Franciscan Way, Carmel — \$4,000,000

**12th Avenue, 2 SW of Casanova Street — \$2,795,000**

Terry Brite to Casanova Carmel LLC  
APN: 010-281-022

**2970 Franciscan Way — \$4,000,000**

Elizabeth Garibaldi to John and Elizabeth Garibaldi  
APN: 009-371-033

## Carmel Highlands

**Pine Way — \$2,338,000**

Stephen and Kathleen Unger to Richard and Susan Haynes  
APN: 241-123-014

## Carmel Valley

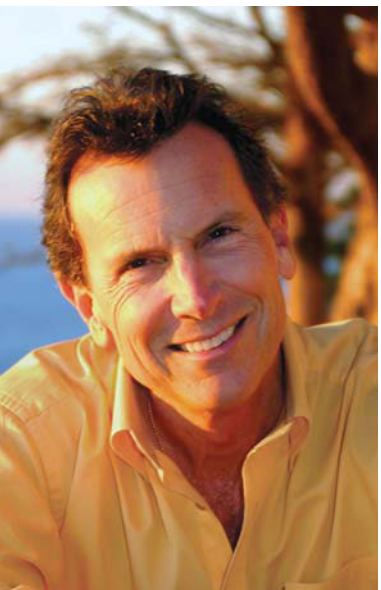
**465 Country Club Drive — \$285,000**

Horst Mieth et al. to Anthony Chao and Jinlu Zhang  
APN: 187-271-004

**11 Esquiline Road unit B — \$490,000**

Alan Crockett to Matthew and Karen Whitman  
APN: 189-343-004

See **MORE SALES** page 12RE



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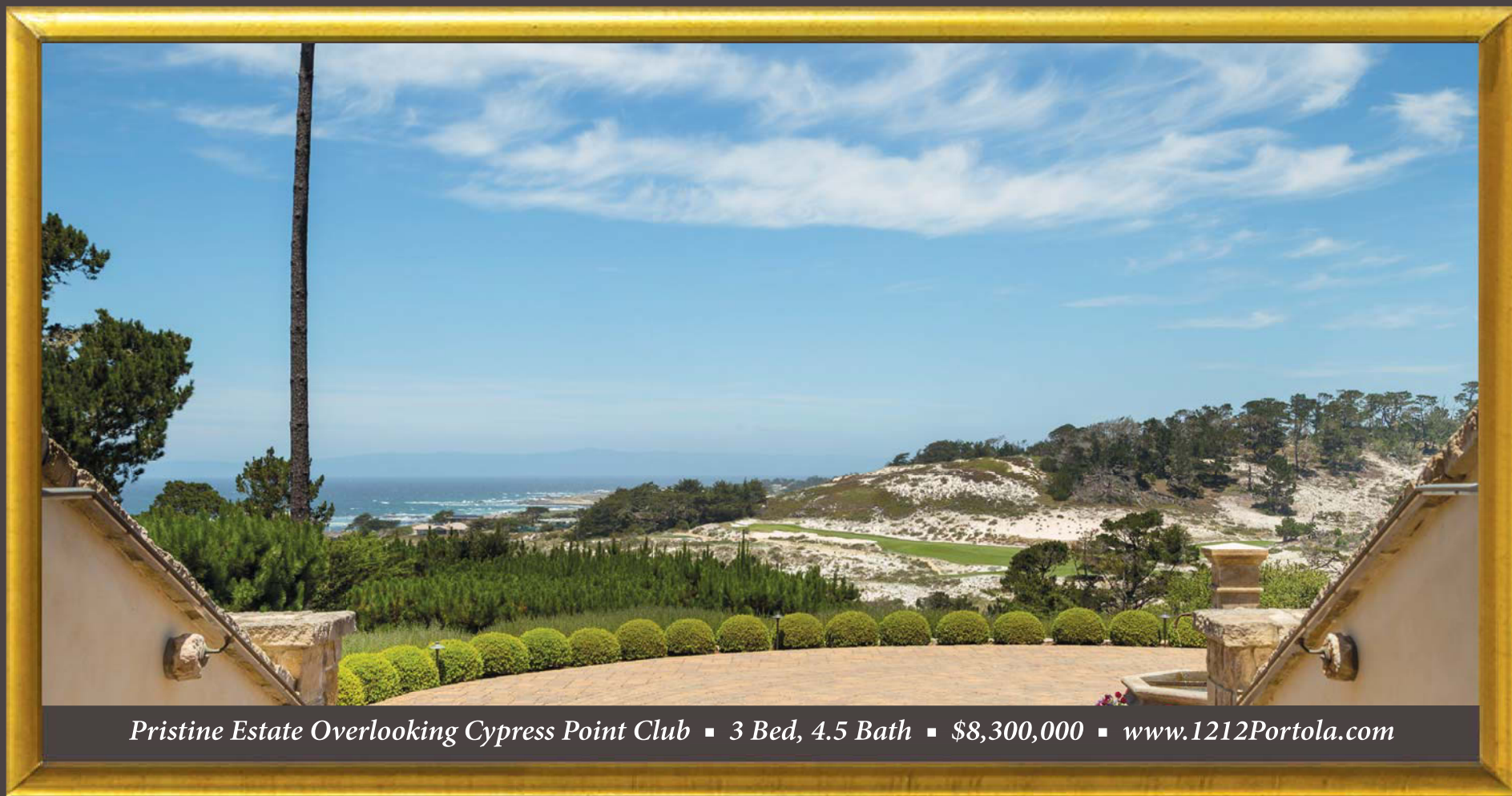
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4 beds, 5.5 baths | \$12,950,000 | [www.3326-17MileDrive.com](http://www.3326-17MileDrive.com)



5 beds, 5.5 baths | \$5,495,000 | [www.1553Riata.com](http://www.1553Riata.com)



4 beds, 4.5 baths | \$4,600,000 | [www.3106Flavin.com](http://www.3106Flavin.com)



3 beds, 2+ baths | \$4,350,000 | [www.3088ValdezRoad.com](http://www.3088ValdezRoad.com)



4 beds, 4.5 baths | \$3,795,000 | [www.Townhome11.com](http://www.Townhome11.com)



4 beds, 4.5 baths | \$3,595,000 | [www.64SpanishBay.com](http://www.64SpanishBay.com)



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# POLICE LOG

From page 4A

## SUNDAY, JUNE 19

**Carmel-by-the-Sea:** Citizen reported that someone may have entered a vacant residence at San Carlos and Second. There were no signs of criminal activity or forced entry. Person requested the incident be documented.

**Carmel-by-the-Sea:** A California driver's license was left in the custody of an officer. Family members of the owner were contacted, but the owner was not. Property will be kept at the police department for pickup.

**Pacific Grove:** A 36-year-old male was contacted during a traffic enforcement stop on Gibson Avenue at 0210 hours and found to be driving under the influence of alcohol. He was

arrested, booked and released on a cite to appear.

**Pacific Grove:** Phone was stolen from unlocked vehicle on Sunset. Owner confronted someone he thought may have taken it. Verbal confrontation occurred. The phone was not located.

**Pacific Grove:** Someone entered a building on Ocean View Boulevard through an unsecured window. Broke into one of the offices inside of the building and stole property. No suspect info.

**Pacific Grove:** Female and male are divorced, but have been maintaining a romantic relationship. They do not live together. The female has a vehicle that is in the male half's name. She threatened to have the vehicle towed out of her carport because he wanted to leave during an argument. She accused him of taking her car keys and laid on the hood of his car to prevent him from leaving. She then called the PD for assistance. The car keys were located on

the female's bed in plain sight. The keys were left with her. Male half left the area in his own vehicle.

## MONDAY, JUNE 20

**Carmel-by-the-Sea:** Officer responded to a report of a loose dog at Junipero and Sixth. Dog was seen at Santa Fe and Fifth, and was unapproachable. Dog was returned to the owner at a business. Animal control officer responded, and the owner was contacted. Education and a warning were given.

**Carmel-by-the-Sea:** Voluntary surrender of a firearm on Junipero Street.

**Carmel-by-the-Sea:** Fall reported on city property at Lincoln and Third. Fire department transported the victim to CHOMP.

**Carmel-by-the-Sea:** Person at Santa Rita and Fourth reported that her vehicle was damaged due to roadway construction within the City of Carmel. The contracted construction

company provided the person with their insurance contact information. The person requested the incident be documented.

**Carmel-by-the-Sea:** A citizen reported a dog in a vehicle at San Carlos and Ocean. Officer responded and found the dog to not be in distress. The dog owner returned, and educational information was given for other options when leaving a dog in a vehicle.

**Carmel-by-the-Sea:** Male at Torres and First reported receiving phone calls from businesses that involved his deceased wife. Evidently, someone was attempting to use his wife's name to buy high-end items via email. Resident was notified by phone. No other proof or information was available. He was advised to check his credit and place a fraud alert on the account.

**Pacific Grove:** Female on Sinex reported her ex-boyfriend contacted her via telephone

See SHERIFF page 14RE



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# At the All-Star break, remembering why I love the game of baseball

*“And they’ll watch the game and it’ll be as if they dipped themselves in magic waters. The memories will be so thick they’ll have to brush them away from their faces.”*

— **Terrance Mann in “Field of Dreams.”**

A FRIEND mentioned that I use a lot of baseball references in my columns, and then she asked why I love the game so much. Wow! What a question.

First of all, there’s the game’s timelessness and never being hemmed in by a clock — which is an element that makes non-fans think baseball games are too long. But it’s more than just the game not being subject to a clock. Baseball’s timelessness is like being retired and knowing that you’ll never have to set an alarm clock in the morning, or never have to punch a time clock again.

Then there are the stadiums. I love baseball stadiums. I walked into Offermann Stadium in Buffalo, N.Y., for the first time 70 years ago, and I cannot brush that memory away from my face or from my mind. The emerald green grass contrasting with the burnt umber infield created the perfect can-

vas for the summer game. Beyond the right field fence stood a solid block of two-story row houses where people sat on second floor porches watching the game. I thought they were the luckiest people in the world.

Every football field and basketball court is the same, but the sun, the owner, the dugout, the wind, the physical position of the site where the ballpark is built, and other factors are all taken into account when a baseball field is laid out.

The infield dimensions are standard. Second base is 127 feet, 3 and 3/8 inches from home plate. Beyond that, almost anything goes. Because of this strange stipulation, each ballpark has its own unique features, dimensions and quirks, making Major League Baseball the only sport where the ground rules are different from venue to venue.

A player can hit a ball into a swimming pool at Chase Field in Phoenix, but he can hit one into the ocean at San Francisco’s AT&T Park. In Boston, Fenway Park’s left field fence, the Green Monster, is only 310 feet from home, but it is 37 and 1/2 feet high. A ball can get stuck in the thick ivy that cov-

ers the walls of Wrigley Field in Chicago. If so, it is a ground rule double.

Radio was my first link to baseball, which is the perfect sport to listen to on the radio. The action being described by the announcer takes place simultaneously in my mind. I listened to the 1945 World Series when the Detroit Tigers defeated the Chicago Cubs four games to three. Little did I know that the Tigers would become my home team during my 30 years living in Michigan. Years later, while traveling Western Michigan and Northern Indiana as a salesman, I listened to the Chicago Cubs on my car radio. No lights in Wrigley Field meant every game was a day game.

I love baseball because I saw the game save a city from possible destruction. In 1967, the police raided an illegal, after-hours gambling and drinking joint on Detroit’s west side. That incident set off a riot that killed 43 people, injured 1,200, and destroyed more than 2,000 buildings. The governor called in the National Guard, and President Johnson sent in the 82nd and 101st Airborne divisions.

The Detroit Tigers were playing a double header when the riots broke out. Between games pitcher Mickey Lolich was ordered to join his National Guard Unit and spent the riots patrolling the streets. Popular Detroit outfielder, Willie Horton, still in his baseball uniform, went to the very intersection where the riots started, and stood on a car trying to calm the crowd.

I was living in Grand Rapids, 150 miles northwest of Detroit. My brother and his family, my wife’s family, as well as many friends lived just a few miles from the riots. The home of one of my best friends, where I had changed into my tuxedo on my wedding day, was burned to the ground. Curfews were

put into effect as far away as Grand Rapids. I cancelled all road trips for more than a week. I could not believe the devastation when I visited Detroit after order had been restored.

The riots of 1967 did not portend well for Detroit’s summer of 1968. Martin Luther King, Jr. had been assassinated in April. Bobby Kennedy was killed in June. Racial tensions were tight all over the country and

## Scenic Views

By **JERRY GERVASE**

were especially stretched thin in Detroit.

The Detroit Tigers lost their opening game that spring, and then reeled off nine straight wins. By the 4th of July they had an 8 game lead on the rest of the American League. A team that had last won a pennant in 1945 became the focus in Detroit. Everywhere you went in the city you could hear the soothing voice of the great Tigers announcer, Ernie Harwell, broadcasting another late inning comeback on a Gates Brown home run, or describing another complete game by Denny McLain. The Tigers won the pennant and then went on to defeat the Cardinals in the World Series.

A pennant brought peace to a city that desperately needed something to cool it down.

Did the Tigers save Detroit? That’s a discussion for sociologists. But for one nervous summer, the residents of that city dipped themselves in the magic waters of baseball and washed away their differences for the love of the game.

That’s why I love baseball.  
Jerry Gervase can be contacted at [jerry@gerrygervase.com](mailto:jerry@gerrygervase.com).



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PEBBLE BEACH | \$13,750,000

Located on the 2nd green, featuring exceptional design elements, beautiful finishes and careful attention to detail. Mike, Jessica & Nic Canning 831.238.5535



BIG SUR | \$10,500,000

Situated on 2 private acres sits this most unique waterfront setting. Three master suites and spacious decking. Steve Beutel, Noel Beutel 831.277.1169



OPEN SUN 1-4

PEBBLE BEACH | 3108 Flavin Lane

Spectacular ocean views from this Tuscan style estate situated on a manicured & gated acre. \$5,845,000 Noel Beutel & Steve Beutel 831.277.1169



OPEN SAT 11-1

CARMEL | 1 SW Corner of Scenic & Ocean

Classic mid-century beach house offers 5BR/4BA, ocean views and over 2,200 sq. ft. of living space. \$4,450,000 Bowhay Gladney Randazzo 831.238.3444



PEBBLE BEACH | \$3,550,000

Open concept 3BR/3.5BA estate features exquisite custom finishes hand selected from across the globe. Paul Riddolls 831.917.2111



TEHAMA | \$3,500,000

Homesite 77 is a 14 acre paradise with an expansive, nearly level 1.58 acre building envelope. Mike Jashinski 831.236.8913



CARMEL | \$2,888,000

Classic 3BR/3BA Mediterranean on a private 1/2 acre with office/library/media room & an oversize 2 car garage. Sam Piffero 831.236.5389



BIG SUR | \$2,750,000

Amazing location with ocean and mountain views. Guest house & caretaker's unit, pool, gardens and an orchard. Nancy Sanders 831.596.5492



CARMEL VALLEY | \$2,200,000

160 private acres with sun-drenched meadows with trophy Live and Valley oaks, and beautiful hiking trails. Skip Marquard 831.594.0643

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#### MONTEREY PENINSULA BROKERAGES

Carmel-by-the-Sea	831.624.9700
Carmel Rancho	831.624.9700
Carmel Valley	831.659.2267
Pacific Grove	831.372.7700

# Sotheby's

INTERNATIONAL REALTY

OPEN SATURDAY & SUNDAY 1-3



PACIFIC GROVE | 841 Bayview Avenue | \$1,795,000

Pacific Grove Beach Tract Stunning and beautifully remodeled 3BR/2.5BA with additional new construction home in the beach tract of Pacific Grove. This single level home has been tastefully designed to include a master suite with designer bathroom and home office. The soaring ceilings in the great room allow for a grand open concept of living. Debby Beck 831.915.9710



OPEN FRIDAY & SATURDAY 3-5, SUNDAY 2-4



CARMEL | 25017 Valley Place | \$1,698,000

6BR/4BA traditional home in the highly sought after Carmel Unified School District featuring a secret garden-like setting. Amber Russell 831.402.1982

OPEN SATURDAY 1-3



CARMEL | Torres 2 NE of 5th | \$1,655,000

Recently refreshed and spacious 4BR/2BA home, in-town, slice of Mid-Century charm. Large ocean view deck! Shelley Risko 831.238.2101



MONTEREA | \$1,195,000

Perfectly located at the top of the hill, overlooking Monterey Bay from a private oak-studded meadow on 1.73 acres. Mike Jashinski 831.236.8913

OPEN SATURDAY 2-4



CARMEL | 27560 Via Sereno | \$1,175,000

Lovely 4BR/3BA home sits on a flat acre of land in a gated neighborhood and has room for everything and everyone. Gin Weathers & Charlotte Gannaway 831.5594.4752



MONTEREY | \$1,149,000

Classic 3BR/2BA home ideal for elegant living and entertaining. Tucked away amongst the hills of Skyline Forest. Bowhay Gladney Randazzo 831.214.2250

OPEN SATURDAY 1-3, SUNDAY 2-4



CARMEL | 9669 Willow Court | \$845,000

2BR/2BA 2,055-sq. ft. townhouse with high ceilings, two car garage, large master suite, and mountain views. Robin Anderson 831.601.6271 & Mark Trapin 831.601.4934

OPEN SATURDAY 1-4



MONTEREY | 74 Bartolomea Way | \$795,000

Beautiful 1929 Old World Spanish home in Peter's Gate area. Features 3BR/1.5BA and is close to shopping, and schools. Laura Garcia 831.521.9484



PACIFIC GROVE | \$750,000

Historic yellow cottage on Lighthouse Avenue. Its commercial corner location offers excellent visibility. Courtney Stanley 831.293.3030



CARMEL VALLEY | \$425,000

Set in a quiet valley with a private road, this 10 acre parcel features a well and power to the property. Sam Piffero 831.236.5389

MONTEREY PENINSULA BROKERAGES | [sothebyshomes.com/monterey](http://sothebyshomes.com/monterey)

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# MORE SALES

From page 4RE

## Carmel Valley (con't.)

### 500 Del Mesa Carmel — \$515,000

The Rodney Fund to Robert Rubin  
APN: 015-441-002

### 172 Chaparral Road — \$556,500

George and Irene Gill to Scott Gill and Kimberly Warmington  
APN: 187-611-055

### 24905 Carmel Hills Drive — \$600,000

Deborah Smith to William and Heidi Sullivan  
APN: 015-131-002

### 25687 Canada Drive — \$700,000

Mitchell and Amber Kastros to Michael and Barbara Zaouk  
APN: 015-411-003

### 235 Nido Way — \$812,000

Ann Ellwanger to Steven and Tanya Smith  
APN: 187-261-017

### 26510 Canada Way — \$920,000

Marilyn Victorine to Stephanie, Jackie and Sonja Jegat  
APN: 015-191-001

### 27645 Schulte Road — \$1,720,000

Robert and Barbara Sayad to Mark and Freya Read  
APN: 416-022-014

### 18 Sleepy Hollow Drive — \$2,590,000

Peter and Nancy Farber to Robert and Diana Andreatta  
APN: 197-191-018

### 8670 River Meadows Road — \$2,800,000

Robert and Monique Snyder to Bruce and Vicki Frank  
APN: 416-028-019

### 5449 Quail Way — \$4,460,000

Donald and Lois Mayol to Michael and Patricia Del Castello  
APN: 157-171-047

### Carmel Valley Road — \$7,250,000

Peter Hatton Trust, Dryden and Craig Bordin, Sarah Pierce and Natalie Branson to The Trust for Public Land  
APN: 015-162-033

## Highway 68

### 13 Montsalas Drive — \$449,091

Gloria Chavarria and Imogene Speiser to Terry Lilligren  
APN: 101-271-007

### 1360 Josselyn Canyon Road — \$490,000

Billy and Cynthia Potter to William and Laura Bergstrom  
APN: 101-241-030

### 25507 John Steinbeck Trail — \$879,000

Primestar Fund I to S&S Enterprises  
APN: 161-555-016

### 75 Corral de Tierra Road — \$1,250,000

William Gnann to Richard and Kathleen Lipps  
APN: 161-151-062

### 24465 Vereda del Arroyo — \$1,410,000

James and Elizabeth Duckworth to Douglas and Tracy Ranno  
APN: 161-622-007

## Monterey

### 23 Montsalas Drive — \$510,000

Charles Mendes to Jonathan and Gayle Paul  
APN: 101-271-017

### 476 Jackson Street — \$535,909

Mark and Lydia Wilson to John Kanalakis  
APN: 001-568-009

### 199 San Bernabe Drive — \$601,000

Harry and Gary Goelitz to Thomas and Christy Barrera  
APN: 001-474-022

### 660 Parcel Street — \$722,500

Christine Byrne to Uwe and Patricia Grobecker  
APN: 001-167-023

### 738 Laine Street — \$1,050,000

Vera and Aleksander Goryatnin to Henry and Ann Woo  
APN: 001-078-010

### 108 Tide Avenue — \$1,475,000

Farrell Trust to Harry and Barbara Last  
APN: 011-456-038

### 1102 Alta Mesa Road — \$1,791,000

Gail Compton to David Bloom  
APN: 001-751-071

### 400 Dela Vina Avenue — \$6,900,000

Valle del Sol Properties to Gregory, Zimmerman and Anthony Foux  
APN: 013-112-048

## Pacific Grove

### 482 Pine Avenue — \$475,000

Douglas Woods to 482 Pine LLC  
APN: 006-279-006

### 3010 Ransford Circle — \$750,000

Jackson and James Booth to Laura Hewitt  
APN: 007-613-025

### 314 11th Street — \$873,000

Paula Crivello to Paige Price and Anne Hansen  
APN: 006-276-005

### 212 Wood Street — \$895,000

Zachary Lazare to Bassam Al Maqtari, Hanadi Khalil and Wassen Abdo  
APN: 006-314-012

### 106 19th Street — \$970,000

Michael and Kathleen Maher to Glenda Bowman  
APN: 006-151-002

### 3035 Valdez Road — \$1,490,000

Kimberly Aubuchon to Glen and Brooke Kernick  
APN: 007-301-011

Continues next page



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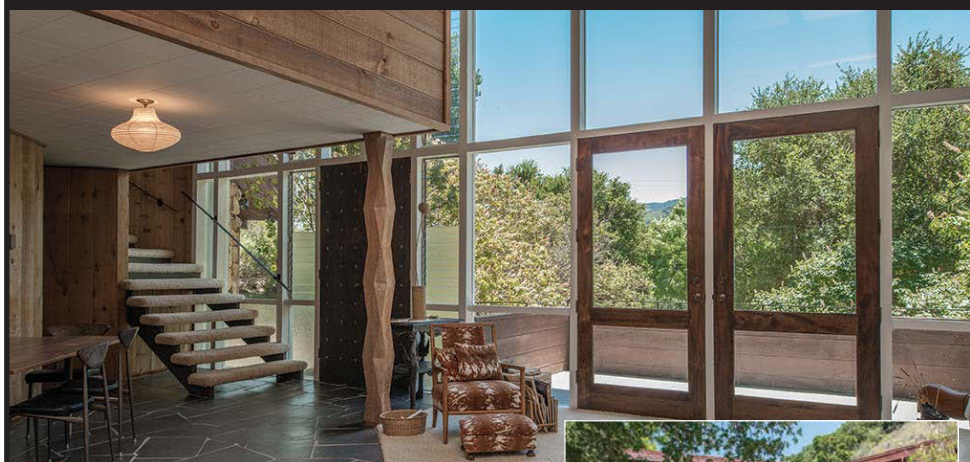
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## HOUSE OF THE WEEK



### Mid-Century Hideaway!

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10 Rancho Fiesta Way, Carmel Valley

Natural Stone, Steel, Wood and Glass combine to create this classic 2 bedroom, 2.5 bath Mid-Century Modern located on over an acre of land, nestled in the foothills of Carmel Valley and designed to take full advantage of its site and natural surroundings. \$975,000



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From previous page

## Pebble Beach

### 4120 Crest Road — \$780,000

William and Isabelle Brock to Alfred and Lydia Wong  
APN: 008-062-005

### 1084 Presidio Road — \$1,333,000

Riaz Ahmed and Rebecca Rosen to Gary and Suzanne Laird  
APN: 007-183-005

### 1432 Riata Road — \$1,550,000

Leimert Trusty to Stephen and Christine Benson  
APN: 008-332-007

### 2868 Oak Knoll Road — \$1,600,000

Eugene and Young Williams to Andrew and Marilyn Orris  
APN: 007-201-019

## Sand City

### Ocean View Avenue — \$350,000

Albert Giordano to Robert and Yun Dayton  
APN: 011-182-002

## Seaside

### 1678 San Lucas Street — \$335,000

Cruz Garcia to Marion and Diane Harrison  
APN: 012-164-034

### 1777 Juarez Street — \$372,000

Estate of Gordon Freeman to Sara Pantoja  
APN: 012-114-027

### 1294 Rousch Avenue — \$400,000

Kurt and Janna Lang to Rogelio Vazquez and Argelia Rodriguez  
APN: 012-395-016

### 1860 Laguna Street — \$400,000

Duke Partners LLC to Fermine and Felicitas Gonzales  
APN: 012-822-020

### 1323 Elm Avenue — \$420,000

US Bank to Robert Spadonil and Keith and Lynda Ballin

APN: 012-201-024

### 1555 Mira Monte Avenue — \$494,000

Robert Fried to Wayne and Paige Brown  
APN: 011-082-013

### 475 Albert Way — \$749,000

Maheshkumar and Smita Patel to Sean and Angela Cherland  
APN: 032-242-017

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Rich | 831.204.0197 | CalBRE#01969602 | [rich@dougmcckenzieteam.com](mailto:rich@dougmcckenzieteam.com)



OUR FEATURED LISTING | 963 Coral Drive, Pebble Beach • [homecb.com/963coraldrive](http://homecb.com/963coraldrive) • \$3,425,000



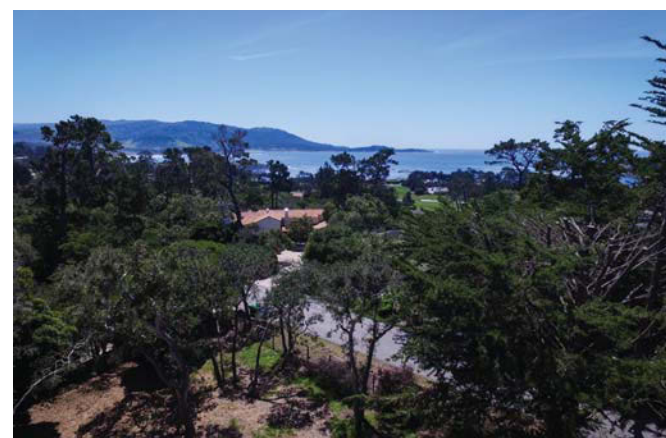
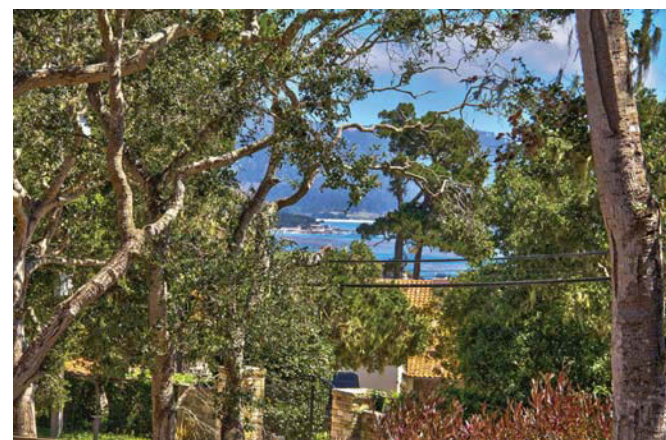
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**OPEN HOUSE SATURDAY & SUNDAY 1:00-4:00 PM**

**1504 Venadero Road, Pebble Beach • \$2,675,000**

A rare opportunity within a stone's throw from The Lodge at Pebble Beach, The Shops at Pebble Beach, The Beach and Tennis Club and The Pebble Beach Golf Links; location says it all. This well maintained single level Mid-Century contemporary home is sited on a private gently sloping/mostly level, just shy of 1 acre lot. Ground level ocean views, second story addition would give fantastic ocean views! Floor to ceiling sliding glass doors around the home open the home up to a private back yard, patio and deck areas. A bonus study/den and a large kitchen offer other options for the new owner. 20 water credit units had been purchased from The Pebble Beach Company which can be used towards the expansion of the home or redesigns of the property.

# SHERIFF

From page 6RE

and said he wanted to talk to her outside her work at 0220 hours. She did not want a confrontation and refused to talk to him. Ex-boyfriend said he would not leave, and she called 911. Ex-boyfriend said he was upset about a social media post about her new boyfriend and the children he has with her. Ex-boyfriend said he would leave; he was warned not to bring the confrontation to her workplace.

**Pacific Grove:** Vehicle was struck from behind while at a stop sign on Moreland.

**Pacific Grove:** Personal property was stolen from an unlocked vehicle on Ocean View Boulevard. No suspect info.

**Pacific Grove:** Person on David Avenue reported a large amount of cash was stolen from a safe. Possible suspect info.

**Pacific Grove:** Suspect had a vehicle prob-

lem and was having work done on his vehicle while it was parked on a public street on Ocean View Boulevard. The resulting work led to a large amount of oil leaking onto the street. Fire department responded for cleanup.

**Carmel Valley:** Vehicle towed from Cachagua Road for expired registration.

**Big Sur:** Citizen attempted suicide on Highway 1.

**Carmel area:** Elderly female on Via Cazador was transported to the hospital for a laceration to her head.

## TUESDAY, JUNE 21

**Carmel-by-the-Sea:** A 39-year-old male was cited at Mission and Sixth at 0405 hours for driving on a suspended license and having false tabs on his vehicle. The vehicle was towed.

**Carmel-by-the-Sea:** A cell phone was found in a vehicle that was left while the owner was staying at a hotel in San Francisco. The cell

phone was turned over to Carmel police for safekeeping. Officer contacted a supervisor at the Kensington Park Hotel to advise them the phone may belong to one of their valet employees, since it was found in a vehicle of a customer. The supervisor advised she will follow up and contact the department in the event it did belong to an employee.

**Carmel-by-the-Sea:** Fall on city property on Fifth west of Mission.

**Carmel-by-the-Sea:** Female at Lincoln and Seventh reported it appeared someone may have damaged her front door.

**Carmel-by-the-Sea:** Report of a cracked windshield at Fourth and Dolores from an unknown cause.

**Pacific Grove:** Unknown vehicle struck two parked vehicles on Alder Street. Suspect vehicle left the scene without any notification being left. No suspects.

**Pacific Grove:** Police received a call from a subject claiming to be targeted by cult activity.

The subject stated that the cult was trying to drag him to hell "even to the point of killing someone." The subject lives out of the area, so the information was forwarded to the law enforcement agency where he resides, and a welfare check was requested. An officer called back to advise they are familiar with the subject and have been dealing with him on a daily basis. Info only; nothing further.

**Pacific Grove:** An unknown person stole a skateboard while the owner was with a friend at a ballpark on 17 Mile Drive.

**Pacific Grove:** Resident on Grove Acre alleged that the suspect drugged her beverage and then had unwanted sexual intercourse with her.

## WEDNESDAY, JUNE 22

**Carmel-by-the-Sea:** Complaint of noise

*Continues next page*



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# PUBLIC NOTICES

### FICTITIOUS BUSINESS NAME STATEMENT

File No. 20161233

The following person(s) is (are) doing business as:  
**PACIFIC CANNABIS INSURANCE SERVICES, 3845 Via Nona Marie #222411, Carmel, CA 93922.**  
County of Monterey  
Registered owner(s):  
GENE ARTHUR BROWN, 26164 Mesa Drive, Carmel, CA 93923.  
This business is conducted by: an individual.  
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
June 8, 2016

This statement was filed with the County Clerk of Monterey County on June 8, 2016  
NOTICE - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).  
ORIGINAL FILING  
Publication dates: June 17, 24, July 1, 8, 2016. (PC621)

### SUPERIOR COURT OF CALIFORNIA COUNTY OF MONTEREY

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
Case No. 16CV001699  
TO ALL INTERESTED PERSONS: petitioner, LAUREN MARIE MICHEL, filed a petition with this court for a decree changing names as follows:  
**A.Present name: LAUREN MARIE MICHEL**  
**Proposed name: GWENDOLYN MARIE MICHEL**  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
NOTICE OF HEARING:  
DATE: July 29, 2016  
TIME: 9:00 a.m.  
DEPT: 15  
The address of the court is 1200 Agujaito Road, Monterey, CA 93940.  
A copy of this *Order to Show Cause* shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Carmel Pine Cone, Carmel.

(s) Thomas W. Wills  
Judge of the Superior Court  
Date filed: June 6, 2016  
Publication dates: June 17, 24, July 1, 8, 2016. (PC624)

### FICTITIOUS BUSINESS NAME STATEMENT

File No. 20161137

The following person(s) is (are) doing business as:  
**SHAMAN HEALING MONTEREY, 484 Washington Street, Suite B, Monterey, CA 93940.**  
County of Monterey  
Registered owner(s):  
EDWARDS JENNIFER S, 3304 Sayer Street, Marina, CA 93933.  
This business is conducted by: an individual.  
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
(s) Jennifer Edwards  
This statement was filed with the County Clerk of Monterey County on May 23, 2016  
NOTICE - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).  
FBN FILING.  
Publication dates: June 17, 24, July 1, 8, 2016. (PC625)

### SUPERIOR COURT OF CALIFORNIA COUNTY OF MONTEREY

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
Case No. 16CV001805  
TO ALL INTERESTED PERSONS: petitioner, CRISTIAN RENE MORSE, filed a petition with this court for a decree changing names as follows:  
**A.Present name: CRISTIAN RENE MORSE**  
**Proposed name: CRISTIAN RENE MENENDEZ**  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
NOTICE OF HEARING:  
DATE: Aug. 5, 2016  
TIME: 9:00 a.m.  
DEPT: 15  
The address of the court is 1200 Agujaito Road, Monterey, CA 93940.  
A copy of this *Order to Show Cause* shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Carmel Pine Cone, Carmel.

### SUPERIOR COURT OF CALIFORNIA COUNTY OF MONTEREY

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
Case No. 16CV001805  
TO ALL INTERESTED PERSONS: petitioner, CRISTIAN RENE MORSE, filed a petition with this court for a decree changing names as follows:  
**A.Present name: CRISTIAN RENE MORSE**  
**Proposed name: CRISTIAN RENE MENENDEZ**  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
NOTICE OF HEARING:  
DATE: Aug. 5, 2016  
TIME: 9:00 a.m.  
DEPT: 15  
The address of the court is 1200 Agujaito Road, Monterey, CA 93940.  
A copy of this *Order to Show Cause* shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Carmel Pine Cone, Carmel.

*Cause* shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Carmel Pine Cone, Carmel.

(s) Thomas W. Wills  
Judge of the Superior Court  
Date filed: June 13, 2016  
Publication dates: June 17, 24, July 1, 8, 2016. (PC626)

### SUPERIOR COURT OF CALIFORNIA COUNTY OF MONTEREY

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
Case No. 16CV001816  
TO ALL INTERESTED PERSONS: petitioner, ELIZABETH SOLOFF, filed a petition with this court for a decree changing names as follows:  
**A.Present name: ELIZA STOCKBURGER**  
**Proposed name: ELIZA SOLOFF**  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
NOTICE OF HEARING:  
DATE: JAUG. 12, 2016  
TIME: 9:00 a.m.  
DEPT: 14  
The address of the court is 1200 Agujaito Road, Monterey, CA 93940.  
A copy of this *Order to Show Cause* shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Carmel Pine Cone, Carmel.

### SUPERIOR COURT OF CALIFORNIA COUNTY OF MONTEREY

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
Case No. 16CV001852  
TO ALL INTERESTED PERSONS: petitioner, EMMA FINCH, filed a petition with this court for a decree changing names as follows:  
**A.Present name: EMMA GROVER FINCH**  
**Proposed name: EMMA HILDEGARD GROVER**  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
NOTICE OF HEARING:  
DATE: August 19, 2016  
TIME: 9:00 a.m.  
DEPT: 14  
The address of the court is 1200 Agujaito Road, Monterey, CA 93940.  
A copy of this *Order to Show Cause* shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Carmel Pine Cone, Carmel.

### FICTITIOUS BUSINESS NAME STATEMENT

File No. 20161161

The following person(s) is (are) doing business as:  
**BUILDING 19 UPPER RAGSDALE OFFICE CONDOMINIUM, 3081 Birdrock Road, Pebble Beach, CA 93953.**  
County of Principal Place of Business: Monterey  
Name of Corporation of LLC as shown in the Articles of Inc./Org./Reg.: PROFESSIONAL OFFICE CONDOMINIUM ASSOCIATION AT RYAN RANCH, 3081 Bird Rock Rd, Pebble Beach, CA 93953.  
State of Inc./Org./Reg.: CA  
This business is conducted by: a limited liability company.  
The registrant commenced to transact business under the fictitious business name or names listed above on: April 15, 2016.  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). *I am also aware that all information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).*  
S/ Gary W. Sackert, Secretary  
May 26, 2016  
This statement was filed with the

### SUPERIOR COURT OF CALIFORNIA COUNTY OF MONTEREY

County Clerk of Monterey County on May 26, 2016  
NOTICE - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).  
ORIGINAL FILING  
Publication dates: June 17, 24, July 1, 8, 2016. (PC628)

### SUPERIOR COURT OF CALIFORNIA COUNTY OF MONTEREY

**AMENDED ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
Case No. 16CV001852  
TO ALL INTERESTED PERSONS: petitioner, EMMA FINCH, filed a petition with this court for a decree changing names as follows:  
**A.Present name: EMMA GROVER FINCH**  
**Proposed name: EMMA HILDEGARD GROVER**  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
NOTICE OF HEARING:  
DATE: August 19, 2016  
TIME: 9:00 a.m.  
DEPT: 14  
The address of the court is 1200 Agujaito Road, Monterey, CA 93940.  
A copy of this *Order to Show Cause* shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: The Carmel Pine Cone, Carmel.

### FICTITIOUS BUSINESS NAME STATEMENT

File No. 20161323

The following person(s) is (are) doing business as:  
**NCTI, 4548 A Street, Marina, CA 93933**, County of Monterey  
Registered owner(s):  
American Medical Response West, 6363 S. Fiddlers Green Circle, Greenwood Village, CO 80111; CA  
This business is conducted by: A Corporation  
The registrant commenced to transact business under the fictitious business name or names listed above on 06-01-2016  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
S/ Craig Wilson, Secretary  
This statement was filed with the County Clerk of Monterey County on June 23, 2016  
NOTICE - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).  
ORIGINAL FILING  
Publication dates: July 8, 15, 22, 29, 2016. (PC702)

### SUPERIOR COURT OF CALIFORNIA COUNTY OF MONTEREY

Professions Code).  
ORIGINAL FILING  
Publication dates: July 1, 8, 15, 22, 2016. (PC703)

### FICTITIOUS BUSINESS NAME STATEMENT

File No. 20161243

The following person(s) is (are) doing business as:  
**FREEDOM ART, 3200 17 Mile Drive, Pebble Beach, CA 93953.**  
County of Principal Place of Business: Monterey  
Registered owner(s):  
Alyson de Guigne, 3200 17 Mile Drive, Pebble Beach, CA 93953.  
This business is conducted by: an individual.  
The registrant commenced to transact business under the fictitious business name or names listed above on: June 9, 2016.  
I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). *I am also aware that all information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).*  
S/ Alyson de Guigne  
This statement was filed with the County Clerk of Monterey County on June 8, 2016  
NOTICE - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration.  
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).  
ORIGINAL FILING  
Publication dates: July 8, 15, 22, 29, 2016. (PC702)

### SUPERIOR COURT OF CALIFORNIA COUNTY OF MONTEREY

ORDER OF PUBLICATION OF SUMMONS OR CITATION  
PLAINTIFF/PETITIONER:  
GARY MERLE KOEPEL ET AL.  
DEFENDANT/RESPONDENT:  
CENTRAL PACIFIC MORTGAGE COMPANY, ET AL.  
CASE NUMBER: M 133160  
Upon reading and filing evidence consisting of a declaration as provided in Section 415.50 CCP by RONALD H. FRESHMAN and it satisfactorily appearing therefrom that the defendant, respondent, or citee CENTRAL PACIFIC MORTGAGE CO. ET AL., cannot be served with reasonable diligence in any other manner specified in article 3, Chapter 4, Title 5 of the Code of Civil Procedure, and it also appearing that a good cause of action exists in this action in favor of the plaintiff, petitioner, or citee therein and against the defendant, respondent, or citee and that the said defendant, respondent, or citee is a necessary and proper party to the action or that the party to be served has or claims an interest in, real or personal property in this state that is subject to the jurisdiction of the Court or the relief demanded in the action consists wholly or in part in excluding such party from any interest in such property.  
NOW, on motion of RONALD H. FRESHMAN Attorney(s) for the Plaintiff(s), or contestant(s), IT IS ORDERED that the service of said summons or citation in this action be made upon said defendant, respondent, or citee by publication thereof in THE CARMEL PINE CONE a newspaper of general circulation published at CARMEL-BY-THE-SEA, California, hereby designated as the newspaper most likely to give notice to said defendant; that said publication be made at least once a week for four successive weeks.  
IT IS FURTHER ORDERED that a copy of said summons or citation and of said complaint or petition in this action be forthwith deposited in the United States Post Office, post-paid, directed to said defendant, respondent, or citee if his address is ascertained before expiration of the time prescribed for the publication of this summons or citation and a declaration of this mailing or of the fact that the address was not ascertained be filed at the expiration of the time prescribed for the publication.  
SUPERIOR COURT OF CALIFORNIA COUNTY OF MONTEREY  
Monterey Division  
1200 Agujaito Road  
Monterey, California 93940  
The name, address and telephone number of the plaintiff's attorney, or plaintiff without an attorney, is:  
Ronald H. Freshman, Esq.  
SBN #225136  
Attorney at Law  
3040 Skycrest Avenue  
Fallbrook, California 92028  
(858) 766-8288  
Date: May 6, 2016  
(s) Thomas W. Wills  
Judge of the Superior Court  
Publication Dates: July 8, 15, 22, 29, 2016. (PC 707)

# CARMEL BACH FESTIVAL

Publication date: **July 15, 2016**

## The Carmel Pine Cone

Larry Mylander  
(831) 274-8590

# LOG

From previous page

coming from a business at San Carlos and Sixth at 0039 hours. Officers made contact with the owner and two employees. One employee was playing music on his iPhone. The noise was not unreasonable, but he agreed to turn the music off.

**Carmel-by-the-Sea:** Female at Junipero and 10th reported being involved in a verbal dispute with a contractor who is working on her neighbor's home. She was upset over a fence post that was removed without her permission. She stated the fence post was located on her property. All parties involved were contacted and advised the matter was civil. The code enforcement officer and the building official were also notified of the issue.

**Carmel-by-the-Sea:** Report of an unwanted female loitering inside the entrance to an office building at San Carlos and Ocean. Complaint was that the subject was occupying the entry-way and using a nearby electrical outlet to charge her cell phone. Property manager was contacted and only wanted the subject asked to leave and not return. Female subject was advised not return or she could be arrested pending prosecution from the property manager. Female subject stated she understood and left.

**Carmel-by-the-Sea:** Report of a male possibly taking photographs of teen girls on the beach at Scenic and 13th. Suspicious male was described as approximately age 60 and using an older large camera with manual zoom lens. No additional description provided. An area check for the subject was conducted but met with negative results.

**Carmel area:** Make reported waking up to his car alarm sounding in his carport on Via Mar Monte. He spotted a loud, non-descript vehicle driving away. He learned his vehicle window had been smashed and bag taken from the backseat.

**Carmel area:** Male on Riverside Way reported the theft of his kayak.

**Carmel area:** A 54-year-old male was found deceased on Carmel Rancho Boulevard.

**Carmel area:** Flanders Drive resident reported unauthorized use of checks and credit card.

**Carmel area:** Flanders Drive resident reported silverware was stolen from his home.

**Carmel area:** Male on Flanders Drive reported a painting, credit card and car key were stolen from his home.

**Pebble Beach:** Citizen on San Carlos Road reported misplacing her fur coat.

**Pacific Grove:** Ongoing family quarrel between four adult siblings on Adobe Lane. Their mother passed away, and they inherited her house together. The female complained that one of her brothers was yelling in her ear. He was not making threats, he was just yelling. The brother was spoken to and said his sister is trying to sell his mother's things, and she turned off the cable and phone. Parties were advised that this was a civil matter and they should consider speaking with an attorney.

**Pacific Grove:** Forest Avenue resident reported someone tried to break into her apartment while she was gone for the day. She has a protective order against ex-husband. She said he is not in the area, but she believes he may somehow be involved.

**Pacific Grove:** Vehicle struck a no-parking sign on Eighth Street and bent it. Officer was able to bend it back so it did not create a hazard. Base is cracked and needs to be replaced. Info provided to public works.

**Pacific Grove:** Driver hit another vehicle while backing into a parking spot on Lighthouse Avenue. Driver cited for driving on a suspended license.

## THURSDAY, JUNE 23

**Carmel-by-the-Sea:** Subject at Fourth and Santa Fe reported that someone stole his license plate to his vehicle.

**Pacific Grove:** Female on Gate Street stated that she was in fear of threats from her son. She stated that her son has been making threats to drill a hole in the roof of the house and set an electrical fire. The 41-year-old suspect was arrested and booked into Monterey County Jail.

**Carmel-by-the-Sea:** Wallet found at an unknown location and turned in at Mission and Sixth. Owner notified and will arrange shipping.

**Carmel-by-the-Sea:** Female at Scenic and 13th reported being involved in a verbal dispute with her dog's prior owner. Female stated her dog's prior owner was verbally abusive toward her and she wanted the incident documented.



OPEN SATURDAY & SUNDAY 1-3



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Light-filled 3BR/2.5BA Carmel Valley Village hillside home with jaw-dropping views! This spacious, bright, and move-in ready home features stylish, high end, natural finishes throughout and is gated and set back from a quiet country lane for great privacy and peacefulness. The gourmet, chef's kitchen is a dream and includes a cozy dining nook. Also features a formal dining room, a formal living room, a family room, and an office/den. The en suite master is on the main floor, the second floor has two additional, roomy bedrooms and a full bathroom. The deck has mesmerizing daytime and nighttime views. Carmel schools!



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**COUNTRY CLUB RETREAT**  
49 Country Club Dr, Pacific Grove  
Open Saturday 1:00 - 3:00  
Vaulted ceilings • remodel • 2bd/2ba **\$819,000**



**STYLISH REMODEL**

**89 Montsalas, Monterey**  
Open Saturday 2:00 - 4:00  
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Call for a showing  
Historic charm & remodel • 2bd/2ba **\$743,000**



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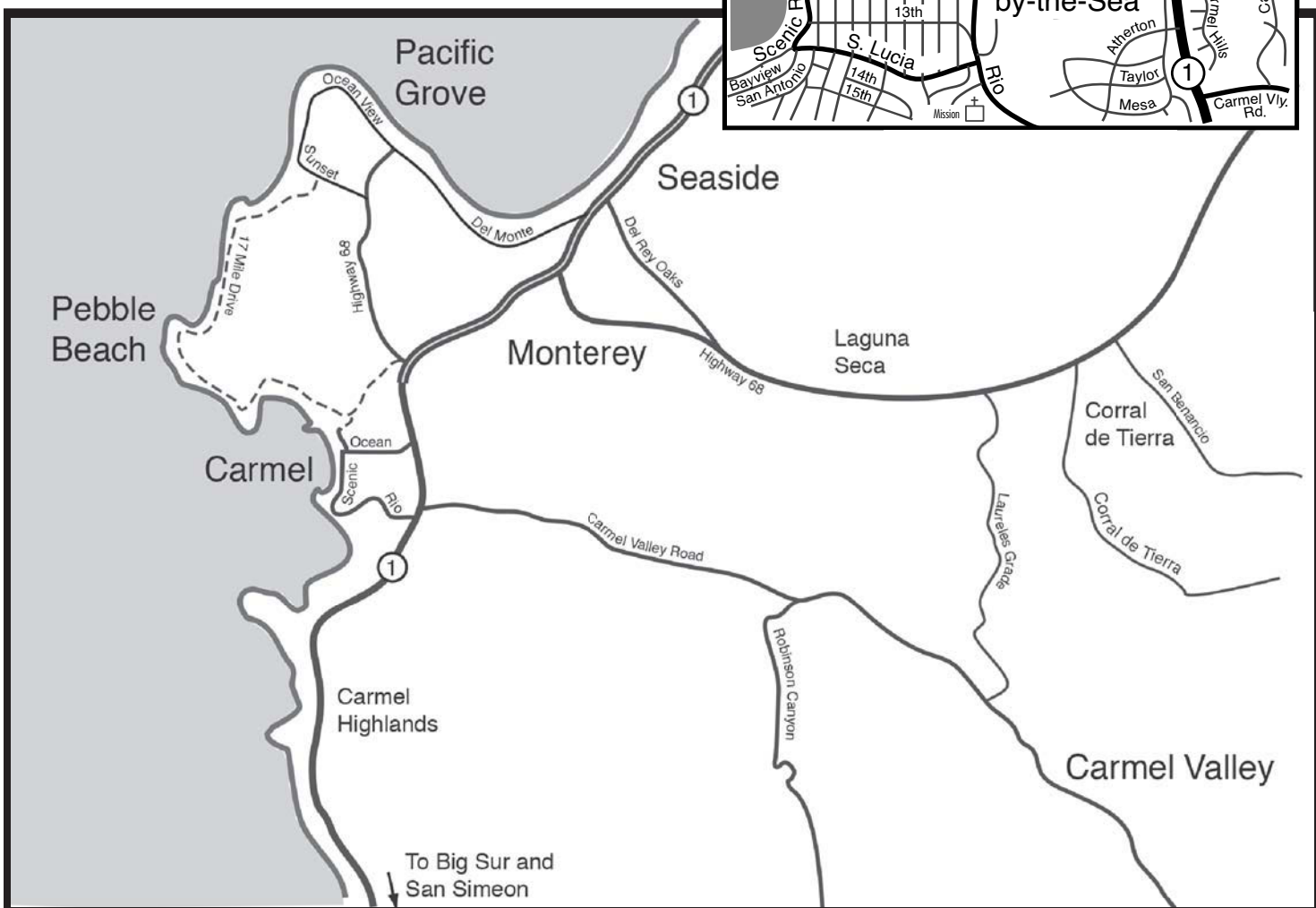
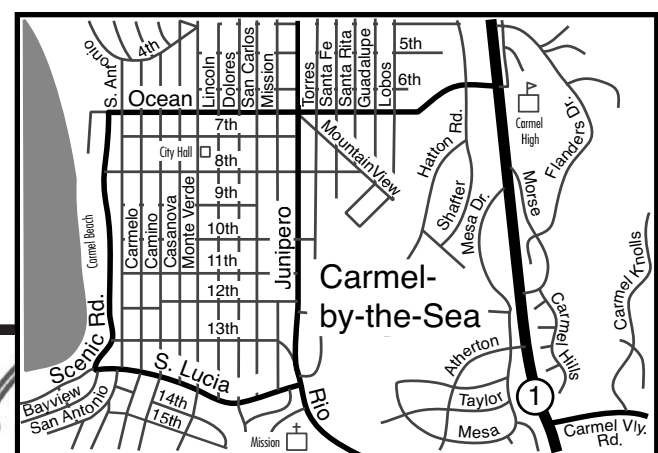
**CARMEL**

<b>\$295,000</b> 0bd 0ba 0 Oak Way Sotheby's Int'l RE	<b>Su 9-9:30</b> Carmel 236-8572
<b>\$750,000</b> 1bd 1ba 3504 Ocean Ave KW Coastal Estates	<b>Sa 12-2 Su 2-4</b> Carmel 521-9059
<b>\$785,000</b> 2bd 2ba 225 Del Mesa Carmel Alain Pinel Realtors	<b>Su 1-4</b> Carmel 622-1040
<b>\$810,000</b> 2bd 2ba 285 Del Mesa Carmel KW Coastal Estates	<b>Su 2-4</b> Carmel 277-4917
<b>\$845,000</b> 2bd 2ba 9669 Willow Ct Sotheby's Int'l RE	<b>Sa 1-3 Su 2-4</b> Carmel 601-4934 / 261-0714
<b>\$875,000</b> 4bd 3.5ba 3547 Fisher Place Sotheby's Int'l RE	<b>Sa 2-4</b> Carmel 224-3370
<b>\$970,000</b> 3bd 2ba Carpenter 2 SE of 5th Sotheby's Int'l RE	<b>Fr Sa 2-4</b> Carmel 293-4190
<b>\$1,150,000</b> 3bd 2.5ba 26065 Rotunda Drive Sotheby's Int'l RE	<b>Sa 11-3</b> Carmel 277-3838
<b>\$1,175,000</b> 4bd 3ba 27560 Via Sereno Sotheby's Int'l RE	<b>Sa 2-4</b> Carmel 297-2388
<b>\$1,298,000</b> 3bd 3ba 10480 Fairway Lane Coldwell Banker Del Monte Realty	<b>Sa 1-4</b> Carmel 594-5939
<b>\$1,299,000</b> 2bd 2ba San Carlos 2 SW of 2nd Butterfly Real Estate	<b>Sa Su 2-5</b> Carmel 601-6267
<b>\$1,300,000</b> 2bd 2ba 3466 Trevis Wy Sotheby's Int'l RE	<b>Fr 12-2 Sa 11-1</b> Carmel 293-4496
<b>\$1,349,000</b> 2bd 2ba 24292 San Juan Road Coldwell Banker Del Monte Realty	<b>Sa 1-3</b> Carmel 626-2221
<b>\$1,349,000</b> 3bd 2ba Junipero 3NE of 3rd Avenue Coldwell Banker Del Monte Realty	<b>Su 1-4</b> Carmel 747-0310
<b>\$1,349,000</b> 2bd 2ba 24292 San Juan Road Coldwell Banker Del Monte Realty	<b>Su 1-3</b> Carmel 626-2221
<b>\$1,395,000</b> 3bd 2.5ba 24648 Upper Trail Coldwell Banker Del Monte Realty	<b>Sa 1-4</b> Carmel 915-0065
<b>\$1,399,000</b> 3bd 2ba 3037 Lasuen Drive Sotheby's Int'l RE	<b>Su 2-4</b> Carmel 594-1302
<b>\$1,495,000</b> 4bd 2ba Casanova 3SW of 4th Coldwell Banker Del Monte Realty	<b>Sa 1-3</b> Carmel 596-7834
<b>\$1,500,000</b> 3bd 3.5ba 126 Cypress Way Coldwell Banker Del Monte Realty	<b>Sa Su 1-3</b> Carmel 915-9726
<b>\$1,575,000</b> 3bd 2.5ba Lincoln 4 SW of 7th Avenue Monterey Coast Realty	<b>Sa Su 1-3</b> Carmel 236-2940 / 809-6208
<b>\$1,655,000</b> 4bd 2ba Torres 2 NE of 5th Sotheby's Int'l RE	<b>Sa 1-3</b> Carmel 596-4647

<b>\$1,698,000</b> 6bd 4ba 25017 Valley Place Sotheby's Int'l RE	<b>Fr 1-5</b> Carmel 915-2341 / 917-1631
<b>\$1,698,000</b> 6bd 4ba 25017 Valley Place Sotheby's Int'l RE	<b>Sa 3-5 Su 2-4</b> Carmel 917-1631 / 402-1982
<b>\$1,789,000</b> 3bd 2.5ba Torres 2 NW of 11th Sotheby's Int'l RE	<b>Sa Su 2-4</b> Carmel 915-0632
<b>\$1,875,000</b> 2bd 1ba Monte Verde 3 SW of Ocean Avenue Carmel Realty Company	<b>Su 12-2</b> Carmel 574-0260
<b>\$1,895,000</b> 3bd 2ba 2946 Santa Lucia Ave Alain Pinel Realtors	<b>Fr 1-4 Sa 1-4 Su 12-3</b> Carmel 622-1040

# This Weekend's OPEN HOUSES

July 9-10



<b>\$2,195,000</b> 3bd 2ba San Antonio 2SE of 13th Coldwell Banker Del Monte Realty	<b>Sa Su 1-4</b> Carmel 415-990-9150 / 601-5991
<b>\$2,249,000</b> 3bd 2ba 24457 San Juan Road Alain Pinel Realtors	<b>Fr Sa Su 1-3</b> Carmel 622-1040
<b>\$2,395,000</b> 3bd 2ba 2643 Walker Ave Alain Pinel Realtors	<b>Sa 1-4</b> Carmel 622-1040
<b>\$2,450,000</b> 3bd 2.5ba 26335 Rio Ave Alain Pinel Realtors	<b>Fr 11-2 Sa 10-3 Su 1-4</b> Carmel 622-1040
<b>\$2,489,000</b> 4bd 3ba 2489 San Antonio Avenue Monterey Coast Realty	<b>Sa 12-3</b> Carmel 601-9131

<b>\$3,195,000</b> 4bd 3.5ba 25840 Hutton Road Carmel Realty Company	<b>Su 1-3</b> Carmel 224-6353
<b>\$3,595,000</b> 3bd 2ba Carmelo 3NW of 8th Coldwell Banker Del Monte Realty	<b>Su 1-3</b> Carmel 596-7834
<b>\$4,450,000</b> 3bd 4.5ba 2468 Bay View Sotheby's Int'l RE	<b>Sa Su 1-3</b> Carmel 236-0814
<b>\$4,450,000</b> 5bd 4ba 1 SW Corner of Scenic & Ocean Sotheby's Int'l RE	<b>Sa 11-1</b> Carmel 214-2250

<b>\$1,395,000</b> 3bd 3ba 15467 Via La Gitana Sotheby's Int'l RE	<b>Sa 2-4</b> Carmel Valley 261-0714
<b>\$1,495,000</b> 3bd 2.5ba 31475 Via Las Rosas Sotheby's Int'l RE	<b>Su 2-4</b> Carmel Valley 236-8572
<b>\$1,665,000</b> 5bd 4.5ba 11711 Camino Escondido Sotheby's Int'l RE	<b>Sa 1-4</b> Carmel Valley 601-6271
<b>\$1,750,000</b> 4bd 3ba 4 Vista Ladera Coldwell Banker Del Monte Realty	<b>Su 1-4</b> Carmel Valley 594-5939
<b>\$2,150,000</b> 3bd 2ba 31440 Via Las Rosas Sotheby's Int'l RE	<b>Su 2-4</b> Carmel Valley 236-8571
<b>\$3,395,000</b> 8bd 6.5ba 5500 Quail Meadows Drive Coldwell Banker Del Monte Realty	<b>Fr 4-7 Sa 1-4</b> Carmel Valley 277-5936

**CARMEL HIGHLANDS**

<b>\$1,595,000</b> 4bd 3ba 137 Carmel Riviera Drive Coldwell Banker Del Monte Realty	<b>Sa 12-3</b> Carmel Highlands 277-4683
<b>\$2,350,000</b> 2bd 2ba 244 Hwy 1 Coldwell Banker Del Monte Realty	<b>Su 12-2</b> Carmel Highlands 626-2222
<b>\$2,700,000</b> 4bd 4.5ba 224 Peter Pan Road Coldwell Banker Del Monte Realty	<b>Sa 1-3</b> Carmel Highlands 626-2222
<b>\$3,850,000</b> 4bd 3.5ba 246 Highway 1 Coldwell Banker Del Monte Realty	<b>Su 1-3:30</b> Carmel Highlands 214-9799
<b>\$5,950,000</b> 3+bd 3+ba 175 Sonoma Lane Alain Pinel Realtors	<b>Sa 2-4</b> Carmel Highlands 622-1040
<b>\$6,545,000</b> 3bd 3.5ba 56 Yankee Point David Lyng Real Estate	<b>Sa Su 1-3:30</b> Carmel Highlands 277-0640
<b>\$2,769,000</b> 3bd 3ba 89 Yankee Point Coldwell Banker Del Monte Realty	<b>Sa 12-2</b> Carmel Highlands 915-7256

**CARMEL VALLEY**

<b>\$325,000</b> 0bd 1ba 105 Hacienda Carmel Sotheby's Int'l RE	<b>Sa Su 1-3</b> Carmel Valley 277-6020
<b>\$495,000</b> bd ba 306 Country Club Heights Sotheby's Int'l RE	<b>Sa 9-9:30</b> Carmel Valley 236-8572
<b>\$579,000</b> 2bd 2ba 3 Wawona Rd Sotheby's Int'l RE	<b>Sa 1-4</b> Carmel Valley 333-6244
<b>\$699,000</b> 3bd 2ba 5 Cummings Drive Sotheby's Int'l RE	<b>Su 2-4</b> Carmel Valley 236-7251
<b>\$950,000</b> 4bd 2ba 25731 Tierra Grande Drive Coldwell Banker Del Monte Realty	<b>Sa Su 2-4</b> Carmel Valley 241-8900 / 717-7156
<b>\$975,000</b> 2bd 2.5ba 10 Rancho Fiesta Rd Sotheby's Int'l RE	<b>Sa 1-4</b> Carmel Valley 620-2351
<b>\$995,000</b> 2bd 2ba 45 Laurel Drive Coldwell Banker Del Monte Realty	<b>Sa 2:30-4</b> Carmel Valley 626-2222
<b>\$999,000</b> 4bd 3.5ba 34994 Sky Ranch Road Sotheby's Int'l RE	<b>Su 11-1</b> Carmel Valley 236-7251
<b>\$1,295,000</b> 3bd 2.5ba 50 Camino De Travesia Sotheby's Int'l RE	<b>Sa Su 1-3</b> Carmel Valley 594-8144 / 595-7633
<b>\$1,298,000</b> 3bd 3ba 10480 Fairway Lane Coldwell Banker Del Monte Realty	<b>Sa 1-4</b> Carmel Valley 594-5939
<b>\$1,394,000</b> 3bd 2ba 27920 Berwick Drive Sotheby's Int'l RE	<b>Su 1-3</b> Carmel Valley 905-2842

**DEL REY OAKS**

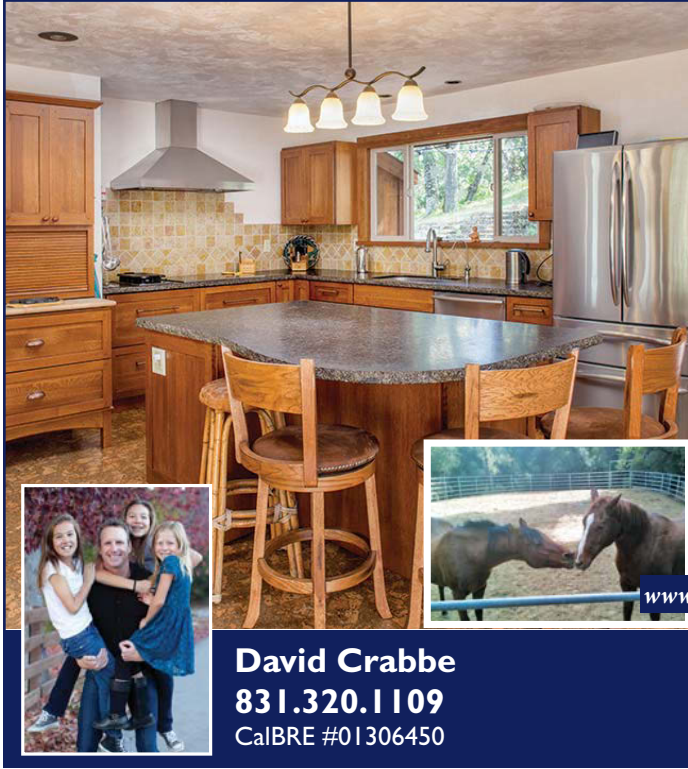
<b>\$469,000</b> 2bd 2ba 111 Quail Run Court Coldwell Banker Del Monte Realty	<b>Sa Su 1-3</b> Del Rey Oaks 905-2902
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**MARINA**

<b>\$490,000</b> 3bd 1.5ba 3076 Zanetta Drive Sotheby's Int'l RE	<b>Sa Su 2-4</b> Marina 601-2200
<b>\$515,000</b> 4bd 2ba 3072 Helena Way KW Coastal Estates	<b>Fr 1-4</b> Marina 420-8000
<b>\$515,000</b> 4bd 2ba 3072 Helena Way KW Coastal Estates	<b>Sa 1-4 Su 2-4</b> Marina 420-9451 / 869-2777

**MONTEREY**

<b>\$499,000</b> 2bd 1.5ba 504 Ocean Ave #3 Coldwell Banker Del Monte Realty	<b>Sa Su 2-4</b> Monterey 915-9771
<b>\$525,000</b> 3bd 2.5ba 89 Montsalas Dr The Jones Group	<b>Sa 2-4</b> Monterey 236-7780
<b>\$690,000</b> 3bd 1.5ba 2299 Irving Avenue Alain Pinel Realtors	<b>Sa 1:30-4</b> Monterey 622-1040
<b>\$749,000</b> 3bd 2ba 508 Mar Vista Drive Alain Pinel Realtors	<b>Sa 1-4 Su 12-3</b> Monterey 622-1040
<b>\$795,000</b> 3bd 1.5ba 74 Bartolomea Wy Sotheby's Int'l RE	<b>Sa 1-4</b> Monterey 521-9484
<b>\$875,000</b> 4bd 3ba 263 San Bernabe Dr The Jacobs Team	<b>Sa 2-4 Su 1-4</b> Monterey 236-7976
<b>\$887,000</b> 2bd 1.5+ba 543 Pine Street Sotheby's Int'l RE	<b>Sa Su 11-4</b> Monterey 238-8116
<b>\$929,000</b> 3bd 3ba 241 Via Gayuba Coldwell Banker Del Monte Realty	<b>Sa 1-3</b> Monterey 809-0532
<b>\$975,000</b> 4bd 3ba 2 Black Tail Ln The Jacobs Team	<b>Sa 1-3</b> Monterey 236-7976
<b>\$995,000</b> 4bd 2ba 252 Via Gayuba Coldwell Banker Del Monte Realty	<b>Sa 12-2</b> Monterey 320-6382
<b>\$995,000</b> 2bd 2ba 124 Littlefield Sotheby's Int'l RE	<b>Su 2-4</b> Monterey 901-5575



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<b>\$1,895,000</b> 3bd 2ba Dolores 2 NE of 2nd Coldwell Banker Del Monte Realty	<b>Su 2-4</b> Carmel 333-6261
<b>\$1,995,000</b> 5bd 3ba 3029 Lorca Lane Alain Pinel Realtors	<b>Sa 1-3</b> Carmel 622-1040
<b>\$1,998,000</b> 3bd 2.5ba 3055 Lorca Lane Coldwell Banker Del Monte Realty	<b>Su 1-3</b> Carmel 241-4259
<b>\$2,100,000</b> 3bd 2ba SE Corner of 2nd & Dolores Street Carmel Realty Company	<b>Sa 2-4</b> Carmel 224-6353
<b>\$2,129,000</b> 3bd 3ba San Carlos 2NE of 1st Coldwell Banker Del Monte Realty	<b>Su 2-4</b> Carmel 785-248-8248
<b>\$2,150,000</b> 3bd 3.5ba 3238 Taylor Road Sotheby's Int'l RE	<b>Sa 12-2</b> Carmel 595-0676

<b>\$2,495,000</b> 3bd 3ba 2656 Walker Ave Coldwell Banker Del Monte Realty	<b>Sa 2-4</b> Carmel 277-7200
<b>\$2,550,000</b> 4bd 3ba NE Corner of Forest & 7th Avenue Carmel Realty Company	<b>Sa 12-3</b> Carmel 574-0260
<b>\$2,998,000</b> 3bd 2.5ba Dolores 4SW of 8th Coldwell Banker Del Monte Realty	<b>Sa 1-4</b> Carmel 747-0310
<b>\$2,999,000</b> 3bd 2ba 12th 2 SW of Monte Verde Avenue Carmel Realty Company	<b>Sa 1-4 Su 1-3</b> Carmel 236-2658
<b>\$2,995,000</b> 3bd 3ba 26339 Valley View Avenue Coldwell Banker Del Monte Realty	<b>Sa 11:30-1:30</b> Carmel 594-7283
<b>\$3,099,000</b> 3bd 3.5ba Casanova 2 NE 7th Street Coldwell Banker Del Monte Realty	<b>Sa 2-5 Su 2:30-4:30</b> Carmel 594-6566 / 626-2222



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**SHOWN BY APPOINTMENT**



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**SHOWN BY APPOINTMENT**



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CARMEL VALLEY | \$4,500,000  
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30 ACRE LOT  
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MARINA | \$569,000  
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From page 16RE

## MONTEREY

- \$1,199,000 3bd 2.5ba** **Sa Su 1-4**  
120 Dunecrest Ave  
KW Coastal Estates  
Monterey 277-8712
- \$1,299,500 3bd 2.5ba** **Sa 2-4**  
471 Belden Street  
Coldwell Banker Del Monte Realty  
Monterey 214-0105
- \$1,495,000 4bd 3.5ba** **Su 2-4**  
817 Martin St  
The Jacobs Team  
Monterey 236-7976

## MONTEREY SALINAS HIGHWAY

- \$749,000 5bd 3ba** **Sa 1-3**  
87 San Benancio Road  
Sotheby's Int'l RE  
Mtry./Slms Hwy 901-5575
- \$995,000 4bd 3.5ba** **Sa 2-4**  
26540 Covey Lane  
Coldwell Banker Del Monte Realty  
Mtry./Slms Hwy 596-3825
- \$1,795,000 4bd 3.5ba** **Sa 12-3**  
18575 Rancho Del Rio Dr  
The Jacobs Team  
Mtry./Slms Hwy 236-7976
- \$2,395,000 6bd 7ba** **Sa 1-3**  
25315 Camino de Chamisal  
KW Coastal Estates  
Mtry./Slms Hwy 601-3284

## PACIFIC GROVE

- \$625,000 2bd 1ba** **Sa 1-3 Su 2-4**  
1009 Hillside Ave  
KW Coastal Estates  
Pacific Grove 915-5585 / 415-710-7195
- \$789,000 2bd 1ba** **Fr 4-6 Sa 1-4 Su 1-3**  
406 19th Street  
Sotheby's Int'l RE  
Pacific Grove 915-8989 / 915-2341
- \$799,950 3bd 1.5ba** **Fr 2-5 Su 2-4**  
844 Marino Pines  
Sotheby's Int'l RE  
Pacific Grove 241-8871 / 402-2884
- \$819,000 2bd 2ba** **Sa 1-3**  
49 Country Club Gate  
The Jones Group  
Pacific Grove 277-8217
- \$839,000 3bd 1.5ba** **Sa 1-3**  
916 19th St  
The Jones Group  
Pacific Grove 915-1185
- \$849,000 2bd 1ba** **Sa 2:30-5**  
585 Ocean View Blvd #7  
Sotheby's Int'l RE  
Pacific Grove 236-7251
- \$850,000 1bd 1ba** **Sa 11-2 Su 11-1**  
301 Fountain Avenue  
Sotheby's Int'l RE  
Pacific Grove 224-6441 / 901-5575
- \$895,000 2bd 2ba** **Sa Su 1-3**  
420 11th Street  
Coldwell Banker Del Monte Realty  
Pacific Grove 261-0860 / 601-3230
- \$899,000 3bd 2.5ba** **Sa 1-4**  
1112 Austin Ave  
Sotheby's Int'l RE  
Pacific Grove 595-0797
- \$959,400 3bd 2.5ba** **Fr Sa Su 1-4**  
2906 Ransford Ave  
Sotheby's Int'l RE  
Pacific Grove 277-3464 / 620-5727
- \$975,000 3bd 2ba** **Fr 1-3 Su 1-3**  
924 14th Street  
Coldwell Banker Del Monte Realty  
Pacific Grove 917-1680
- \$1,094,000 4bd 2ba** **Sa 2-4**  
814 Congress Ave  
Coldwell Banker Del Monte Realty  
Pacific Grove 626-2221

- \$1,095,000 3bd 2ba** **Su 2-4**  
657 Spazier Avenue  
Coldwell Banker Del Monte Realty  
Pacific Grove 214-0105
- \$1,150,000 4bd 3ba** **Fr 2:30-5:30 Sa 4-6**  
940 Forest Ave  
KW Coastal Estates  
Pacific Grove 236-7161 / 917-8977
- \$1,165,000 3bd 2ba** **Sa Su 1-4**  
108 19th St  
Sotheby's Int'l RE  
Pacific Grove 601-2356
- \$1,195,000 3bd 2+ba** **Su 1-3**  
111 17th Street  
Coldwell Banker Del Monte Realty  
Pacific Grove 915-4092
- \$1,399,500 4bd 2.5ba** **Su 1-3**  
940 14th Street  
Coldwell Banker Del Monte Realty  
Pacific Grove 595-4759
- \$1,450,000 4bd 2ba** **Sa 10-4 Su 10-4**  
894 Laurel Ave  
Alain Pinel Realtors  
Pacific Grove 622-1040
- \$1,795,000 3bd 2.5ba** **Sa Su 1-3**  
841 Bayview Ave.  
Sotheby's Int'l RE  
Pacific Grove 915-9710
- \$2,095,000 4bd 3.5ba** **Sa Su 1-3**  
1258 Shell Avenue  
Sotheby's Int'l RE  
Pacific Grove 869-2424 / 521-8045
- \$2,500,000 4bd 3ba** **Sa Su 1-4**  
769 Lighthouse Avenue  
Sotheby's Int'l RE  
Pacific Grove 293-3030 / 809-6636

## PEBBLE BEACH

- \$1,099,000 3bd 2.5ba** **Su 1-4**  
2822 Raccoon Trail  
Sotheby's Int'l RE  
Pebble Beach 915-8989
- \$1,225,000 3bd 3.5ba** **Fr 3-5 Sa 2-4**  
3093 Stevenson Dr  
Sotheby's Int'l RE  
Pebble Beach 293-4496
- \$1,250,000 4bd 2.5ba** **Sa 2:30-4:30**  
3035 Sloat Rd  
KW Coastal Estates  
Pebble Beach 236-5931
- \$1,339,000 3bd 2ba** **Sa 10-12 Su 1-3**  
3146 Bird Rock Road  
Coldwell Banker Del Monte Realty  
Pebble Beach 277-5936 / 601-9559
- \$1,349,000 2bd 2.5ba** **Sa 12-2**  
2972 Crescent Rd  
John G. Davi Properties  
Pebble Beach 646-9988
- \$1,495,000 4bd 2.5ba** **Su 1-4**  
2832 Paradise Park Road  
Alain Pinel Realtors  
Pebble Beach 622-1040
- \$1,888,000 4bd 3ba** **Su 11-1**  
1144 Arroyo Dr  
Coldwell Banker Del Monte Realty  
Pebble Beach 747-1514
- \$2,675,000 2bd 3ba** **Sa Su 1-4**  
1504 Venadero Road  
Coldwell Banker Del Monte Realty  
Pebble Beach 915-9726 / 594-9402
- \$2,879,000 4bd 4.5ba** **Sa 1-3**  
3168 Palmero Way  
Sotheby's Int'l RE  
Pebble Beach 277-1358
- \$3,535,000 4bd 3.5ba** **Su 1-4**  
67 Spanish Bay Cir  
KW Coastal Estates  
Pebble Beach 916-804-3754
- \$3,595,000 4bd 4.5ba** **Sa 1-3**  
64 Spanish Bay Circle  
Carmel Realty Company  
Pebble Beach 917-6081
- \$4,350,000 4bd 4ba** **Fr 2-4**  
3363 17 Mile Drive  
Coldwell Banker Del Monte Realty  
Pebble Beach 747-0310
- \$4,490,000 3bd 3ba** **Sa Su 2-4**  
3044 Cormorant Road  
Alain Pinel Realtors  
Pebble Beach 622-1040
- \$4,495,000 4bd 4+ba** **Su 1-3**  
1038 Rodeo Rd  
Sotheby's Int'l RE  
Pebble Beach 214-2250

- \$5,700,000 9bd 8.5ba** **Sa Su 1-4**  
1476 Bonifacio Rd  
KW Coastal Estates  
Pebble Beach 809-0158
- \$5,845,000 7bd 5+ba** **Su 1-4**  
3108 Flavin Lane  
Sotheby's Int'l RE  
Pebble Beach 277-1169

## PRUNEDALE

- \$667,000 3bd 2ba** **Sa 2-4**  
343 Paradise Road  
Coldwell Banker Del Monte Realty  
Prunedale 594-7115

## SALINAS

- \$385,000 3bd 2ba** **Sa 11:30-3 Su 12-4**  
1310 Primavera Street Unit 123  
Sotheby's Int'l RE  
Salinas 383-8977
- \$415,000 3bd 2ba** **Sa 1-3**  
19105 Creekside Pl  
KW Coastal Estates  
Salinas 277-7283
- \$472,500 4bd 2ba** **Su 1-3**  
407 Capitol St  
The Jones Group  
Salinas 717-7720
- \$649,000 4bd 3ba** **Su 12-3**  
1118 Montecito Circle  
Alain Pinel Realtors  
Salinas 622-1040

- \$695,000 4bd 2.5ba** **Su 1-3**  
202 Rio Verde  
Coldwell Banker Del Monte Realty  
Salinas 915-2109
- \$769,500 3bd 2ba** **Su 11-1**  
14065 Mountain Quail Road  
Sotheby's Int'l RE  
Salinas 402-2884

## SANTA CRUZ

- \$879,000 5bd 3ba** **Sa 12-2 Su 1-4**  
3360 Malibu Drive  
Coldwell Banker Del Monte Realty  
Santa Cruz 236-8800

## SEASIDE

- \$495,000 3bd 1.5ba** **Sa 2-4**  
1898 Nadina  
Sotheby's Int'l RE  
Seaside 402-3800
- \$549,000 3bd 2ba** **Su 2-4**  
1275 Hilby Avenue  
Sotheby's Int'l RE  
Seaside 402-3800
- \$759,888 3bd 2.5ba** **Sa 2-4**  
4750 Sea Crest Ave  
KW Coastal Estates  
Seaside Highlands 626-1005

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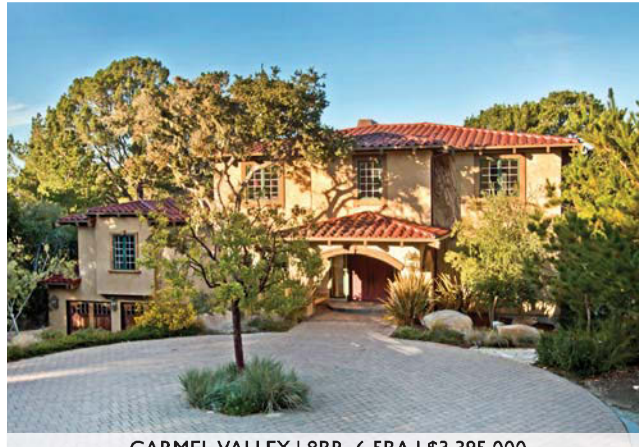
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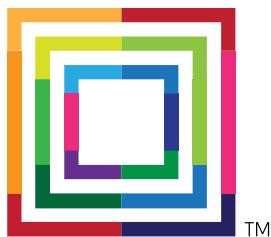
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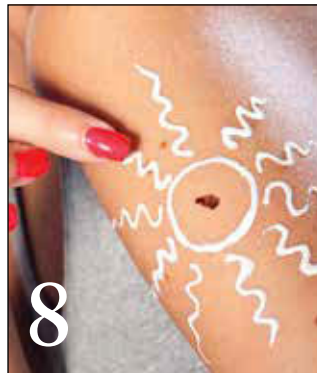
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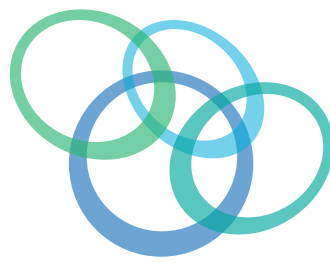
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Healthy Lifestyles is published quarterly

The Carmel Pine Cone

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Carmel Communications, Inc.

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## ABOUT THE COVER

Whether at the beach or the pool, sunscreen and a hat can prevent problems down the road. Photo at Bernardus Lodge by Paul Miller.

# EDITOR'S NOTE



## Welcome...

### *Fretting never prevented anything — except happiness*

SOME OF you read this magazine and feel smug. You have great blood pressure, your diet's impeccable and you wonder how your high school classmates got so decrepit while you're still running the Big Sur Marathon every year.

Some of you don't read this magazine unless your spouse (see feeling smug, above) dog-ears an article and shoves it under your nose. And some of you, like me, suspect that you have every disease you read about and death is imminent. I'm fair-skinned, sunburn easily and have more moles on my arms than you can count, so of course I wrote the skin cancer story for this issue between slathering on layers of SPF 50.

But, as a wise friend of mine once said as I was fretting over having an MRI, "Knowledge is power."

She's right, of course.

So in this issue, we'll help you be better prepared for what life can throw at you, like managing living alone after outpatient surgery. You'll read about why it's important to wear a hat, even on foggy days, and get the lowdown on whether vitamins and herbal supplements are really worth taking.

Looking for a low-impact workout that can also help prevent falls? It's in here. Finally, there's a lovely summer recipe from Chef Cal Stamenov of Bernardus and a lighter take on some preventive measures that don't exist now, but maybe should.

Be brave. Read on, keep calm and apply sunscreen.

*Elaine Hesser*  
Editor

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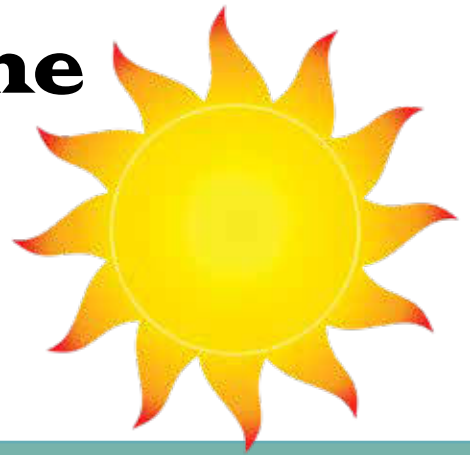
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# Having your day in the



# SUN



## could cost you down the line

By **ELAINE HESSER**

**I**F YOU'RE of a certain age, you probably remember advertisements for Coppertone suntan lotion. There was a cartoon of a blonde toddler standing on a beach, where a dog had the bottom half of her swimsuit snagged in its teeth. When the suit is pulled away from the kid's derriere, there's a pronounced tan line. Some of the older ads even included the tagline, "Don't be a paleface."

That was back when suntans were beautiful, or as one codger said, "At least, brown fat looked better than white fat." Tourists basked around hotel pools, and serious golfers all over the peninsula sported "healthy tans." It was definitely the bad old days for skin.

Just ask Roya Javid, board-certified dermatologist and owner of Coastal Valley Dermatology on Carmel





**Monterey dermatologist Julie Kenner, owner of SkinHappy MD, practiced for 14 years in Hawaii**



**Roya Javid, dermatologist and owner of Coastal Valley Dermatology on Carmel Rancho Lane, has seen a lot of skin damage due to sun exposure**

Rancho Lane. In her years of practice in California, Pennsylvania and West Virginia, Javid has seen a lot of skin damage due to sun exposure.

So has board-certified dermatologist Julie Kenner of SkinHappy MD in Monterey, who practiced for 14 years in Hawaii.

No matter where you live, you're dealing with two kinds of

ultraviolet rays that get through the atmosphere — UVA and UVB. UVA rays are responsible for visible skin damage, like wrinkles, while UVB rays are responsible for cancer — although the World Health Organization's website says recent studies "strongly suggest" that UVA exposure "may enhance the development of skin cancers." Both types of radiation contribute to sunburns.

Many things affect how much UV radiation a person's exposed to and its effects. Skin color, time of day, and time of year are all factors. As avid skiers and hikers know, the higher the altitude, the greater the exposure, and travelers understand that exposure also increases as you near the equator.

The sun's reflection off the water and foam at the beach also adds significantly to the chance of a sunburn and time spent in a snowy field can produce the same effect.

While clouds and fog block some UV rays, it's important not to overestimate the amount of protection they provide. Javid said 60-80 percent of radiation can penetrate clouds depending on how heavy the coverage is. "Ask any golfer who's played Pebble Beach on a cloudy day," she said.

So, what can happen if we don't mind our sun exposure? Javid and Kenner said the most common kind of skin cancer is basal cell carcinoma, which they see on spots exposed to the sun over the course of a lifetime — the face, the ears, temples, nose, head and neck. It is fairly easily treated, especially if

*Continues on page 22 SKIN*



# EARLY DETECTION OF MELANOMA

## — KNOW YOUR ABCs

**A** key to preventing the spread of melanoma is early detection. It can be deadly, so spotting it before it spreads to other parts of the body is vital. Dermatologists and the Skin Cancer Foundation recommend the A-B-C-D-E approach, plus the Ugly Duckling sign, when looking at moles and brown spots.

**A is for asymmetrical**, meaning that if you draw a straight line through the middle of the mole or spot, it should look the same on either side.

**B is for borders**. A benign mole has smooth, even borders, but a malignant mole often has irregular ones.

**C is for color**. Benign moles are usually one color, usually a single shade of brown, but if you have a mole



that's an odd color or multi-colored, bring it to your dermatologist's attention.

**D is diameter**. If it's bigger than a pencil eraser, again it warrants your dermatologist's notice.

**E is for evolving**. If you notice a mole changing in size, color or texture, it

might be malignant.

Finally, the **Ugly Duckling** sign: Think of that old "Sesame Street" song, "One of these things is not like the others," and you get the idea. Benign moles tend to look like one another, but an outlier — one that's darker, bigger or otherwise "sticks out" — may be problematic.

If ever there was a good reason to get to know your skin, this is it. And of course, nothing substitutes for an annual exam by a qualified dermatologist. ☞

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# Peripheral Neuropathy WARNING!

Monterey, CA- The most common method your doctor will recommend to treat your neuropathy is with prescription drugs that may temporarily reduce your symptoms. These drugs have names such as Gabapentin, Lyrica, Cymbalta, and Neurontin, and are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects. Peripheral neuropathy is a result of damage to the nerves often causing weakness, pain, numbness, tingling, and the most debilitating balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet which causes the nerves to begin to degenerate due to lack of nutrient flow.

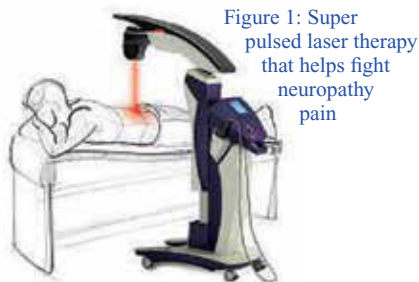


Figure 1: Super pulsed laser therapy that helps fight neuropathy pain

As you can see in Figure 1, as the blood vessels that surround the nerves become diseased, they shrivel up, which causes the nerves to not get the nutrients to continue to survive. When these nerves begin to “die”, they cause you to have balance problems, pain, numbness, tingling, burning, and many additional symptoms. The main problem is that your doctor has told you to just live with the problem or try the drugs which you don’t like taking because they make you feel uncomfortable. There is now a facility right here in Monterey that offers you hope without taking those endless drugs with serious side effects. (See the special neuropathy severity examination at the end of this article.)

In order to effectively treat your neuropathy, three factors must be determined:

- 1) What is the underlying cause?
- 2) How much nerve damage has been sustained?  
NOTE: Once you have sustained 85% nerve loss, there is likely nothing that we can do for you.
- 3) How much treatment will your condition require?

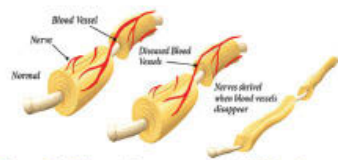


Figure 2: When these very small blood vessels become diseased they begin to shrivel up and the nerves begin to degenerate.

The treatment provided by Natural Foundations Center has three main goals:

- 1) Increase blood flow
- 2) Stimulate small fiber nerves
- 3) Decrease brain based pain

The treatment to increase blood flow utilizes a specialized low level light therapy using light emitting diode technology. This technology was originally developed by NASA to assist in increasing blood flow. The low level light therapy is like watering a plant. The light therapy will allow the blood vessels to grow back around the peripheral nerves and provide them with the proper nutrients to heal and repair. It’s like adding water to a plant and seeing the roots grow deeper and deeper.

The amount of treatment needed to allow the nerves to fully recover varies from person to person and can only be determined after a detailed neurological and vascular evaluation.

As long as you have not sustained at least 85% nerve damage, there is hope!

Dr. Susan White, DC, at Natural Foundations Chiropractic Center, will do a neuropathy severity examination to determine the extent of the nerve damage for only \$60. This neuropathy severity examination will consist of a detailed sensory evaluation, and a detailed analysis of the findings of your



Figure 3: The blood vessels will grow back around the nerves much like a plant’s roots grow when watered.

neuropathy. Dr. Susan White, DC, will be offering this neuropathy severity examination for a limited time.

Call (831) 684-7473 to make an appointment with Dr. Susan White, DC to determine if your peripheral neuropathy can be treated.



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Thank you - Toni B

# YOU MIGHT PREVENT SOME INJURIES BY HEADING TO THE *barre*



By ELAINE HESSER

YOU DON'T have to be a dancer to benefit from a barre workout. That's one of the myths about the classes that studio owners Carolyn Matera of Go Figure and Arianne Bautista of Carmel Barre would like to have busted.

The mistake's an honest one because the barre is usually associated with ballet. The classes Matera and Bautista teach, however, incorporate Pilates and yoga with some very basic ballet positions and moves.

Another assumption people make is that the workout is slow-moving and done to classical music. The reality is that classes are lively, with high-energy tunes filling the studio. Students are of all shapes, sizes and ages,



sometimes well into their 80s. It's low-impact and adaptable for people who are recovering from injuries. Perhaps more importantly, it can protect people from those injuries in the first place.

Matera, who teaches something called The Figure Method, said that it's "incredibly effective in toning, strengthening and conditioning the entire body." Bautista uses a similar approach she learned in Oregon over a decade ago. Both emphasize the importance of proper form, posture, balance, flexibility and building strength in the abdomen and lower back — also referred to as "the core" — all of which are valuable in preventing injuries.

Matera — who's been teaching for 26 years — has had some real-life experience with that. She related that she was carrying packages down some stairs one day and found out the hard way that one step was loose. "I tightened up my core to regain my balance," she said, narrowly averting a fall.

So what is one of these workouts like? Most barre classes are held in studios, but Bautista takes hers to her students from time to time, whether it's in a workplace or down at the beach. Sessions

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EFFECTIVE IN  
TONING,  
STRENGTHENING  
AND  
CONDITIONING  
THE ENTIRE BODY."**



average between 45 minutes and an hour, and begin with a warm-up to get the muscles loose. Upper body workouts with light weights might follow, or push-ups on the barre.

Bautista said that despite her cautions, a lot of people who are accustomed to other types of workouts select weights that soon become too heavy, because one feature of barre classes is numerous repetitions of small, intense movements.

From there, the workout proceeds to legs, abdominal muscles and back muscles, often using props like balls, bands or blocks. The music is moderately fast, and students find they get a fairly good aerobic workout. Since both instructors



believe it's better to stretch warm muscles, that's how classes end.

Matera and Bautista both talked about the importance of maintaining good posture, especially as people


age, and they say that barre's emphasis on keeping a straight back and good alignment are quite helpful.

How effective are the classes?

*Continues on page 14 EXERCISE*

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*EXERCISE continues from page 13*

Bautista said hers are frequented by doctors, nurses and other medical professionals, including physical therapist Carey-Leah Havrilko, who drives from Salinas to attend. She's been doing it for three years, first at the Monterey Sports Center and now at Carmel Barre.

In addition to helping her stay strong — physical therapy can be demanding work at times — Havrilko said she believes barre classes can



**Some parts of the classes can be done without the barre, as Arianne Bautista's beach classes show.**

help prevent a variety of problems. "Improved posture and core strength can help prevent neck and back pain from the prolonged sitting that many people find themselves doing these days, and weight-bearing exercise that strengthens your muscles will support joints like knees and shoulders, to reduce the effects of degenerative conditions like arthritis — or slow their onset," she said.

She added that while you don't have to be able to go en pointe like a ballerina, "there are a good number of opportunities to practice standing on one foot or on tiptoes," improving balance. Not only does Havrilko enjoy the benefits of the class, but, she said, "I often 'borrow' exercises I have learned in class to teach my patients, and recommend barre to many of



them, because it is so modifiable."

Bautista and Matera hope you'll visit one — or both — of their studios to check out the schedules and classes, and find one that's right for you. ☺

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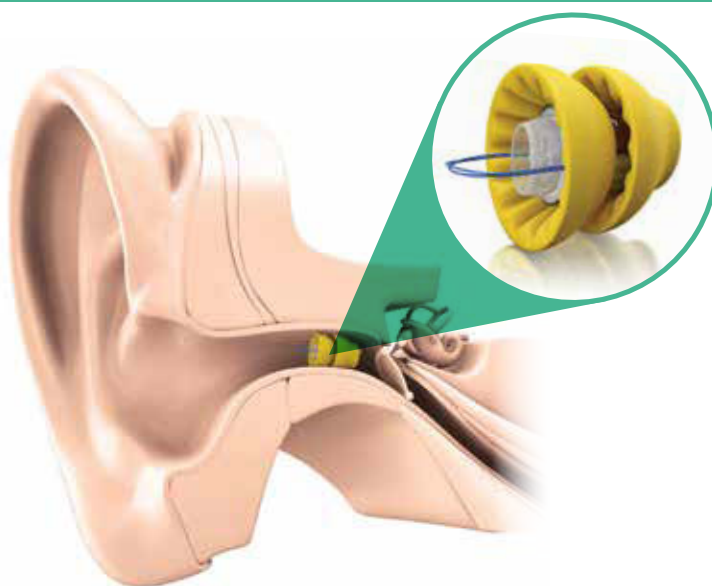
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# PREVENTIVE MEASURES THAT DON'T WORK ONLY BECAUSE NOBODY'S TRIED THEM

By ELAINE HESSER

THERE'S NO doubt people know a lot more about preventing injury and illness than they did, say, 40 or 50 years ago. For example, it used to be that getting in a good bike ride meant hopping on the old three-speed Schwinn and coasting down Ocean Avenue until you either wiped out while trying to avoid a gaggle of tourists, or made it safely to the beach and back uphill. It was risky business.

Today's riders are much safer. They suit up in UV-blocking bicycle pants that won't get caught in the chain, buckle on helmets, slather on sunscreen, don high-impact sunglasses, warm up, stretch, hydrate, make sure the bike's adjusted for optimal neck and spinal alignment and then realize it's too dark to go for a ride.

There's nothing wrong with an ounce of prevention, but these days it feels like someone's backed up a two-ton truckload of it and dumped it on the doorstep — and



These don't remotely improve your health.

sometimes the advice conflicts, as in "get sunshine for vitamin D, but stay out of the sun to avoid cancer." Nevertheless, in spite of this proliferation, there are a few additional preventive measures that might be worthwhile.

In the interest of lowering everyone's blood pressure, just cancel the rest of the presidential campaign season and have the candidates do a few rounds of winner-take-all rock-paper-scissors.

Send out an electronic pulse that disables TV remotes, so people who want to switch between KION and KSBW for hours on end at least have to walk back and forth to change the channel. The Carmel Foundation could offer seminars for younger people unfamiliar with that procedure.

Combine the benefits of red wine with yoga.



Continues on page 20 LIGHTER

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BE SMART, SLEEP SMART

# Soloing post-surgery — tips and tricks to help you out

By **ELAINE HESSER**

**I**F YOU live alone like I do, you probably treasure your independence. After many years of going it on my own, I thought I was up for most of the challenges I'd have to meet. But I didn't expect how much a simple outpatient knee surgery would temporarily change my life.

I wanted to share some things I learned — and some that other people passed along — in case you face the same situation. And keep in mind, Murphy was an optimist.

First, find someone to stay with you for at least the first day or two. I got around surprisingly well, but the peace of mind from having a friend close by was priceless.

Give a few trusted folks house keys and keep your cell phone charged and within reach. Make sure someone has contact info for your family and vice-versa, especially if they live far away. A call saying, "She's out of surgery and she's fine," can put relatives' minds at ease. Also, if you're not picking up when family calls, they'll know someone nearby who can check on you.

Next, take a good look at your home. Stairs would be an obvious obstacle, but I never thought about the fact that my carport is about 30 yards from my door, which might as well have been a mile at first. I was released to drive several days before I could actually get to the car.

Pay attention to what you do every day, and think about how you might have to adapt. For example, if your procedure will affect sitting and standing, consider having a raised toilet seat installed. Also, think about heavy items you routinely lift and move around — and remember, 10 pounds can be "heavy," depending on how you feel.

A hand-held shower is a godsend. It will let you keep your surgery site dry while you wash your hair. Plastic wrap to protect the site when you do shower is useful, as is making sure you have a spot set up to take a sponge bath if you need it. Feeling clean is a real morale booster.

*Continues on page 24 ALONE*



***Stairs would be an obvious obstacle, but I never thought about the fact that my carport is about 30 yards from my door, which might as well have been a mile at first.***

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Label wine tasting room doors with pictures of various poses, which must be completed and held for at least four breaths before you could partake of the pinot. There would also be a map ranking rooms and poses in order of difficulty, so you could save the tough ones until you're sufficiently limbered up.

Install treadmills in the Monterey airport parking lot. Drivers who walk at least 30 minutes get a coupon to leave their cars in short-term parking at a discount. Forty-five minutes earns a sand dab lunch at the Golden Tee.

Stationary bikes to power Wi-Fi hot spots. What juvenile obesity problem?

To encourage more activity during the Bach Festival, install a zip line inside Sunset Center. Think of the calories that would be burned as riders repeatedly climbed to the balcony to get on! Zip-themed performances of pieces like "The Ride of the Valkyries" and "Flight of the Bumblebee" could also be scheduled year-round.

Get your calcium by bringing a gallon of low-fat milk to a city council meeting. Do a shot every time someone

**Consider slamming a shot of low-fat milk at a Carmel city council meeting every time someone mentions bonfires, parking or the neighbor's new paint job.**

mentions parking, traffic or bonfires. Drink a whole glass if someone uses the phrase, "the character of our village."

Hone meditation skills by driving in Big Sur on a summer weekend. If you can remain calm while a tour bus stops and unloads for selfies in the middle of Bixby Bridge, you're a Zen master. ☯



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CANCER continues from page 9

caught in its early stages. There is little pain associated with removal, and if surgery is necessary, it's often done right in the doctor's office.

The second most common is squamous cell carcinoma, which is also found on the head and neck as well as the backs of the hands and arms, especially on the left side — the driver's side of the car. Javid said she finds it on women's lower legs, ankles and toes, too. Yup — if you spend time in peep-toes, better put some sunscreen on those little piggies!

According to the Skin Cancer Foundation, squamous cell carcinoma is common in people who spend long periods of time in the sun, either for work or leisure — golfers and other outdoor enthusiasts take note. Tanning beds are another culprit. Again, if detected early on, treatment is relatively simple, usually on an outpatient basis with local anesthetic and little pain.

The least common — but most dangerous — form of skin cancer is melanoma. Javid and Kenner both noted that its incidence is on the rise compared to other deadly cancers. Melanoma is not as closely correlated to sun exposure as the first two types, but the Skin

Cancer Foundation says severe sunburns and tanning bed use are associated with it.

- The reason melanoma is so dangerous is that it
- metastasizes much more commonly than the other two
- types, which Javid
- said have less than a
- five percent chance of
- moving to other organs
- or parts of the body. Here
- again, early detection is
- key.

- To that end, Javid said
- she teaches her patients
- about the A-B-C-D-E
- and "ugly duckling"
- methods of detecting
- melanoma (see sidebar,
- page 10), and strongly
- recommends annual checkups with a dermatologist. Let's
- face it: that's good advice if for no other reason than that
- there are parts of yourself that you just can't see.

Also, ask your dermatologist for recommendations for sunscreen. Kenner said that not all over-the-counter products are created equal, and it's important to use something that's effective for you. For example, some medications increase sensitivity to sun, as do some skin treatments like those done with alpha-hydroxy acids — so you'll need to compensate for that.

Javid explained that the SPF number (short for sun protection factor) indicates how much longer you can stay out in the sun before burning. If normally you burn in 10 minutes, an SPF of 15 means you can go 150 minutes without burning. And both doctors emphasized the importance of re-applying sunscreen every two to four hours, more often if you're in the water or sweating.

You'll want something that blocks both UVA and UVB rays, and that information should be on the label. Javid likes products that contain zinc oxide or titanium dioxide, because they physically block the sun's rays, and she said there are modern products with those chemicals that won't give you that "lifeguard nose" look of days gone by. Kenner and Javid both like the innovations they're seeing in UV-blocking clothing, too.

Finally, if you don't have a dermatologist, ask your doc to refer you, especially if you're over 50, have a close relative with melanoma or you've spent a lot of time in the sun. And if you're a Coppertone paleface, don't worry — that look is in. Very in. ☞

**Yup if you spend time in peep-toes, better put some sunscreen on those little piggies!**



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Also along those lines, find someone who can clean at least your kitchen and bathroom, help with the laundry and change the sheets until you can do it yourself.

Write down your questions for your pre-operative appointments. Don't wait until the day of surgery, because you won't remember them — or the answers.

Compile a list of medications with their dosages and how often you take them, including supplements, herbals and other over-the-counter items, like a daily baby aspirin. Even some vitamins can interact with drugs in unexpected ways, so be thorough. Share with your doctor and pharmacist.

Ask what to expect in terms of pain, swelling and bruising. My surgeon's explanation was thorough, so I knew what was normal — and when I should worry, which turned out to be not at all. It was also good to know how long it would be until the painkillers kicked in after I took them.

Speaking of prescription pain medicines, do get them in advance, but don't advertise that you have them — some can be tempting targets for thieves. If you have anyone who you don't know well visiting your home while you're recovering — for example, a repair person — stow the medicines somewhere safe and out of sight.

If you'll need crutches, a knee cart or a cane, learn to use them before the big day. I got a five-minute lesson on crutches right after surgery and before they put me in the car, but I didn't retain the information. It's not rocket science, but a little practice makes using them easier and ensures they're adjusted correctly.

Also, if you're going to use crutches, get a few wide-mouth thermoses and easy-to-clean water bottles. I had no trouble heating up a pot of soup, but I was at a loss as to how to get it to the table. Once I had the thermos, I could fill it up, slap on the lid and put it in my sweatshirt pocket. That's another tip: pockets are your friends, as is a backpack.

Consider buying one of those grabber contraptions, or at least investing in a few sets of kitchen tongs with silicone grippers. If you're going to have a hard time getting around and you use reading glasses, buy a few



**Don't shy away from motorized carts at the store.**



extra pairs and stash them around the house and in the car.

The person who picks you up should write down any post-op instructions, and should be able to help you into your home. That sounds like a no-brainer, but they may need to physically support you, and they have to be strong enough to do that.

Another no-brainer — stock up on groceries that are easy on the tummy, like soups and other light foods. If you don't own any, buying a few unbreakable plates and drinking glasses will limit the chances you'll have to clean up broken glass on your own. Plan for pet care, too. That litter box won't empty itself.

Make a contingency plan in case your pet needs medical care while you're convalescing. I was fortunate enough to have a vet who makes house calls — and

I needed him! If your four-legged pal likes your lap and that's going to be a problem, anticipate how to deal with it before he makes that leap.

Download and print out the form for a temporary disabled parking permit from the DMV website. Your doctor needs to complete a portion and sign it, and once I mailed mine in, it was a few weeks before the permit arrived. Read the instructions that come with it, and take it with you if someone else is driving — it goes with you, not just your car.



Learn to use the motorized carts in the grocery store. Frankly, if there's any "fun part" of recovery, that's it. Have your grocer place items in several lighter bags, rather than one heavy one. When you run errands, consolidate as many as you can. Depending on how long you'll be recuperating, you might want to get a rolling cart to move things from the car to the house.

Check out your workplace for obstacles and see if you can arrange to work from home. Also, talk to your human resources department about disability benefits, sick leave and other policies that might be relevant.

A few final pieces of advice: Don't rush your recovery — you'll only set yourself back. Do participate actively in your physical therapy, if there is any. Don't be afraid to ask for and accept assistance when you need it. This is one of those times when that independent streak can be a liability — and besides, it makes people feel good to help out. ☺

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# SORTING IT OUT

WHY THE SUPPLEMENTS AISLE IS SO BAFFLING AND BEWILDERING,  
AND HOW TO FIGURE OUT WHETHER — OR WHAT — TO BUY

By ELAINE HESSER

**I**F YOU'VE ever cruised the supplements aisle at your local market and had questions like, "Do they do what they say they will?," "Do I need to take vitamins?," "Is brand name better than generic?" — you're not alone.

Nutritional knowledge can be as elusive as a loose dog on the beach, even for the pros. There's no shortage of scholarly research, but you have to look up each supplement individually and then sort through the results. Studies are all over the place, but most don't note any significant long-term positive effects of taking supplements and some see some negative ones.

Before plunging in, let's define a few terms. A little bit of online research yielded helpful information and illustrated the complexity of nutritional science.



**Sure, they're "all natural" — but are they really necessary?**

Vitamins and minerals are two types of micronutrients. They're called that because you only need small amounts of them for your body to function properly. However, if they're missing, bad things like disease, anemia or loss of bone density start happening — happily, that doesn't occur in most of our modern diets.

The differences between vitamins and minerals include one only a chemist could love — vitamins are organic. Long before there was an organic food movement, chemists referred to substances as organic if they contained a carbon atom — and that's what it means here.

Vitamins can also be broken down by heat, air or acid, whereas minerals don't break down easily — so if your doctor tells you that you need to take vitamins, you should store them in a cool, dry place out of direct sunlight. Neither vitamins nor minerals are produced by your body in sufficient quantities to keep you healthy, which means people have to get them by eating a healthy diet.

But do you need supplements? From the idea in the 1970s that vitamin C could prevent a cold to vitamin D's current popularity, it seems as if someone's always trying to sell something that will miraculously make people healthy.

*Continues on page 30 NUTRIENTS*



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Here are a few definitions that also may be helpful as you hit the vitamin and herbal aisles:

**Amino acids** — the building blocks of protein, found naturally in meat, fish, milk, eggs and many plant products, like beans and grains.

**Botanicals** — another fancy name for herbal supplements, or supplements made from plants.



**Macronutrients** — substances needed in large amounts for people to remain healthy, like water, protein and carbohydrates.

**Insoluble fiber** — fiber is what your grandmother probably called “roughage,” the part of food that you can’t digest. The insoluble variety helps food move through the intestines and helps prevent hemorrhoids and constipation.

**Phytonutrients** — the thousands of chemicals found in food that are not known to be necessary for survival, but that may help your health. Research on how they work is limited and it’s probably best to get them from natural sources.

**Probiotics** — critters like bacteria and yeast that are good for you, live in your gut and help with digestion. They’re naturally found in yogurt and other fermented foods. Supplementing should be discussed with your doctor.

**Soluble fiber** — this is fiber in food that swells and forms a gel when mixed with water. It slows digestion and helps moderate blood glucose (sugar) levels and lower cholesterol.

**Super foods** — a marketing gimmick. The term has no regulated meaning, and in many people’s experience seems to make the foods suddenly more expensive. Eat a healthy diet, with all the bright colors of the rainbow, and you’ll feel “super” even without the label. 🍌

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# THE Kitchen

## ASPARAGUS SUMMER SALAD

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**T**HIS IS a composed salad, meaning that rather than tossing all the ingredients together, they're artfully arranged on the plate. Pea tendrils, if you've never used them, are simply the stems of young pea plants and they taste just like fresh peas. They're used raw. And, if this is your first fava bean rodeo, you have to shell them twice — take them out of the pod, then blanch them and squeeze the outer shells off the beans. For those of us who aren't as artistic as Chef Cal, he's provided a nice photo we can just follow!

### INGREDIENTS — SERVES 4

- 12 spears of asparagus, lightly blanched (see note, below)
- 1 cup fresh fava beans, pods removed, lightly blanched and shelled
- 1 cup fresh peas, lightly blanched (see note, below)
- 10 baby artichokes — While Chef Cal prefers fresh ones prepared as described below, no one will judge you if you use frozen artichoke hearts, or even rinse off jarred or canned ones.
- 1 shallot, minced
- White wine
- Olive oil
- Pea tendrils for garnish (optional)
- Aged Pecorino or other hard, sharp cheese

*Note: To blanch the asparagus, peas and fava beans, place them in boiling salted water for 2-3 minutes, drain them and immediately place them in ice water. While you can do all the vegetables together, you might want to do the fava beans separately, as they have to be shelled after they're blanched and cooled. Once the vegetables are cool, pat them dry with paper towels.*

### DIRECTIONS

Clean the baby artichokes and cut them in half. In a pan that will hold all the halves in one layer, heat 2-3 tablespoons of olive oil. Saute a chopped shallot until it's translucent, and add 1 cup white wine. Stir gently, bring to a boil and add the artichokes, a pinch of salt, and more wine if necessary. Reduce to a simmer and cover. Simmer for 20-30 minutes, or until the artichokes are tender.

While the artichokes are cooking, prepare the asparagus, peas and fava beans.

When all the vegetables are ready, divide them equally and arrange them on plates as shown. Finish with pea tendrils and shaved cheese if desired. Serve with the dressing on the side.

### DRESSING

- Citrus Vinaigrette
- Strained juice of 3 oranges
- Strained juice of 2 lemons
- Strained juice of 1 lime
- 1/2 cup olive oil
- Salt and pepper to taste

In a small saucepan, combine the citrus juices. Heat over medium heat until reduced by 1/3. Remove and allow to cool. Whisk olive oil thoroughly into the citrus and season with salt and pepper.



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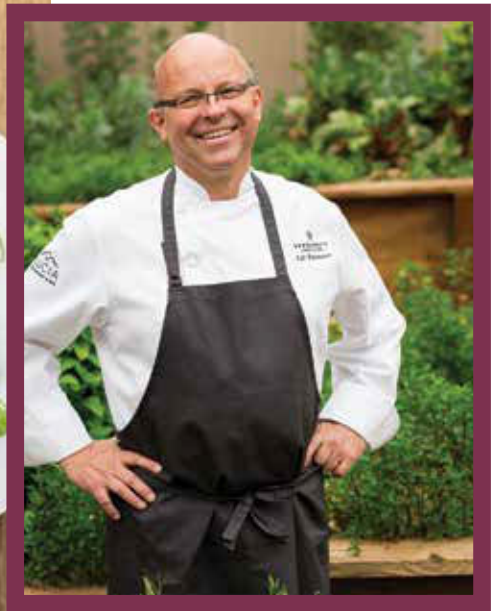
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## About the Chef

BORN AND raised in a rural area outside of San Francisco, **Executive Chef Cal Stamenov** graduated from California Culinary Academy and spent the next 15 years traveling the globe to hone his skills. He's been at Bernardus since 1999, and opened the remodeled restaurant, Lucia Restaurant & Bar, last year. Stamenov is wildly creative with ingredients from his own garden and local vendors and foragers, and his dishes are beautiful, as well as delicious.

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While both of those vitamin claims are vaguely related to things researchers have learned, if you suspect that there's no magic pill, you're right. And to top everything off, the Food and Drug Administration doesn't regulate supplements the same way it does other medications, so even if you think you need a supplement, it's hard to know whether you can trust what you buy.

Clinical dietitian Gina Whiteley of CHOMP shared some helpful advice. First, she said, it's best to get nutrition from food, so make sure your diet includes the right amount of important food groups — especially deeply colored fruits and vegetables, like blueberries and the ubiquitous kale. That's the ideal way to get the vitamins and minerals you need.

And then there are antioxidants — an umbrella term for a wide range of substances that help fight free radicals, not including Bernie Sanders. Free radicals are chemicals produced by your body and found in food and even in the air, that interact with healthy cells, causing damage linked to cancer and heart disease, among other conditions.

While research on antioxidants has yielded mixed and often disappointing results, that hasn't stopped marketers from touting their value in all sorts of products.

There are a lot of things scientists still don't know about how the elements in food — fiber, protein, vitamins, minerals and so on — interact to benefit the body. It could be that taking an antioxidant pill, for example, might be ineffective because the antioxidants need other substances found in food to do their thing.

Whiteley said that another



### Dietitians say nutrients from whole foods are best for most people

reason to depend primarily on foods for nutrition is that while the government has set recommended daily allowances for vitamins and minerals, it is possible to overdose on some of them if you're supplementing.

Too much calcium, for example, can result in kidney stones or kidney damage, and block the absorption of iron. And iron poisoning is a relatively common phenomenon, especially in children who swallow adult supplements that look like candy.

Vitamins like A, D, E and K, are fat-soluble, meaning that they're stored in the liver and fat in your body. You may not need to take them daily and they can build to toxic levels.

Water-soluble vitamins, on the other hand, are flushed out regularly and are harder — but not impossible — to overdo.

According to Whiteley, a daily multivitamin can safely fill in any deficiencies in most people's diets — we all have those weeks when we don't chow down on fruits and veggies like we should, and they can be helpful there.

Also, doctors may do tests that indicate a need for supplementing — for example, calcium in post-menopausal women to prevent osteoporosis, or vitamin D for those who really are deficient. Pre-natal vitamins for pregnant women are also commonly prescribed. Whiteley recommended reaching for a name-brand product to increase the likelihood of getting good quality.

She also emphasized that supplements should never be used in place of medicine to treat a disease. And always let your doctors know about all the supplements you take, including the herbal variety.

That last category has very little scientific evidence to support its effectiveness, even though some people swear by them. If you're going to take an herbal, do a little homework. Ask a doctor or pharmacist, or at least Dr. Google. For example, a quick search for St. John's Wort — which many people believe helps their mood — will turn up the rather valuable information that it may interfere with birth control pills.

Whiteley said that in the case of herbs and spices, like cinnamon, which may have positive effects on type-2 diabetes, or turmeric, which may be a valuable antioxidant, it's probably better just to use them in cooking than to buy capsules.

And, she concluded, the best thing to do before taking any supplements is to talk with your doctor, who can order tests for specific deficiencies and recommend safe doses. That way you're not wasting money — or putting yourself in harm's way. ☞



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